

VOLUME 3, ISSUE 10

OCTOBER 2008

FORGIVENESS MEANS FREEDOM

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"....forgive us our trespasses as we forgive those who trespass against us." That is a part of the Our Father prayer I had skimmed over for years before I realized how very critical it was to my overall emotional sobriety. I'd been in Alcoholics Anonymous for many years before I realized how trauma from my childhood had hampered my life. My parents were both alcoholics and I've carried the scars of what happened to me in my childhood for over 40 years. I had never forgiven my father for what he did to me when I was a child. I didn't know that what he did to me interfered with how I lived my life today or how it interfered with my relationships with men.

I got sober in San Jose in 1969 and while my journey has been long and at times, painful, I have also experienced happiness and the comfort of "being comfortable in my own skin." I was doing what I felt my god wanted me to do. I had my own little condo and was raising my two sons successfully. I was in service, going to meetings, had a loving relationship with my God and was very content. Then God began to 'nudge' me from within to return to Michigan where I was raised, to, I thought at the time, develop a better relationship with my parents who were now sober for over thirty years and were

elderly. At first I argued with God and said stubbornly, "No, I don't want to go." But sooner or later I surrendered and said, "Ok, let's go." I sold my condo and headed to Michigan.



"I had never forgiven my father for what he did to me when I was a child"

When I was sober about 2 years my dad apologized to me for what he did to me and then because I was still frozen and numb inside, I merely told him, "Ok that's fine." I had not begun to deal with those issues, but I thought that now that I had 21 years of sobriety I was ready to face them. It took many more years going back and forth to Michigan before I finally moved back there. Twelve years ago I went back, I thought to protect my grandchildren from him and particularly to gain a better relationship with my mother. That was My plan, not God's plan. He continued to reveal to me His plan. In 1996 my mother was killed in an automobile accident, my father badly injured leaving me to take care of him.

I cried and begged God that I didn't want to take care of my dad. Around this time he was arrested for molesting another child and while he was awaiting trial, I didn't want to have to take care of him. not only for what he did to me but for what he'd done to others (I still don't know how many others). I crumbled and cried myself to sleep. The next morning as I was showering, I heard in my being, "whatsoever you do for the least of your brethren you also do for me." I stopped, and I realized God was asking me to take care of my dad - I said, "Ok, for you I can." I immediately felt forgiveness wash over me and then came compassion for my dad.

God did for me what I couldn't do — I forgave my dad for something that is "unforgivable." For the next 10 years I took care of my dad as best as I could. Because what he did took place on the reservation the FBI was involved and he was sentenced in Federal Court to a federal prison. I cried as they took him away the day he was sentenced. He was 81 years old at the time and I thought he would die in prison. God gave me the strength to visit him in prison, to pick him up (cont. next page)

Going to any length means forgiving the person who has injured you the most.

Thought to Ponder . . .

Forgiveness of others is a gift to yourself.

Forgiveness means Freedom con't

when he was released and bring him home to his little house until he couldn't live by himself anymore. There's a lot more to this story but the bottom line is this, a week and a half before he died I was able to tell Him I loved him and by doing that I was set free

from that darkness and horrible secret I held onto for way too many years. Today, I have returned to California to live my life being "happy, joyous and free." That is the gift of forgiveness.

Linda W., Santa Clara



What's Going on in General Service

After being around General Service for awhile you really start to understand not only HOW things are done here, but more importantly, WHY. Nature has a way of letting us know when change is upon us, and I find it fascinating that here in General Service we do our Elections or Inventories right at this time....when change is evident. We have been told many times in the rooms of Alcoholics Anonymous, "Nothing happens by mistake", and here is a gleaming example of how the members serving before us, instinctively

calendared the Fall Season, in General Service.

As this two year term is coming to a close, its time to think about our next Service opportunity: Change....we, here in General Service are coming up on our Election Assembly!! If you've never participated in The Third Legacy Election process created by our Founders, this IS the Assembly to visit! Location this year is in Calistoga at the Napa County Fairgrounds, so if you'd like to see how we Serve you in this Area, let any of us know, and we'll be happy to get you there!

November 8th, 2008 from 9:00am-5:30pm.

Also there is an event being hosted soon by both Districts in Santa Clara County at the Fair Avenue Alano Club, October 18th from 12:30pm-4:00pm. Both Raymundo and I will be in attendance Come out and meet us!

April A, DCMC District 04, General Service

***Please remember you can attend our District meetings~we're in the Meeting Guide

The Santa Clara County Monthly Intergroup Newsletter is published by Intergroup Central Office of Santa Clara County, Inc. Opinions expressed are the writers', not those of Alcoholics Anonymous as a whole. Publication of any article does not imply endorsement by Alcoholics Anonymous of Santa Clara County Central Office, except when Conference-approved publications are quoted. Quotations from AA books and pamphlets and the 12 Steps and 12 Traditions are reprinted with permission of AA World Services, Inc.; quotations and cartoons from *The Grapevine* are reprinted with the permission of AA Grapevine, Inc.

Contributions from AA members are welcome and will be printed as space allows. Submissions can be sent via email to office@aasanjose.org, or should be typed or neatly handwritten. The editors reserve the right to edit content for length, clarity, and relation to AA Traditions. All material, including announcements, should be submitted by the 20th of the month prior to publication.

FORGIVE US AS WE FORGIVE OTHERS

I recently had a sponsee ask me about the topic of forgiveness, but he told me he felt he was lacking in self-forgiveness, regarding some past poor decisions in his life. This is what I wrote to him.

