

Poem Book

Authors: Pardeep Jain

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It Takes Courage
Poet Unknown

It takes strength to be firm;
It takes courage to be gentle.

It takes strength to conquer,
It takes courage to surrender.

It takes strength to be certain;
It takes courage to have doubt.

It takes strength to fit in;
It takes courage to stand out.

It takes strength to feel a friend's pain;
It takes courage to feel your own pain.

It takes strength to endure abuse,
It takes courage to stop it.

It takes strength to stand alone;
It takes courage to lean on another.

It takes strength to love;
It takes courage to be loved.

It takes strength to survive,
It takes courage to live.

Changing Your Thinking
By Unknown

By Changing Your Thinking,
You change your beliefs;

When you change your beliefs,
You change your expectations;

When you change your expectations,
You change your attitude;

When you change your attitude,
You change your behavior;

When you change your behavior,
You change your performance;

When you change your performance;
You Change Your Life!

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Anyway
By Unknown

People are unreasonable, illogical, and self-centered.
Love them anyway!
If you do good, people will accuse you of selfish ulterior motives.
Do good anyway!
If you are successful, you will win false friends and true enemies.
Succeed anyway!
The good you do today, will be forgotten tomorrow.
Do good anyway!
Honesty and frankness make you vulnerable.
Be honest and frank anyway!
The biggest person with the biggest ideas can be shot down by the smallest
people with the smallest minds;
Think big anyway!
People favor underdogs, but follow only top dogs.
Fight for underdogs anyway!
What you spend years building up may be destroyed overnight.
Build anyway!
People really need help, but will attack you if you help them.
Help them anyway!
Give the world the best you have and it may kick you in the teeth.
Give the world the best you've got anyway!

Around the Corner
By Charles Hanson Towne

Around the corner I have a friend,
In this great city that has no end,
Yet the days go by and weeks rush on,
And before I know it, a year is gone.
And I never see my old friend's face,
For life is a swift and terrible race,
He knows I like him just as well,
As in the days when I rang his bell.
And he rang mine but we were younger then,
And now we are busy, tired men.
Tired of playing a foolish game,
Tired of trying to make a name.
"Tomorrow" I say! "I will call on Jim
Just to show that I'm thinking of him."
But tomorrow comes and tomorrow goes,
And distance between us grows and grows.
Around the corner, yet miles away,
"Here's a telegram sir,".... "Jim died today."
And that's what we get, and deserve in the end:
Around the corner, a vanished friend.

Always Keep Your Dreams Alive
by Unknown

Now is a time for you to celebrate ...
The accomplishment of a dream you have worked so hard to realize.
You have shown so many people how special you are.
Now is the time to begin to pursue the next path, to reach out for the next
star, and to achieve the things that are so important to you.
Always keep your dreams alive.
And keep them coming true.

The Challenge
By Jim Rohn

Let others lead small lives,
but not you.

Let others argue over small things,
but not you.

Let others cry over small hurts,
but not you.

Let others leave their future in someone else's hands,
but not you.

Change Your World
By Brian Tracy

You cannot change the world, but you can present the world with one improved person, yourself.

You can go to work on yourself to make yourself into the kind of person you admire and respect.

You can become a role model and set a standard for others.

You can control and discipline yourself to resist acting or speaking in a negative way toward anyone for any reason.

You can insist upon always doing things the loving way, rather than the hurtful way.

By doing these things each day, you can continue on your journey toward becoming an exceptional human being.

The Comfort Zone
By Unknown

I used to have a comfort zone where I knew I wouldn't fail.
The same four walls and busywork were really more like jail.
I longed so much to do the things I'd never done before,
But stayed inside my comfort zone and paced the same old floor.
I said it didn't matter that I wasn't doing much.
I said I didn't care for things like commission checks and such.
I claimed to be so busy with the things inside the zone,
But deep inside I longed for something special of my own.
I couldn't let my life go by just watching others win.
I held my breath; I stepped outside and let the change begin.
I took a step and with new strength I'd never felt before,
I kissed my comfort zone goodbye and closed and locked the door.
If you're in a comfort zone, afraid to venture out,
Remember that all winners were at one time filled with doubt.
A step or two and words of praise can make your dreams come true.
Reach for your future with a smile; Success is there for you!

The Difference Between Winning and Losing
by Catherine Pulsifer

Some of the significant differences between winning and losing are:

Hanging on, persevering,

WINNING

Letting go, giving up easily,

LOSING

Accepting responsibility for your actions,

WINNING

Always having an excuse for your actions,

LOSING

Taking the initiative,

WINNING

Waiting to be told what to do,

LOSING

Knowing what you want and setting goals to achieve it,

WINNING

Wishing for things, but taking no action,

LOSING

Seeing the big picture, and setting your goals accordingly,

WINNING

Seeing only where you are today,

LOSING

Do Less
By Unknown

DO LESS THINKING,
and pay more attention to your heart.

DO LESS ACQUIRING,
and pay more attention to what you already have.

DO LESS COMPLAINING,
and pay more attention to giving.

DO LESS CONTROLLING,
and pay more attention to letting go.

