



Remembering Your Last Drunk

When I first got sober in April of 1995, I did not take Alcoholics Anonymous very seriously. I followed none of the suggestions or took any steps. It was very hard to be around alcohol. Alcohol was always on my mind. I was living in "sodriety" and didn't even know it. Thank God for the people in the rooms that talked about the solution in AA. What I didn't know at the time is that I was catching Alcoholism. It is very easy to catch it when you are dry. What happens is the infection starts through the ears and the next thing you know you've got it. Enough of it will either drive you to drink or accept spiritual help with effort like our book talks about on page 29.

Here is what happened to me. I almost had a year sober enjoying the gift of step none when some friends of mine that still drank invited me out for an evening of fun. I had no intentions of drinking or using that night. I

ended up in a car with 4 bowls of marijuana going around and suddenly I had this thought "If you don't actually put your lips on the pipe and all of them blow it in your face at once everything will be just fine". It was the clearest thought that I had that year. My experiment went so well that I did it again and again. I knew that I screwed up and I told myself I would do it on special occasions like birthdays, concerts, and holidays. My special occasions became Monday through Sunday and back into the disease I went.

Luckily at this time my brother came in to AA. My mom had offered to take him to a meeting after hearing several of his stories that brought him to his bottom. He was just desperate enough to go. At his first meeting he related to the stories and got a sponsor right away. After taking the steps

he began to come around my mom's house talking about AA and the big book. I would shoe him away and avoid him at all costs. I was not done with the way I was living.

Finally the day came on June 29th 1996 (my sobriety date) when I awoke in the most pain I had ever felt inside and really didn't want to live anymore. My mom and brother started talking to me about this way of life in Alcoholics Anonymous. All I could do is listen to what they had to say. I believe what changed in that moment is that not only did I want what Alcoholics Anonymous had to offer, but didn't want what I had anymore. I was out of idea's and plans. I went to a meeting that night and got a sponsor. After the meeting my sponsor and I went to Lyon's where I took the first three steps. That night I began my 4th step.

...continued on page 2



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Remembering Your Last Drunk...continued

The one thing that my sponsor told me early on that still rings in my ears today is "You have to keep Alcoholics Anonymous first in your life" I wasn't sure what he meant so he explained it to me. Here is what he said, "AA has to be before your job, family, wife, and anything else...it has to be first". To make AA first is to go to a meeting everyday and work on your steps even if you don't want to. Get commitments in the meetings you go to and help give back to the group. All of these things will help you with your relationship with God and your fellows. So I started to do these things he asked and when I was just about 75% done with my 4th step I didn't feel like I was stealing somebody's chair anymore. I started to hear things in AA that I never heard before and started to see things I never saw before. Basically I was falling in love with Alcoholics Anonymous. My experience is that I had a spiritual awakening as the result of the steps. I saw my life in an entirely different perspective. My relationships around me were better

than they had ever been. All the anger and fear that had driven me for so many years had fallen from me. I had been placed in a position of neutrality and a peace that I had never known.

Throughout the years in AA I have been able to do many things that I was only able to do when I was drinking. I found that living sober is a way of life. I am a musician and have been in countless bands touring all over California. Throughout playing I have been in and out of clubs, bars and always around liquor. The truth is that today I have no problem stepping into a club, bar or being around liquor. The bottles don't scream at me like they used to. I have been relieved of the obsession and the physical cravings. I can not run from alcohol today. The key for me is that if I keep AA first in my life wondering if I am an Alcoholic is always the last

thing on my mind. I know today that I don't need alcohol to have a good time. The good times have always been in me. I just needed a power greater than myself to show me that. It is only through my relationship with God that has brought it out!!

- Cameron L.



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General Service Article (encompassing AA as a whole)

Money, money, money. This seems to be on everyone's mind these days. When I studied the pamphlet, "Self Support – Where Money and Spirituality Mix", I was in awe of the foresight Bill W. used in formulating our Traditions. As Bill said in 1957, we, as members of AA, are left "with a responsibility – one that every member ought to understand. We cannot skimp when the treasurer of our group passes the hat. Our groups, our areas, and AA as a whole will not function unless our services are sufficient and their bills are paid."

As an active member of AA I have learned that my primary purpose is to help the alcoholic who still suffers. Bill said that every single AA service is designed to make more and better 12th step work possible. He goes on to say the costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that AA must everywhere function in full strength - and that, under our tradition of self-support, *we are all going to foot the bill.*

When I contribute to my meeting, I am doing my part to assure the door stays open for the newcomer. My meeting provides literature and a cup of coffee, sometimes cookies. When the rent and other expenses are paid, the surplus is passed along to the service entities to support their specific 12th step work.

The contribution to our local Districts, North and South Santa Clara County, helps pay the room rent cost for the monthly business meetings, as well as expenses incurred by GSRs for their activities on behalf of your group (attending assemblies and Area meetings). Your GSR is your link with the General Service Office in New York. Your GSR also performs the important task provides your group's conscience to our Delegate for the annual Conference.

Central Office: Some of the services our Central Office provides are phone service for 12th Step calls and other inquiries; co-ordinating group activities; selling AA literature; updating and distributing meeting schedules; and provides a meeting place for service committees.

CNCA – our Area: Coordinates vital AA activities over a broad geographic area (Oregon border to Monterey County); sends our Delegate to the annual General Service Conference; holds area assemblies to determine the needs of the Fellowship; provides information at all levels of service.

General Service Office (New York): This is your storehouse of AA information, communicating with members and groups around the world. Much of their work involves AA Directories, literature services in French and Spanish, the Records & Contributions Department; activities regarding Public information; Cooperation with the Professional Community; Treatment facilities; the General Service Conference; Loners/Overseas/Shut-Ins; Regional Forums, and Archives. Did you know that at the GSO, AA's financial affairs are an open book, with financial summaries published quarterly and a full accounting printed each year in the *Final Conference Report.*

Page 8 of this pamphlet says, "*Now that we are sober in AA, the word 'support' has to do with sharing, people, self-respect, gratitude, and what we are privileged to give – not take – in material terms. While the Fellowship has always faced problems of money, property, and prestige in one form or another, through the wisdom of the 7th Tradition we have never been diverted from our primary purpose of carrying the message to the alcoholic who still suffers – wherever he or she may be. This is the fundamental work of AA an to ensure that the hand of AA will always remain outstretched, money and spirituality must continue to mix. And for that, we are all responsible.*"

Rose W., DCMC – District 04 (North County)



Remembering Your Last Drunk

When the Party's Over....

