

# Indira National School

## YOUNG MINDS



Issue No. 21, April - October 2018

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### FROM THE PRINCIPAL'S DESK

Dear Stakeholders of INS,

Man is bestowed with innate talents, powers, abilities and capacities. Education is the process which brings them forth. Swami Vivekananda believed that, "Education is the manifestation of divine perfection already existing in the man." On the same line, Father of the Nation Mahatma Gandhi affirmed that, "Education is all round drawing of best in man, his body, mind and spirit."

In INDIRA NATIONAL SCHOOL we believe in thoughts put forward by these great philosophers of the era. We try to develop democratic and scientific spirit, self-confidence, human values and spirit of enquiry. We provide an atmosphere where a child is allowed to discover his/her own abilities.

We provide equal opportunities for spiritual, cultural, social and emotional development of the child. We try to make children discover abilities in them and acquire skills, which will be helpful for them in facing challenges arising in future.

We at Indira National School assure parents that our children will be inculcated with values to build a better society and progressive nation, as we believe that education is a journey, not a race.

It gives me great pleasure to reach out to you through the pages of Young Minds sharing the achievements, talents and the activities of our students in various fields during the A/Y: 2018-19.



Prasad Pardeshi

Principal

### FRESH HIGHLIGHTS

**MEDITATION : THE QUIETER YOU BECOME, THE MORE YOU CAN HEAR.**



# NEWS

**FOUNDATION DAY CELEBRATIONS :  
UNVEILING OF 'CHOTA CHANAKYA' IGI-MASCOT**



**INTERNATIONAL YOGA DAY CELEBRATIONS**



**100 % ATTENDANCE AWARD WINNERS**



**GO GREEN PROGRAMME**



**TEACHERS DAY CELEBRATION**



**INVESTITURE CEREMONY**

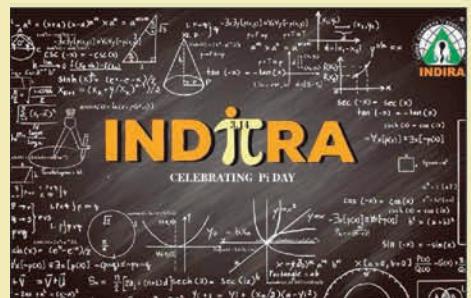


**PALKHI CELEBRATION**



# MAKERS

## PI-DAY COMPETITION WINNERS



## KINDNESS IS BEAUTIFUL - STUDENTS DURING CSR ACTIVITY



## STUDENT'S MEDICAL CHECK-UP : HEALTH IS WEALTH



## MUN - INDIRA SHINES



*Congratulations*

## INDIRA TOPPERS (GRADE 10 AND 12- 2017-18)



**Grade 10 :** Urmica Agrawal, Dyuti Bobby, Harrithha Balasubramanyam, Nyja Gowda

**Grade 12 :** Shreya Sahni, Deepika Goyal, Khushbhu Bhavnani, Avantika Shivhare

## NAVRATRI CELEBRATION



SOF BEST DISTRICT TEACHER'S AWARD -  
MS. MADHUMATI DAS

MARRS STATE CHAMPIONSHIP  
RANK HOLDER

## I-QUBE RESULTS

- Shravanee Gogulwar, IX  
All India Rank 1st, 100 %
- Shriya Subeeriya, IX  
All India Rank 1st, 100 %
- Allen Varkey, VIII  
All India Rank 2nd, 98.67 %
- Ishan Bhat, IV  
All India Rank 3rd, 93.38 %

\*I-Qube School Amabassador -  
Miss. Shravanee Gogulwar

*Heartiest Congratulations to  
the Participants and Rank Holders*



## CRICKET - A WAY OF LIFE

Cricket is in our blood. Although our nation is cut across by several religions, we all are bound together by a single religion named "cricket". Have you ever noticed that any kid, when given a cricket bat for the first time, will swing it even though no one has taught him to? Every Indian cricket fan gets going with successive boundaries or stump thrashing wickets. Every Indian cricket fan is a captain, analysing the pitch, weather conditions, player traits and can accurately guess the outcome of a match even before the first ball is bowled!

We celebrate World Cups like festivals. We watch cricket for six months a year and talk about it for the next six months.

But yet another interesting fact about cricket is that, it is a way of life. Cricket, or as a matter of fact any sport teaches us how to sustain in life. Being a cricket player myself, I've learnt much more things from cricket than I've learnt anywhere else.

Determination is the first thing you would like to have with you. After having played around fifty cricket matches, I have experienced many different oppositions and their sledging tricks. Same is the case in life, downfalls occur every now and then but being determined is the ultimate solution. Life is like fighting in a boxing ring, ten seconds off your feet and all your dreams shatter. An ordinary day may turn into a disaster with a whistling bouncer coming out of nowhere but cricket has not only taught me to duck a bouncer, but has also taught me to hit the next one for a six!. Life will approach you with unescapable hypothetical situations, but there is always a chance of a 'no ball' which you can use for getting maximum runs on the board.

So friends, life is full of uncertainties. All you got to do is believe in yourself and play according to the merit of the ball !

Avishkar Borkar, XI Alpha

## IT'S JUST LIFE

Just when do you realise?  
You don't have an aim,  
A goal in your life to earn  
Some money or even fame?  
Who is it to blame?  
Just when do you realise?  
You're never prepared  
For your ten marks chemistry test,  
Or for something you've really cared.  
Is it a truth or perhaps you're dared?  
Can it really be just life?  
With rugged bare hills  
Or one with streams and flowers  
Or with a long electricity bill?  
Yoga in the morning or living on pills?  
Can it really be just life?  
Maybe something beyond  
A land full of dreams  
Where fights never break bonds  
Or isolated, like a still, gloomy pond  
Are you right or wrong?  
In the decisions you make  
Be them for life or for a second  
It's only once you can take  
Can it be for whom, whose sake?  
Are you right or wrong?  
When a punishment you receive  
The world full of honesty and lies



Amongst which you  
quietly conceal  
Who is it exactly that you deceit?  
For it's always you  
In the finest of shops or  
on the roadside  
You've always been there  
You make the laws  
which you abide  
You kneel down to god or  
stand with pride  
For it's always you  
In the brightest of days,  
in the dullest too  
Changing your life day by day  
Impress some, while  
disappoint a few  
Is the world still counting on you?

Aarya Ambekar, X Sigma

## A MEANINGFUL LIFE

The late Franklin D. Roosevelt once quoted, "When you come to the end of your rope, tie a knot and hang on." This is indeed a very deep quote that can make our minds ponder in thought. In life, we must always remind ourselves to not give up, no matter how hard a situation may be. At times, one may not be able to alter reality but one can alter his/her attitude towards it, and this in a paradoxical manner alters reality. Perhaps confronting reality will only make us stronger. Be sturdy, remain tempestuous and ensure perseverance in life. Test how long the challenges could possibly prevent you from recommencing your journey in life. Someone has rightly said that in order to overcome an obstacle, we must do something about it rather than snivel. When life gives you a thousand reasons to stop trying, give yourself one more reason to keep going. Eventually, all your hard work will pay off. That is when your life will have become truly meaningful.

