



We Are Not a Glum Lot

In my drinking days, I was glum a lot. I had the pathetic combined mindset of victimhood and poverty. I was a bundle of resentment, depression, and isolation; all encompassed within a bubble of self-centered fear.

Coming to the program and given the gift of sobriety was not of my own doing. I cooperated only to the degree that I did not want to take a drink, no matter what. And I didn't. For quite some time, I did not get a sponsor; I did not work the steps with anyone; I did not use the telephone. I hung around on the fringe of AA, made no real friends, and sat in restaurants and coffee shops with people after meetings, just to feed that instinct to be with other people. I didn't know what I was missing.

Over time, little by little, things changed. I began to be interested in the well-being of others. I was able to truly listen to another person, without having to find some drama of my own to insert into a conversation. I began to depend more on a higher power than on myself. I became one among many. One day I realized I was comfortable in my own skin, and that my attitude was positive more often than not. It turned out that the promises were manifesting in my life. Need I say this was after I had, to

the best of my ability, applied the steps to my life.

I've never considered myself popular, a leader, a party animal, or a trendsetter. I do consider myself a loyal friend, blessed to have a higher power in my life, grateful to have a sponsor and that I am asked to sponsor others. I have a quiet peace and contentment about my life I did not know was possible. I find it difficult sometimes to express how profoundly grateful I am to truly feel a "part of", and to live in the solution instead of the problem. Life is an adventure today. It's an inside job, and I've become a happy camper.

Anonymous



Inside this issue:

We Are Not a Glum Lot	1-7
General Service Article	3
Letter From the Editor	8
Archive Corner	8
Current Calendar	9
Upcoming Calendar	10
Central Office	11
Birthdays	12
Financials, IG Minutes	13-14



INTERGROUP CENTRAL OFFICE
274 E. Hamilton Ave., Suite D
Campbell, CA 95008
Phone: 408-374-8511
Fax: 408-374-8557
Email: office@aasanjose.org
Website: www.aasanjose.org



We Are Not a Glum Lot

When I think of my earliest days in AA, it felt like I was given a life sentence to misery...no drinking = no fun! How wrong I was! But what has surprised me is that it's not based so much on what's going on outside me but what's inside, meaning my spiritual condition. Bill was correct when he wrote that when the spiritual malady is overcome we straighten out mentally and physically, and in that order in my case.

I didn't really know what to expect but I was so full of fear that all I could anticipate, and even brace for was a life of doom and gloom. Now that I've done the inventory and remaining steps, and even more by guiding others thru this process, I have been freed of most of my natural gloomy outlook into a person who often expects good things in life!

There are a couple things that I like that remind me of this radical change. One is the definition I found for Serenity...an

inner calmness regardless of outward circumstances. That's an amazing place to live, to be OK no matter what is going on in the world around me! I've also discovered that the promises have come true in my life, and that they're a new attitude and a new way of thinking, and have little to do with "stuff". More proof that I can live successfully no matter what.

One last little gem that reminds me that this is "an inside job" is something I picked up at a funeral of all places. It was for my uncle who was an old country preacher from the Midwest. It was a fairly small service and he had a brother-in-law who was also a retired minister and as part of the eulogy he shared one little verse from the Bible that caught my attention because I think it perfectly describes this joyous life I've found in Alcoholics Anonymous.

The verse is Proverbs 15:15 which says in part, "The cheerful heart has a continual feast." And as taught in my early AA training to use my dictionary, I did and found this: Feast – a time of celebration; a rich and abundant party!

The party is on when my heart is full of cheer! I'm amazed at the joy there is in life when I choose to focus on what I have, starting with the miracle of recovery, rather than what I lack. And when I think of life as a treasure hunt, in anticipation of something good, and then share the treasure I find with everyone along the way, we all win!

-anonymous

The COIN is published monthly by the Santa Clara County Central Office of Alcoholics Anonymous. Opinions expressed are the writers', not those of Alcoholics Anonymous as a whole. Publication of any article does not imply endorsement by Alcoholics Anonymous or Santa Clara County Central Office, except when Conference-approved publications are quoted. Quotations from AA books and pamphlets and the 12 Steps and 12 Traditions are reprinted with permission of A.A. World Services, Inc.; quotations and cartoons from *The Grapevine* are reprinted with the permission of A.A. Grapevine, Inc. Contributions from AA members are welcome and much encouraged. Submissions can be sent via email or should be typed or neatly handwritten. The editors reserve the right to edit content for length, clarity and relation to AA Traditions.



General Service Article (encompassing AA as a whole)

What it means to be a General Service Representative (GSR)

My sobriety started in August 2006 and since November of that same year I have been in service. I started out with the very important position of "coffee person" at the Grapevine meeting in Santa Clara. Then I was Secretary at the Winchester Fellowship (which quickly became my home group), and was the Literature person for that same group. I have always had some type of service commitment, whether it has been these mentioned above or just coming early to make coffee, or staying late to clean up or talk to a newcomer. (The latter is a **VERY** important service responsibility.) In January 2010 I volunteered for -and was elected- the GSR for my Winchester group. This has been (for me) a most essential service commitment.

Being the "voice" of my fellowship has given me even greater pride to be part of Alcoholics Anonymous. I can't stress how vital it is for groups to have a GSR so they can discuss issues and make important decisions "as a whole", to propose them to our committees, conferences and delegates, making sure that our members feel comfortable that we will be heard and that what we say is important. I have been given the opportunity to go to some conferences and workshops and get involved on a much broader level. My first conference was PRAASA (Pacific Region Alcoholics Anonymous Service Assembly) in Los Angeles followed by local conferences in the Bay Area. (I actually faced one of my BIGGEST fears being a GSR. Not public speaking or fear of talking in big groups that one would think, but crossing the Golden Gate Bridge!! I actually drove across the bridge by myself and made it just fine!!) Being GSR has also given me the opportunity to meet people from all walks of life and all areas of the USA in just a short time. It is amazing to see such differences in people, but yet see that we all have that one thing in common, alcohol; this is the common thread that binds us together.

Not until it was time for our *Group Conscience* did I find out that we all have our reasons for 'yeas' and 'nays', and also as individuals, how set we are in our ways in thinking that something is or would be a good thing or a bad thing, and why. When I attended the conferences my views changed; I heard a completely different set of reasons why people feel this or that way about things, and why they feel it would be good or bad and why. It opened my eyes and made me see things in a whole different light! For example, I was given the opportunity to present to the panel one of our two topics, which would later be voted on in New York by the Delegates. (This is why we take that all-important group conscience.) I stated our views and reasons why this new decision (or change) would be a good or bad thing and why. When I heard other groups discuss the same topic, they were at complete odds with what my fellowship's opinion was (imagine that) and it really made me think twice about what we discussed; the other points were valid and painted a completely different picture and with good reasons (imagine that). It is amazing how differently people (or groups) see the same thing. We all have our opinions but as a group we have a voice.

