



## **KELSEYS TECHNICAL DATA SHEET MANUAL**

### **Hearty Handhelds**

NUTRITION | ALLERGENS | INGREDIENTS

Issued: **Aug 14, 2023**



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's  
**RECIPE NAME:** Chicken Caesar Wrap  
**SIZE/WEIGHT:** 498 g  
**ISSUED:** April 24, 2023  
**ITEM ID:** KSWHH-012

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (498 g) pour (498 g)	
<b>Calories 1140</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 57 g</b>	<b>76 %</b>
Saturated / saturés 9 g	47 %
+ Trans / trans 0.3 g	
<b>Carbohydrate / Glucides 119 g</b>	
Fibre / Fibres 5 g	18 %
Sugars / Sucres 15 g	15 %
<b>Protein / Protéines 40 g</b>	
<b>Cholesterol / Cholestérol 95 mg</b>	
<b>Sodium 3450 mg</b>	<b>150 %</b>
Potassium 550 mg	12 %
Calcium 250 mg	19 %
Iron / Fer 8.5 mg	47 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Chicken Fingers:** Boneless, skinless chicken breast tenders, Chicken coater (wheat flour, modified corn starch, salt, spices, baking powder, onion powder, garlic powder, spice extract), Carbonated water, Wheat flour, Sea salt, Salt, Black pepper. Fried in canola oil. **Flour Tortilla:** Wheat flour, Water, Canola/modified palm oil shortening, Mono- and diglycerides, Salt, Baking powder, Calcium propionate, Rice flour, Sugar, Fumaric acid, Sorbic acid, Carboxymethyl cellulose gum, Guar gum, Potassium sorbate, Enzymes (sodium chloride, wheat starch), L-cysteine (vegetable sourced). **Buffalo Wing Sauce:** Water, Vinegar, Cayenne pepper sauce (cayenne red peppers, vinegar, water, salt, garlic powder), Sugar, Tomato paste, Canola oil, Vegetable oil Shortening (canola, modified palm and palm kernel oil), Salt, Modified corn starch, Spices, Spice extract, Sodium benzoate, Soy lecithin, Xanthan gum, Mono- and diglycerides, Mustard flour, Dehydrated onion, Dehydrated garlic, Disodium inosinate, Disodium guanylate. **Caesar Dressing:** Canola oil, Water, Liquid egg yolk, Parmesan cheese (milk), Dehydrated garlic, Concentrated lemon juice, Seasonings (mustard), Salt, Spices, Cultured skim milk powder, Cured anchovies, Skim milk powder, Sugars (molasses, glucose-fructose), Xanthan gum. **Parmesan Cheese:** Milk, Bacterial culture, Salt, Lipase, Microbial enzymes, Calcium chloride. **Romaine Lettuce.**

**Contains:** Egg, Fish, Milk, Mustard, Soy, Wheat.

**ALLERGEN WARNING:** FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** Buffalo Chicken Sandwich

**SIZE/WEIGHT:** 407 g

**ISSUED:** April 24, 2023

**ITEM ID:** KSWHH-013

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (407 g) pour (407 g)	
<b>Calories 830</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 31 g</b>	<b>41 %</b>
Saturated / saturés 6 g	32 %
+ Trans / trans 0.3 g	
<b>Carbohydrate / Glucides 100 g</b>	
Fibre / Fibres 4 g	14 %
Sugars / Sucres 16 g	16 %
<b>Protein / Protéines 37 g</b>	
<b>Cholesterol / Cholestérol 110 mg</b>	
<b>Sodium 2500 mg</b>	<b>109 %</b>
Potassium 750 mg	16 %
Calcium 75 mg	6 %
Iron / Fer 5.5 mg	31 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Crispy Chicken:** Seasoned chicken breast (chicken, water, maltodextrin, iodized salt, sodium tripolyphosphate, papain), Buttermilk (partly skim milk, salt, bacterial culture), Chicken coater (wheat flour, modified corn starch, salt, spices, baking powder, onion powder, garlic powder, spice extract), Fried in canola oil. **Burger Bun:** Unbleached wheat flour, Water, Liquid whole eggs, Liquid egg-whites, Sunflower oil, Sugar, Salt, Malted barley flour, Yeast. **May contain sesame. Ranch Dressing:** Water, Soybean oil, Vinegar, Sugar, Salt, Frozen egg yolk, Dehydrated garlic, Black peppercorns, Xanthan gum, Propylene glycol alginate, Dehydrated onion, Potassium sorbate, Sodium benzoate, Concentrated lemon juice, Flavour (contains soy lecithin), Yeast extract, Phospholipase, Calcium disodium EDTA. **Buffalo Wing Sauce:** Water, Vinegar, Cayenne pepper sauce (cayenne red peppers, vinegar, water, salt, garlic powder), Sugar, Tomato paste, Canola oil, Vegetable oil shortening (canola, modified palm and palm kernel oil), Salt, Modified corn starch, Spices, Spice extract, Sodium benzoate, Soy lecithin, Xanthan gum, Mono- and diglycerides, Mustard flour, Dehydrated onion, Dehydrated garlic, Disodium inosinate, Disodium guanylate. **Butter (Milk). Lettuce. Tomato.**