When I first walked into the rooms of AA, it was like going to a party without an invitation -- without any friends by my side --- and without a reassuring bottle of wine in hand. I was scared and uncomfortable and felt like I didn't belong. My first few months of meetings I sat on a crate by the door. I didn't want to join in or become a member of something I feared -- my own sobriety. I was shaky, restless and miserable, fearing rejection.

But my bleak alternative was to remain a prisoner to this disease, sitting at home alone in front of the TV with a bottle of vodka...in despair. Thanks to the fellowship, I was encouraged to get a sponsor who helped not only guide me through the steps, but also helped me feel a part of something special. She gave me pointers, introduced me to people, and shared the "inside scoop" on things (ie, meetings, events, literature) so that I didn't have to feel like an outsider anymore. My sponsor's "suggestions" came in the way of soft, gentle guidance and support. I gradually

moved off the crate and joined the rest of the folks on the regular chairs. I stood up and introduced myself as an alcoholic. That was the toughest single thing I had to do for my recovery.

Working the steps has changed my life, as it has for many others in the fellowship. I "came to believe" by looking into the eyes of other recovering alcoholics and found the hope that I so desperately needed. I can see clearly now that the tools

sign that I need to work on my spiritual condition through meetings, prayer and meditation. I am honored to have sponsees in my life today. They keep me from growing complacent by reading with them and guiding them through the 12 steps of Alcoholics Anonymous. When I see their growth and spiritual progress, I continue to see it in myself as well, because I'm passing along the beautiful gift I have been given through this amazing program and the AA fellowship I now call "home".

Suzanna Z.
Remington & Bernardo Group
Sunnyvale



we need to cope with life's daily challenges cannot be found in a bottle. Today, I have healthy, spiritual tools that naturally prompt me to take a look at my own thoughts and behavior patterns *before* I decide on taking action (if any) to fix a problem. I've learned that the *only* inventory I need to take to be happy is my own. And if I'm feeling "unplugged", I know that's a



We thought you might appreciate this bit of history.

This is the gatehouse on the Seiberling estate in Akron, Ohio, where Henrietta Seiberling brought Bill W. and Dr. Bob together for their first, and historic, meeting.

“Our drinking was connected with many habits - big and little. Some of them were thinking habits, or things we felt inside ourselves. Others were doing habits - things we did, actions we took. In getting used to not drinking, we have found that we needed new habits to take the place of those old ones.”

- *Living Sober pg 1*



Some Early Examples of “Chips”



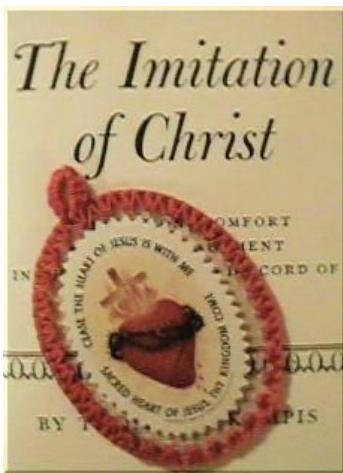
This pin was worn by Hugh C. of Palm Springs, CA. Hugh got sober in 1948 and passed in 1979. These pins were given to AA members to mark “important” milestones. He received this pin in the early 1960’s.



It is said that Clarence S. “The Home Brewmeister” from the 1st, 2nd and 3rd edition of *Alcoholics Anonymous* carried this chip up until just before his death. It has been dated back into the mid-1940’s.



Early drunks played a lot of poker in the sober clubs. Plain, colored “chips” are still given out today by many groups around the country to signify a “desire” to stop drinking. Other colored chips represent different lengths of sobriety.



This is the “Sacred Heart Badge” that Sister Mary Ignatia gave the drunks who were leaving St. Thomas after a five day dry out. She gave them a Sacred Heart Medallion and instructed them that the acceptance of the medallion signified a commitment to God, to A.A. and to recovery and that if they were going to drink, they had a responsibility to return the medallion to her before drinking.

The sacred heart medallions had been used prior to A.A. by the Father Matthew Temperance Movement of the 1840's and the Pioneers, an Irish Temperance Movement of the 1890's.



January 1955 Grapevine Article on "Chips"

In the Chips

THIS summer, I transferred my business and AA activities from the midwest to the south. Since then, every time I put my hand in my pocket to buy a pack of cigarettes, I feel a plastic poker chip. My chip is blue. But for the Grace of God, it might be white, or one of three other colors. Whatever its color, it would bear the gold initials "AA" on one side and the name of my group on the other.

I am writing about the "chip system" because I had never heard of it before coming south and I thought perhaps others might be as impressed with it as I was.

When a man takes "The Long Walk," at the end of a meeting, to pick up a white chip, he is admitting to his fellowmen that he has finally accepted the precepts of AA and is beginning his sobriety; sometimes, he is starting over, after failing to maintain his sobriety. It takes a deal of courage to accept a white chip, and the appreciative applause of his fellow members surely encourages him along the way.

At the end of three months of sobriety, he exchanges his white chip for a red one. Perhaps the color suggests that he has not passed the danger period; perhaps it doesn't. Later, a handsome, translucent chip of amber



courtesy www.aahistory.com

indicates that this new member (or slippee, as the case may be) has enjoyed six months of a new way of Life. Again, his fellow members applaud his triumph over what some consider the toughest stretch of The Long Road.

The nine-month chip is a clear sea-green . . . a joy to look at and a real comfort to feel, deep in one's pocket.

A much cherished blue chip is given for the first year of sobriety, and any multiple thereof. In some groups, a sponsor will present his friend with an engraved silver chip, at the end of five years of clear thinking and clean living.

No, I don't believe that the "chip system" will keep anyone sober. Only a Higher Power can do that. But we are a nation that lives by symbols; what is the American flag but a piece of bunting, unless one fully appreciates what it stands for? Frankly, I hate poker. Yet, I wouldn't trade a mile-high stack of green stuff for my precious blue pocket piece.

