



# The COIN

CENTRAL OFFICE INTERGROUP NEWSLETTER

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## GRATITUDE AS AN ACTION

When I think of gratitude I think of being thankful, like our Thanksgiving Holiday suggests. In sobriety I've learned to be a big fan of the dictionary, especially when studying our book. I'll often look up words I don't know or even words I think I know just to be sure my thoughts match the true definition. So in my dictionary I found this:

Gratitude: the quality or feeling of being grateful or thankful. Grateful: warmly or deeply appreciative of kindness or benefits received.

And so yes, I have gratitude! I am grateful for our program and the people in the fellowship, and because of both of those, for the Higher Power I have in my life! In light of the definitions above, I'm thankful for the kindness extended to me by AA members, today of course, but even more back on the day I walked in the doors feeling like a failure in life. I remember I would often wonder why the people were so nice to me when I was convinced I didn't deserve it, and if they only knew, they'd push me away, like nearly everyone close to me was, saying they had enough of my drinking and disgusting behavior. The AA members wouldn't hear any of it, they'd just say welcome, we're glad you're here and somehow I sensed they meant it. I didn't understand but I am grateful

they did it and that I found a place where I was accepted just as I was.

That makes me grateful for those members before our current older members; after all they were sharing what was given to them. And all the way back to our founding members, had they not unselfishly given their time and energy in love, none of this would have been available to me today. And most especially those earliest members because we have it pretty easy today by comparison, we have the book and literature and central office and so much help, but back then they just prayed and trusted God and tried to give away what they were living each day with no assurance of the future, really living in faith!

So back to the definitions above...being appreciative of benefits received. There is not enough space in this newsletter to describe the benefits of living sober, and I'm sure that's true for so many of our AA membership! The things I have in my life that are so satisfying, which really aren't things but attitudes and qualities of character. Also the things I no longer have in my life, like that miserable all-consuming fear of impending doom. The mountain of resentments and anger that destroyed any chance of peace of mind. And as I let them go they have slowly been replaced with love, joy, peace of mind, good-

ness, faith, so many things that were almost nonexistent before sobriety. I have come to believe and trust in this Higher Power. I am certain that these benefits are gifts from Him and that there is an unlimited supply of them, available to me and anyone on this journey. They continue to come and even increase as long as I continue to live by the principles of the program, our 12 steps. I have also made the greatest discovery, that I am never alone. Even when I am by myself, I can feel the closeness of my Higher Power and it comes in the feeling of being loved and cared for. I'm grateful for all these benefits, which can also be called blessings. I am truly blessed!

And finally I have found that with gratitude comes responsibility. How do I show gratitude for the gift of sobriety and the many included benefits freely given to me? When I am truly grateful I realize that gratitude is more than just a feeling, much more than an attitude of gratitude as we hear, it's a responsibility to live a demonstration of my gratitude. Gratitude at it's fullest becomes action! I have the responsibility to demonstrate that life is worth living and full of joy most of the time, and to try to pass what I've been given to the next person who enters our rooms dying of alcoholism

# THE ACT OF BEING GRATEFUL



“... no matter  
what our own  
personal struggles  
are, we still can  
give back”

Yesterday at my alcoholic and disabled friend's retirement party, she was asked to say three things about her work there that had been the most valuable to her, and she said, in brief ~ 'I grew, I helped people if even in only a small way, and I saw many of you get well'. After she opened her cards and we shared her cake, a bewildered homeless man played Beethoven's 'moonlight sonata' on the piano in the corner. Who could know music like this still resided in his soul? Everyone was still while he played. I know I'll never again hear the piano played so beautifully.

My friend has worked as a volunteer at this facility for eight years, sometimes

taking two buses to get there, waiting in the rain or the sun, even though she herself, wheelchair bound, struggles daily with her own physical and emotional disabilities. Seeing how she copes with her life tells me, as nothing else has, that no matter what our own personal struggles are, we still can give back ~ we can still be helpful and useful and necessary.

It smelled awful in there ~ cigarette smoke wafting in from outside, old cooking odors, people smells . . . after a while though I didn't notice it. Maybe something in me changed a little. These rooms were clean and supplied with ample food, music and television, a billiards table, many comfy sofas ~ and crowded with

folks who may not have known where they were.

The staff, doctors and social workers, were open and friendly and helpful, and I could see on their faces, as they sat down for a minute and listened to the piano, the sadness they felt for all these lives that had started out just as promising as anyone else's and then alcoholism, and/or schizophrenia ~ struck them down.

I'm counting my blessings and saying prayers of gratitude for all who dedicate so much of their lives and hearts to needy and suffering people ~ and for what I learned from each of them that day.

Sydney F, Santa Clara



## AA Thought for the Day

(courtesy AAOnline.net)

I am grateful not only for sobriety,  
but for the quality of life my sobriety has brought.  
God has been gracious enough to give me sober days  
and a life blessed with peace and contentment, as well as the  
ability to give and receive love, and the opportunity to serve others --  
in our Fellowship, my family and my community.

© 1990 AAWS, *Daily Reflections*, p. 93

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Contributions from AA members are welcome and will be printed as space allows. Submissions can be sent via email to [office@asanjose.org](mailto:office@asanjose.org), or should be typed or neatly handwritten. The editors reserve the right to edit content for length, clarity, and relation to AA Traditions. All material, including announcements, should be submitted by the 20<sup>th</sup> of the month prior to publication.

## KEYS OF THE KINGDOM—GRATITUDE



When I  
entered the  
rooms of  
Alcoholics  
Anonymous

19 years ago in San Francisco, I heard people say they were grateful to be sober and that they had cultivated an attitude of gratitude. At that time, gratitude was a seriously baffling term and I wondered how anyone could be grateful not to be drinking.

My journey into sobriety has been filled with the myriad circumstances that life presents — upset, loss of loved ones, pain and incredible joy. But, through it all, I have learned to be grateful for each and every situation that arises on a daily basis, and that a drink is never going to make things better. In fact, my first sponsor said that our character defects and painful situations bring us closer to our higher power.

At the end of my first meeting people held hands and said the Lord's Prayer which I had never heard before. Just listening to it, however, made me feel safe and that I finally was in the right place for the first time in my life. A woman with a few years of sobriety took me to coffee that night and introduced me to the Big Book and told me about the definition of sobriety. She also suggested some meetings for me to check out in Los Angeles as I was moving there three days later which was daunting, to say the least.

I soon found my first sponsor in LA who gave me much needed direction,

told me I needed to change everything about myself and suggested that I start to act my way into right thinking. She immediately got me into action by working the Steps and lovingly encouraged me to get as many commitments as possible, which I did. A little later once I realized that my experience, strength and hope could be of actual benefit to others, I volunteered for numerous Hospitals & Institutions commitments which I found very satisfying and instilled in me a sense of purpose. Little did I know then I had already started to trudge the road of happy destiny.