Koustubhi Yadav, IX Delta

## LITERARY

### EXAMS!

Some behave like it's a task  
Some find bliss in ignorance  
Some are just too numb to react  
But believe it or not, the exams are back!  
Throwing their weight around, the unwanted guests  
Steaming and barbecuing the brain  
Stealing the leisure time from under your nose  
And not even acting guilty about it.  
Boss you around in your own house  
No electronic gadgets till they end  
The house is filled with tension and gloom  
Throw those novels, welcome the textbooks.  
But some day they must end, you think  
And finally it's time for the joyful goodbyes  
But before you are done celebrating the good riddance  
The doorbell rings and they're back again!!



SAMREEN MUKHERJEE, IX Delta

### ALL ALIKE

All the world is on its way to progress,  
Then why is it, that our minds make a mess?  
Already in the human race there is so much of hate,  
Then why the hell do we discriminate?  
Calling someone 'huge' does not make you cool,  
Making people drool, originates you as the real fool.  
Shiny hooded eyes and a sharp jawline,  
Does not make an idol to mankind.  
A perfect body may not consist of abs and curves,  
Fairness creams or diets is not what your body deserves.  
Body shamers just get onto my nerves.  
Dark spots on a brown girl do not prove she is ill,  
Why should a healthy girl skip her meal?  
Together DISCRIMINATION we will kill.  
Dark or light, black or white,  
Each individual will catch his dream flight.  
We will change the world,  
The external looks will no more define,  
With all happy faces the world will be on cloud nine!



Prerana Patil, X Delta

### MUSIC

It is a form of expressions and art  
coming from the depths of the heart  
it keeps afloat those who drown  
it is for all, white, black, and brown  
hidden stories unravel in lyrics  
shy and quiet, they all loudly speak  
for one could sit sipping on tea  
and carry guilt and remorse in deep  
for one could smile and laugh aloud  
and still feel the urge to walk out  
and for we cannot hear their pain  
they sing out their hearts strain  
they sing in the rain, and the sun  
between their cries and the fun  
but this cruel world does not care  
for they think it as something to spare  
and I hope someday the world sees  
recognises the deepest pleas  
for musicians are but artists  
and for their pain they exist  
and words are the shades  
and songs are their blades  
so dive in the music, new and old  
because I'm still a lost soul



Archita Nigam, IX Sigma



# WORKS

## LA MODE ET LA NOURRITURE DE LA FRANCE

La cuisine de la France est très incroyable! Dans les 14 siècles, Guillaume Tirel un chef a écrit - Le Viander, une collection de recettes de la médiéval France. Le fromage et le vin sont la major part de la cuisine de la France. Les cuisines sont Terrine, Bisque (un peu sucré et crémeux potage), La ratatouille (un ragoût des légumes), La baguette (une mince miche de pain). Les célèbres vins de la France sont Beaujolais, Bourgogne, Bordeaux, Jura, Champagne.

La mode de la France: La France est très connue pour les marques comme Louis Vuitton, Chanel, Christian Dior, Paco Rabanne, Pierre Cardin, Yves Saint Laurent, Kenzo, Claudi Pierlot, Hermès, Lacoste. Les célèbres parfums de la France sont Chanel, Guerlain, Christian Dior, L'Occitane en Provence etc. La France est très belle et luxueux pays de l'Europe. La culture et civilisation de la France est très diverse.

Urvi Gurjar, VIII A

## THE TRUTH

Life is not a bed of roses  
Even a rose has thorns  
Through pain and fear, inside you, a new spirit will be born  
For not every one may climb up, you may fall down  
Do not give up, climb again until you see the next dawn  
Fear isn't cowardice, bravery isn't absence of fear  
Have a stable mind, then your path will be clear  
Be strong even while the dangers surround  
Leave your footsteps behind and let it inspire the world around  
Touch the light and let the shadow fall behind  
Be strong and bold, but at the same time know when to be soft and kind  
For the earthly soul, we should have grace  
And in other's heart we should have a place  
May all your efforts bear fruits  
After all in life, this is the truth.

D Shriram, X Alpha

## AN IDEAL IMAGE OF A WOMAN

What is the ideal image of a woman in our society? A good housewife? A good looking, fair woman? A good mother? A good cook?

Since a girl is born she is expected to be calm, poised and intelligent. She is taught household chores from a very young age. In rural areas such discrimination is pretty obvious. Girls are hesitant to speak their mind, express their wishes and desires. Although basic education is given to most girls but soon after she attains maturity, she is forced into marriage.

Urban areas do no good. Modern and upper class families face stereotypes differently. The girl is given full education and job opportunities. She is expected to be an ideal employee and trainee.

Etiquettes are taught and she is cut silent to formal traditions of discrimination. Society sets standards and stereotypes which sometimes go unseen. One example of such stereotype is: Families with a girl and boy as siblings, usually the boy is looked more upon in aspects like sports and outside work. The girl is looked more upon studies and manners. The legacy of the family passes to the boy and not girl. Parents unintentionally follow such traditions and show such stereotypes, as society holds a major role in people's lives.

Sometimes girls themselves allow such discrimination. They think their lives cannot change. Such interpretations are wrong and such thinking should not be encouraged.

One way to attain total equality is, equality in each aspect: Small or big. Girls should be motivated to do whatever they want and so should the boys. He should be taught chores and she sports. She should be sustained to earn more and he to respect women and everyone else.

Equality lies within people's minds and not the society. When then mind set changes, so will the society.

This is the image of an ideal society.



Adeeti Shukla, X Gamma

## THE CHANDELIER

The year my mother and father were wed my father bought his wife a very beautiful Baccarat chandelier. It weighed one ton and hung down two entire flights of stairs. Because it was so large my father searched the whole of Britain for an estate that could accommodate it. He chose a very old palatial home in the Welsh countryside. The mansion was six stories tall and in the middle of the house was a tall, spiraled atrium with a glass ceiling. The stairs wrapped around the walls of the spire encircling the great chandelier at the top.

As far back as I can remember I would spend my days lying underneath the cascading crystals far above and watching the twinkling prisms catch the sunlight and cast vibrant, breathing rainbows across the walls. My mother would smile at me and giggle to my father. I was a romantic, she said, a dreamer. Father would smile knowingly but never bother to glance my way. He only had eyes for my mother, at least until little George came along.

But I wasn't a dreamer, no, I fought sleep with every breath. I much preferred to spend my evenings dancing in the star fields that twinkled in the spire on clear nights. If moonlight shone into the great atrium it was transformed by the Baccarat into a million shimmering, glittering tiny stars. The chandelier was always, gently swaying even without a draft in the house and it would make the crisp, vibrant celestials dance upon the wall to a song only I could hear. And I would dance in the star fields.

One day I awoke from an afternoon nap to the loud but sluggish groan of protesting metal. I arrived at the bannister just in time to see the Baccarat's metal supports snap in two. The chandelier fell half a story until it was brought to an abrupt and violent halt by its last remaining support - a thick, nylon rope. George was playing with a train set far below and I screamed at him. He looked up at me for just a moment and then he was obscured from my view as the nylon snapped and the chandelier went crashing down five stories to the first floor where my mother had thrown herself protectively over George.

My father would only shed his tears for them behind closed doors. A week after their deaths Father had the Baccarat repaired and rehung. It had been my mother's and he'd loved her deeply. Perhaps he liked to look at the chandelier and think of her. But I preferred to imagine that he rehung it for me because he knew how much I loved it.