R. G. W., Charlotte, North Carolina



Letter From the Editor

Hello everyone,

Here is a list of upcoming COIN topics for the next few months:

- Sept - AA Around The World
- Oct - Importance of the Traditions
- Nov - Attitude of Gratitude
- Dec - The Importance of Service

We have been having great reviews. Thanks for all of your support. The COIN is only as strong as your submissions. If you would like to share a story, article, resource, or poem please email your submissions to me by the 15th of the preceding month to:

cathyann5116@yahoo.com

ARCHIVES CORNER

1. In 1946, Jim H. joined AA in Santa Clara County. Jim wanted a place where he and some other members could hang out together. He talked to some other members about getting a place where they could play cards and hang out. Poker was the first order of the day. "Summers in San Jose get a little warm sometime, and that created a small problem that got worse as the card games and coffee progressed. The distance between the clubhouse and Bob G's cleaners was only about six or eight feet. Not having indoor plumbing, this was the ideal spot to get rid of recycled coffee. It doesn't take much imagination to consider the effects of the hot sun on the 'former' coffee in a closed in space." (Our Alano Club, page 2). Summer odors and wives complaints about absent husbands resulted in starting AA meetings at the Women's Club. Moving to another place where the men could learn a little more about sobriety and do a little less card playing seemed the thing to do. While the men met at the Women's Club, the wives met in each other's homes.
2. For A.A. as a whole, 1941 was not a quiet time. The Fellowship was like a two year old child. It called for limitless energy, constant feeding, and un-interrupted overseeing to ensure that it survived and thrived. Bill gave his unruly offspring all the attention it required. He believed it would succeed and maybe even change the world. The Fellowship grew and strengthened. It needed guidelines by which to conduct itself. Eventually this resulted in the Twelve Traditions. The Twelve Traditions were ratified at the fifth General Service Conference in 1955, when A.A. came of age. Our Fellowship was twenty years old at that time. This is why our local Old Timers Meeting requires twenty years or more of sobriety to speak. The General Service Conference was also ratified as our official representation of the group conscience of the Fellowship at that time.

WE WANT YOUR DIRT!!

The Archives Committee is collecting group histories and needs your help. There is a basic form available for preparing your group's history, but we hope this form is only the starting point. Try to make your history come alive with anecdotal materials about group problems and solutions, interesting events, unique characters, spin-off groups, and any other "claims to fame". We'd like to prepare another book containing these group histories, but dry stats will make for dull reading, while stories and imperfections will not only be a provocative read, but can teach and inform us. So, WE NEED YOUR DIRT.

Get in touch with Chuck or Bruce at Central Office.



August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 <i>PI Comm. 6:00PM Outreach Comm. Mtg. 5:45PM Intergroup Meeting 7:30 PM</i>	5	6	7 <i>Secretary's Workshop 10:00AM Central Office</i>
8	9	10	11 <i>North County General Service 7:30PM</i>	12	13	14 <i>PI/CPC Work- shop, 10:00AM Central Office</i>
15	16	17 <i>South County General Service 7:00PM</i>	18	19	20	21 <i>Diverter Workshop, 1980 Hamilton Ave., 10:00 am</i>
22 UNITY DAY See flyer and Program inside	23	24 <i>H & I Committee 7:00 PM</i>	25	26	27	28
29	30	31				

LOCAL EVENTS

AUG. 7: **CNCA 2010 SUMMER ASSEMBLY**, Santa Clara Fairgrounds, Gateway Bldg.
AUG. 21: "GREASE", a SCCYPA speaker meeting, dance, Los Gatos (flyer inside)

**AUG. 22: UNITY DAY, "A VISION FOR YOU", Milpitas Community Cen-
ter, 457 E. Calaveras Blvd., Milpitas**
8:30 AM - 8:00 PM. See Flyers inside.

**Please send news and information about your group's activities before the end of the month so we can get them in the COIN.
We accept them in any form, but emailing a flyer is best: office@aasanjose.org.**



September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 PI Comm. 6:00PM Outreach Comm. Mtg. 5:45PM Intergroup Meeting 7:30 PM)	2	3	4 Secretary's Workshop 10:00AM Central Office
5	6	7	8 North County General Service 7:30PM	8	9	10 PI/CPC Work- shop, 10:00AM Central Office
11	12	13	14	15	16	17 Diverter Workshop, 1980 Hamilton Ave., 10:00 am
18	19	20 South County General Service	21	22	23	24
25	26	27 ^{H & I} Committee, 7:00PM	28	29	30	

EVENTS AROUND CALIFORNIA

- Aug. 13-15: Serenity in the Sierras, Oakhurst, CA
Aug. 14: 5th Annual Sober Sisters Convention, Redding, CA
Aug. 27-29: 2010 PACIFIC REGIONAL FORUM, Torrance, CA. If you haven't attended a Forum, please consider this great event.
Aug. 27-29: Redwood Coast Roundup, Fortuna, CA
Aug. 27-29: 21st Annual Campout, Watsonville, CA
Sept. 11: Fourth Annual "Hand in Hand" Women's Day of Unity, Lodi, CA
Dec. 10-12: WACYPAA XIV, "Friendly Hands Stretched Out In Welcome", Yosemite Valley, CA

EVENTS AROUND THE COUNTRY

- Aug. 6-8: "Better than Gold", Gem State Roundup, Boise, ID
Aug. 26-29: 52nd ICYPAA (International Conference of Young People in A.A.) Conference, New York, NY

We have flyers and other information for most of these events at Central Office. Give us a call or stop by (the coffee's always on).



Telephone Calls Received During May

Alcoholics
Anonymous ...
How may we help you?



Daytime at Central Office	428
Daytime 12 Step Calls	5
Evening and Weekend calls	537
Evening 12 Step Call information is not available.	

**An average of just over 8,000 hits are
made on our website each month!!**

I AM RESPONSIBLE...

**WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP,
I WANT THE HAND OF A.A. ALWAYS TO BE THERE-.
AND FOR THAT: I AM RESPONSIBLE.**

To all the members and groups who support us,
WE THANK YOU!

SPEAKER MEETINGS

Grapevine Speakers Meeting

(See speaker list inside this issue)

Fridays at 8 p.m.

Presbyterian Church

San Tomas & Homestead, Santa Clara

Second Tradition Group of AA

Saturdays at 8 p.m.

Lincoln Glen Church, 2700 Booksin Ave, San Jose

Saturday Night Speakers—8 p.m.

Alano Club of San Jose

1122 Fair Avenue, San Jose

Remember We Deal With Alcohol

Saturdays at 8 p.m.

St. Mark's Church

1957 Pruneridge Ave., Santa Clara

Saturday Nite Live Group

Fridays at 8 p.m.

