

Volume 4 Issue 6 JUNE 2009

WILLINGNESS

Bill wrote that willingness, honesty and open-mindedness are indispensable or necessary to bring about the spiritual experience required to recover from alcoholism, and when I think about my early days in recovery, willingness

was my starting point. Like many, I wasn't the most open-minded person when I began this journey and I most definitely was not honest. But I was willing to do anything to keep me from repeating the hell created by my last drunk!

Over the years willingness remains as "the key" as Bill wrote in step 3 of the 12&12. The key for many things, certainly for continued sobriety and a life that works, but also the comfortable, peace of mind that makes staying sober relatively simple com-

pared to those earliest days.

I've found that today, after several years of comfortable sobriety, the few times that those dark feelings of impending doom and fear come on, and



I'm willing to walk thru them and search for the cause, invariably I discover that I'm doing something or allowing something in my life that I know I shouldn't do or would be better off without. How silly is that? If I don't do it, I don't have to suffer!

Today that reminds me of steps 6 & 7. Bill wrote that if we are willing to let go of our character defects, we ask God to remove them, but he also wrote that if we are NOT willing, we pray for the willingness. In either case, there is

action on my part; willingness is something I can do to further my recovery and growth. So as long as I don't take a hard stand against being willing to

change, especially when I become aware of something in my life that I'd be better off without, I have a chance to move forward.

...Continued on page 2



Inside this issue:

Willingness	1-5
General Service Article	3
Responsibility is our Theme	6-9
Letter From the Editor	10
Archive Corner	10
Calendar	11
Birthdays	12
Financials, IG Minutes	13



Willingness...continued from page 1

Being willing today, letting go of past hurts or fear of the future, or even harder for me can be letting go of past successes in hopes of even better things, that's the key to a truly free life for me. Being willing to watch for, and keep my ego out of it.

When I am living in the moment, and making this moment the best I possibly can, that's when I'm truly free to be me. With God leading, and when I'm sincere about following Him, my whole life just seems to fall into place. The people and things I need come to me very naturally and the people I'm able to help show up each day. Amazingly simple and it's all

based on my willingness to follow Him.

When I was a boy in church I was taught many stories about amazing men and women, many of whom we regard as saints today. I sometimes wonder if there was really anything special about them, or were they just willing to do God's will no matter what the cost, to the extent that I can barely even imagine. I wonder if me or any of us could be that willing, even as Bill and Bob were when they were the only two sober alcoholics, willing to carry the message to AA number 3 regardless of what anyone else thought of them.

Most of the time today I remain willing out of an entirely different

motivation than the early days of avoiding the next drink...because I love the life I have and I want more!

Anonymous



Any alcoholic capable of honestly facing his problems in the light of our experience can recover provided he does not close his mind to all spiritual concepts. He can only be defeated by an attitude of intolerance or belligerent denial. We find that no one need have difficulty with the spiritual side of the program. Willingness, honesty and open-mindedness are the essentials of recovery.

Reprinted from Alcoholics Anonymous [First Edition], Page 399.



General Service Article

(encompassing AA as a whole)

OPENING FOR CLASS A (nonalcoholic) TRUSTEE

The General Service in New York is asking for delegates to submit names they deem appropriate as candidates for Class A (nonalcoholic) trustee of the General Service Board. Class A Trustees are chosen from a variety of professional backgrounds, including doctors, lawyers, clergy, social workers, educators and business and finance professionals. In seeking applications for all vacancies in Alcoholics Anonymous, the Fellowship is committed to creating a large applicant file of qualified person, which reflects the inclusiveness and diversity of AA itself.

The current Class A trustee who will rotate after the 2010 General Service Conference is William (Bill) D. Clark, MD, who was medical director of the Addiction Resource Center, and attending physician, lecturer, and teacher.

Among other meetings, during their two consecutive three-year terms, a Class A Trustee attends triannual, board weekends, a quarterly meeting combined with the General Service Conference in April, a Regional Forum approximately once every 18 months, and possibly two years on either the AA World Services Board or the AA Grapevine Corporate Board.

If you know of, or are familiar with the work of, a qualified non-alcoholic professional in any of the above fields and would like to see that individual considered, please contact our area's Delegate, David, at davidnoll@earthlink.net. David will work with you and the professional you would be recommending, to discuss the particulars of the position, and move the nomination forward. David's deadline is mid-July.

OPENING FOR A.A.W.S NONTRUSTEE DIRECTOR

Interested AA members are encouraged to submit a resume for this position. Basic qualifications are seven years of continuous sobriety; a sound business or professional background is preferable, but not limited to the following areas – finance, management, publishing, legal, or information technology; the ability to work with others; availability to attend all regular meetings of the A.A.W.S Board (currently up to eight per year), three weekend meetings of trustees' committees, and the General Service Conference for one week in April. Directors may also be called upon to attend other meetings and to represent A.A.W.S. at regional forums or other A.A. functions.

You may send your resume to Joe Dennan, secretary, A.A.W.S., Inc.,, at the General Service Office, no later than July 15, 2009.

Thought to Ponder....

Once we clear a hurdle, it doesn't seem so high.



Willingness: Member Experience

Hello my name is Eddie, I am an alcoholic. I was born with cerebral palsy, basically all that means is that it's a little bit harder for me to move my muscles. I know what I want to do and say, but to get the signal from my brain through my body takes awhile. So, I have speech problems, and trouble moving my muscles.

I got introduced to pot at the age of 13 or 14. I guess I did it just to fit in. At that time I started hanging around with 2 different crowds I had my regular friends that I hung around with. We worked on cars, went to movies, stuff that teenage boys would do. The other crowd I hung around with did the same kind of things, but also smoked pot. Through high school and in my adult life I always had the 2 kinds of friends.

My uncle and I bought a mobile home. I had knee surgery and they gave me pain medication. We had a BBQ and had a few friends over. A few days later I found a few beers leftover from the BBQ. Neither my uncle nor I drank at the time. One night I was in a lot of pain and I just couldn't get to sleep. I think I went to get a coke and got a beer instead. The one beer and my pain medication really took care of the pain. I finally got a good night's sleep. A few nights later I had the

same problem, so I had a beer. I slept like a rock. I had to go buy some more beer. I bought a six pack and put it back where the beer was before, I'm not sure why. A few weeks later I was buying 12 packs. I really didn't care for the taste, but I sure liked the effect...