At the closing of most of our meetings, we recite a prayer, commonly referred to as the Lord's Prayer or the model prayer. In that prayer we ask our Higher Power to "forgive us our trespasses as we forgive those who trespass against us". That means we are asking to be forgiven EXACTLY in the same way we forgive others. So in that light, the work to be done is to forgive any and all wrong-doing of others, imagined or real, and through that process we come to "feel forgiven". And if we have not really forgiven others, we cannot expect that we will experience that feeling of forgiveness either.

I say feel forgiveness because I am one who believes that if there is any block between me and my God, it's only in me, not in Him. He does not hold grudges; He does not know what a grudge is. God is not limited by time and space so when I realize something I've done in the past that causes

feelings of guilt, I seem to feel the need to be forgiven by God but in reality He knows nothing of any such wrong because God's presence is RIGHT NOW, it's me who is remembering my wrong from the past. So



really it's me who seeks forgiveness, but it's forgiveness from myself.

As a child I learned a bible passage that said if you want to come to offer God a sacrifice at the alter in order to receive His blessing, and you remember that you have an unresolved issue with your brother, first go make peace with your brother and then come back to make your sacrifice. As a kid I thought like a kid and figured "we don't do sacrifices any more so the heck with my brother!" However today I realize that it's built in to who we are as God's kids. It means to me that if I want the peace I feel when I am consciously in the presence

of God, I must have peace with others first because we are all connected and therefore any conflict between me and you or me and anyone is a conflict with God as well. We are all part of the One who has all Power. Once I have peace with you the

peace with God follows automatically!

Another of our favorite prayers in AA came from Saint Francis and you know what his experience was; he said that it is in forgiving

that we are forgiven, or that's how we come to experience or "feel" forgiven. (another translation states it is in pardoning that we are pardoned - the criminal in me likes that wording!) So I'd say go back thru what is causing that feeling of needing self-forgiveness and be sure you have forgiven any and all persons in your past. If not, you are chained to them like a prisoner and only you have the key to unlock that chain!

John S, San Jose

"...it's me who seeks forgiveness, but it's forgiveness from myself."

Forgiveness and the Steps



Forgiveness has been elusive to this alcoholic still so new to recovery. When I was asked to write about it, my first reaction was that my lack of experience makes me unqualified to comment. For me, seeking forgiveness has always been met with either stony silence or outright contempt. It has, most certainly, been the single reason why I've procrastinated on Steps 8 and 9.

And so, because I was faced with writing about something I truly know nothing about, I did what I always do these days when faced with a new challenge to be gotten through without booze: I looked up the term in the Big Book. I was surprised to find that there are a mere five references on the subject. More surprising is the fact that the havior as the perfect exonly practical "how to" advice, found on page 77 and relating to Step 9, doesn't even relate to seeking forgiveness: "It is harder to go to an enemy than to a friend, but we find it much more beneficial to us. We go

to him in a helpful and forgiving spirit, confessing our former ill feeling and expressing our regret." My first thought upon reading this passage was, "What the heck does forgiving others have to do with being forgiven?" Thoroughly confused, I read Steps 8 and 9 in the Twelve and Twelve, only to find a similar message: "These obstacles, however, are very real. The first, and one of the most difficult, has to do with forgiveness. The moment we ponder a twisted or broken relationship with another person, our emotions go on the defensive. To escape looking at the wrongs we have done another, we resentfully focus on the wrong he has done us. This is especially true if he has, in fact, behaved badly at all. Triumphantly we seize upon his misbecuse for minimizing or forgetting our own. If we are now about to ask forgiveness for ourselves, why shouldn't we start out by forgiving them, one and all?" [Page 78]

I'll be honest

here: the idea of forgiv-

ing those who have caused me harm has never, ever entered my consciousness. When I did my 4th Step, I spent quite a bit of time ruminating over all the people who have wronged me. And then I promptly crossed those people off my list because, as everyone knows, Step 4 is about MY wrongdoings, not those of others. But if I forgive those who have harmed me, I find that I am left with a slew of residual bad behaviors that rest squarely on my shoulders and for which I need to make amends.

This brings me back to my fears about seeking forgiveness and my lesson learned from having been asked to write this article. Steps 8 and 9 are not about seeking forgiveness as much as about making restitution. Forgive others, and restitution is feasible. Make restitution, and forgiveness will follow.

Angela R., Los Altos

Drinking—Fun?

When my drinking was still in the fun-with-problems phase and while returning from Catalina Island after a full day of partying, I was moved to demonstrate the "Shuffle Off To Buffalo"; an exuberant tap-dance combination, but as I was shuffling to port side, the boat listed suddenly starboard, and I the deck hard. This was one of many crash landings I would endure throughout my drinking career which would grow to include three or four concussions (how could I know with certainty after the second?), torn knee cartilage, countless "drunk bumps" of mysterious

origin, a lacerated eyebrow, and being pushed down my stairs by a wrathful drunk who was convicted of assault with a deadly weapon for this action.

Ironically, I had not been drinking that night, but he was a classic case of lower companionship. I realize that I, as well, could be someone else's lower companion when I drank. I do not believe these injuries had much to do with God. They were predictable consequences of my drinking, revealed through the natural laws of cause and effect, and gravity!

So how is it that I stopped when I couldn't stop and that I no longer crave or obsess over alcohol? It just happened, thank you God of my understanding, I learned the hard way through my sad relapse that the only way to keep it happening, is to thoroughly do what is suggested to us in the Big Book of Alcoholics Anonymous, and to keep coming back.

Lynn T



Central Office

You sent me to Edmonton, Alberta, Canada for five days to participate in the 23rd Annual Central Office/ Intergroup/AAWS/AAGV Seminar and it was terrific. The theme of the seminar was the same as the theme of the General Service Conference this year, "Communication and Participation - The Key to Unity and Self-Support". We attended workshops on a variety of topics, from Websites and Newsletters to Volunteers and PI/CPC. We also heard reports from our General Manager, Greg M., a couple of Trustees, and other employees at G.S.O. and the Grapevine office.