1388 S. Bascom at Stokes, San Jose

Speaker Meeting—VA Hospital

Sunday at 11:15 a.m.

3801 Miranda Ave., Palo Alto

Saturday Morning Fellowship

Saturday at 10 a.m.

United Presbyterian Church

Fremont & Hollenbeck, Sunnyvale

MEETING CHANGES

NEW

Traditions Study, Mon. 4:00PM, Holy Spirit Episcopal Church, 41 Rincon Ave., Campbell (Closed)

Libertad, Sun. 3:00PM, Freedom Fellowship Group, Moffett Central Shopping Center, 372 B Moffett Blvd., Mountain View

Night Owls, Fri. 9:30PM, Freedom Fellowship Group, Moffett Central Shopping Center, 372 B Moffett Blvd., Mountain View

Golden Keys, Mon.—Fri., 4:00PM, Fair Ave. Fellowship, Alano Club of San Jose, 1122 Fair Ave., SJ

CHANGED

Candles of the Spirit, Sunday

Sobriety First, Monday

Forever Young, Tuesday

Alano Club Group, Wednesday

Seeker's Group, Thursday

Party Night, Friday

The above six meetings now meet at 7:30PM
at the Alano Club of San Jose, 1122 Fair Ave.,
San Jose



BIRTHDAY CONTRIBUTIONS

BIRTHDAY CELEBRANT	YEARS	CONTRIBUTIONS BY	BIRTHDAY
Karen D.	11	Anonymous	06/28/1999
Rita M.	30	John and Elfriede P.	06/12/1980
Andrew T.	24	Andrew T.	07/08/1986
Sharon L.	29	Anonymous	07/31/1981
Sabrina P.	2	Anonymous	07/23/2008
Mike M.	7	Anonymous	07/10/2003
Jackie J.	18	Aileen B.	07/24/1992
Albert V.	39	Albert V.	07/ /1971
Gail E.	10	Gail E.	07/25/2000
Dominic B.	9	Dominic B.	07/09/2001
Lou P.	40	Nat H.	07/07/1970
Tom S.	24	Nat H.	07/28/1986
Linda D.	32	Linda D.	07/17/1978
Bert J.	28	Ann J.	07/20/1982
Melissa F.	21	Melissa F.	07/24/1989



HAPPY BIRTHDAY TO ALL!!

324 YEARS OF SOBRIETY

If you would like to participate or honor a friend,
please use the birthday forms at your
Meeting or Central Office.



INTERGROUP MINUTES

July 7, 2010

MaryPat (IG Chair) – **Opened the meeting** at 7:32 PM with a moment of silence and serenity prayer.

Approximately 41 voting members were in attendance

Robbie read the '**Definition of Intergroup**'

New Intergroup Reps introduced themselves: Allison from Fremont and Hollenbeck, Jim B for 7PM, Robbie for Thursday Gay Men, Shannon for SCCYPAA, Brett for Living w others Fri evening, Mary from Palo Alto Group, Tom-Visitor, Crus-Visitor.

7th Tradition was honored

Becky read "**The Twelve Traditions**"

Corrections/Additions to the Agenda:

SCCYPAA Rep now Shannon (650)776-5012

After CI Dist Josh added for web report.

Delete Inventory Response Report

Corrections/Additions to the Previous Months Minutes:

Unity Day report from Peter should read Founders Day

Treasurer Report from Michael – Prudent reserve of \$300.00, Last month took in \$93.00, spent 17.25 on refreshments, \$90 on Rent, \$1780 on IG, Balance is 0

Announcements: None

BIRTHDAYS: Cameron with 14 years, Gloria with 3 years, Allison with 5 years, Mike with 8 years, Cruz with 3 years.

Reports:

MaryPat (**Chair**) – Thanks for all picnic involvement, Peter did great, Gloria did great. Special thanks to history presentation Johnny O, Bruce, Joe B, Brian M, Tim C, Chuck, Gloria. Int'l conference was amazing. Nominating committee forming for positions upcoming. Inventory response for building prudent reserve.

Michael (**Central Service Board**) – Met 6/24 at CO, Focus on finalizing needed policies, whistle blower and conflict of interest. Started document retention policy for July, finalizing Bruce's review.

Cory (**Central Office**) – Prudent reserve is low but all else is running smoothly.

Tommy M (**CPC Chair**) – Secretaries workshop 1st sat 10AM at Central Office. Take Fliers help is needed. No other report.

Mike M (**12 Step Committee-Daytime Phone Coordinator**) – 397 Daytime Calls, 13-12step calls, trained 2 alternates, third alternate waiting.

Peter C (**12 Step Committee-Night/Weekend Coordinator**) – Not Present.

Pat(**Outreach Committee**) – Checking meeting guide to verify all meetings still exist. Passed forms to reps for verification. Business meeting is 5:45 PM at CO prior to IG.

Cathy Ann (**Newsletter Committee**) – Not Present

Gloria (**Activities Committee**) – Founders day overall success. Expenses \$3985.00, \$295.00 over output. Talk about doing it next year. Fri Night presentation had 400+ people.

Other Service Committee Reports:

Unity Day – (Amy F) 8/22 in Milpitas Start Announcing, Next plan meeting is 7/15 at Harrys Hofbrau 7PM.

NCAA – (Rose) – Not Present



MINUTES, cont.

H&I (Joe) – Pink cans took in \$3,703.00 for the month, and so far \$26,918.00 for the year. Chair of H&I asked all 7th tradition baskets be completely passed before passing pink cans. Make sure your group has an H&I rep. Spanish speakers, women, and men all needed. SVSP needs women, Elmwood, Valley Med, Muriel Wright all need women.

Discussion on IG YTD total and we are \$3K in the red but that is still progress.

BTG – (Julius) – 510-684-4008, 3rd Monday meets 7pm at Leigh and Hamilton. Website Up. Wants help testing site, passed cards. Young people needed, 1 year sober please. Web is <http://gciudjchapels.org/xoops>

North County General Service – Not Present

South County General Service (Larry M Alt DCMC) – Gen service assembly this month. Aug 7, 7:30PM World Gourmet Karaoke. Discussed spirit of rotation. Ana Treasurer visited. Picnic 9/18 upcoming in Willow Glen.

SCCYPAA (Shannon) – Wants to put SCCYPAA events on COIN Calendar. Sat July 17th 9-10 meeting and broomball to follow. Co-Hosting July 18th AT&T Giants Day in Recovery, July 9,10, and 11 is Yuba Campout in Coloma. Contact Jasmine to get on mass text list.