It got to the point where I knew I couldn't stop, but I knew I couldn't go on doing what I was doing. I got some sleeping pills and a 12 pack. It took me about 2 hours to unwrap those sleeping pills. I swallowed about 10 pills and had a few beers and laid down in my bed, hoping I would die. I threw everything up. I had to clean myself up and change my bed, and by taking the pills I wasn't feeling all that well anyway. I tried that stunt two more times over the next few weeks. After the third and final attempt, I called my Dad crying, telling him that I needed help...

My Dad came over to my apartment the next morning, I think he took a day off of work. I told him what had been going on. He was surprised to hear I was doing drugs. He took me to see my own doctor, who was really no help. The next few days and weeks, my Dad spent on the phone trying to get some help for me. He found an outpatient treatment center that accepted Medi-Cal. I had an interview with a counselor over the phone. They would accept me, but there were no openings.

It seemed like it took forever to get in. The staff was really good to me. I can remember saying to myself that when I got out of the treatment center I was going to get a bag of crank, but that never happened. My whole family knew what was going on. I didn't want to let them down.

During the time I was going to the treatment center, a lady that worked in the office at the apartment complex that I lived at said she had a friend that might be able to help me. She gave me his name and number. I called him and we talked for a few minutes. He asked if I wanted to go to a meeting. I said no thanks, maybe some other time. He said I could call him again if I need to talk. I called him back about 5 minutes later asking if the offer was still good about the meeting. He said, "of course" and gave me directions to the meeting. He met me in the parking lot and asked if I would like a push. I said yes. Right before we went in the room I put my feet down. stopping my wheelchair. I asked if I could finish my cigarette before we went in. He said we could smoke in the room. I couldn't tell you a whole lot about that meeting, but after he asked if I had a big book.

Continued on page 5

Page 4 Volume 4 Issue 6



Willingness: Member Experience...continued

I said no, but I would have to get it some other time. I had no money.

He bought me a book, and put my name and my sobriety date in it. He outlined the pages he wanted me to read. He said that he would be here again tomorrow night. I showed up the next night.

About a week or so later he asked me if I had any questions about the book. I said I was having a hard time reading the book. The next day he came by my apartment with his big book. It was full of highlighted pages and book marks. He read a few pages then I read a page. He read with me that way for a couple of chapters or so. One thing I remember, we read about it being a vocation. He told me that meant like a hobby. I thought that was a strange hobby. I asked him if he would be my sponsor and he said he already was.

He had me showing up to meetings early and greeting people at the door as they came in. I didn't like doing it, but it was a great way to meet people. After a while everyone knew my name. I went to the 6:00 and stayed for the 8:00 meeting. After the meetings a group of people would go out to coffee. I would take a car load of people to the restaurant. I

went to picnics, parties, and dances all sober. Every New Year's Eve this group puts on a talent show. There was a lot going on. I was picking up chips for 30, 60 and even 90 days of sobriety. I was so proud of my chips, I was drilling holes in them and putting them on my key ring.

I started taking the bus and my electric wheelchair to meetings, I just couldn't afford the gas. On 3/18/94 I went to a 6:00 meeting. I was going to go home right after the meeting, because it was too late after the 8:00 meeting to take the bus. I got half way home and decided to ride my chair home because it was such a beautiful evening. I went in to a 7-11. I was going to buy cigarettes. I bought a beer. I still don't know why. I just wanted on sip. I can remember opening the can, putting my straw in, and before I knew it the can was empty. I felt like a failure. I went home and called my sponsor and told him what happened. He told me there was nothing he could do now. I should have called him before I had the beer. He said to call him first thing in the morning, and hung up the phone. I called him, it was Saturday morning. He said get to the Saturday morning men's meeting. I got there, I had to start over again. I had to introduce myself as a newcomer again. We

started working the steps all over. I took my chips off my key ring. I was going to do whatever it took to stay sober this time.

The apartment complex I lived in was owned by a church. Every year they had a new intern student that moved in. She came knocking on my door to introduce herself. She invited me to services and I politely turned her down. She returned to ask if I wanted to go to Monterey with her. She was from Texas and wanted to see some sites. I decided to go with her. She and I became really good friends. She knew I was trying to get sober, maybe that's why she gave me a little bit more attention. She invited me to go to services again and this time I went. She kind of took me under her wing without me noticing it. She asked me if I had anything I wanted to learn and I told her I wanted to learn the Lord's Prayer. I didn't know it and it was said at the end of every meeting. She gave me a card with the Lord's Prayer printed on it, and said after I learned it I could recite it at a special service they were having. I learned it all right, but I also found a loving God of my own understanding. I've moved away from that apartment

Continued on page 6



Willingness: Member Experience...continued

complex, but when I can I go to the services on Sundays. That place will always be my home church.

I started going to the Big Book study meeting. I met a man that became a good friend to me. He sat by me and help the book for me. He gave me gas money. We went to different meetings.

I got rear-ended, but because I had no insurance I was at fault. I remember driving to a meeting the next day and telling my sponsor what happened. Since I had no insurance and couldn't afford it, he suggested that I stopped driving. I asked how I was supposed to get to meetings. He said to start taking the bus or ask people for rides. It has been 8 years since I gave up my car. I can go anywhere by bus, train or BART. Hopefully someday I will be able to afford insurance again.

Near my one year anniversary I got— mad at my sponsor. I quit talking to him. I had someone put my name up on the birthday board to get my 1 year chip and he asked who was my sponsor. I said no one. He

asked who would give me my chip. I told him the name of my friend I was hanging out with. When I got home I called to make sure he would, and I asked him to be my sponsor. He gave me my chip and every chip after that for a few more years.

I got involved with the group, being the secretary for meetings and other service positions. I even performed in the talent show a few times. It seemed the more I did to help out, the more I felt a part of the group. I couldn't lift the coffee pots, so I would have to arrange for someone to help me. I didn't like asking for help, but it got easier and easier the more I did it.

A sweet lady that assisted me told me that she liked me. I had no idea what to do, so I called my sponsor and asked. He asked if I liked her, I said yes, he told me to take her out. She came to some meetings with me and was there when I picked up my 3rd and 4th year chips.

My sponsor drank again and hasn't made it back to the rooms. Right after I got married I asked my first sponsor to sponsor me again. He was living out of the area at the time, but was still at-

tending the meetings. He had me write a paper about why I wanted him to be my sponsor again.