Early on I was also taught to sit quietly for a few minutes each morning and write down at least five things that I was thankful for and to read the 3rd Step and 7th Step prayers and the Just for Today card. I was also encouraged to journal as well as write on a particular Step or Tradition. At first I found sitting quietly challenging but over time I started adding more "gratitudes" to my list and continued to write down inspiring passages from the Big Book and other AA literature, and started to read from the Daily Reflections. This became my daily "prayer" sheet and a morning routine I continue to use. I also started meditating. It was through this foundation that I started to connect with my higher power on a daily, all-day basis.

Gratitude comes from many sources. Going to meetings and hearing others share their stories and how they walk through incredible situations, many of them painful, without drinking, gave me encouragement that I too could stay sober a day at a time, no matter what. Working the Steps and

Traditions, and coming to understand the spiritual tenets of the program — and my inherent responsibility to pass on what has so freely been passed on to me -- makes me grateful for the relationships I'm able to enjoy today that are based on honesty, and trust.

I realize today that I am one of the fortunate members of Alcoholics Anonymous who after walking into my first AA meeting, the night after I heard voices in my head telling me the booze was killing me, that I've never had to have another drink. The obsession was truly lifted ~ just for today.

In the Big Book chapter called the "Keys to the Kingdom" there is a beautiful passage that talks about gratitude: "Now there is a sense of belonging, of being wanted and needed and loved. In return for a bottle and a hangover, we have been given the Keys of the Kingdom." This summarizes my gratitude to AA for giving me a life beyond my wildest dreams.

Vicky GC, San Jose

*"Now there is a sense  
of belonging, of being  
wanted and needed  
and loved. In return  
for a bottle and a  
hangover, we have  
been given the Keys  
of the Kingdom."*

### FYI Central Office Closed

Thanksgiving Holidays  
Thurs, Nov 27,  
Friday, Nov 28

Christmas Holidays  
Dec. 25, Dec. 26

New Year Holidays  
Dec. 29, Jan 1, Jan 2





## GRATITUDE IN ACTION

I have heard in AA that a grateful heart won't drink. So how do I get a grateful heart? How do I change my character defect of negative thinking? Early on I learned a very powerful tool and that tool is writing a gratitude list. If I sit down and write down several things that I am grateful for my focus is on what is working. It seems for me that what I focus on becomes greater. If I focus on what's not working my problems start to snowball. It is not until I humbly accept that I need to ask for help in the face of adversity that things change. If I put my attention on the positive things either by talking to someone or journaling something happens. This simple act gives room for changes and alternatives from

something greater than myself. Some may call these coincidences although I call them miracles.

The fact for me is that gratitude can only be experienced in the present moment. With true gratitude I can find peace today instead of planning on being happy when conditions are to my liking. It seems as though when I strive for satisfaction, when I pursue to be right I am often trading that for being happy. It's just less painful to be accepting of the present situation and then I have a place to grow from. This requires a genuine humility and a new level of honesty on my part. Today I am happy to be sober and to have a "program for living" that truly works.

Gratitude is also an action

word. Today I am happy to be of service. I sponsor several men and find that giving away what has been given to me keeps me in an "Attitude of Gratitude". Watching others grow and become engaged in their own lives is rewarding. I am amazed at the life sobriety has given me. I am in awe of others who are new in their recovery and those that came before me. It is truly the twelfth step work that builds the foundation, brick by brick, of my new life. A life reawakened by the fellowship of Alcoholics Anonymous.

Bill W.

## GIFTS OF THE PROGRAM

I just found out that my mother had a seizure last night. She is in the hospital having tests to determine the cause. My sister gave me the news. She was in tears. I called the hospital and was able to talk with my step-father and offer my support. My sobriety date is February 3, 1994. I haven't had to take a drink today.

There are so many gifts that are a result of working the program of Alcoholics Anonymous. The most precious gift in my life is the gift of sobriety. I have found that from this gift many more blessings flow. I used to hate my mother for all of the broken bones and emotional abuse that I went through. My sister and I couldn't be in the

same room without literally trying to rip each other's hair out. As a result of working the steps I have found my part in these conflicts and made my amends. Acts of forgiveness and service have built stronger relationships within my family — a family I moved 3,000 miles to get away from while I was still drinking.

Instead of taking a drink right now I have other alternatives that spring from the gift of sobriety. I can pray for my mother's health, for my acceptance of God's will, for strength and support. I can look for information and make phone calls to help ease my sister's suffering. I get to process the fact that my sister's greatest fear when my step-dad called (he couldn't even

speak for several minutes because he was crying so much) was that she thought I had died. Imagine that...we had not been close for years. I can ask for help, I can keep from adding more stress to the situation, I can stay in the moment, and I can find many things to be grateful for.

I have had and lost many material things while I have been sober. I have lost friends and family members, gained and lost employment, been married and divorced. The thing that still amazes me most is living one day; living it sober and having the chance to be a part of all that life has to offer.

*The most precious gift in my life is the gift of sobriety.*

## GRATEFUL RECOVERING ALCOHOLIC

Standing on a sunlit street one late fall afternoon, I complained to a friend about my miserable state of mind since giving up a twenty-one year obsession with alcohol. While I understood drinking was no longer an option for me, I did not have a sufficient substitute in hand. Without alcohol, life's chores became burdensome in my mind. How would I get through the next 10, 20 or 30 years without the means to 'check out?' My friend chuckled at my melodrama and told me I needed to get into gratitude as soon as possible. She took me to my first meeting a few weeks later where I was overwhelmed to find a group of people living without alcohol and who were apparently grateful for it. 'How could anyone be grateful for this destructive disease?' I wondered.

In the following weeks a new friend in the program told me she

wrote down five things each day for which she was grateful and how useful a task it had become. Curious, I tried making a simple list each night writing down anything, no matter how small, which had given me a lift that day. I noted time left on a parking meter, and my daughter's eyes watching me prepare dinner, and shared laughter or tears at a meeting. As the weeks passed, I began to see that every day contained multiple gifts: the welcoming smile of a friend, the warmth of a hug, the opportunity to pass good news along to a stranger, the use of my senses, the health and blessing of my family. Everything I had selfishly taken for granted could be seen instead as a daily miracle.

With fresh eyes I began to practice living my life with gratitude. The realization of all I had overlooked while mired in drink or

despair caused me to feel humble for what I had missed. God, Himself, could have been standing at the corner waiting to greet me and He would have gone unrecognized. Now I try to look for and to find my Higher Power everywhere.

When I practice gratitude I move from a place of self-pity and poorly met expectations to a place of joy and appreciation. Even hum-drum checklists of chores become singular moments of grace when I am in a grateful state of mind. And this way of being keeps me present, open and available to my life and to the people in it. And this new found understanding let's me humbly say, I am a grateful recovering alcoholic.

-Anonymous

"Everything I had selfishly taken for granted could be seen instead as a daily miracle."

## MY NAME IS TERRY, AND I AM AN ALCOHOLIC

My name is Terry, and I am an alcoholic. In April 1988 I had no idea what this statement meant, let alone what a new life it would introduce to me.

When I first choked out these words at a meeting, I was not sure it was true. Denial was my way of life. I said it only because everyone else in the room did, but my mind was thinking something else.