Unfinished Business:

Communication/Information Distribution – Cynthia – Started on problem 2, not all reps attend every meeting, minutes posted online by following Monday on aasanjose or yahoo group. MOTION to vote in posting minutes Monday following IG Meting, 40 approved, 1 opposed. Suggested by Monday a sample report be posted too. Discussion on topic of sample report. MOTION to not include a sample report, only minutes. Passed Unanimously. Suggestion if minutes cannot make it to aasanjose site they be posted on yahoo groups. MOTION to add yahoo groups as an optional service within IG. Passed Unanimously. Cynthia will put together a procedure list, security and moderating ideas to bring back to the group.

New Business:

Pat G – Reminder to check with your group about 7th tradition procedures, not a bad idea to have a check and balance system in place to prevent any mishaps. Discussion on topic, many treasurer mishaps shared. NY Put literature out regarding this topic, lets look into getting copies.

Open Forum: Discussion of anonymity in media and social networking, Jim-Secretary workshop had 4 people with 6 months, Looking for hearing impaired translators for Unity Day.

MOTION to close meeting

Meeting was adjourned with the Lords' prayer at approximately 9:18 PM

Recorded in Love and Service by Alicia S.

8:25 AM
08/04/10

Accrual Basis

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Profit & Loss

July 2010

	<u>Jul 10</u>	<u>Jul 09</u>	<u>Jan - Jul 10</u>
Ordinary Income/Expense			
Income			
3030 · Contributions-General	14,367.43	12,448.04	82,729.76
8010 · Literature Sales	4,447.70	3,681.94	33,741.72
8020 · Meeting Guide Sales	1,432.00	718.50	7,068.50
8050 · Activities Committee	0.00	0.00	7,874.28
8060 · Newsletter Subscriptions	5.00	15.00	130.00
Total Income	20,252.13	16,863.48	131,544.26
Cost of Goods Sold			
5000 · Cost of Goods Sold			
5100 · Cost of Inventory Sold	2,998.27	2,234.91	23,525.44
5150 · Cost of Meeting Directories	285.05	295.29	3,210.49
Total 5000 · Cost of Goods Sold	3,283.32	2,530.20	26,735.93
Total COGS	3,283.32	2,530.20	26,735.93
Gross Profit	16,968.81	14,333.28	104,808.33
Expense			
6010 · Alarm Service	207.00	207.00	621.00
6015 · Activities Committee Expense	0.00	0.00	6,495.29
6030 · Accounting and Legal Fee	0.00	700.00	1,600.00
6060 · Amortization of Improvements	0.00	0.00	6.50
6070 · Bank Credit card charges (Credit card costs and fees)	94.49	100.87	690.13
6120 · Computer Expenses	0.00	54.99	99.00
6140 · Conferences - Office Manager	0.00	0.00	456.36
6150 · Unity Day Expense	0.00	0.00	775.00
6160 · Copier Expense	40.38	71.94	1,932.22
6190 · Depreciation Expense	0.00	0.00	2,810.00
6220 · Insurance - Worker Compensation	0.00	123.17	0.00
6230 · Insurance - General Liability	0.00	0.00	550.52
6240 · Employee HRA Plan	845.46	817.36	5,818.65
6245 · Internet Access Charges	29.95	29.95	219.60
6330 · Office Expense	371.84	232.92	1,455.52
6360 · Archives	0.00	27.00	0.00
6370 · Office Paper Supply	145.79	0.00	1,924.97
6380 · Payroll Taxes	629.92	634.01	4,584.57
6410 · Postage	27.29	11.29	953.12
6480 · Rent	2,407.30	2,343.95	16,907.75
6540 · Salaries - Office	7,854.25	7,506.85	53,423.58
6560 · Payroll Expenses	76.38	75.92	587.85
6600 · Signing Services	200.00	200.00	1,500.00
7010 · Taxes and Licenses	0.00	0.00	60.00
7050 · Telephone	411.97	342.68	2,521.61
7060 · Travel	52.59	0.00	169.66
9080 · Sales Tax (Sales tax paid on purchases)	0.11	-0.17	-1.08
Total Expense	13,394.72	13,479.73	106,161.82
Net Ordinary Income	3,574.09	853.55	-1,353.49
Other Income/Expense			
Other Income			
8030 · Interest Income	0.00	123.91	514.01
Total Other Income	0.00	123.91	514.01
Net Other Income	0.00	123.91	514.01
Net Income	3,574.09	977.46	-839.48

8:29 AM
08/04/10

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.
Balance Sheet
As of July 31, 2010

	<u>Jul 31, 10</u>
ASSETS	
Current Assets	
Checking/Savings	
1010 · Petty Cash	164.72
1020 · First Republic Bank (Checking account)	16,570.74
1021 · First Republic Bank CD 0429 (12 Mo. CD @ 1.73%, 08/12/2010)	17,221.39 **
1022 · First Republic Bank CD 0486 (12 Mos. CD @ 1.29%, 11/12/2010)	17,155.60 **
1023 · First Republic Bank CD 3228 (12 Mos. CD @ 2.47%, 02/05/2011)	15,939.39 **
1024 · First Republic Bank CD 0551 (12 Mos. CD @ 1.04%, 05/19/2011)	<u>10,000.00 **</u>
Total Checking/Savings	77,051.84
Accounts Receivable	
1110 · Accounts Rec - Group Deposits	-214.77
Total Accounts Receivable	-214.77
Other Current Assets	
1250 · Literature Inventory	18,987.09
1310 · Prepaid Insurance	<u>2,632.30</u>
Total Other Current Assets	<u>21,619.39</u>
Total Current Assets	98,456.46
Fixed Assets	
1630 · Office Equipment	28,857.02
1640 · Office Furnishings - Asset	7,097.67
1641 · Less Accumulated Depreciation	-26,656.00
1680 · Leasehold Improvements	300.00
1681 · Less Accumulated Amortization	<u>-179.50</u>
Total Fixed Assets	9,419.19
Other Assets	
1860 · Deposits	<u>1,993.85</u>
Total Other Assets	<u>1,993.85</u>
TOTAL ASSETS	<u>109,869.50</u>
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Other Current Liabilities	
2100 · Payroll Liabilities (Payroll Liabilities)	50.00
2240 · Sales Tax Payable (due quarterly)	<u>514.78</u>
Total Other Current Liabilities	<u>564.78</u>
Total Current Liabilities	<u>564.78</u>
Total Liabilities	564.78
Equity	
2740 · Temporarily Restricted Funds	10,842.08
3900 · Unrestricted Funds	99,302.12
Net Income	<u>-839.48</u>
Total Equity	<u>109,304.72</u>
TOTAL LIABILITIES & EQUITY	<u>109,869.50</u>

** Our Prudent Reserve Accounts total: \$60,316.38

This represents 4 mos., or 67% of the Board established goal of 6 months of operating expenses.