All of these workshops and reports and presentations were sufficiently valuable to justify this trip, but the personal interaction with G.S.O. and Grapevine staff as well as other Managers and Intergroup volunteers from around the U.S. and Canada was simply the best. I came back loaded with ideas, filled with enthusiasm, and recommitted to service. We – you and me, our groups, our Central Office – stand together on the front lines. If we are not here, if our hand is not available for the alcoholic who needs us, our lifeline is cut – our Unity is destroyed – and our personal recovery hangs in the precarious balance. I am wildly grateful to those who work in the trenches, and so honored that you have asked me to facilitate your work.

"The good is often the enemy of the best" is one of my favorite statements (I got it from Bill W.'s writings); in fact, you might call it a policy statement around here. Unfortunately, I'm not smart enough to guide us to the "best" by myself, so please give us your ideas, your comments and suggestions, and even your criticisms (those should be addressed to Chuck). And we continue to need your support. As we chart some unknown financial waters in this country, our ship of service must remain upright and afloat.

Archives

Around September or October of 1945, local members began listing their home phones with a hotline known as the Physician's Exchange. This, then, made A.A. available 24 hours a day.

On September 30, 1939, an article appeared in Liberty Magazine praising Alcoholics Anonymous and attracting inquiries from various parts of Northern California. In November the Alcoholic Foundation (as our New York offices were then known) answered several inquiries from prospective members, advising them that Ray W., a salesman from the East, would be in San Francisco. They gave Ray's contact information and on November 21, 1939, the first A.A. meeting in our area was held in Ray's room at the Clift Hotel.

.Bill W., trying to put his shattered career back together,

traveled to Akron, Ohio, in September, 1934, with a Wall Street group that was trying to take over was the National Rubber Company. Bill had hoped to rebuild his shattered career. Although a supporter named Nils Florman had recruited much support among the N.R.M. shareholders, the takeover effort failed. Bill's associates returned to New York vowing to fight on in the courts, while Bill faced a solitary weekend in a strange city, having experienced a great disappointment. Finding himself in the lobby of the Mayflower Hotel with \$10.00 in his pocket, he thought first of going into the bar at one end of the lobby and having a soft drink with the friendly crowd whom he heard in there. Then he remembered that he had such a delusion when he had gone back to drinking on Armistice Day in New York.

He sensed he was in trouble. His limited, but valuable experience had taught him he should work with another drunk in times like these, so he started calling the churches that were listed on the marquee at the other end of the lobby. Bill's favorite Vermont expression was "taking a Tunk", which meant taking a walk, so it seemed propitious when he found the name of Walter F. Tunks among the pastors listed on that marquee. He called Rev. Tunks who gave him the number of Henrietta Sieberling, wife of a grandson of Frank Sieberling of Goodyear Rubber. Mrs. Sieberling lived in the Gatehouse at the Sieberling Estate and, when Bill told her he needed a drunk to talk to, she immediately thought of her dear friend, Dr. Bob. She told Bill to come over the next day and this resulted in the famous three hour meeting of Bill and Dr. Bob. Many credit this as the first meeting of Alcoholics Anonymous.

It was Bill's desperation which resulted in the founding of our Fellowship. Our whole program was born of the desperation which we have all experienced.



ALCOHOLICS and GOD by Morris Markey



Birthdays Contributions



			_
Dianna M.	30	Vernon M.	06/14/2008
Lillia P.	12	Rita M.	08/10//1996
Phyllis K.	27	Rita M.	08/15/1981
Sue S.	28	Rita M.	08/15/2008
John P.	26	Rita M.	08/24/1982
Paula M.	2	Jackie J.	09/01/2006
Kathy K.	7	Rita M.	09/02/2001
Laila M.	32	Pat C.	09/03/1976
Pam N.	25	Rita M.	09/15/1983
Aby R.	19	Rita M.	09/07/1989
Kelly C.	22		09/08/1986
Stephen T.	16		09/09/1992
Jan	19	Pat C.	09/11/1989
Laure C.	8		09/12/2000
David S.	25	The Colonel & Pat C.	09/13/1983
Dana H.	1	The Colonel & Pat C.	09/14/2007
Sandi P.	2	The Colonel & Pat C.	09/15/2006
Jane A.	16	Anonymous	09/18/1992
Don D.		IN MEMORIAM	09/19/1982
Lenore M.	6	Pat C.	09/26/2002







HAPPY BIRTHDAY

For a total of

323 YEARS OF SOBRIETY

If you would like to participate or honor a friend, please use the birthday forms at your Meeting or Central Office.

Alcoholics Anonymous . . . How may we help you?



Telephone Calls Received During September

Daytime at Central Office - 446
Daytime 12 Step Calls - 6
Evening and Weekend calls - 413
Evening 12 Step Call information is not available.

WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF A.A. AL-WAYS TO BE THERE. AND FOR THAT: I AM RESPONSIBLE.

Groups contributing to your Central Office make it possible to provide telephone service and coverage so that someone is always available to the caller in need. We also have a listing in the white and yellow pages of the phone books for all the cities in Santa Clara County. **WE THANK YOU!**

SPEAKER MEETINGS

Weekender Speaker Meeting

Sundays at 6 p.m.

Good Shepherd Lutheran Church 1735 Hecker Pass Road, Gilroy

Grapevine Speakers Meeting

Fridays at 8 p.m.

Presbyterian Church San Tomas & Homestead, Santa Clara

Second Tradition Group of AA

Saturdays at 8 p.m.