One day, I received a page early in the morning from someone in a locked down ward at the hospital. I had given him my number at one time. He was at the end of his rope and needed someone to talk to. I called my sponsor to ask his opinion about whether it was safe for me to go. He told me to go, but to make sure to give the right information. I went there with my big book in my back pack. We talked for a little bit. We did the first three steps right there. It felt good helping somebody else.

Nowadays I can't get to as many meetings as I would like, but I do get to 3 or 4 a week. I'm a full time father and husband. I started a small business from my home. My life is rich and meaningful today. I still Have problems and worries, but nothing that I need to drink over. Through working the 12 steps I have received tools that I am able to use in my daily life. I am blessed.

-Eddie

Page 6 Volume 4 Issue 6



Willingness

According to Webster's Dictionary "Willingness" is defined as 1. "ready or agreeing (to do something), 2. doing, giving, etc. or done, given, etc. readily or gladly.

For over a decade I was willing to go to any length and to put my life and the lives of others in constant jeopardy, so that my drinking could continue uninterrupted. Towards the end of my drinking career (which came to an end last November), I was simply sick and tired of being sick and tired of my alcoholism. All of the deception finally converted to exhaustion. And I became "HOW" (honest, open, and willing) to do what-

ever it took to get and remain sober.

For 6 months now, I have successfully stayed sober by getting into action and being willing to work my sobriety program with unwavering fervor. I work my sobriety program on a daily and minute-by-minute basis, and as a result, my alcoholism no longer "works me."

As noted on page 76 in the Big Book – "Remember it was agreed at the beginning we would go to any lengths for victory over alcohol."

Here is what "Willingness" meant in my life before I got

sober, and what "Willingness" now means in my life *after* getting sober:

<u>Before</u>	<u>After</u>
W ithdrawn	Worthwhile
Isolation	Invigorated
Loneliness	Limitless
Lost	Lively
Irritable	Invaluable
N umb	Necessary
G uilty	G rateful
Nervous	Noble
Empty	E xhilarated
S hameful	S trong
S haky	S afe

~ Debbie H.

Here is a short acknowledgment to all the groups that participated in the chili cook-off. It certainly reflected our theme "Celebrating the Home Group." Our attendance was well over 250. The competition was heated, as was the chili. And the cornbread was so good, we ran out early. But there was plenty of fruit cobbler and coffee to carry us into a great meeting run by Bowers Park. Fun and fellowship gave the room a warm buzz and it was an opportunity to see old friends, make new ones, carry our message of recovery and CELEBRATE THE HOME GROUP. Congratulations to the winning chili group, Attitude Adjustment, 7 a.m. Denny's and the winning cornbread group, Sunrise Group, Unity Church, Palo Alto. Thank you runners up in chili: Men's Basic Step Study, South County Fellowship, Easier Way, Women's Get up and Go, Sunday Spiritual Progress Group, Serenity First Fellowship and the Get Well Group. Thanks to runners up in cornbread, SCCYPAA and Monday Midday Women's. Thank you We Care Group for coffee and Saturday Night Live for dessert. Thank you SCCYPAA for cornbread and clean-up. Our next Intergroup event will be... participating in a Founder's Day Picnic in June, an open house at Central Office spotlighting Archives, with a hot dog BBQ, and Take Your Sponsor to Brunch. Contact Marilyn H. or your Intergroup rep to ioin in!



Letter From the Editor

Hello everyone,

Here is a list of upcoming COIN topics for the next few months:

July - What is A Service Sponsor?

Aug. - Why Go to Meetings?

Sept - Stick With the Winners

Oct - The Importance of a Home Group

If you would like to share a story, article, resource, or poem please email your submissions to me by the 15th of the preceding month to:

cathyann5116@yahoo.com

ARCHIVES CORNER

- 1. From it's inception in 1963, Central Office suffered ailing finances. In an effort to add support to Central Office, seventeen members of the Willow Glen Group began the "Buck of the Month Club". While not all the members of that club continued their support, those who were faithful contributors became an important part of the financial health of Central Office.
- 2. In June of 1947 Bill W. began publishing his writings about what became our Twelve Traditions. He used the Grapevine, as he often did, to distribute his thoughts and plans throughout the Fellowship. Through this sounding board he developed the "Long Form" of our Traditions and encouraged our members to become Traditions-conscious. The first ever General Service Conference was held in 1950 and it was that Conference that approved our Twelve Traditions. Earl T., founder of the Chicago Group, suggested to Bill that he cut down the long form to something more brief. After about a week of diligent effort, Bill came up with something similar to the presently used "short form".
- 3. Speaking of the Grapevine, this June it is 65 years old. Bill used the Grapevine to communicate with the Fellowship. It began as an 8 page document which sold for 15¢ and, in 1945, with the approval of the groups, was designated the national journal of Alcoholics Anonymous. In 1948 it changed from the newsletter format to the present magazine style, and recently got a facelift to a very elegant, professional magazine at that. Longtimers will recall Victor E., the sad, continually perplexed fellow always standing outside the swinging doors of a bar. Victor E. was created by Jack M., the editor of the Grapevine in 1962.

Bill W. used the Grapevine to correspond with the Fellowship, publishing many articles over the years. The best, most relevant of these articles were compiled into a book, "Language of the Heart", which can be purchased at Central Office.



July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 PI Comm. 6:00PM Outreach Comm. Mtg. 6:15PM Intergroup Meeting 8:00PM	2	3	4 Secretary's Workshop 10:00AM Central Office
5	6	7	8	9	10	11 PI/CPC Workshop, 10:00AM Central Office
12	13	14	15 North County General Service 7:30PM	16	17	18 Diverter Workshop, 1980 Hamilton Ave., 10:00 am
19	20	21 South County General Service 7:00PM	22	23	24	25
26	27	28	29	30	31	

LOCAL EVENTS

June 27: SCCYPAA Traditions Workshop, Calvary Church, 16330 Los Gatos Blvd., Los Gatos, 10 AM

Aug. 23: Unity Day, Milpitas Community Center, 457 E. Calaveras Blvd., Milpitas

EVENTS AROUND CALIFORNIA

July 17-19: NCCAA, Sacramento

Aug. 14-16: Summer Serenity in the Sierras, Oakhurst, CA Aug. 21-23: 2009 Redwood Coast Roundup, Fortuna, CA

Aug. 21-23: 6th Annual Common Solution Round-up, Shaver Lake, CA

Sept. 25-27: Woman to Woman Conference, San Diego

EVENTS AROUND THE COUNTRY

July 1-4 (2010): 2010 International Convention, San Antonio, TX, watch the COIN and G.S.O.s website at www.aa.org for more info.

