

Volume 4 Issue 5 MAY 2009

Online Fellowship

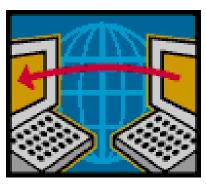
My first ninety days of sobriety was spent at home in Northern California in the supportive care of family in AA and a wonderful homegroup. The challenges that were lying ahead of me in the middle of Africa, isolated from my

support network did not keep me from embarking on a return to my job, wife, and the scene of my deepest depths of the disease. I suppose I was overconfident, brim-

ming with my quick but thorough walk through the steps with an able and loving sponsor. I had found my higher power, and despite doubts about how this would all play out, I was determined to finish what I started and to return to my former life in an effort to set things straight and live "happily ever after."

Chad is a small African country, full of poverty, dust and crowded refu-

gee camps serving over 300,000 refugees from Darfur. There are no AA meetings unless you travel to another country. Things happen very slowly and not everything works. I had been trying to get



internet service at home for a year. It seemed like it would never happen. Cell phone service was sparse and LAN lines unpredictable.

My doubts began as I boarded the final plane back to Africa. "I'm really going back," I thought. Over the six hour journey my head was swimming. "What will my wife think? How will

my coworkers treat me? What am I going to do without meetings?" A voice inside my head, the soft one, said gently, "be still."

I quickly fell asleep and awakened as the plane was touching down. The door opened and the hot desert air filled the cabin. "Here goes," I thought and grabbed my backpack from the overhead cabin.

As I walked down the steps I turned on my phone to check and see if anyone had left me any messages. There was just one from a friend in the telecommunications business. It was a text, "call me ASAP". I figured it was something business related but decided to call anyway. My friend greeted me and welcomed me back. He said he wanted to put broadband internet in my home as part of a

Continued on page 2



Inside this issue:

1, 3, and 6
4
5
7
8
10
11



Online Fellowship

test of his new network. I said sure, how soon. "How does tomorrow sound?" As I hung up the phone I just looked up at the blue sky and said, "Now you're just messing with me."

The next day the technicians came and I attended my first AA meeting online. It became the mainstay of my sobriety for the next six months. I knew there was a meeting at a specific time every day. There were times when I was able to IM friends in the program during a meeting and we chatted "outside the

room". That and sobriety blogs on tribe.net and the wonderful people who answered the frantic calls over the next six months, were the things I needed from my higher power to stay sober and grow in the program despite the realities of life in a harsh, brutal and sometimes dangerous place.

In the time I spent there in Chad I learned a new appreciation for the people who live their entire lives there. There is beauty even in a garbage dump if you know where to look for it. I think that's what God saw when he delivered me to this

program. Paul G

Paul will have 4 years in July. He has homegroups in Rochester, NY, Stafford, VA, Morgan Hill CA and Kampala, Uganda. The foundation he got growing up around AA and then in the south country fellowship has given him the freedom to live anywhere and to keep in touch with his core program principles. You should hear some of his stories about AA in Africa. Taking baby steps but alive and growing! Pat G

Recovery Related Acronym

HOPE: Hearing Other People's Experience

Excerpt from the Foreword to Fourth Edition:

"While our literature has preserved the integrity of the A.A. message, sweeping changes in society as a whole are reflected in new customs and practices within the Fellowship. Taking advantage of technological advances, for example, A.A. members with computers can participate in meetings online, sharing with fellow alcoholics across the country or around the world. Fundamentally, though, the difference between an electronic meeting and the home group around the corner is only one of format. In any meeting, anywhere, A.A.'s share experience strength, and hope with each other, in order to stay sober and help other alcoholics. Modem-to-modem or face-to-face, A.A.'s speak the language of the heart in all its power and simplicity." - *Alcoholics Anonymous* Fourth Edition

Page 2 Volume 4 Issue 5



Online Fellowship

Member Experience

My name is Brendan, and I am an alcoholic. I became aware of the Central Office Intergroup Newsletter just last week, while visiting my father last week in San Jose, CA. He handed me a copy of the April issue, and I was inspired to write regarding the May topic of 'Online Fellowship.'

While first giving AA a shot as early as 1995, I have only been continuously sober since 29 December 2005. I had to experience a lot more loss before my stubborn ego was willing to understand that surrender was necessary, and that a Higher Power was not 'optional' if I was to recover from this fatal disease of mind, body, and spirit.

I was fortunate to hit bottom in New York City, where AAs are blessed with an abundance of meetings, over 1000 per week! The earliest begins at 6am, the latest ends at 3:15am, seven days a week. Speaker meetings, beginner's groups, Big Book studies, Step and Traditions meetings, you name it. The Fellowship is vast in the Big Apple, and living in downtown Manhattan (as I did) meant that one could walk to a handful of meetings in any direction.

My life changed again in 2007, when I had a business opportunity to move to Scandinavia full-time. I have been living in Oslo, Norway for over 10 months now, where there are only two English-speaking meetings *per week*. Suddenly, I was without the option of going to '90 meetings in 90 days' to get connected to my new community of recovering alcoholics, as I was taught at the beginning. Even the native Norwegians will have a tough time doing that, as there are only one or two meetings per day here. A 'big meeting' in Oslo might have only 15 members.

To say the least, it has been an adjustment for me. I have had to re-work my program, which in the past

was rooted primarily in meetings and regular contact with the Fellowship. Thankfully, AA provides me with other tools to help me stay connected, and to regularly hear the message embodied in our 12 Steps. There is the literature of course--everything from re-reading the Big Book and the Twelve and Twelve, to enjoying a subscription to the monthly Grapevine. But there is also a wonder of the 21st century: emailing and connecting online.

I remain in contact with my network from my groups back in New York City to this day, communicating through emails and sometimes scheduling chats online through my gmail accounts. I have also scheduled one-on-one meetings via Skype, where I can talk and see the other member, which is almost like sitting down face to face.

