



KELSEYS TECHNICAL DATA SHEET MANUAL

On-Ramp Appies

NUTRITION | ALLERGENS | INGREDIENTS

Issued: **Aug 14, 2023**



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Four Cheese Spinach Dip (Baked Pita)

SIZE/WEIGHT: 483 g

ISSUED: April 24, 2023

ITEM ID: KAPP-024

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (483 g) pour (483 g)	
Calories 950	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 34 g	45 %
Saturated / saturés 19 g	
+ Trans / trans 1 g	100 %
Carbohydrate / Glucides 126 g	
Fibre / Fibres 8 g	29 %
Sugars / Sucres 9 g	9 %
Protein / Protéines 33 g	
Cholesterol / Cholestérol 90 mg	
Sodium 2120 mg	92 %
Potassium 650 mg	19 %
Calcium 350 mg	27 %
Iron / Fer 9.5 mg	53 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Four Cheese Spin Dip: Cream cheese (milk ingredients, bacterial culture, salt, guar gum, locust bean gum), Frozen spinach nugget (spinach), Alfredo sauce ([water, cream (milk, cream), modified corn starch, parmesan and romano cheese, canola oil, salt, garlic, butter, spices, disodium inosinate, disodium guanylate, xanthan gum], partly skimmed milk), Frank's red hot pepper sauce (aged cayenne red peppers, vinegar, water, salt, natural flavour, garlic powder), Red bell pepper, Red onion, Cajun seasoning (spices, salt, garlic powder, onion powder, herbs, vegetable oil, silicon dioxide, natural flavour), Salt, Black pepper. **Trio Cheese Blend:** Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Flatbread:** Unbleached enriched white flour, Filtered water, Fresh yeast, Salt, Canola oil, Calcium propionate, Monoglycerides, Sorbic acid.

Contains: Milk, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Four Cheese Spinach Dip (Fried Pita)

SIZE/WEIGHT: 503 g

ISSUED: April 24, 2023

ITEM ID: KAPP-027

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (503 g) pour (503 g)	
Calories 1140	% Daily Value* % valeur quotidienne*
Fat / Lipides 55 g	73 %
Saturated / saturés 21 g	
+ Trans / trans 1 g	110 %
Carbohydrate / Glucides 126 g	
Fibre / Fibres 8 g	29 %
Sugars / Sucres 9 g	9 %
Protein / Protéines 33 g	
Cholesterol / Cholestérol 90 mg	
Sodium 2120 mg	92 %
Potassium 650 mg	19 %
Calcium 350 mg	27 %
Iron / Fer 9.5 mg	53 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Four Cheese Spin Dip: Cream cheese (milk ingredients, bacterial culture, salt, guar gum, locust bean gum), Frozen spinach nugget (spinach), Alfredo sauce ([water, cream (milk, cream), modified corn starch, parmesan and romano cheese, canola oil, salt, garlic, butter, spices, disodium inosinate, disodium guanylate, xanthan gum], partly skimmed milk), Frank's red hot pepper sauce (aged cayenne red peppers, vinegar, water, salt, natural flavour, garlic powder), Red bell pepper, Red onion, Cajun seasoning (spices, salt, garlic powder, onion powder, herbs, vegetable oil, silicon dioxide, natural flavour), Salt, Black pepper. **Trio Cheese Blend:** Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Flatbread:** Unbleached enriched white flour, Filtered water, Fresh yeast, Salt, Canola oil, Calcium propionate, Monoglycerides, Sorbic acid. Fried in canola oil.

Contains: Milk, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's
RECIPE NAME: Flat Pan Nachos
SIZE/WEIGHT: Various
ISSUED: July 21, 2023
ITEM ID: KAPP-025, KAPP-026

NUTRITION:

Half Pan (797 g)

Nutrition Facts	
Valeur nutritive	
Per (797 g) pour (797 g)	
Calories 1220	% Daily Value*
% valeur quotidienne*	
Fat / Lipides 56 g	75 %
Saturated / saturés 26 g	
+ Trans / trans 1.5 g	138 %
Carbohydrate / Glucides 128 g	
Fibre / Fibres 15 g	54 %
Sugars / Sucres 14 g	14 %
Protein / Protéines 60 g	
Cholesterol / Cholestérol 140 mg	
Sodium 4590 mg	200 %
Potassium 1400 mg	41 %
Calcium 1450 mg	112 %
Iron / Fer 4 mg	22 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Full Pan (1372 g)