**Contains:** Barley, Egg, Milk, Mustard, Soy, Wheat.

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# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's  
**RECIPE NAME:** BBQ Chicken Club  
**SIZE/WEIGHT:** 430 g  
**ISSUED:** April 24, 2023  
**ITEM ID:** KSWHH-014

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (430 g) pour (430 g)	
<b>Calories</b> 910	% Daily Value*
% valeur quotidienne*	
<b>Fat / Lipides</b> 47 g	63 %
Saturated / saturés 16 g	83 %
+ Trans / trans 0.5 g	
<b>Carbohydrate / Glucides</b> 77 g	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 29 g	29 %
<b>Protein / Protéines</b> 48 g	
<b>Cholesterol / Cholestérol</b> 130 mg	
<b>Sodium</b> 2310 mg	100 %
Potassium 800 mg	24 %
Calcium 200 mg	15 %
Iron / Fer 4 mg	22 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Chicken:** Seasoned chicken breast (chicken, water, maltodextrin, iodized salt, sodium tripolyphosphate, papain), Black pepper, Salt. **Texas Toast Bread:** Enriched wheat flour, Water, Sugar, Yeast\*, Salt, Defatted soy flour, Vegetable oil, Calcium propionate, Sodium stearoyl-2-lactylate, Diacetyl tartaric acid esters of mono- and di-glycerides, Vegetable monoglycerides, Sorbic acid, Enzymes, Ascorbic acid, May contain added wheat gluten. \*Order may vary. **May contain sesame. Double Smoked Bacon:** Pork, Water, Salt, Sugar, Applewood smoke flavour, Sodium phosphate, Sodium erythorbate, Sodium nitrite, Smoke. **Processed Cheddar Cheese Product:** Cheese (milk, modified milk ingredients, cream, bacterial culture, salt, calcium chloride, rennet and/or microbial enzyme, annatto, lipase), Modified milk ingredients, Water, Sodium citrate and/or sodium phosphate, Sugars (glucose), Skim milk powder, Salt, Acetic acid, Sorbic acid, Soy lecithin, Soybean oil, Carboxymethyl cellulose, Annatto and/or  $\beta$ -apo-8'-Carotenal, Citric acid. **Apple Butter Mesquite:** Sugars (brown sugar, glucose-fructose, fancy molasses), Water, Vinegar, Rickards Red® Ale (barley), Tomato paste, Apple puree, Modified corn starch, Salt, Apple butter (apple juice, apple sauce, baking soda, cinnamon), Soybean oil, Concentrated lemon juice, Spices, Smoke flavour, Citric acid, Potassium sorbate, Sodium benzoate. **Light Mayo Type Dressing:** Water, Soybean oil, Modified corn starch, Vinegar, Salt, Sugar, Frozen egg white, Mustard flour, Xanthan gum, Concentrated lemon juice, Potassium sorbate, Beta-carotene, Calcium disodium EDTA, Lactic acid, L-Cysteine, Paprika oleoresin. **Butter (Milk). Lettuce. Tomato. Onion Strings:** Onion, Seasoned flour (enriched wheat flour, salt, black pepper). Fried in canola oil.