While nothing beats an actual in-person meeting, these online connections have been essential for me staying sober a day at a time during this powerful transition in my recovery. They are simple, direct, immediate, and free. And I know that there are other tools available to me online that I have yet to discover, that could increase my fellowship. I recently discovered an online 'meeting' that submits topics for discussion with a worldwide group of members, once a week. I plan on 'attending' this week.

If nothing else, AA is adaptable, and is constantly evolving to meet the demands of its members. From its earliest beginnings, when the pioneers realized that the writing of a book like *Alcoholics Anonymous* is vital to reaching more suffering drunks; to today, where we can call another member through our computers for free anywhere in the world. In all of these forms, AA is about one drunk reaching out to another.

Thank you for letting me share.

Brendan M. (Oslo, Norway)



General Service Article

Hello my name is Cameron L. and I am an alcoholic. I am a GSR for the Sunday 11am Bowers fellowship. My district is district 04. I have had the commitment for around 1 year. I was railroaded in to the commitment by a good friend of mine named Dennis. I had gone to the steering committee meeting and sat right next to him. When the position came up under new business Dennis had asked "Who here does not have a commitment?" As my hand went slowly up I knew I was going to be the groups new alternate GSR. I have been a GSR in the past for a group in Palo Alto. When I was a GSR in the past I really didn't want to do it and didn't show up for any of the assemblies and barely made it to the monthly meetings. This time around I have had a new attitude. The group chose me to represent them at our area assemblies. I am honored.

Recently we had pre conference assembly in San Rafael. My job as a GSR was to take these agenda topics back to my group to get their voices heard. Our DCM Mike had helped me with this since I hadn't done it before. So we picked 5 topics and I got most of the information together for them. I announced it a week prior at my groups meeting that we will be taking a group conscience on these agenda topic after the meeting. I was amazed at the turnout. We had 16 people 2 weeks in a row. We got through every topic. Mike helped with getting the information down on a note pad while I ran the meeting. The crazy thing is that I was so worried that no one would show and that it would be incredibly boring, but it wasn't at all. In fact it was really fun to

see how each member had a voice. There was so much laughter it made the time fly by. We must have spent at least 45 minutes at each meeting. I am truly grateful that our group is very strong and wants to be in service.

So on April 18th I went up to San Rafael with another member of the group. The pre conference was great. They had 2 microphones for groups to share their group's voice. I was able to get 3 of the 5 topics heard. Mike stayed to help with the last 2 topics. I have to say for a commitment that I really dreaded doing, it has turned into one of my favorite experiences in Alcoholics Anonymous.

- Cameron L.

Online Resources

Central Office - http://www.aasanjose.org

A.A Thought for the Day - http://www.aaonline.net/dailythought/index.html

(Unofficial) A.A. Online - http://www.aaonline.net/index.html

Grapevine - http://www.aagrapevine.org

(Official) A.A. Online Meetings - http://aa-intergroup.org

A.A. Official Site - http://www.aa.org

Big Book Online - http://www.aa.org/bbonline

The 12 Steps & 12 Traditions Online - http://www.aa.org/1212

Speaker Tapes Online - http://www.xa-speakers.org

Page 4 Volume 4 Issue 5



Poem by Thelma G.

This poem was written by Thelma G after about two years sobriety. A friend, Bill S, saw it and asked what she was going to do with it. Nothing, was her reply. Bill felt differently and submitted it to Bright Star Press, who printed it and offered it along with other of their items. Thelma's only pay was 1,000 printed copies, which she gave to friends. Over the years, it has found it's was to Spain, Alaska and many other places throughout the world. Many Groups have reprinted it, including one in Calgary, Alberta, Canada and one in Sacramento. A lady in Florida sent a copy to San Francisco, where it was printed in Good News, a monthly publication of NCCAA. Through chance, Thelma was interviewed by the San Jose Mercury News in connection with the 50th Anniversary of AA. The poem was included in the article which appeared on April 5, 1985. Many have been touched by the poem since it was first printed: nearly all printings have contained at least one, usually more, working changes. The correct version appears here, as it was offered as a tribute in her 31st year in AA, by Thelma G., San Jose, sobriety date May 22, 1954.

How it Works

Utter confusion, misery and pain, Humiliation, remorseful, ashamed Dreading to face the light of each day, Not wanting to hear what people would say. Like: "Where is your will power? Where is your pride?"

They don't understand that deep down inside

I wish I knew the answers to give,

Or how to find the courage to live.

I had taken the pills they told me I should.

I tried all the cures, but they did no good.

I made many promises and meant them too.

But the compulsion to drink is stronger than you.

One day a friend happened to say:

"I know the answer, I can show you a Way.

All it takes is an open mind.

Believe what you hear from your own kind."

I went to a meeting, they read Chapter Five.

The steps made some sense and hope was revived.

I saw living proof of what faith can do,

It worked for them, why not for you?

One day at a time, they told me to live.

They said "Easy Does It," and "Learn to Forgive".

Be humble, be honest and help when you can.

Pass on what you learn to a new man.

I heard them repeat the Serenity Prayer,

And soon realized all my answers were there.

Now, when someone asks, "Can miracles be?"

May I always reply, "Take a look at me."

- Thelma G



Online Fellowship

I met a man from India at a noon meeting who was visiting his brother in San Jose. He spoke about what it was like to be the first one in his area to recover from alcoholism with only the Big Book of Alcoholics Anonymous and Internet contact with people he had met in the United States. I heard another story about a woman who works on a cruise ship. Although many cruises have meetings for "friends of Bill and Bob," she was not able to attend because of her work schedule. She practically lived on the ship, spending many weeks at a time on board. Her only way to consistently attend AA meetings was online.