Page 9 Volume 4 Issue 6



Alcoholics Anonymous... ow may we help you?

Telephone Calls Received During May

Daytime at Central Office 443

Daytime 12 Step Calls 12

Evening and Weekend calls 320

Evening 12 Step Call information is not available.

An average of just over 7,500 hits are made on our website each month!!

WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF A.A. TO ALWAYS BE THERE. AND FOR THAT: I AM RESPONSIBLE.

To all the members and groups who support us, **WE THANK YOU!**

SPEAKER MEETINGS

Weekender Speaker Meeting

Sundays at 6 p.m. Good Shepherd Lutheran Church 1735 Hecker Pass Road, Gilroy

Grapevine Speakers Meeting

Fridays at 8 p.m.

Presbyterian Church

San Tomas & Homestead, Santa Clara

Second Tradition Group of AA

Saturdays at 8 p.m.

Lincoln Glen Church, 2700 Booksin Ave, San Jose

Saturday Night Speakers-8 p.m.

Alano Club of San Jose

1122 Fair Avenue, San Jose

Remember We Deal With Alcohol

Saturdays at 8 p.m.

St. Mark's Church

1957 Pruneridge Ave., Santa Clara

Saturday Nite Live Group

Fridays at 8 p.m.

1388 S. Bascom at Stokes, San Jose

Speaker Meeting-VA Hospital

Sunday at 11:15 a.m.

3801 Miranda Ave., Palo Alto

Saturday Morning Fellowship

Saturday at 10 a.m.

United Presbyterian Church

Fremont & Hollenbeck, Sunnyvale

MEETING CHANGES

Deleted

<u>1-2-3 Step.</u> Tues. 8:00PM, Alano Club West <u>Road to Recovery</u>, Sun., 8:00PM, Alano Club of San Jose

Changed

<u>Tell It Like It Is</u>, Tues., 6:00 PM, Sunnyvale, is now a 12 Step Study Mtg. <u>H.O.W. Group</u>, formerly Wed., 6:30 PM, Sunnyvale, is now Wed., 6:00 PM, 581 E. Fremont Ave., at Manet

<u>Serenity at Noon Group.</u> Mon—Fri, Noon, formerly at Agnews, moved to Comunidad Cristiana de San Jose Church, 2371 Ringwood Ave. @ Tradezone, San Jose

East Valley Group, Fri., 8:15 PM, moved to the Parish Office Center

Queer and Sober. Sat. 10:30 AM, moved to Holy Redeemer Lutheran Church, 1948 The Alameda, at McKendre, downstairs

<u>University Beginners</u>, Wed., 5:00 PM, Santa Clara, meeting room changed to 207A

<u>Big Book Men's Group</u>, formerly Big Book & Donuts, now meeting at Whole Foods, 4000 El Camino Real, Los Altos, Tues., 7:00 AM

10th Step Meeting, now at 6:00 PM, 651 Broadway, Gilroy

Entire Abstinence, Monday, 8:00 PM, moved to Meterrainian Apts., 550 Kiely Blvd, The Club House.

New

<u>The Cave Group.</u> Wed., 7:15 PM, Cornerstone Fellowship, Alano Club West <u>Eleventh Step Meditation</u>, 8:00 PM, San Jose Christian Reformed Church, 5150 Camden Ave.

We Are Not Saints, Tues., 7:30 PM, Women, Cornerstone Fellowship, Alano Club West, 1344 Dell Ave., Campbell

10:00AM Meeting, Friday, 10:00 AM, Alano Club West, 1344 Dell Ave., Campbell

Came to Believe, Thurs., 12:00 PM, 7787 Monterey St., Gilroy

Meeting 23, Tues., 6:00 PM, 210 San Jose Ave., #12

Walk Through the Big Book, Tues., 6:00 PM, 2000 Monterey Rd., Community Room

No Hurry Big Book Study, Friday, 6:00 PM, 7787 Monterey St., Gilroy



BIRTHDAY CONTRIBUTIONS

BIRTHDAY CELEBRANT	YEARS	CONTRIBUTIONS BY	BIRTHDAY
Gloria V.	2	Aileen B.	06/19/07
Katy B.	1	Aileen B.	06/19/08
Rita M.	29	Aileen B.	06/12/80
Annie T.	21	Anonymous	05/18/88
Walt P.	23	His Poker Pals	05/08/86
John F.	23	Tim S., Sharon S.	05/24/86
Peggy Z. (We got it right this time, Peggy)	35	Mary Pat P., Aileen B.	05/29/74
Marion F.	24	Aileen B.	05/18/85
Bob S.	23	Anonymous	06/01/86



HAPPY BIRTHDAY TO ALL!!

181 YEARS OF SOBRIETY

If you would like to participate or honor a friend, please use the birthday forms at your Meeting or Central Office.

Page 11 Volume 4 Issue 6



INTERGROUP MINUTES

May 6, 2009

- Mary Pat P., Intergroup Chairperson, opened the meeting at 8:03 pm, followed by a Moment of Silence and the Serenity Prayer.
- Mike read the short Definition of Intergroup.
- There were 69 in attendance; roll call was not done.
- Linda read the Twelve Traditions.
- Additions to the Agenda: under Unfinished Business add Inventory Response Committee. under New Business Traditions Workshop. Corrections to the Agenda: Barbara N. phone number was corrected.
- No Corrections or additions to the previous month's minutes:

Intergroup Council Treasurer's Report: Mike M.

 Beginning Balance:
 04/01/09
 \$ 58.00 Prudent Reserve \$300.00

 Balance
 04/01/09
 \$ 58.00 Prudent Reserve \$300.00

• Birthdays: Ned 7 yrs; Linda 4 yrs; Barbara 22 yrs; Barbara 4 yrs.; Claudia 3 yr; Bruce 26 yrs; Chuck 27 yrs; Susan 23 yrs; Mike 2 yrs.

Announcements: Alyssa: SNL picnic, May 16 at Kelly Park, starting at 10 am.

Jim: Dalles Group, 4th Step workshop starting May 21st, running for 4 weeks, 7pm.

Reports

Intergroup Chair - Mary Pat P.

3 new Intergroup reps.

