



## KELSEYS TECHNICAL DATA SHEET MANUAL

### Kids

NUTRITION | ALLERGENS | INGREDIENTS

Issued: Aug 14, 2023



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's  
**RECIPE NAME:** Burger (Kids)  
**SIZE/WEIGHT:** 162 g  
**ISSUED:** April 30, 2021  
**ITEM ID:** KKIDS-002

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (162 g) pour (162 g)	
<b>Calories 470</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 25 g</b>	<b>33 %</b>
Saturated / saturés 9 g	46 %
+ Trans / trans 0.1 g	
<b>Carbohydrate / Glucides 42 g</b>	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 3 g	3 %
<b>Protein / Protéines 20 g</b>	
<b>Cholesterol / Cholestérol 75 mg</b>	
<b>Sodium 490 mg</b>	<b>21 %</b>
Potassium 100 mg	2 %
Calcium 10 mg	1 %
Iron / Fer 4 mg	22 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Burger Patty:** Beef chuck. **Burger Bun:** Unbleached wheat flour, Water, Liquid whole eggs, Liquid egg-whites, Sunflower oil, Sugar, Salt, Malted barley flour, Yeast. **May contain sesame. Butter (Milk).**

**Contains:** Barley, Egg, Milk, Wheat.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** BYO Pasta – Alfredo (Kids)

**SIZE/WEIGHT:** 208 g

**ISSUED:** July 21, 2023

**ITEM ID:** KKIDS-016

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (208 g) pour (208 g)	
<b>Calories 310</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 9 g</b>	<b>12 %</b>
Saturated / saturés 2 g	
+ Trans / trans 0.1 g	<b>11 %</b>
<b>Carbohydrate / Glucides 46 g</b>	
Fibre / Fibres 2 g	<b>7 %</b>
Sugars / Sucres 4 g	<b>4 %</b>
<b>Protein / Protéines 12 g</b>	
<b>Cholesterol / Cholestérol 20 mg</b>	
<b>Sodium 800 mg</b>	<b>35 %</b>
Potassium 75 mg	<b>2 %</b>
Calcium 125 mg	<b>10 %</b>
Iron / Fer 2.5 mg	<b>14 %</b>
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Alfredo Sauce:** Alfredo sauce (water, cream [milk, cream], modified corn starch, parmesan and romano cheese, canola oil, salt, garlic, butter, spices, disodium inosinate, disodium guanylate, xanthan gum), Partly skimmed milk. **Pasta:** Enriched durum wheat and wheat semolina, Water, Canola oil, Salt. **Parmesan Cheese:** Milk, Bacterial culture, Salt, Lipase, Microbial enzymes, Calcium chloride.

**Contains:** Milk, Wheat.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's  
**RECIPE NAME:** BYO Pasta – Tomato (Kids)  
**SIZE/WEIGHT:** 214 g  
**ISSUED:** April 30, 2021  
**ITEM ID:** KKIDS-004

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (214 g) pour (214 g)	
<b>Calories 300</b>	% Daily Value*
	% valeur quotidienne*
<b>Fat / Lipides 7 g</b>	9 %
Saturated / saturés 2 g	11 %
+ Trans / trans 0.1 g	
<b>Carbohydrate / Glucides 50 g</b>	
Fibre / Fibres 4 g	14 %
Sugars / Sucres 7 g	7 %
<b>Protein / Protéines 11 g</b>	
<b>Cholesterol / Cholestérol 5 mg</b>	
<b>Sodium 820 mg</b>	36 %
Potassium 300 mg	6 %
Calcium 75 mg	6 %
Iron / Fer 2.5 mg	14 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Pasta Sauce:** Vine-ripened fresh tomatoes, Caramelized onions (extra virgin olive oil and sunflower oil), Carrot puree, Garlic puree, Salt, Sugar, Basil, Onions, Black pepper, Red pepper, Citric acid. **Pasta:** Enriched durum wheat and wheat semolina, Water, Canola oil, Salt. **Parmesan Cheese:** Milk, Bacterial culture, Salt, Lipase, Microbial enzymes, Calcium chloride.