My life had come to a cross-roads: get sober or lose my family, house, etc. Why was it that I could not stop? What was that panicky feeling of going a day without any mind-altering substances? Who ends up in AA? Why do people keep coming back to meetings? Why do they care about me? What do they want from me? Are these people really telling the truth? My questions were endless, making it difficult to concentrate on what was being said at the meetings. At each meeting the Twelve Tradi-

tions and the Twelve Steps were read aloud and hung on the walls. Why? Was everyone just a little slow?

Once in awhile someone would ask me to say something. Of course I was not honest about how I was feeling. I was scared and distant.

Somehow I would make yet another day without a drink. So I would go to another meeting because I knew for that hour I would not drink. Days began to add up and I got a 30-day chip! Who knew I even wanted one?

Slowly I began to trust some of the members. I went to the same meetings every week. Slowly AAers would tell me what to do next: get a sponsor, read the book, go to meetings, and do not drink between meetings. Wow! A 60-day chip! Who knew I even wanted one?

At each milestone I was amazed that I did not have to take a drink, in turn keeping me coming back to

get the next chip. People clapped because I didn't drink!

Before long I was able to get a sponsor and begin a journey that I never knew existed. I was able to look at myself with some truth and humility. I worked at finding a higher power because I wanted a spiritual experience. I was following directions and staying sober along the way. The following year, on April 29, 1989, I was celebrating one year of sobriety.

With the AA program and its fellowship, I started adding years of sober living. Every April I am amazed that another year has passed without a drink, and I am grateful.

This year on April 29th, I am proud to say I am celebrating 20-years of sobriety, one day at a time.

Terry L.





## THE FELLOWSHIP CELEBRATES GRATITUDE MONTH

“Gratitude should go forward, rather than backward,” wrote Bill W. in a 1959 letter. “In other words, if you carry the message to others, you will be making the best possible repayment for the help given you.” For many A.A.s, these words, especially when combined with the quote referenced throughout the Big Book that “Faith without works is dead,” serve as a sure-fire recipe for love and service.

Gratitude is an integral part of sobriety—both on an individual and a group level—and for over 50 years the Fellowship has officially focused on gratitude in the month of November. This began in 1956 when the Sixth General Service Conference approved a motion asking the General Service Office to designate Thanksgiving Week each year as “A.A. Gratitude Week.”

Grateful for the sobriety they’ve been given and eager to pass it on, countless A.A. groups use the month of November to open the door of gratitude ever wider. Many groups hold traditions meetings or topic meetings focused on gratitude. Many hold Gratitude Dinners, combining home cooked meals with A.A. speaker meetings and fellowship, renting halls, selling tickets for the meal, and sending any proceeds raised to the General Service Office or their local intergroup/central office. On a personal level, many A.A. members are busier than ever, reaching out to Loners, people with special needs,

members of minority groups and previously unreached alcoholics, finding their own special ways to say thank you during Gratitude Month and, indeed, all year long.

Some groups like to take time in November to focus on A.A. history and remembering the vital strands of spiritual influence, information and help that A.A.’s nonalcoholic friends brought to the Fellowship in its early years—help and influence that they continue to provide today. By holding Big Book meetings and meetings centered on A.A. history, or having a group video night showing “Markings On the Journey,” A.A.’s critical legacy of service can be nurtured and expanded, giving newcomers a sense of connection to the Fellowship’s illustrious past.

A couple of Canadian members recently came up with an innovative way to celebrate Gratitude Month (which is October in Canada), suggesting contributing the price of a bottle of beer for each year of their sobriety in order to buy subscriptions to the Grapevine for local institutions. “Many members thought it was a good idea,” wrote Jack S. of Sault Ste. Marie, “because when they were incarcerated the Grapevines they received helped to keep them sober.” At least twenty members, from two months to forty three years sober, donated money toward this goal and Jack was happy to report “we collected enough money for ten three-year subscriptions to the local institu-

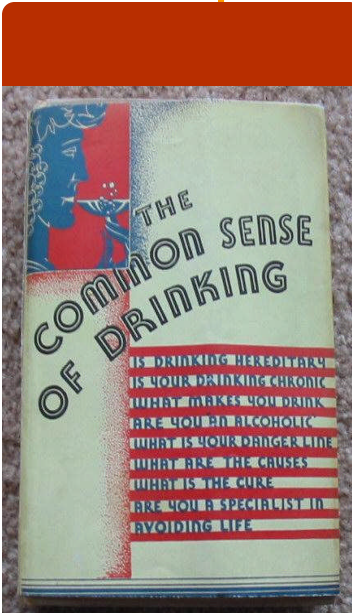
tions in Ontario, Canada.”

Gratitude can be expressed through actions big and small, and some A.A.s find November to be a good time simply to invite a sponsor or sponsee to lunch, or to reach out to old-timers and out-of-towners who show up at their home group meetings. As noted in the essay on Step Twelve in Twelve Steps and Twelve Traditions, “We sit in A.A. meetings and listen, not only to receive something ourselves, but to give the reassurance and support which our presence can bring. If our turn comes to speak at a meeting, we again try to carry A.A.’s message. Whether our audience is one or many, it is still Twelfth Step work.”

Gratitude. It serves us best when it’s kept alive, in our individual lives and in our group conscience. A.A. is a program of action and while gratitude can’t possibly be confined to a single week, a particular month, or even a given year, a special investment of gratitude during November will often bring a full return. “I try to hold fast to the truth that a full and thankful heart cannot entertain great conceits,” wrote Bill W. in a March 1962 Grapevine article. “When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion that we can ever know.”

*A couple of Canadian members recently came up with an innovative way to celebrate Gratitude Month (which is October in Canada), suggesting contributing the price of a bottle of beer for each year of their sobriety in order to buy subscriptions to the Grapevine for local institutions*

# Archives

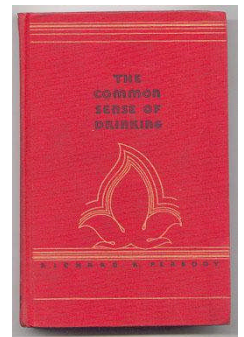


that he was correct. It is said that he died drunk. Peabody's

One of the books that Bill W. used as a reference when writing the Big Book was a book called "Common Sense of Drinking" by Richard Peabody. The main theme of that book was "once an Alcoholic always an Alcoholic." Peabody was involved in the treatment of alcoholics for seven years. During that time he remained sober. After he discontinued the treatment program he started drinking and proved

treatment was centered around: 1. surrender, 2. deflation at depth, 3. removal of doubts and anxieties, 3. control of thoughts, 4. control of will power, 5. self expression. Here are a few things from Peabody's book that Bill used, "Half measures were of no avail..." p99, "Once a drunkard always a drunkard" p82, "The story of a retired Businessman..." p123. As fate would have it, Richard Peabody trained at the Officers Training Camp at Plattsburg, New

York at the same time that Bill W. trained there. Both were commissioned as Second Lieutenants in the Artillery.