Central Service Board - Doug. for Lexi

April 30th financial review.

Spot check inventories

Central Office -Bruce K.

July 1st: Big Book prices will increase \$2 for all sizes except for pocket which will increase 50 cents. All 12x12s will increase \$1.

Cory B. has been hired for the Office Assistant position.

4. PI/CPC - Jennifer

Presentations coming up: Heller Park Fair, Father Day Fair.

Thank you to SCCYPA for supporting PI/CPC.

Presentations at Homestead High School.

5. Twelfth Step Committee -

Daytime - Bruce K. - No report

Nights and Weekends - Peter - Shifts are available.

Diverter workshop: Every 3rd Saturday starting at 10:00 am., First Congregation Church, 1980 Hamilton Ave, San Jose, 95125.

6. Outreach Committee - Lee C.

More volunteers are needed

7. Newsletter Committee - Cathyann - No report

List of upcoming COIN topics for the next few months:

June: Willingness

July: Service Sponsor

8. Activities Committee - Marilyn H.

Chili cook-off: Chili winner- Attitude Adjustment; Cornbread winner - Sunrisers.

Revenue - DONATIONS = \$1,624.00 Expenses - Rent \$300.00

> Advances to chili groups \$240.00 Adv. to cornbread groups \$75.00 Coffee expenses \$40.00 Dessert expenses \$257.00 Supplies \$374.96

TOTAL EXPENSES \$1,286.96

NET PRECEDES <u>\$ 337.04</u>

Page 12 Volume 4 Issue 6



MINUTES, cont.

9. Other Service Committee Reports

Unity Day - Peter

Funds are coming in.

Unity Day scheduled for August 23rd, 2009.

Flyer in COIN

Want to get involved? Come to planning meetings on 1st Saturday of each month, 4pm at Carrows on Saratoga Ave.

Northern California Council of Alcoholics Anonymous - Barbara B

NCCAA Conference in Sacramento, July 17-19, Double Tree Hotel, 2001 Point West Way.

Hospitals and Institutions - Charlene

Donations are good.

Service positions are available. Contact Charlene for more information.

Bridging the Gap - Bill - No report

North County - Mark R -

End of the agenda topics season; Saturday will be the post-conference assembly.

New GSRs are attending the meeting.

South County - Steven F. - No report

UNFINISHED BUSINESS:

Reprinting card "24 Hour Program of AA" - Jan

Approximate cost: five and half cents to print card

Motion: Intergroup approves the printing of the "24 Hour Program of AA" with the tolerance statement removed, the copyright information printed, and an address change. The price of the card will be set by Central Office.

Motion was seconded and passed by Intergroup representatives. (27 yes, 17 no, 2 abstentions)

Sponsorship Workshop -Barbara N.

Organizing committee suggests: run workshop like a meeting; two hours long; sponsorship pamphlet as a source; have 5 speakers and 1 secretary.

Looking for a location

Communications/Information Distribution - Steve

Will make a report next month.

Intergroup Picnic - Peter

Founder's Day Picnic - June 12, 2010 AA will be 75 years old.

Anyone interested in joining the Ad Hoc Committee, contact Peter.

Need to find location; Budget \$4,000, which includes food, entertainment, park fees, equipment, etc, for 400-500 people.

Motion: Peter and Marilyn (activities committee) to move forward to coordinate picnic in the beginning of June 2010. Motion Seconded and passed by Intergroup representatives.

Upcoming events in June: Spring Fling in Santa Cruz; BBQ and Potluck in Elk Grove; Auburn Dinner and Dessert Potluck; Dessert Potluck in Roseville; Events in August: CCFAA Annual Picnic Aug 16th, 2009, in Sacramento.

Inventory Response Committee - Mike

Intergroup representatives will do service in the Outreach committee during their service to Intergroup.

Groups that have multiple meetings be represented by one or many representatives – Feedback: 1. SNL would have 36 reps at Intergroup if they had a rep per meeting. Prefer having one rep only and then distributes information through business meeting. Feedback all echoed SNL's comments. One rep for large groups works much better than having one for each meeting.

COIN ran service sponsorship

New Representative Orientation: encouraging visitors to come and when old rep is leaving service to bring the new representative to the meeting.

NEW BUSINESS:

Discussion: Start time of Intergroup meeting is 8pm and there is no set ending time. It has been brought up to change the start time earlier. Mary Pat will check with Church regarding availability. Motion was to table discussion. Motion seconded and passed by Intergroup representatives to table discussion until next month.

Traditions Workshop – Dave R : Is there an interest in hosting a traditions workshop. Motion was to table discussion. Motion seconded and passed by Intergroup representatives to table discussion until next month

OPEN FORUM: none

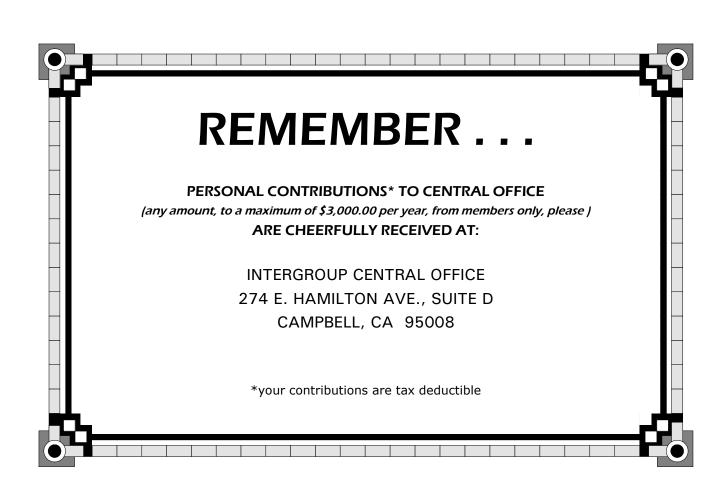
With no further business, the meeting was adjourned at 9:28 pm Respectfully submitted.

Kathy H.