**Contains:** Milk, Wheat

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's  
**RECIPE NAME:** BYO Whole Grain Pasta – Alfredo (Kids)  
**SIZE/WEIGHT:** 151 g  
**ISSUED:** July 21, 2023  
**ITEM ID:** KKIDS-017

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (151 g) pour (151 g)	
<b>Calories 290</b>	% Daily Value*
	% valeur quotidienne*
<b>Fat / Lipides 9 g</b>	12 %
Saturated / saturés 2.5 g	13 %
+ Trans / trans 0.1 g	
<b>Carbohydrate / Glucides 44 g</b>	
Fibre / Fibres 7 g	25 %
Sugars / Sucres 3 g	3 %
<b>Protein / Protéines 13 g</b>	
<b>Cholesterol / Cholestérol 20 mg</b>	
<b>Sodium 460 mg</b>	20 %
Potassium 350 mg	10 %
Calcium 150 mg	12 %
Iron / Fer 2.5 mg	14 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Alfredo Sauce:** Alfredo sauce (water, cream [milk, cream], modified corn starch, parmesan and romano cheese, canola oil, salt, garlic, butter, spices, disodium inosinate, disodium guanylate, xanthan gum), Partly skimmed milk. **Pasta:** Enriched durum wheat and wheat semolina, Water, Canola oil, Salt. **Whole Grain Pasta:** Whole grain durum wheat flour, Water. **Parmesan Cheese:** Milk, Bacterial culture, Salt, Lipase, Microbial enzymes, Calcium chloride.

**Contains:** Milk, Wheat.

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# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** BYO Whole Grain Pasta – Tomato (Kids)

**SIZE/WEIGHT:** 158 g

**ISSUED:** May 10, 2022

**ITEM ID:** KKIDS-014

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (158 g) pour (158 g)	
<b>Calories 280</b>	<b>% Daily Value*</b> <b>% valeur quotidienne*</b>
<b>Fat / Lipides 7 g</b>	<b>9 %</b>
Saturated / saturés 2 g	
+ Trans / trans 0.1 g	<b>11 %</b>
<b>Carbohydrate / Glucides 49 g</b>	
Fibre / Fibres 10 g	<b>36 %</b>
Sugars / Sucres 6 g	<b>6 %</b>
<b>Protein / Protéines 12 g</b>	
<b>Cholesterol / Cholestérol 5 mg</b>	
<b>Sodium 480 mg</b>	<b>21 %</b>
Potassium 550 mg	<b>12 %</b>
Calcium 100 mg	<b>8 %</b>
Iron / Fer 2.25 mg	<b>13 %</b>
* 5 % or less is a little, 15 % or more is a lot * 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup	

**Ingredients: Pasta Sauce:** Vine-ripened fresh tomatoes, Caramelized onions (extra virgin olive oil and sunflower oil), Carrot puree, Garlic puree, Salt, Sugar, Basil, Onions, Black pepper, Red pepper, Citric acid. **Whole Grain Pasta:** Whole grain durum wheat flour, Water. **Parmesan Cheese:** Milk, Bacterial culture, Salt, Lipase, Microbial enzymes, Calcium chloride.

**Contains:** Milk, Wheat.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's  
**RECIPE NAME:** Mac & Cheese (Kids)  
**SIZE/WEIGHT:** 275 g  
**ISSUED:** July 21, 2023  
**ITEM ID:** KKIDS-018

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (275 g) pour (275 g)	
<b>Calories 550</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 31 g</b>	<b>41 %</b>
Saturated / saturés 13 g	68 %
+ Trans / trans 0.5 g	
<b>Carbohydrate / Glucides 49 g</b>	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 4 g	4 %
<b>Protein / Protéines 23 g</b>	
<b>Cholesterol / Cholestérol 55 mg</b>	
<b>Sodium 1460 mg</b>	<b>63 %</b>
Potassium 150 mg	4 %
Calcium 500 mg	38 %
Iron / Fer 2.5 mg	14 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Pasta:** Enriched durum wheat and wheat semolina, Water, Canola oil, Salt. **Alfredo Sauce:** Alfredo sauce (water, cream [milk, cream], modified corn starch, parmesan and romano cheese, canola oil, salt, garlic, butter, spices, disodium inosinate, disodium guanylate, xanthan gum), Partly skimmed milk. **Trio Cheese Blend:** Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Processed Cheddar Cheese Product:** Cheese (milk, modified milk ingredients, cream, bacterial culture, salt, calcium chloride, rennet and/or microbial enzyme, annatto, lipase), Modified milk ingredients, Water, Sodium citrate and/or sodium phosphate, Sugars (glucose), Skim milk powder, Salt, Acetic acid, Sorbic acid, Soy lecithin, Soybean oil, Carboxymethyl cellulose, Annatto and/or  $\beta$ -apo-8'-Carotenal, Citric acid. **Garlic Spread:** Non-hydrogenated margarine (soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3), Water, Garlic [garlic, canola oil, water, citric acid], Spices, Parmesan cheese (milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin), Garlic powder.