Nutrition Facts	
Valeur nutritive	
Per (1372 g) pour (1372 g)	
Calories 2200	% Daily Value*
% valeur quotidienne*	
Fat / Lipides 101 g	135 %
Saturated / saturés 48 g	
+ Trans / trans 2.5 g	253 %
Carbohydrate / Glucides 227 g	
Fibre / Fibres 24 g	86 %
Sugars / Sucres 23 g	23 %
Protein / Protéines 106 g	
Cholesterol / Cholestérol 255 mg	
Sodium 8000 mg	348 %
Potassium 2350 mg	69 %
Calcium 2600 mg	200 %
Iron / Fer 5.5 mg	31 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Queso Sauce: Alfredo sauce ([water, cream (milk, cream), modified corn starch, parmesan and romano cheese, canola oil, salt, garlic, butter, spices, disodium inosinate, disodium guanylate, xanthan gum], partly skimmed milk), Processed cheddar cheese product (cheese [milk, modified milk ingredients, cream, bacterial culture, salt, calcium chloride, rennet and/or microbial enzyme, annatto, lipase], modified milk ingredients, water, sodium citrate and/or sodium phosphate, sugars [glucose], skim milk powder, salt, acetic acid, sorbic acid, soy lecithin, soybean oil, carboxymethyl cellulose, annatto and/or β -apo-8'-carotenal, citric acid), Salsa (crushed tomatoes [water, crushed tomato concentrate], jalapeno peppers, diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), onions, vinegar salt, dried onions, garlic, natural flavour), Water, Frank's red hot pepper sauce (aged cayenne red peppers, vinegar, water, salt, natural flavour, garlic powder). **Nacho Chips:** Corn masa flour (ground white corn masa flour, cellulose gum and/or guar gum, trace of lime), Water, Fumaric acid, Sorbic acid, Calcium propionate, Sodium propionate. Fried in canola oil. **Trio Cheese Blend:** Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Nacho Pack:** Onion, Red Onion, Jalapeno (jalapeno peppers, water, salt, acetic acid, citric acid, sodium benzoate, potassium sorbate, calcium chloride, sodium metabisulphite, curcumin), Tomato. **Salsa:** Crushed tomatoes (water, crushed tomato concentrate), Jalapeno peppers, Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Onions, Vinegar, Salt, Dried onions, Garlic, Natural flavour. **Sour Cream:** Milk, Cream, Modified milk ingredients, Modified corn starch, Propylene glycol, Mono fatty acid ester, Pectin, Titanium dioxide, Sodium phosphate, Cellulose gel, Carrageenan, Cellulose gum, Bacterial culture. **Black Beans:** Black beans, Salt, Water, Calcium chloride. **Lettuce. Tomato. Jalapenos:** Jalapeno peppers, Water, Salt, Acetic acid, Citric acid, Sodium benzoate, Potassium sorbate, Calcium chloride, Sodium metabisulphite, Curcumin. **Green Onion.**

Contains: Milk, Soy, Sulphites.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Buffalo Chicken Potato Skins