Intergroup Central Office of Santa Clara County, Inc. 274 E. Hamilton Ave. Suite D Campbell, CA 95008

RETURN SERVICE REQUESTED

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10:59 AM 06/02/09 Accrual Basis

Net

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC. Profit & Loss

May 2009

	May 09	May 08	Jan - May 09
Ordinary Income/Expense			
Income			
3030 · Contributions-General	9,537.10	7,310.32	58,821.52
8010 · Literature Sales	4,676.41	4,188.05	27,758.27
8020 · Meeting Guide Sales	768.50	997.00	5,276.50
8060 · Newsletter Subscriptions	0.00	0.00	65.00
Total Income	14,982.01	12,495.37	91,921.29
Cost of Goods Sold			
5000 · Cost of Goods Sold			00 000 10
5100 · Cost of Inventory Sold	3,260.00	3,326.65	20,202.40
5150 · Cost of Meeting Directories	234.50	498.12	2,434.73
5000 · Cost of Goods Sold - Other	0.00	0.00	0.00
Total 5000 · Cost of Goods Sold	3,494.50	3,824.77	22,637.13
Total COGS	3,494.50	3,824.77	22,637.13
Gross Profit	11,487.51	8,670.60	69,284.16
Expense			
6010 · Alarm Service	0.00	0.00	354.00
6030 · Accounting and Legal Fee	0.00	91.52	1,636.69
6060 · Amortization of Improvements	0.00	0.00	3.25
6070 · Bank Credit card charges (Credit card costs and fees)	39.08	57.25	398.47
6120 · Computer Expenses	0.00	0.00	131.36
6140 · Conferences - Office Manager	381.33	447.50	431.91
6150 · Unity Day Expense	0.00	-80.00	750.00
6160 · Copier Expense	56.89	84.91	533.72
6190 · Depreciation Expense	0.00	0.00	1,418.00
6220 · Insurance - Worker Compensation	0.00	0.00	480.22
6230 · Insurance - General Liability	0.00	0.00	2,384.00
6240 · Employee HRA Plan	817.36	669.79	4,086.80
6245 · Internet Access Charges	29.95	19.95	138.63
6330 · Office Expense	90.68	750.44	468.01
6350 · Office Furnishings - Expense	0.00	0.00	96.35
6370 · Office Paper Supply	10.80	0.00	1,139.31
6380 · Payroll Taxes	685.70	548.50	3,415.46
6410 · Postage	320.00	300.00	891.40
6480 · Rent	2,343.95	2,280.60	11,776.40
6540 · Salaries - Office	7,917.44	6,614.57	37,785.69
6560 · Payroll Expenses	75.91	0.00	369.64
6600 · Signing Services	200.00	200.00	850.00
7010 · Taxes and Licenses	0.00	0.00	70.00
7050 · Telephone	330.55	301.54	1,660.23
7060 · Travel	0.00	0.00	30.59
9080 · Sales Tax (Sales tax paid on purchases)	0.00	0.00	-0.25
Total Expense	13,299.64	12,286.57	71,299.88
Net Ordinary Income	-1,812.13	-3,615.97	-2,015.72
Other Income/Expense			
Other Income			
8030 · Interest Income	225.38	273.76	852.99
8050 · Activities Committee	0.00	0.00	112.04
Total Other Income	225.38	273.76	965.03
Net Other Income	225.38	273.76	965.03
t Income	-1,586.75	-3,342.21	-1,050.69

10:52 AM 06/02/09 Accrual Basis

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC. Balance Sheet

As of May 31, 2009

	May 31, 09
ASSETS	
Current Assets	
Checking/Savings	
1010 · Petty Cash	225.00
1020 · First Republic Bank (Checking account)	5,094.68
1021 · First Republic Bank CD 3202 (4 Mo. CD @ 1.54%, 05/06/2009)	15,617.82 *
1022 · First Republic Bank CD 3210 (6 Mos. CD @ 1.78%, 08/04/2009)	20,708.48 *
1023 · First Republic Bank CD 3228 (12 Mos. CD @ 2.03%, 02/04/2010)	15,601.98 *
1024 · First Republic Bank CD 2608 (8 mos. CD @ 3.73%, 07/26/2009)	13,202.15 *
1042 · Capital Preservation Fund (Treas. fund, variable interest)	15,741.94 *
Total Checking/Savings	86,192.05
Accounts Receivable	
1110 · Accounts Rec - Group Deposits	-978.05
Total Accounts Receivable	-978.05
Other Current Assets	
1250 · Literature Inventory	21,291.40
1310 · Prepaid Insurance	224.00
Total Other Current Assets	21,515.40
Total Current Assets	106,729.40
Fixed Assets	
1630 · Office Equipment	28,857.02
1640 · Office Furnishings - Asset	7,097.67
1641 · Less Accumulated Depreciation	-19,592.00
1680 · Leasehold Improvements	300.00
1681 · Less Accumulated Amortization	-163.25
Total Fixed Assets	16,499.44
Other Assets	1 000 05
1860 · Deposits	1,993.85
Total Other Assets	1,993.85
TOTAL ASSETS	125,222.69
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Other Current Liabilities	1 022 70
2240 · Sales Tax Payable (due quarterly) Total Other Current Liabilities	1,033.78
Total Current Liabilities	1,033.78
	1,033.78
Total Liabilities	1,033.78
Equity	16 400 44
2740 · Temporarily Restricted Funds 3900 · Unrestricted Funds	16,499.44
Net Income	108,740.16 -1,050.69
Total Equity	124,188.91
rotal Equity	124,100.91
TOTAL LIABILITIES & EQUITY	125,222.69

** Our Prudent Reserve Accounts total: \$80,872.37

This represents the Board established goal of 6 months of operating expenses.

11:04 AM 06/02/09 **Accrual Basis**

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC. Group Contributions May 2009