**Contains:** Milk, Soy, Wheat.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's  
**RECIPE NAME:** Cheese Pizza (Kids)  
**SIZE/WEIGHT:** 226 g  
**ISSUED:** April 30, 2021  
**ITEM ID:** KKIDS-006

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (226 g) pour (226 g)	
<b>Calories 550</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 14 g</b>	<b>19 %</b>
Saturated / saturés 7 g	37 %
+ Trans / trans 0.4 g	
<b>Carbohydrate / Glucides 78 g</b>	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 11 g	11 %
<b>Protein / Protéines 24 g</b>	
<b>Cholesterol / Cholestérol 35 mg</b>	
<b>Sodium 1020 mg</b>	<b>44 %</b>
Potassium 350 mg	7 %
Calcium 450 mg	35 %
Iron / Fer 6.5 mg	36 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Pizza:** Crust (enriched wheat flour [barley], water, soybean oil, sugar, yeast, salt, sunflower lecithin), Cheese (partly skimmed milk, bacterial culture, salt, microbial enzyme), Sauce (water, tomato paste, sugar, corn starch, salt, spices, herbs, garlic powder, natural flavour).

**Contains:** Barley, Milk, Soy, Wheat.

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# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's  
**RECIPE NAME:** Grilled Chicken (Kids)  
**SIZE/WEIGHT:** 128 g  
**ISSUED:** February 23, 2023  
**ITEM ID:** KKIDS-020

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (128 g) pour (128 g)	
<b>Calories 170</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 7 g</b>	<b>9 %</b>
Saturated / saturés 0.5 g	3 %
+ Trans / trans 0.1 g	
<b>Carbohydrate / Glucides 2 g</b>	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 1 g	1 %
<b>Protein / Protéines 24 g</b>	
<b>Cholesterol / Cholestérol 70 mg</b>	
<b>Sodium 530 mg</b>	<b>23 %</b>
<b>Potassium 350 mg</b>	<b>10 %</b>
<b>Calcium 10 mg</b>	<b>1 %</b>
<b>Iron / Fer 0.2 mg</b>	<b>1 %</b>
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Seasoned Chicken Breast:** Chicken, Water, Maltodextrin, Iodized salt, Sodium tripolyphosphate, Papain **Black Pepper. Salt.**

**Contains:** N/A.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's  
**RECIPE NAME:** Chicken Fingers (Kids)  
**SIZE/WEIGHT:** 248 g  
**ISSUED:** February 15, 2023  
**ITEM ID:** KKIDS-019

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (248 g) pour (248 g)	
<b>Calories 450</b>	% Daily Value*
	% valeur quotidienne*
<b>Fat / Lipides 4 g</b>	5 %
Saturated / saturés 0.5 g	3 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 72 g</b>	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 22 g	22 %
<b>Protein / Protéines 28 g</b>	
<b>Cholesterol / Cholestérol 75 mg</b>	
<b>Sodium 1750 mg</b>	76 %
Potassium 450 mg	10 %
Calcium 30 mg	2 %
Iron / Fer 3 mg	17 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Chicken Fingers:** Boneless, skinless chicken breast tenders, Chicken coater (wheat flour, modified corn starch, salt, spices, baking powder, onion powder, garlic powder, spice extract), Carbonated water, Wheat flour, Sea salt, Salt, Black pepper. Fried in canola oil. **Plum Sauce:** Sugars (sugar, glucose-fructose, corn syrup, plum purée, concentrated orange juice), Water, Pumpkin, Vinegar, Modified corn starch, Orange peel, Citric acid, Salt, Sodium citrate, Sodium benzoate, Garlic and onion powder, Spices, Caramel colour.