I sponsor a young woman from California who moved to rural Pennsylvania several months ago for a short-term stay. When we are both online each day we discuss what is going on and we work the steps. I have to say that I was very skeptical about the effectiveness of such an arrangement until I experienced it for myself. She and I actu-

ally work together much more than many of the "local" woman that I sponsor.

The online resources have also begun to be a natural part of my recovery. When I am asked to chair a meeting

at a location that I am not familiar with, I automatically visit http://www.aasanjose.org to find meeting listings and the map for how to get to that particular location. While I'm on the Central Office website I can look at current and archived volumes of the COIN, a list of events in the area. the price list for literature and more. I receive jokes, Daily Thoughts, encouragement and information from members by email. Some of my twelve-step work involves talking to people who aren't

going to meetings - they have moved to different cities or states and are not hooked up where they are currently living. It is so simple to look for a meeting near where they are living (while I am talking to them on the phone) and screw up

their excuse for not going to meetings.

One of my sponsors was very big on listening to AA speakers between meetings. There are Big Book studies, lectures, retreat and convention speakers that have been recorded over the years. I go to http://www.xa-speakers.org/

to listen to speakers from all over the world on a wide range of topics. These speakers enhance my recovery and "are not meant to replace meetings" as many of these web sites say.

My hope in picking the Online Fellowship topic was to bring to light another recovery tool and to share some of the worthwhile resources available to members.

- Cathyann

Page 6 Volume 4 Issue 5



Letter From the Editor

Hello everyone,

Here is a list of upcoming COIN topics for the next few months:

June - Willingness

July - What is A Service Sponsor?

Aug. - Why Go to Meetings?Sept - Stick With the Winners

If you would like to share a story, article, resource, or poem please email your submissions to me by the 15th of the preceding month to: cathyann5116@yahoo.com

- cathyann

ARCHIVES CORNER

- 1. By early 1963 it had become apparent that there were services and benefits to the A.A. groups in Santa Clara County that could best be provided by a Central Office. Lloyd S. was instrumental in persuading the groups of this need and in May of 1963, after months of debate, and with only about \$350 in the bank, a final vote was taken at Intergroup and Santa Clara County Central Office became a reality. The Intergroup Officers during this time were Chairman, Ed B.; Secretary, Jerry M.; and Treasurer, Bill B. It is a little known fact that the first Central Office was located in a small room provided by the Alano Club of San Jose, but only for a very short time. Once again, the wisdom of our Tradition discouraging affiliation with outside enterprises was demonstrated.
- 2. The first "real" Central Office location was in the old Porter Building on Santa Clara Street, between 2nd and 3rd. A telephone was installed and, with office furniture donated by A.A. members (always a generous lot), Central Office was up and running. One of the original phones and some of the chairs are on display in the Archives Corner of Central Office. Lore has it that sitting in one of those chairs may pass on some sobriety and wisdom from our early members (we can't vouch for that, but our Manager does seem a bit smarter). Volunteers manned the phones, sold literature, and processed group contributions. Most of the 59 groups then existing responded to the request that each group pledge \$10 per month and one year later Jane C. was hired as Manager at the princely sum of \$200 per month.
- 3. In 1966 the Porter Building was to be torn down, so Central Office was moved to the Twohy Building at 210 S. First Street in San Jose. In 1978 the office moved to 1090 Lincoln Ave. and, in 1986, moved again to 535 Race Street behind the Saddle Rack. Saddle Rack patrons who wanted help with their drinking didn't have far to go to find that help. When that building was slated for destruction, Central Office moved to it's present location at 374 E. Hamilton Ave., Suite D., in Campbell on September 1, 1996.
- 4. In May of 1938 Bill W. started writing the Big Book. Henry, an early member, had an office at 17 William Street, Newark, NJ, and Bill traveled from his home in Brooklyn to this office where he dictated rough drafts of the Big Book. Bill says he received warm support from Dr. Bob and the Akron members, but the New York groups gave the chapters a "real mauling". It went that way until they reached the famous Chapter 5. Bill states in "A.A. Comes of Age" that, "at this point we would have to tell how our program for recovery from alcoholism really worked." Bill came to the conclusion "that there must not be a single loophole through which the rationalizing alcoholic could wiggle out." Thus, the original six steps became the Twelve Steps.



June 2009

Sun	Mon	Tue	Wed	Thυ	Fri	Sat
	1	2	PI Comm. 6:00PM Outreach Comm. Mtg. 6:15PM Intergroup Meeting, 8:00PM	4	5	6 Secretary's Workshop 10:00AM Central Office
7	8	9	10 North County General Service 7:30PM	11	12	13 PI/CPC Work- shop, 10:00AM Central Office
14	15	16 South County General Service 7:00PM	17	18	19	2 O Archives Work Day 10:00AM Central Office Diverter Workshop. 1980 Hamilton Ave., 10:00 am
21	22	23 7:00PM H&I Meeting	24	25	26	27
28	29	30				

LOCAL EVENTS

May 25 (Memorial Day): Alkathon at Fair Avenue Fellowship, Alano Club of San Jose Aug. 23: UNITY DAY, "Enthusiasm and Gratitude in Action" (see flyer inside)

EVENTS AROUND CALIFORNIA

July 17-19: NCCAA 62nd Annual Summer Conference, Sacramento, CA (see flyer inside)

EVENTS AROUND THE COUNTRY

May 21-24: 51st ICYPAA Conference, "Carry the Vision", Atlanta, GA

July 1-4 (2010): 2010 International Convention, San Antonio, TX, watch the COIN and G.S.O.s website at www.aa.org for more info.

Page 8 Volume 4 Issue 5





Telephone Calls Received During November



Daytime at Central Office 510

Daytime 12 Step Calls 10

Evening and Weekend calls 482

Evening 12 Step Call information is not available.

An average of just over 7,500 hits are made on our website each month!!

WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF A.A. TO ALWAYS BE THERE.

AND FOR THAT: I AM RESPONSIBLE.

To all the members and groups who support us, **WE THANK YOU!**

SPEAKER MEETINGS

Grapevine Speakers Meeting

Fridays at 8 p.m.

Presbyterian Church

San Tomas & Homestead, Santa Clara

Second Tradition Group of AA

Saturdays at 8 p.m.

Lincoln Glen Church, 2700 Booksin Ave, San Jose

Saturday Night Speakers-8 p.m.

Alano Club of San Jose

1122 Fair Avenue, San Jose

Remember We Deal With Alcohol

Saturdays at 8 p.m.

St. Mark's Church

1957 Pruneridge Ave., Santa Clara

Saturday Nite Live Group

Fridays at 8 p.m.

1388 S. Bascom at Stokes, San Jose

Speaker Meeting-VA Hospital

Sunday at 11:15 a.m.

3801 Miranda Ave., Palo Alto

Saturday Morning Fellowship

Saturday at 10 a.m.

United Presbyterian Church

Fremont & Hollenbeck, Sunnyvale

MEETING CHANGES

Deleted

1-2-3 Step, Tues. 8:00PM, Alano Club West Road to Recovery, Sun., 8:00PM, Alano Club of San Jose

Changed

<u>Tell It Like It Is</u>, Tues., 6:00PM, Sunnyvale, is now a 12 Step Study Mtg. <u>H.O.W. Group</u>, formerly Wed., 6:30, Sunnyvale, is now Wed., 6:00PM, 581 E. Fremont Ave., at Manet

<u>Serenity at Noon Group.</u> Mon—Fri, Noon, formerly at Agnews, moved to Comunidad Cristiana de San Jose Church, 2371 Ringwood Ave. @ Tradezone, San Jose

East Valley Group, Fri., 8:15PM, moved to the Parish Office Center

Queer and Sober. Sat. 10:30 AM, moved to Holy Redeemer Lutheran Church, 1948 The Alameda, at McKendre, downstairs

<u>University Beginners</u>, Wed., 5:00 PM, Santa Clara, meeting room changed to 207A

<u>Big Book Men's Group</u>, formerly Big Book & Donuts, now meeting at Whole Foods, 4000 El Camino Real, Los Altos, Tues., 7:00AM

10th Step Meeting, Wednesday, now at 6:00PM, 7511 Gourmet Alley, Gilroy Entire Abstinence, Monday, 8:00PM, moved to Meterrainian Apts., 550 Kiely Blvd, The Club House.

New

The Family After, Wednesday, 12:00 noon, Trinity Cathedral, 21 N. 2nd St. (In the basement), San Jose

Young People's Sunrise, Sunday, 1:00PM, Foothills Park, 3300 Page Mill Road. Los Altos Hills

We Are Not Saints, Tues., 7:30 PM, Women, Cornerstone Fellowship, Alano Club West, 1344 Dell Ave., Campbell

10:00AM Meeting, Friday, 10:00AM, Alano Club West, 1344 Dell Ave., Campbell

Came to Believe, Thurs., 12:00PM, 7511 Gourmet Alley, Gilroy

Meeting 23, Tues., 6:00PM, 210 San Jose Ave., #12

Walk Through the Big Book, Tues., 6:00PM, 2000 Monterey Rd., Community Room

No Hurry Big Book Study, Friday, 6:00PM, 7511 Gourmet Alley, Gilroy

In Memorium

Susan L., 17 years Bob T. Bill M., 33 years



BIRTHDAY CONTRIBUTIONS

BIRTHDAY CELEBRANT	YEARS	CONTRIBUTIONS BY	BIRTHDAY		
Fran D.	21	Mary Pat P.	4/17/1988		
Bill D.	27	Mary Pat P., Bill D.	3/18/1982		
Pat G.	34	Mary Pat P., Aileen B.	4/1/1975		
Evelyn M	8	Mary Pat P., Aileen B.	4/1/2001		
Kathy H.	7	Mary Pat P.	3/21/2002		
Paula D.M.	24	Mary Pat P.	4/22/1985		
Bruce K.	26	Mary Pat P., Bruce K., Central Office Staff	4/27/1983		
Aileen B.	6	Mary Pat P.	4/6/2003		
Chuck C.	27	Mary Pat P., Robert T.	4/17/1982		
Peggy Z.	35	Mary Pat P.	2/21/91		
Peter C.	4	Peter C.	4/15/2005		
Angela R.	1	Aileen B.	4/1/2008		
David C.	19	David C.	4/10/1990		
Albert V.	38	Albert V.	1971		



HAPPY BIRTHDAY TO ALL!!

277 YEARS OF SOBRIETY

If you would like to participate or honor a friend, please use the birthday forms at your Meeting or Central Office.

Page 10 Volume 4 Issue 5



INTERGROUP MINUTES

April 1, 2009

- Mary Pat P., Intergroup Chairperson, opened the meeting at 8:01 pm, followed by a Moment of Silence and the Serenity Prayer.
- Renate read the short Definition of Intergroup.
- There were 45 voting representatives and 11 visitors in attendance.
- Danny read the Twelve Traditions.
- Additions to the Agenda: Jean Marie is liaison to Intergroup for PI/CPC. No corrections were made.
- No Corrections or additions to the previous month's minutes:

Intergroup Council Treasurer's Report: Mary Pat P. for Mike M.

Beginning Balance: 03/04/09 \$204.01 Prudent Reserve \$300.00 03/04/09 Contributions \$85.00 Refreshments 03/04/09 \$15.00 03/04/09 Payment to Intergroup \$184.01 Rent 03/04/09 \$90.00 04/01/09 \$00.00 Prudent Reserve \$300.00 Balance

Birthdays: Jim 18 yrs; Jan 15 yrs; Maxine 21 yrs; David 21 yrs.; Maria 1 yr; Pat 4 yrs; Danny 2 yrs; Peter 4 yrs; John 2 yrs; David 9 yrs; Kathy 7 yrs.