But the chandelier wasn't the same. The gentle cadence it had loyally kept since my birth was now replaced by a stillness as absolute as death. The rainbows were dull, almost colorless and the dancing stars that had once glittered upon the walls at night were absent and the spiraled atrium remained as dark as the heart of obsidian.

I still spend my days and nights lying on the floor looking up at the chandelier and hoping its magic will return to me. Some days I can almost see the vibrant colors and speckled starlight. Most days I see nothing at all.

But nothing at all is better than the nightmare that peeks through the veil sometimes, cruel and uninvited. Sometimes I can feel the cold and the hunger and the pain in my chest. Sometimes the dark nights and dull days make sense. Sometimes I can see the Baccarat for what it really is. Because sometimes I remember that it wasn't the chandelier that my father hung at the top of the atrium that day - it was himself."

Aditya Deshmukh, X Alpha

## THE YOU, INSIDE OF YOU

Have you ever imagined?  
To be seen in your own eyes?  
Isn't the world a beautiful place?  
But be careful, and watch it like a hawk,  
Cause it's a tricky place around you.

Do you know? Deep inside you,  
Lies another universe, just like the one around you.  
It's got all a universe has and it's got you;  
Another you, the inside of you,  
And there's a truth not many know.

It's about how you think you are an others are,  
It's what you think of this wonderful universe.  
The inside of you is who you actually are,  
Not what you show the world you are.

May be in the inside of a engineer, there is a man who wants to be an artist,  
May be the inside of a popular girl, is a girl just begging for love,  
May be the inside of a rich man is a man wanting contention.  
It's how their reflections are in their own eyes.

It's not always about what you want to prove to the world,  
You can't always cover your insecurities, sometimes it's about the real you .  
And the inside of you is the real you, it how you see the world,  
And sometimes there's nothing you want more in the world, then somebody to see the real you.



Kashvi Rateria, IX Delta

## CHANGE OF TIME

When time comes things change  
And wider than what you think is its range  
Who thought a topper will lose?  
Who thought a bulb will fuse?  
Like Edison never lost hope  
Never give up even if there is a slope  
Everything happens for a reason  
There is always a change in season  
In life, there are many ups and downs  
But in sadness, you should never drown.  
Sometimes opportunity doesn't knock  
When it sees your door has a lock.  
Until you do not open your gate  
Opportunity won't change your fate  
Many times, things become dark and brown  
But a person with hope will never frown.  
A person like this will always succeed  
And he is remembered for his deed.  
When Time comes things change  
And wider than what you think is its range.



Anushka Kulkarni,  
VII Sigma

## A DAY FULL OF LESSONS

One morning I was going to the nearby market to buy fruits, vegetables, milk and cottage cheese from the dairy. I went to the lift, and saw that they had still not repaired it. It had broken down the day before yesterday. I muttered in annoyance about how lazy the workers were and took the stairs. I had reached the lobby and made my way through the parking lot where I had parked my cycle. I soon ran into my friends, I quickly said goodbye and raced to the shop hoping I could play with my friends afterwards. But, then when I reached the market all the shops were closed. I asked a man why the shops were closed, and he replied that the farmers, milkmen, labourers and others were all on a strike. So, I raced back home to tell my mom about this. It was a troublesome day as we had nothing at home. The events of the day made me think that how important in our lives is the work of farmers, sales people, milkmen, etc. Just one day made such a big difference! Without farmers who would grow food and crops? Without servants, how would we manage so much work all by ourselves with their busy schedule? But, if they are so important to us then why do we differentiate and think that they are untouchable or dirty? They depend on us for making a living; we too depend on them for rations and other services. Let's think about it and bring a change.

Alisha Bhowmick, VI Gamma



## WHO AM I?

We are found in all the racks  
To store things and act as sacks  
Now-a-days nobody wants me, don't know why?  
Can you guess, who am I?  
I am a PLASTIC BAG!!

I say PonkPonk, I say PonkPonk  
Don't you feel it sounds like a song?  
People hate me don't know why?  
Can you guess, who am I?  
I am a CAR HORN!!

We are almost at everyone's home  
Old wires, CDs and Phones  
People throw me don't know why?  
Can you guess, who am I?  
I am ELECTRONIC WASTE!!

Plastic, Horn, Electronic Waste  
They are my unwanted guests  
Keep me clean, you know why  
Can you guess, who am I?  
I am your Dear MOTHER EARTH!!



Grishma Shringarpure, II Beta

## BULLY TO BEST FRIEND

Once upon a time, there lived a boy whose name was Anthony. He was in 7th grade. He was tall and strong, but used to bully his classmates. He used to trouble his classmates all day. He had no friends but never felt lonely as he used to spend all day hitting, threatening and troubling his classmates. One day, a new boy came in his class. His name was Sid. He was also a tall and strong boy, but he was not a bully. He was a helpful boy and wanted to make friends as quickly as he could. Not knowing that Anthony was a bad boy Sid decided that he would make Anthony his friend. The next day Sid went to Anthony and introduced himself. "Hi Sid" said Anthony in a rude manner. "Don't you know how to talk properly?" said Sid "Is this the way you talk to somebody? haven't you got any friends?". "No I haven't" said Anthony "If you've come here to be friends, let me tell you I'm the class bully, I don't make friends". Sid felt angry. He decided to teach him a lesson, and he had an advantage. He was stronger than Anthony! The next day, when Anthony was troubling his classmate, Sid came and gave him a punch. He defended his classmates and wouldn't let Anthony bully them. Anthony started feeling lonely. He started mending his ways and soon he was popular for his good behaviour. By the time he was in grade 9, the entire class was his friend. Thanks to the new student 'Sid'!



Shivam Bavishi, V Gamma

## MY HAPPY FAMILY

A loving beautiful world is she,  
MOTHER, who else than you, can it be.  
The pillar of our house is he,  
FATHER, you are always a Superhero for me.  
We play and fight together,  
BROTHER, we are best friends forever.  
I always love your yummy food,  
GRANDMA, you are really so good.  
You taught me how to pray,  
GRANDPA, Thank you is what I want to say.  
Be it cold, the rain or the sun,  
UNCLE, going out with you is always fun.  
Toys and clothes, for me you bought,  
Aunty, sharing is what you have taught.  
We are lucky to have a family,  
We will always stay together happily.



Anuj Nayak, IV Sigma

माँ

यह स्त्री होती है हमारे जीवन में महत्वपूर्ण,  
वह हमारी हर सही कामना को करती है पूर्ण ।  
मैं उन्हें माँ बुलाती हूँ, कोई उन्हें बुलाता है अम्मी,  
कोई लोग उन्हें माँ भी बुलाते हैं और कोई बुलाते हैं मम्मी ।  
माँ हमे सिखाती है पढ़ना, लिखना और खाना,  
वह तो होती है ममता की देवी यह है ईश्वर ने भी माना ।  
हमारे सुख और दुख में माँ खुशी-खुशी देती है हमारा साथ,  
हमें इस दुनिया में ताने के लिए वह छोड़ देती है  
अपने माता पिता का हाथ ।  
माँ ही शुरू करती है हमारे जीवन की कहानी,  
और हमे जो परेशान करता है, माँ उसे याद दिलाती है उसकी नानी ।  
माँ तो है हर दर्द की एक मीठी-सी दवा,  
जो हमारा ध्यान रखती है चाहे वो हम से कितनी भी हो रफ़ा ।  
माँ हर दिन हमारे लिए माँगती है दुआँ,  
और हमारे लिए उनके दिल में है प्यार और ममता से भरा हुआ कुआँ ।  
मैं माँ की जितनी भी तारीफ करूँ वह तो है कम,  
इस कविता द्वारा मैं यही कहना चाहती हूँ,  
की माँ तो ईश्वर द्वारा दिया गया उपहार है जो लेता है सारे गमा।

Niyati Agrawal, VII Omega



# SPORTS ACHIEVEMENTS

## DETAILS OF THE EVENTS

## GLIMPSES OF THE EVENTS

### ROLL BALL

Our Roll Ball team participated in the Under-14 Roll Ball Inter District Championship 2018-19 held at Hegdewar Skating Rink Pune [21st & 22nd July 2018]. Anish Birnale, Rohan Vaishampayan, Mayukhi Sengupta and Nidhi Kale were selected for State Tournament which was held in Ahmednagar [18th & 19th August 2018].