**Contains:** Sulphites, Wheat.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's  
**RECIPE NAME:** Grilled Cheese (Kids)  
**SIZE/WEIGHT:** 123 g  
**ISSUED:** May 10, 2022  
**ITEM ID:** KKIDS-011

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (123 g) pour (123 g)	
<b>Calories 370</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 17 g</b>	<b>23 %</b>
Saturated / saturés 10 g	53 %
+ Trans / trans 0.5 g	
<b>Carbohydrate / Glucides 43 g</b>	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 2 g	2 %
<b>Protein / Protéines 13 g</b>	
<b>Cholesterol / Cholestérol 40 mg</b>	
<b>Sodium 800 mg</b>	<b>35 %</b>
Potassium 150 mg	3 %
Calcium 250 mg	19 %
Iron / Fer 2.5 mg	14 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Texas Toast Bread:** Enriched wheat flour, Water, Sugar, Yeast\*, Salt, Defatted soy flour, Vegetable oil, Calcium propionate, Sodium stearoyl-2-lactylate, Diacetyl tartaric acid esters of mono- and di-glycerides, Vegetable monoglycerides, Sorbic acid, Enzymes, Ascorbic acid, May contain added wheat gluten. \*Order may vary. **May contain sesame. Processed Cheddar Cheese Product:** Cheese (milk, modified milk ingredients, cream, bacterial culture, salt, calcium chloride, rennet and/or microbial enzyme, annatto, lipase), Modified milk ingredients, Water, Sodium citrate and/or sodium phosphate, Sugars (glucose), Skim milk powder, Salt, Acetic acid, Sorbic acid, Soy lecithin, Soybean oil, Carboxymethyl cellulose, Annatto and/or  $\beta$ -apo-8'-Carotenal, Citric acid. **Butter (Milk).**

**Contains:** Milk, Soy, Wheat.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** Whole Grain Rotini with Chicken and Vegetables (Kids)

**SIZE/WEIGHT:** 274 g

**ISSUED:** February 24, 2023

**ITEM ID:** KKIDS-021

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (274 g) pour (274 g)	
<b>Calories 320</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 10 g</b>	<b>13 %</b>
Saturated / saturés 1.5 g	8 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 41 g</b>	
Fibre / Fibres 10 g	36 %
Sugars / Sucres 6 g	6 %
<b>Protein / Protéines 22 g</b>	
<b>Cholesterol / Cholestérol 30 mg</b>	
<b>Sodium 420 mg</b>	<b>18 %</b>
<b>Potassium 900 mg</b>	<b>19 %</b>
<b>Calcium 75 mg</b>	<b>6 %</b>
<b>Iron / Fer 2.5 mg</b>	<b>14 %</b>
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Chicken:** Seasoned chicken breast (chicken, water, maltodextrin, iodized salt, sodium tripolyphosphate, papain), Garlic spread (non-hydrogenated margarine [non-hydrogenated vegetable oil (soya oil), modified palm oil, water, salt, modified milk ingredients, soy lecithin, monoglycerides, natural flavour, annatto and turmeric, vitamin A palmitate, vitamin D3], water, garlic [garlic, canola oil, water, citric acid], spices, parmesan cheese [milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, powdered cellulose, natural parmesan flavour, natamycin], garlic powder), Black pepper, Salt. **Pasta Sauce:** Vine-ripened fresh tomatoes, Caramelized onions (extra virgin olive oil and sunflower oil), Carrot puree, Garlic puree, Salt, Sugar, Basil, Onions, Black pepper, Red pepper, Citric acid. **Whole Grain Pasta:** Whole grain durum wheat flour, Water. **Seasonal Vegetables:** Broccoli, Garlic spread(non-hydrogenated margarine [soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3], water, garlic [garlic, canola oil, water, citric acid], spices, parmesan cheese [milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour , natamycin], garlic powder).

**Contains:** Milk, Soy, Wheat.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** Messy Cookie Sandwich

**SIZE/WEIGHT:** 260 g

**ISSUED:** April 30, 2021

**ITEM ID:** KKIDS-001

### NUTRITION:

Nutrition Facts		
Valeur nutritive		
Per (260 g)		
pour (260 g)		
<b>Calories</b>	<b>790</b>	% Daily Value*
% valeur quotidienne*		
<b>Fat / Lipides</b>	32 g	43 %
Saturated / saturés	13 g	67 %
+ Trans / trans	0.3 g	
<b>Carbohydrate / Glucides</b>	122 g	
Fibre / Fibres	2 g	7 %
Sugars / Sucres	78 g	78 %
<b>Protein / Protéines</b>	9 g	
<b>Cholesterol / Cholestérol</b>	50 mg	
<b>Sodium</b>	550 mg	24 %
Potassium	250 mg	5 %
Calcium	100 mg	8 %
Iron / Fer	4.5 mg	25 %
* 5% or less is a little, 15% or more is a lot		
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup		