## FIRST CLOSED MEN'S MEETING



On November 10, 1949, the Willow Glen Group was formed by Harvie W., Frank K., and George R. It was originally a closed men's group which grew quickly. Early in 1950 it moved to the American Legion Hall Post 318 on Isabel Drive in Willow Glen. In 1953 it became an open meeting, changing the name to the Willow Glen Group

## TRINITY GROUP



The Trinity Group held their first meeting on November 9, 1946, at Trinity Episcopal Church on the corner of 2<sup>nd</sup> and St. John. It was originally called the Saturday Night Group and was open to family and friends of the alcoholic. Non-alcoholic family members had been allowed to attend another group called the Monday Night Group until sometime in 1946, at which time some members of that group decided that they wanted a closed meeting so they formed the Trinity Group.

## NO GRATITUDE—RATHER COMPLAIN

*“For some reason, I’ve always wanted people to feel sorry for me.”*

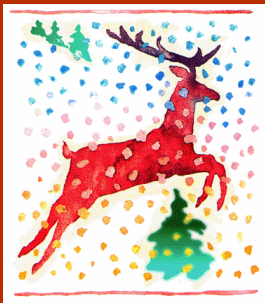
I don't feel like writing about gratitude. I'd rather complain. Like: here's a list of what I don't have, what I don't like, what's not right with my life, etc. For some reason, I've always wanted people to feel sorry for me. Maybe if they did, they'd want to do more things for me. But then I think, if I did that, I'd sound like my own child. Plus, what good would it really do? If other people did feel sorry for me, does that really help me? So the program tells me to grow up. Make a gratitude list. Get out of myself. When I do make a gratitude list, it starts out with very basic things: I can breathe. I can see. I have two eyes, and there-

fore can perceive 3 dimensions. I have two ears, and therefore can tell the direction sounds come. My heart still beats, without my doing anything about it. I can swallow food and digest it. I can taste it and enjoy it. I can walk, I can even run. I have two arms and can drive a car. I have a car. I have more than one car. I have an immune system. I heal from viruses. I have talents and skills. I have a sense of humor. I have an education. My 401(k) is only down 33%. I have a 401(k). I have a job. When I haven't had a job, I've been able to find a job. I can stay sober a day at a time. I've been able to do that for over 16 years. I have a Higher Power.

That Higher Power gives me the willingness to keep coming to A.A. And A.A. keeps reminding me of what I am. Just another human who has a spiritual and physical disease that responds to treatment. Which reminds me of what I'm most grateful for: there is a treatment for alcoholism, and I'm in it.

-Peter L., Milpitas

## Get a Jump on the Holidays



Overheard at a “Meeting after the Meeting”: “When they published the 3rd edition Big Book, they dropped my favorite story: ‘Annie the Cop Fighter.’” “I had the same thing happen. One of my favorites from the 3rd edition, ‘Home Brewmeister’ did not make it into the 4th edition.” “I wonder what the stories were like in the 1st edition? I guess we will never know because I hear that if you ever find a 1st edition Big Book for sale the price would be prohibitive.”

One of the best kept secrets regarding A.A. Conference-approved literature is **Experience, Strength & Hope**, an anthology of stories from the first three editions. “Annie the Cop Fighter” is there. So is “Home Brewmeister,” as well as 53 other stories from the 1st, 2nd, and 3rd editions, which were dropped along the way. **Experience, Strength & Hope** is a series of snapshots of A.A. history. The Big Book was originally published in 1939, thus many of the early A.A. members were born in the 19th century and stories span World War I, Prohibition, the Depression, as well as World War II. It is probably a pretty good guess that a lot of members in your home group do not know about it—maybe even your sponsor or sponsees do not know of it. In the interest of reducing inventory **Experience, Strength & Hope** is available at Central Office for \$9.00.



# GRATITUDE

Before I arrived at AA, I constantly needed to control my life and all the outcomes that occurred to me on a daily basis, while my life was completely out of control because of my drinking. My need to drink alcohol (in whatever form; you name it, I drank it.) had me spiraling down and down at an ever increasingly rate. I had gone from having a prospering self-made business to not being able to pay any of my bills, having my car repossessed and being evicted from first one home and then another, all of this taking place over a relatively short 5 or 6 years. All the while I had enough money in the bank to pay for just about anything, but was afraid to spend any of it for fear of running out.

Learning how to "let go and let a god, first, then let The God of my understanding" run the show so to speak, has literally given me a new life, a life that I could never have dreamed of before I found the program of Alcoholics Anonymous. And it didn't come to me easily; it has taken me the better part of my first decade of sobriety to really feel and to know the presence of

a higher power in my life, One who only wants the best for me. The God of my understanding has brought me to a place where today I feel that I can touch this Power with a simple mantra such as "all is well, and all is well in all manner of things, all is well." This is just one of the mantras that my significant other and I live by today. Today I'm not afraid of the month of March, as I used to be, the month of my natal birthday that seemed to always bring me "bad luck." (Besides, how can one be afraid of a month anyway... it's only an abstract concept of a span of time. But I was.)

Today I believe in and have the miraculous evidence that if I become aware of the "lessons" God puts at my feet, then I get a chance to grow and mature and live a life full of love. This is a love that brings me friendships I never had or even thought I deserved. My life is not full of "... terror, bewilderment, frustration and despair..." as it once was. Today I am **really** aware of others showing concern for me and my well being. Today I am aware that I have a God

who literally watches over me, One who brings me safely through this war zone in which we live and offers me my health [something I have prayed for all my life, and today am aware of having] and an absolutely wonderfully loving person that I could only have dreamed of before I arrived at sobriety's door a little more than 18 years ago.

Thank you God for my life today ... albeit I am fully aware that all of what I have is just available a day at a time. I have no contract that promises me a "perfect life" for the rest of my life, just one for today.

I do get to look forward to another one, and another and another, 'cause you have promised me that, if I stay sober, pray and love others.

It's not all about me these days ... the prayer of St Francis reminds me that the only way I can have a wonderful sober life, is to give it away ... so it's really all about you...

Brian M, Santa Clara

*"Today I am really aware of others showing concern for me and my well being."*

Alcoholics Anonymous ... How may we help you?



## From one of our diverter workers:

I was answering the hot line last Tuesday and got a call from a young man looking for meetings. This is how the conversation went:

Me: "Hello, this is Alcoholics Anonymous. How may I help you?"

Him: "A judge told me I have to go to some of your 'classes' and I need to know where they are held".

Me: "How many meetings do you have to attend?"

Him: "I have to go to three a week for six months."

Me: "That's a little over 70 meetings."

Him: "Wow! That's a lot more than I thought."

Me: "It won't be too bad. I have been doing that for over 22 years."

Him: "Damn, what did you do?"

