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"chunk": "often rely on a rigid, predefined set of ethical norms. In reality, values for alignment can vary widely across cultures, communities, and application contexts (Sorensen et al. 2024), making the adaptability of alignment a challenging problem. The limited generalizability of alignment attributes across domains further compounds this problem, e.g., when relying on domain-specific preferences (Ji et al. 2023). Although task-specific agents excel within their domains, maintaining ethical consistency and performance across environments is not scalable, as it often requires retraining (Zhou et al. 2022). To address these challenges, we propose a novel test-time approach for aligning text-based RL agents (Fig. 1). Using lightweight classifiers, pre-trained agents are steered through model-guided policy shaping, a method in which external feedback adjusts the agent's policy or action selection probabilities (Griffith et al. 2013). This approach contrasts with alignment methods that rely heavily on training-time interventions or post hoc fine-tuning (Pan et al. 2023; Hendrycks et al. 2021), and instead enables guidance without retraining, improving adaptability across environments and reward functions. This adaptability is crucial for aligning agents across diverse tasks, as ethical priorities often vary by application (Gabriel 2020; Awad et al. 2018). By steering behavior along specific alignment dimensions rather than broad categories, our method also enables more interpretable and context-sensitive control. Overall, the main contributions of our paper are:

- A novel test-time, model-driven, policy-shaping approach for aligning text-based agents trained to maximize reward, that also supports generalization across environments despite the agents being trained in specific environments.
- A thorough evaluation on the MACHIAVELLI benchmark (Pan et al. 2023), covering a diverse set of agents arXiv:2511.11551v1 [cs.AI] 14 Nov 2025

Figure 1: Overview of our proposed alignment approach using test-time policy shaping. Given a scenario, ethical attribute classifiers predict the likelihood of different attributes for each available action. These predictions are then used to adjust an agent's policy during inference to discourage actions misaligned with ethical target attributes, e.g. avoiding killing. trained in multiple text-based game environments. The agents are assessed on Machiavellian behaviors, including 10 morality, four power-seeking, and the disutility attributes. We have also contributed a new interactive decision trajectory viewer (Fig. 3) that clearly illustrates the decisions and their alignment to ethical behavior made by an agent across game scenarios.

- A study of the trade-off between reward and ethical behavior in pre-trained agents, exploring different alignment tensions, such as the effects of varying the weights between reward and different moral or power-seeking attributes. Our approach enables fine-grained steering of agent behavior along the Pareto front of ethical alignment with agent reward. In such cases, we also demonstrate the ability to steer an agent in any direction and to reverse training-time alignment, in cases where the original objectives may be undesirable. We also analyze positive and negative correlations between attributes, which can inform the selection of alignment targets.
- A comparison of our method with prior environment-specific alignment methods, including training-time policy shaping and LLM agents, provides",

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