Lincoln Glen Church, 2700 Booksin Ave, San Jose

Saturday Night Speakers—8 p.m.

Alano Club of San Jose

1122 Fair Avenue, San Jose

Remember We Deal With Alcohol

Saturdays at 8 p.m.

St. Mark's Church

1957 Pruneridge Ave., Santa Clara

Saturday Nite Live Group

Fridays at 8 p.m.

1388 S. Bascom at Stokes, San Jose

Speaker Meeting—VA Hospital

Sunday at 11:15 a.m.

3801 Miranda Ave., Palo Alto

Saturday Morning Fellowship

Saturday at 10 a.m.

United Presbyterian Church

Fremont & Hollenbeck, Sunnyvale

MEETING CHANGES

Deleted

Mad Hatters, Tues., noon, Saratoga

<u>All meetings at Mid-Peninsula Alano Club,</u> Mountain View, have been deleted. The Club is closed.

3rd Tradition Meeting, Mon., 8:00PM, Kaiser Santa Clara

Noon Meeting, Tues., Thurs., Fri., Denny's at First & Alma

Changed

Entire Abstinence, Monday, 8:00PM, moved to Meterrainian Apts., 550 Kiely Blvd, The Club House.

<u>Sober Thoughts</u>, Wed., noon, Oak Grove Baptist Church, changed to Almaden Hills United Methodist Church, 1200 Blossom Hill Rd.

Big Book Highlighter, Mon., changed to 6:00PM, Forged From Adversity Group, Sunnvvale

Early Monday Night, Mon. 7:00PM, address change to 1611 Stanford Ave., Palo Alto

<u>California Ave. Supper Club.</u>, Thurs, 6:00PM, address change to 1611 Stanford Ave., Palo Alto

Design for Living, Tues., 6:00PM, San Jose, time changed to 8:00PM

New

No Hurry Big Book Study, Friday, 6:00PM, 7787 Monterey St., Gilroy

Friday Friends, Friday, noon, 7787 Monterey St., Gilroy

<u>Daily Reflections</u>, Wed., 10:00AM, South County Fellowship, 18675 Adams Ct., Morgan Hill

Noon Nooners, Mon., noon, Mission Oaks Hospital, Los Gatos

Natural High, Mon. 2:00PM, Downtown Alano Club, 99 W. Almaden

<u>Saturday's Reflections</u>, Sat., 9:00AM, Morgan Hill United Methodist Church, 17175 Monterey St., Morgan Hill

<u>University Beginners</u>, Wed. 5:00PM, University of Santa Clara, 500 El Camino Real. Benson 11

November 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Secretary's Workshop 10:00AM Central Office
3	4	5	6:00PM Outreach Comm. Mtg. 6:15PM Intergroup Meeting 8:00PM	7	8	9 _{PI/CPC} Workshop, 10:00AM Central Office
10	11	12	13 North County General Service 7:30PM	14	15	16 Archives Work Day 10:00AM Central Office
17	18	19 South County General Service 7:00PM	20	21	22	23
24	25	26H & I Meeting 7:00PM	27	28	29	30

LOCAL EVENTS

March 6-8: **PRAASA**, Oakland, CA. This is the PACIFIC REGION OF ALCOHOLICS ANONYMOUS SERVICE ASSEMBLY, and we're calling it "local" because we need lots of you to volunteer. Call Central Office.

November 1: Halloween meeting and party, Masonic Hall, 131 E. Main St., Los Gatos

EVENTS AROUND CALIFORNIA

Oct. 24-26: 24th Santa Barbara Convention

Nov. 21-23: "Serenity in Yosemite", Yosemite National Park, CA

March 12-15: 37th Annual ACYPAA Round-up, Irvine, CA

EVENTS AROUND THE COUNTRY

Nov. 7-9: Miracle on the River, Lake Havasu City, AZ

Nov. 27-30: Sober Fun In The Sun, Las Vegas, NV

Dec. 31-Jan. 2: WACYPAA, Reno, NV

Jan. 8-11: 19th Annual River Roundup, Laughlin, NV

Feb. 12-15: 45 International Women's Conference, Salt Lake City, UT

SANTA CLARA COUNTY INTERGROUP COUNCIL

MINUTES MONTHLY MEETING

September 3, 2008

- Bill, Intergroup Chairperson, opened the meeting at 8:00 pm, followed by a Moment of Silence, and the Serenity Prayer.
- Joel read the Definition of Intergroup.
- There were 45 voting representatives and 22 visitors in attendance.
- Peter read the Twelve Traditions.
- No corrections to the agenda.
- No pervious month's minutes to review.
- Intergroup Council Treasurer's Report: Chuck G.

08/06/08	\$62.00	Prudent Reserve \$300.00
08/06/08	\$96.00	
08/06/08	\$28.00	
08/27/08	\$40.00	
08/27/08	\$90.00	Prudent Reserve \$300.00
	08/06/08 08/06/08 08/27/08	08/06/08 \$96.00 08/06/08 \$28.00 08/27/08 \$40.00

- Birthdays: Marie 22 yrs, Rose Mary 26 yrs.
- Announcements:

Jeff - SCCYPAA: Halloween Dance in October; information next month. Thanks for being able to do service for Unity day.

Mike – October 10-12, The Spirit of San Francisco

Erica – Santa Clara County GSR roast and toast picnic is Sunday, September 14th, 11:00 am at Willow Street Park, San Jose.