Reports

Intergroup Chair - Mary Pat P.

3 new Intergroup reps.

Thank you to Paula for running last month's meeting.

Central Service Board - Mike D. for Lexi

Board deferred purchase decision of International Big Books.

New book prices from AA World Service..

Financial situation is still ok, although, we looked at the economy and it's impact on us with wariness.

Search for new employee progresses, there are good candidates.

Financially supporting groups participating in the Chili Cook-Off

Central Office - Chuck for Bruce K.

Big Book prices will increase \$2 for all sizes except for pocket which will increase 50 cents. All 12x12s will increase \$1.

Office Assistant part-time position open. Please submit resume, including AA service to Bruce at Central Office.

4. PI/CPC – Jean Marie

Have representation from SCCYPA, bringing younger faces to presentations.

Will be starting presentations at DUI classes run by Asian Americans for Community Involvement.

Presentations at Fremont High School, San Jose State, Homestead High School.

5. Twelfth Step Committee -

Daytime – Bruce K. – No report

Nights and Weekends - Peter - Shifts are available.

Diverter workshop: Every 3rd Saturday starting at 10:00 am., First Congregation Church, 1980 Hamilton Ave, San Jose, 95125.

- 6. Outreach Committee Lee C. No report
- 7. Newsletter Committee Cathyann

List of upcoming COIN topics for the next few months:

May: Online Fellowship June: Willingness July: Service Sponsor

8. Activities Committee - Marilyn H.

April 25th – Chili cook-off at Prince of Peace, 12770 Saratoga Ave, Saratoga. Theme: "Celebrating our Home Groups" 12-1pm Chili tasting and judging; 1-2pm Chili and cornbread feasting with desserts; 2-3pm AA speaker meeting.

Groups participating this year: Men's Basic Step Study, South County Fellowship, Easier Way, Women's Get-up and Go, Sunday Spiritual Progress Group, Serenity First Fellowship, Attitude Adjustment, Get Well Group, SCCYPA, Unity 7am Sunrise, Monday Midday Women's, We Care Group Milpitas, Saturday Night Live, Let's Find the Solution.

9. Other Service Committee Reports

Unity Day - Peter

Added Service Sponsor workshop, flyers completed.

Unity Day scheduled for August 23rd, 2009.

Requested \$750 from Intergroup. Motion made: Seconded; Motion passed by Intergroup representatives.

Page 11 Volume 4 Issue 5



MINUTES, cont.

Northern California Council of Alcoholics Anonymous - Barbara B

NCCAA Conference in Sacramento, July 17-19, Double Tree Hotel, 2001 Point West Way.

Hospitals and Institutions - Charlene

February pink can totals \$3369.90.

Asked if Intergroup reps could find out if their group has an H&I rep and speak to Charlene next month if they do not.

Area 71: Go into 27 facilities, hosting 60 meetings per month.

Southern CA H&I participated in the March 13-16 conference

The 38th H&I conference, "Freedom form Bondage," May 29-31, 2009, City of Gault.

Bridging the Gap - Bill

86 contacts made in January.

Request women to assist with BTG presentations at Mariposa and House on the Hill. If available, please contact Central Office.

Monthly meetings: 4th Wednesday of each month, 7pm at 1st Congregational Church at Leigh and Hamilton.

North County - Mark R - No report

South County - Steven F. - No report

UNFINISHED BUSINESS:

Sponsorship Workshop - Mary Pat for Barbara N.

Two people attended the organizing meeting on Monday, March 9.

Looking for people who are interested in organizing a sponsorship workshop. Call Barbara at 1-650-964-5252 Communications/Information Distribution – Mary Pat

Tom H. "website guy" gave information on what he does for the AA website.

The website has the ability to make information available to everyone with specific log-ons for groups.

Motion: Create an Ad Hoc committee to gather information and return to Intergroup next month.

Motion was made and Seconded. Motion was passed by Intergroup representatives.

Intergroup Picnic - Peter

Discussed his experience running the Founder's Day Picnic and other large gatherings.

Brought timeline needed to put on Intergroup picnic in 2010. Biggest concern is finding a location and reserve it one year and one day ahead.

Suggested Intergroup co-sponsor Founder's Day Picnic in June 2009 to help make the decision to run a large picnic in 2010.

Motion: Intergroup co-sponsor the Founder's Day Picnic on June 7th, 2009 and contribute \$225 towards the cost. Motion was Seconded and passed by Intergroup representatives.

Discussion: Should an Ad Hoc committee be created to research sponsoring a picnic or should this fall under the Activities Committee.

Motion: An Ad Hoc committee is to be created under the supervision of the Activities Committee to research Intergroup hosting a picnic in 2010. Motion Seconded and passed by Intergroup representatives.

NEW BUSINESS:

Jan – Wanted Intergroup to discuss reprinting small green cards that state "The 24 Hour Program of AA from page 86 of the Big Book.

Discussion: printing was dropped by Intergroup Council in past due to cost and already found in Big Book.

Motion made and Seconded and passed by Intergroup representatives to table discussion until next month.

Jan was asked to bring to next meeting the cost of printing and paper.

OPEN FORUM: none

With no further business, the meeting was adjourned at 9:24 pm Respectfully submitted, Kathy H.