**Contains:** Barley, Egg, Milk, Mustard, Soy, Wheat.

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# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** Steak 'n' Cheese Stack

**SIZE/WEIGHT:** 396 g

**ISSUED:** February 13, 2022

**ITEM ID:** KSWHH-011

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (396 g) pour (396 g)	
<b>Calories 890</b>	<b>% Daily Value*</b> <b>% valeur quotidienne*</b>
<b>Fat / Lipides 52 g</b>	<b>69 %</b>
Saturated / saturés 16 g	83 %
+ Trans / trans 0.5 g	
<b>Carbohydrate / Glucides 56 g</b>	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 5 g	5 %
<b>Protein / Protéines 50 g</b>	
<b>Cholesterol / Cholestérol 110 mg</b>	
<b>Sodium 1760 mg</b>	<b>77 %</b>
Potassium 400 mg	9 %
Calcium 450 mg	35 %
Iron / Fer 5.5 mg	31 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients:** **Fajita Steak:** Sirloin steak, Canola oil, Chili powder (spices and herbs [including chili pepper], salt, dehydrated garlic), Chopped garlic in oil (garlic, water, canola oil, citric acid), Sriracha lime seasoning (dehydrated garlic and onion, spices and herbs, salt, sugar, citric acid, sodium acetate, natural flavour [including extractives of lime], cayenne pepper sauce [aged red cayenne peppers, vinegar, salt, dehydrated garlic], corn maltodextrin, spice extractives, acetic acid, sunflower oil, dehydrated lime peel, vinegar, calcium silicate, silicon dioxide). **Flour Tortilla:** Wheat flour, Water, Canola oil and modified palm oil shortening, Mono- and diglycerides, Salt, Baking powder, Calcium propionate, Rice flour, Sugar, Fumaric acid, Sorbic acid, Cellulose gum, Guar gum, Potassium sorbate, Enzymes (sodium chloride, wheat starch), L-cysteine (vegetable sourced). **Processed Swiss Flavoured Cheese Product:** Cheese (milk, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, lipase), Modified milk ingredients, Water, Sodium citrate and /or disodium phosphate, Salt, Potassium sorbate, Citric acid, Carboxymethyl cellulose, Sugars (glucose solids and/or glucose syrup), Soy lecithin. **Pizza Mozzarella:** Pasteurized milk, Modified milk ingredients, Bacterial culture, Salt, Calcium chloride, Microbial enzyme, Cellulose, Natamycin. **Fajita Vegetables:** Onions, Green peppers, Red peppers, Yellow peppers, Canola oil, Chopped garlic in oil (garlic, water, canola oil, citric acid), Chili powder (spices and herbs (including chili pepper), salt, dehydrated garlic), Black pepper, Salt. **Roasted Mushrooms:** Button mushrooms, Canola oil, Chopped garlic in oil (garlic, water, vegetable oil, citric acid), Salt, Black pepper. **Cajun Dipper:** Light mayo type dressing (water, soybean oil, modified corn starch, vinegar, salt, sugar, frozen egg white, mustard flour, xanthan gum, concentrated lemon juice, potassium sorbate, beta-carotene, calcium disodium EDTA, lactic acid, L-cysteine, paprika oleoresin), Prepared horseradish (horseradish, water, vinegar, vegetable oil, sugar, salt, xanthan gum, seasonings, titanium dioxide, sodium benzoate, sodium metasilphite), Sweet onion dressing (water, sugar, vinegar, canola oil, onions, salt, key lime juice from concentrate [water, lime juice], fried vegetables [red bell peppers, carrots, onions], xanthan gum, seasoning, herbs and spices), Ketchup (tomato paste, liquid sugar, white vinegar, salt, onion powder, spices), Mustard (white vinegar, water, mustard seeds, salt, turmeric, natural flavour, spices), Caesar dressing (canola oil, water, liquid egg yolk, parmesan cheese [milk], dehydrated garlic, concentrated lemon juice, seasonings [mustard], salt, spices, cultured skim milk powder, cured anchovies, skim milk powder, sugars [molasses, glucose-fructose], xanthan gum), Cajun seasoning (spices, salt, garlic powder, onion powder, herbs, vegetable oil, silicon dioxide, natural flavour).

**Contains:** Crustaceans, Egg, Fish, Milk, Mustard, Shellfish, Soy, Sulphites, Wheat.



# KELSEYS<sup>®</sup>

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# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** Steak, Bacon and Swiss Sammy

