



Why Go To Meetings

If you know my story, you might conclude that he doesn't really need meetings. And then if you KNOW my story you would say he does.

The end came for me in November of 1983 when I had my last drink during my last drunk. And, like many of us, I had no idea at the time that it was going to be that day that this terrible obsession for alcohol would be put on the back burner. But it was. It was an AA meeting depicted in a Hollywood movie, written by an alcoholic, that came to my mind in my moment of desperation that helped me get sober. In that meeting they gave the alcoholic his 1 year cake and they talked about the fact that you can't get drunk if don't pick up the first drink and you can do that one-day-at-a-time. It was enough to get me

started. And I stayed sober because of that 1 meeting, shown in that movie, for a long time. I would drop in and out of meetings from time to time. And then I would go for long stretches without meetings, maybe years. But I was not a very happy



camper. And then finally, when my life was at its lowest point another alcoholic came to me and wanted to talk about AA and the Steps and I really couldn't talk to him about any of that. But I could talk to him about staying sober. And we did. The very basic meeting of Alcoholics Anonymous

took place that day. One alcoholic was talking to another alcoholic for the purpose of staying sober. And it changed my life. You see just at the time he contacted me, I was readying myself to drink again. Because my life in the inside, my spirit, was so desperate for a change that I was beginning to bring that obsession from the back burner to the front burner and it was ready to be lit again. "Don't you know that when you were drinking, it was never as bad as this?" My mind was thinking these thoughts over and over again. And then the call came.

Shortly after meeting with my friend I put my name in the Temporary Sponsorship box at my Home Group and I got a call from someone and started to take the Steps. I heard from him and from many others that ...Continued on page 2



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they read the Big Book; they went to meetings, stayed in service, trusted God and worked with others. I watched long time members of my Home Group and other groups still going to meetings after years of sobriety. Day after day, week after week, month after month and year after year, they went to meetings. These were people who had successful lives, who appeared to be content with who they were and did all the things that they and others talked about in meetings. And I wanted what they had. So I went to meetings too and I began this now long journey

as a Step-Taking, Meeting going, active-in-service member of Alcoholics Anonymous. I am not unique. Many others are doing what I do and their example, and now perhaps my example, can show another member who was like me, the path to permanent sobriety, on-day-at-time.

It is still true today that I can go a week or more without a meeting. But I am not miserable because of it. AA has given me tools to live life on spiritual terms. And when you have that you can do all kinds of wonderful things. I have been to meetings in Mexico, Canada, Ireland and a number of other

States in the U.S. And I have not ever been to a bad meeting. Some are just better than others. And I continue to go to Step meetings (three a week now) and other meetings every week when I am at home. And I go for several reasons. I don't want to ever forget what it was like, what happened and what it's like now. And I owe a debt to the man who called me many, many years ago and just wanted to talk. He saved my life with that meeting.

John H.
San Jose

Going to AA Meetings is a touchy subject for some... "Why go to meetings"? There are many answers to this troubling question. The first of which is, meetings give us a sense of belonging that most of us lost during those last days of heavy drinking. It helps to diminish that feeling of isolation which so many have experienced in the later stages of our drinking histories.

The next answer is that we soon come to realize that by listening to others we find that we're not alone. That others have lived through the same or similar experiences, and found solutions to their troubles through the application of a few simple tools.

The troubling dilemma I've found is that just meeting attendance doesn't deliver the true gifts of Alcoholics Anonymous. "Meeting Makers Make It" is not a quote from AA as a whole but something someone brought with them into AA. It made sense but it does not mean that meetings alone will deliver "Recovery". We should stand proud to say that by applying the Steps to our lives, as our founding members did, we too can find resolve to our heartbreaking riddles.

Please don't get me wrong. Meetings ARE important, but we should also keep in mind that it's just one of the many tasks that allow us to remain abstinent from alcohol. The Steps make that possible and when we hear the experiences of others at podium level we also hear the message of "Recovery through the Steps" and dreams become reality.

- Anonymous



General Service Article

(encompassing AA as a whole)

CALLING ALL ESKIMOS

If you ask an AA old-timer what an Eskimo is, they will tell you that every AA member can lay claim to their very own Eskimo; a person who appeared in their life amidst their blinding alcoholic snowstorm and helped to shepherd them out from the storm and safely onto the path of recovery.

We all had to start our AA journey somewhere. Some of us were introduced to meetings in lock-down facilities through the wonderful work of H & I. The more courageous of us picked up the phone and found an Eskimo waiting on the other end of a diverter line. Some of us had friends or relatives who led us in from the storm and many of us were helped to the doors of AA by the legal system. Although few of us saw how desperately we were lost, in retrospect, we owe our lives to our Eskimo.

General Services provides many opportunities for AA members to "pass it on" but one of the easiest is through AA's "Bridging the Gap" (BTG). BTG service volunteers, take up where H & I leaves off by offering in-patients a chance to complete a Contact Request Card, letting AA know their anticipated release date back into the big scary world. BTG service volunteers offer the hand of a sober Alcoholic to be available within 24 hours of release.

Getting back into the "real world" isn't easy for a newly sober alcoholic - many have never attempted sobriety on the outside and the first days out are critical. We "Bridge the Gap" between the forced sobriety in treatment and their first voluntary meeting on the outside. We "appear in their life when they're lost and let them know... WE CARE!"

Most of us clearly recall the first time someone reached out their hand in welcome, invited us to sit down in the chair next to them, took us to coffee or remembered our name. These small acts of service made the difference for us in the beginning. And "We are Responsible" to make sure the hand of AA is still there for those who still suffer.

Bridging the Gap "BTG" offers AA members service on the front lines in the battle of this fatal, progressive disease. BTG volunteers will tell you that sharing their "Eskimo" stories with these newly sober patients, seeing the fear in their eyes ease up a bit at the thought of someone actually calling them up in support upon their release and meeting them at their first meeting on the outside is like no other service opportunity. The newly sober can't believe anyone cares enough to walk with them through the terrifying doors of AA, show them where the coffee is, sit with them through a meeting and introduce them to others. And yet, this simple service is the fundamental purpose of our loving society...one alcoholic reaching out to another.

Bill W put it best; "Our 12th Step - carrying the message - is the basic service our fellowship gives; this is our principal aim and the main reason for our existence. Therefore, AA is more than a set of principals; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die."

So, we're "CALLING ALL ESKIMOS!" Volunteer as a 10 minute "Eskimo" presenter at treatment facilities or as a First Contact Caller. Take a moment to fill out the Yellow Volunteer Card through your GSR representative. Offer to be your home groups' "Bridging the Gap" representative and stock your home groups literature table with pre-addressed yellow volunteer cards. BTG Service commitments can be as little as once a year, or as often as you're able.