SIZE/WEIGHT: 348 g

ISSUED: April 24, 2023

ITEM ID: KAPP-033

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (348 g)	
pour (348 g)	
Calories 680	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 46 g	61 %
Saturated / saturés 16 g	
+ Trans / trans 1 g	85 %
Carbohydrate / Glucides 29 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 6 g	6 %
Protein / Protéines 38 g	
Cholesterol / Cholestérol 140 mg	
Sodium 2420 mg	105 %
Potassium 800 mg	17 %
Calcium 500 mg	38 %
Iron / Fer 1.5 mg	8 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: **Potato Skins:** Potato, Canola oil, Salt. **Chicken:** Seasoned chicken breast (chicken, water, maltodextrin, iodized salt, sodium tripolyphosphate, papain), Canola oil, Chili powder (spices and herbs (including chili pepper), salt, dehydrated garlic), Chopped garlic in oil (garlic, water, canola oil, citric acid), Sriracha lime seasoning (dehydrated garlic and onion, spices and herbs, salt, sugar, citric acid, sodium acetate, natural flavour (including extractives of lime), cayenne pepper sauce (aged red cayenne peppers, vinegar, salt, dehydrated garlic), corn maltodextrin, spice extractives, acetic acid, sunflower oil, dehydrated lime peel, vinegar, calcium silicate, silicon dioxide). **Creamy Buffalo Sauce:** Cream cheese (milk ingredients, bacterial culture, salt, guar gum, locust bean gum), Hot wing sauce (water, cayenne pepper sauce [cayenne red peppers, vinegar, water, salt, garlic powder], vinegar, sugar, tomato paste, canola oil, vegetable oil shortening [canola, modified palm and palm kernel oils], modified corn starch, salt, spices [contains habanero powder and spice extract], sodium benzoate, soy lecithin, xanthan gum, mono-and diglycerides, mustard flour, dehydrated onion, dehydrated garlic, disodium inosinate, disodium guanylate), Ranch dressing (water, soybean oil, vinegar, sugar, salt, frozen egg yolk, dehydrated garlic, black peppercorns, xanthan gum, propylene glycol alginate, dehydrated onion, potassium sorbate, sodium benzoate, concentrated lemon juice, flavour [contains soy lecithin], yeast extract, phospholipase, calcium disodium EDTA). **Trio Cheese Blend:** Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Ranch Dressing:** Water, Soybean oil, Vinegar, Sugar, Salt, Frozen egg yolk, Dehydrated garlic, Black peppercorns, Xanthan gum, Propylene glycol alginate, Dehydrated onion, Potassium sorbate, Sodium benzoate, Concentrated lemon juice, Flavour (contains soy lecithin), Yeast extract, Phospholipase, Calcium disodium EDTA. **Hot Wing Sauce:** Water, Cayenne pepper sauce (cayenne red peppers, vinegar, water, salt, garlic powder), Vinegar, Sugar, Tomato paste, Canola oil, Vegetable oil shortening (canola, modified palm and palm kernel oils), Modified corn starch, Salt, Spices (contains habanero powder and spice extract), Sodium benzoate, Soy lecithin, Xanthan gum, Mono-and diglycerides, Mustard flour, Dehydrated onion, Dehydrated garlic, Disodium inosinate, Disodium guanylate. **Cajun Seasoning:** Spices, Salt, Garlic powder, Onion powder, Herbs, Vegetable oil, Silicon dioxide, Natural flavour. **Green Onion.**

Contains: Egg, Milk, Mustard, Soy.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Cheese and Bacon Potato Skins

SIZE/WEIGHT: 232 g

ISSUED: April 30, 2021

ITEM ID: KAPP-007

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (232 g)	
pour (232 g)	
Calories 480	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 30 g	40 %
Saturated / saturés 16 g	83 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 23 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 5 g	5 %
Protein / Protéines 28 g	
Cholesterol / Cholestérol 80 mg	
Sodium 1350 mg	59 %
Potassium 650 mg	19 %
Calcium 550 mg	42 %
Iron / Fer 1 mg	6 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Potato Skins: Potato, Canola oil, Salt. **Trio Cheese Blend:** Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Sour Cream:** Milk, Cream, Modified milk ingredients, Modified corn starch, Propylene glycol, Mono fatty acid ester, Pectin, Titanium dioxide, Sodium phosphate, Cellulose gel, Carrageenan, Cellulose gum, Bacterial culture. **Bacon Bits:** Pork, Water, Salt, Sugar, Applewood smoke flavour, Sodium phosphate, Sodium erythorbate, Sodium nitrite, Smoke. **Green Onion.**

Contains: Milk.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Chicken Quesadilla

