

Dataset Nutrition Label

AMERICAN OBESITY AND LIFESTYLE FACTORS

Ingredients

Primary Datasets

U.S. Department of Health and Human Resources
National Library of Medicine
Center for Disease Control and Prevention

Data formats: CSV tables

Data collection: ongoing surveys

Classification of obesity
overweight: BMI 25-29.9
Severely obese: BMI ≥ 40

NUTRITIONAL INFORMATION

2 Servings per container

Serving size

1 dataset

Amount per serving

Calories

16

% data value

Body Mass Index (BMI)

1

Obesity Prevalence

2

BMI < 30

BMI > 30

Nutritional Intake

average daily caloric intake

2

distribution of macronutrients

Physical Activity

Sedentary behavior

1

Socioeconomic Status

income level

education level

employment status

3

Accessibility

healthcare services

insurance coverage

nutritional foods

3

Demographic Factors

1

Environmental Factors

neighborhood safety

recreational facilities

See overlap: Accessibility

3