While the GSR position is still relatively new to me I do know one thing for sure ... we are all "connected" by this thing called Alcohol, but we are not "connected" in our thinking!

Keep Coming Back and Stay In Service!!

Shannon S.



Who Says You Can't Have Fun In Sobriety?

Back in my drinking days, life was very serious business. Between maintaining an adequate supply of booze, drinking it while avoiding detection, and carefully cultivating the illusion that my life was just fine, I had little time for fun. I rarely laughed; when I did, it was only because someone else was doing so, and I didn't want to look like I didn't get the joke. I wore such an intense, serious expression that total strangers passing me on the street would tell me to smile. I was afraid of everything, including mundane things like driving and going out in public.

So it was bizarre indeed that, when I got sober, I feared my days of fun and frivolity were behind me. I just knew that my sober life was going to be a dull, plodding existence, spent in dank church basements with a bunch of fellow losers trying to talk each other into getting through another miserable day without taking a drink.

Imagine my shock, then, when I walked into an AA meeting for the first time and heard--of all things!--shrieks of laughter. These were not polite titters, smothered behind a hankie. These were absolute howls of genuine hilarity. I could not imagine what was so funny. Didn't these people realize that they were alcoholics at a meet-

ing of Alcoholics Anonymous? Didn't they know that they should be huddled together in shame-faced stoicism? What on earth was funny about being a drunk?

Upon investigation, I learned that the knot of ten or so mirth-stricken alcoholics were home group members who had been sober for years. Their motto, taken straight from the Big Book, was "We are not a glum lot." Their ringleader, who insisted on seeing the humor in absolutely everything, had actually founded the group. These revelers weren't ashamed of themselves at all, and they approached life in a lighthearted way that I didn't understand in the least--but which began to grow on me as my own sobriety lengthened into weeks and months. I began to suspect that the sober life might not be so bad after all; I made the meeting my home group and tried to follow the example of my newfound friends. Sure enough, my life began to change, but I was repeatedly surprised at the fun I was having.

First, I started to laugh--genuinely laugh. I was both horrified and delighted the first time I did it, and not only because the sound of my own laughter was foreign to me. As it turns out, I'm one of those people who helplessly snorts--quite loudly, I might add--when they laugh. Yes, it's a bit embarrassing, but it's useful to

my husband and kids, who say they can always find me in a crowd by listening for the snorts.

I have been sober for a little over four years now, and at this point I am no longer shocked at my own laughter, befuddled to find myself having a good time, or horrified to hear a room full of alcoholics chuckling. This is how the sober life is--how life is meant to be, I think. Is it always a cheerful experience? Well, no. Has every day of my recovery been a fun-filled delight? Of course not. I can say this much for certain, though: My worst days sober are a lot more fun than my best days drunk.

Claire S.

Grapevine, August 2003

Vol. 60 No. 3



We Are Not a Glum Lot

When I saw this topic come up in the COIN I was excited because this is right up my alley! When I first came around AA, back in the early 80's, I was young and still reeling from all the hormones that were flowing readily through my mind and body. Very early in my AA experience I began to learn the how's and why's but it still didn't make much sense. We sometimes spend a great deal of time wasted in trying figure out why we drank instead of figuring out what keeps us sober and, more importantly, what makes us HAPPY!!!

In those early days we used to have dances at the Fremont & Hollenbeck Group in Sunnyvale. These dances occurred regularly at that location. Sure, I'll admit, it was kind of awkward at first and had a close resemblance of a High School dance, but needless to say we all had FUN!!!

Learning how to have fun in recovery is an important tool for our maintenance and growth. I've come to find if I wasn't having fun, I would start to drift away from the things that kept me sober in the first place. Starting to accept invitations to parties with our new-found friends helps us to breakthrough that isolation and fear that we all come in with.

As I've grown, my interests have also changed but having

a good time with whatever it is I'm doing remains intact. Though at times life delivers its normal ups and downs, it's important to maintain a sense of humor through it all.

My recent adventures have taken me to a place of giving back to AA in a way that gives me great pleasure and satisfaction. Most recently I started an event in 2005 that was intended specifically to show people that having "Fun" is just as important as staying sober. These two ideas co-exist by blending them together in our daily endeavors. It all came together on summer day in Mountain View at a park on Sylvan Avenue. We (two of my friends and I) were talking about putting together a "little" BBQ to celebrate summer and recovery. We put out a few flyers and got a couple groups involved. The "In the Basement Group" and Freedom Fellowship Group were on board and we were well on our way. That first year in 2005 the event attracted some 100 people. It came off as a smashing good time to celebrate the day. Last year we had over 340 people in that little park and it continues to grow with each passing year. This year's event "Founders Day 2010" is the second year that AA Intergroup has gotten in on the fun and we're hoping to have over 500 in attendance on June 5th at "Baylands Park" in Sunnyvale.

Having a history of planning events has given me a satisfaction with the inspiration to still have FUN!!!! The bottom line is when I stop having fun I'll probably fade away, and I'm simply not ready to do that! I keep finding new things to spark my interest and keep me amused. I'm blessed with a good sense of humor that comes directly out of the adversities I'm been confronted with while drinking and in the early days of straightening up.

Having balance and keeping a good spirit despite my own "stuff" helps me to continue to live within the principles but still smile at life and say to myself "what a GREAT DAY TO BE SOBER"!!!

The main focus of the article is to remember that simple rule on page 149 of the 12 and 12 which reads, "Don't take yourself too damn seriously"

- Peter C.





Group Contributions and the Pink Can

At the January H&I Steering Committee Meeting we heard from members that some group contribution baskets have come back with less money in them than is put in the Pink Can. We do not want to take from the Intergroups/Central Offices, Districts, and other services that the group supports. We can never tell a group what to do but after some discussion we agreed that as committee members our response is:

We ask that the group contribution basket be passed completely before the Pink Can is passed and that the Pink Can is not passed inside the group basket. That the Pink Can either be passed after the group basket is completed or be left on the table with a brief announcement about the purpose of the Pink Can.

We have not asked that the Pink Can no longer be passed at meetings and we have not said we no longer need contributions. As long as there are confined alcoholics there is the need to purchase AA books to bring the message of Alcoholics Anonymous to them.

We have a letter called *What Are Those Pink Cans For?* which states "One of the fears expressed early on in the implementation of the Pink Cans was that they would subtract from the support of the meetings. This should not happen if the AA group secretaries announce (before the baskets are passed) both the importance of supporting your group (thereby supporting the service entities it contributes to) and the purpose of the Pink Can. Also, the H&I Committee requests that the Pink Cans be passed separately from the baskets so as to avoid confusion." The entire letter is available on our website at www.handinorcal.org.

