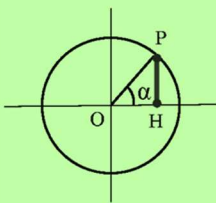
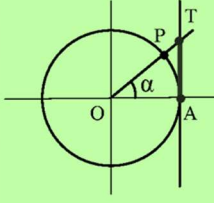
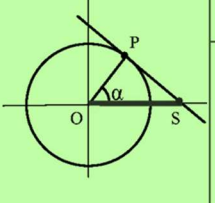
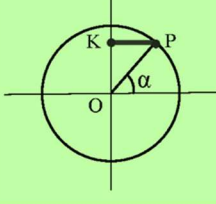
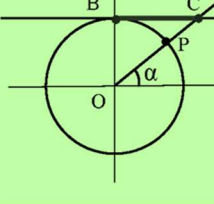
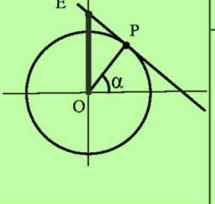
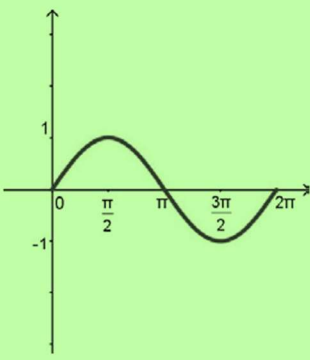
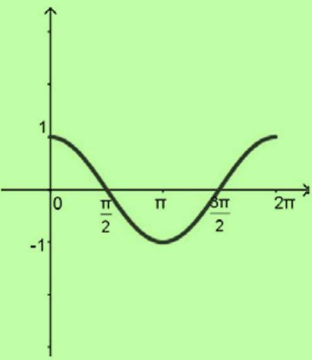
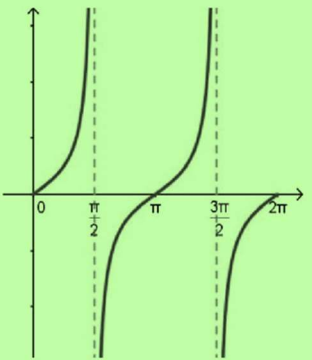
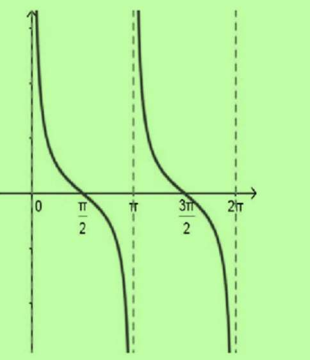


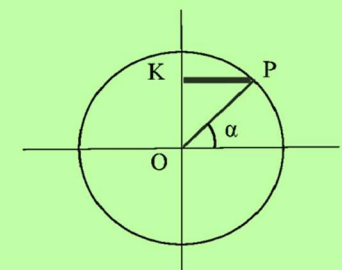
Goniometria (Cenni)

Definizioni (Cenni)

definizione delle funzioni goniometriche sulla circonferenza goniometrica di centro l'origine degli assi e raggio 1					
	seno α		tangente α		secante α
	$\text{sen } \alpha = \frac{\overline{PH}}{\overline{OP}} = \overline{PH}$		$\text{tg } \alpha = \frac{\overline{TA}}{\overline{OP}} = \overline{TA}$		$\text{sec } \alpha = \frac{\overline{OS}}{\overline{OP}} = \overline{OS}$
	coseno α		cotangente α		cosecante α
	$\text{cos } \alpha = \frac{\overline{PK}}{\overline{OP}} = \overline{PK}$		$\text{ctg } \alpha = \frac{\overline{BC}}{\overline{OP}} = \overline{BC}$		$\text{cosec } \alpha = \frac{\overline{OE}}{\overline{OP}} = \overline{OE}$

grafici delle funzioni goniometriche			
			
seno	coseno	tangente	cotangente

seno			
	$\text{sen } \alpha = \frac{PH}{OP} = \frac{PH}{1} = PH$		
	angoli	valori	segno e crescenza nei quadranti
	α°	$\text{sen } \alpha$	quadrante segno crescenza
	0°	0	1° + ↗
	90°	1	2° + ↘
	180°	0	3° - ↘
	270°	-1	4° - ↗

coseno			
	$\text{cos } \alpha = \frac{PK}{OP} = \frac{PK}{1} = PK$		
	angoli	valori	segno e crescenza nei quadranti
	α°	$\text{cos } \alpha$	quadrante segno crescenza
	0°	1	1° + ↘
	90°	0	2° - ↘
	180°	-1	3° - ↗
	270°	0	4° + ↗