# Birthdays Contributions

Laila M.	32	Mary Pat P.	09/03/1976
George F.	20	Anonymous	09/13/1988
Doug G.	21		10/03/1987
Gordon R.	41		10/10/1967
Fran H.	28	Pat C., Mary Pat P.	10/15/1980
Marty S.	32		10/16/1976
Neale S.	33	Mary Pat P.	10/16/1975
James D.	6	Pat C,	10/18/2002
Mel R.	23	Mary Pat P.	10/26/1985
Kurt E.	1	The Colonel & Pat C.	10/27/2007
Rose W.	32	Anonymous, Pat C.	10/31/08



**HAPPY BIRTHDAY**  
For a total of  
**269 YEARS OF SOBRIETY**

If you would like to participate or honor a friend, please use  
the birthday forms at your Meeting or Central Office.



Alcoholics  
Anonymous . . .  
How may we help you?



### *Telephone Calls Received During May*

Daytime at Central Office 509  
Daytime 12 Step Calls 12  
Evening and Weekend calls 289  
Evening 12 Step Call information is not available.

**WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP,  
I WANT THE HAND OF A.A. ALWAYS TO BE THERE.  
AND FOR THAT: I AM RESPONSIBLE.**

Groups contributing to your Central Office make it possible to provide telephone service and coverage so that someone is always available to the caller in need. We also have a listing in the white and yellow pages of the phone books for all the cities in Santa Clara County.  
**WE THANK YOU!**

## **SPEAKER MEETINGS**

### **Weekender Speaker Meeting**

Sundays at 6 p.m.

Good Shepherd Lutheran Church  
1735 Hecker Pass Road, Gilroy

### **Grapevine Speakers Meeting**

Fridays at 8 p.m.

Presbyterian Church  
San Tomas & Homestead, Santa Clara

### **Second Tradition Group of AA**

Saturdays at 8 p.m.

Lincoln Glen Church, 2700 Booksin Ave, San Jose

### **Saturday Night Speakers—8 p.m.**

Alano Club of San Jose  
1122 Fair Avenue, San Jose

### **Remember We Deal With Alcohol**

Saturdays at 8 p.m.

St. Mark's Church  
1957 Pruneridge Ave., Santa Clara

### **Saturday Nite Live Group**

Fridays at 8 p.m.

1388 S. Bascom at Stokes, San Jose

### **Speaker Meeting—VA Hospital**

Sunday at 11:15 a.m.

3801 Miranda Ave., Palo Alto

### **Saturday Morning Fellowship**

Saturday at 10 a.m.

United Presbyterian Church  
Fremont & Hollenbeck, Sunnyvale

## **MEETING CHANGES**

### **Deleted**

Road to Recovery, Sun., 8:00PM, Alano Club of San Jose  
Mad Hatters, Tues., noon, Saratoga  
All meetings at Mid-Peninsula Alano Club, Mountain View, have been deleted. The Club is closed.  
3rd Tradition Meeting, Mon., 8:00PM, Kaiser Santa Clara  
Noon Meeting, Tues., Thurs., Fri., Denny's at First & Alma

### **Changed**

Big Book Men's Group, formerly Big Book & Donuts, now meeting at Whole Foods, 4000 El Camino Real, Los Altos, Tues., 7:00AM  
10th Step Meeting, now at 6:00PM, 651 Broadway, Gilroy  
Entire Abstinence, Monday, 8:00PM, moved to Meterrainian Apts., 550 Kiely Blvd, The Club House.  
Sober Thoughts, Wed., noon, Oak Grove Baptist Church, changed to Almaden Hills United Methodist Church, 1200 Blossom Hill Rd.  
Big Book Highlighter, Mon., changed to 6:00PM, Forged From Adversity Group, Sunnyvale  
Early Monday Night, Mon. 7:00PM, address change to 1611 Stanford Ave., Palo Alto  
California Ave. Supper Club, Thurs, 6:00PM, address change to 1611 Stanford Ave., Palo Alto  
Design for Living, Tues., 6:00PM, San Jose, time changed to 8:00PM

### **New**

Came to Believe, Thurs., 12:00PM, 7787 Monterey St., Gilroy  
Meeting 23, Tues., 6:00PM, 210 San Jose Ave., #12  
Walk Through the Big Book, Tues., 6:00PM, 2000 Monterey Rd., Community Room  
No Hurry Big Book Study, Friday, 6:00PM, 7787 Monterey St., Gilroy  
Friday Friends, Friday, noon, 7787 Monterey St., Gilroy  
Daily Reflections, Wed., 10:00AM, South County Fellowship, 18675 Adams Ct., Morgan Hill  
Noon Nooners, Mon., noon, Mission Oaks Hospital, Los Gatos  
Natural High, Mon. 2:00PM, Downtown Alano Club, 99 W. Almaden  
Saturday's Reflections, Sat., 9:00AM, Morgan Hill United Methodist Church, 17175 Monterey St., Morgan Hill  
University Beginners, Wed. 5:00PM, University of Santa Clara, 500 El Camino Real, Benson 11

## **IN MEMORIAM**

**John D. 26 years**

# December 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 <i>PI Comm.</i> 6:00PM <i>Outreach Comm.</i> Mtg. 6:15PM <i>Intergroup Meeting</i> 8:00PM	4	5	6 <i>Secretary's Workshop</i> 10:00AM Central Office
7	8	9	10 <i>North County General Service</i> 7:30PM	11	12	13 <i>PI/CPC Workshop</i> , 10:00AM Central Office
14	15	16 <i>South County General Service</i> 7:00PM	17	18	19	20 <i>Archives Work Day</i> 10:00AM Central Office
21	22	23 <i>H &amp; I Meeting</i> 7:00PM	24	25 <i>Central Office Closed</i>	26 <i>Central Office Closed</i>	27 <i>Central Office Closed</i>
28	29	30	31			

## LOCAL EVENTS

March 6-8: **PRAASA**, Oakland, CA. This is the PACIFIC REGION OF ALCOHOLICS ANONYMOUS SERVICE ASSEMBLY, and we're calling it "local" because we need lots of you to volunteer. Call Central Office.

## EVENTS AROUND CALIFORNIA

Nov. 21-23: "Serenity in Yosemite", Yosemite National Park, CA

March 12-15: 37th Annual ACYPAA Round-up, Irvine, CA

## EVENTS AROUND THE COUNTRY

Nov. 27-30: Sober Fun In The Sun, Las Vegas, NV

Dec. 31-Jan. 2: WACYPAA, Reno, NV

Jan. 8-11: 19th Annual River Roundup, Laughlin, NV

Feb. 12-15: 45 International Women's Conference, Salt Lake City, UT

## THANKSGIVING ALCATHONS

Midnight Wednesday, Nov. 26 through midnight Thanksgiving Day, Nov. 27 - Marathon meetings will be held at SATURDAY NITE LIVE, 1388 Bascom Ave., at Stokes, San Jose.

*Other groups may be having alcathons, but we haven't yet heard of them.*

*Call Central Office at 408-374-8511 for more up-to-date info.*

# Intergroup Minutes

SANTA CLARA COUNTY INTERGROUP COUNCIL

## MINUTES MONTHLY MEETING

October 1, 2008

- Bill D., Intergroup Chairperson, opened the meeting at 8:00 pm, followed by a Moment of Silence and the Serenity Prayer.
- Rena read the short Definition of Intergroup.
- There were 38 voting representatives and 23 visitors in attendance.
- Chris P. read the Twelve Traditions.
- No corrections to the Agenda
- No corrections to the previous month's minutes.
- Intergroup Council Treasurer's Report: Chuck G.
 