SIZE/WEIGHT: 541 g

ISSUED: April 24, 2023

ITEM ID: KAPP-032

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (541 g) pour (541 g)	
Calories 1010	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 56 g	75 %
Saturated / saturés 26 g	135 %
+ Trans / trans 1 g	
Carbohydrate / Glucides 66 g	
Fibre / Fibres 5 g	18 %
Sugars / Sucres 11 g	11 %
Protein / Protéines 62 g	
Cholesterol / Cholestérol 160 mg	
Sodium 2620 mg	114 %
Potassium 900 mg	19 %
Calcium 1100 mg	85 %
Iron / Fer 5 mg	28 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Trio Cheese Blend: Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Flour Tortilla:** Wheat flour, Water, Canola/modified palm oil shortening, Mono- and diglycerides, Salt, Baking powder, Calcium propionate, Rice flour, Sugar, Fumaric acid, Sorbic acid, Cellulose gum, Guar gum, Potassium sorbate, Enzymes (sodium chloride, wheat starch), L-Cysteine (vegetable sourced). **Fajita Chicken:** Seasoned chicken breast (chicken, water, maltodextrin, iodized salt, sodium tripolyphosphate, papain), Canola oil, Chili powder (spices and herbs [including chili pepper], salt, dehydrated garlic), Chopped garlic in oil (garlic, water, canola oil, citric acid), Sriracha lime seasoning (dehydrated garlic and onion, spices and herbs, salt, sugar, citric acid, sodium acetate, natural flavour [including extractives of lime], cayenne pepper sauce [aged red cayenne peppers, vinegar, salt, dehydrated garlic], corn maltodextrin, spice extractives, acetic acid, sunflower oil, dehydrated lime peel, vinegar, calcium silicate, silicon dioxide). **Salsa:** Crushed tomatoes (water, crushed tomato concentrate), Jalapeno peppers, Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Onions, Vinegar, Salt, Dried onions, Garlic, Natural flavour. **Sour Cream:** Milk, Cream, Modified milk ingredients, Modified corn starch, Propylene glycol, Mono fatty acid ester, Pectin, Titanium dioxide, Sodium phosphate, Cellulose gel, Carrageenan, Cellulose gum, Bacterial culture. **Jalapenos:** Jalapeno peppers, Water, Salt, Acetic acid, Citric acid, Sodium benzoate, Potassium sorbate, Calcium chloride, Sodium metabisulphite, Curcumin. **Tomato Garlic Spread:** Non-hydrogenated margarine (soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3), Water, Garlic [garlic, canola oil, water, citric acid], Spices, Parmesan cheese (milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin), Garlic powder. **Cajun Seasoning:** Spices, Salt, Garlic powder, Onion powder, Herbs, Vegetable oil, Silicon dioxide, Natural flavour.

Contains: Milk, Soy, Sulphites, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's
RECIPE NAME: Beef Quesadilla
SIZE/WEIGHT: 527 g
ISSUED: July 19, 2023
ITEM ID: KAPP-034

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (527 g) pour (527 g)	
Calories 1070	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 62 g	83 %
Saturated / saturés 30 g	158 %
+ Trans / trans 1.5 g	
Carbohydrate / Glucides 68 g	
Fibre / Fibres 5 g	18 %
Sugars / Sucres 12 g	12 %
Protein / Protéines 62 g	
Cholesterol / Cholestérol 165 mg	
Sodium 2620 mg	114 %
Potassium 900 mg	26 %
Calcium 1100 mg	85 %
Iron / Fer 6.5 mg	36 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Trio Cheese Blend: Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Flour Tortilla:** Wheat flour, Water, Canola/modified palm oil shortening, Mono- and diglycerides, Salt, Baking powder, Calcium propionate, Rice flour, Sugar, Fumaric acid, Sorbic acid, Cellulose gum, Guar gum, Potassium sorbate, Enzymes (sodium chloride, wheat starch), L-Cysteine (vegetable sourced). **Sauteed Beef:** Ground beef, Chili powder (spices and herbs [including chili pepper], salt, dehydrated garlic). **Salsa:** Crushed tomatoes (water, crushed tomato concentrate), Jalapeno peppers, Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Onions, Vinegar, Salt, Dried onions, Garlic, Natural flavour. **Sour Cream:** Milk, Cream, Modified milk ingredients, Modified corn starch, Propylene glycol, Mono fatty acid ester, Pectin, Titanium dioxide, Sodium phosphate, Cellulose gel, Carrageenan, Cellulose gum, Bacterial culture. **Jalapenos:** Jalapeno peppers, Water, Salt, Acetic acid, Citric acid, Sodium benzoate, Potassium sorbate, Calcium chloride, Sodium metabisulphite, Curcumin. **Tomato. Garlic Spread:** Non-hydrogenated margarine (soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3), Water, Garlic [garlic, canola oil, water, citric acid], Spices, Parmesan cheese (milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin), Garlic powder. **Cajun Seasoning:** Spices, Salt, Garlic powder, Onion powder, Herbs, Vegetable oil, Silicon dioxide, Natural flavour.