**SIZE/WEIGHT:** 322 g

**ISSUED:** April 24, 2023

**ITEM ID:** KSWHH-010

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (322 g) pour (322 g)	
<b>Calories 890</b>	<b>% Daily Value*</b> <b>% valeur quotidienne*</b>
<b>Fat / Lipides 56 g</b>	<b>75 %</b>
Saturated / saturés 17 g	
+ Trans / trans 0.2 g	<b>86 %</b>
<b>Carbohydrate / Glucides 60 g</b>	
Fibre / Fibres 3 g	<b>11 %</b>
Sugars / Sucres 4 g	<b>4 %</b>
<b>Protein / Protéines 38 g</b>	
<b>Cholesterol / Cholestérol 90 mg</b>	
<b>Sodium 2340 mg</b>	<b>102 %</b>
Potassium 550 mg	<b>16 %</b>
Calcium 75 mg	<b>6 %</b>
Iron / Fer 5.5 mg	<b>31 %</b>
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Ciabatta Roll:** Unbleached wheat flour, Water, Salt, Yeast, Malted barley flour. **May contain sesame. Marinated Steak:** Sirloin steak, Canola oil, Chili powder (spices and herbs [including chili pepper], salt, dehydrated garlic), Chopped garlic in oil (garlic, water, canola oil, citric acid), Sriracha lime seasoning (dehydrated garlic and onion, spices and herbs, salt, sugar, citric acid, sodium acetate, natural flavour [including extractives of lime], cayenne pepper sauce [aged cayenne red peppers, vinegar, salt, dehydrated garlic], corn maltodextrin, spice extractives, acetic acid, high oleic sunflower oil, dehydrated lime peel, vinegar, calcium silicate, silicon dioxide). **Double Smoked Bacon:** Pork, Water, Salt, Sugar, Applewood smoke flavour, Sodium phosphate, Sodium erythorbate, Sodium nitrite, Smoke. **Processed Swiss Flavoured Cheese Product:** Cheese (milk, modified milk ingredients, salt, bacterial culture, calcium chloride, microbial enzyme, lipase), Modified milk ingredients, Water, Sodium citrate and /or disodium phosphate, Salt, Potassium sorbate, Citric acid, Carboxymethyl cellulose, Sugars (glucose solids and/or glucose syrup), Soy lecithin. **Pesto Aioli:** Light mayo type dressing (water, soybean oil, modified corn starch, vinegar, salt, sugar, frozen egg white, mustard flour, xanthan gum, concentrated lemon juice, potassium sorbate, beta-carotene, calcium disodium EDTA, lactic acid, l-cysteine, paprika oleoresin), Basil pesto (basil, canola oil, romano cheese [pasteurized milk, salt, powdered cellulose, modified milk ingredients, lipase, microbial enzyme, bacterial culture, natamycin], water, parmesan cheese [pasteurized milk, salt, powdered cellulose, modified milk ingredients, lipase, microbial enzyme, bacterial culture, natamycin], garlic in oil [water, chopped garlic, canola oil, citric acid, potassium sorbate], garlic powder, salt, starch, tartrazine, brilliant blue FCF, sunset yellow FCF, citric acid). **Spinach. Tomatoes. Onion Strings:** Onion, Seasoned flour (enriched wheat flour, salt, black pepper). Fried in canola oil.

**Contains:** Barley, Egg, Milk, Mustard, Soy, Wheat.

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# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** Nashville Hot Chicken Sandwich

**SIZE/WEIGHT:** 490 g

**ISSUED:** April 30, 2021

**ITEM ID:** KSWHH-005

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (490 g) pour (490 g)	
<b>Calories 910</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 36 g</b>	<b>48 %</b>
Saturated / saturés 4 g	21 %
+ Trans / trans 0.1 g	
<b>Carbohydrate / Glucides 104 g</b>	
Fibre / Fibres 6 g	21 %
Sugars / Sucres 20 g	20 %
<b>Protein / Protéines 41 g</b>	
<b>Cholesterol / Cholestérol 110 mg</b>	
<b>Sodium 5400 mg</b>	<b>235 %</b>
Potassium 400 mg	9 %
Calcium 175 mg	13 %
Iron / Fer 7 mg	39 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