Beginning Balance:	9/03/08	\$90.00	Prudent Reserve \$300.00
Contributions	9/03/08	\$86.00	
Refreshments	9/03/08	\$32.00	
Rent for 4 <sup>th</sup> Quarter	9/03/08	\$90.00	
Balance	9/03/08	\$54.00	Prudent Reserve \$300.00
- Birthdays: Shirley 22 yrs; Audrey 27 yrs; Steve 3 yrs
- Announcements:

*Chris:* Intergroup will need a new clean-up person starting in December. Intergroup would like to thank Chris for doing service for this group.

*Peter:* 3<sup>rd</sup> Saturday, diverter spot available

*Tom:* SNL dance, October 18<sup>th</sup>.

**Reports:** NO reports given due to Intergroup Elections.

UNFINISHED BUSINESS: None

NEW BUSINESS: Election of Intergroup Chair, Alternate Chair, Board Members – Ross Johnson

Election results:

Intergroup Chair: Mary Pat P.

Alt. Intergroup Chair: Paula L.

Board Members (3)  
Doug G.  
Marie M.  
Mike D.

OPEN FORUM: None

With no further business, the meeting was adjourned at 8:55 pm

Respectfully submitted,  
Kathy H.



SANTA CLARA COUNTY INTERGROUP COUNCIL

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NEW BUSINESS: Election of Intergroup Chair, Alternate Chair, Board Members – Ross Johnson

Election results:

Intergroup Chair:	Mary Pat P.
Alt. Intergroup Chair:	Paula L.
Board Members (3)	Doug G. Marie M. Mike D.

OPEN FORUM: None

With no further business, the meeting was adjourned at 8:55 pm

Respectfully submitted,  
Kathy H.

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Profit & Loss

October 2008

	Oct 08	Oct 07	Jan - Oct 08
Ordinary Income/Expense			
Income			
3030 • Contributions-General	14,376.03	8,757.98	114,803.17
8010 • Literature Sales	3,582.53	4,496.01	48,485.23
8020 • Meeting Guide Sales	1,375.50	1,283.50	10,697.76
8060 • Newsletter Subscriptions	30.00	45.00	155.00
Total Income	19,364.06	14,582.49	174,141.16
Cost of Goods Sold			
5000 • Cost of Goods Sold			
5100 • Cost of Inventory Sold	2,888.44	3,308.75	34,453.09
5150 • Cost of Meeting Directories	598.58	336.61	3,690.07
Total 5000 • Cost of Goods Sold	3,487.02	3,645.36	38,143.16
Total COGS	3,487.02	3,645.36	38,143.16
Gross Profit	15,877.04	10,937.13	135,998.00
Expense			
6010 • Alarm Service	177.00	177.00	708.00
6030 • Accounting and Legal Fee	420.59	431.52	3,342.04
6060 • Amortization of Improvements	0.00	0.00	9.75
6070 • Bank Credit card charges (Credit card costs and fees)	118.37	115.61	878.17
6140 • Conferences - Office Manager	45.60	421.42	1,740.00
6150 • Unity Day Expense	0.00	0.00	670.00
6160 • Copier Expense	0.00	158.87	1,210.04
6190 • Depreciation Expense	0.00	0.00	4,298.00
6220 • Insurance - Worker Compensation	0.00	0.00	451.70
6230 • Insurance - General Liability	132.00	132.00	1,401.75
6240 • Employee HRA Plan	669.79	708.37	7,397.90
6245 • Internet Access Charges	19.95	19.95	201.36
6330 • Office Expense	398.68	157.72	5,775.78
6360 • Archives	119.98	0.00	161.20
6380 • Payroll Taxes	588.26	519.07	5,802.87
6410 • Postage	83.10	73.59	2,180.98
6480 • Rent	2,280.60	2,280.60	22,806.00
6510 • Repairs & Maintenance	0.00	65.00	0.00
6540 • Salaries - Office	7,534.27	6,623.07	67,160.28
6600 • Signing Services	250.00	200.00	1,850.00
7010 • Taxes and Licenses	0.00	0.00	60.00
7050 • Telephone	272.86	286.01	2,982.48
9080 • Sales Tax (Sales tax paid on purchases)	-0.68	0.21	-2.30
Total Expense	13,110.37	12,370.01	131,086.00
Net Ordinary Income	2,766.67	-1,432.88	4,912.00
Other Income/Expense			
Other Income			
8030 • Interest Income	143.52	278.55	1,537.77
8050 • Activities Committee	1,723.56	0.00	1,389.47
Total Other Income	1,867.08	278.55	2,927.24
Net Other Income	1,867.08	278.55	2,927.24
Net Income	4,633.75	-1,154.33	7,839.24

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

**Balance Sheet**  
As of October 31, 2008

	<u>Oct 31, 08</u>
<b>ASSETS</b>	
Current Assets	
Checking/Savings	
1010 · Petty Cash	225.00
1020 · First Republic Bank (Checking account)	18,791.03
1021 · First Republic Bank CD 3202 (4 Mo. Liquid CD @ 4.11%, 10/04/2008)	15,367.54
1022 · First Republic Bank CD 3210 (6 Mos. CD @ 3.39%, 02/04/2009)	20,339.04
1023 · First Republic Bank CD 3228 (12 Mos. CD @ 3.44%, 02/04/2009)	15,258.06
1042 · Capital Preservation Fund (Treas. fund currently @ 2.68%)	<u>25,719.68</u>
Total Checking/Savings	95,700.35
Accounts Receivable	
1110 · Accounts Rec - Group Deposits	<u>-1,072.48</u>
Total Accounts Receivable	-1,072.48
Other Current Assets	
1250 · Literature Inventory	14,204.67
1310 · Prepaid Insurance	<u>1,094.00</u>
Total Other Current Assets	<u>15,298.67</u>
Total Current Assets	109,926.54
Fixed Assets	
1630 · Office Equipment	29,796.02
1640 · Office Furnishings - Asset	7,097.67
1641 · Less Accumulated Depreciation	-17,671.00
1680 · Leasehold Improvements	300.00
1681 · Less Accumulated Amortization	<u>-156.75</u>
Total Fixed Assets	19,365.94
Other Assets	
1860 · Deposits	<u>1,993.85</u>
Total Other Assets	<u>1,993.85</u>
<b>TOTAL ASSETS</b>	<b><u>131,286.33</u></b>
<b>LIABILITIES &amp; EQUITY</b>	
Liabilities	
Current Liabilities	
Other Current Liabilities	
2240 · Sales Tax Payable (Sales Tax Payable)	<u>380.02</u>
Total Other Current Liabilities	<u>380.02</u>
Total Current Liabilities	<u>380.02</u>
Total Liabilities	380.02
Equity	
2740 · Temporarily Restricted Funds	19,365.94
3900 · Unrestricted Funds	103,701.13
Net Income	<u>7,839.24</u>
Total Equity	<u>130,906.31</u>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b><u>131,286.33</u></b>

