

## FLOS CARMELI

**I**  
**F** LOS Carmé-li, vi-tis flo-rí-gera, splendor cæ-li, Virgo puér-pe-ra  
singu-lá-ris. 2. Mater mitis, sed vi-ri nésci-a, Carme- lí-tis es-to propí-  
ti-a, Stella maris. 3. Radix Jes-se gérminans flósculum, nos ad-és-se  
tecum in sǽculum pa-ti-á-ris. 4. Inter spinas quæ crescis lí-lium, serva  
puras mentes fragí-lium, tu-te lá-ris. 5. Arma-tú-ra fortis pugnántium,  
furunt bel-la, tende præsí-dium Scapu-lá-ris. 6. Per in- cërta prudens con-  
sí-lium, per ad- vërsa ju-ge so-lá-tium lar-gi- á-ris. 7. Mater dulcis Car-  
mé-li dómina, plebem tu-am reple læ-tí-ti-a qua be-á-ris. 8. Pa-ra- dí-si  
clavis et já-nu-a, fac nos du-ci quo, Mater, glori-a co-ro- ná-ris.

Flower of Carmel,  
blossoming, bearing one,  
light of heaven,  
Mother of God's dear Son,  
vine and virgin.

Gentle parent,  
pure beyond human love,  
bless your children,  
star shining far above  
this world's ocean.

Root of Jesse,  
flower in the cradling bud,  
take us to you,  
keep us with you in God,  
his together.

All chaste lily  
rising despite the thorn,  
strengthen help us,  
so feeble, soon forlorn,  
great protectress.

Be our armour,  
valiant for Christ when war  
rages round us,  
hold high the scapular,  
strong and saving.

In our stumbling  
guide us on God's wise way,  
in our sorrow  
comfort us as we pray;  
rich your mercy.

Holy lady,  
Carmel's great friend and queen,  
feast your people  
from your own bliss, the unseen  
grace, God's goodness.

Key and gateway  
opening on Paradise,  
mother, win us  
a place with you in Christ,  
crowned in glory.