H1802017 : Mrs.RUPALI SADHUKHAN (50y, Female) - 9038784544

Date : 20-Oct-2020

Diagnosis: T2DM since 14.8 Years, HTN, HYPOTHYROIDISM, DSPN

Complaints: VERY IRREGULAR FOLLOW UP. STOPPING INSULIN IN BETWEEN, LAST VISIT 10 MONTH BACK, RECENT

DETERIORATION OF SUGAR CONTROL, ON AYURVEDIC MEDICINE

**Notes**: This prescription is an online consultancy.

Due to Corona virus outbreak, we need social distancing. So we are performing online consultancy.

As the patient is not seen by doctor during online consultancy, some clinical signs may remain undiscovered. So proper clinical judgement may not be possible. If patient suffers from any difficulty, it will be prudent to see someone locally.

This prescription issued after patient consent

## Test Result:

TOUR TROUBLE !							
Date	Glycosylated Haemoglobin - HbA1c	Fasting Blood Sugar (FBS)	Post Prandial Blood Sugar (PPBS)	Serum LDL Cholesterol	Serum Creatinine		
05-Oct-2020	10.3	301	458	118	0.92		

Date	TSH (Thyroid Stimulating Hormone)	eGFR - Creatinine Clearance	
05-Oct-2020 4.53		71.32	

**Advice**: 1400 Kcal diet Exercise 30 min/day

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	Medicine	Dose	Timing - Freq Duration
1	TO START INSULIN AS SOOM AS POSSIBLE		
2	TO MEET PHYSICALLY		

Tests Prescribed: FBS, PPBS

Next Visit: 3 days

Dr Subhodip Pramanik DM Endocrinology WBMC 67440

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