-	May 09	Jan - May 09	-	May 09	Jan - May 09
1 INV Fremont & Hollenbeck Group 70907	0.00	625.78	G Sober & Free Conference 70928	252.50	252.50
1 INV Fremont & Manet Group 70975	0.00	1,068.00	G South County Fellowship 70954	0.00	1,295.00
1 INV R and B Group 70972	283.33	1,479.46	G Sunrise Group of Palo Alto 70963	550.00	550.00
1 INV Saturday Nite Live Group 70905	70.00	350.00	G Sunrisers Group/Carrows 70932	536.10	2,439.73
1 Inv Seeking Guidance Group 70976	0.00	563.87	G Third Tradition Women's Grp(The 70979	162.06	1,105.70
1 INV Spiritual Progress Group 70904	0.00	360.00	G Winchester Fellowship 70960	75.00	456.50
12 Steps at Noon 303 (Fri.)	0.00	70.00	Gay & Lesbian Sober Experience 896 (Mon	0.00	98.00
3rd Steppers Book Study (Wom) 610 (Thur	0.00	236.43	Gay & Lesbian Step & Tradition G 221(Fr	0.00	50.68
A Vision for You Women's 802 (Tues.)	0.00	140.00	Gay Grab Bag Solution 41 (Sun.)	0.00	119.30
A.B.C. Women's Group 58 (Mon.)	0.00	350.00	Gay Men's Freedom 262 (Thur.)	0.00	161.00
As Bill Sees It 6.00P 518 (Mon.)	266.00	476.00	General Service 90000	20.00	20.00
Attitude Adjustment SJ 258 (Fri.)	0.00	148.40	Get Up and Go SC (Women) 187 (Sat.	0.00	315.83
Attitude Adjustment SJ 861 (Thur.)	0.00	164.85	Get Well Group 17 (Sun.)	0.00	301.90
Attitude Adjustment SJ 886 (Tues.)	0.00	84.30	Grace Group of AA PA 352 (Sat.)	0.00	331.00
Attitude Adjustment SJ 198 (Wed.)	0.00	206.35	Grateful Live Group 535 (Mon.)	0.00	302.05
Attitude Adjustment SJ 321 (Mon.)	0.00	220.50	Happy Hour Campbl 652 (Fri.)	0.00	269.50
Basic 12 & 12 00662 (Mon.)	105.00	315.00	Happy, Joyous & Free 650 (Tues.)	0.00	266.00
Basic Big Book Study 803 (Tues.)	42.24	42.24	High Hope SJ 239 (Sat.)	0.00	282.00
Bedmakers Group (Men) 812 (Thur.)	0.00	47.00	HOW Group 71 (Mon.)	0.00	400.00
Berryessa Group 527 (Wed.)	0.00	161.00	In the Basement 545 (Sun.)	0.00	110.16
Better Way of Living 197 (Wed.)	70.00	70.00	In the Solution 647 (Sat.)	280.00	280.00
Big Book Discussion Group LA 107 (Tues	35.00	35.00	Inspiration Big Book 195 (Wed.)	0.00	50.00
Big Book Meeting 160 (Wed.)	0.00	220.00	Intergroup Council 80909	0.00	184.01
Big Book Step Study (Men) 325 (Fri.)	245.00	245.00	Invaders Group 44 (Sun.)	0.00	50.00
Big Book Study Mlpts 8.00P 347 (Sat.)	0.00	50.00	Joy of Living 464 PA (Wed.)	0.00	442.15
Bill's Basement 384 (Fri.)	0.00	332.00	Ladies Amethyst AA Study Group 749 (We	0.00	163.00
Birthday Contribution 00951	32.00	972.00	Lesbians Living the Promises 349 (Fri.)	0.00	140.00
California Ave. Supper Group 715 (Thur.)	0.00	369.60	Living in the Solution (W) MH 33 (Sat.)	137.25	137.25
Cambrian Saturday Night 376 (Sat.)	350.00	1,050.00	Living with Others 319 (Fri.)	0.00	272.57
Campus Group 234 (Thur.)	0.00	125.73	Living with Serenity (Chip) 599 (Wed.)	168.00	168.00
Chip Winners Group 168 (Wed.)	160.72	382.72	Los Altos Group 225 (Thur.)	0.00	105.00
Courage to Change 145 (Wed.)	0.00	160.97	Los Altos Men's Group 59 (Mon.)	0.00	230.00
Daily Reflections 432 (Thur.)	0.00	194.95	Los Gatos Big Book 664 (Mon.)	0.00	420.00
Downtown Steppers (Men) 392 (Mon.)	105.00	105.00	Los Gatos Tuesday Night 110 (Tues.)	0.00	70.00
Dr. Bob's Nightmare 360 (Sun.)	0.00	195.00	Meditation Meeting LA 39 (Sat.)	0.00	105.00
Early Bird 414 (Sat.)	21.75	21.75	Men's Basic Step Study Group 891 (Tues.)	224.70	592.20
Early Tuesday Group 119 (Tues.)	0.00	618.78	Men's Group 97 (Mon.)	0.00	191.80
Easier Way Group 290 (Fri.)	568.38	746.77	Men's Honesty Group SJ 26 (Sat.)	0.00	560.00
East Valley Group 322 (Fri.)	0.00	90.00	Men's Single Problem Study 89 (Mon.)	0.00	603.00
El Camino Group 108 (Tues)	0.00	29.40	Men's Single Problem Study 220 (Thur.)	0.00	1,050.00
Eleventh Step Group 167 (Wed.)	210.00	210.00	Midday Women's Group 91 (Mon.)	0.00	185.00
Eleventh Step Meditation Mtg 276 (Thur.)	0.00	140.00	Midweek Spiritual Progress 213 (Wed.)	0.00	420.00
End of the Line Men's Group 147 (Tues.)	0.00	433.31	Monday Midday Meeting PA 714 (Mon.)	210.00	210.00
Evergreen Group 884 (Thur.)	0.00	50.00	Mountain Miracles 882 (Thur.)	0.00	378.70
Free to Be Me (Women) 736 (Thur.)	0.00	42.00	Mountain View Group 350 (Sat.)	0.00	280.00
G Fair Avenue Fellowship 70901	116.75	638.65	New Direction 12 x 12 90 (Mon.)	0.00	70.00
G Forged From Adversity Group 70957	0.00	1,050.00	New Nooners 808 (Mon.)	0.00	145.00
G Remember We Deal With Alcohol 70938	0.00	770.00	New People's Group 3 (Sun.)	0.00	413.00
G Serenity at Noon (fka Agnew) 70921	0.00	4,092.35	New Steps for Living 20 (Sun.)	0.00	801.56
,		.,			2300