On behalf of AA World Service, CNCA General Service and Bridging The Gap, We Thank You.

CC Field, Chairperson
Santa Clara County Bridging the Gap



Why Go To a Meeting?

So many good reasons! One of the cleverest ways I've heard it put is "I go to meetings to hear what happens to people who don't go to meetings!" There's a lot of truth in that! They used to say "meeting makers make it." There was an H&I speaker who came to my treatment center who put it, "I can't afford to find out what's one too few meetings for me to attend." I was proud of myself to realize he was saying that one too few meant taking a drink again! So perhaps the most important reason as always is so I don't drink again.

But there are other reasons too, like to be able to help someone else, especially a newcomer. That's our primary purpose, stay sober and help the next suffering alcoholic. I know when I was new, I got comfort and satisfaction from just seeing familiar faces in the same seats. And as I learned their stories I would find myself even hoping certain people got to share because they always had something good to say to me. So today I realize that just by being in "my seat" in a meeting, someone else might feel better just seeing me. That's a

change!

One other reason is so I hear the message. My sponsor says we have good forgetters, so I need regular reminders of both the truth about drinking and hope of recovery. I heard someone say that meetings are



like a message center where I go to get my messages from God – I like that! It reminds me of yet another story.

A new member makes a connection with his sponsor and soon they develop a routine of driving together each week to a Monday night meeting. Week after week they ride together and talk all the way over and

back. Shortly after the newer member celebrates his one-year anniversary, he decides to skip a Monday meeting. He's sober a year and not in danger of drinking, and besides his team is on Monday Night Football!

Then next day he calls his sponsor and asks how the meeting went. His sponsor says "it was great, God's message came thru loud and clear!" The newer member being excited to hear this great message asks, "oh really, what was it?" The wise sponsor replies, "I don't know what YOUR message was, but MY message came thru clearly!"

So yet another reason...I don't want to miss anything!

-anonymous



Why We Go To Meetings

The following is a reprint of a tribute to A.A. and Bill W. from the West Baltimore Group of Alcoholics Anonymous:

"We died of pneumonia in furnished rooms where they found us three days later when somebody complained about the smell.

We died against bridge abutments and nobody knew if it was suicide and we probably didn't know either except in the sense that it was always suicide.

We died in hospitals, our stomachs huge, distended and there was nothing they could do.

We died in cells, never knowing whether we were guilty or not. We went to priests, they gave us pledges, they told us to pray, they told us to go and sin no more, but go. We tried and we died.

We died of overdoses, we died in bed (but usually not the Big Bed). We died in straitjackets, in the DT's seeing God knows what, creeping, skittering, slithering, shuffling things. And you

know what the worst thing was? The worst thing was that nobody ever believed how hard we tried. We went to doctors and they gave us stuff to take that would make us sick when we drank on the principle of "so crazy, it just might work," I guess, or maybe they just shook their heads and sent us to places like Drop kick Murphy's.

And when we got out we were hooked on paraldehyde or maybe we lied to the doctors and they told us not to drink so much, just drink like me. And we tried, and we died.

We drowned in our own vomit or choked on it, our broken jaws wired shut.

We died playing Russian roulette and people thought we'd lost, but we knew better. We died under the hoofs of horses, under the wheels of vehicles, under the knives and boot heels of our brother drunks. We died in shame. And you know what was even worse was that we couldn't believe it ourselves, that we had tried. We figured we just thought

we tried and we died believing that we hadn't tried, believing that we didn't know what it meant to try. When we were desperate enough or hopeful or deluded or embattled enough to go for help, we went to people with letters after their names and prayed that they might have read the right books, that had the right words in them, never suspecting the terrifying truth, that the right words, as simple as they were, had not been written yet.

We died falling off girders on high buildings, because of course ironworkers drink, of course they do. We died with a shotgun in our mouth, or jumping off a bridge, and everybody knew it was suicide.

We died under the Southeast Expressway, with our hands tied behind us and a bullet in the back of our head, because this time the people that we disappointed were the wrong people.

Cont. page 6



Why We Go To Meetings cont.

We died in convulsions, or of "insult to the brain," we died incontinent, and in disgrace, abandoned.

If we were women, we died degraded, because women have so much more to live up to. We tried and we died and nobody cried.

And the very worst thing was that for every one of us that died, there were another hundred of us, or another thousand, who wished that we could die, who went to sleep praying we would not have to wake up because what we were enduring was intolerable and we knew in our hearts it wasn't ever gonna change.

One day in a hospital room in New York City, one of us had what the books call a transforming spiritual experience, and he said to himself "I've got it" (no, you

haven't, you've only got part of it) "and I have to share it." (now you've ALMOST got it) and he kept trying to give it away, but we couldn't hear it. We tried and we died.

We died of one last cigarette, the comfort of its glowing in the dark. We passed out and the bed caught fire. They said we suffocated before our body burned, they said we never felt a thing, that was the best way maybe that we died, except sometimes we took our family with us.

And the man in New York was so sure he had it, he tried to love us into sobriety, but that didn't work either, love confuses drunks and he tried and we still died.

One after another we got his hopes up and we broke his heart, because that's what we do. And the worst thing was that every time we thought we

knew what the worst thing was something happened that was worse. Until a day came in a hotel lobby and it wasn't in Rome, or Jerusalem, or Mecca or even Dublin, or South Boston, it was in Akron, Ohio, for Christ's sake.

A day came when the man said I have to find a drunk because I need him as much as he needs me (NOW you've got it). And the transmission line, after all those years, was open, the transmission line was open. And now we don't go to priests, ! and we don't go to doctors and people with letters after their names.

We come to people who have been there, we come to each other. And we try. And we don't have to die.

We go to meetings!

- Anonymous

Keys to Sobriety

The Twelve Steps as a way of life,
daily prayer, and continuing work with new people
are the keys to sobriety.

I have observed over the years
that a lot of people can come in and stay sober for a year or two,
and then they go away.

Those of us who can make the transition from takers to givers
tend to stay sober and stay around meetings
so our sobriety is a happy sobriety.

- Anonymous



Why I Go to Meetings

If you were to tell me before getting sober that I would attend approximately 600 meetings that first year and continue going to approximately 4 to 5 meetings a week thereafter I would have told you – ‘you are nuts’?

But the reasons I have continued going to meeting has changed through the years. Initially I went because I was just plain curious. Who are these people? What is their story? Are they BSing me? What’s really going on? They used terms I was unfamiliar with. Lots of clichés’ and AA speak. . . . But it just felt right. They didn’t want anything from me. They seemed to want to help me (though suspicious that I was), they didn’t care how much money I had, where I was raised, what my education level was, what kind of job I had, what neighborhood I lived in. They were a very different group of people than I was used to. I liked that.

