



KELSEYS TECHNICAL DATA SHEET MANUAL

Sizzlin' Fajitas

NUTRITION | ALLERGENS | INGREDIENTS

Issued: Aug 14, 2023



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Cajun Chicken Fajitas

SIZE/WEIGHT: Various

ISSUED: April 24, 2023

ITEM ID: KFAJ-001, KFAJ-004

NUTRITION:

Fajitas for 1 (1060 g)

Nutrition Facts	
Valeur nutritive	
Per (1060 g) pour (1060 g)	
Calories 1510	% Daily Value*
Fat / Lipides 66 g	88 %
Saturated / saturés 19 g	98 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 125 g	
Fibre / Fibres 12 g	43 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 110 g	
Cholesterol / Cholestérol 260 mg	
Sodium 3370 mg	147 %
Potassium 1650 mg	35 %
Calcium 750 mg	58 %
Iron / Fer 6.5 mg	36 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Fajitas for 2 (1264 g)

Nutrition Facts	
Valeur nutritive	
Per (1264 g) pour (1264 g)	
Calories 1760	% Daily Value*
Fat / Lipides 77 g	103 %
Saturated / saturés 20 g	103 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 126 g	
Fibre / Fibres 12 g	43 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 147 g	
Cholesterol / Cholestérol 365 mg	
Sodium 3730 mg	162 %
Potassium 2100 mg	62 %
Calcium 750 mg	58 %
Iron / Fer 6.5 mg	36 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: **Fajita Chicken:** Seasoned chicken breast (chicken, water, maltodextrin, iodized salt, sodium tripolyphosphate, papain), Canola oil, Chili powder (spices and herbs (including chili pepper), salt, dehydrated garlic), Chopped garlic in oil (garlic, water, canola oil, citric acid), Sriracha lime seasoning (dehydrated garlic and onion, spices and herbs, salt, sugar, citric acid, sodium acetate, natural flavour [including extractives of lime], cayenne pepper sauce [aged red cayenne peppers, vinegar, salt, dehydrated garlic], corn maltodextrin, spice extractives, acetic acid, sunflower oil, dehydrated lime peel, vinegar, calcium silicate, silicon dioxide). **Fajita Vegetables:** Onions, Green peppers, Red peppers, Yellow peppers, Canola oil, Chopped garlic in oil (garlic, water, canola oil, citric acid), Chili powder (spices and herbs [including chili pepper], salt, dehydrated garlic), Black pepper, Salt. **Southwest Rice:** Basmati rice (water, basmati rice, salt), Salsa (crushed tomatoes [water, crushed tomato concentrate], jalapeno peppers, diced tomatoes [tomatoes, tomato juice, citric acid, calcium chloride], onions, vinegar salt, dried onions, garlic, natural flavour), Black beans (black beans, salt, water, calcium chloride). **Tortilla:** Wheat flour, Water, Canola/modified palm oil shortening, Mono- and diglycerides, Salt, Baking powder, Calcium propionate, Rice flour, Sugar, Fumaric acid, Sorbic acid, Carboxymethyl cellulose gum, Guar gum, Potassium sorbate, Enzymes (sodium chloride, wheat starch), L-cysteine (vegetable sourced). **Trio Cheese Blend:** Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Sour Cream:** Milk, Cream, Modified milk ingredients, Modified corn starch, Propylene glycol, Mono fatty acid ester, Pectin, Titanium dioxide, Sodium phosphate, Cellulose gel, Carrageenan, Cellulose gum, Bacterial culture. **Salsa:** Crushed tomatoes (water, crushed tomato concentrate), Jalapeno peppers, Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Onions, Vinegar, Salt, Dried onions, Garlic, Natural flavour. **Jalapenos:** Jalapeno peppers, Water, Salt, Acetic acid, Citric acid, Sodium benzoate, Potassium sorbate, Calcium chloride, Sodium metabisulphite, Curcumin. **Tomato. Lettuce. Green Onion. Canola Oil.**

Contains: Milk, Sulphites, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Cajun Shrimp Fajitas

SIZE/WEIGHT: Various

ISSUED: April 24, 2023

ITEM ID: KFAJ-002, KFAJ-005

NUTRITION:

Fajitas for 1 (954 g)

Nutrition Facts	
Valeur nutritive	
Per (954 g) pour (954 g)	
Calories 1440	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 71 g	95 %
Saturated / saturés 19 g	98 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 125 g	
Fibre / Fibres 12 g	43 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 81 g	
Cholesterol / Cholestérol 290 mg	
Sodium 3510 mg	153 %
Potassium 1200 mg	35 %
Calcium 800 mg	62 %
Iron / Fer 7 mg	39 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Fajitas for 2 (1105 g)