Reports

- 1. Intergroup Chair Bill D.
 - o 4 new Intergroup reps attended the meeting.
 - We will hear from the nominating committee and the nominees will be asked to talk briefly about themselves and their AA service. We will also begin discussion of the recent Intergroup Inventory.
 - Next month, the entire meeting will be the election for the Board of Directors of Intergroup Central Office of Santa Clara County, Inc. and Chair and alternate Chair of Intergroup.
- 2. Central Service Board Dave J.
 - o Contributions are holding steady.
- 3. Central Office Bruce K.
 - Bruce will be attending the Intergroup/Central Office/AAWS seminar in Edmonton this
 month and attended the Pacific Regional Forum in Spokane and the CNCA Summer
 Assembly in August.
- 4. PI/CPC Jennifer G.
 - o Thank you for all those that stopped by our Unity Day workshop.
 - PI/CPC is currently hosting monthly workshops about speaking in various settings as a member of Alcoholics Anonymous. Second Saturday of the month, 10:00-11:00 am at Central Office.
- 5. Twelfth Step Committee -
 - Daytime Bruce K. All shifts are filled.
 - Nights and Weekends Maxine: All shifts are filled.
- 6. Outreach Committee Lee C.
 - o 666 meetings needed to visit; 343 visited; 104 meetings no longer existing.
- 7. Newsletter Bernadette
 - o Upcoming topics:

October: Forgiveness November: Gratitude

December: Sobriety and the holidays

- Send Bernadette to comproulx@aol.com or to Central Office. Submit article by the 15th of the previous month.
- 8. Activities Committee Marilyn H.
 - October 4th: Take Your Sponsor to Brunch at St. Marks. Pancake breakfast served 11am to 2pm. Recovery meeting 2pm. \$10 donation. Raffle between 11am to 2pm. Tickets available from Intergroup Reps or Central Office.

- 9. Other Service Committee Reports
 - Unity Day Peter
 - Wrap-up committee meeting: September 9th at 6pm at Harry's Hofbrau. All are welcome.
 - Unity Day 2009, August 23rd at Milpitas Community Center.
 - o Total attended: 646 registered Members "in service": 243
 - Northern California Council of Alcoholics Anonymous Barbara
 - NCCAA 61st Annual Fall Conference, September 5-7, 2008, Santa Cruz. Santa Cruz Civic Auditorium, 307 Church Street.
 - Hospitals & Institutions no report.
 - Bridging the Gap –no report.
 - North County Jeanne H.
 - The 2008 Pacific Regional Forum was in Spokane, Washington, August 29-31.
 The U.S. and Canada General Service Board attended.
 - Santa Clara County GSR roast and toast picnic, Sunday, September 14th,
 11:00am at Willow St. Park in San Jose.
 - Monthly meeting: 2nd Wednesday in Sunnyvale 7:30 pm at St. John's Lutheran Church, corner of Fremont and Manet Ave. New GSR orientation at 6:45 pm, Service manual study 6:30-7:30pm
 - The 2nd annual conference report workshop is Saturday, October 18th, 1:00-4:00pm, at the Alano Club of San Jose, 1122 Fair Ave.
 - South County Erica C.
 - o Same as North County report.
 - o PRAASA in Oakland in March, 2009, needs many volunteers

UNFINISHED BUSINESS -

Neale: Chair of Nominating Committee

- Nominations for the Central Service Board: Marie M., Patrick C., Mike D., Doug G.
- Nominations for Intergroup Chair: Mary Pat P. for Chair; Paula L. for Alternate Chair.
 - o Nominations from the floor will be accepted at the October Intergroup meeting.

<u>Discussion of Intergroup inventory responses and possible action items:</u>

Ideas about carrying the message:

- ✓ Guideline for IG Reps on how to give report to groups
- ✓ Suggested that each group send a representative to the Outreach Committee
- ✓ each Intergroup rep go to one new meeting to help the outreach committee
- ✓ Multi-meeting Groups could have more than one rep so that the IG reports would reach more members.
- ✓ outgoing rep bring new rep to meeting
- ✓ service sponsorship: have a presentation on service sponsorship. This was approved by IG Reps and will be scheduled at a future meeting.
- ✓ In General Service a GSR who has volunteered before the meeting starts presents a wrap up of what they will report to their group. This was approved by IG Reps and will be scheduled at a future meeting.
- ✓ e-mail minutes to reps or post online. No strong interest was expressed by IG Reps.
- ✓ Belief that diverse community in county not being represented at Intergroup
- ✓ Is location of Intergroup meeting centrally located to include all areas of county?
- ✓ Are sponsors leading sponsees to service?

<u>Motion:</u> To create an ad hoc committee to address carrying the Intergroup message and encourage membership in the diverse community.

Motioned seconded and carried by voting Intergroup representatives.

Bill D, as chair of Intergroup, appointed Mike B. as chair for this committee. The appointment was approved.

NEW BUSINESS - none

OPEN FORUM - none

With no further business, the meeting was adjourned at 9:16 pm. Respectfully submitted, Kathy H.

