VoiceOver Quick Start Reference

You can use the following keyboard commands to control the VoiceOver Screen reader. For more details, see https://www.apple.com/voiceover/info/guide/.

Launching Voice Over

`cmd-f5` (command ⌘ and f5): launch VoiceOver. This will also turn it off when you're done.

This will give you the option to start a tutorial if you wish (not required).

You can customize the reading voice, reading speed, and other options by using the *VoiceOver Utility* application. You can launch this via Spotlight (command ⌘ + space, search for "VoiceOver Utility").

Reading the Screen

`ctrl-option-a` : start reading "all" the text (from current selected spot)

`ctrl` : pause the reading (use `ctrl-option-a` to resume)

`ctrl-option-LeftArrow/RightArrow` : jump forward/backward in text. This will navigate by lines or phrases

Page Navigation

`tab` : cycle forward through selectable elements (usually links on a web page)

`shift-tab` : cycle backward through selectable elements

`ctrl-option-space` : "press" on a link. The `enter` key will also usually work.

`ctrl-option-u` : open up the *"Web Item rotor"*. It will allow you to quickly cycle through lists of page headings or other elements