I love stories. When I first came in and to this very day, I just love the stories. The thought still continues in my head, “you just can’t make this stuff up”. . . . I was entertained, I laughed, I cried, I was amazed. . . . but always an uplifting story with a positive trend line.

When I first heard of spirituality and a Higher Power it was in a fashion that settled well with me. I loved seeing the large poster where it said, “*As you understand Him*”. It seemed to take the heat off of the whole subject. Unlike my childhood experiences which were, “do it our way or you’ll burn in hell *for eternity*. Damn, that’s a long time. . . . It was gentle, it was loving, it was accepting, it was unconditional and it was made easy. . . . I just couldn’t argue with that.

Today I go to meetings so that I’m reminded what I am NOT missing. I do not want to forget my last drunk. It was not pleasant. We hear those who have relapsed and struggled with our program. My heart goes out to them for I truly believe that our first sobriety is a gift and after that it is a much more difficult path. . . . the program IS the easier softer way.

I also go for the very simple reason that when I leave, I feel better than when I entered. And I like feeling good.

- George F., Mountain View

Belonging

They say that alcoholism is a disease of isolation,
and for me, that was very true.

I was filled with fear of the outside world.

When I joined AA, I was relieved to find a supportive family
and a life I rejoice in -- one day at a time.

- Anonymous



Letter From the Editor

Hello everyone,

Here is a list of upcoming COIN topics for the next few months:

- Sept - Stick With the Winners
- Oct - The Importance of a Home Group
- Nov - Gratitude
- Dec - Staying Sober Through The Holidays

If you would like to share a story, article, resource, or poem please email your submissions to me by the 15th of the preceding month to:

cathyann5116@yahoo.com

ARCHIVES CORNER

1. In 1946, Jim H. joined AA in Santa Clara County. Jim wanted a place where he and some other members could hang out together. He talked to some other members about getting a place where they could play cards and hang out. Poker was the first order of the day. "Summers in San Jose get a little warm sometime, and that created a small problem that got worse as the card games and coffee progressed. The distance between the clubhouse and Bob G's cleaners was only about six or eight feet. Not having indoor plumbing, this was the ideal spot to get rid of recycled coffee. It doesn't take much imagination to consider the effects of the hot sun on the 'former' coffee in a closed in space." (Our Alano Club, page 2). Summer odors and wives complaints about absent husbands resulted in starting AA meetings at the Women's Club. Moving to another place where the men could learn a little more about sobriety and do a little less card playing seemed the thing to do. While the men met at the Women's Club, the wives met in each other's homes.
2. For A.A. as a whole, 1941 was not a quiet time. The Fellowship was like a two year old child. It called for limitless energy, constant feeding, and un-interrupted overseeing to ensure that it survived and thrived. Bill gave his unruly offspring all the attention it required. He believed it would succeed and maybe even change the world. The Fellowship grew and strengthened. It needed guidelines by which to conduct itself. Eventually this resulted in the Twelve Traditions. The Twelve Traditions were ratified at the fifth General Service Conference in 1955, when A.A. came of age. Our Fellowship was twenty years old at that time. This is why our local Old Timers Meeting requires twenty years or more of sobriety to speak. The General Service Conference was also ratified as our official representation of the group conscience of the Fellowship at that time.



Alcoholics
Anonymous ...
How may we help you?



Telephone Calls Received During May

Daytime at Central Office	467
Daytime 12 Step Calls	18
Evening and Weekend calls	382
Evening 12 Step Call information is not available.	

**An average of just over 7,500 hits are
made on our website each month!!**

**WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP,
I WANT THE HAND OF A.A. ALWAYS TO BE THERE..**

AND FOR THAT: I AM RESPONSIBLE.

To all the members and groups who support us,
WE THANK YOU!

SPEAKER MEETINGS

Weekender Speaker Meeting

Sundays at 6 p.m.

Good Shepherd Lutheran Church
1735 Hecker Pass Road, Gilroy

Grapevine Speakers Meeting

Fridays at 8 p.m.

Presbyterian Church
San Tomas & Homestead, Santa Clara

Second Tradition Group of AA

Saturdays at 8 p.m.

Lincoln Glen Church, 2700 Booksin Ave, San Jose

Saturday Night Speakers—8 p.m.

Alano Club of San Jose

1122 Fair Avenue, San Jose

Remember We Deal With Alcohol

Saturdays at 8 p.m.

St. Mark's Church
1957 Pruneridge Ave., Santa Clara

Saturday Nite Live Group

Fridays at 8 p.m.

1388 S. Bascom at Stokes, San Jose

Speaker Meeting—VA Hospital

Sunday at 11:15 a.m.

3801 Miranda Ave., Palo Alto

Saturday Morning Fellowship

Saturday at 10 a.m.

United Presbyterian Church
Fremont & Hollenbeck, Sunnyvale

MEETING CHANGES

Deleted

Came to Believe, Thurs. 12:00 PM, 2511 Gourmet Alley, Gilroy

Changed

Because of the closing of Alano Club West, all meetings of the CORNER-STONE FELLOWSHIP GROUP are now meeting at the Los Gatos Masonic Hall, 131 E. Main, Los Gatos.

Think Tank, Sat. 10:00 AM, now meeting in San Jose at the Alano Club of San Jose, 1122 Fair Ave.

New

Attitude Adjustment, Monday—Friday, 6:00 AM, First Congregational Church, 1980 Hamilton Ave., San Jose

Tuesday Night Happy Hour, Tues. 5:30 PM, First Presbyterian Church, 1140 Cowper @ Lincoln, Palo Alto

Boiled Owls (Men), Wed. 8:00 PM, Calvary Church of Los Gatos, 16330 Los Gatos Blvd., Los Gatos

Spiritual Awakening, Tues. 7:00 PM, CSL, 1195 Clark St., San Jose

We Have Arrived (young men), Mon. 8:00 PM, Immanuel Evangelical Lutheran Church, 1710 Moorpark Ave. @ Leigh, San Jose



August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Secretary's Work- shop 10:00AM Central Office
2	3	4	5 PI Comm. 6:00PM Outreach Comm. Mtg. 6:15PM Intergroup Meeting	6	7	8 PI/CPC Workshop, 10:00AM Central Office
9	10	11	12 North County General Service 7:30PM	13	14	15 Diverter Work- shop, 1980 Hamilton Ave., 10:00 am
16	17 Downtown Steppers 25th Anniv., Trinity Cathedral, 81 N.	18 South County General Service 7:00PM	19	20	21	22
23 Unity Day	24	25	26	27	28	29
30	31					