**Ingredients: Chocolate Chip Cookie Dough:** Wheat flour, Sugars (sugar, invert sugar, molasses), Modified palm and palm kernel oil and liquid canola oil margarine, Semi sweet chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla extract), Liquid whole eggs, Water, Baking soda, Natural flavour, Salt. **May contain peanut, tree nuts, sulphites.** **French Vanilla Ice Cream:** Cream, Sugars (sugar, glucose), Modified milk ingredients, French vanilla base (sugars [glucose, fructose], water, natural and artificial flavour, potassium sorbate, tartrazine, sunset yellow FCF), Ice cream stabilizer (mono- and diglycerides, guar gum, cellulose gum, polysorbate 80, locust bean gum, carrageenan, silicon dioxide, potassium chloride), Artificial flavour, Vanilla bean seeds, Tartrazine, Sunset yellow FCF, Caramel colour. **Dulce De Leche Sauce:** Sugars (corn syrup, sugar), Sweetened condensed milk (milk ingredients, sugar, lactose), Water, Butter, Pectin, Natural flavour, Salt, Mono- and diglycerides, Potassium sorbate, Sodium benzoate, Baking soda, Xanthan gum.

**Contains:** Egg, Milk, Soy, Sulphites, Wheat.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** Take Home Cookie

**SIZE/WEIGHT:** 142 g

**ISSUED:** May 10, 2022

**ITEM ID:** KKIDS-010

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (142 g) pour (142 g)	
<b>Calories 600</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 28 g</b>	<b>37 %</b>
Saturated / saturés 11 g	56 %
+ Trans / trans 0.1 g	
<b>Carbohydrate / Glucides 84 g</b>	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 49 g	49 %
<b>Protein / Protéines 7 g</b>	
<b>Cholesterol / Cholestérol 35 mg</b>	
<b>Sodium 470 mg</b>	<b>20 %</b>
Potassium 175 mg	4 %
Calcium 40 mg	3 %
<b>Iron / Fer 4.5 mg</b>	<b>25 %</b>
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Chocolate Chip Cookie Dough:** Wheat flour, Sugars (sugar, invert sugar, molasses), Modified palm and palm kernel oil and liquid canola oil margarine, Semi sweet chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla extract), Liquid whole eggs, Water, Baking soda, Natural flavour, Salt. **May contain peanut, tree nuts, sulphites.**

**Contains:** Egg, Milk, Soy, Wheat.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** Vanilla Pop-Up Ice Cream

**SIZE/WEIGHT:** 80 g

**ISSUED:** April 24, 2023

**ITEM ID:** KKIDS-022

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (80 g) pour (80 g)	
<b>Calories 80</b>	% Daily Value*
	% valeur quotidienne*
<b>Fat / Lipides 3 g</b>	4 %
Saturated / saturés 2 g	
+ Trans / trans 0 g	10 %
<b>Carbohydrate / Glucides 11 g</b>	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 11 g	11 %
<b>Protein / Protéines 1 g</b>	
<b>Cholesterol / Cholestérol 10 mg</b>	
<b>Sodium 20 mg</b>	1 %
Potassium 75 mg	2 %
Calcium 50 mg	4 %
Iron / Fer 0 mg	0 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Vanilla Pop-Up Ice Cream:** Milk ingredients, Sugar, Vanilla extract, Vegetable stabilizer, Sea salt.

**Contains:** Egg, Milk.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** Chocolate Pop-Up Ice Cream

**SIZE/WEIGHT:** 80 g

**ISSUED:** April 24, 2023

**ITEM ID:** KKIDS-023

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (80 g) pour (80 g)	
<b>Calories 120</b>	% Daily Value*
	% valeur quotidienne*
<b>Fat / Lipides 7 g</b>	9 %
Saturated / saturés 4 g	20 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 13 g</b>	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 13 g	13 %
<b>Protein / Protéines 1 g</b>	
<b>Cholesterol / Cholestérol 15 mg</b>	
<b>Sodium 25 mg</b>	1 %
Potassium 40 mg	1 %
Calcium 50 mg	4 %
Iron / Fer 0 mg	0 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Chocolate Pop-Up Ice Cream:** Fresh milk, Fresh cream, Sugar, Lindt milk chocolate, Vegetable stabilizer, Sea salt.

**Contains:** Egg, Milk.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.