



Dataset Nutrition Label

Social Media And Mental Health Data Set(joined.csv)

About

The dataset captures a spectrum of perceptions from a demographically broad cohort, ages 13 to 91, on the influence of social media engagement on their mental health, offering nuanced perspectives on the intersection of digital interaction and psychological well-being.

Data Creation Range: 2022-2023

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Content: Dataset and Excel

Sources:

<https://www.kaggle.com/datasets/souvikahmed071/social-media-and-mental-health>

<https://data.mendeley.com/datasets/jxkcm7s638/1>

Alert Counts	2*
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Completeness	1
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Age Bias	1
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Provenance	0
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Collection	0
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Description	0
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Composition	1
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Variable Distribution	1
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Use cases

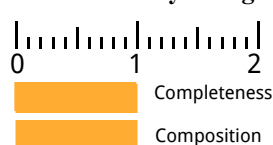
Potential real-world applications of the dataset

1. Adolescent Mental Health Study: For 13 - to 18-year-olds, what is the impact of social media use on their mental health?
2. Adult Mental Health Study: What is the correlation between frequent use of social media and mental health in adults aged 19 to 60?
3. Geriatric Mental Health Study: What impact does social media use have on the mental health of people over 60 years old?
4. Do people between the ages of 13 and 91, who spend more time on social media per day than the average person, feel more distracted?
5. Are groups that use Instagram more likely to be depressed?
6. Are people who spend more time using social media apps more likely to feel depressed?

Badges



Alert Count by Category



Alert Count by Mitigation



Alert Count by Potential Harm