1:51 PM 10/17/08 Accrual Basis

Net

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC. Profit & Loss

September 2008

	Sep 08	Sep 07	Jan - Sep 08
Ordinary Income/Expense			
Income			
3030 · Contributions-General	8,812.89	6,883.09	100,427.14
8010 · Literature Sales	5,493.64	5,564.68	44,902.70
8020 · Meeting Guide Sales	1,025.50	1,229.50	9,322.26
8060 · Newsletter Subscriptions	15.00	5.00	125.00
Total Income	15,347.03	13,682.27	154,777.10
Cost of Goods Sold			
5000 ⋅ Cost of Goods Sold			
5100 · Cost of Inventory Sold	3,662.01	3,980.66	31,564.65
5150 ⋅ Cost of Meeting Directories	241.99	186.43	3,091.49
Total 5000 ⋅ Cost of Goods Sold	3,904.00	4,167.09	34,656.14
Total COGS	3,904.00	4,167.09	34,656.14
Gross Profit	11,443.03	9,515.18	120,120.96
Expense			
6010 · Alarm Service	0.00	0.00	531.00
6030 · Accounting and Legal Fee	141.18	122.28	2,921.45
6060 · Amortization of Improvements	3.25	3.25	9.75
6070 ⋅ Bank Credit card charges (Credit card costs and fees)	74.22	80.28	759.80
6140 · Conferences - Office Manager	510.27	10.00	1,694.40
6150 · Unity Day Expense	0.00	0.00	670.00
6160 · Copier Expense	161.33	124.29	1,210.04
6190 · Depreciation Expense	1,484.33	1,363.25	4,298.00
6220 · Insurance - Worker Compensation	0.00	0.00	451.70
6230 · Insurance - General Liability	501.00	399.75	1,269.75
6240 · Employee HRA Plan	669.79	708.37	6,728.11
6245 · Internet Access Charges	19.95	19.95	181.41
6330 · Office Expense	562.80	258.96	5,377.10
6360 · Archives (Archives)	0.00	-100.00	41.22
6380 · Payroll Taxes	563.02	489.40	5,214.61
6410 · Postage	320.00	8.00	2,097.88
6480 · Rent	2,280.60	2,280.60	20,525.40
6540 · Salaries - Office	7,301.61	6,353.44	59,626.01
6600 · Signing Services	200.00	200.00	1,600.00
7010 · Taxes and Licenses	0.00	0.00	60.00
7050 · Telephone	309.75	324.36	2,709.62
7060 · Travel	0.00	33.92	0.00
9080 · Sales Tax (Sales tax paid on purchases)	0.00	0.00	-1.62
Total Expense	15,103.10	12,680.10	117,975.63
Net Ordinary Income	-3,660.07	-3,164.92	2,145.33
Other Income/Expense			
Other Income			
8030 · Interest Income	25.83	261.59	1,394.25
8050 · Activities Committee	-300.00	0.00	-334.09
Total Other Income	-274.17	261.59	1,060.16
Net Other Income	-274.17	261.59	1,060.16
t Income	-3,934.24	-2,903.33	3,205.49

1:54 PM 10/17/08 Accrual Basis

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC. Balance Sheet

As of September 30, 2008

Sep 30, 08 **ASSETS Current Assets** Checking/Savings 1010 · Petty Cash 225.00 1020 · First Republic Bank (Checking account) 13.191.24 1021 · First Republic Bank CD 3202 (4 Mo. Liquid CD @ 4.11%, 10/04/2008) 15,244.09 1022 · First Republic Bank CD 3210 (6 Mos. CD @ 3.39%, 02/04/2009) 20,339.04 1023 · First Republic Bank CD 3228 (12 Mos. CD @ 3.44%, 02/04/2009) 15,258.06 1042 · Capital Preservation Fund (Treas. fund currently @ 2.68%) 25,700.33 89,957.76 **Total Checking/Savings Accounts Receivable** 1110 · Accounts Rec - Group Deposits -1,123.57 **Total Accounts Receivable** -1,123.57 **Other Current Assets** 1250 · Literature Inventory 16,421.26 1310 · Prepaid Insurance 1,094.00 **Total Other Current Assets** 17,515.26 Total Current Assets 106,349.45 **Fixed Assets** 1630 · Office Equipment 29,796.02 1640 · Office Furnishings - Asset 7,097.67 1641 · Less Accumulated Depreciation -17.671.00 1680 · Leasehold Improvements 300.00 1681 - Less Accumulated Amortization -156.75**Total Fixed Assets** 19,365.94 Other Assets 1860 · Deposits 1,993.85 **Total Other Assets** 1.993.85 **TOTAL ASSETS** 127,709.24 **LIABILITIES & EQUITY** Liabilities **Current Liabilities** Other Current Liabilities 2240 · Sales Tax Payable (Sales Tax Payable) 1,436.68 **Total Other Current Liabilities** 1,436.68 **Total Current Liabilities** 1,436.68 **Total Liabilities** 1,436.68 **Equity** 2740 · Temporarily Restricted Funds 19.365.94 103,701.13 3900 · Unrestricted Funds **Net Income** 3.205.49 126,272.56 **Total Equity TOTAL LIABILITIES & EQUITY** 127,709.24

* Our Prudent Reserve Accounts total: \$76,541.52
This represents the Board established goal of 6 months of operating expenses.

2:09 PM 10/01/08 **Accrual Basis**

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC. Group Contributions September 2008