Contains: Milk, Soy, Sulphites, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Cheese and Veggies Quesadilla

SIZE/WEIGHT: 442 g

ISSUED: April 30, 2021

ITEM ID: KAPP-008

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (442 g) pour (442 g)	
Calories 860	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 48 g	64 %
Saturated / saturés 25 g	130 %
+ Trans / trans 1 g	
Carbohydrate / Glucides 66 g	
Fibre / Fibres 5 g	18 %
Sugars / Sucres 11 g	11 %
Protein / Protéines 42 g	
Cholesterol / Cholestérol 105 mg	
Sodium 2460 mg	107 %
Potassium 600 mg	18 %
Calcium 1100 mg	85 %
Iron / Fer 5 mg	28 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Flour Tortilla: Wheat flour, Water, Canola/modified palm oil shortening, Mono- and diglycerides, Salt, Baking powder, Calcium propionate, Rice flour, Sugar, Fumaric acid, Sorbic acid, Cellulose gum, Guar gum, Potassium sorbate, Enzymes (sodium chloride, wheat starch), L-Cysteine (vegetable sourced). **Trio Cheese Blend:** Shredded cheese blend (milk ingredients, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, annatto, cellulose, natamycin), Mozzarella (pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin). **Salsa:** Crushed tomatoes (water, crushed tomato concentrate), Jalapeno peppers, Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Onions, Vinegar, Salt, Dried onions, Garlic, Natural flavour. **Sour Cream:** Milk, Cream, Modified milk ingredients, Modified corn starch, Propylene glycol, Mono fatty acid ester, Pectin, Titanium dioxide, Sodium phosphate, Cellulose gel, Carrageenan, Cellulose gum, Bacterial culture. **Jalapenos:** Jalapeno peppers, Water, Salt, Acetic acid, Citric acid, Sodium benzoate, Potassium sorbate, Calcium chloride, Sodium metabisulphite, Curcumin. **Tomato. Garlic Spread:** Non-hydrogenated margarine (soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3), Water, Garlic [garlic, canola oil, water, citric acid], Spices, Parmesan cheese (milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin), Garlic powder. **Cajun Seasoning:** Spices, Salt, Garlic powder, Onion powder, Herbs, Vegetable oil, Silicon dioxide, Natural flavour.

Contains: Milk, Soy, Sulphites, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Cajun Fried Shrimp

