



KELSEYS TECHNICAL DATA SHEET MANUAL

Build Your Own Burger

NUTRITION | ALLERGENS | INGREDIENTS

Issued: **Aug 14, 2023**



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's
RECIPE NAME: BYO Burger – Bakery Bun
SIZE/WEIGHT: 80 g
ISSUED: April 30th, 2021
ITEM ID: KBYOB-001

NUTRITION:

Nutrition Facts Valeur nutritive	
Per (80 g) pour (80 g)	
Calories 230	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 3 g	4 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 42 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 3 g	3 %
Protein / Protéines 7 g	
Cholesterol / Cholestérol 15 mg	
Sodium 440 mg	19 %
Potassium 100 mg	2 %
Calcium 0 mg	0 %
Iron / Fer 2.5 mg	14 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Burger Bun: Unbleached wheat flour, Water, Liquid whole eggs, Soybean oil, Liquid egg yolks, Cane sugar, Liquid egg whites, Salt, Cultured wheat flour, Yeast, Malted barley flour, Ground wheat, Lactic acid, Enzymes, Ascorbic acid, Rice flour.
May contain sesame.

Contains: Barley, Egg, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Texas Toast

SIZE/WEIGHT: 84 g

ISSUED: April 24, 2023

ITEM ID: KBYOB-002

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (84 g) pour (84 g)	
Calories 210	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 2 g	3 %
Saturated / saturés 0.5 g	3 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 41 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 2 g	2 %
Protein / Protéines 7 g	
Cholesterol / Cholestérol 0 mg	
Sodium 320 mg	14 %
Potassium 100 mg	2 %
Calcium 75 mg	6 %
Iron / Fer 2.5 mg	14 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Enriched wheat flour, Water, Sugar, Yeast*, Salt, Defatted soy flour, Vegetable oil, Calcium propionate, Sodium stearoyl-2-lactylate, Diacetyl tartaric acid esters of mono- and diglycerides, Vegetable monoglycerides, Sorbic acid, Enzymes, Ascorbic acid, May contain added wheat gluten. *Order may vary. **May contain sesame.**

Contains: Soy, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Gluten Free Bun

SIZE/WEIGHT: 85 g

ISSUED: April 24, 2023

ITEM ID: KBYOB-003

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (85 g)	
pour (85 g)	
Calories 250	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 9 g	12 %
Saturated / saturés 5 g	26 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 39 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 8 g	8 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 0 mg	
Sodium 570 mg	25 %
Potassium 100 mg	2 %
Calcium 30 mg	2 %
Iron / Fer 0.5 mg	3 %
* 5% or less is a little. 15% or more is a lot	
* 5% ou moins c'est peu. 15% ou plus c'est beaucoup	

Ingredients: Gluten Free Bun: Filtered water, Corn starch, Modified corn starch, Sugars (sugar, honey), Tapioca starch, Palm oil, Dried egg white, Distilled monoglycerides, Apple cider vinegar, Yeast, Salt, Rice bran and germ, Pectin, Baking powder, Xanthan gum, Modified cellulose, Guar gum, Enzyme (amylase). **May contain soy.**

Contains: Egg.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Chuck Patties (2)

SIZE/WEIGHT: 152 g

ISSUED: April 30, 2021

ITEM ID: KBYOB-004

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (152 g)	
pour (152 g)	
Calories 420	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 28 g	37 %
Saturated / saturés 12 g	65 %
+ Trans / trans 1 g	
Carbohydrate / Glucides 0 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 43 g	
Cholesterol / Cholestérol 135 mg	
Sodium 115 mg	5 %
Potassium 500 mg	11 %
Calcium 20 mg	2 %
Iron / Fer 3.5 mg	19 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Burger Patty: Beef chuck.

Contains: N/A.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – LightLife Patty

SIZE/WEIGHT: 113 g

ISSUED: April 30, 2021

ITEM ID: KBYOB-005

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (113 g) pour (113 g)	
Calories 250	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 16 g	21 %
Saturated / saturés 5 g	26 %
+ Trans / trans 0.2 g	
Carbohydrate / Glucides 8 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 20 g	
Cholesterol / Cholestérol 0 mg	
Sodium 490 mg	21 %
Potassium 600 mg	18 %
Calcium 20 mg	2 %
Iron / Fer 6.5 mg	36 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: LightLife Patty: Water, Pea protein, Canola oil, Coconut oil, Flavour, Modified cellulose (from plant fibre), Sea salt, Amino acid blend (L-methionine, L-tryptophan), Vinegar, Beet powder, Potassium chloride, Vitamin and mineral blend (niacinamide [vitamin B3], ferric orthophosphate, zinc oxide, D-calcium pantothenate, pyridoxine hydrochloride [vitamin B6], cyanocobalamin [vitamin B12], thiamine hydrochloride [vitamin B1], riboflavin [vitamin B2]), Cane sugar, Cherry powder.