More volunteers are also needed to bring those AA books into the hundreds of facilities we go into each month. It is when one alcoholic shares with another alcoholic that the message of hope is carried, so consider this 12th Step service and attend your Area H&I Committee Meeting to get involved.

In Fellowship and Service,
Lorraine M.
General Chairman of Northern California
Hospital and Institution Committee





We Are Not A Glum Lot

I first heard this term when sobering up in Palm Springs. Down in the desert in August I did not anticipate doing anything "FUN" other than occasionally getting into a swimming pool. This proved not to be the case. My new AA friends would speak of having barbeques, dances, or hanging out together. At this early stage of sobriety, my self-esteem was in the proverbial toilet. When asked to attend my first AA event, I declined; under the excuses of no money, no car, and I'm not worthy. One day old happy Jack told me to get into his mini-van because he needed help setting up for AA. He told me

he always did what he could for AA when it was possible, even when inconvenient. I told him my schedule was clear and I went. It was the event I declined to attend. I fulfilled my service commitment setting up tables and chairs and met a few people. I spoke up saying something may not come out right with the food, and wound up barbequing. I was told if I can find fault, I can find a solution. I actually laughed instead of being the sensitive drunk that I was. The rest of the day was a blast. I met lots of people, played volleyball, had a water balloon fight, and ate a decent meal for the first time in

many weeks. I thanked happy Jack for his ruse. He then told me he didn't get sober to be a bore, that got him drunk. Unity finally made sense to me, and I became part of the we of AA that day. Today, whether it is a few of us making pizza's and reading the book, or having a beach party every month with over 70 members, I go. I must be present to win. Ever since that day I have tried to be a part of, invited or not, I would show up; and that is what you AA's wanted. I encourage to join in whenever there is an event so you might not miss out on the joy of living sober.

- Brett B.





Letter From the Editor

Hello everyone,

Here is a list of upcoming COIN topics for the next few months:

- July - Living Sober**
- Aug - Remembering Your Last Drunk**
- Sept - AA Around The World**
- Oct - Importance of the Traditions**

We have been having great reviews. Thanks for all of your support. The COIN is only as strong as your submissions. If you would like to share a story, article, resource, or poem please email your submissions to me by the 15th of the preceding month to:

cathyann5116@yahoo.com

ARCHIVES CORNER

1. In June of 1953 the book *Twelve Steps and Twelve Traditions* was published. Bill says, 'This small volume is strictly a textbook which explains AA's twenty-four basic principles and their application, in detail and with great care.' The book sold well as soon as it was published.
2. On June 10, 1935, Dr. Bob had his last drink from Bill's own hands. Bill gave him a beer so that he would be able to perform surgery without being quite so shaky. Dr. Bob had gone on a drunk when he left for a medical conference. On his return he revealed that he had to do an important surgery in a couple of days. Bill sobered him up and gave him a bottle of beer to quiet down the shakes before he went into surgery. This was eight months after Bill and Dr. Bob's first meeting.
3. The first local closed men's meeting was organized in June of 1946. This meeting was the result of some men objecting to women coming to the meetings. They were finding that some wives were becoming jealous of the women who were attending with their husbands.
4. In June of 1982 the 'Thru the Big Book' meeting was formed at Santa Teresa Hospital. It was started by Larry L. and Jim P. The group went through the whole Big Book including reading one story each month. The group is still meeting but was moved from the conference room to the main hospital to the class rooms in building 275. Al E. was asked to speak on the traditions once a year and Jack H. spoke on the twelve steps once a year.



June 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 <i>PI Comm. 6:00PM Outreach Comm. Mtg. 5:45PM Intergroup Meeting 7:30 PM)</i>	3	4	5 <i>Secretary's Workshop 10:00AM Central Office</i>
6	7	8	9 <i>North County General Service 7:30PM</i>	10	11	12 <i>PI/CPC Workshop, 10:00AM Central Office</i>
13	14	15 <i>South County General Service 7:00PM</i>	16	17	18	19 <i>Divertor Workshop, 1980 Hamilton Ave., 10:00 am ARCHIVES work day Central Office, 10:00am</i>
20	21	22 <i>H & I Committee 7:00PM</i>	23	24	25	26
27	28	29	30			

LOCAL EVENTS

June 11-13: NCCAA 63rd Annual Summer Conference, Parkside Hall, 180 Park Ave.

July 4: Forged From Adversity Group -Potluck Picnic (*see flyer inside*)

July 4: Serenity First Fellowship Alcathon (*see flyer inside*)

Aug. 22: UNITY DAY, "A Vision for You", Milpitas (*see flyer inside*)



July 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 <i>Secretary's Workshop 10:00AM Central Office</i>
4	5	6 <i>South County General Service 7:00PM</i>	7 <i>PI Comm. 6:00PM Outreach Comm. Mtg. 5:45PM Intergroup Meeting 7:30 PM</i>	8	9	10 <i>PI/CPC Workshop, 10:00AM Central Office</i>
11	12	13	14 <i>North County General Service 7:30PM</i>	15	16	17 <i>Divertor Workshop, 1980 Hamilton Ave., 10:00 am</i>
18	19	20	21	22	23	24
25	26	27	28	29	30	31

EVENTS AROUND CALIFORNIA

- Aug 14: 5th Annual SOBER SISTERS CONVENTION, Redding, CA
Aug 27-29: Redwood Coast Roundup, Fortuna, CA
Aug. 27-29: Pacific Regional Forum, Torrance, CA
Dec. 10-12: WACYPAA XIV, Friendly Hands Stretched Out In Welcome, Yosemite Valley, CA

EVENTS AROUND THE COUNTRY

- July 1-4: 2010 INTERNATIONAL CONVENTION, "A Vision For You, 75 Years of Alcoholics Anonymous",** San Antonio, TX, Registration forms available at Central Office
Aug. 6-8: 2010 GEM State Roundup, Boise, Idaho
Aug. 26-29: 52nd ICYPAA (International Conference of Young People in A.A.) Conference, New York, NY



**Telephone Calls Received
During May**

Alcoholics
Anonymous...
How may we help you?



Daytime at Central Office	416
Daytime 12 Step Calls	12
Evening and Weekend calls	382
Evening 12 Step Call information is not available.	

**An average of just over 8,000 hits are
made on our website each month!!**

I AM RESPONSIBLE...

**WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP,
I WANT THE HAND OF A.A. ALWAYS TO BE THERE-.
AND FOR THAT: I AM RESPONSIBLE.**

To all the members and groups who support us,
WE THANK YOU!

SPEAKER MEETINGS

Grapevine Speakers Meeting

Fridays at 8 p.m.

Presbyterian Church

San Tomas & Homestead, Santa Clara

Second Tradition Group of AA

Saturdays at 8 p.m.