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.
Group Contributions
July 2010

	Jul 10	Jan - Jul 10		Jul 10	Jan - Jul 10
1 Inv Freedom Fellowship 70940	35.00	245.00	G Forged From Adversity Group 70957	0.00	1,050.00
1 INV Fremont & Hollenbeck Group 70907	0.00	1,065.18	G Gilroy Groups 70906	70.00	210.00
1 INV Fremont & Manet Group 70975	350.00	840.00	G Higher Power Hour 70952	581.00	1,047.20
1 INV R and B Group 70972	0.00	593.41	G One Day at a Time 70903	1,022.00	1,022.00
1 INV Saturday Nite Live Group 70905	0.00	350.00	G Remember We Deal With Alcohol 70938	0.00	210.00
1 Inv Seeking Guidance Group 70976	0.00	2,784.41	G Serenity at Noon (fka Agnew) 70921	0.00	1,248.69
1 INV South County Fellowship 70954	210.00	1,470.00	G Serenity First Fellowship 70902	0.00	150.00
1 INV Winchester Fellowship 70960	125.00	200.00	G Sufficient Substitute	0.00	960.00
12 Steps & HOW (Women) 25 (Tues.)	52.00	104.00	G Sunrise Group of Palo Alto 70963	500.00	1,357.00
12 Steps at Noon 303 (Fri.)	70.00	170.00	G Sunrisers Group/Carrows 70932	492.12	3,581.05
3rd Steppers Book Study (Wom) 610 (Thur.)	0.00	164.06	G Third Tradition Women's Grp(The 70979	218.83	1,573.73
A Vision for You Women's 802 (Tues.)	0.00	140.00	G We Care Group 70934	0.00	1,050.00
A.B.C. Women's Group 58 (Mon.)	140.00	140.00	G West Valley Fellowship 70942	0.00	510.00
Almaden Valley Discussion 30 (Sun.)	0.00	306.69	Gathered Together for Sobriety 43 (Sun.)	0.00	86.00
As Bill Sees It 6.00P 518 (Mon.)	231.00	686.70	Gay & Lesbian Sober Experience 896 (Mon.)	0.00	67.66
Attitude Adjustment SJ 258 (Fri.)	0.00	156.85	Gay & Lesbian Step & Tradition G 221(Fr	49.70	49.70
Attitude Adjustment SJ 321 (Mon.)	0.00	92.01	Gay Alcoholics Living/Sobriety 742 (Wed.)	173.00	173.00
Attitude Adjustment SJ 446 (Sun.)	0.00	120.00	Gay Grab Bag Solution 41 (Sun.)	0.00	174.68
Attitude Adjustment SJ 443 (Sat.)	0.00	153.30	Gay Living Sober Group 21 (Sun.)	191.51	191.51
Back to Basics Saratoga Noon 151 (Tues.)	0.00	101.00	Gay Men & Women Together 85 (Mon.)	0.00	161.35
Basic 12 & 12 00662 (Mon.)	240.00	240.00	Gay Men's Freedom 262 (Thur.)	112.44	112.44
Berryessa Group 527 (Wed.)	0.00	84.00	Get Up and Go SC (Women) 187 (Sat.)	280.00	570.00
Better Way of Living 197 (Wed.)	113.00	113.00	Get Well Group 17 (Sun.)	0.00	150.00
Big Book Men's Group (Men) 106 (Tues.)	0.00	256.00	Grace Group of AA PA 352 (Sat.)	0.00	246.00
Big Book Speakers Group 289 (Fri.)	0.00	400.40	Grapevine Speakers 327 (Fri.)	35.00	98.57
Bill's Basement 384 (Fri.)	0.00	174.44	Grateful Live Group 535 (Mon.)	0.00	1,740.90
Birthday Contribution 00951	57.00	1,031.00	Happy Destiny (Women) 109 (Tues.)	309.23	1,224.76
Boiled Owls (Men's) LG 816 (Wed)	0.00	789.52	Happy Hour LG 652 (Fri.)	0.00	90.00
California Ave. Supper Group 715 (Thur.)	0.00	303.95	Happy, Joyous & Free 650 (Tues.)	150.00	150.00
Cambrian Saturday Night 376 (Sat.)	0.00	840.00	High Hope SJ 239 (Sat.)	0.00	190.30
Campus Group 234 (Thur.)	0.00	21.71	HOW Group 71 (Mon.)	0.00	560.00
Caveman Group (Men's Big Book) 659 (Sun.)	0.00	567.00	Humbly Asked 8.00A 87 (Sun.)	0.00	282.00
Chip Winners Group 168 (Wed.)	152.60	549.98	In the Basement 545 (Sun.)	0.00	40.00
Design for Living 200 (Tues.)	90.00	90.00	In the Solution 647 (Sat.)	0.00	300.00
Down to Earth Group 563 (Tues.)	0.00	77.05	Intergroup Council 80909	0.00	304.00
Downtown Steppers (Men) 392 (Mon.)	0.00	70.00	Invaders Group 44 (Sun.)	0.00	300.00
Dr. Bob's Nightmare 360 (Sun.)	0.00	375.90	Joy of Living 464 PA (Wed.)	0.00	285.00
Early Bird 414 (Sat.)	0.00	40.91	Ladies Amethyst AA Study Group 749 (Wed.)	297.78	451.98
Early Monday Night 68 (Mon.)	0.00	1,182.52	Lesbians Living the Promises 349 (Fri.)	0.00	70.00
Early Spiritual Progress 7 (Sun.)	0.00	100.00	Liquor Was But A Symptom 203 (Thur.)	0.00	96.00
Early Tuesday Group 119 (Tues.)	362.60	1,010.08	Live and Let Live 24 (Sun.)	206.39	206.39
Easier Way Group 290 (Fri.)	292.83	926.50	Living with Others 319 (Fri.)	0.00	432.75
East Valley Group 322 (Fri.)	0.00	250.00	Lodestar Group/Sober Thoughts 499 (Wed.)	0.00	100.00
Eastside Step Study 45 (Sun.)	0.00	100.00	Los Altos Men's Group 59 (Mon.)	59.00	376.00
El Camino Group 108 (Tues)	57.08	192.82	Los Gatos Tuesday Night 110 (Tues.)	0.00	175.00
Eleventh Step Group 167 (Wed.)	0.00	280.00	Meditation Meeting LA 39 (Sat.)	0.00	102.80
Eleventh Step Meditation 873 (Fri.)	0.00	109.48	Men's Basic Step Study Group 891 (Tues.)	0.00	417.00
Evergreen Group 884 (Thur.)	98.00	168.00	Men's Group 97 (Mon.)	291.00	459.00
Fireside Big Book Study 809 (Tues.)	0.00	35.00	Men's Honesty Group SJ 26 (Sat.)	0.00	1,648.50
G Fair Avenue Fellowship 70901	26.91	1,559.12	Men's Single Problem Study 89 (Mon.)	0.00	1,175.00