SIZE/WEIGHT: 511 g

ISSUED: March 9, 2022

ITEM ID: KAPP-018

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (511 g)	
pour (511 g)	
Calories 670	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 28 g	37 %
Saturated / saturés 3 g	15 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 74 g	
Fibre / Fibres 6 g	21 %
Sugars / Sucres 7 g	7 %
Protein / Protéines 34 g	
Cholesterol / Cholestérol 345 mg	
Sodium 4400 mg	191 %
Potassium 500 mg	11 %
Calcium 175 mg	13 %
Iron / Fer 5.5 mg	31 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Crispy Shrimp: Shrimp (shrimp, sodium phosphate, salt, **May contain sulphites**), Red onion, Red bell pepper, Jalapeno (jalapeno peppers, water, salt, acetic acid, citric acid, sodium benzoate, potassium sorbate, calcium chloride, sodium metabisulphite, curcumin), House batter (enriched wheat flour, carbonated water, corn starch, baking powder, salt, cajun seasoning [spices, salt, garlic powder, onion powder, herbs, vegetable oil, silicon dioxide, natural flavour]), Seasoned flour (enriched wheat flour, salt, black pepper). Fried in canola oil. **Cajun Dipper:** Light mayo type dressing (water, soybean oil, modified corn starch, vinegar, salt, sugar, frozen egg white, mustard flour, xanthan gum, concentrated lemon juice, potassium sorbate, beta-carotene, calcium disodium edta, lactic acid, l-cysteine, paprika oleoresin), Prepared horseradish (horseradish, water, vinegar, vegetable oil, sugar, salt, xanthan gum, seasonings, titanium dioxide, sodium benzoate, sodium metabisulphite), Sweet onion dressing (water, sugar, vinegar [white, cider], canola oil, onions, salt, key lime juice from concentrate [water, lime juice], fried vegetables [red bell peppers, carrots, onions], xanthan gum, seasoning, herbs and spices), Ketchup (tomato paste, liquid sugar, white vinegar, salt, onion powder, spices), Mustard (white vinegar, water, mustard seeds, salt, turmeric, natural flavour, spices), Caesar dressing (canola oil, water, liquid egg yolk, parmesan cheese [milk], dehydrated garlic, concentrated lemon juice, seasonings [mustard], salt, spices, cultured skim milk powder, cured anchovies, skim milk powder, sugars [molasses, glucose-fructose], xanthan gum), Cajun seasoning (spices, salt, garlic powder, onion powder, herbs, vegetable oil, silicon dioxide, natural flavour). **Sriracha Lime Seasoning:** Dehydrated garlic and onion, Spices and herbs, Salt, Sugar, Citric acid, Sodium acetate, Natural flavour (including extractives of lime), Cayenne pepper sauce (aged cayenne red peppers, vinegar, salt, dehydrated garlic), Corn maltodextrin, Spice extractives, Acetic acid, High oleic sunflower oil, Dehydrated lime peel, Vinegar, Calcium silicate, Silicon dioxide.

Contains: Crustaceans, Egg, Fish, Milk, Mustard, Shellfish, Soy, Sulphites, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Roadhouse Garlic Cheese Toast

SIZE/WEIGHT: 249 g

ISSUED: April 24, 2023

ITEM ID: KAPP-020

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (249 g) pour (249 g)	
Calories 690	% Daily Value* % valeur quotidienne*
Fat / Lipides 27 g	36 %
Saturated / saturés 13 g	
+ Trans / trans 0.5 g	68 %
Carbohydrate / Glucides 79 g	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 35 g	
Cholesterol / Cholestérol 55 mg	
Sodium 1530 mg	67 %
Potassium 125 mg	3 %
Calcium 650 mg	50 %
Iron / Fer 4.5 mg	25 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Ciabatta Roll: Unbleached wheat flour, Water, Salt, Yeast, Malted barley flour. **May contain sesame.** **Four Cheese Blend:** Pasteurized milk, Modified milk ingredients, Bacterial culture, Salt, Calcium chloride, Microbial enzyme, Lipase, Cellulose, Natamycin). **Garlic Spread:** Non-hydrogenated margarine (soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3), Water, Garlic [garlic, canola oil, water, citric acid], Spices, Parmesan cheese (milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin), Garlic powder. **Sriracha Lime Seasoning:** Dehydrated garlic and onion, Spices and herbs, Salt, Sugar, Citric acid, Sodium acetate, Natural flavour (including extractives of lime), Cayenne pepper sauce (aged cayenne red peppers, vinegar, salt, dehydrated garlic), Corn maltodextrin, Spice extractives, Acetic acid, High oleic sunflower oil, Dehydrated lime peel, Vinegar, Calcium silicate, Silicon dioxide.

Contains: Barley, Milk, Soy, Wheat.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Roadhouse Garlic Cheese Toast with Bacon