LOCAL EVENTS

Aug. 23: Unity Day, Milpitas Community Center, 457 E. Calaveras Blvd., Milpitas

EVENTS AROUND CALIFORNIA

Aug. 14-16: Summer Serenity in the Sierras, Oakhurst, CA

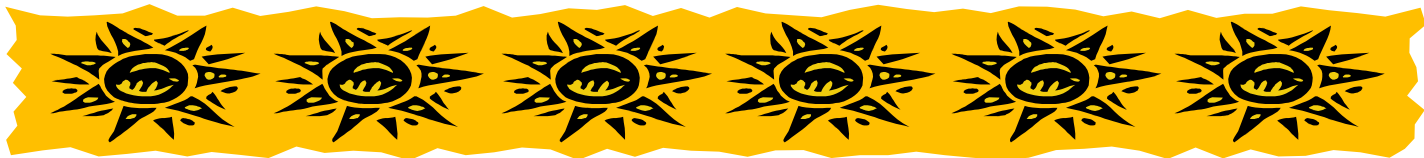
Aug. 21-23: 2009 Redwood Coast Roundup, Fortuna, CA

Aug. 21-23: 6th Annual Common Solution Round-up, Shaver Lake, CA

Sept. 25-27: Woman to Woman Conference, San Diego

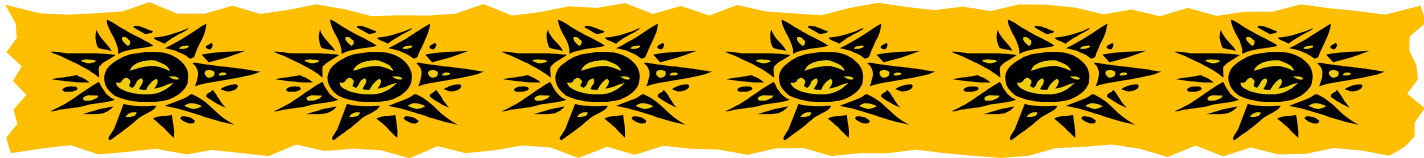
EVENTS AROUND THE COUNTRY

News of the 2010 International Convention in San Antonio, Texas, together with registration materials, is now available at Central Office.



September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 <i>PI Comm.</i> 6:00PM <i>Outreach Comm.</i> Mtg. 5:30PM <i>Intergroup Meeting</i> 7:30PM	3	4	5 <i>Secretary's Workshop</i> 10:00AM Central Office
6	7	8	9 <i>North County Gen-</i> <i>eral Service</i> 7:30PM	10	11	12 <i>PI/CPC Work-</i> <i>shop</i> , 10:00AM Central Office
13	14	15 <i>South County</i> <i>General Service</i> 7:00PM	16	17	18	19 <i>Diverter Workshop,</i> <i>1980 Hamilton Ave.,</i> <i>10:00 am</i>
20	21	22	23	24	25	26
27	28	29	30			



BIRTHDAY CONTRIBUTIONS

BIRTHDAY CELEBRANT	YEARS	CONTRIBUTIONS BY	BIRTHDAY
Nancy G.	7	Susan S.	07/08/2002
Ernie L.	10	Susan S.	07/21/1999
Lou P.	39	Nat H.	07/07/1970
Mary Anne G.	25	Mel R. and Jennifer F.	07/29/1984
Mary Anne F.	22	Anonymous	05/26/1987
Mike M.	6	Anonymous	07/10/2003
Linda D.	31	Linda D.	07/17/1978
Ann Q.	8	Susan S.	07/21/2001

HAPPY BIRTHDAY TO ALL!!

148 YEARS OF SOBRIETY

If you would like to participate or honor a friend,
please use the birthday forms at your
Meeting or Central Office.





INTERGROUP MINUTES

July 1, 2009

- Mary Pat P., Intergroup Chairperson, opened the meeting at 8:00 pm, followed by a Moment of Silence and the Serenity Prayer.
- Brad read the short Definition of Intergroup.
- Roll call was not taken.
- Cynthia read the Twelve Traditions.
- No corrections or additions to the Agenda.
- No corrections or additions to the previous month's minutes.

Intergroup Council Treasurer's Report: Mike M.

Beginning Balance:	05/06/09	\$140.86	Prudent Reserve \$300.00
Contributions:	06/03/09	\$72.00	
Refreshments:	06/03/09	\$10.62	
Intergroup:	06/03/09	\$112.24	
Rent:	06/03/09	\$90.00	
Balance:	07/01/09	\$00.00	Prudent Reserve \$300.00

- Birthdays: Robbie R. 47 yrs; Barbara B. 25 yrs

Announcements:

Alicia – SCCYPAA: 1) Michael Jackson theme dance and speaker meeting. July 18th, 6pm at Masonic Hall, Los Gatos. 2) Needs support: Young girls meeting, Sunday 6pm Calvary Church, Los Gatos, in the cottage.

Reports

1. Intergroup Chair – Mary Pat P.
5 new Intergroup reps.
2. Central Service Board – Mike D. for Lexi
Please thank your groups for the continued financial support of intergroup Central Office.
Continued monthly practice of test-counting significant inventory items, no significant discrepancies were noted.
Listed contents dedicated file cabinet, began discussion of records retention policy/practice.
At Board's request, C.O. Manager coordinated research into archives status. Have concluded that the archives currently at Intergroup Central Office are IG's responsibility although they are made available to AA as a whole.
Next month's business will include review of the Central Office Manager.
3. Central Office – Bruce K.
Had new poster for SCCYPAA
Book price increased on July 1st. New price list available
Archives responsibility of Central Office. Have 1st edition Big Book with dust cover.
Database been updated with groups meeting times and secretaries; will now include treasurers and GSRs.
4. PI/CPC – no report
5. Twelfth Step Committee –
Daytime – Bruce K. – no shifts available. Thank you to Kevin C. for doing a great job coordinating daytime shifts.
Nights and Weekends – Peter – no shifts available
Diverter workshop: Every 3rd Saturday starting at 10:00 am., First Congregation Church, 1980 Hamilton Ave, San Jose, 95125. Anyone interested in being a diverter or an alternate is welcome.
6. Outreach Committee – Bruce for Lee C.
About 50 meetings left to verify.
7. Newsletter Committee – Cathyann
E-mail articles to: cathyann5116@yahoo.com
List of upcoming COIN topics for the next few months:
Aug: Why go to meetings
Sept: Stick with the winners
Oct: The importance of a home group.
Nov: Gratitude



MINUTES, cont.