			1		
	Sep 08	Jan - Sep 08	1	Sep 08	Jan - Sep 08
1 Inv Freedom Fellowship 70940	0.00		El Camino Group 108 (Tues)	0.00	141.55
1 INV Fremont & Hollenbeck Group 70907	0.00	1,117.89	Eleventh Step Group 167 (Wed.)	0.00	190.00
1 INV Fremont & Manet Group 70975	257.00	1,695.30	Eleventh Step Meditation Mtg 276 (Thur.)	0.00	240.00
1 INV R and B Group 70972	318.58	2,207.73	End of the Line Men's Group 147 (Tues.)	0.00	1,072.88
1 INV Saturday Nite Live Group 70905	70.00	1,523.21	Evergreen Group 884 (Thur.)	0.00	70.00
1 Inv Seeking Guidance Group 70976	0.00	1,073.06	Fireside Big Book Study 809 (Tues.)	0.00	93.10
1 INV Spiritual Progress Group 70904	0.00	644.00	Fireside Group 297 (Fri.)	0.00	191.00
12 & 12 Step Study SJ 6.00P 800 (Wed.)	0.00	43.67	Free to Be Me (Women) 736 (Thur.)	35.00	35.00
12 Steps & HOW (Women) 25 (Tues.)	0.00	14.00	G Early Bird 70968	0.00	79.94
12 Steps at Noon 303 (Fri.)	0.00	205.00	G Fair Avenue Fellowship 70901	0.00	300.00
3rd Steppers Book Study (Wom) 610 (Thur.)	118.03	181.87	G Gilroy Groups 70906	0.00	175.00
A Vision for You Women's 802 (Tues.)	70.00	210.00	G Higher Power Hour 70952	0.00	2,100.00
A.B.C. Women's Group 58 (Mon.)	0.00	315.00	G Remember We Deal With Alcohol 70938	0.00	133.33
Almaden Valley Discussion 30 (Sun.)	0.00	173.00	G Serenity First Fellowship 70902	0.00	100.00
As Bill Sees It 6.00P 518 (Mon.)	0.00	495.00	G South County Fellowship 70954	210.00	1,855.00
Attitude Adjustment SJ 258 (Fri.)	221.26	804.78	G Sunrise Group of Palo Alto 70963	0.00	900.00
Attitude Adjustment SJ 861 (Thur.)	0.00	900.00	G Sunrisers Group/Carrows 70932	585.49	4,324.73
Attitude Adjustment SJ 886 (Tues.)	0.00	600.78	G Third Tradition Women's Grp(The 70979	0.00	3,590.86
Attitude Adjustment SJ 198 (Wed.)	0.00	160.30	G We Care Group 70934	0.00	700.00
Attitude Adjustment SJ 321 (Mon.)	0.00	511.00	G West Valley Fellowship 70942	0.00	840.00
Attitude Adjustment SJ 446 (Sun.)	0.00	84.00	G Winchester Fellowship 70960	0.00	1,119.00
Attitude Adjustment SJ 443 (Sat.)	0.00	200.00	Gathered Together for Sobriety 43 (Sun.)	0.00	110.00
Basic 12 & 12 00662 (Mon.)	0.00	726.34	Gay & Lesbian Sober Experience 896 (Mon.)	0.00	560.00
Basic Big Book Study 803 (Tues.)	0.00	91.00	Gay & Lesbian Topic Discussion 516 (Sat.)	0.00	200.90
Bedmakers Group (Men) 812 (Thur.)	0.00	150.00	Gay Men & Women Together 85 (Mon.)	0.00	228.60
Berryessa Group 527 (Wed.)	0.00	250.00	Gay Men's Freedom 262 (Thur.)	0.00	499.49
Better Way of Living 197 (Wed.)	248.26	423.26	Gay Reflections on the Solution 841(Sun.)	0.00	260.00
Big Book & Doughnuts (Men) 106 (Tues.)	0.00	280.00	Get Up and Go SC (Women) 187 (Sat.	0.00	538.06
Big Book Discussion Group LA 107 (Tues.)	0.00	65.00	Get Well Group 17 (Sun.)	0.00	317.10
Big Book Step Study (Men) 325 (Fri.)	0.00	311.00	Grace Group of AA PA 352 (Sat.)	0.00	690.80
Big Book Study 8.00P Cupt 284 (Fri.)	129.71	129.71	Grateful Live Group 535 (Mon.)	433.00	1,233.00
Big Book Study Mlpts 8.00P 347 (Sat.)	0.00	100.00	Happy Destiny (Women) 109 (Tues.)	0.00	719.60
Birthday Contribution 00951	322.00	4,419.00	Happy, Joyous & Free 650 (Tues.)	0.00	193.00
California Ave. Supper Group 715 (Thur.)	0.00	337.93	High Hope SJ 239 (Sat.)	161.00	617.80
Cambrian Saturday Night 376 (Sat.)	350.00	1,750.00	HOW Group 71 (Mon.)	0.00	869.00
Campus Group 234 (Thur.)	0.00	35.00	Humbly Asked 8.00A 87 (Sun.)	0.00	330.00
Chip Winners Group 168 (Wed.)	0.00	529.74	In the Basement 545 (Sun.)	130.90	267.26
Courage to Change 145 (Wed.)	0.00	140.00	In the Solution 647 (Sat.)	0.00	314.00
Daily Reflection 531 MH (Wed.)	0.00	104.83	Inspiration Big Book 195 (Wed.)	0.00	210.00
Daily Reflections 432 (Thur.)	142.00	255.40	Intergroup Council 80909	40.00	245.50
Design for Living 200 (Tues.)	0.00		Joy of Living 464 PA (Wed.)	293.13	813.13
Down to Earth Group 563 (Tues.)	0.00		Joy of Living Meeting 92 (Mon.)	0.00	301.70
Downtown Steppers (Men) 392 (Mon.)	0.00		Just For Today 238 PA (Thur.)	0.00	170.00
Dr. Bob's Nightmare 360 (Sun.)	0.00		Ladies Amethyst AA Study Group 749 (Wed.)	0.00	204.07
Early Bird 184 (Wed.)	14.05		Lesbians Living the Promises 349 (Fri.)	401.02	716.02
Early Bird 244 (Thur.)	0.00		Liquor Was But A Symptom 203 (Thur.)	0.00	215.00
Early Tuesday Group 119 (Tues.)	260.40		Live and Let Live 24 (Sun.)	0.00	225.00
Easier Way Group 290 (Fri.)	0.00		Living in the Solution (W) MH 33 (Sat.)	0.00	84.00
East Valley Group 322 (Fri.)	25.00		Living with Others 319 (Fri.)	0.00	272.50
Eastside Step Study 45 (Sun.)	0.00		Lodestar Group/Sober Thoughts 499 (Wed.)	130.00	220.00
Los Altos Group 225 (Thur.)	0.00	175.00	,		-
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2:09 PM 10/01/08 **Accrual Basis**