8:36 AM
08/05/10
Accrual Basis

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.
Group Contributions
July 2010

	Jul 10	Jan - Jul 10		Jul 10	Jan - Jul 10
Men's Single Problem Study 220 (Thur.)	1,015.00	2,135.00	Tuesday Noon Step Study 556 (Tues)	0.00	490.00
Midday Women's Group 91 (Mon.)	357.16	642.65	Up the Creek-Daily Reflections 745(Tues.)	50.00	250.00
Monday at a Time 208 (Mon.)	0.00	71.39	Veterans of Alcohol (Open) 874 (Tues.)	490.00	490.00
Monday Midday Meeting PA 714 (Mon.)	0.00	280.00	Veterans of Alcohol North (Open) 338(Tue)	0.00	120.00
Mountain Miracles 882 (Thur.)	262.50	459.90	Villages Group of AA (The) 406 (Mon)	72.95	678.97
Mountain View Group 350 (Sat.)	0.00	218.19	We Are Not Saints 12 & 12 520 (Tues.)	0.00	61.00
New Life Start 444 (Sun.)	0.00	151.70	Winchester Mystery Meeting 102 (Tues.)	0.00	210.00
New Nooners 808 (Mon.)	0.00	230.00	Women's Brunch PA 640 (Sat.)	352.00	747.00
New People's Group 3 (Sun.)	0.00	119.35	Women Sharing the Solution 519 (Thur.)	0.00	159.60
New Steps for Living 20 (Sun.)	0.00	848.70	Young at Heart 182 (Wed.)	0.00	70.00
Newcomers, Oldtimers (Women) 769 (Sat.)	0.00	101.50	TOTAL	14,367.43	82,109.99
Noon Discussion 177 (Wed.)	0.00	140.00			
Palo Alto Group 302 (Fri.)	0.00	1,145.20			
Palo Alto Men's Meeting 525 (Tues.)	0.00	671.89			
Pass It On Group Los Altos 418 (Sun.)	599.80	1,041.94			
Personal 00911	380.67	7,514.68			
Plaza Del Rey Group 52 (Sun.)	0.00	230.00			
Progress Not Perfection 229 (Sun.)	0.00	105.00			
Rincon Men's Fellowship 567 (Thur.)	350.00	719.00			
San Martin Candlelighters MH 378 (Sat.)	0.00	120.00			
Saratoga Group 328 (Fri.)	0.00	1,000.00			
Saratoga Serenity Group 329 (Fri.)	0.00	28.50			
Saturday 6PM Meeting LG 413 (Sat.)	0.00	210.00			
Saturday Morning Los Gatos 777 (Sat.)	840.00	1,540.00			
Saturday Night Promises PA 847 (Sat.)	0.00	385.70			
SCCYPAA	0.00	560.00			
Second Tradition Group Spkr 721 (Sat.)	520.50	740.50			
Serenity Discussion 210 (Wed.)	505.90	1,843.20			
Shared Gift (The) (Women) 61 (Mon.)	0.00	405.00			
Signs of Sobriety .) 402 (Mon.)	0.00	25.00			
Single Problem Study (Men) 212 (Wed.)	0.00	210.00			
Sizzler Group 27 (Sun.)	0.00	175.00			
Sober and Free Convention 70928	0.00	175.00			
South County General Service District 40	0.00	25.00			
South Valley Women's Surrender 88 (Mon.)	0.00	400.00			
Speaker Meeting PA 18 (Sun.)	245.00	590.00			
Spiritual Awakening 813 (Tues.)	0.00	340.90			
Spiritual Progress 269 (Thur.)	0.00	21.00			
Spiritual Step Study Group 233 (Sun.)	133.93	443.22			
St. Luke's Group 113 (Tues.)	0.00	200.00			
St. Mark's Group 270 (Thur.)	350.00	350.00			
Starting the Steps 753 (Fri.)	0.00	100.00			
Step Study (Women) LG 820 (Wed.)	0.00	122.36			
Sundowners' Dinner Meeting 768 (Wed.)	0.00	150.00			
Sunshine Group noon 243 (Thur.)	0.00	343.00			
T.G.I.F. Speaker/Discussion 298 (Fri.)	100.00	500.00			
The Other Wednesday Nite (Men) 209 (Wed)	0.00	1,075.00			
Think Tank (Men) SJ 361 (Sat.)	0.00	840.00			
Trinity Group 370 (Sat.)	0.00	40.00			



GRAPEVINE SPEAKER MEETING

First Presbyterian Church
2499 Homestead Road
at San Tomas Expressway
Santa Clara

August 2010 List of Speakers

August 6th 2010

Marty M. from San Jose

August 13th 2010

Bob M. from Redwood City

August 20th 2010

Dave D. from San Jose

August 27th 2010

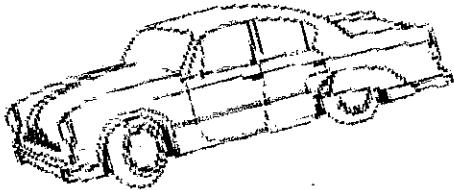
Tom B. from Saratoga

STAYING FIRED UP!!

Call Justin for Clarity

(408)813-2664

**Speaker Meeting at
7:00 PM**



with **ROGER Y.**
FROM MARTINEZ

Dance to Follow!

