

# Liver Disease Prediction Report

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## User Input Data:

Parameter	Value
Age	49
Gender	0
Total_Bilirubin	3.9
Direct_Bilirubin	4.5
Alkaline_Phosphotase	101
Alamine_Aminotransferase	46
Aspartate_Aminotransferase	37
Total_Protiens	7.5
Albumin	5.5
Albumin_and_Globulin_Ratio	2.8

Prediction Result: You are predicted safe from liver disease (Negative)

## Trusted Advices For You:

Your test results show no signs of liver disease. Maintaining healthy habits is essential for ongoing liver health.

### Preventive Advice for Liver Health ----

#### Diet & Hydration :

- Eat a nutritious diet with whole grains, fruits, and vegetables.
- Avoid excessive intake of processed and fatty foods.
- Limit sugar and salt consumption.
- Drink adequate water daily to support liver function.

#### Protect Your Liver :

- Avoid alcohol or consume only in moderation.
- Be cautious with medications—don't exceed recommended doses.
- Get vaccinated for hepatitis A and B if not already.
- Practice safe hygiene and avoid sharing needles or razors.

#### Lifestyle :

- Exercise regularly to maintain a healthy weight.
- Quit smoking and manage stress effectively.

#### Be Aware of Symptoms :

- If you notice yellowing skin/eyes, abdominal pain, or fatigue, consult a doctor promptly.