

**KATHRYN CHIANG**  
College of Public Health  
Department of Health Promotion and Behavior  
University of Georgia  
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**EDUCATION**

PhD August 2021- <i>Current</i>	University of Georgia, College of Public Health, Department of Health Promotion and Behavior Research Interests: Obesity, Nutrition, Workplace Wellness, Physical Activity, Chronic Disease Prevention, Sedentary Behavior, Population Health
Master of Public Health (MPH) May 2021	University of Georgia, College of Public Health, Department of Health Promotion and Behavior
Bachelor of Science (B.S.) May 2020	Georgia State University, Department of Nutrition Major: Nutrition Science <i>Magna Cum Laude</i>

**ASSISTANTSHIPS**

June 2021- <i>Current</i>	<u>Graduate Research Assistant</u> , College of Public Health, Department of Health Policy and Management
January 2021-May 2021	<u>Graduate Teaching Assistant</u> , College of Public Health, Department of Health Promotion, HPRB 5010-Research Methods in Health Promotion

**HONORS AND ACTIVITIES**

Recipient: Outstanding MPH Student 2020-2021, University of Georgia  
Vice President of the Nutrition Student Network 2019-2020, Georgia State University

**PUBLICATIONS**

1. Perez P, Wanders D, Land H, **Chiang K**, Najjar RS, Patel R, Knapp D, Pearson K, Chassaing B, Feresin G. Effects of berries on high-fat diet-induced inflammation. American Society for Nutrition Annual Meeting. Seattle, WA, May 2020
2. Land H, West C, Stern JE, Gettys TW, Perez P, **Chiang K**, Wanders D. Mechanisms of action of methionine restriction and FGF21. American Society for Nutrition Annual Meeting. Seattle, WA, May 2020.
3. Wanders D, Perez P, Land H, **Chiang K**, Najjar RS, Patel R, Knapp D, Pearson K, Chassaing B, Feresin G. Effects of berries on high-fat diet-induced inflammation. 13<sup>th</sup> Annual Boshell Diabetes and Metabolic Diseases Research Day. Auburn, AL, March 2020.

4. Land H, West C, Stern JE, Gettys TW, Perez P, **Chiang K**, Wanders D. Mechanisms of action of methionine restriction and FGF21. 13<sup>th</sup> Annual Boshell Diabetes and Metabolic Diseases Research Day. Auburn, AL, March 2020.
5. Perez P, Wanders D, Land H, **Chiang K**, Najjar RS, Patel R, Knapp D, Pearson K, Chassaing B, Feresin G. Effects of berries on high-fat diet-induced inflammation. Georgia State University Undergraduate Research Conference (GSURC). April 2020.
6. Land H, West C, Stern JE, Gettys TW, Perez P, **Chiang K**, Wanders D. Mechanisms of action of methionine restriction and FGF21. Georgia State University Undergraduate Research Conference (GSURC). April 2020.

## **PRESENTATIONS**

1. **Chiang K**, Perez P, Land H, Najjar RS, Patel R, Knapp D, Pearson K, Chassaing B, Feresin G, Wanders D. Effects of berries on glucose and lipid metabolism in a mouse model of obesity. Georgia State University Undergraduate Research Conference (GSURC). April 2020. PRESENTING AUTHOR. POSTER.
2. **Chiang K**, Perez P, Land H, Najjar RS, Patel R, Knapp D, Pearson K, Chassaing B, Feresin G, Wanders D. Effects of berries on glucose and lipid metabolism in a mouse model of obesity. 13<sup>th</sup> Annual Boshell Diabetes and Metabolic Diseases Research Day. Auburn, AL, March 2020. PRESENTING AUTHOR. POSTER.

## **TECHNICAL REPORTS**

2021

Thapa, J., **Chiang, K.**, Gell-Redman, M., Muilenburg, J., McFarlane, S., Padilla, H., Evaluation of X2 Chatbot Intervention of College Students Mental Health. Final Report.

## **RESEARCH EXPERIENCE**

June 2021-Current

Graduate Research Assistant, University of Georgia, Academic writing, and project management for the UGA Economic Evaluation Research Group. Resilient Georgia Grant (COVID-19 and Mental Health Study), GA Shape manuscript, USDA-HEC grant, GSHS manuscript

December 2018-May 2020

Undergraduate Research Assistant, Georgia State University, conducted molecular nutrition research involving nutritional and pharmacological interventions to prevent or treat obesity and metabolic disease, white and brown adipose tissue remodeling, adipose tissue physiology, regulation of energy balance, inflammation, metabolic disease, and the usage of functional foods to prevent such diseases. Including: RNA isolation, cDNA synthesizes through reverse transcription, measuring gene expression using Real-Time PCR, protein expression measurement through spectrophotometry and western blot analysis, and the use of Excel and GraphPad Prism to store data, model results, and generate reports. Supervised new research assistants on proper laboratory techniques.

## **WORK EXPERIENCE**

Summer 2016, 2017

Health Management Intern, Marsh & McLennan Agency, Atlanta, GA. Supported the Health Management Consultant for MMA's PATH (Planning & Analytics Total Health) Department, responsible for learning and developing tangible skills in the areas of Insurance, Risk Management, and Employee Benefits while assisting in the development of wellness program guidelines and incentive programs for corporate client health improvement and wellness.

## **PROFESSIONAL MEMEBERSHIPS**

American Society for  
Nutrition (ASN)

*Active Member*, 2018-Current

## **SERVICE**

2018-2020

Eating Disorders Information Network (EDIN)  
*Volunteer*

2018-2020

Georgia State University Panther's Pantry  
*Volunteer*