Lincoln Glen Church, 2700 Booksin Ave, San Jose

Saturday Night Speakers—8 p.m.

Alano Club of San Jose

1122 Fair Avenue, San Jose

Remember We Deal With Alcohol

Saturdays at 8 p.m.

St. Mark's Church

1957 Pruneridge Ave., Santa Clara

Saturday Nite Live Group

Fridays at 8 p.m.

1388 S. Bascom at Stokes, San Jose

Speaker Meeting—VA Hospital

Sunday at 11:15 a.m.

3801 Miranda Ave., Palo Alto

Saturday Morning Fellowship

Saturday at 10 a.m.

United Presbyterian Church

Fremont & Hollenbeck, Sunnyvale

MEETING CHANGES

NEW

But a Symptom, Sun. 7:00 PM, Calvary Church, 16330 Los Gatos Blvd., LG

Women to Women, Sat. 7:30 AM, St. Francis Episcopal Church, 1205 Pine Ave., at Newport, SJ

Sufficient Substitute, Mon.—Fri., Noon, United Methodist Church (Kohlsted Hall), 1420 Newport Ave., @ Minnesota, SJ

Sisters Seeking Serenity, Wed. 4:00PM, Holy Spirit Episcopal Church (St. Lawrence Hall), 41 W. Rincon, @ Winchester, Campbell

CHANGED

Newcomers' Meeting, Cornerstone Fellowship Group, Masonic Hall, 131 E. Main St., Los Gatos. Changed to 7:30 PM.

**INTERNATIONAL
CONVENTION**

San Antonio, Texas

July 1—4

**We still have information and
registration forms at Central
Office and there's still plenty of
time to register.**



BIRTHDAY CONTRIBUTIONS

BIRTHDAY CELEBRANT	YEARS	CONTRIBUTIONS BY	BIRTHDAY
Aileen B.	7	Jackie J.	04/06/2003
NY John	24	John F.	05/24/1986
Janet P.	1	Carol B.	06/02/2009
Rita M.	30	Bill D., Domini, Brian and Evelyn M.	06/12/1980
Bill D.	28	Bill D.	03/13/1982
David J.	41	David J.	04/30/1969
Walter P. Sr.		In Memoriam, From His Poker Pals	May 8
Jerry H.	23	Jerry H.	04/10/1987
John U.	2	Dominic B.	05/26/2008
Marion F.	25	Aileen B., Evelyn M.	05/18/1985
Peggy Z.	36	Aileen B., Evelyn M.	05/29/1974
Mary Ellen C.	30	Norma Jean W., Mary Ellen C.	05/18/1980
Dee Dee S.	2	Carol B.	05/19/2008



HAPPY BIRTHDAY TO ALL!!

249 YEARS OF SOBRIETY

If you would like to participate or honor a friend,
please use the birthday forms at your
Meeting or Central Office.



INTERGROUP MINUTES

May 5, 2010

Mary Pat (IG Chair) – **Opened the meeting** at 7:33 PM with a moment of silence and serenity prayer.

Approximately 43 voting members were in attendance

Jasmine read the ‘**Definition of Intergroup**’

New Intergroup Reps introduced themselves: Diana from shared gift, Dionne from 6th and Julian, Carol from 6am Day at a time, John from Mens 8pm Freedom from Alcohol, Joshua from 8pm Palo Alto Mens meeting, Emily from 8pm gathered together, Jasmine from SNL. Visitors: Brian, Mike with Josh, and Tayo Mizatani

7th Tradition was Honored

Dianne read “**The Twelve Traditions**”

Corrections/Additions to the Agenda:

Remove IG Procedural Guidelines

Corrections/Additions to the Previous Months Minutes:

None

Treasurer Report from Michael – Prudent reserve of \$300.00, Last month took in \$71.24, Paid out \$21.64 for refreshments, \$49.59 Balance.

Announcements:

None

Birthdays: Mike with 3 Years, Bruce with 27 Years, Holly with 7 Years, Dave with 41 years, Barbara with 5 years, Susan with 24 years.

Reports:

Mary Pat (**Chair**) – Thanks for all the help with Chili Cook off, Gloria did awesome.

Doug. (**Central Service Board**) – Met on 4/29, Group contributions up but still \$8K behind. Taking steps to help. Received drafts of procedural guidelines.

Bruce (**Central Office**) – June founders day weekend fliers printed. 4th and 6th presentations, 5th is picnic, Prudent down \$17K, will draw more out the middle of the month. Starting a boost contributions program. Pick a month to “appreciate” CO. Pass a separate container for special donations. Funds support literature, service, etc.

Tommy M (**CPC Chair**) – New fliers, Need committee members and group liaisons. Sending letters to high and middle schools to reach out, Parole and community presentations underway. Needs help. No workshop next month.

Mike M (**12 Step Committee-Daytime Phone Coordinator**) – 401 daytime calls, 8-12 step calls, 2 alternates trained.

Peter C (**12 Step Committee-Night/Weekend Coordinator**) – 401 evening and weekend calls. 5/15, 10AM workshop.

(**Outreach Committee**) – Not Present.

Cathy Ann (**Newsletter Committee**) – Not Present



MINUTES, cont.

Gloria (Activities Committee) – Peter – Founders in 1 month, Need Raffle Prizes. New and unwrapped, take to Bruce. Chili Cook Off 330 people per raffle tickets, \$2,074 taken in, 231 voted on chili, advance of \$1500, used \$1300, Dessert was \$180, 23 groups, Beverages done by ODAAT which returned \$300, in the end +\$937, 6th and Julian won, \$100 cash prize.

Other Service Committee Reports:

Unity Day – (Amy F) 8/22 Fliers printed. Take some. Next planning Thursday May 20, at 7pm at Harrys Hofbrau, Schedule coming next.

NCAA – No Rep

H&I (Joe) – Not Present

BTG – Julius, Building foundation, visiting all facilities, they take those from locked down facilities to their first meeting. Developing website, 3rd Monday, 7pm, Leigh and Hamilton, 510-684-4008

North County General Service – Rose –Reps will attend post conference this Saturday to report and gather info. PRAASA made the stickers, 408-980-9459, 2nd Wednesday 7:30 pm, St; Johns in Sunnyvale.

South County General Service (Larry M Alt DCMC) – Pre Conference Assembly 500 1st say, 250 2nd day, gave all group conscience in Vallejo on Sat, will find out what happened. Summer hosting assembly. 8/7 gateway hall, SJ Fairgrounds 8:30 – 5PM

SCCYPAA (Todd) – June 12th 7pm Masonic Hall PICPC workshop and game night. June 29th 11AM Elections at Calvary, all positions up.