3:04 PM 05/05/09 Accrual Basis

Net

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC. Profit & Loss

April 2009

	Apr 09	Apr 08	Jan - Apr 09
Ordinary Income/Expense			
Income			
3030 · Contributions-General	11,482.67	14,491.01	49,284.42
8010 · Literature Sales	5,486.61	5,586.21	23,081.86
8020 · Meeting Guide Sales	917.00	908.00	4,508.00
8060 · Newsletter Subscriptions	10.00	0.00	65.00
Total Income	17,896.28	20,985.22	76,939.28
Cost of Goods Sold			
5000 · Cost of Goods Sold			
5100 · Cost of Inventory Sold	3,969.99	3,851.52	16,942.40
5150 · Cost of Meeting Directories	625.17	243.62	2,200.23
5000 · Cost of Goods Sold - Other	0.00	0.00	0.00
Total 5000 · Cost of Goods Sold	4,595.16	4,095.14	19,142.63
Total COGS	4,595.16	4,095.14	19,142.63
Gross Profit	13,301.12	16,890.08	57,796.65
Expense			
6010 · Alarm Service	177.00	177.00	354.00
6030 · Accounting and Legal Fee	350.00	350.00	1,636.69
6060 · Amortization of Improvements	0.00	0.00	3.25
6070 · Bank Credit card charges (Credit card costs and fees)	94.63	65.64	359.39
6120 · Computer Expenses	131.36	0.00	131.36
6140 · Conferences - Office Manager	0.00	0.00	50.58
6150 · Unity Day Expense	750.00	0.00	750.00
6160 · Copier Expense	281.55	162.41	476.83
6190 · Depreciation Expense	0.00	0.00	1,418.00
6220 · Insurance - Worker Compensation	0.00	0.00	480.22
6230 · Insurance - General Liability	1,758.00	0.00	2,384.00
6240 · Employee HRA Plan	817.36	669.79	3,269.44
6245 · Internet Access Charges	29.95	19.95	108.68
6330 · Office Expense	22.53	911.35	377.33
6350 · Office Furnishings - Expense	0.00	0.00	96.35
6370 · Office Paper Supply	864.00	0.00	1,128.51
6380 · Payroll Taxes	677.08	549.95	2,729.76
6410 · Postage	168.00	207.40	571.40
6480 · Rent	2,343.95	2,280.60	9,432.45
6540 · Salaries - Office	7,831.63	6.510.57	29,868.25
6560 · Payroll Expenses	73.94	0.00	29,000.23
6600 · Signing Services	250.00	200.00	650.00
7010 · Taxes and Licenses	10.00	0.00	70.00
7050 · Telephone	328.89	321.69	1,329.68
7060 · Travel	0.00	0.00	
9080 · Sales Tax (Sales tax paid on purchases)	0.00	-0.73	30.59 -0.25
Total Expense	16,959.96	12,425.62	58,000.24
•	-3,658.84		
Net Ordinary Income	-3,000.04	4,464.46	-203.59
Other Income/Expense			
Other Income	400.00	0.46	606.00
8030 · Interest Income 8050 · Activities Committee	122.09 1,012.04	0.46 0.00	626.99 112.04
Total Other Income		0.00	739.03
Net Other Income	1,134.13	0.46	739.03
Net Other Income	1,134.13	0.40	139.03
t Income	-2,524.71	4,464.92	535.44

3:09 PM 05/05/09 Accrual Basis

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC. Balance Sheet

As of April 30, 2009

	Apr 30, 09
ASSETS	
Current Assets	
Checking/Savings	
1010 · Petty Cash	225.00
1020 · First Republic Bank (Checking account)	11,746.53
1021 · First Republic Bank CD 3202 (4 Mo. CD @ 1.54%, 05/06/2009)	15,559.29 **
1022 · First Republic Bank CD 3210 (6 Mos. CD @ 1.78%, 08/04/2009)	20,618.80 **
1023 · First Republic Bank CD 3228 (12 Mos. CD @ 2.03%, 02/04/2010)	15,524.95 **
1024 · First Republic Bank CD 2608 (8 mos. CD @ 3.73%, 07/26/2009)	13,202.15 **
1042 · Capital Preservation Fund (Treas. fund, variable interest)	15,741.80 **
Total Checking/Savings	92,618.52
Accounts Receivable	
1110 · Accounts Rec - Group Deposits	-1,652.43
Total Accounts Receivable	-1,652.43
Other Current Assets	
1250 · Literature Inventory	16,655.70
1310 · Prepaid Insurance	224.00
Total Other Current Assets	16,879.70
Total Current Assets	107,845.79
Fixed Assets	
1630 · Office Equipment	28,857.02
1640 · Office Furnishings - Asset	7,097.67
1641 · Less Accumulated Depreciation	-19,592.00
1680 · Leasehold Improvements	300.00
1681 · Less Accumulated Amortization	-163.25
Total Fixed Assets	16,499.44
Other Assets	
1860 · Deposits	1,993.85
Total Other Assets	1,993.85
TOTAL ASSETS	126,339.08
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Other Current Liabilities	
2240 · Sales Tax Payable (due quarterly)	564.04
Total Other Current Liabilities	564.04
Total Current Liabilities	564.04
Total Liabilities	564.04
Equity	
2740 · Temporarily Restricted Funds	16,499.44
3900 · Unrestricted Funds	108,740.16
Net Income	535.44
Total Equity	125,775.04
TOTAL LIABILITIES & EQUITY	126,339.08

** Our Prudent Reserve Accounts total: \$80,646.99

This represents the Board established goal of 6 months of operating expenses.

