



KELSEYS TECHNICAL DATA SHEET MANUAL

Sirloin Steaks

NUTRITION | ALLERGENS | INGREDIENTS

Issued: Aug 14, 2023



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's
RECIPE NAME: Classic Sirloin
SIZE/WEIGHT: 296 g
ISSUED: April 24, 2023
ITEM ID: KSTEAK-001

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (296 g) pour (296 g)	
Calories 460	% Daily Value* % valeur quotidienne*
Fat / Lipides 30 g	40 %
Saturated / saturés 12 g	60 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 7 g	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 2 g	2 %
Protein / Protéines 38 g	
Cholesterol / Cholestérol 90 mg	
Sodium 380 mg	17 %
Potassium 400 mg	9 %
Calcium 100 mg	8 %
Iron / Fer 4.5 mg	25 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Boneless Top Sirloin Beef. **Seasonal Vegetables:** Broccoli, Garlic spread (non-hydrogenated margarine [soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3], water, garlic [garlic, canola oil, water, citric acid], spices, parmesan cheese [milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin], garlic powder). **Garlic Spread:** Non-hydrogenated margarine (soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3), Water, Garlic [garlic, canola oil, water, citric acid], Spices, Parmesan cheese (milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin), Garlic powder. **Salt. Black pepper.**

Contains: Milk, Soy.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Balsamic Mushroom Sirloin

SIZE/WEIGHT: 573 g

ISSUED: July 21, 2023

ITEM ID: KSTEAK-002

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (573 g) pour (573 g)	
Calories 880	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 68 g	91 %
Saturated / saturés 15 g	77 %
+ Trans / trans 0.3 g	
Carbohydrate / Glucides 23 g	
Fibre / Fibres 5 g	18 %
Sugars / Sucres 8 g	8 %
Protein / Protéines 44 g	
Cholesterol / Cholestérol 100 mg	
Sodium 1950 mg	85 %
Potassium 850 mg	25 %
Calcium 225 mg	17 %
Iron / Fer 6.5 mg	36 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Boneless Top Sirloin Beef. **Seasonal Vegetables:** Broccoli, Garlic spread (non-hydrogenated margarine [soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3], water, garlic [garlic, canola oil, water, citric acid], spices, parmesan cheese [milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin], garlic powder). **Mushroom Topper:** Roasted mushroom (button mushroom, canola oil, chopped garlic in oil [garlic, water, vegetable oil, citric acid], salt, black pepper), Alfredo sauce ([water, cream (milk, cream), modified corn starch, parmesan and romano cheese, canola oil, salt, garlic, butter, spices, disodium inosinate, disodium guanylate, xanthan gum], partly skimmed milk), Balsamic chicken marinade (roasted garlic flavour concentrate [roasted garlic puree, water, sugars (dextrose), salt, carrot puree, onion puree, dried garlic, canola oil, dried toasted onion, celery puree, potassium chloride, flavour], balsamic vinaigrette [canola oil, water, balsamic vinegar (sulphites), balsamic vinegar reduction, sugar, garlic, salt, white vinegar, spices, dijon mustard (water, mustard seeds, vinegar, salt, turmeric), xanthan gum]), Basil pesto (basil, canola oil, romano cheese [pasteurized milk, salt, powdered cellulose, modified milk ingredients, lipase, microbial enzyme, bacterial culture, natamycin], water, parmesan cheese [pasteurized milk, salt, powdered cellulose, modified milk ingredients, lipase, microbial enzyme, bacterial culture, natamycin], garlic in oil [water, chopped garlic, canola oil, citric acid, potassium sorbate], garlic powder, salt, starch, tartrazine, brilliant blue FCF, sunset yellow FCF, citric acid), Chopped garlic in oil (garlic, water, vegetable oil, citric acid). **Garlic Spread:** Non-hydrogenated margarine (soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3), Water, Garlic [garlic, canola oil, water, citric acid], Spices, Parmesan cheese (milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin), Garlic powder. **Salt. Black Pepper.**

Contains: Milk, Mustard, Soy, Sulphites.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's
RECIPE NAME: Chili Garlic Shrimp Sirloin
SIZE/WEIGHT: 419 g
ISSUED: April 24, 2023
ITEM ID: KSTEAK-003

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (419 g) pour (419 g)	
Calories 700	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 52 g	69 %
Saturated / saturés 15 g	76 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 12 g	
Fibre / Fibres 4 g	14 %
Sugars / Sucres 3 g	3 %
Protein / Protéines 44 g	
Cholesterol / Cholestérol 170 mg	
Sodium 1550 mg	67 %
Potassium 500 mg	15 %
Calcium 175 mg	13 %
Iron / Fer 5 mg	28 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Boneless Top Sirloin Beef. **Cajun Shrimp Topper:** Alfredo sauce ([water, cream (milk, cream), modified corn starch, parmesan and romano cheese, canola oil, salt, garlic, butter, spices, disodium inosinate, disodium guanylate, xanthan gum], partly skimmed milk), Shrimp (shrimp, sodium phosphate, salt. **May contain sulphites.**), Garlic spread (non-hydrogenated margarine [soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3], water, garlic [garlic, canola oil, water, citric acid], spices, parmesan cheese [milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin], garlic powder), Canola oil, Chili powder (spices and herbs [including chili pepper], salt, dehydrated garlic), Chopped garlic in oil (garlic, water, canola oil, citric acid), Sriracha lime seasoning (dehydrated garlic and onion, spices and herbs, salt, sugar, citric acid, sodium acetate, natural flavour [including extractives of lime], cayenne pepper sauce [aged red cayenne peppers, vinegar, salt, dehydrated garlic], corn maltodextrin, spice extractives, acetic acid, sunflower oil, dehydrated lime peel, vinegar, calcium silicate, silicon dioxide). **Seasonal Vegetables:** Broccoli, Garlic spread (non-hydrogenated margarine [soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3], water, garlic [garlic, canola oil, water, citric acid], spices, parmesan cheese [milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin], garlic powder). **Garlic Spread:** Non-hydrogenated margarine (soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3), Water, Garlic [garlic, canola oil, water, citric acid], Spices, Parmesan cheese (milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin), Garlic powder. **Salt. Black Pepper.**

Contains: Crustaceans, Milk, Shellfish, Soy, Sulphites.

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