Unfinished Business:

Communication/Information Distribution – Cynthia – Recommendations on website outdated, perhaps it should be a paid postion. Reps communicate with webmaster.

CAROL – Motion to form a volunteer committee to fix website without pay, Amended to a trial period of 90 days. Motion Passed after long discussion.

Inventory Response (David W) – Not Present

Founders Month Activity (Johnny O.) – Everything is in order.

New Business:

Brainstorm – How to help SCCYPAA outreach through the valley. Attend the YPAA meetings, Use PI/CPC, Use BTG, Link to Website, Use Meeting Guide, H&I, Each day in a different area, Secretary Workshop, Section in the COIN, “Young Peoples Corner”

Brainstorm – Help Hearing Impaired Meeting – Educate groups individually, PI/CPC, Attract with H&I, Disabled organizations, Fliers, Show up to meetings, Rehabs, ASL teachers,

Open Forum:

Meeting was Adjourned with the Lords' prayer at approximately 9:28 PM

Recorded in Love and Service by Alicia S.

2:34 PM
06/09/10
Accrual Basis

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.
Profit & Loss
May 2010

	May 10	May 09	Jan - May 10
Ordinary Income/Expense			
Income			
3030 · Contributions-General	11,284.66	9,537.10	52,644.35
8010 · Literature Sales	4,594.94	4,676.41	24,528.11
8020 · Meeting Guide Sales	768.00	768.50	4,741.50
8050 · Activities Committee	0.00	0.00	2,680.28
8060 · Newsletter Subscriptions	40.00	0.00	105.00
Total Income	16,687.60	14,982.01	84,699.24
Cost of Goods Sold			
5000 · Cost of Goods Sold			
5100 · Cost of Inventory Sold	3,114.48	3,260.00	17,362.21
5150 · Cost of Meeting Directories	1,309.34	234.50	2,688.60
Total 5000 · Cost of Goods Sold	4,423.82	3,494.50	20,050.81
Total COGS	4,423.82	3,494.50	20,050.81
Gross Profit	12,263.78	11,487.51	64,648.43
Expense			
6010 · Alarm Service	0.00	0.00	414.00
6015 · Activities Committee Expense	1,285.80	0.00	5,604.67
6030 · Accounting and Legal Fee	0.00	0.00	800.00
6060 · Amortization of Improvements	0.00	0.00	3.25
6070 · Bank Credit card charges (Credit card costs and fees)	112.11	79.26	489.14
6120 · Computer Expenses	0.00	0.00	99.00
6140 · Conferences - Office Manager	25.00	381.33	110.56
6150 · Unity Day Expense	0.00	0.00	775.00
6160 · Copier Expense	273.25	56.89	1,424.05
6190 · Depreciation Expense	0.00	0.00	1,390.36
6230 · Insurance - General Liability	0.00	0.00	550.52
6240 · Employee HRA Plan	845.46	817.36	4,127.73
6245 · Internet Access Charges	29.95	29.95	159.70
6330 · Office Expense	27.96	90.68	807.69
6370 · Office Paper Supply	673.62	10.80	1,779.18
6380 · Payroll Taxes	94.63	685.70	2,983.44
6410 · Postage	10.12	320.00	362.86
6480 · Rent	2,407.30	2,343.95	12,093.15
6540 · Salaries - Office	3,724.42	7,917.44	33,865.31
6560 · Payroll Expenses	136.42	75.91	495.07
6600 · Signing Services	200.00	200.00	1,050.00
7010 · Taxes and Licenses	60.00	0.00	60.00
7050 · Telephone	33.25	330.55	1,275.80
7060 · Travel	37.75	0.00	117.07
9080 · Sales Tax (Sales tax paid on purchases)	0.00	0.00	-1.19
Total Expense	9,977.04	13,339.82	70,836.36
Net Ordinary Income	2,286.74	-1,852.31	-6,187.93
Other Income/Expense			
Other Income			
8030 · Interest Income	262.52	225.88	513.30
Total Other Income	262.52	225.88	513.30
Net Other Income	262.52	225.88	513.30
Net Income	2,549.26	-1,626.43	-5,674.63

2:36 PM
06/09/10

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Accrual Basis

Balance Sheet

As of May 31, 2010

May 31, 10

ASSETS

Current Assets

Checking/Savings

1010 · Petty Cash	217.08
1020 · First Republic Bank (Checking account)	11,629.74
1021 · First Republic Bank CD 0429 (12 Mo. CD @ 1.73%, 08/12/2010)	17,221.39 **
1022 · First Republic Bank CD 0486 (12 Mos. CD @ 1.29%, 11/12/2010)	17,155.60 **
1023 · First Republic Bank CD 3228 (12 Mos. CD @ 2.47%, 02/04/2011)	15,939.39 **
1024 · First Republic Bank CD 0551 (6 Mos. CD @ .95%, 05/12/2010)	10,000.00 **

Total Checking/Savings

72,163.20

Accounts Receivable

1110 · Accounts Rec - Group Deposits

Total Accounts Receivable

-1,699.23

Other Current Assets

1250 · Literature Inventory

1310 · Prepaid Insurance

Total Other Current Assets

18,217.61

Total Current Assets

88,681.58

Fixed Assets

1630 · Office Equipment

28,857.02

1640 · Office Furnishings - Asset

7,097.67

1641 · Less Accumulated Depreciation

-25,236.36

1680 · Leasehold Improvements

300.00

1681 · Less Accumulated Amortization

-176.25

Total Fixed Assets

10,842.08

Other Assets

1860 · Deposits

1,993.85

Total Other Assets

1,993.85

TOTAL ASSETS

101,517.51

LIABILITIES & EQUITY

Liabilities

Current Liabilities

Other Current Liabilities

2100 · Payroll Liabilities (Payroll Liabilities)

-1,233.33

2111 · Direct Deposit Liabilities

-2,770.02

2240 · Sales Tax Payable (due quarterly)

1,051.29

Total Other Current Liabilities

-2,952.06

Total Current Liabilities

-2,952.06

Total Liabilities

-2,952.06

Equity

2740 · Temporarily Restricted Funds

10,842.08

3900 · Unrestricted Funds

99,302.12

Net Income

-5,674.63

Total Equity

104,469.57

TOTAL LIABILITIES & EQUITY

101,517.51

** Our Prudent Reserve Accounts total: \$60,316.38

This represents 4.25 mos., or 71% of the Board established goal of 6 months of operating expenses.