3:20 PM 05/05/09 **Accrual Basis**

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC. Group Contributions April 2009

	Apr 09	Jan - Apr 09		Apr 09	Jan - Apr 09
1 INV Fremont & Hollenbeck Group 70907	0.00	625.78	Get Up and Go SC (Women) 187 (Sat.	0.00	315.83
1 INV Fremont & Manet Group 70975	0.00	1,068.00	Get Well Group 17 (Sun.)	0.00	301.90
1 INV R and B Group 70972	298.98	1,196.13	Grace Group of AA PA 352 (Sat.)	0.00	331.00
1 INV Saturday Nite Live Group 70905	70.00	280.00	Grateful Live Group 535 (Mon.)	0.00	302.05
1 Inv Seeking Guidance Group 70976	0.00	563.87	Happy Hour Campbl 652 (Fri.)	0.00	269.50
1 INV Spiritual Progress Group 70904	0.00	360.00	Happy, Joyous & Free 650 (Tues.)	0.00	266.00
12 Steps at Noon 303 (Fri.)	70.00	70.00	High Hope SJ 239 (Sat.)	153.00	282.00
3rd Steppers Book Study (Wom) 610 (Thur.)	0.00	236.43	HOW Group 71 (Mon.)	400.00	400.00
A Vision for You Women's 802 (Tues.)	70.00	140.00	In the Basement 545 (Sun.)	0.00	110.16
A.B.C. Women's Group 58 (Mon.)	0.00	350.00	Inspiration Big Book 195 (Wed.)	0.00	50.00
As Bill Sees It 6.00P 518 (Mon.)	0.00	210.00	Intergroup Council 80909	0.00	184.01
Attitude Adjustment SJ 258 (Fri.)	148.40	148.40	Invaders Group 44 (Sun.)	0.00	50.00
Attitude Adjustment SJ 861 (Thur.)	164.85	164.85	Joy of Living 464 PA (Wed.)	442.15	442.15
Attitude Adjustment SJ 886 (Tues.)	0.00	84.30	Ladies Amethyst AA Study Group 749 (Wed.)	0.00	163.00
Attitude Adjustment SJ 198 (Wed.)	0.00	206.35	Lesbians Living the Promises 349 (Fri.)	0.00	140.00
Attitude Adjustment SJ 321 (Mon.)	0.00	220.50	Living with Others 319 (Fri.)	0.00	272.57
Basic 12 & 12 00662 (Mon.)	0.00	210.00	Los Altos Group 225 (Thur.)	0.00	105.00
Bedmakers Group (Men) 812 (Thur.)	0.00	47.00	Los Altos Men's Group 59 (Mon.)	131.00	230.00
Berryessa Group 527 (Wed.)	161.00	161.00	Los Gatos Big Book 664 (Mon.)	210.00	420.00
Big Book Meeting 160 (Wed.)	0.00	220.00	Los Gatos Tuesday Night 110 (Tues.)	0.00	70.00
Big Book Study Mipts 8.00P 347 (Sat.)	0.00	50.00	Meditation Meeting LA 39 (Sat.)	0.00	105.00
Bill's Basement 384 (Fri.)	206.00	332.00	Men's Basic Step Study Group 891 (Tues.)	0.00	367.50
Birthday Contribution 00951	108.00	940.00	Men's Group 97 (Mon.)	0.00	191.80
California Ave. Supper Group 715 (Thur.)	0.00	369.60	Men's Honesty Group SJ 26 (Sat.)	0.00	560.00
Cambrian Saturday Night 376 (Sat.)	0.00	700.00	Men's Single Problem Study 89 (Mon.)	0.00	603.00
Campus Group 234 (Thur.)	0.00	125.73	Men's Single Problem Study 220 (Thur.)	0.00	1,050.00
Chip Winners Group 168 (Wed.)	0.00	222.00	Midday Women's Group 91 (Mon.)	85.00	185.00
Courage to Change 145 (Wed.)	0.00	160.97	Midweek Spiritual Progress 213 (Wed.)	0.00	420.00
Daily Reflections 432 (Thur.)	0.00	194.95	Mountain Miracles 882 (Thur.)	109.20	378.70
Dr. Bob's Nightmare 360 (Sun.)	0.00	195.00	Mountain View Group 350 (Sat.)	210.00	280.00
Early Tuesday Group 119 (Tues.)	361.70	618.78	New Direction 12 x 12 90 (Mon.)	0.00	70.00
Easier Way Group 290 (Fri.)	0.00	178.39	New Nooners 808 (Mon.)	0.00	145.00
East Valley Group 322 (Fri.)	0.00	90.00	New People's Group 3 (Sun.)	0.00	413.00
El Camino Group 108 (Tues)	29.40	29.40	New Steps for Living 20 (Sun.)	366.22	801.56
Eleventh Step Meditation Mtg 276 (Thur.)	0.00	140.00	Noon Discussion 177 (Wed.)	0.00	75.00
End of the Line Men's Group 147 (Tues.)	0.00	433.31	Palo Alto Men's Meeting 525 (Tues.)	0.00	282.80
Evergreen Group 884 (Thur.)	50.00	50.00	Pass It On Group Los Altos 418 (Sun.)	0.00	181.32
Free to Be Me (Women) 736 (Thur.)	0.00	42.00	Personal 00911	1,048.50	3,406.50
G Fair Avenue Fellowship 70901	152.09	521.90	Positive Outlook Group SJ 368 (Sat.)	0.00	108.00
G Forged From Adversity Group 70957	0.00	1,050.00	Progress Not Perfection 229 (Sun.)	70.00	70.00
G Remember We Deal With Alcohol 70938	0.00	770.00	Rincon Men's Fellowship 567 (Thur.)	0.00	350.00
G Serenity at Noon (fka Agnew) 70921	943.75	4,092.35	Saturday Morning Los Gatos 777 (Sat.)	980.00	1,680.00
G South County Fellowship 70954	420.00	1,295.00	Saturday Night Promises PA 847 (Sat.)	0.00	214.20
G Sunrisers Group/Carrows 70932	495.67	1,903.63	Second Tradition Group Spkr 721 (Sat.)	0.00	1,064.00
G Third Tradition Women's Grp(The 70979	416.11	943.64	Serenity at Noon 215 (Wed.)	0.00	175.31
G Winchester Fellowship 70960	381.50	381.50	Shared Gift (The) (Women) 61 (Mon.)	0.00	185.00
Gay & Lesbian Sober Experience 896 (Mon.)	0.00	98.00	Signs of Sobriety .) 402 (Mon.)	25.00	25.00
Gay & Lesbian Step & Tradition G 221(Fr	0.00	50.68	Single Problem Topic 582 (Mon.)	0.00	581.70
Gay Grab Bag Solution 41 (Sun.)	0.00	119.30	Sizzler Group 27 (Sun.)	280.00	280.00
Gay Men's Freedom 262 (Thur.)	0.00	161.00	South Valley Men's 845 (Thur.)	60.00	60.00
- ,			, , ,		