Contains: N/A.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Double Smoked Bacon

SIZE/WEIGHT: 44 g

ISSUED: April 30, 2021

ITEM ID: KBYOB-006

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (44 g) pour (44 g)	
Calories 240	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 21 g	28 %
Saturated / saturés 8 g	41 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 2 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 12 g	
Cholesterol / Cholestérol 40 mg	
Sodium 800 mg	35 %
Potassium 225 mg	5 %
Calcium 10 mg	1 %
Iron / Fer 0.4 mg	2 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Double Smoked Bacon: Pork, Water, Salt, Sugar, Applewood smoke flavour, Sodium phosphate, Sodium erythorbate, Sodium nitrite, Smoke.

Contains: N/A.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Peameal Bacon

SIZE/WEIGHT: 50 g

ISSUED: April 24, 2023

ITEM ID: KBYOB-007

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (50 g)	
pour (50 g)	
Calories 50	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 2 g	3 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 1 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 8 g	
Cholesterol / Cholestérol 20 mg	
Sodium 370 mg	16 %
Potassium 175 mg	4 %
Calcium 0 mg	0 %
Iron / Fer 0.3 mg	2 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Peameal Bacon: Pork, Water, Salt, Sugar, Sodium ascorbate, Sodium erythorbate, Sodium nitrite, Spices, Spice extract, Sodium phosphate, Rolled in cornmeal.

Contains: N/A.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – American Cheese

SIZE/WEIGHT: 16 g

ISSUED: April 24, 2023

ITEM ID: KBYOB-008

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (16 g)	
pour (16 g)	
Calories 50	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 4.5 g	6 %
Saturated / saturés 3 g	16 %
+ Trans / trans 0.2 g	
Carbohydrate / Glucides 1 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 10 mg	
Sodium 240 mg	10 %
Potassium 20 mg	1 %
Calcium 100 mg	8 %
Iron / Fer 0 mg	0 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Processed Cheddar Cheese Product: Cheese (milk, modified milk ingredients, cream, bacterial culture, salt, calcium chloride, rennet and/or microbial enzyme, annatto, lipase), Modified milk ingredients, Water, Sodium citrate and/or sodium phosphate, Sugars (glucose), Skim milk powder, Salt, Acetic acid, Sorbic acid, Soy lecithin, Soybean oil, Carboxymethyl cellulose, Annatto and/or β -apo-8'-carotenal, Citric acid.

Contains: Milk, Soy.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Swiss Cheese Slice

SIZE/WEIGHT: 15 g

ISSUED: April 30, 2021

ITEM ID: KBYOB-009

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (15 g)	
pour (15 g)	
Calories 60	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 4 g	5 %
Saturated / saturés 2.5 g	13 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 0 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 15 mg	
Sodium 35 mg	2 %
Potassium 10 mg	1 %
Calcium 175 mg	13 %
Iron / Fer 0.2 mg	1 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Swiss Cheese: Milk, Salt, Bacterial culture, Microbial enzyme.

Contains: Milk.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Roasted Button Mushrooms

SIZE/WEIGHT: 85 g

ISSUED: October 18, 2022

ITEM ID: KBYOB-010

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (85 g) pour (85 g)	
Calories 70	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 5 g	7 %
Saturated / saturés 0.4 g	
+ Trans / trans 0 g	2 %
Carbohydrate / Glucides 3 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 2 g	2 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 150 mg	7 %
Potassium 250 mg	5 %
Calcium 0 mg	0 %
Iron / Fer 0.4 mg	2 %
* 5% or less is a little , 15% or more is a lot	
* 5% ou moins c'est peu , 15% ou plus c'est beaucoup	

Ingredients: Roasted Mushrooms: Button mushrooms, Canola Oil, Chopped garlic in oil (garlic, water, vegetable oil, citric acid), Salt, Black pepper.

Contains: N/A.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's
RECIPE NAME: BYO Burger – Goat Cheese
SIZE/WEIGHT: 28 g
ISSUED: April 30, 2021
ITEM ID: KBYOB-011

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (28 g) pour (28 g)	
Calories 80	% Daily Value* % valeur quotidienne*
Fat / Lipides 6 g	8 %
Saturated / saturés 4 g	22 %
+ Trans / trans 0.3 g	
Carbohydrate / Glucides 2 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 30 mg	
Sodium 105 mg	5 %
Potassium 10 mg	1 %
Calcium 20 mg	2 %
Iron / Fer 0 mg	0 %
* 5% or less is a little , 15% or more is a lot * 5% ou moins c'est peu , 15% ou plus c'est beaucoup	

Ingredients: Goat Cheese: Pasteurized goat's milk, Salt, Bacterial culture, Microbial enzyme.

