

Kidney Prediction Report

Generated on: 8/6/2025, 5:39:33 pm
User Input Data:

Parameter	Value
Age	52
Blood Pressure	80
Specific gravity (Urine cocentration)	1.02
Albumin	0
Red Blood cells in Urine	1
Blood Urea(mg/dL)	3
Serum Creatinine(mg/dL)	1.2
Hemoglobin(g/dl)	20
Packed Cell Volume(%)	8
Hypertension	0
Diabetes	0

Prediction Result: You are predicted safe from Chronic Kidney disease (Negative)

Trusted Advices For You:

Your test results show no signs of CKD. However, it's important to maintain healthy habits to keep your kidneys functioning well.

Preventive Advice for Healthy Kidneys ----

Diet & Hydration :

- Eat a balanced diet rich in fruits, vegetables, and whole grains.
- Limit sodium, processed foods, and high-protein diets.
- Stay hydrated – drink plenty of water throughout the day.

Monitor & Protect :

- Keep blood pressure and blood sugar in check.
- Get regular kidney function tests if you have risk factors.
- Avoid overuse of painkillers and other harmful drugs.

Lifestyle :

- Exercise regularly and maintain a healthy weight.
- Quit smoking and limit alcohol intake.
- Manage stress effectively.

Be Aware of Symptoms :

- If you experience fatigue, swelling, or frequent urination, consult a doctor.