● Formule di base

le cinque relazioni fondamentali				
$\sin^2 \alpha + \cos^2 \alpha = 1$	$\operatorname{tg} \alpha = \frac{\sin \alpha}{\cos \alpha}$	$\operatorname{ctg} \alpha = \frac{\cos \alpha}{\sin \alpha}$	$\sec \alpha = \frac{1}{\cos \alpha}$	$\operatorname{cosec} \alpha = \frac{1}{\sin \alpha}$

relazioni che esprimono una funzione goniometrica rispetto alle altre			
$\sin \alpha$ in funzione di ...	$\cos \alpha$ in funzione di ...	$\operatorname{tg} \alpha$ in funzione di ...	$\operatorname{ctg} \alpha$ in funzione di ...
$\sin \alpha = \pm \sqrt{1 - \cos^2 \alpha}$	$\cos \alpha = \pm \sqrt{1 - \sin^2 \alpha}$	$\operatorname{tg} \alpha = \pm \frac{\sin \alpha}{\sqrt{1 - \sin^2 \alpha}}$	$\operatorname{ctg} \alpha = \pm \frac{\sqrt{1 - \sin^2 \alpha}}{\sin \alpha}$
$\sin \alpha = \pm \frac{\operatorname{tg} \alpha}{\sqrt{1 + \operatorname{tg}^2 \alpha}}$	$\cos \alpha = \pm \frac{1}{\sqrt{1 + \operatorname{tg}^2 \alpha}}$	$\operatorname{tg} \alpha = \pm \frac{\sqrt{1 - \cos^2 \alpha}}{\cos \alpha}$	$\operatorname{ctg} \alpha = \pm \frac{\cos \alpha}{\sqrt{1 - \cos^2 \alpha}}$
$\sin \alpha = \pm \frac{1}{\sqrt{1 + \operatorname{ctg}^2 \alpha}}$	$\cos \alpha = \pm \frac{\operatorname{ctg} \alpha}{\sqrt{1 + \operatorname{ctg}^2 \alpha}}$	$\operatorname{tg} \alpha = \frac{1}{\operatorname{ctg} \alpha}$	$\operatorname{ctg} \alpha = \frac{1}{\operatorname{tg} \alpha}$
il segno + o - va preso a seconda del segno della funzione nel quadrante in cui si trova l'angolo			

addizione e sottrazione	
$\sin(\alpha \pm \beta) = \sin \alpha \cdot \cos \beta \pm \sin \beta \cdot \cos \alpha$	$\operatorname{tg}(\alpha \pm \beta) = \frac{\operatorname{tg} \alpha \pm \operatorname{tg} \beta}{1 \mp \operatorname{tg} \alpha \cdot \operatorname{tg} \beta}$
$\cos(\alpha \pm \beta) = \cos \alpha \cdot \cos \beta \mp \sin \alpha \cdot \sin \beta$	$\operatorname{ctg}(\alpha \pm \beta) = \frac{\operatorname{ctg} \alpha \cdot \operatorname{ctg} \beta \mp 1}{\operatorname{ctg} \beta \pm \operatorname{ctg} \alpha}$