Contains: Milk.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Onion Rings

SIZE/WEIGHT: 32 g

ISSUED: April 24, 2023

ITEM ID: KBYOB-012

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (32 g)	
pour (32 g)	
Calories 60	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 2.5 g	3 %
Saturated / saturés 0.2 g	
+ Trans / trans 0 g	1 %
Carbohydrate / Glucides 9 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 140 mg	6 %
Potassium 30 mg	1 %
Calcium 0 mg	0 %
Iron / Fer 0.75 mg	4 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Onion Rings: Onions, Wheat flour, Water, Yellow corn flour, Salt, Sugars (sugar, brown sugar, dextrose), Yeast, Whey powder, Baking powder, Tartrazine, Sunset yellow FCF, Hydrolyzed corn protein, Paprika. Fried in canola oil.

Contains: Milk, Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Onion Strings

SIZE/WEIGHT: 14 g

ISSUED: April 30, 2021

ITEM ID: KBYOB-013

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (14 g) pour (14 g)	
Calories 15	% Daily Value* % valeur quotidienne*
Fat / Lipides 0.3 g	1 %
Saturated / saturés 0 g	
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 3 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 0.4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 75 mg	3 %
Potassium 20 mg	1 %
Calcium 0 mg	0 %
Iron / Fer 0.1 mg	1 %
* 5% or less is a little , 15% or more is a lot * 5% ou moins c'est peu , 15% ou plus c'est beaucoup	

Ingredients: Onion Strings: Onion, Seasoned flour (enriched wheat flour, salt, black pepper). Fried in canola oil.

Contains: Wheat.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's
RECIPE NAME: BYO Burger – Guacamole
SIZE/WEIGHT: 28 g
ISSUED: April 30, 2021
ITEM ID: KBYOB-014

NUTRITION:

Nutrition Facts		
Valeur nutritive		
Per (28 g)		
pour (28 g)		
Calories 60	% Daily Value*	
	% valeur quotidienne*	
Fat / Lipides 3.5 g		5 %
Saturated / saturés 0.5 g		3 %
+ Trans / trans 0 g		
Carbohydrate / Glucides 3 g		
Fibre / Fibres 2 g		7 %
Sugars / Sucres 0 g		0 %
Protein / Protéines 1 g		
Cholesterol / Cholestérol 0 mg		
Sodium 130 mg		6 %
Potassium 125 mg		3 %
Calcium 0 mg		0 %
Iron / Fer 0 mg		0 %
* 5% or less is a little, 15% or more is a lot		
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup		

Ingredients: Guacamole: Hass avocados, Tomato, Onion, Jalapeno, Salt, Cilantro, Sugar, Ascorbic acid, Jalapeno chili powder, Dehydrated garlic, Dehydrated onion, Citric acid, Dehydrated lime juice.

Contains: N/A.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Extra Chuck Patty (1)

SIZE/WEIGHT: 76 g

ISSUED: April 30, 2021

ITEM ID: KBYOB-015

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (76 g) pour (76 g)	
Calories 210	% Daily Value* % valeur quotidienne*
Fat / Lipides 14 g	19 %
Saturated / saturés 6 g	33 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 0 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 21 g	
Cholesterol / Cholestérol 65 mg	
Sodium 60 mg	3 %
Potassium 250 mg	5 %
Calcium 10 mg	1 %
Iron / Fer 1.75 mg	10 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Burger Patty: Beef chuck.

Contains: N/A.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's
RECIPE NAME: BYO Burger – Tomato
SIZE/WEIGHT: 21 g
ISSUED: April 30, 2021
ITEM ID: KBYOB-016

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (21 g) pour (21 g)	
Calories 4	% Daily Value* % valeur quotidienne*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 1 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 0.2 g	
Cholesterol / Cholestérol 0 mg	
Sodium 1 mg	1 %
Potassium 50 mg	1 %
Calcium 0 mg	0 %
Iron / Fer 0.1 mg	1 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Tomato.

Contains: N/A.