Interschool Roll Ball Skating Competition held in Meena Tai Thakre Skating Hall on 10/9/2018. Both U- 14 boys and girls team bagged 2nd position. U-17 boys also secured 2nd position in the same competition and Siddhant Dubey was selected for the Zonals.



Rollball- Under 14 boys secured 2ndposition (ZP)

Rollball U- 17 boys secured 2ndposition (ZP)

### SKATING

Our school students from grade V to X participated in ZP Roller Skating ZP Competitions. Below are the results :

- Shubh Gupta** : Road 2000m 1 gold, Rink 1000m 1 gold, Rink 500m (inline) 1 gold. He was selected for Nationals after he bagged 3 gold in SGFI State.
- Anish Birnale** : Road 2000m 1 silver, Rink 1000m 1 silver, rink 500m 1 silver, road 1000m(inline) 1 gold. He was selected for Nationals after he bagged 2 silver and 1 bronze in SGFI State.
- Aditi Desai** : Road 1500m 1 silver, Rink 1000m 1 gold, Rink 500m (quads) 1 gold. She was selected for State after she bagged 3 silver in Zonals.
- Shrihan Landge** : Road 1500m 1 bronze, Rink 1000m 1 bronze, Rink 500m(quads)1 gold and selected for Zonals.
- Adeep Wagh** : Rink 1000m 4th position, Rink 500m (quads) 1 bronze
- Jeel Zinzuvadiya** : Rink 1000m 1 silver, Rink 500m (quads) 1 silver.
- Shubh Gupta and Anish Birnale** : Both are selected for CBSE Nationals after they bagged 2 gold and 1 gold respectively in CBSE South Zone Competition.
- Anish Birnale** : He secured 3rd position in the RBFI Nationals Rollball held at Balewadi, Pune.



SKATING-Shubh Gupta & Anish Birnale selected for CBSE Nationals

SKATING -Aditi Desai - selected for State level Tournament



ROLL BALL / SKATING - Anish Birnale selected for Nationals

### FOOTBALL

Our school U-17 Girls team participated in ZP Inter School Subroto Mukherjee Football tournament and bagged 2nd position and our Under-14 Boys team secured 3rd position in the same competition.

Our Under-14 Boys team participated at C. M. International School Invitation Tournament and secured 2ndposition.

Our Girls team clinched the Under -14 Title in ZP Inter School Tournament. The team was selected to participate in ZP Zonals.

INS U-14 Girls Football winning team is as follows :

Saniya Menghani [Captain], Netra Sharma, Sanisa Bodakhe, Sanchi Shende, Amruta Gandhile, Vishakha Ranawade, Varsha Valliappan, Shubhalaxmi Padalalu, Diya Sriwastav, Stuti Kashyap, Jiya Sawant, Aditi Kadam, Samruddhi Patil, Rajvi Mandaliya and Zalak Gandhi.

Our School U-17 Girls team participated in ZP Inter School Tournament and secured the 3rdposition.

Varda Kannal and Gayatri Ganage were selected for Zonals. Gayatri Ganage has qualified for the School State trials.

Monisha Pandhu and Varda Kannal of Grade IX participated in the Inter District Football State Championship.

Monisha Pandhu was the Captain of the Pune Girls Under-14 team, the team secured 2nd position. Both students were a part of the Pune District team and were shortlisted for Maharashtra Sub-Junior Girls Football Championship 2018 trials, held in Mumbai on 18th June.

Varda Kannal of Grade IX was a part of the Maharashtra Sub-Junior Girl's Football team. The team participated in the Sub-Junior Girls Football Championship 2018-19 held in Cuttack, Odisha from 1st to 12thJuly 2018.



INS U-17 Girls Football team

INS U-14 Boys Football team



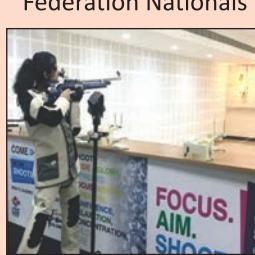
Indira National School girls clinch U-14 title

Varda Kannal selected for Nationals



Yash Choudhary selected for Zonals & CBSE Nationals

Abhinandan Srivastava selected for Zonals & Federation Nationals



Avani Srivastava selected for Zonals

Jiya Lohia for Zonals & CBSE Nationals

### ATHLETICS

Sai Kolekar bagged the 1st position in 400 & 600 mtr U-14 and was selected for Zonals.





## DETAILS OF THE EVENTS

## GLIMPSES OF THE EVENTS

**THROWBALL**

Our School U-19 Girls team participated at ZP Inter School Tournament and secured 3rd position.

Dhanashree Patil was selected for Zonals.



U-17 Boys secured 2nd position (ZP)

U-17 Girls secured 2nd position (ZP)

**BADMINTON**

Under-14 Boys bagged the 2nd position at Z.P. Joachim John was selected for Zonals.

2nd position was secured by U-17 Boys and U-17 Girls. Manas Ganatra and Anusha Sindkhedkar were selected for Zonals.

U-19 Boys secured 2nd position.

Jai Saxena was selected for Zonals.



U-19 Boys secured 2nd position (ZP)

**TAEKWONDO**

Our school students had participated at various ZP Taekwondo events. Below are the results:

U -14 Boys : Krish Dharmesh Zinzuvadiya and Reuben George bagged 1st position and 3rd position respectively. They also secured 3rd position in Zonals.

U-14 Girls :Mrudula Shrinivas Kulkarni secured second position.

U-17 Boys: Mandar Ganesh Jadhavand Kaustubh Bausaheb Rihekhar secured third position and second position respectively.

U 17 Girls : Shreeni Sagar Kalyanshetti grabbed the 1st position. Trupti Ravindra Rothe and Mabel George both bagged the second position while Ravleen Rajinder Singh Siyan secured the third position. Mabel George secured third position in CBSE South Zone Competition

U- 19 Girls: Anshika Singh and Ruchita Thorve grabbed the 1st position at ZP. While Anshika Singh secured 2nd position and Ruchita Thorve secured 3rd position.

Ruchita Thorve was selected for CBSE National Taekwondo Championship.

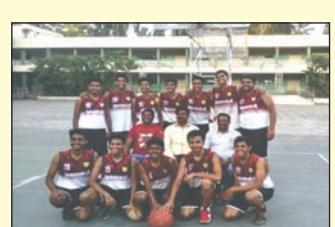


Ruchita Thorve - selected for CBSE National Taekwondo Championship

**KARATE**

Pakhi Rohit Bansal grabbed the 1st position at ZP and 3rd position in Zonals .