SIZE/WEIGHT: 278 g

ISSUED: April 24, 2023

ITEM ID: KAPP-021

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (278 g) pour (278 g)	
Calories 860	% Daily Value* % valeur quotidienne*
Fat / Lipides 41 g	55 %
Saturated / saturés 18 g	93 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 80 g	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 43 g	
Cholesterol / Cholestérol 80 mg	
Sodium 2040 mg	89 %
Potassium 250 mg	5 %
Calcium 650 mg	50 %
Iron / Fer 4.5 mg	25 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Ciabatta Roll: Unbleached wheat flour, Water, Salt, Yeast, Malted barley flour. **May contain sesame.** **Four Cheese Blend:** Pasteurized milk, Modified milk ingredients, Bacterial culture, Salt, Calcium chloride, Microbial enzyme, Lipase, Cellulose, Natamycin). **Double Smoked Bacon:** Pork, Water, Salt, Sugar, Applewood smoke flavour, Sodium phosphate, Sodium erythorbate, Sodium nitrite, Smoke. **Garlic Spread:** Non-hydrogenated margarine (soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3), Water, Garlic [garlic, canola oil, water, citric acid], Spices, Parmesan cheese (milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin), Garlic powder. **Sriracha Lime Seasoning:** Dehydrated garlic and onion, Spices and herbs, Salt, Sugar, Citric acid, Sodium acetate, Natural flavour (including extractives of lime), Cayenne pepper sauce (aged cayenne red peppers, vinegar, salt, dehydrated garlic), Corn maltodextrin, Spice extractives, Acetic acid, High oleic sunflower oil, Dehydrated lime peel, Vinegar, Calcium silicate, Silicon dioxide.

Contains: Barley, Milk, Soy, Wheat.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Roadhouse Garlic Cheese Toast with Pesto Bruschetta

SIZE/WEIGHT: 363 g

ISSUED: April 24, 2023

ITEM ID: KAPP-022

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (363 g)	
pour (363 g)	
Calories 740	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 30 g	40 %
Saturated / saturés 14 g	73 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 83 g	
Fibre / Fibres 4 g	14 %
Sugars / Sucres 3 g	3 %
Protein / Protéines 36 g	
Cholesterol / Cholestérol 55 mg	
Sodium 1580 mg	69 %
Potassium 400 mg	9 %
Calcium 650 mg	50 %
Iron / Fer 4.5 mg	25 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: **Ciabatta roll:** Unbleached wheat flour, Water, Salt, Yeast, Malted barley flour. **May contain sesame.** **Four Cheese Blend:** Pasteurized milk, Modified milk ingredients, Bacterial culture, Salt, Calcium chloride, Microbial enzyme, Lipase, Cellulose, Natamycin). **Garlic Spread:** Non-hydrogenated margarine (soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3), Water, Garlic [garlic, canola oil, water, citric acid], Spices, Parmesan cheese (milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin), Garlic powder. **Bruschetta Mix:** Tomatoes, Pesto sauce (basil, canola oil, romano cheese [pasteurized milk, salt, powdered cellulose, modified milk ingredients, lipase, microbial enzyme, bacterial culture, natamycin], garlic in oil [water, chopped garlic, canola oil, citric acid, potassium sorbate], garlic powder, salt, starch, tartrazine, brilliant blue FCF, sunset yellow FCF, citric acid), Chopped garlic in oil (garlic, water, canola oil, citric acid). **Sriracha Lime Seasoning:** Dehydrated garlic and onion, Spices and herbs, Salt, Sugar, Citric acid, Sodium acetate, Natural flavour (including extractives of lime), Cayenne pepper sauce (aged cayenne red peppers, vinegar, salt, dehydrated garlic), Corn maltodextrin, Spice extractives, Acetic acid, High oleic sunflower oil, Dehydrated lime peel, Vinegar, Calcium silicate, Silicon dioxide.

Contains: Barley, Milk, Soy, Wheat.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Crispy Chicken Bites (Garlic Parm)

SIZE/WEIGHT: 388 g

ISSUED: April 24, 2023

ITEM ID: KAPP-035

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (388 g) pour (388 g)	
Calories 890	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 51 g	68 %
Saturated / saturés 7 g	37 %
+ Trans / trans 0.4 g	
Carbohydrate / Glucides 63 g	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 46 g	
Cholesterol / Cholestérol 185 mg	
Sodium 2110 mg	92 %
Potassium 175 mg	4 %
Calcium 125 mg	10 %
Iron / Fer 5.5 mg	31 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Chicken Bites: Seasoned chicken thigh (boneless skinless chicken thigh, water, salt, white pepper), Chicken tender seasoning (wheat flour, modified corn starch, salt, spices, baking powder, onion powder, garlic powder, spice extract), House batter (carbonated water, wheat flour, modified corn starch, sea salt, salt, cajun seasoning [spices, salt, garlic powder, onion powder, herbs, vegetable oil, silicon dioxide, natural flavour], baking powder), Carbonated water, Jalapenos (jalapeno peppers, water, salt, acetic acid, citric acid, sodium benzoate, potassium sorbate, calcium chloride, sodium metabisulphite, curcumin).