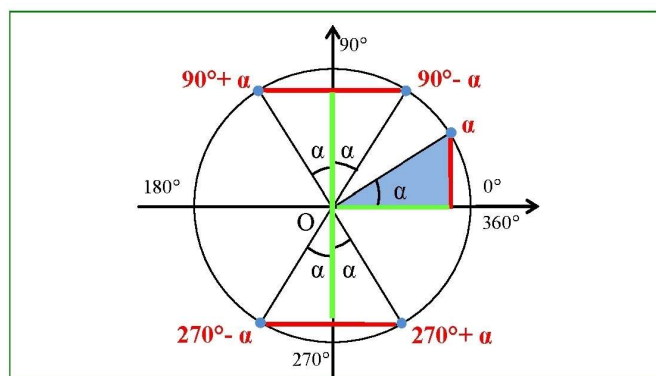
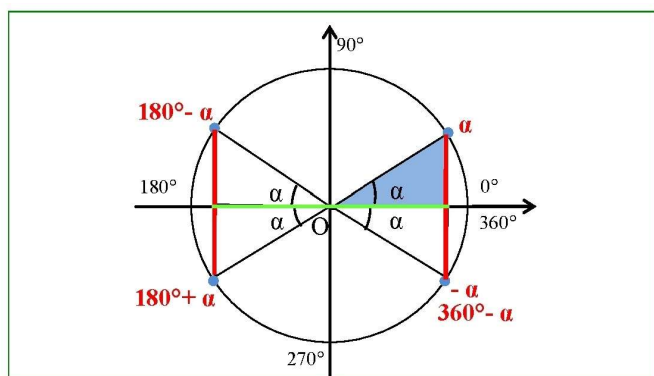
duplicazione	
$\sin 2\alpha = 2 \sin \alpha \cdot \cos \alpha$	$\operatorname{tg} 2\alpha = \frac{2 \operatorname{tg} \alpha}{1 - \operatorname{tg}^2 \alpha}$
$\cos 2\alpha = \cos^2 \alpha - \sin^2 \alpha$	$\operatorname{ctg} 2\alpha = \frac{\operatorname{ctg}^2 \alpha - 1}{2 \operatorname{ctg} \alpha}$
$\cos 2\alpha = 1 - 2 \sin^2 \alpha$ $\cos 2\alpha = 2 \cos^2 \alpha - 1$	

● Angoli notevoli

gradi	radiani	seno	coseno	tangente	cotangente
0°	0	0	1	0	∞
9°	$\frac{\pi}{20}$	$\frac{\sqrt{3+\sqrt{5}}-\sqrt{5-\sqrt{5}}}{4}$	$\frac{\sqrt{3+\sqrt{5}}+\sqrt{5-\sqrt{5}}}{4}$	$\frac{4-\sqrt{10+2\sqrt{5}}}{\sqrt{5}-1}$	$\frac{\sqrt{5}-1}{4-\sqrt{10+2\sqrt{5}}}$
15°	$\frac{\pi}{12}$	$\frac{\sqrt{6}-\sqrt{2}}{4}$	$\frac{\sqrt{6}+\sqrt{2}}{4}$	$2-\sqrt{3}$	$2+\sqrt{3}$
18°	$\frac{\pi}{10}$	$\frac{\sqrt{5}-1}{4}$	$\frac{\sqrt{10+2\sqrt{5}}}{4}$	$\frac{\sqrt{25-10\sqrt{5}}}{5}$	$\sqrt{5+2\sqrt{5}}$
22°30'	$\frac{\pi}{8}$	$\frac{\sqrt{2}-\sqrt{2}}{2}$	$\frac{\sqrt{2}+\sqrt{2}}{2}$	$\sqrt{2}-1$	$\sqrt{2}+1$
30°	$\frac{\pi}{6}$	$\frac{1}{2}$	$\frac{\sqrt{3}}{2}$	$\frac{\sqrt{3}}{3}$	$\sqrt{3}$
36°	$\frac{\pi}{5}$	$\frac{\sqrt{10-2\sqrt{5}}}{4}$	$\frac{\sqrt{5}+1}{4}$	$\sqrt{5-2\sqrt{5}}$	$\frac{\sqrt{25+10\sqrt{5}}}{5}$
45°	$\frac{\pi}{4}$	$\frac{\sqrt{2}}{2}$	$\frac{\sqrt{2}}{2}$	1	1
54°	$\frac{3}{10}\pi$	$\frac{\sqrt{5}+1}{4}$	$\frac{\sqrt{10-2\sqrt{5}}}{4}$	$\frac{\sqrt{25+10\sqrt{5}}}{5}$	$\sqrt{5-2\sqrt{5}}$
60°	$\frac{\pi}{3}$	$\frac{\sqrt{3}}{2}$	$\frac{1}{2}$	$\sqrt{3}$	$\frac{\sqrt{3}}{3}$
67°30'	$\frac{3}{8}\pi$	$\frac{\sqrt{2}+\sqrt{2}}{2}$	$\frac{\sqrt{2}-\sqrt{2}}{2}$	$\sqrt{2}+1$	$\sqrt{2}-1$
72°	$\frac{2}{5}\pi$	$\frac{\sqrt{10+2\sqrt{5}}}{4}$	$\frac{\sqrt{5}-1}{4}$	$\sqrt{5+2\sqrt{5}}$	$\frac{\sqrt{25-10\sqrt{5}}}{5}$
75°	$\frac{5}{12}\pi$	$\frac{\sqrt{6}+\sqrt{2}}{4}$	$\frac{\sqrt{6}-\sqrt{2}}{4}$	$2+\sqrt{3}$	$2-\sqrt{3}$
81°	$\frac{9}{20}\pi$	$\frac{\sqrt{3+\sqrt{5}}+\sqrt{5-\sqrt{5}}}{4}$	$\frac{\sqrt{3+\sqrt{5}}-\sqrt{5-\sqrt{5}}}{4}$	$\frac{\sqrt{5}-1}{4-\sqrt{10+2\sqrt{5}}}$	$\frac{4-\sqrt{10+2\sqrt{5}}}{\sqrt{5}-1}$
90°	$\frac{\pi}{2}$	1	0	∞	0
180°	π	0	-1	0	∞
270°	$\frac{3}{2}\pi$	-1	0	∞	0
360°	2π	0	1	0	∞