Ruchita Thorve secured 2nd position at ZP.



INS U-19 Basketball boys winning team - selected for Zonals  
Bhanesh Manoj - selected for Nationals.  
He represented Maharashtra state at the National basketball tournament held at Ludhiana, Punjab.

**BASKETBALL**

Our school students participated in the U-18 Inter District State Basketball Championship 2018-19 held at Vashi Mumbai.

The following INS students were a part of the U-18 Basketball team :

Bhanesh Manoj, Jai Saxena, Atharva Pandit, Anvay Deshmukh, Aditya Goyal, Harsh Gosalia , Neil Joshi, Suyog Mahale and Rohit Khadilkar

Zeel Patel and Shirin Virwani represented U-18 Girls Ratnigiri district team.

Our school students also participated in the Under-16 State Basketball Tournament held at Satara.

The following INS students were a part of the U-16 Basketball team :

Atharva Pandit, Raj Patel, Siddhant Chauhan, Rhushil Mandrekar, Shrey Lad and Dhruv Joshi.

Our school students participated in the Under-13 Boys and Girls 45th Inter District Basketball State Championship 2018-19 held at Balewadi, Pune [28th July to 1st August 2018]. They represented Ratnagiri district team.

The names of the U-13 Girls team are as follows :

Shreya Desai, Shreshta Ray, Ananya Patil, Prajakta Sharma, Jerusha Jayan, Aditi Rai, Preksha Rangnekar, Saanvi Pandey, Shreya Munot, Mayukhi Sengupta, Arushi Kondaskar and Annika Talpade

The names of the U-13 Boys team are as follows :

Malhar Navale, Viraj Degulkar, Shivansh Mali, Manish Hemant, Amogh Sambari, Dhruv Gupta, Aditya Anekar, Shreyansh Nigam and Nilay Bhatia.

Our school team participated in the ZP and secured the positions given below :

U-17 Boys- 3rdposition

U-19 Boys-1st position

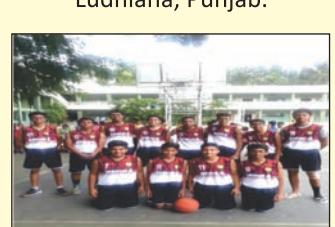
U -19 Girls- 2ndposition

Total of 18 players got selected for Zonals.

History was created by our U-19 Basketball boys team .They won the finals against Nagpur Katol Road. The team is qualified for Nationals to be held in Agra in December.

The U-19 Basketball boys team :

Jai Saxena - Captain, Akshat Bakshi, Hanif Daniveri, Bhanesh Manoj, Anvay Deshmukh, Aditya Goyal, Atharva Pandit, Suyog Mahale, Harsh Gosalia, Saurabh Raj and Tushar Poddar.



U-17 Boys secured 3rd position(ZP)



U-19 Girls secured 2ndposition(ZP)



U- 19 INS Basket ball Boys winning team who qualified for CBSE Nationals.



## DETAILS OF THE EVENTS

## GLIMPSES OF THE EVENTS

**SWIMMING**

U-19 Rohit Patil - 100m Free Style, 100m Back Stroke, 50m Back Strokes, 50 free style and 200 individual medley. He grabbed 5 Gold medals in CBSE South Zone Competition and has qualified for CBSE Nationals.

**Below are the results at ZP level:**

U-19 : Rohit Patil - 100m Free Style, 100m Back Stroke, 50m Back Strokes, 50 m Back Stroke , in all the events he secured 1st position and was selected for Zonals. In Zonals, he secured 2nd position in 100m Free Style, 100m Back Stroke, 50m Back Stroke and was selected for State. In State ,he secured 3rd position in 100 m Back stroke.

U-17- Janhavi Deshpande: 50m Freestyle & 100m Freestyle (3rd position) 50m Breast stroke (2nd position )

U-19- Hrishabh Mandhan: 100m Freestyle (2nd position), 50m Freestyle & 50m Breast Stroke ( 1stposition )

U-14 - Varun Deshpande : 100m Freestyle (2nd position), 50m Breast stroke & 100m Breast Stroke ( 1st position)

U17- Joytiraditya Bode : 100m Freestyle (2nd position), 50m Butterfly (3rd position)

U-14- Sarthi Shinde: 100m Freestyle, 50m Back Stroke & 100m Breast Stroke (1st position)

U17- Ayushi Malvade: 50m Breast stroke (3rd position)

U17- Gayatri Gange: 50m Back Stroke (3rd position)

U17- Janhavi Deshpande, Gayatri Grange, Ayushi Malavde and Manya Singh grabbed the first position in 4x100m Freestyle Relay.



Rohit Patil - participated in Swimming ZP/State and CBSE South Zone Competition and was selected for CBSE Nationals.



INS Swimming Champs

**CHESS**

Our students participated at the ZP Inter School event.

Below are the individual results : Under-14 boys-2nd position Under-19 Girls-4th position.

Vallabh Kavi and Gaurangi Donde were selected for Zonals.

**SQUASH**

Under-17 Boys Individual-2nd&3rd position.

Under-17 Girls Individual-1st position Under-19 Boys Individual- 1st position Under-19 Girls Individual- 1st position

Mrunal More, Yash Kapoor, Shriyansh Amiya Singh and Neha Pisal were selected for Zonals.

**CYCLING**

Adeep Wagh secured 3rdposition in ZP Road Race Cycling Competition and was selected for Zonals.

**TABLE TENNIS**

Our U-14 and U-17 Boys team won the CBSE Cluster IX Table Tennis Finals and were qualified for CBSE Nationals.

Below are the results:

U-14 Boys Team : Anaiy Kovlemodi, Aadi Frank Agarwal, Shantanu Nirphale and Atharva Kadam.

U-17 Boys Team : Karan Kukreja, Shreyas Dalal and Aarman Jeswani.

Our school grabbed 7 gold medals in team events.

Individual U- 14- Anaiy Kovelamudi won a gold medal.

Individual U- 17- Karan Kukreja won a gold medal.

Our U-14 Boys Team participated and secured 1st position at ZP and qualified for Zonals. The names of the participants are Aadi Frank Agarwal, Shantanu Nirphale and Atharva Kadam.

U-14 Boys Team was selected for Zonals. The team secured 3rdposition.AadiFrank Agarwal qualified for State Individual Trials.

U -14 Girls team secured 3rd position(ZP)

Prahalka Nivaruthi was selected for Zonals.

U-19 Boys team secured 2nd position.

Arnav Kulkarni was selected for Zonals.



Adeep Wagh secured 3rd position (ZP) - selected for the Zonal.