8. Activities Committee – Marilyn H.
Take Your Sponsor to Brunch –October 10th at St. Marks. Tickets available at next Intergroup meeting for reps to bring to their meetings, \$10 donation.
Founder's Day Picnic: Participation is needed from Groups for various needs to run the picnic. Please contact Peter or Marilyn as soon as possible.
Planning meeting: 10am, Saturday, August 8th at Starbucks, off of Camden and Hwy 17.
9. Other Service Committee Reports
Unity Day – Peter
August 23rd, 2009. Flyer in COIN
Next planning meeting on July 11, 4pm at Carrows on Saratoga Ave. Some discussion will be on City of Milpitas raising rent for next year.
Northern California Council of Alcoholics Anonymous – Barbara B.
July 17-19, Sacramento. Flyers available at C.O.
Hospitals and Institutions – Charlene- No Report
Bridging the Gap – Cece F.
19 presentations made in June; 103 contact cards received.
Interested in doing service – visit website: sclcbtg.org or contact Cece at 510-825-4141
North County – No report
South County –No report

UNFINISHED BUSINESS:

- Sponsorship Workshop –Barbara N.
Scheduled for Saturday, August 1st, 1pm to 3pm, at Alano Club West. Flyers in COIN
- Communications/Information Distribution – Steve – No report
- Inventory Response Committee – Mary Pat
If interested in service on committee, see Mary Pat.
- Traditions Workshop – Dave
Attended SCCYPA's workshop. Very good information, attendance was low.
Will attend SCCYPA's meeting and put forward idea of Intergroup getting involved in next Traditions workshop.

NEW BUSINESS: None

OPEN FORUM:

Chuck G.: Archivist for Central Office – If you would like to work on the archives, contact Chuck at Central Office on Thursday or Friday to schedule an appointment.

Marilyn: Have current month and following month's calendars printed in the COIN.

With no further business, the meeting was adjourned at 8:50 pm

Respectfully submitted,

Kathy H.

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Profit & Loss

July 2009

	Jul 09	Jul 08	Jan - Jul 09
Ordinary Income/Expense			
Income			
3030 · Contributions-General	12,448.04	22,430.30	81,438.95
8010 · Literature Sales	3,681.94	4,549.68	37,674.67
8020 · Meeting Guide Sales	718.50	1,158.50	7,013.00
8060 · Newsletter Subscriptions	15.00	15.00	95.00
Total Income	16,863.48	28,153.48	126,221.62
Cost of Goods Sold			
5000 · Cost of Goods Sold			
5100 · Cost of Inventory Sold	2,234.91	2,898.65	27,035.31
5150 · Cost of Meeting Directories	295.29	356.87	3,393.53
Total 5000 · Cost of Goods Sold	2,530.20	3,255.52	30,428.84
Total COGS	2,530.20	3,255.52	30,428.84
Gross Profit	14,333.28	24,897.96	95,792.78
Expense			
6010 · Alarm Service	207.00	177.00	581.97
6030 · Accounting and Legal Fee	700.00	491.16	2,336.69
6060 · Amortization of Improvements	0.00	0.00	6.50
6070 · Bank Credit card charges (Credit card costs and fees)	100.87	150.09	598.95
6120 · Computer Expenses	0.00	0.00	131.36
6140 · Conferences - Office Manager	0.00	408.99	496.91
6150 · Unity Day Expense	0.00	750.00	750.00
6160 · Copier Expense	71.94	161.22	791.32
6190 · Depreciation Expense	0.00	0.00	2,836.00
6220 · Insurance - Worker Compensation	123.17	-33.22	1,100.38
6230 · Insurance - General Liability	0.00	0.00	1,098.00
6240 · Employee HRA Plan	817.36	669.79	5,721.52
6245 · Internet Access Charges	29.95	19.95	198.53
6330 · Office Expense	232.92	229.51	1,010.81
6350 · Office Furnishings - Expense	0.00	0.00	96.35
6360 · Archives	27.00	0.00	27.00
6370 · Office Paper Supply	0.00	0.00	1,258.46
6380 · Payroll Taxes	634.01	556.99	4,677.43
6410 · Postage	11.29	294.80	964.95
6480 · Rent	2,343.95	2,280.60	16,464.30
6540 · Salaries - Office	7,506.85	6,722.45	52,635.40
6560 · Payroll Expenses	75.92	0.00	521.49
6600 · Signing Services	200.00	200.00	1,250.00
7010 · Taxes and Licenses	0.00	0.00	60.00
7050 · Telephone	342.68	318.42	2,379.94
7060 · Travel	0.00	0.00	68.78
9080 · Sales Tax (Sales tax paid on purchases)	-0.17	-0.82	-0.42
Total Expense	13,424.74	13,396.93	98,062.62
Net Ordinary Income	908.54	11,501.03	-2,269.84
Other Income/Expense			
Other Income			
8030 · Interest Income	123.41	372.51	977.22
8050 · Activities Committee	0.00	-56.11	-187.96
Total Other Income	123.41	316.40	789.26
Net Other Income	123.41	316.40	789.26
	1,031.95	11,817.43	-1,480.58

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Balance Sheet

As of August 5, 2009

	<u>Aug 5, 09</u>
ASSETS	
Current Assets	
Checking/Savings	
1010 · Petty Cash	225.00
1020 · First Republic Bank (Checking account)	20,997.88 * (portion)
1021 · First Republic Bank CD 3202 (3 Mo. CD @ 1.4%, 08/06/2009)	15,617.82 *
1022 · First Republic Bank CD 3210 (6 Mos. CD @ 1.78%, 08/04/2009)	20,708.48 *
1023 · First Republic Bank CD 3228 (12 Mos. CD @ 2.03%, 02/04/2010)	15,601.98 *
1042 · Capital Preservation Fund (Treas. fund, variable interest)	15,741.98 *
Total Checking/Savings	<u>88,893.14</u>
Accounts Receivable	
1110 · Accounts Rec - Group Deposits	-1,548.54
Total Accounts Receivable	<u>-1,548.54</u>
Other Current Assets	
1250 · Literature Inventory	18,394.95
1310 · Prepaid Insurance	1,510.00
1499 · Undeposited Funds	1,605.87
Total Other Current Assets	<u>21,510.82</u>
Total Current Assets	108,855.42
Fixed Assets	
1630 · Office Equipment	28,857.02
1640 · Office Furnishings - Asset	7,097.67
1641 · Less Accumulated Depreciation	-21,010.00
1680 · Leasehold Improvements	300.00
1681 · Less Accumulated Amortization	-166.50
Total Fixed Assets	<u>15,078.19</u>
Other Assets	
1860 · Deposits	1,993.85
Total Other Assets	<u>1,993.85</u>
TOTAL ASSETS	<u><u>125,927.46</u></u>
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Other Current Liabilities	
2240 · Sales Tax Payable (due quarterly)	469.78
Total Other Current Liabilities	<u>469.78</u>
Total Current Liabilities	<u>469.78</u>
Total Liabilities	469.78
Equity	
2740 · Temporarily Restricted Funds	15,078.19
3900 · Unrestricted Funds	110,161.41
Net Income	218.08
Total Equity	<u>125,457.68</u>
TOTAL LIABILITIES & EQUITY	<u><u>125,927.46</u></u>

**** Our Prudent Reserve Accounts total: \$80,875.00**

This represents the Board established goal of 6 months of operating expenses.