<p>* Our Prudent Reserve Accounts total:     <b>\$76,684.32</b> This represents the Board established goal of 6 months of operating expenses.</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------

4:35 PM  
11/03/08  
Accrual Basis

# INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

## Group Contributions

October 2008

	Oct 08	Jan - Oct 08		Oct 08	Jan - Oct 08
1 Inv Freedom Fellowship 70940	70.00	1,005.16	Eleventh Step Meditation Mtg 276 (Thur.)	0.00	240.00
1 INV Fremont & Hollenbeck Group 70907	625.10	1,742.99	End of the Line Men's Group 147 (Tues.)	0.00	1,072.88
1 INV Fremont & Manet Group 70975	98.00	1,793.30	Evergreen Group 884 (Thur.)	0.00	70.00
1 INV R and B Group 70972	367.56	2,575.29	Fireside Big Book Study 809 (Tues.)	0.00	93.10
1 INV Saturday Nite Live Group 70905	70.00	1,593.21	Fireside Group 297 (Fri.)	0.00	191.00
1 Inv Seeking Guidance Group 70976	0.00	1,073.06	Free to Be Me (Women) 736 (Thur.)	0.00	35.00
1 INV Spiritual Progress Group 70904	0.00	644.00	G Early Bird 70968	0.00	79.94
12 & 12 Step Study SJ 6.00P 800 (Wed.)	0.00	43.67	G Fair Avenue Fellowship 70901	0.00	300.00
12 Steps & HOW (Women) 25 (Tues.)	0.00	14.00	G Forged From Adversity Group 70957	1,050.00	1,050.00
12 Steps at Noon 303 (Fri.)	120.00	325.00	G Gilroy Groups 70906	0.00	175.00
3rd Steppers Book Study (Wom) 610 (Thur.)	0.00	181.87	G Higher Power Hour 70952	0.00	2,100.00
A Vision for You Women's 802 (Tues.)	70.00	280.00	G Remember We Deal With Alcohol 70938	0.00	133.33
A.B.C. Women's Group 58 (Mon.)	0.00	315.00	G Serenity First Fellowship 70902	0.00	100.00
Almaden Valley Discussion 30 (Sun.)	0.00	173.00	G South County Fellowship 70954	210.00	2,065.00
As Bill Sees It 6.00P 518 (Mon.)	0.00	495.00	G Sunrise Group of Palo Alto 70963	0.00	900.00
Attitude Adjustment SJ 258 (Fri.)	0.00	804.78	G Sunrisers Group/Carrows 70932	0.00	4,324.73
Attitude Adjustment SJ 861 (Thur.)	0.00	900.00	G Third Tradition Women's Grp(The 70979	0.00	3,590.86
Attitude Adjustment SJ 886 (Tues.)	0.00	600.78	G We Care Group 70934	0.00	700.00
Attitude Adjustment SJ 198 (Wed.)	0.00	160.30	G West Valley Fellowship 70942	0.00	840.00
Attitude Adjustment SJ 321 (Mon.)	0.00	511.00	G Winchester Fellowship 70960	383.00	1,502.00
Attitude Adjustment SJ 446 (Sun.)	0.00	84.00	Gathered Together for Sobriety 43 (Sun.)	70.00	180.00
Attitude Adjustment SJ 443 (Sat.)	0.00	200.00	Gay & Lesbian Sober Experience 896 (Mon.)	0.00	560.00
Basic 12 & 12 00662 (Mon.)	0.00	726.34	Gay & Lesbian Topic Discussion 516 (Sat.)	0.00	200.90
Basic Big Book 710 (Thur.)	70.00	70.00	Gay Alcoholics Living/Sobriety 742 (Wed.)	42.00	42.00
Basic Big Book Study 803 (Tues.)	0.00	91.00	Gay Men & Women Together 85 (Mon.)	0.00	228.60
Bedmakers Group (Men) 812 (Thur.)	129.00	279.00	Gay Men's Freedom 262 (Thur.)	210.00	709.49
Berryessa Group 527 (Wed.)	0.00	250.00	Gay Reflections on the Solution 841(Sun.)	0.00	260.00
Better Way of Living 197 (Wed.)	0.00	423.26	Get Up and Go SC (Women) 187 (Sat.)	398.76	936.82
Big Book Discussion Group LA 107 (Tues.)	0.00	65.00	Get Well Group 17 (Sun.)	0.00	317.10
Big Book Men's Group (Men) 106 (Tues.)	220.00	500.00	Grace Group of AA PA 352 (Sat.)	300.00	990.80
Big Book Step Study (Men) 325 (Fri.)	0.00	311.00	Grapevine Speakers 327 (Fri.)	100.00	100.00
Big Book Study 8.00P Cupt 284 (Fri.)	0.00	129.71	Grateful Live Group 535 (Mon.)	0.00	1,233.00
Big Book Study Mlpts 8.00P 347 (Sat.)	100.00	200.00	Happy Destiny (Women) 109 (Tues.)	716.00	1,435.60
Bill's Basement 384 (Fri.)	300.00	300.00	Happy, Joyous & Free 650 (Tues.)	0.00	193.00
Birthday Contribution 00951	360.00	4,779.00	High Hope SJ 239 (Sat.)	0.00	617.80
California Ave. Supper Group 715 (Thur.)	0.00	337.93	HOW Group 71 (Mon.)	0.00	869.00
Cambrian Saturday Night 376 (Sat.)	0.00	1,750.00	Humbly Asked 8.00A 87 (Sun.)	0.00	330.00
Campus Group 234 (Thur.)	0.00	35.00	In the Basement 545 (Sun.)	0.00	267.26
Chip Winners Group 168 (Wed.)	0.00	529.74	In the Solution 647 (Sat.)	0.00	314.00
Courage to Change 145 (Wed.)	0.00	140.00	Inspiration Big Book 195 (Wed.)	0.00	210.00
Daily Reflection 531 MH (Wed.)	0.00	104.83	Intergroup Council 80909	0.00	245.50
Daily Reflections 432 (Thur.)	0.00	255.40	Invaders Group 44 (Sun.)	50.00	50.00
Design for Living 200 (Tues.)	0.00	102.00	Joy of Living 464 PA (Wed.)	0.00	813.13
Down to Earth Group 563 (Tues.)	0.00	385.54	Joy of Living Meeting 92 (Mon.)	0.00	301.70
Downtown Steppers (Men) 392 (Mon.)	0.00	147.00	Just For Today 238 PA (Thur.)	0.00	170.00
Dr. Bob's Nightmare 360 (Sun.)	0.00	632.49	Ladies Amethyst AA Study Group 749 (Wed.)	0.00	204.07
Early Bird 184 (Wed.)	0.00	14.05	Lesbians Living the Promises 349 (Fri.)	0.00	716.02
Early Bird 244 (Thur.)	0.00	141.40	Liquor Was But A Symptom 203 (Thur.)	0.00	215.00
Early Tuesday Group 119 (Tues.)	0.00	889.00	Live and Let Live 24 (Sun.)	0.00	225.00
Easier Way Group 290 (Fri.)	0.00	815.00	Living in the Solution (W) MH 33 (Sat.)	0.00	84.00
East Valley Group 322 (Fri.)	0.00	257.69	Living with Others 319 (Fri.)	0.00	272.50
Eastside Step Study 45 (Sun.)	0.00	58.10	Lodestar Group/Sober Thoughts 499 (Wed.)	0.00	220.00
El Camino Group 108 (Tues)	0.00	141.55	Los Altos Group 225 (Thur.)	140.00	315.00
Eleventh Step Group 167 (Wed.)	0.00	190.00	Los Altos Men's Group 59 (Mon.)	112.00	463.00