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions September 2008

	Sep 08	Jan - Sep 08	1	Sep 08	Jan - Sep 08
Los Altos Men's Group 59 (Mon.)	0.00		l Sober Thoughts 499 (Wed.)	0.00	100.00
Los Gatos Tuesday Night 110 (Tues.)	0.00		South Valley Group (267)	0.00	154.00
Memorial Contributions	0.00		South Valley Men's 845 (Thur.)	0.00	254.10
Men's 4th Step Group 320 (Fri.)	50.00		South Valley Women's Surrender 88 (Mon.)	267.08	449.08
Men's Basic Step Study Group 891 (Tues.)	0.00		Speaker Meeting PA 18 (Sun.)	0.00	750.00
Men's Freedom from Alcohol 606 (Wed.)	0.00		Spiritual Awakenings Group 670 (Sat.)	0.00	78.00
Men's Group 97 (Mon.)	195.00		Spiritual Progress 269 (Thur.)	0.00	338.10
Men's Honesty Group SJ 26 (Sat.)	781.20		Spiritual Step Study Group 233 (Sun.)	0.00	513.00
Men's Single Problem Study 89 (Mon.)	0.00	•	St. Luke's Group 113 (Tues.)	0.00	835.00
Men's Single Problem Study 220 (Thur.)	0.00	·	St. Mark's Group 270 (Thur.)	0.00	1,000.00
Men's Topic Discussion 635 (Tues.)	0.00	·	Starting the Steps 753 (Fri.)	0.00	395.00
Midday Women's Group 91 (Mon.)	0.00		Step Along (Women) Cupt 638 (Wed.)	0.00	101.00
Monday Midday Meeting PA 714 (Mon.)	0.00		Steps & Traditions 893 (Wed.)	0.00	110.00
Mountain Miracles 882 (Thur.)	0.00	582.40	Steps to Serenity 331 Snvle (Fri.)	0.00	61.00
Mountain View Group 350 (Sat.)	0.00		Sunday Early Evening 682 (Sun.)	0.00	505.11
New Beginnings 603 (Wed.)	0.00	278.00	Sunday Night Recovery 23 (Sun.)	0.00	96.00
New Direction 12 x 12 90 (Mon.)	0.00	60.00	Sundowners' Dinner Meeting 768 (Wed.)	120.00	120.00
New Life Start 444 (Sun.)	436.00	436.00	Sunshine Group noon 243 (Thur.)	0.00	290.00
New People's Group 3 (Sun.)	0.00	949.20	T.G.I.F. Speaker/Discussion 298 (Fri.)	0.00	455.00
New Steps for Living 20 (Sun.)	0.00	1,094.13	The Other Wednesday Nite (Men) 209 (Wed)	0.00	2,331.00
Newcomers, Oldtimers (Women) 769 (Sat.)	0.00	448.80	There Is a Solution (Men) MH 732 (Thur.)	150.00	250.00
NEWSLETTER	0.00	5.00	Think Tank (Men) SJ 361 (Sat.)	0.00	2,240.00
No Bull Big Book 655 (Fri.)	0.00	128.00	Trinity Group 370 (Sat.)	0.00	220.00
Noon Discussion 177 (Wed.)	0.00	100.00	Tuesday Night Men's Meeting 525 (Tues)	0.00	302.40
Oldtimers Meeting 80935	180.00	180.00	Up the Creek-Daily Reflections 745(Tues.)	50.00	325.00
Palo Alto Men's Meeting 525 (Tues.)	0.00	569.80	Veterans of Alcohol (Open) 874 (Tues.)	0.00	922.58
Palo Alto Step Study 752 (Tues.)	0.00	763.84	Veterans of Alcohol North (Open)338(Wed)	0.00	138.00
Pass It On Group Los Altos 418 (Sun.)	0.00	350.00	Villages Group of AA (The) 406 (Mon	0.00	770.00
Personal 00911	10.00	3,305.90	We Care Step Study 128 (Tues.)	0.00	140.00
Plaza Del Rey Group 52 (Sun.)	0.00	175.00	Women's Brunch PA 640 (Sat.)	265.48	1,390.81
Positive Outlook Group SJ 368 (Sat.)	0.00	213.40	Women's Topic Disc. Group 103 (Tues.)	121.90	354.67
Progress Not Perfection 229 (Sun.)	0.00	245.00	Women on the Move 570 (Wed.)	0.00	227.00
Rincon Men's Fellowship 567 (Thur.)	0.00	700.00	Women Sharing the Solution 519 (Thur.)	0.00	583.80
Saratoga Group 328 (Fri.)	400.00	750.00		8,812.89	100,427.14
Saratoga Serenity Group 329 (Fri.)	330.40	330.40			
Saturday 6PM Meeting LG 413 (Sat.)	0.00	49.00			
Saturday Morning Los Gatos 777 (Sat.)	0.00	1,400.00			
Saturday Night Promises PA 847 (Sat.)	0.00	377.30			
Saturday Night Young People's 142 (Sat.)	0.00	70.00			
SCCYPAA	0.00	122.02			
SCCYPAA Young at Heart LG 888 (Tues)	0.00	200.10			
Second Tradition Group Spkr 721 (Sat.)	0.00	880.45			
Serenity at Noon 215 (Wed.)	0.00	195.30			
Serenity Discussion 210 (Wed.)	0.00	241.08			
Shared Gift (The) (Women) 61 (Mon.)	490.00	490.00			
Signs of Sobriety .) 402 (Mon.)	0.00	25.00			
Single Problem Topic 582 (Mon.)	0.00	1,288.00			
Sisters in Sobriety Milpitas 548 (Thur.)	0.00	70.00			
Sober and Free Convention 70928	0.00	260.00			