Dress Up Welcome!!!

131 East Main Street

Los Gatos, CA 95030

August 21st, 2010

SCGYA

Santa Clara County Young People of Alcoholics Anonymous

2010 Pacific Regional Forum

With our U.S./Canada General Service Board
Of Alcoholics Anonymous

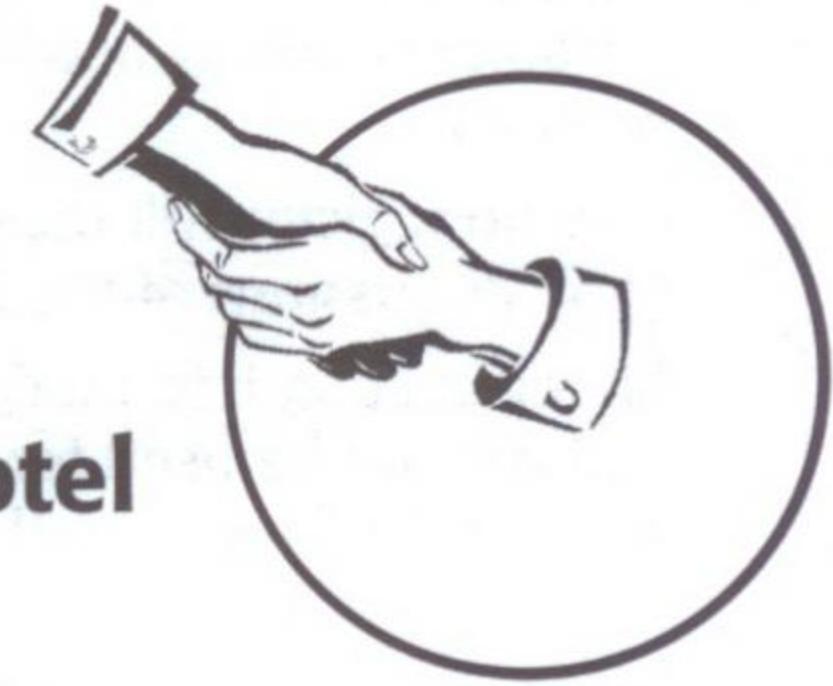


August 27, 28, and 29, 2010

7pm to 10pm Friday

9am to 9:45pm Saturday

9am to noon on Sunday



Torrance Marriott South Bay Hotel
3635 Fashion Way
Torrance, CA 90503
(310) 316-3636

**FIRST TIME FORUM
ATTENDEES-WELCOME!**

There is no Registration Fee

We Are Coming Together To
Share Experience On
Several Topics:

- ❖ Why should I care about A.A. beyond my home group?
- ❖ A.A. History-Boring or incredible spiritual journey?
- ❖ How does support of G.S.O. help A.A.s worldwide?
- ❖ Does your home group use the A.A. Grapevine or La Viña as a Twelfth Step tool?
- ❖ The upside down triangle-how are the General Service Board, the A.A.W.S. and Grapevine Boards accountable to the Fellowship?
- ❖ How do I have a voice in A.A.?
- ❖ What do the Traditions and Concepts have to do with my home group?

Purpose of this Forum

This Forum is put on by the A.A. General Service Board and is "open" to A.A. members or to anyone interested in A.A. Forums originated in 1975 at the suggestion of the late Chairman of the General Service Board of Trustees, Dr. Jack Norris.

Forums are designed to enhance communication and participation among A.A. members, the General Service Board, and staff and directors from the General Service Office Staff and the A.A. Grapevine. Forums offer a meeting place to ask questions and spark new ideas to help carry the A.A. message of hope to the still-suffering alcoholic.

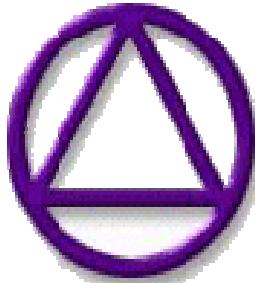
This Forum provides unique opportunities for A.A. members throughout the Pacific Region to share their experience, strength and hope.

Unity Day - 2010

Presents

"A Vision for You"

Sunday - August 22, 2010



**8:30 am to 8:00 pm
Milpitas Community Center
457 East Calaveras Boulevard
@ Route 237**



Morning Speaker: Linda B. (Woodside)

Afternoon Speaker: Raymundo L. (San Jose)

Evening Speaker: Happy John (Mountain View)

David N. will share the "Delegate's Conference Report"

**Please come join us in fellowship with Panels, Workshops,
Meetings in English and Spanish, plus much more!**

Event is FREE ALL DAY and open to everyone!

Al-Anon and Family Members are Welcome to attend!

Breakfast, Lunch (including entertainment), & Dinner are all FREE!

.....LEARN HOW TO GET INTO SERVICE.....

Alcoholics Anonymous Sponsors of Santa Clara County

General Service District 04 - North County

General Service District 40 - South County

General Service District 17 - Spanish

Hospitals & Institutions

Intergroup

Unity Day 2010

TIME	Main Auditorium	Room 5	Room 7	Room 8
9:00-10:00am	Breakfast (Free!) Morning Speaker Meeting: Linda B. (Woodside)			
10:15-11:15am	SCCYPAA Panel	Archives Committee Workshop	PI/CPC Workshop	Bridging the Gap Workshop
11:30-12:25pm	Lunch (Free!) with entertainment skit by "El Grupo"	Spanish AA Meeting (If you eat here please clean up)	12th Step & Diverter Workshop (If you eat here please clean up)	Al-Anon Spanish Panel (If you eat here please clean up)
12:30-1:30pm	Afternoon Speaker Meeting: Raymundo L. (San Jose)	"Spanish AA" PSA's to be displayed on a loop by VHS tape	"AA" PSA's to be displayed on a loop by VHS tape	"Al-Anon" PSA's to be displayed on a loop by VHS tape
1:30-2:30pm	"Delegate's Report" David N.			
2:45-3:45pm	Service Opportunities Panel	Spanish Literature "La Vina" Workshop	Secretary Workshop	Al-Anon Panel
4:00-5:00pm	Hospitals & Institutions Panel	Spanish General Service & PI/CPC Workshop	Service Sponsor Workshop	Al-Anon Speaker Meeting
5:15-6:15pm	Dinner (Free!)			
6:30-8:00pm	Evening Speaker Meeting: Happy John (Mountain View)			