Garlic Parm Sauce: Caesar dressing (canola oil, water, liquid egg yolk, parmesan cheese [milk], dehydrated garlic, concentrated lemon juice, seasonings [mustard], salt, spices, cultured skim milk powder, cured anchovies, skim milk powder, sugars [molasses, glucose-fructose], xanthan gum), Garlic spread (non-hydrogenated margarine [soybean oil, modified palm and palm oils, water, salt, whey powder, vegetable monoglycerides, soy lecithin, natural flavour, annatto, turmeric, vitamin A palmitate, vitamin D3], water, garlic [garlic, canola oil, water, citric acid], spices, parmesan cheese [milk, modified milk ingredients, bacterial culture, salt, lipase, calcium chloride, rennet and/or microbial enzyme, cellulose powder, natural parmesan flavour, natamycin], garlic powder), Parmesan cheese (milk, modified milk ingredients, salt, bacterial culture, calcium chloride, lipase, microbial enzyme).

Contains: Egg, Fish, Milk, Mustard, Soy, Sulphites, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: Crispy Chicken Bites (Hot Honey Dill)

SIZE/WEIGHT: 455 g

ISSUED: April 24, 2023

ITEM ID: KAPP-036

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (455 g)	
pour (455 g)	
Calories 800	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 27 g	36 %
Saturated / saturés 5 g	
+ Trans / trans 0.4 g	27 %
Carbohydrate / Glucides 96 g	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 31 g	31 %
Protein / Protéines 44 g	
Cholesterol / Cholestérol 165 mg	
Sodium 2730 mg	119 %
Potassium 250 mg	5 %
Calcium 75 mg	6 %
Iron / Fer 5.5 mg	31 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Chicken Bites: Seasoned chicken thigh (boneless skinless chicken thigh, water, salt, white pepper), Chicken tender seasoning (wheat flour, modified corn starch, salt, spices, baking powder, onion powder, garlic powder, spice extract), House batter (carbonated water, wheat flour, modified corn starch, sea salt, salt, cajun seasoning [spices, salt, garlic powder, onion powder, herbs, vegetable oil, silicon dioxide, natural flavour], baking powder), Carbonated water, Jalapenos (jalapeno peppers, water, salt, acetic acid, citric acid, sodium benzoate, potassium sorbate, calcium chloride, sodium metabisulphite, curcumin). **Hot Honey Dill Sauce:** Sugars (honey), Hot wing sauce (water, cayenne pepper sauce [cayenne red peppers, vinegar, water, salt, garlic powder], vinegar, sugar, tomato paste, canola oil, vegetable oil shortening [canola, modified palm and palm kernel oils], modified corn starch, salt, spices [contains habanero powder and spice extract], sodium benzoate, soy lecithin, xanthan gum, mono-and diglycerides, mustard flour, dehydrated onion, dehydrated garlic, disodium inosinate, disodium guanylate), Pickle coins (cucumbers, water, vinegar, salt, calcium chloride, sodium benzoate, spices, garlic, mustard seed, turmeric, polysorbate 80), Cajun seasoning (spices, salt, garlic powder, onion powder, herbs, vegetable oil, silicon dioxide, natural flavour). **Pickle Coins:** Cucumbers, Water, Vinegar, Salt, Calcium chloride, Sodium benzoate, Spices, Garlic, Mustard seed, Turmeric, Polysorbate 80. **Garlic Peppercorn Ranch:** Water, Soybean oil, Vinegar, Sugar, Salt, Frozen egg yolk, Dehydrated garlic, Black peppercorns, Xanthan gum, Propylene glycol alginate, Dehydrated onion, Potassium sorbate, Sodium benzoate, Concentrated lemon juice, Flavour (contains soy lecithin), Yeast extract, Phospholipase, Calcium disodium EDTA.

Contains: Egg, Mustard, Soy, Sulphites, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.