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions

July 2009

	Jul 09	Jan - Jul 09
1 INV Fremont & Hollenbeck Group 70907	0.00	1,155.18
1 INV Fremont & Manet Group 70975	615.00	1,683.00
1 INV R and B Group 70972	0.00	1,691.74
1 INV Saturday Nite Live Group 70905	70.00	490.00
1 Inv Seeking Guidance Group 70976	411.03	974.90
1 INV Spiritual Progress Group 70904	0.00	360.00
12 Steps at Noon 303 (Fri.)	0.00	70.00
3rd Steppers Book Study (Wom) 610 (Thur.)	0.00	236.43
A Vision for You Women's 802 (Tues.)	0.00	210.00
A.B.C. Women's Group 58 (Mon.)	0.00	350.00
As Bill Sees It 6.00P 518 (Mon.)	112.00	588.00
Attitude Adjustment SJ 258 (Fri.)	0.00	148.40
Attitude Adjustment SJ 861 (Thur.)	0.00	164.85
Attitude Adjustment SJ 886 (Tues.)	0.00	84.30
Attitude Adjustment SJ 198 (Wed.)	0.00	206.35
Attitude Adjustment SJ 321 (Mon.)	0.00	220.50
Attitude Adjustment SJ 443 (Sat.)	133.00	133.00
Basic 12 & 12 00662 (Mon.)	0.00	315.00
Basic Big Book Study 803 (Tues.)	0.00	42.24
Bedmakers Group (Men) 812 (Thur.)	128.00	175.00
Berryessa Group 527 (Wed.)	0.00	161.00
Better Way of Living 197 (Wed.)	0.00	70.00
Big Book Discussion Group LA 107 (Tues.)	0.00	35.00
Big Book Meeting 160 (Wed.)	60.00	280.00
Big Book Step Study (Men) 325 (Fri.)	0.00	245.00
Big Book Study Mlpts 8.00P 347 (Sat.)	0.00	50.00
Bill's Basement 384 (Fri.)	43.00	375.00
Birthday Contribution 00951	86.00	1,350.00
California Ave. Supper Group 715 (Thur.)	0.00	369.60
Cambrian Saturday Night 376 (Sat.)	436.00	1,486.00
Campus Group 234 (Thur.)	33.68	159.41
Caveman Group (Men's Big Book) 659 (Sun.)	0.00	343.00
Chip Winners Group 168 (Wed.)	0.00	382.72
Courage to Change 145 (Wed.)	0.00	160.97
Daily Reflections 432 (Thur.)	0.00	194.95
Down to Earth Group 563 (Tues.)	0.00	89.00
Downtown Steppers (Men) 392 (Mon.)	0.00	105.00
Dr. Bob's Nightmare 360 (Sun.)	0.00	500.90
Early Bird 414 (Sat.)	0.00	21.75
Early Tuesday Group 119 (Tues.)	330.93	949.71
Easier Way Group 290 (Fri.)	320.57	1,067.34
East Valley Group 322 (Fri.)	0.00	110.00
El Camino Group 108 (Tues)	37.56	66.96
Eleventh Step Group 167 (Wed.)	0.00	210.00
Eleventh Step Meditation Mtg 276 (Thur.)	0.00	242.09
End of the Line Men's Group 147 (Tues.)	0.00	433.31
Evergreen Group 884 (Thur.)	0.00	50.00
Free to Be Me (Women) 736 (Thur.)	0.00	42.00
G Fair Avenue Fellowship 70901	61.77	783.22
G Forged From Adversity Group 70957	0.00	1,050.00
G Gilroy Groups 70906	0.00	140.00
G Higher Power Hour 70952	0.00	1,841.00
G Remember We Deal With Alcohol 70938	200.00	970.00
G Serenity at Noon (fka Agnew) 70921	0.00	4,347.40

	Jul 09	Jan - Jul 09
G Sober & Free Conference 70928	0.00	252.50
G South County Fellowship 70954	420.00	1,925.00
G Sunrise Group of Palo Alto 70963	0.00	550.00
G Sunrisers Group/Carrows 70932	431.40	3,357.97
G Third Tradition Women's Grp(The 70979	130.09	1,352.45
G We Care Group 70934	700.00	700.00
G Winchester Fellowship 70960	0.00	456.50
Gay & Lesbian Sober Experience 896 (Mon.)	0.00	98.00
Gay & Lesbian Step & Tradition G 221(Fr	0.00	50.68
Gay Grab Bag Solution 41 (Sun.)	0.00	119.30
Gay Living Sober Group 21 (Sun.)	0.00	210.00
Gay Men & Women Together 85 (Mon.)	0.00	165.00
Gay Men's Freedom 262 (Thur.)	170.00	331.00
Gay Reflections on the Solution 841(Sun.)	45.76	45.76
General Service 90000	0.00	20.00
Get Up and Go SC (Women) 187 (Sat.	493.78	809.61
Get Well Group 17 (Sun.)	0.00	414.70
Grace Group of AA PA 352 (Sat.)	334.00	665.00
Grateful Live Group 535 (Mon.)	0.00	482.65
Gratitude Group SJ 339 (Sat.)	0.00	140.00
Happy Hour Campbl 652 (Fri.)	0.00	406.70
Happy, Joyous & Free 650 (Tues.)	0.00	266.00
High Hope SJ 239 (Sat.)	140.00	422.00
HOW Group 71 (Mon.)	0.00	400.00
Humbly Asked 8.00A 87 (Sun.)	178.58	178.58
In the Basement 545 (Sun.)	0.00	110.16
In the Solution 647 (Sat.)	112.00	392.00
Inspiration Big Book 195 (Wed.)	0.00	50.00
Intergroup Council 80909	0.00	296.25
Invaders Group 44 (Sun.)	0.00	50.00
Joy of Living 464 PA (Wed.)	0.00	442.15
Ladies Amethyst AA Study Group 749 (Wed.)	192.50	355.50
Lesbians Living the Promises 349 (Fri.)	0.00	140.00
Live and Let Live 24 (Sun.)	0.00	150.00
Living in the Solution (W) MH 33 (Sat.)	0.00	137.25
Living with Others 319 (Fri.)	269.63	542.20
Living with Serenity (Chip) 599 (Wed.)	0.00	168.00
Los Altos Group 225 (Thur.)	309.40	414.40
Los Altos Men's Group 59 (Mon.)	150.00	380.00
Los Gatos Big Book 664 (Mon.)	0.00	420.00
Los Gatos Tuesday Night 110 (Tues.)	0.00	70.00
Meditation Meeting LA 39 (Sat.)	58.10	163.10
Men's 4th Step Group 320 (Fri.)	50.00	50.00
Men's Basic Step Study Group 891 (Tues.)	0.00	592.20
Men's Group 97 (Mon.)	0.00	191.80
Men's Honesty Group SJ 26 (Sat.)	756.00	1,316.00
Men's Single Problem Study 89 (Mon.)	0.00	603.00
Men's Single Problem Study 220 (Thur.)	650.00	1,700.00
Midday Women's Group 91 (Mon.)	90.00	310.00
Midweek Spiritual Progress 213 (Wed.)	0.00	420.00
Monday Midday Meeting PA 714 (Mon.)	0.00	210.00
Mountain Miracles 882 (Thur.)	279.30	658.00
Mountain View Group 350 (Sat.)	0.00	280.00
New Direction 12 x 12 90 (Mon.)	0.00	70.00