Group Contributions

May 2010

	May 10	Jan - May 10		May 10	Jan - May 10
1 Inv Freedom Fellowship 70940	35.00	175.00	G We Care Group 70934	0.00	1,050.00
1 INV Fremont & Hollenbeck Group 70907	0.00	523.60	G West Valley Fellowship 70942	0.00	510.00
1 INV Fremont & Manet Group 70975	0.00	490.00	Gathered Together for Sobriety 43 (Sun.)	0.00	30.00
1 INV R and B Group 70972	160.00	593.41	Gay & Lesbian Sober Experience 896 (Mon.)	0.00	67.66
1 INV Saturday Nite Live Group 70905	0.00	210.00	Gay Grab Bag Solution 41 (Sun.)	0.00	174.68
1 Inv Seeking Guidance Group 70976	116.40	1,524.80	Gay Men & Women Together 85 (Mon.)	0.00	136.35
1 INV South County Fellowship 70954	210.00	1,050.00	Get Well Group 17 (Sun.)	0.00	150.00
1 INV Winchester Fellowship 70960	0.00	75.00	Grapevine Speakers 327 (Fri.)	28.57	28.57
12 Steps & HOW (Women) 25 (Tues.)	26.00	26.00	Happy Destiny (Women) 109 (Tues.)	0.00	915.53
12 Steps at Noon 303 (Fri.)	0.00	100.00	High Hope SJ 239 (Sat.)	0.00	121.72
A Vision for You Women's 802 (Tues.)	0.00	140.00	HOW Group 71 (Mon.)	0.00	280.00
Almaden Valley Discussion 30 (Sun.)	0.00	256.69	Humbly Asked 8.00A 87 (Sun.)	140.00	282.00
As Bill Sees It 6.00P 518 (Mon.)	0.00	455.70	In the Solution 647 (Sat.)	0.00	160.00
Attitude Adjustment SJ 258 (Fri.)	0.00	156.85	Intergroup Council 80909	0.00	107.00
Attitude Adjustment SJ 321 (Mon.)	0.00	92.01	Invaders Group 44 (Sun.)	100.00	200.00
Attitude Adjustment SJ 446 (Sun.)	0.00	120.00	Joy of Living 464 PA (Wed.)	0.00	285.00
Back to Basics Saratoga Noon 151 (Tues.)	101.00	101.00	Ladies Amethyst AA Study Group 749 (Wed.)	0.00	154.20
Berryessa Group 527 (Wed.)	0.00	84.00	Lesbians Living the Promises 349 (Fri.)	0.00	70.00
Big Book Men's Group (Men) 106 (Tues.)	0.00	156.00	Liquor Was But A Symptom 203 (Thur.)	96.00	96.00
Big Book Speakers Group 289 (Fri.)	0.00	400.40	Lodestar Group/Sober Thoughts 499 (Wed.)	100.00	100.00
Bill's Basement 384 (Fri.)	0.00	174.44	Los Altos Men's Group 59 (Mon.)	0.00	317.00
Birthday Contribution 00951	202.00	894.00	Los Gatos Tuesday Night 110 (Tues.)	0.00	140.00
Boiled Owls (Men's) LG 816 (Wed)	505.32	505.32	Meditation Meeting LA 39 (Sat.)	0.00	102.80
Cambrarian Saturday Night 376 (Sat.)	0.00	420.00	Men's Basic Step Study Group 891 (Tues.)	0.00	236.00
Caveman Group (Men's Big Book) 659 (Sun.)	140.00	567.00	Men's Group 97 (Mon.)	0.00	168.00
Chip Winners Group 168 (Wed.)	194.95	397.38	Men's Honesty Group SJ 26 (Sat.)	840.00	1,648.50
Down to Earth Group 563 (Tues.)	0.00	77.05	Men's Single Problem Study 89 (Mon.)	575.00	575.00
Downtown Steppers (Men) 392 (Mon.)	70.00	70.00	Men's Single Problem Study 220 (Thur.)	0.00	1,120.00
Dr. Bob's Nightmare 360 (Sun.)	0.00	375.90	Midday Women's Group 91 (Mon.)	0.00	285.49
Early Bird 414 (Sat.)	0.00	40.91	Monday at a Time 208 (Mon.)	0.00	21.39
Early Monday Night 68 (Mon.)	0.00	1,182.52	Monday Midday Meeting PA 714 (Mon.)	0.00	140.00
Early Tuesday Group 119 (Tues.)	0.00	647.48	Mountain Miracles 882 (Thur.)	0.00	197.40
Easier Way Group 290 (Fri.)	8.76	633.67	Mountain View Group 350 (Sat.)	0.00	218.19
East Valley Group 322 (Fri.)	0.00	150.00	New Life Start 444 (Sun.)	0.00	151.70
El Camino Group 108 (Tues)	0.00	135.74	New Nooners 808 (Mon.)	120.00	230.00
Eleventh Step Group 167 (Wed.)	280.00	280.00	New Steps for Living 20 (Sun.)	0.00	848.70
Eleventh Step Meditation 873 (Fri.)	0.00	109.48	Newcomers, Oldtimers (Women) 769 (Sat.)	101.50	101.50
Evergreen Group 884 (Thur.)	0.00	70.00	Noon Discussion 177 (Wed.)	140.00	140.00
Fireside Big Book Study 809 (Tues.)	0.00	35.00	Palo Alto Group 302 (Fri.)	0.00	1,145.20
G Fair Avenue Fellowship 70901	287.29	1,354.42	Palo Alto Men's Meeting 525 (Tues.)	0.00	371.89
G Forged From Adversity Group 70957	0.00	1,050.00	Pass It On Group Los Altos 418 (Sun.)	0.00	442.14
G Gilroy Groups 70906	70.00	140.00	Personal 00911	4,091.00	6,048.56
G Higher Power Hour 70952	0.00	466.20	Plaza Del Rey Group 52 (Sun.)	0.00	230.00
G Serenity at Noon (fka Agnew) 70921	0.00	378.59	Progress Not Perfection 229 (Sun.)	0.00	105.00
G Serenity First Fellowship 70902	25.00	125.00	San Martin Candlelighters MH 378 (Sat.)	120.00	120.00
G Sufficient Substitute	0.00	560.00	Saratoga Group 328 (Fri.)	1,000.00	1,000.00
G Sunrise Group of Palo Alto 70963	0.00	357.00	Saratoga Serenity Group 329 (Fri.)	0.00	28.50
G Sunrisers Group/Carrows 70932	595.41	2,463.35	Saturday 6PM Meeting LG 413 (Sat.)	50.00	210.00
G Third Tradition Women's Grp(The 70979	209.97	1,132.40	Saturday Morning Los Gatos 777 (Sat.)	0.00	700.00
			Saturday Night Promises PA 847 (Sat.)	0.00	385.70