ALLERGEN WARNING: FOOD ALLERGY CAUTION- THE SAFETY AND SATISFACTION OF OUR GUESTS IS OUR HIGHEST PRIORITY. ALTHOUGH PRECAUTION IS TAKEN TO MANAGE THE RISK OF ALLERGEN CROSS CONTAMINATION IN OUR KITCHEN, PLEASE BE ADVISED THAT THERE IS A POSSIBILITY OF CROSS CONTAMINATION OCCURRING DURING PREPARATION. THEREFORE, WE CANNOT GUARANTEE THAT A MENU ITEM IS FREE OF PEANUTS, TREE NUTS AND/OR OTHER ALLERGENS.



KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's
RECIPE NAME: BYO Burger – Pickles
SIZE/WEIGHT: 85 g
ISSUED: April 24, 2023
ITEM ID: KBYOB-017

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (85 g) pour (85 g)	
Calories 10	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 2 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 780 mg	34 %
Potassium 125 mg	3 %
Calcium 40 mg	3 %
Iron / Fer 0.2 mg	1 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Pickle Coins: Cucumbers, Water, Vinegar, Salt, Calcium chloride, Sodium benzoate, Spices, Garlic, Mustard seed, Turmeric, Polysorbate 80.

Contains: Mustard.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's
RECIPE NAME: BYO Burger – Onion
SIZE/WEIGHT: 14 g
ISSUED: April 30, 2021
ITEM ID: KBYOB-018

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (14 g) pour (14 g)	
Calories 5	% Daily Value* % valeur quotidienne*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 1 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 0.2 g	
Cholesterol / Cholestérol 0 mg	
Sodium 1 mg	1 %
Potassium 20 mg	1 %
Calcium 0 mg	0 %
Iron / Fer 0 mg	0 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Onion.

Contains: N/A.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Shredded Lettuce

SIZE/WEIGHT: 21 g

ISSUED: April 30, 2021

ITEM ID: KBYOB-019

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (21 g)	
pour (21 g)	
Calories 3	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 1 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 0.2 g	
Cholesterol / Cholestérol 0 mg	
Sodium 2 mg	1 %
Potassium 30 mg	1 %
Calcium 0 mg	0 %
Iron / Fer 0.1 mg	1 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Lettuce.

Contains: N/A.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Light Mayo Type Dressing

SIZE/WEIGHT: 28 g

ISSUED: April 30th, 2021

ITEM ID: KBYOB-020

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (28 g) pour (28 g)	
Calories 80	% Daily Value* % valeur quotidienne*
Fat / Lipides 8 g	11 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 2 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 0.1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 260 mg	11 %
Potassium 10 mg	1 %
Calcium 0 mg	0 %
Iron / Fer 0 mg	0 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Light Mayo Type Dressing: Water, Soybean oil, Modified corn starch, Vinegar, Salt, Sugar, Frozen egg white, Mustard flour, Xanthan gum, Concentrated lemon juice, Potassium sorbate, Beta-carotene, Calcium disodium EDTA, Lactic acid, L-cysteine, Paprika oleoresin.

Contains: Egg, Mustard, Soy.

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KELSEYS

TECHNICAL DATA SHEET

BRAND: Kelsey's

RECIPE NAME: BYO Burger – Special Sauce

SIZE/WEIGHT: 57 g

ISSUED: May 12, 2021

ITEM ID: KBYOB-021

NUTRITION:

Nutrition Facts	
Valeur nutritive	
Per (57 g) pour (57 g)	
Calories 110	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 9 g	12 %
Saturated / saturés 1.5 g	
+ Trans / trans 0 g	8 %
Carbohydrate / Glucides 8 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 5 g	5 %
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 510 mg	22 %
Potassium 50 mg	1 %
Calcium 10 mg	1 %
Iron / Fer 0.2 mg	1 %
* 5% or less is a little, 15% or more is a lot	
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Ingredients: Light Mayo Type Dressing: Water, Soybean oil, Modified corn starch, Vinegar, Salt, Sugar, Frozen egg white, Mustard flour, Xanthan gum, Concentrated lemon juice, Potassium sorbate, Beta-carotene, Calcium disodium EDTA, Lactic acid, L-cysteine, Paprika oleoresin. **Ketchup:** Tomato paste (tomatoes), Liquid sugar, White vinegar, Salt, Onion powder, Spices. **Mustard:** White vinegar, Water, Mustard seeds, Salt, Turmeric, Natural flavour, Spices. **Relish:** Relish stock (cucumber, cabbage, water, salt), Glucose-fructose, White vinegar, Xanthan gum, Guar gum, Sodium benzoate, Potassium sorbate, Alum, Dehydrated red bell peppers, Extractives of turmeric, Tartrazine, Brilliant blue FCF, Natural and artificial flavours, Polysorbate 80.

Contains: Egg, Mustard, Soy.

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