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.
Group Contributions
July 2009

	<u>Jul 09</u>	<u>Jan - Jul 09</u>	<u>Jul 09</u>	<u>Jan - Jul 09</u>
New Nooners 808 (Mon.)	150.00	295.00		
New People's Group 3 (Sun.)	281.45	694.45		
New Steps for Living 20 (Sun.)	0.00	801.56		
Newcomers, Oldtimers (Women) 769 (Sat.)	0.00	240.80		
No Bull Big Book 655 (Fri.)	0.00	210.00		
Noon Discussion 177 (Wed.)	0.00	75.00		
Palo Alto Men's Meeting 525 (Tues.)	0.00	282.80		
Pass It On Group Los Altos 418 (Sun.)	215.91	397.23		
Pathfinders 543 (Fri.)	0.00	24.88		
Personal 00911	319.36	4,901.91		
Positive Outlook Group SJ 368 (Sat.)	0.00	178.00		
Progress Not Perfection 229 (Sun.)	0.00	70.00		
Rincon Men's Fellowship 567 (Thur.)	0.00	700.00		
Saturday Morning Los Gatos 777 (Sat.)	0.00	1,680.00		
Saturday Night Promises PA 847 (Sat.)	0.00	525.70		
SCCYPAA	0.00	638.25		
Second Tradition Group Spkr 721 (Sat.)	0.00	2,114.00		
Serenity at Noon 215 (Wed.)	0.00	175.31		
Shared Gift (The) (Women) 61 (Mon.)	0.00	185.00		
Signs of Sobriety .) 402 (Mon.)	0.00	25.00		
Single Problem Topic 582 (Mon.)	0.00	581.70		
Sizzler Group 27 (Sun.)	0.00	280.00		
South Valley Men's 845 (Thur.)	0.00	60.00		
South Valley Women's Surrender 88 (Mon.)	0.00	240.80		
Speaker Meeting PA 18 (Sun.)	100.00	225.00		
Spiritual Progress 269 (Thur.)	103.78	262.32		
Spiritual Step Study Group 233 (Sun.)	119.20	669.44		
St. Luke's Group 113 (Tues.)	175.00	435.00		
St. Mark's Group 270 (Thur.)	0.00	768.65		
Starting the Steps 753 (Fri.)	0.00	100.00		
Step Along (Women) Cupt 638 (Wed.)	0.00	71.40		
Steps & Traditions 893 (Wed.)	40.00	40.00		
Sunday Early Evening 682 (Sun.)	0.00	256.82		
Sundowners' Dinner Meeting 768 (Wed.)	0.00	227.50		
T.G.I.F. Speaker/Discussion 298 (Fri.)	100.00	500.00		
The Other Wednesday Nite (Men) 209 (Wed)	0.00	1,060.00		
Think Tank (Men) SJ 361 (Sat.)	840.00	2,520.00		
Thy Will be Done (Meditation) Cambl 974	0.00	55.52		
Trinity Group 370 (Sat.)	80.00	160.00		
Tuesday Night Saratoga Group 152 (Tues.)	0.00	800.00		
University Beginners 176 (Wed) SC	0.00	174.76		
Unknown	0.00	135.00		
Up the Creek-Daily Reflections 745(Tues.)	0.00	200.00		
Veterans of Alcohol (Open) 874 (Tues.)	0.00	280.00		
Veterans of Alcohol North (Open)338(Wed)	0.00	120.00		
Villages Group of AA (The) 406 (Mon)	121.56	977.96		
What's Happening Today 552 (Thur.)	0.00	1,118.53		
Winchester Mystery Meeting 102 (Tues.)	415.00	415.00		
Winners Group 440 (Sat.)	0.00	70.00		
Women's Brunch PA 640 (Sat.)	322.70	975.15		
Women's Topic Disc. Group 103 (Tues.)	0.00	308.98		
Women Sharing the Solution 519 (Thur.)	0.00	466.90		
TOTALS	<u>12,423.04</u>	<u>81,253.95</u>		

Unity Day 2009

TIME	Main Auditorium	Room 5	Room 7	Room 8
9:00-10:00am	Early Riser Morning Speaker Meeting: Lexi G. <i>(San Jose)</i>			
10:15-11:15am	SCCYPAA Workshop	Bridging the Gap Workshop	PI/CPC Workshop	Archives Committee Workshop
11:30-12:25pm	Lunch (Free!) Entertainment during Lunch	Spanish A.A. Noon Meeting <i>(If you eat here please clean up)</i>	Al-Anon Noon Meeting <i>(If you eat here please clean up)</i>	AA Noon Meeting <i>**In the Basement Group**</i> <i>(If you eat here please clean up)</i>
12:30-1:30pm	Mid-Day Speaker: Adam C. Sacramento	"Spanish A.A." PSA's to be displayed on a loop by VHS tape	Al-Anon Spanish Meeting <i>(If you eat here please clean up)</i>	"A.A." PSA's to be displayed on a loop by VHS tape
1:30-2:30pm	"Delegate's Report" David N.		"Al-Anon" PSA's to be displayed on a loop by VHS tape	
2:45-3:45pm	Service Opportunities Panel	Spanish Literature "La Vina" Workshop	Al-Anon Workshop	Service Sponsor Workshop <i>"How to..."</i>
4:00-5:00pm	Hospitals & Institutions Workshop	Spanish General Service & Spanish PI/CPC Workshop	"Outreach Committee" Workshop	12th Step and Diverter Workshop
5:15-6:15pm	Dinner (Free!)			
6:30-8:00pm	Evening Speaker Meeting Mark L. San Jose			