NB: $\cos(45^\circ) = \frac{\sqrt{2}}{2}$ (A volte si trova: $\frac{\sqrt{2}}{2} = \frac{\sqrt{2}}{\sqrt{2} \cdot \sqrt{2}} = \frac{1}{\sqrt{2}}$) ; $\operatorname{tg}(30^\circ) = \frac{\operatorname{sen}(30^\circ)}{\cos(30^\circ)} = \frac{1}{\sqrt{3}}$ (A volte si trova: $\frac{1}{\sqrt{3}} = \frac{\sqrt{3}}{\sqrt{3} \cdot \sqrt{3}} = \frac{\sqrt{3}}{3}$)

● Angoli associati



angoli supplementari	
secondo quadrante	
$\sin(180^\circ - \alpha) = \sin \alpha$	$\sin(\pi - \alpha) = \sin \alpha$
$\cos(180^\circ - \alpha) = -\cos \alpha$	$\cos(\pi - \alpha) = -\cos \alpha$
$\tan(180^\circ - \alpha) = -\tan \alpha$	$\tan(\pi - \alpha) = -\tan \alpha$
$\cot(180^\circ - \alpha) = -\cot \alpha$	$\cot(\pi - \alpha) = -\cot \alpha$

angoli complementari	
primo quadrante	
$\sin(90^\circ - \alpha) = \cos \alpha$	$\sin\left(\frac{\pi}{2} - \alpha\right) = \cos \alpha$
$\cos(90^\circ - \alpha) = \sin \alpha$	$\cos\left(\frac{\pi}{2} - \alpha\right) = \sin \alpha$
$\tan(90^\circ - \alpha) = \cot \alpha$	$\tan\left(\frac{\pi}{2} - \alpha\right) = \cot \alpha$
$\cot(90^\circ - \alpha) = \tan \alpha$	$\cot\left(\frac{\pi}{2} - \alpha\right) = \tan \alpha$

angoli che differiscono di un angolo piatto	
terzo quadrante	
$\sin(180^\circ + \alpha) = -\sin \alpha$	$\sin(\pi + \alpha) = -\sin \alpha$
$\cos(180^\circ + \alpha) = -\cos \alpha$	$\cos(\pi + \alpha) = -\cos \alpha$
$\tan(180^\circ + \alpha) = \tan \alpha$	$\tan(\pi + \alpha) = \tan \alpha$
$\cot(180^\circ + \alpha) = \cot \alpha$	$\cot(\pi + \alpha) = \cot \alpha$

angoli che differiscono di un angolo retto	
secondo quadrante	
$\sin(90^\circ + \alpha) = \cos \alpha$	$\sin\left(\frac{\pi}{2} + \alpha\right) = \cos \alpha$
$\cos(90^\circ + \alpha) = -\sin \alpha$	$\cos\left(\frac{\pi}{2} + \alpha\right) = -\sin \alpha$
$\tan(90^\circ + \alpha) = -\cot \alpha$	$\tan\left(\frac{\pi}{2} + \alpha\right) = -\cot \alpha$
$\cot(90^\circ + \alpha) = -\tan \alpha$	$\cot\left(\frac{\pi}{2} + \alpha\right) = -\tan \alpha$