**Ingredients: Crispy Chicken:** Chicken thigh (boneless skinless chicken thigh, water, salt, white pepper), Seasoned flour (enriched wheat flour, salt, black pepper), Buttermilk (partly skim milk, salt, bacterial culture). Fried in canola oil. **Burger Bun:** Unbleached wheat flour, Water, Liquid whole eggs, Liquid egg-whites, Sunflower oil, Sugar, Salt, Malted barley flour, Yeast. **May contain sesame.** **Coleslaw:** Green cabbage, Red cabbage, Carrot, Sweet onion dressing (water, sugar, vinegar, canola oil, onions, salt, key lime juice from concentrate [water, lime juice], fried vegetables [red bell peppers, carrots, onions], xanthan gum, seasoning, herbs and spices). **Hot Chicken Spice:** Sriracha lime seasoning (dehydrated garlic and onion, spices and herbs, salt, sugar, citric acid, sodium acetate, natural flavour [including extractives of lime], cayenne pepper sauce [aged cayenne red peppers, vinegar, salt, dehydrated garlic], corn maltodextrin, spice extractives, acetic acid, high oleic sunflower oil, dehydrated lime peel, vinegar, calcium silicate, silicon dioxide), Salt, Sugar. **Light Mayo Type Dressing:** Water, Soybean oil, Modified corn starch, Vinegar, Salt, Sugar, Frozen egg white, Mustard flour, Xanthan gum, Concentrated lemon juice, Potassium sorbate, Beta-carotene, Calcium disodium EDTA, Lactic acid, L-Cysteine, Paprika oleoresin. **Pickle Coins:** Cucumbers, Water, Vinegar, Salt, Calcium chloride, Sodium benzoate, Spices, Garlic, Mustard seed, Turmeric, Polysorbate 80.

**Contains:** Barley, Egg, Milk, Mustard, Soy, Wheat.

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# KELSEYS

## TECHNICAL DATA SHEET

**BRAND:** Kelsey's

**RECIPE NAME:** Messy Fish Sandwich

**SIZE/WEIGHT:** 505 g

**ISSUED:** April 30, 2021

**ITEM ID:** KSWHH-004

### NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (505 g)	
pour (505 g)	
<b>Calories 980</b>	% Daily Value*
	% valeur quotidienne*
<b>Fat / Lipides 47 g</b>	63 %
Saturated / saturés 6 g	31 %
+ Trans / trans 0.2 g	
<b>Carbohydrate / Glucides 102 g</b>	
Fibre / Fibres 7 g	25 %
Sugars / Sucres 13 g	13 %
<b>Protein / Protéines 37 g</b>	
<b>Cholesterol / Cholestérol 100 mg</b>	
<b>Sodium 2680 mg</b>	117 %
Potassium 950 mg	28 %
Calcium 75 mg	6 %
Iron / Fer 5.5 mg	31 %
* 5% or less is a little. 15% or more is a lot	
* 5% ou moins c'est peu. 15% ou plus c'est beaucoup	

**Ingredients:** **Crispy Cod:** Cod fillet (fish, water, salt), Seasoned flour (enriched wheat flour, salt, black pepper), House batter (enriched wheat flour, corn starch [sulphites], beer, cajun seasoning [cajun seasoning spices, salt, garlic powder, onion powder, herbs, vegetable oil, silicon dioxide, natural flavour], carbonated water, baking powder). Fried in canola oil. **Salt and Malt Seasoning:** Salt, Corn maltodextrin (sulphites), Sodium diacetate, Sodium acetate, Corn and/or wheat maltodextrin, Citric acid, Malic acid, Spices, Calcium stearate (anti-caking agent), Tricalcium phosphate (MFG aid), High monosaturated vegetable oil (canola and/or sunflower seed oil), Barley malt vinegar powder. **Burger Bun:** Unbleached wheat flour, Water, Liquid whole eggs, Liquid egg-whites, Sunflower oil, Sugar, Salt, Malted barley flour, Yeast. **May contain sesame.** **Coleslaw:** Green cabbage, Red cabbage, Carrot, Sweet onion dressing (water, sugar, vinegar, canola oil, onions, salt, key lime juice from concentrate [water, lime juice], fried vegetables [red bell peppers, carrots, onions], xanthan gum, seasoning, herbs and spices). **Potato Chips:** Potatoes, Vegetable oil (sunflower, corn and/or canola oil), Salt. **Tartar Sauce:** Water, Canola oil, Sugar, Vinegar, Prepared relish (cucumbers, sugar/glucose-fructose, water, white vinegar, salt, dehydrated red peppers, calcium chloride, xanthan gum, sodium benzoate, mustard seeds, natural flavours, tartrazine, sunset yellow FCF, brilliant blue FCF), Onions, Modified corn starch, Frozen yolk mix (egg), Salt, Mustard, Xanthan gum, Sodium benzoate, Spices (contains soybean oil), Garlic powder, Natural flavour, Calcium disodium EDTA. **Butter (Milk).** **Lettuce.** **Lemon.**

**Contains:** Barley, Egg, Fish, Milk, Mustard, Soy, Sulphites, Wheat.

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