3:20 PM 05/05/09 **Accrual Basis**

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions April 2009

	Apr 09	Jan - Apr 09
Speaker Meeting PA 18 (Sun.)	0.00	240.80
Spiritual Progress 269 (Thur.)	125.00	125.00
Spiritual Step Study Group 233 (Sun.)	158.54	158.54
St. Luke's Group 113 (Tues.)	242.69	550.24
St. Mark's Group 270 (Thur.)	0.00	110.00
Starting the Steps 753 (Fri.)	0.00	768.65
Step Along (Women) Cupt 638 (Wed.)	0.00	100.00
Sunday Early Evening 682 (Sun.)	71.40	71.40
T.G.I.F. Speaker/Discussion 298 (Fri.)	256.82	256.82
The Other Wednesday Nite (Men) 209 (Wed)	0.00	300.00
Think Tank (Men) SJ 361 (Sat.)	0.00	630.00
Thy Will be Done (Meditation) Cambl 974	840.00	1,680.00
Trinity Group 370 (Sat.)	0.00	55.52
Unknown	0.00	80.00
Up the Creek-Daily Reflections 745(Tues.)	135.00	135.00
Veterans of Alcohol (Open) 874 (Tues.)	75.00	150.00
Villages Group of AA (The) 406 (Mon	0.00	280.00
Women's Brunch PA 640 (Sat.)	131.00	691.00
Women's Topic Disc. Group 103 (Tues.)	329.70	652.45
Women Sharing the Solution 519 (Thur.)	0.00	174.00
	0.00	238.70
TOTAL	11,482.67	49,284.42

Apr 09 Jan - Apr 09

Sunday - August 23, 2009



Milpitas Community Center 457 East Calaveras Blvd (at Route 237)



This Year's Theme:

"Enthusiasm and Gratitude in Action"

Morning Speaker: Lexi G. (San Jose)
Noon Speaker: Adam C. (Sacramento)
Evening Speaker: Mark L. (San Jose)

Sponsored by:

Santa Clara County A.A. Intergroup, Hospitals & Institutions,
General Service District 04 - North County, General Service District 40 - South County,
General Service District 17 (Spanish Speaking Groups)

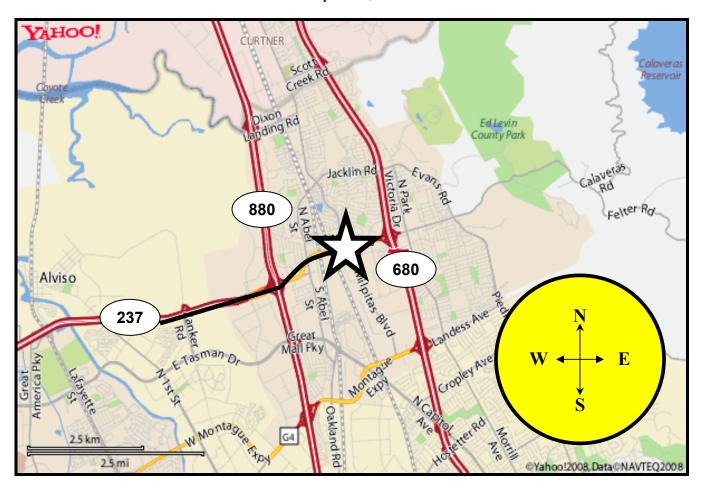
8:30 am to 8:00 pm

Workshops: "La Vina", PI/CPC, Outreach, Archives, H & I, Bridging the Gap, 12th Step & Diverter Workshop, and MORE!!! Also: **Delegate's Conference Report**, and Much More ...Traditional "Nooner" AA Meetings in English and Spanish, Entertainment, FREE "Continental Breakfast", FREE lunch and FREE dinner.... Al-Anon and Family Members Welcome!!! Did I mention that this Event is..... FREE!!!

Everyone is Welcome!!!

"Milpitas Community Center"

457 East Calaveras Blvd Milpitas, CA



From the North: Take 880 South and take Route 237/Calaveras Blvd East to Milpitas Blvd... Entrance is on Calaveras Blvd (*Next to Safeway*) Address: 457 East Calaveras Blvd – "Milpitas Community Center"

From the South: Take 880 North and take Route 237/Calaveras Blvd East to Milpitas Blvd... Entrance is on Calaveras Blvd (*Next to Safeway*) Address: 457 East Calaveras Blvd – "Milpitas Community Center"

From the West: Take Route 237 east – *STAY ON IT !!!* - Calaveras Blvd east to Milpitas Blvd... Entrance is on Calaveras Blvd (*Next to Safeway*) Address: 457 East Calaveras Blvd – "Milpitas Community Center"

** The Milpitas Community Center is located between Hwy 17/880 and Hwy 680 on East Calaveras Blvd





Diverter Volunteer "Workshop!"



If you're interested in becoming part of this wonderful and critical service to A.A., or just learning more about it, please join us at the Workshop...



Every Third Saturday

Time - 10:00 am

Place - First Congregational Church 1980 Hamilton Ave. (at Leigh) San Jose, CA 95125

One Year of continuous sobriety and a good understanding of our 12 Steps and 12 Traditions are the minimal requirements.