angoli esplementari	
quarto quadrante	
$\sin(360^\circ - \alpha) = -\sin \alpha$	$\sin(2\pi - \alpha) = -\sin \alpha$
$\cos(360^\circ - \alpha) = \cos \alpha$	$\cos(2\pi - \alpha) = \cos \alpha$
$\tan(360^\circ - \alpha) = -\tan \alpha$	$\tan(2\pi - \alpha) = -\tan \alpha$
$\cot(360^\circ - \alpha) = -\cot \alpha$	$\cot(2\pi - \alpha) = -\cot \alpha$

angoli la cui somma è 270°	
terzo quadrante	
$\sin(270^\circ - \alpha) = -\cos \alpha$	$\sin\left(\frac{3}{2}\pi - \alpha\right) = -\cos \alpha$
$\cos(270^\circ - \alpha) = -\sin \alpha$	$\cos\left(\frac{3}{2}\pi - \alpha\right) = -\sin \alpha$
$\tan(270^\circ - \alpha) = \cot \alpha$	$\tan\left(\frac{3}{2}\pi - \alpha\right) = \cot \alpha$
$\cot(270^\circ - \alpha) = \tan \alpha$	$\cot\left(\frac{3}{2}\pi - \alpha\right) = \tan \alpha$

angoli opposti	
quarto quadrante	
$\sin(-\alpha) = -\sin \alpha$	$\sin(-\alpha) = -\sin \alpha$
$\cos(-\alpha) = \cos \alpha$	$\cos(-\alpha) = \cos \alpha$
$\tan(-\alpha) = -\tan \alpha$	$\tan(-\alpha) = -\tan \alpha$
$\cot(-\alpha) = -\cot \alpha$	$\cot(-\alpha) = -\cot \alpha$

angoli che differiscono di 270°	
quarto quadrante	
$\sin(270^\circ + \alpha) = -\cos \alpha$	$\sin\left(\frac{3}{2}\pi + \alpha\right) = -\cos \alpha$
$\cos(270^\circ + \alpha) = \sin \alpha$	$\cos\left(\frac{3}{2}\pi + \alpha\right) = \sin \alpha$
$\tan(270^\circ + \alpha) = -\cot \alpha$	$\tan\left(\frac{3}{2}\pi + \alpha\right) = -\cot \alpha$
$\cot(270^\circ + \alpha) = -\tan \alpha$	$\cot\left(\frac{3}{2}\pi + \alpha\right) = -\tan \alpha$

● Formule avanzate

bisezione	
$\operatorname{sen} \frac{\alpha}{2} = \pm \sqrt{\frac{1 - \cos \alpha}{2}}$	$\operatorname{tg} \frac{\alpha}{2} = \pm \sqrt{\frac{1 - \cos \alpha}{1 + \cos \alpha}} = \frac{\operatorname{sen} \alpha}{1 + \cos \alpha} = \frac{1 - \cos \alpha}{\operatorname{sen} \alpha}$
$\cos \frac{\alpha}{2} = \pm \sqrt{\frac{1 + \cos \alpha}{2}}$	$\operatorname{ctg} \frac{\alpha}{2} = \pm \sqrt{\frac{1 + \cos \alpha}{1 - \cos \alpha}} = \frac{\operatorname{sen} \alpha}{1 - \cos \alpha} = \frac{1 + \cos \alpha}{\operatorname{sen} \alpha}$
parametriche o razionali ($t = \operatorname{tg} \frac{\alpha}{2}$)	
$\operatorname{sen} \alpha = \frac{2t}{1 + t^2}$	$\operatorname{tg} \alpha = \frac{2t}{1 - t^2}$
$\cos \alpha = \frac{1 - t^2}{1 + t^2}$	$\operatorname{ctg} \alpha = \frac{1 - t^2}{2t}$
prostaferesi	
$\operatorname{sen} p + \operatorname{sen} q = 2 \operatorname{sen} \frac{p + q}{2} \cdot \cos \frac{p - q}{2}$	$\operatorname{sen} p - \operatorname{sen} q = 2 \operatorname{sen} \frac{p - q}{2} \cdot \cos \frac{p + q}{2}$
$\cos p + \cos q = 2 \cos \frac{p + q}{2} \cdot \cos \frac{p - q}{2}$	$\cos p - \cos q = -2 \operatorname{sen} \frac{p + q}{2} \cdot \operatorname{sen} \frac{p - q}{2}$
Werner	
$\operatorname{sen} \alpha \cdot \cos \beta = \frac{1}{2} [\operatorname{sen}(\alpha + \beta) + \operatorname{sen}(\alpha - \beta)]$	$\operatorname{sen} \beta \cdot \cos \alpha = \frac{1}{2} [\operatorname{sen}(\alpha + \beta) - \operatorname{sen}(\alpha - \beta)]$
$\cos \alpha \cdot \cos \beta = \frac{1}{2} [\cos(\alpha + \beta) + \cos(\alpha - \beta)]$	$\operatorname{sen} \alpha \cdot \operatorname{sen} \beta = -\frac{1}{2} [\cos(\alpha + \beta) - \cos(\alpha - \beta)]$