4:22 PM
06/02/10

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Accrual Basis

Group Contributions

May 2010

	May 10	Jan - May 10		May 10	Jan - May 10
SCCYPAA	0.00	560.00			
Second Tradition Group Spkr 721 (Sat.)	0.00	220.00			
Serenity Discussion 210 (Wed.)	0.00	1,337.30			
Signs of Sobriety .) 402 (Mon.)	0.00	25.00			
South County General Service District 40	25.00	25.00			
South Valley Women's Surrender 88 (Mon.)	120.00	400.00			
Speaker Meeting PA 18 (Sun.)	0.00	345.00			
Spiritual Awakening 813 (Tues.)	0.00	340.90			
Spiritual Progress 269 (Thur.)	0.00	21.00			
Spiritual Step Study Group 233 (Sun.)	0.00	309.29			
St. Luke's Group 113 (Tues.)	0.00	200.00			
Starting the Steps 753 (Fri.)	0.00	100.00			
Step Study (Women) LG 820 (Wed.)	0.00	122.36			
Sunshine Group noon 243 (Thur.)	0.00	170.00			
T.G.I.F. Speaker/Discussion 298 (Fri.)	100.00	400.00			
The Other Wednesday Nite (Men) 209 (Wed)	0.00	795.00			
Think Tank (Men) SJ 361 (Sat.)	0.00	840.00			
Trinity Group 370 (Sat.)	0.00	40.00			
Tuesday Noon Step Study 556 (Tues)	0.00	490.00			
Unknown	0.00	350.00			
Up the Creek-Daily Reflections 745(Tues.)	0.00	200.00			
Veterans of Alcohol North (Open)338(Tue)	120.00	120.00			
Villages Group of AA (The) 406 (Mon)	91.72	499.45			
Winchester Mystery Meeting 102 (Tues.)	0.00	210.00			
Women's Brunch PA 640 (Sat.)	0.00	395.00			
Women Sharing the Solution 519 (Thur.)	0.00	159.60			
Young at Heart 182 (Wed.)	70.00	70.00			
TOTAL	11,265.89	52,615.58			

SERENITY FIRST

FELLOWSHIP

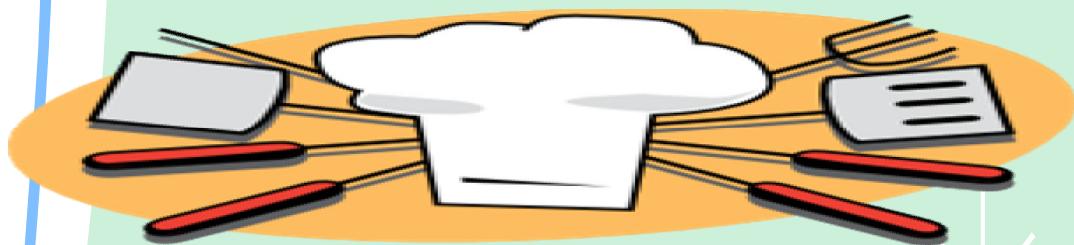


4TH OF JULY ALCATHON

MEETINGS FROM 7AM TO 8PM...

1PM TO 3PM BBQ LUNCH!!!

COME AND JOIN US!!!



N. 6TH ST. SAN JOSE CA

304

FREE !!! FREE !!! FREE !!!
Free !!! Free !!!



Annual Potluck Picnic

Sponsored By:

Forged From Adversity Grp. @ The Dalles

FFA Grp will provide Burgers and Hot Dogs, plates and utensils and some soda & water.

Donations appriciated!

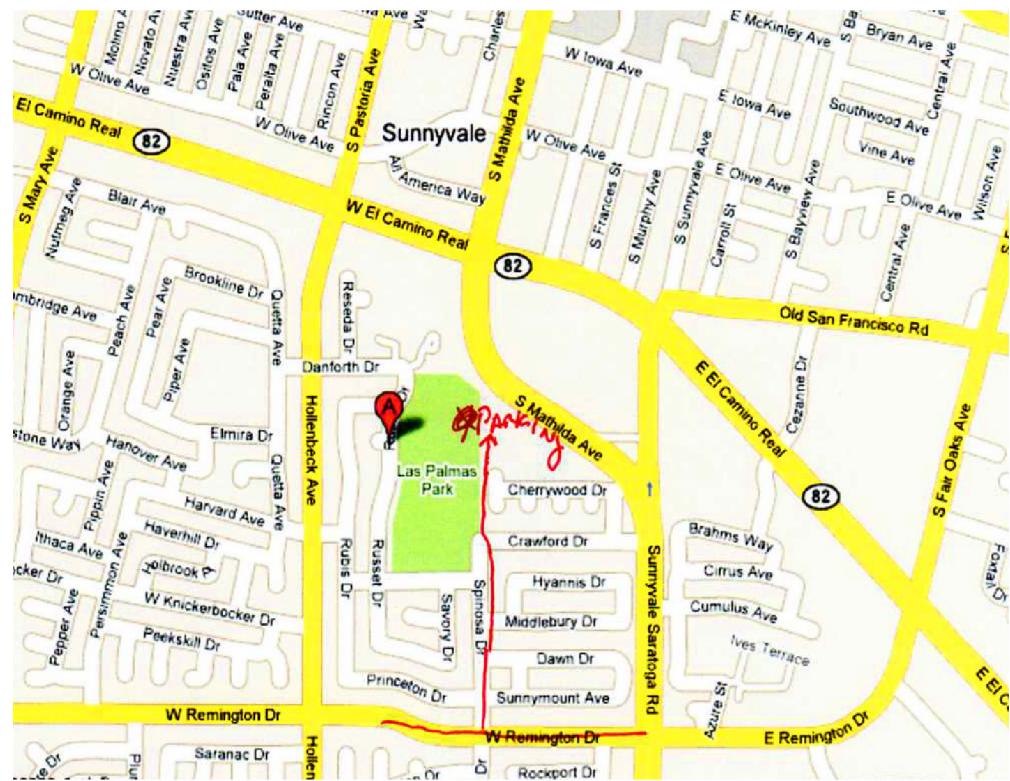
What to Bring:

Side Dishes, Salads, Desserts, Chips &
Dips Etc. any meat you want to cook yourself

Where: Los Palmas Park, Syvl

When: 4th of July

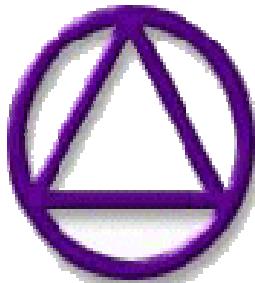
Time: 11AM to 4PM



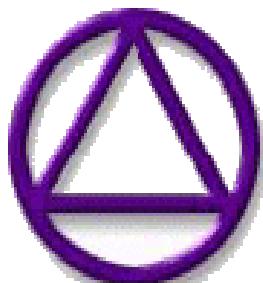
Unity Day - 2010

Presents
“A Vision for You”

Sunday - August 22, 2010



**8:30 am to 8:00 pm
Milpitas Community Center
457 East Calaveras Boulevard
@ Route 237**



Morning Speaker: Linda B. (Woodside)

Afternoon Speaker: Raymundo L. (San Jose)

Evening Speaker: Happy John (Mountain View)

David N. will share the “Delegate’s Conference Report”

**Please come join us in fellowship with Panels, Workshops,
Meetings in English and Spanish, plus much more!**

Event is FREE ALL DAY and open to everyone!