U-14 and U-17 boys CBSE Cluster IX Table Tennis winning team qualified for CBSE Nationals



U-19 boys team - 2nd position (ZP)

U- 14 girls team - 3rd position (ZP)



Aaditya Veni, I Kappa

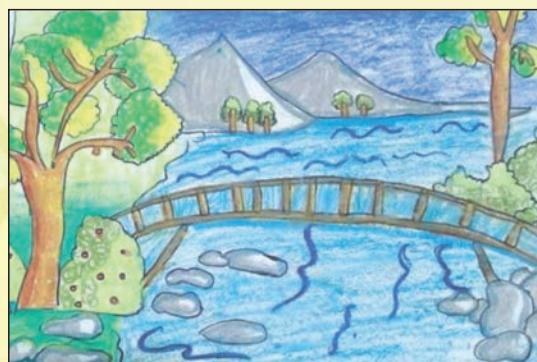
# Art Zone



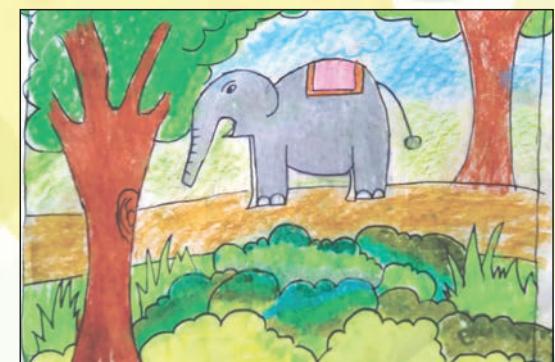
Advay Patil, II Zeta



Akshata Sinha, V Omega



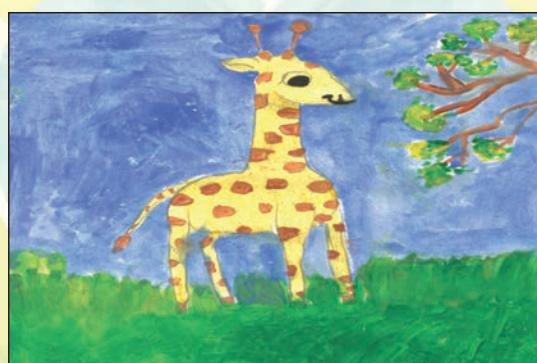
Avni Phansalkar, II Gamma



Kalash Chaudhari, IV Delta



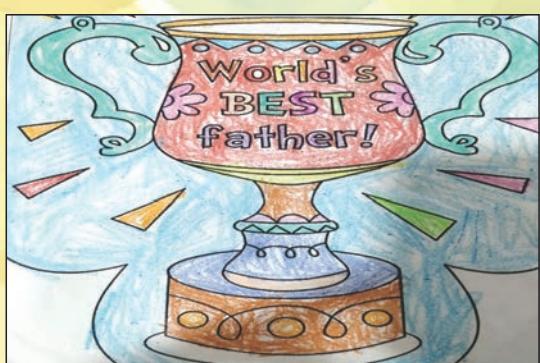
Mugdha Patil, III G



Olima Samanta, III Theta



Raina Mulchandani, II Beta



Reva Chougule, I Zeta



Santhosh Chinthalapudi, VI Beta



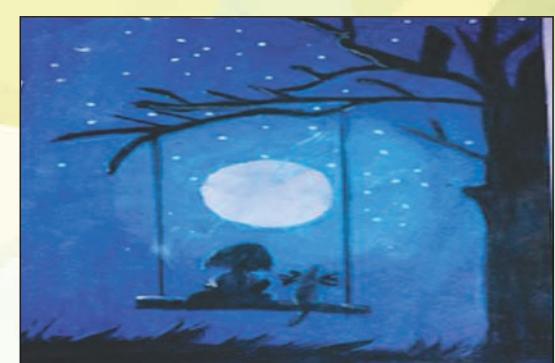
Samanyu Patil, I Beta



Tanishka Tejwani, V Omega



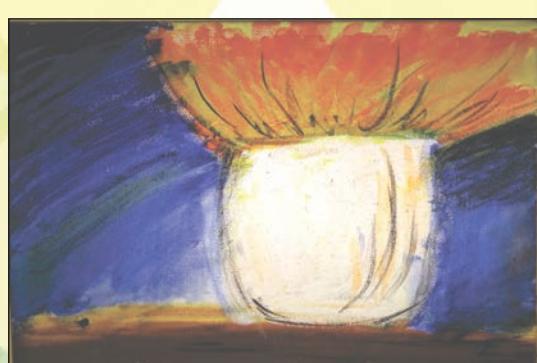
Sai Keerthi Deepak, V Beta



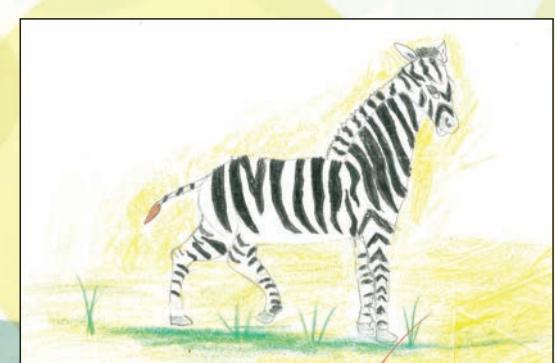
Samrudhi Dhanore, IV Sigma



Samyag Shand, III Beta

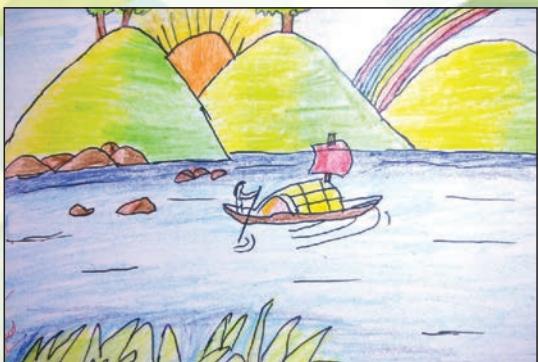


Shaurya Mitra, III Alpha

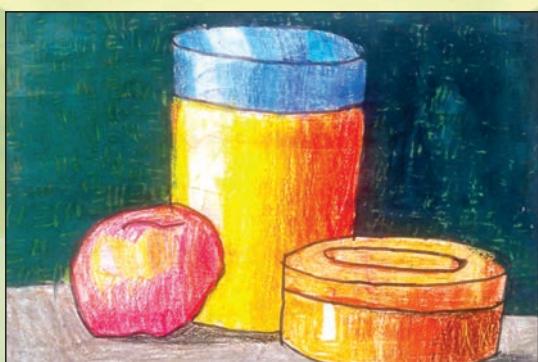


Arnavi Vanakudari, I Theta





Sharvil Kulkarni, IV Beta



Kimaya Banerjee, II Theta



Keshav Pachpande, II Gamma



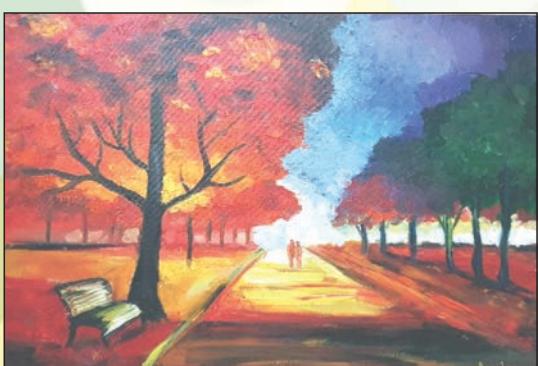
Kritika Chatterjee, VII Beta



Diya Ramani, X Sigma



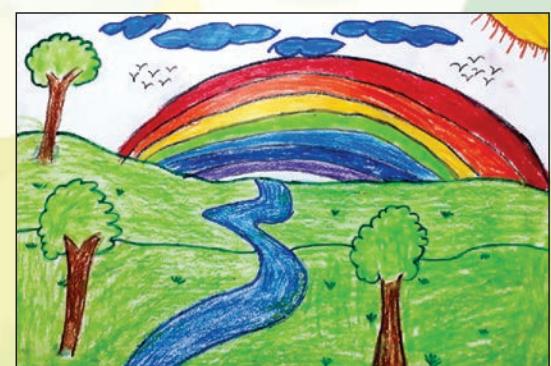
Abhimanyu Bhasin, VII Gamma



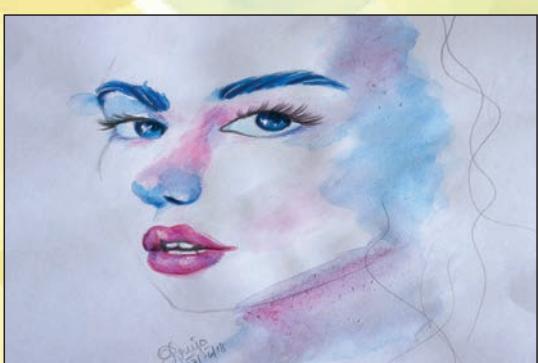
Anisha Kumar, VII Sigma



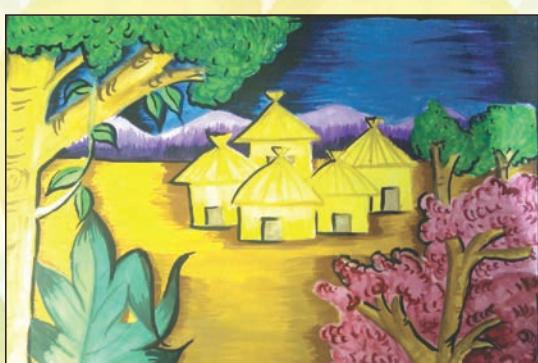
Arohee Patel, II Theta



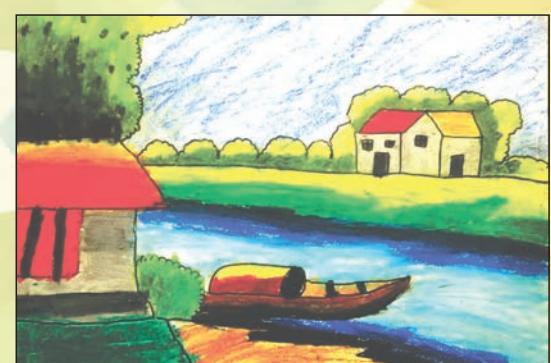
Aaradhya Ainshani, I Beta



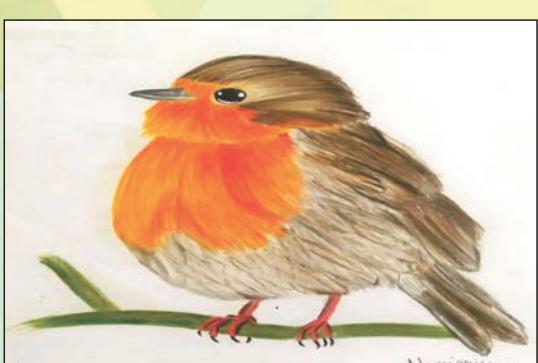
Priya Sharma, XII Beta



Ananya Bharti, VII Delta



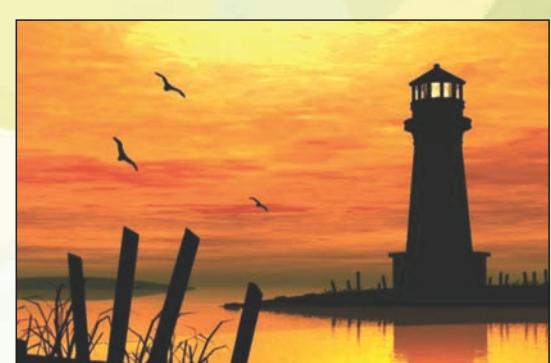
Taanish Gupta, III Gamma



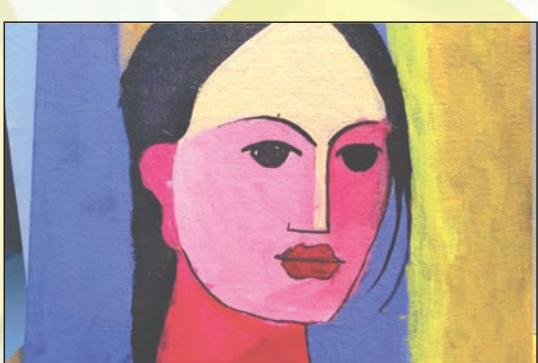
Haripriya Krishna Kumar, X Sigma



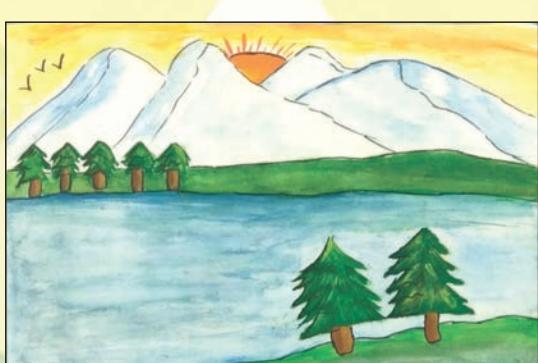
Devansh Gautam, VII Beta



Hrithik Makwana, VIII Beta



Eshant Motey, III Alpha



Dhanishta Vats, IV Sigma



Ananya Kshirsagar, VI Gamma