Nutrition Facts	
Valeur nutritive	
Per (1105 g) pour (1105 g)	
Calories 1660	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 85 g	113 %
Saturated / saturés 20 g	103 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 126 g	
Fibre / Fibres 13 g	46 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 103 g	
Cholesterol / Cholestérol 410 mg	
Sodium 3930 mg	171 %
Potassium 1400 mg	41 %
Calcium 800 mg	62 %
Iron / Fer 7 mg	39 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: **Fajita Shrimp:** Shrimp (shrimp, sodium phosphate, salt. **May contain sulphites.**), Canola oil, Chili powder (spices and herbs [including chili pepper], salt, dehydrated garlic), Chopped garlic in oil (garlic, water, canola oil, citric acid), Sriracha lime seasoning (dehydrated garlic and onion, spices and herbs, salt, sugar, citric acid, sodium acetate, natural flavour [including extractives of lime], cayenne pepper sauce [aged red cayenne peppers, vinegar, salt, dehydrated garlic], corn maltodextrin, spice extractives, acetic acid, sunflower oil, dehydrated lime peel, vinegar, calcium silicate, silicon dioxide). **Fajita Vegetables:** Onions, Green peppers, Red peppers, Yellow peppers, Canola oil, Chopped garlic in oil (garlic, water, canola oil, citric acid), Chili powder (spices and herbs [including chili pepper], salt, dehydrated garlic), Black pepper, Salt. **Southwest Rice:** Basmati rice (water, basmati rice, salt), Salsa (crushed tomatoes [water, crushed tomato concentrate], jalapeno peppers, diced tomatoes [tomatoes, tomato juice, citric acid, calcium chloride], onions, vinegar salt, dried onions, garlic, natural flavour), Black beans (black beans, salt, water, calcium chloride). **Tortilla:** Wheat flour, Water, Canola/modified palm oil shortening, Mono- and diglycerides, Salt, Baking powder, Calcium propionate, Rice flour, Sugar, Fumaric acid, Sorbic acid, Carboxymethyl cellulose gum, Guar gum, Potassium sorbate, Enzymes (sodium chloride, wheat starch), L-cysteine (vegetable sourced). **Trio Cheese Blend:** Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Sour Cream:** Milk, Cream, Modified milk ingredients, Modified corn starch, Propylene glycol, Mono fatty acid ester, Pectin, Titanium dioxide, Sodium phosphate, Cellulose gel, Carrageenan, Cellulose gum, Bacterial culture. **Salsa:** Crushed tomatoes (water, crushed tomato concentrate), Jalapeno peppers, Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Onions, Vinegar, Salt, Dried onions, Garlic, Natural flavour. **Jalapenos:** Jalapeno peppers, Water, Salt, Acetic acid, Citric acid, Sodium benzoate, Potassium sorbate, Calcium chloride, Sodium metabisulphite, Curcumin. **Tomato. Lettuce. Green Onion. Canola Oil.**

Contains: Crustaceans, Milk, Shellfish, Sulphites, Wheat.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Cajun Sirloin Steak Fajitas

SIZE/WEIGHT: Various

ISSUED: April 24, 2023

ITEM ID: KFAJ-003, KFAJ-006

NUTRITION:

Fajitas for 1 (1037 g)

Nutrition Facts	
Valeur nutritive	
Per (1037 g) pour (1037 g)	
Calories 1700	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 91 g	121 %
Saturated / saturés 28 g	
+ Trans / trans 0.5 g	143 %
Carbohydrate / Glucides 125 g	
Fibre / Fibres 12 g	43 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 102 g	
Cholesterol / Cholestérol 225 mg	
Sodium 3210 mg	140 %
Potassium 1100 mg	23 %
Calcium 800 mg	62 %
Iron / Fer 9.5 mg	53 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Fajitas for 2 (1229 g)

Nutrition Facts	
Valeur nutritive	
Per (1229 g) pour (1229 g)	
Calories 2040	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 114 g	152 %
Saturated / saturés 34 g	
+ Trans / trans 0.5 g	173 %
Carbohydrate / Glucides 126 g	
Fibre / Fibres 13 g	46 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 135 g	
Cholesterol / Cholestérol 310 mg	
Sodium 3490 mg	152 %
Potassium 1250 mg	37 %
Calcium 800 mg	62 %
Iron / Fer 11.5 mg	64 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Fajita Steak: Sirloin steak, Canola oil, Chili powder (spices and herbs [including chili pepper], salt, dehydrated garlic), Chopped garlic in oil (garlic, water, canola oil, citric acid), Sriracha lime seasoning (dehydrated garlic and onion, spices and herbs, salt, sugar, citric acid, sodium acetate, natural flavour [including extractives of lime], cayenne pepper sauce [aged red cayenne peppers, vinegar, salt, dehydrated garlic], corn maltodextrin, spice extractives, acetic acid, sunflower oil, dehydrated lime peel, vinegar, calcium silicate, silicon dioxide). **Fajita Vegetables:** Onions, Green peppers, Red peppers, Yellow peppers, Canola oil, Chopped garlic in oil (garlic, water, canola oil, citric acid), Chili powder (spices and herbs [including chili pepper], salt, dehydrated garlic), Black pepper, Salt. **Southwest Rice:** Basmati rice (water, basmati rice, salt), Salsa (crushed tomatoes [water, crushed tomato concentrate], jalapeno peppers, diced tomatoes [tomatoes, tomato juice, citric acid, calcium chloride], onions, vinegar salt, dried onions, garlic, natural flavour), Black beans (black beans, salt, water, calcium chloride). **Tortilla:** Wheat flour, Water, Canola/modified palm oil shortening, Mono- and diglycerides, Salt, Baking powder, Calcium propionate, Rice flour, Sugar, Fumaric acid, Sorbic acid, Carboxymethyl cellulose gum, Guar gum, Potassium sorbate, Enzymes (sodium chloride, wheat starch), L-cysteine (vegetable sourced). **Trio Cheese Blend:** Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Sour Cream:** Milk, Cream, Modified milk ingredients, Modified corn starch, Propylene glycol, Mono fatty acid ester, Pectin, Titanium dioxide, Sodium phosphate, Cellulose gel, Carrageenan, Cellulose gum, Bacterial culture. **Salsa:** Crushed tomatoes (water, crushed tomato concentrate), Jalapeno peppers, Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Onions, Vinegar, Salt, Dried onions, Garlic, Natural flavour. **Jalapenos:** Jalapeno peppers, Water, Salt, Acetic acid, Citric acid, Sodium benzoate, Potassium sorbate, Calcium chloride, Sodium metabisulphite, Curcumin. **Tomato. Lettuce. Green Onion. Canola Oil.**

Contains: Milk, Sulphites, Wheat.

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