

# Learning Processes

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My learning process includes getting an overview of things on the first hand. Looking at the entire picture I get a clear understanding of what it comprises of. I then start to focus on individual aspects of it. Depending on the subject and the treatment of the matter, I choose how to practice the subject.

Let's say I am learning to play a particular sport and I have to do it on my own, firstly I would look up into the textbook knowledge of it, which is quite universal. Understand the highlights of it, jot it down. Second I would look up for an expert in that domain and take tips from them, since they have been masters of that particular domain they have developed a way. Sometimes these tips work for you, sometimes they do not. Often practicing them helps to develop our own style.

These instances change a bit when I am learning about a subject. I would do the above mentioned steps but would also start engaging in conversations with people richly practicing the particular subject or have gained sufficient knowledge in that particular field.

A great deal of learning for me comes across just by observing people in action. For e.g. sketching. I have learnt a lot by observing a person / instructor sketching. The way they hold a pencil, keep the stand at a particular angle etc. Then by replicating those techniques I try to attain a balance for myself whether what suits my style etc. The major issues I face when I learn a particular sport or something quite

physical is because of being a left handed person. I have encountered several issues. When I first started using a Wacom tablet I had real problems as my major short cuts were compromised on the keyboard. So I had to figure out a way to best suite my condition.

The first major step in learning something for me is not be afraid of it. I am still quite afraid of maths and hence I know unless I am able to counter that I won't be able to learn it or practice it better. Fear is a major drawback for any learner. If there is no fear or considerably less amount of fear in the learners mind towards a particular thing, then the amount of time taken will be quite less.