## FUN RIDDLES

- People buy me to eat, but they never eat me. What am I?
  - What gets wetter and wetter the more it dries?
  - I am not alive. But I have 5 fingers. What am I?
  - What travels around the world staying in the same corner?
  - What has a neck but no head?
  - What sleeps through the day and cries through the night. The more it cries, the more it creates light?
  - I like food, but water kills me. What am I?
  - A monkey, a squirrel and a bird are racing to the top of the coconut tree. Who will get the banana first, the monkey, the squirrel or the bird?
  - What has many rings, but no fingers?
- Answers : 1. A Plate 2. A Towel 3. Glove  
4. A Stamp 5. A Bottle 6. Candle 7. Fire  
8. None of them because you cannot get a banana from a coconut tree  
9. A Telephone

Akshaya Vijayaragavan, IV Omega



## AMAZING FACTS ABOUT INDIA

- India has the largest postal network in the world. There is a floating post office in Dal Lake, Srinagar.
- Kumbh Mela is the largest gathering of people, with over 75 million pilgrims. It is so huge that it can be visible from the space.
- At an altitude of 2,444 meters, the Chail cricket ground, Himachal Pradesh is the highest cricket ground in the world.
- The Indian National Kabaddi team has won all the Kabaddi world cups held up till now.
- Bandra - Worli Sea link has steel wires equal to Earth's circumference. They weigh nearly as much as 50,000 African elephants.
- Shampooing is an Indian concept. Shampoo, a mix of some herbs was invented in India.
- India is the World's second largest English speaking country.
- India has the largest numbers of vegetarians in the world.
- The Human Computer, Shakuntala Devi is from India.
- India is the world's largest producer of milk.
- Snakes and Ladders game originated in India. The game was invented as a moral lesson to be taught to children.
- Rabindranath Tagore also wrote the national anthem for Bangladesh.