11:04 AM 06/02/09 **Accrual Basis**

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions May 2009

-	May 09	Jan - May 09
No Bull Big Book 655 (Fri.)	210.00	210.00
Noon Discussion 177 (Wed.)	0.00	75.00
Palo Alto Men's Meeting 525 (Tues.)	0.00	282.80
Pass It On Group Los Altos 418 (Sun.)	0.00	181.32
Pathfinders 543 (Fri.)	24.88	24.88
Personal 00911	103.73	3,510.23
Positive Outlook Group SJ 368 (Sat.)	70.00	178.00
Progress Not Perfection 229 (Sun.)	0.00	70.00
Rincon Men's Fellowship 567 (Thur.)	0.00	350.00
Saturday Morning Los Gatos 777 (Sat.)	0.00	1,680.00
Saturday Night Promises PA 847 (Sat.)	0.00	214.20
Second Tradition Group Spkr 721 (Sat.)	1,050.00	2,114.00
Serenity at Noon 215 (Wed.)	0.00	175.31
Shared Gift (The) (Women) 61 (Mon.)	0.00	185.00
Signs of Sobriety .) 402 (Mon.)	0.00	25.00
Single Problem Topic 582 (Mon.)	0.00	581.70
Sizzler Group 27 (Sun.)	0.00	280.00
South Valley Men's 845 (Thur.)	0.00	60.00
South Valley Women's Surrender 88 (Mon	0.00	240.80
Speaker Meeting PA 18 (Sun.)	0.00	125.00
Spiritual Progress 269 (Thur.)	0.00	158.54
Spiritual Step Study Group 233 (Sun.)	0.00	550.24
St. Luke's Group 113 (Tues.)	150.00	260.00
St. Mark's Group 270 (Thur.)	0.00	768.65
Starting the Steps 753 (Fri.)	0.00	100.00
Step Along (Women) Cupt 638 (Wed.)	0.00	71.40
Sunday Early Evening 682 (Sun.)	0.00	256.82
T.G.I.F. Speaker/Discussion 298 (Fri.)	0.00	300.00
The Other Wednesday Nite (Men) 209 (We	0.00	630.00
Think Tank (Men) SJ 361 (Sat.)	0.00	1,680.00
Thy Will be Done (Meditation) Cambl 974	0.00	55.52
Trinity Group 370 (Sat.)	0.00	80.00
Tuesday Night Saratoga Group 152 (Tues.	800.00	800.00
Unknown	0.00	135.00
Up the Creek-Daily Reflections 745(Tues.)	0.00	150.00
Veterans of Alcohol (Open) 874 (Tues.)	0.00	280.00
Veterans of Alcohol North (Open)338(Wed	120.00	120.00
Villages Group of AA (The) 406 (Mon	0.00	691.00
What's Happening Today 552 (Thur.)	1,118.53	1,118.53
Winners Group 440 (Sat.)	70.00	70.00
Women's Brunch PA 640 (Sat.)	0.00	652.45
Women's Topic Disc. Group 103 (Tues.)	134.98	308.98
Women Sharing the Solution 519 (Thur.)	228.20	466.90
=	9,377.10	58,661.52

May 09	Jan	- May 09

Sunday - August 23, 2009



Milpitas Community Center 457 East Calaveras Blvd (at Route 237)



This Year's Theme:

"Enthusiasm and Gratitude in Action"

Morning Speaker: Lexi G. (San Jose)
Noon Speaker: Adam C. (Sacramento)
Evening Speaker: Mark L. (San Jose)

Sponsored by:

Santa Clara County A.A. Intergroup, Hospitals & Institutions,
General Service District 04 - North County, General Service District 40 - South County,
General Service District 17 (Spanish Speaking Groups)

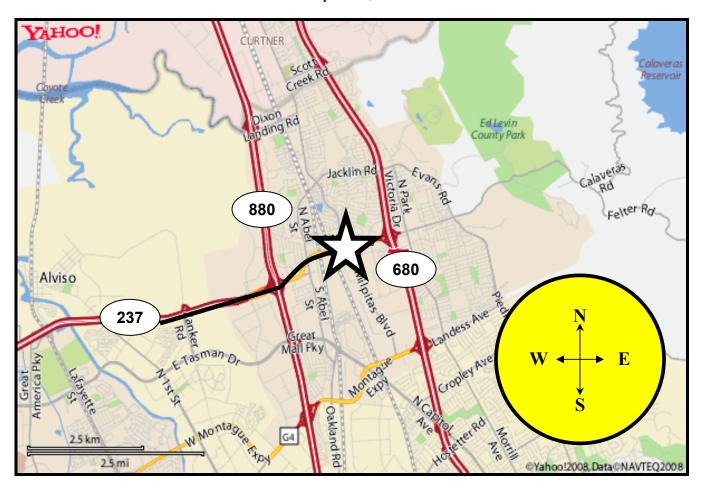
8:30 am to 8:00 pm

Workshops: "La Vina", PI/CPC, Outreach, Archives, H & I, Bridging the Gap, 12th Step & Diverter Workshop, and MORE!!! Also: **Delegate's Conference Report**, and Much More ...Traditional "Nooner" AA Meetings in English and Spanish, Entertainment, FREE "Continental Breakfast", FREE lunch and FREE dinner.... Al-Anon and Family Members Welcome!!! Did I mention that this Event is..... FREE!!!

Everyone is Welcome!!!

"Milpitas Community Center"

457 East Calaveras Blvd Milpitas, CA



From the North: Take 880 South and take Route 237/Calaveras Blvd East to Milpitas Blvd... Entrance is on Calaveras Blvd (*Next to Safeway*) Address: 457 East Calaveras Blvd – "Milpitas Community Center"

From the South: Take 880 North and take Route 237/Calaveras Blvd East to Milpitas Blvd... Entrance is on Calaveras Blvd (*Next to Safeway*) Address: 457 East Calaveras Blvd – "Milpitas Community Center"

From the West: Take Route 237 east – *STAY ON IT !!!* - Calaveras Blvd east to Milpitas Blvd... Entrance is on Calaveras Blvd (*Next to Safeway*) Address: 457 East Calaveras Blvd – "Milpitas Community Center"

** The Milpitas Community Center is located between Hwy 17/880 and Hwy 680 on East Calaveras Blvd

SPONSORHIP WORKSHOP

Are you a new Sponsor, in need of a proven technique to guide a Sponsee through the 12 steps? Are you new in AA and unsure of what Sponsorship entails? Are you a seasoned Sponsor with helpful information to share (we especially need your participation and guidance)? You'll be excited to know that the Santa Clara County Intergroup has heard your concerns! "Sponsorship: The Cornerstone of Your Sobriety" will be presented on Saturday afternoon on August 1, 2009 at the Alano Club West (American Legion Post 99, 1344 Dell Avenue, Campbell). This two-hour workshop from 1-3 p.m. will cover the experience, strength, and hope of Sponsorship. There will be a variety of sponsoring methods discussed, including service sponsorship, as well as some pitfalls to avoid. We'll conclude with a question-and- answer period. Be sure to attend this informative and fun workshop; then get out there and let your sponsorship shine!