4:35 PM  
11/03/08  
Accrual Basis

# INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

## Group Contributions

October 2008

	Oct 08	Jan - Oct 08		Oct 08	Jan - Oct 08
Los Gatos Tuesday Night 110 (Tues.)	70.00	210.00	South Valley Men's 845 (Thur.)	0.00	254.10
Meditation Meeting LA 39 (Sat.)	47.10	47.10	South Valley Women's Surrender 88 (Mon.)	0.00	449.08
Memorial Contributions	0.00	125.00	Speaker Meeting PA 18 (Sun.)	200.00	950.00
Men's 4th Step Group 320 (Fri.)	0.00	50.00	Spiritual Awakenings Group 670 (Sat.)	0.00	78.00
Men's Basic Step Study Group 891 (Tues.)	0.00	373.78	Spiritual Progress 269 (Thur.)	203.00	541.10
Men's Freedom from Alcohol 606 (Wed.)	280.00	700.00	Spiritual Step Study Group 233 (Sun.)	141.00	654.00
Men's Group 97 (Mon.)	0.00	335.00	St. Luke's Group 113 (Tues.)	0.00	835.00
Men's Honesty Group SJ 26 (Sat.)	0.00	1,927.10	St. Mark's Group 270 (Thur.)	0.00	1,000.00
Men's Single Problem Study 89 (Mon.)	0.00	1,088.50	Starting the Steps 753 (Fri.)	0.00	395.00
Men's Single Problem Study 220 (Thur.)	0.00	3,032.00	Step Along (Women) Cupt 638 (Wed.)	0.00	101.00
Men's Topic Discussion 635 (Tues.)	0.00	94.84	Steps & Traditions 893 (Wed.)	0.00	110.00
Midday Women's Group 91 (Mon.)	100.00	385.00	Steps to Serenity 331 Snvle (Fri.)	0.00	61.00
Monday Midday Meeting PA 714 (Mon.)	0.00	175.00	Sunday Early Evening 682 (Sun.)	385.00	890.11
Mountain Miracles 882 (Thur.)	275.00	857.40	Sunday Night Recovery 23 (Sun.)	0.00	96.00
Mountain View Group 350 (Sat.)	0.00	210.00	Sundowners' Dinner Meeting 768 (Wed.)	0.00	120.00
New Beginnings 603 (Wed.)	0.00	278.00	Sunrisers Group 6/30A 630 (Thurs.)	502.67	502.67
New Direction 12 x 12 90 (Mon.)	0.00	60.00	Sunshine Group noon 243 (Thur.)	0.00	290.00
New Life Start 444 (Sun.)	0.00	436.00	T.G.I.F. Speaker/Discussion 298 (Fri.)	0.00	455.00
New Nooners 808 (Mon.)	120.00	120.00	The Other Wednesday Nite (Men) 209 (Wed)	692.38	3,023.38
New People's Group 3 (Sun.)	0.00	949.20	There Is a Solution (Men) MH 732 (Thur.)	0.00	250.00
New Steps for Living 20 (Sun.)	379.90	1,474.03	Think Tank (Men) SJ 361 (Sat.)	0.00	2,240.00
Newcomers, Oldtimers (Women) 769 (Sat.)	0.00	448.80	Trinity Group 370 (Sat.)	70.00	290.00
NEWSLETTER	0.00	5.00	Tuesday Night Men's Meeting 525 (Tues)	0.00	302.40
No Bull Big Book 655 (Fri.)	221.00	349.00	Up the Creek-Daily Reflections 745(Tues.)	0.00	325.00
Noon Discussion 177 (Wed.)	0.00	100.00	Veterans of Alcohol (Open) 874 (Tues.)	0.00	922.58
Oldtimers Meeting 80935	0.00	180.00	Veterans of Alcohol North (Open)338(Wed)	0.00	138.00
Palo Alto Men's Meeting 525 (Tues.)	407.40	977.20	Villages Group of AA (The) 406 (Mon	0.00	770.00
Palo Alto Step Study 752 (Tues.)	0.00	763.84	We Are Not Saints 520 (Tues.)	127.58	127.58
Pass It On Group Los Altos 418 (Sun.)	0.00	350.00	We Care Step Study 128 (Tues.)	0.00	140.00
Personal 00911	47.00	3,352.90	Winners Group 440 (Sat.)	50.00	50.00
Plaza Del Rey Group 52 (Sun.)	0.00	175.00	Women's Brunch PA 640 (Sat.)	0.00	1,390.81
Positive Outlook Group SJ 368 (Sat.)	0.00	213.40	Women's Topic Disc. Group 103 (Tues.)	0.00	354.67
Progress Not Perfection 229 (Sun.)	0.00	245.00	Women on the Move 570 (Wed.)	0.00	227.00
Rincon Men's Fellowship 567 (Thur.)	0.00	700.00	Women Sharing the Solution 519 (Thur.)	0.00	583.80
Saratoga Group 328 (Fri.)	0.00	750.00			
Saratoga Serenity Group 329 (Fri.)	0.00	330.40	TOTALS	<u>14,376.03</u>	<u>114,803.17</u>
Saturday 6PM Meeting LG 413 (Sat.)	0.00	49.00			
Saturday Morning Los Gatos 777 (Sat.)	0.00	1,400.00			
Saturday Night Promises PA 847 (Sat.)	0.00	377.30			
Saturday Night Young People's 142 (Sat.)	0.00	70.00			
SCCYPAA	0.00	122.02			
SCCYPAA Young at Heart LG 888 (Tues)	0.00	200.10			
Second Tradition Group Spkr 721 (Sat.)	2,907.13	3,787.58			
Serenity at Noon 215 (Wed.)	121.45	316.75			
Serenity Discussion 210 (Wed.)	0.00	241.08			
Shared Gift (The) (Women) 61 (Mon.)	0.00	490.00			
Signs of Sobriety .) 402 (Mon.)	0.00	25.00			
Single Problem Topic 582 (Mon.)	0.00	1,288.00			
Sisters in Sobriety Milpitas 548 (Thur.)	0.00	70.00			
Sober and Free Convention 70928	0.00	260.00			
Sober in the Park 688 (Sun.)	595.00	595.00			
Sober Thoughts 499 (Wed.)	0.00	100.00			
Source of Strength (Women) 501 (Mon.)	52.00	52.00			
South Valley Group (267)	0.00	154.00			