UNITY DAY - 2009

Sunday - August 23, 2009



Milpitas Community Center
457 East Calaveras Blvd
(at Route 237)



This Year's Theme:

“Enthusiasm and Gratitude in Action”

Morning Speaker: Lexi G. (San Jose)

Noon Speaker: Adam C. (Sacramento)

Evening Speaker: Mark L. (San Jose)

Sponsored by:

Santa Clara County A.A. Intergroup, Hospitals & Institutions,
General Service District 04 - North County, General Service District 40 - South County,
General Service District 17 (Spanish Speaking Groups)

8:30 am to 8:00 pm

***Workshops: “La Vina”, PI/CPC, Outreach, Archives, H & I,
Bridging the Gap, 12th Step & Diverter Workshop, and MORE!!!***

Also: **Delegate's Conference Report**, and Much More

...Traditional “Nooner” AA Meetings in English and Spanish,

Entertainment, FREE “Continental Breakfast”,

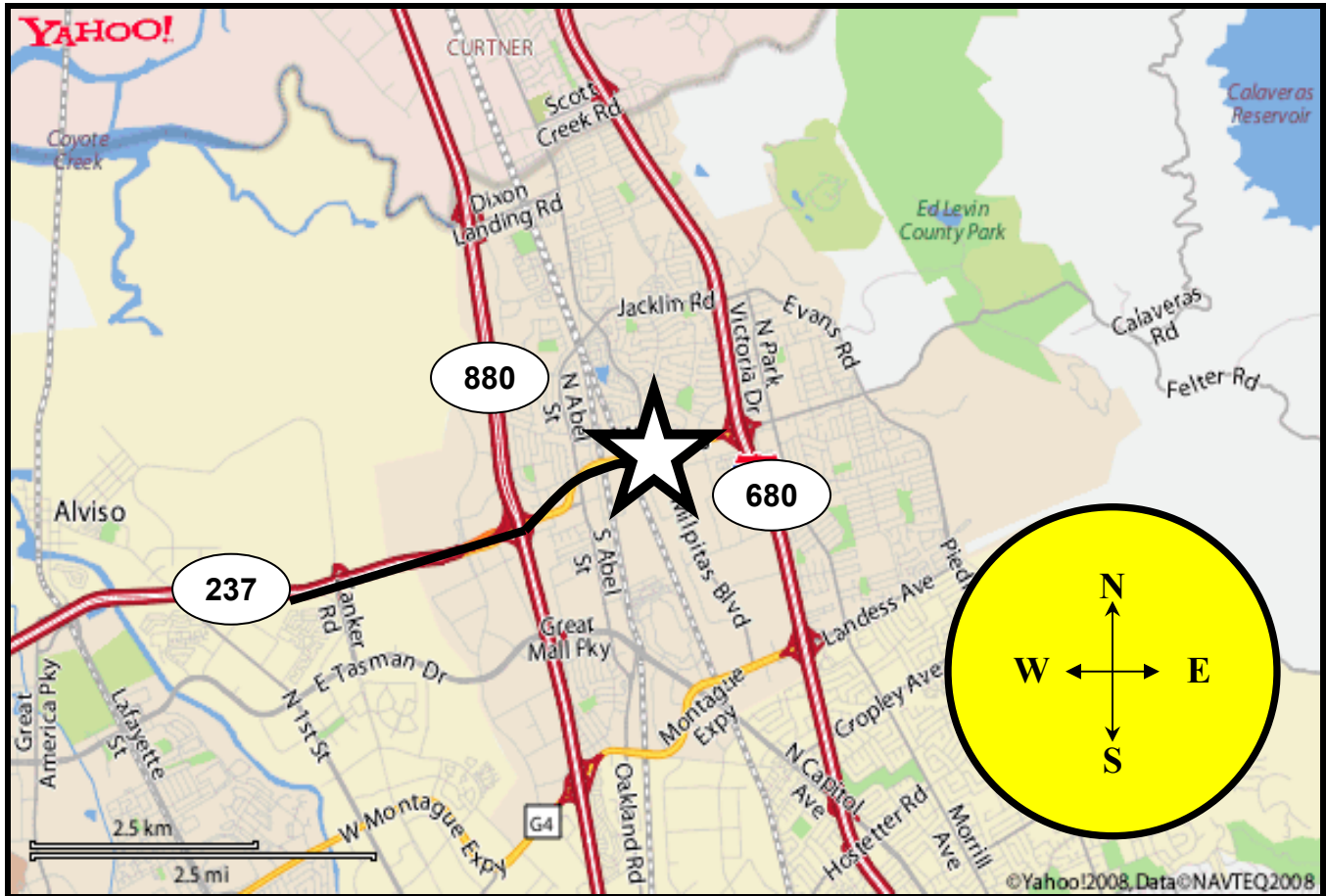
FREE lunch and FREE dinner.... Al-Anon and Family Members Welcome!!!

Did I mention that this Event is..... FREE!!!

Everyone is Welcome!!!

“Milpitas Community Center”

457 East Calaveras Blvd
Milpitas, CA



From the North: Take 880 South and take Route 237/Calaveras Blvd East to Milpitas Blvd... Entrance is on Calaveras Blvd (Next to Safeway)
Address: 457 East Calaveras Blvd – “Milpitas Community Center”

From the South: Take 880 North and take Route 237/Calaveras Blvd East to Milpitas Blvd... Entrance is on Calaveras Blvd (Next to Safeway)
Address: 457 East Calaveras Blvd – “Milpitas Community Center”

From the West: Take Route 237 east – *STAY ON IT !!!* - Calaveras Blvd east to Milpitas Blvd... Entrance is on Calaveras Blvd (Next to Safeway)
Address: 457 East Calaveras Blvd – “Milpitas Community Center”

***** The Milpitas Community Center is located between
Hwy 17/880 and Hwy 680 on East Calaveras Blvd***

SANTA CLARA COUNTY INTERGROUP

**Saturday October 10, 2009
ST. Mark's, Pruneridge and Winchester**



3rd Annual TAKE YOUR SPONSOR TO BRUNCH: BUILDING AN A.A. FAMILY TREE



**Pancake Breakfast
served 11 am to 2pm
\$10.00 donation**



**Recovery meeting 2pm
!!! raffle !!!**

**Volunteer to help at the event or donate your craft item,
jewelry, art, etc, for the raffle. Presale tickets available after
September 2 thru intergroup reps or central office.**

**intergroup activities chair: marilyn
marilynahull@yahoo.com; (408) 286-2928**