● Esercizi

ES 01)

Calcola: $\sin\left(\frac{\pi}{4}\right) + \cos\left(\frac{3}{4}\pi\right) + \operatorname{tg}\left(-\frac{5}{4}\pi\right) + \operatorname{cotg}\left(\frac{3}{2}\pi\right)$

(Trasformo $-\frac{5}{4}\pi$: So che $\frac{1}{4}\pi = 45^\circ$, quindi $+\frac{5}{4}\pi = 5 \cdot 45^\circ = 225^\circ$, quindi $-\frac{5}{4}\pi = 360^\circ - 225^\circ = 135^\circ = \frac{3}{4}\pi$)

$$\left[+\frac{\sqrt{2}}{2}\right] + \left[-\frac{\sqrt{2}}{2}\right] + \operatorname{tg}\left(\frac{3}{4}\pi\right) + \operatorname{cotg}\left(\pi + \frac{1}{2}\pi\right) = 0 + \left[\frac{\operatorname{sen}\left(\frac{3}{4}\pi\right)}{\cos\left(\frac{3}{4}\pi\right)}\right] + \left[\frac{\cos\left(\frac{3}{2}\pi\right)}{\operatorname{sen}\left(\frac{3}{2}\pi\right)}\right] = \left[\frac{+\frac{\sqrt{2}}{2}}{-\frac{\sqrt{2}}{2}}\right] + \frac{[0]}{[-1]} = -1 + 0 = -1$$

ES 02)

Risolvi: $\cos(3x) = \frac{1}{2}$

$$\Rightarrow 3x = \frac{\pi}{3} + 2k\pi \vee 3x = \frac{5}{6} \cdot 2\pi + 2k\pi = \frac{5}{3}\pi + 2k\pi \quad \left(\text{Ricorda che } \cos(\alpha) = \frac{1}{2} \text{ per } \alpha = 60^\circ \vee \alpha = 300^\circ\right) \Rightarrow$$

$$\Rightarrow x = \frac{\pi}{9} + \frac{2}{3}k\pi \vee x = \frac{5}{9}\pi + \frac{2}{3}k\pi$$

ES 03)

Risolvi: $\cos\left(\frac{\pi}{9} - x\right) = 0$

Pongo $t = \frac{\pi}{9} - x$

$$\cos(t) = 0 \Rightarrow t = \frac{\pi}{2} + k\pi \Rightarrow \left[\frac{\pi}{9} - x\right] = \frac{\pi}{2} + k\pi \Rightarrow [\dots] \Rightarrow x = -\frac{7}{18}\pi - k\pi$$

ES 04)

Risolvi: $\operatorname{sen}(4x) = \cos(2x)$

$$\operatorname{sen}(2[2x]) = \cos(2x) \Rightarrow [2 \cdot \operatorname{sen}(2x) \cdot \cos(2x)] = \cos(2x) \Rightarrow 2 \cdot \operatorname{sen}(2x) \cdot \cos(2x) - \cos(2x) = 0 \Rightarrow$$

$$\Rightarrow \cos(2x) \cdot (2\operatorname{sen}(2x) - 1) = 0 \Rightarrow$$

$$\text{Risolvo } F_1: \cos(2x) = 0 \Rightarrow 2x = \frac{\pi}{2} + k\pi \Rightarrow x = \frac{\pi}{4} + k\frac{\pi}{2} \quad (x = 45^\circ + k\pi)$$