Al-Anon and Family Members are Welcome to attend!

Breakfast, Lunch (including entertainment), & Dinner are all FREE!

.....LEARN HOW TO GET INTO SERVICE.....

Alcoholics Anonymous Sponsors of Santa Clara County

General Service District 04 - North County

General Service District 40 - South County

General Service District 17 - Spanish

Hospitals & Institutions

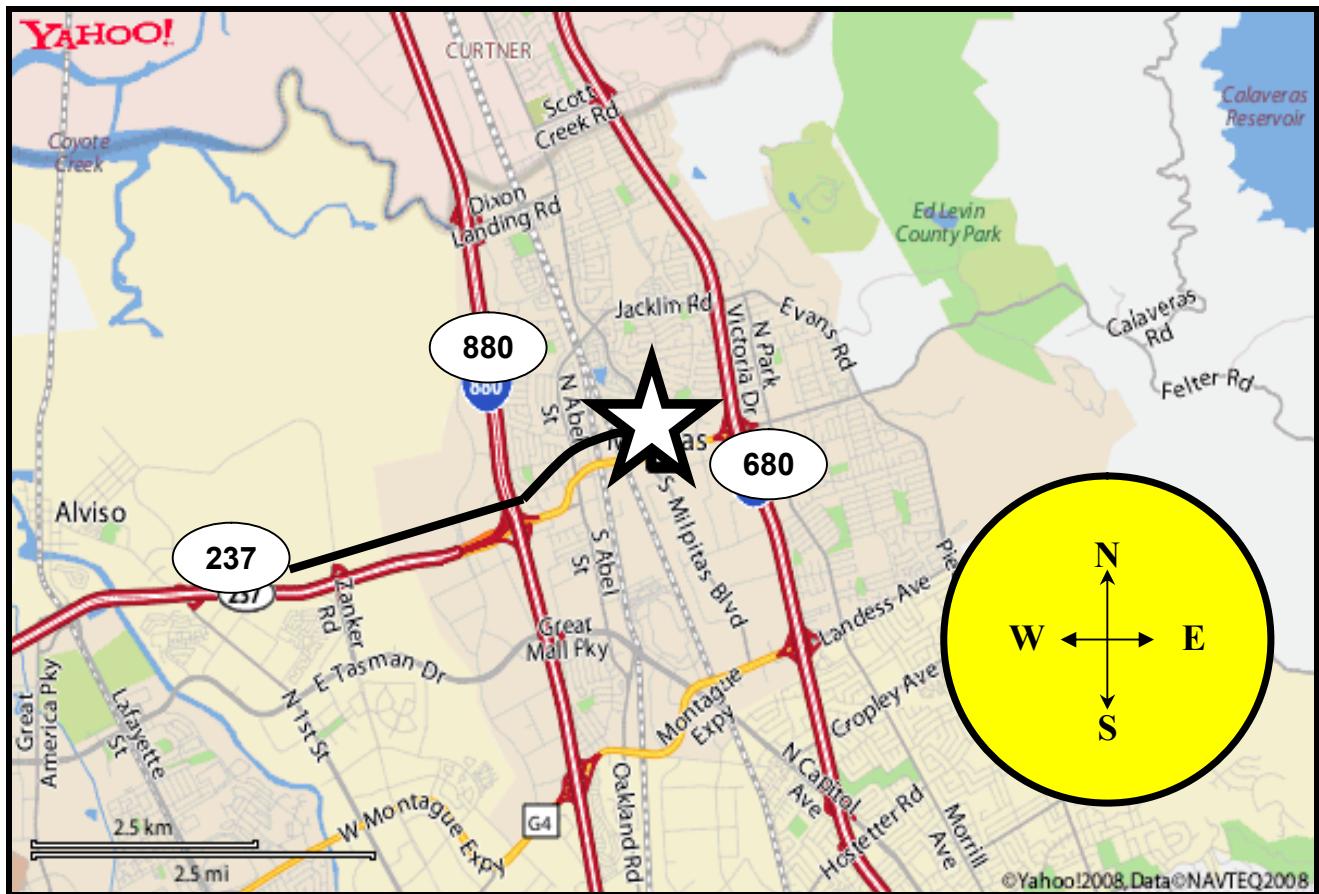
Intergroup

“Milpitas Community Center”

457 East Calaveras Boulevard

Milpitas, CA 95035-5411

Located between Highway 17/880 and Highway 680



Enter on East Calaveras Boulevard next to Safeway

From the North: Take 880 South to Route 237/East Calaveras Boulevard at North Milpitas Boulevard

From the South: Take 880 North to Route 237/East Calaveras Boulevard at North Milpitas Boulevard

From the West: Take Route 237 continuing East/East Calaveras Boulevard at North Milpitas Boulevard

Why Support Intergroup and Central Office?

I've had the privilege over the past 7 years to serve as an Intergroup Representative, a member of the Outreach Committee and currently as the Treasurer of the Central Service Board.

During that time, there have been many positive changes at Intergroup and Central Office. These include:

- Improved Central Office facility
- Improve website (www.aasanjose.org)
- Improved and more current meeting guide
- Improved and more complete Santa Clara County Archives display
- CD lending library
- Wider range of literature available including Grapevine Publications
- Congenial and welcoming atmosphere at Central Office
- Outreach efforts to all county meetings
- New Activities promoting fellowship including:
 - Founders Day
 - Sponsorship breakfasts
 - Chili Cook Offs
- New Activities promoting carrying the message
 - Divertor workshop every month
 - Secretary workshop every month
 - History of Alcoholics Anonymous presentations

Over the past two years, as the economy has struggled and meetings/groups have felt that impact of that downturn, contributions to Intergroup have declined rather sharply. This year, through April, contributions to Intergroup are \$8,000 less than the same period in 2009. Intergroup does have a prudent reserve but it is now substantially lower than the 6 month expense target that has been set.

While there are options that Intergroup could use to lower expenses or raise income, such as reducing office hours or selling non-AA items, the 7th Tradition of being self-supporting through our own contributions does seem most on point here.

Rather than altering the path of progress that Intergroup is on, we are including a request to our local meetings and groups to consider making a special 7th Tradition collection periodically which would be designated specifically for Intergroup. Group autonomy certainly applies and it is up to each group whether to and how often to participate.

I'm asking that your meeting and your group consider recognizing the worth of Intergroup and its activities through specific contributions at meeting level.

Thank you for the opportunity to serve.

Mike D.