Satvi Mohanty, III Gamma



## RIDDLES

- What has four legs and a body but cannot walk?
  - Booming and zapping is what I do, make sure to take cover so I won't get you.
  - Which Bee can pass around but not sting?
  - What kind of tables do not have legs?
  - What do you get if you add 2 blackberries and 5 apples?
  - I am a ball that can be rolled, but never bounced or thrown. What am I?
  - You can find me once in the morning and twice in the afternoon, but never in the evening?
  - How many seconds are there in January?
  - How do you make the number one disappear?
  - I am a fruit that can talk, calculate, tweet, and it is well known that I don't come cheap? What am I?
- Answers : 1. A Table 2. Thunderstorm 3. Frisbee 4. Multiplication Tables 5. Gaggets 6. Eyeball 7. Letter 'O' 8. Just one - January 2nd 9. Add letter "G" and it is "Gone". 10. An apple product.

Ira Duggal, IV Sigma

## THE PLACE PUZZLE

**Places:** Cuttack, Pune, Norway, Rourkela, Somnath, Patna, Bhubaneshwar, Nashik, Vadodara, Indore, Kanpur, Puri, Warshaw, Uganda, Nagpur

A	C	U	T	T	A	C	K	R	I	Q	H
B	C	F	Q	V	R	Z	A	L	A	E	S
P	U	N	E	N	V	L	N	C	E	H	Y
A	G	A	A	W	O	R	P	U	R	I	D
T	A	G	T	S	E	L	U	E	V	A	T
N	N	P	U	O	H	P	R	O	R	S	U
A	D	U	V	M	B	I	R	A	T	K	H
N	A	R	R	N	C	N	K	U	S	H	I
T	K	O	H	A	N	D	E	C	R	A	N
L	R	I	E	T	S	O	H	U	B	A	N
M	A	A	I	H	N	R	A	N	I	P	O
B	H	U	B	A	N	E	S	H	W	A	R
M	A	N	O	R	W	A	R	S	H	A	W
P	R	A	V	V	A	D	O	D	A	R	A
R	O	U	R	K	E	L	A	C	I	T	Y

Yashita Mishra  
IV Gamma

## AMAZING FACTS OF AQUATIC ANIMALS

- The crab's scientific name is "Callinectessapidus" which means "beautiful swimmer"
- Bullfrogs are named that way because males produce cow-like mooing.
- Jellyfish are not strong swimmer; they depend on the sea current for movement.
- Lobsters can live to be a 100 years old.
- Octopus have three hearts. Two hearts pump blood through the gills whereas the third one pump blood through rest of the body.
- Puffer fish has enough poison to kill 30 adult human and there is no known antidote.
- Young alligators have yellow stripes on the tale while adults have darker strips.
- Crocodile release heat through their mouth rather than through sweat glands.
- Dolphins have an excellent eye sight, hearing as well as the ability to use echolocation for finding the exact location of the objects.
- Blue whale's tongue alone can weigh as much as an elephant. Their hearts can weigh as much as a car.

Pranit Agrawal, II Theta

## STAR WARS WORD SEARCH PUZZLE

C	B	X	E	A	E	U	M	Y	V	L	H	A	N	S	O	L	O	A
L	A	L	S	M	L	U	K	E	S	K	Y	W	A	L	K	E	R	D
E	M	B	B	K	P	Z	O	L	N	E	K	D	M	Z	U	I	A	Z
X	K	D	Y	U	L	E	I	A	S	K	Y	W	A	L	K	E	R	Q
B	L	I	B	O	K	A	R	Z	K	Y	L	O	R	E	N	Z	N	E
M	C	F	W	P	D	E	V	O	Y	E	N	B	R	F	F	L	O	A
K	R	Y	D	K	S	Z	D	E	R	B	C	E	N	O	O	F	O	Y
H	J	Z	K	E	Y	T	A	A	L	P	Y	I	D	O	O	T	T	O
X	G	Y	U	M	R	E	A	P	O	O	A	Z	A	L	D	F	K	H
Y	Y	L	S	L	E	B	E	R	O	V	U	L	Y	D	K	K	V	S
Z	I	E	M	A	E	N	N	R	W	L	L	D	P	E	B	E	L	J
S	D	I	L	D	A	R	T	H	M	A	U	L	L	A	R	S	R	L
X	R	E	E	Z	Y	M	P	K	Y	U	R	K	S	T	T	Y	F	U
Y	T	J	L	B	R	E	V	S	O	W	I	S	H	H	F	I	I	O
D	H	D	A	O	L	E	M	O	R	K	Y	K	A	S	S	K	N	T
E	R	U	T	X	K	D	A	R	E	D	A	V	H	T	R	A	N	E
O	E	S	K	L	R	B	K	E	Y	Z	K	M	Y	A	S	X	R	A
O	X	H	E	S	L	H	A	L	S	O	H	O	N	R	Z	Y	L	R
G	O	M	I	L	L	E	N	N	I	U	M	F	A	L	C	O	N	C

Darth Vader, Darth Maul  
Emperor Palpatine, Kylo Ren  
Storm Trooper, Death Star  
Luke Skywalker, Han Solo  
Rey, Rebels, Leia Skywalker  
Millennium Falcon, Star Wars

**Mystery Word Clue:**  
*The Storm Trooper who runs away and helps Poe Dameron escape.*  
*Tip: The words can be vertical, horizontal, diagonal or backwards*

Aadit Patil, VI Gamma

## CROSSWORD OF INDIAN FREEDOM FIGHTERS

Q	W	S	Z	B	H	A	G	A	T	S	I	N	G	H	H	K	I	E	Q
D	O	L	U	T	D	L	Q	S	F	W	A	H	X	E	I	S	D	A	D
U	D	A	W	B	Z	C	E	D	W	J	M	U	Q	S	N	O	P	A	S
W	E	L	Q	W	H	P	J	U	Y	O	F	T	I	H	C	H	A	S	E
S	S	A	M	A	H	A	T	M	A	G	A	N	D	H	I	E	S	Q	P
Y	W	L	A	Z	A	Q	S	W	Z	Q	H	W	M	N	A	Q	C	A	O
U	Q	A	O	V	A	X	D	H	E	V	X	O	J	Q	Y	T	S	F	U
F	D	J	T	H	O	J	Z	W	C	S	W	P	S	A	I	G	T	B	M
O	D	P	S	J	M	D	H	I	O	H	S	Y	Q	Z	V	F	G	O	A
I	S	A	K	E	A	G	T	P	Y	U	A	K	E	S	L	B	D	S	N
N	L	T	P	U	N	I	O	H	R	T	A	N	T	D	A	D	M	E	G
A	E	R	K	O	U	T	T	V	E	L	W	I	D	S	M	V	N	K	A
R	L	A	F	P	P	I	A	E	I	S	X	P	P	R	N	B	B	A	L
I	D	I	I	I	L	Q	T	T	Q	D	S	Y	O	P	A	F	D	Q	P
K	P	S	L	U	K	S	A	K	U	V	P	F	Q	T	H	B	I	L	A
I	R	E	K	J	I	Y	L	O	I	D	W	P	I	X	O	F	O	O	N
S	A	W	J	W	N	O	I	U	Y	X									