$$\text{Risolvo } F_2: 2\operatorname{sen}(2x) - 1 = 0 \Rightarrow \operatorname{sen}(2x) = \frac{1}{2} \Rightarrow$$

$$\left(\text{Sulla tavola dei valori c'è solo } \operatorname{sen}(30^\circ) = \frac{1}{2}, \text{ ma so che } \operatorname{sen}(\alpha) = \operatorname{sen}(180^\circ - \alpha), \text{ quindi anche } \operatorname{sen}(150^\circ) = \frac{1}{2}\right).$$

$$\Rightarrow 2x = \frac{\pi}{6} + 2k\pi \vee 2x = \frac{5}{6}\pi + 2k\pi \Rightarrow x = \frac{\pi}{12} + k\pi \vee x = \frac{5}{12}\pi + k\pi \quad (x = 15^\circ + k\pi \vee x = 75^\circ + k\pi)$$

$$\text{Risultato: } x = \frac{\pi}{4} + k\frac{\pi}{2} \vee x = \frac{\pi}{12} + k\pi \vee x = \frac{5}{12}\pi + k\pi$$

ES 05)

Risolvi: $\sin\left(2x - \frac{\pi}{3}\right) = \sin\left(\frac{\pi}{4} - 3x\right)$

(Errore comune: Ricorda che $\sin(\alpha) = \sin(\beta) \Rightarrow \alpha = \beta$; $\sin(\alpha) = \sin(\beta) \Rightarrow \alpha = \beta + 2k\pi$)

$$\Rightarrow 2x - \frac{\pi}{3} = \frac{\pi}{4} - 3x + 2k\pi \Rightarrow 5x = \frac{\pi}{4} + \frac{\pi}{3} + 2k\pi \Rightarrow 5x = \frac{7}{12}\pi + 2k\pi \Rightarrow x = \frac{7}{60}\pi + \frac{2}{5}k\pi$$

(Risultati: $\frac{7}{60}\pi$; $\frac{31}{60}\pi$; $\frac{55}{60}\pi = \frac{11}{12}\pi$; $\frac{79}{60}\pi$; $\frac{103}{60}\pi$)

ES 06)

Risolvi: $\cos\left(\frac{\pi}{2} + x\right) = \cos(x)$

$$\Rightarrow \frac{\pi}{2} + x = x + 2k\pi \Rightarrow \frac{\pi}{2} = 2k\pi \Rightarrow k = \frac{1}{4} \Rightarrow \text{Non ci interessa, serve risolvere per } x \Rightarrow \text{Cambio metodo} \Rightarrow$$

$$\Rightarrow \left[\cos\left(\frac{\pi}{2}\right) \cdot \cos(x) - \sin\left(\frac{\pi}{2}\right) \cdot \sin(x)\right] = \cos(x) \Rightarrow [0 \cdot \cos(x) - (+1) \cdot \sin(x)] = \cos(x) \Rightarrow$$

$$\Rightarrow -\sin(x) = \cos(x) \Rightarrow -\frac{\sin(x)}{\cos(x)} = \frac{\cos(x)}{\cos(x)} \quad \left(\text{Per } \cos(x) \neq 0 \rightarrow x \neq \frac{\pi}{2} + k\pi\right) \Rightarrow -\frac{\sin(x)}{\cos(x)} = 1 \Rightarrow$$

$$\Rightarrow -\tan(x) = 1 \Rightarrow x = \frac{3}{4}\pi + k\pi \quad (x = 135^\circ \vee x = 315^\circ)$$

Perché? $|\tan(x)| = 1$ agli angoli delle bisettrici (45° , 135° , 225° , 315°).

In particolare, è $\tan(x) = -1$ quando il seno è positivo e il coseno negativo, o viceversa.

ES 07)

Riscrivi la seguente funzione con le formule di bisezione: $f(x) = \sin^2(t)$

Ricordo la formula di bisezione per il seno: $\sin\left(\frac{\alpha}{2}\right) = \pm \sqrt{\frac{1 - \cos(\alpha)}{2}}$

$$\text{Pongo } t = \frac{\alpha}{2} \Rightarrow \sin(t) = \pm \sqrt{\frac{1 - \cos(2t)}{2}} \Rightarrow \sin^2(t) = \left(\pm \sqrt{\frac{1 - \cos(2t)}{2}}\right)^2 = \frac{1 - \cos(2t)}{2}$$