DO LESS CRITICIZING,
and pay more attention to complementing.

DO LESS ARGUING,
and pay more attention to forgiveness.

DO LESS RUNNING AROUND,
and pay more attention to stillness.

DO LESS TALKING,
and pay more attention to silence.

Don't Quit
by Edgar A. Guest

When things go wrong, as they sometimes will,
When the road you're trudging seems all uphill,
When the funds are low but the debts are high,
And you want to smile but you have to sigh,
When care is pressing you down a bit ...
Rest if you must, but don't you quit!
Life is queer with its twists and turns,
As every one of us sometimes learns,
And many failures turn about
When we might have won had we stuck it out.
Don't give up though the pace seems slow ...
You may succeed with another blow.
Often the struggler has given up
When he might have captured the victor's cup;
And he learned too late when the night came down,
How close he was to the golden crown.
Success is failure turned inside out...
And you can never tell how close you are
It may be near when it seems so far.
So stick to the fight when you're hardest hit
It's when things seem worst that you must not quit.

Ecclesiastes 3:1-8

Take Time:
Take time to think-
It is the source of all power.
Take time to read-
It is the fountain of wisdom.
Take time to play-
It is the source of perpetual youth.
Take time to be quiet-
It is the opportunity to seek God.
Take time to be aware-
It is the opportunity to help others.
Take time to love and be loved-
It is God's greatest gift.
Take time to laugh-
It is the music of the soul.
Take time to be friendly-
It is the road to happiness.
Take time to dream-
It is what the future is made of.
Take time to pray-
It is the greatest power on earth.
Take time to give-
It is too short a day to be selfish.
Take time to work-
It is the price of success.
There is a time for everything. . .

Failure
By Tim Connor

Failure
It's only a word.
But it carries with it so much pain and so little concern,
so much frustration and so little respect,
so much stress and so little understanding
that people spend their lives
running through their days
in the hope of avoiding the long arm of this little word.
To test our vision, you must risk failure.
To temper your ego, you must attempt the impossible.
To tell your story, you must take a chance.
To see beyond the horizon, you must spread your wings.
To be all you can be, you must stretch, flex, try, and go beyond your proven
limits.
To bridge the silence, you must risk rejection.
To advance into the unknown, you must risk the peril of all your previous
beliefs and emotions that feel so secure.
Failure is not negative. It is a teacher.
It molds, refines, and polishes you so that one day your light will shine for
all to see.
It isn't the failure you experience that will determine your destiny, but your
next step and then the next
that will tell the story of your life.

Follow Your Dreams
by Unknown

You must follow your dreams
You must follow wherever it leads.
Don't be distracted by less worthy leads.
Shelter it,
Nourish it,
Help it grow.
Hold your dream deep, down deep where dreams grow.
Follow your dreams,
Pursue it with haste.
Life is too precious, too precious to waste.
Be faithful,
Be loyal in all the day through
the dream that you follow will ultimately come true.

Habit
By Unknown

I am your constant companion;
I am your greatest helper or heaviest burden.
I will push you onward or drag you down to failure.
I am completely at your command.
Half the things you do might just as well turn over to me
and I will be able to do them quickly and correctly.
I am easily managed -
you must merely be firm with me.
Show me exactly how you want something done
and after a few lessons, I will do it automatically.
I am the servant of all great people;
and alas, of all failures as well.
Those who are great,
I have made great.
Those who are failures,
I have made failures.
I am not a machine,
though I work with all the precision of a machine
plus the intelligence of a human.
You may run me for a profit or run me for ruin -
it makes no difference to me.
Take me,
train me,
be firm with me,
And I will place the world at your feet.
Be easy with me,
and I will destroy you.
WHO AM I?
I AM HABIT.

MOTHER...
Unknown

Mother You filled my days with rainbow lights,
fairytale and sweet dream nights,
A kiss to wipe away my tears,
Gingerbread to ease my fears.
You gave the gift of life to me,
And then in love, you set me free.
I thank you for your tender care,
for deep warm hugs and being there.
I hope that when you think of me,
A part of you, you'll always see.

I Believe You Can Accomplish Anything You Choose
By Unknown

If you could see through my eyes,
I wonder what you'd be feeling right now,
Because I can see you standing
As you really are -
Powerful, sensitive, determined, and gracious.
I can see you achieving everything you choose to achieve.
I can see you being exactly who and what you want to be.
Look through my eyes for an instant,
And you'll see yourself
Conquering all limitations.
Look through my eyes,
And see who you really are
And what you are capable of.
You can accomplish anything --
I know you can.

Just One
By Unknown

One song can spark a moment,
One flower can wake the dream.
One tree can start a forest,
One bird can herald spring.
One smile begins a friendship,
One handclasp lifts a soul.
One star can guide a ship at sea,
One word can frame the goal
One vote can change a nation,
One sunbeam lights a room
One candle wipes out darkness,
One laugh will conquer gloom.
One step must start each journey.
One word must start each prayer.
One hope will raise our spirits,
One touch can show you care.
One voice can speak with wisdom,
One heart can know what's true,
One life can make a difference,
You see, it's up to you!

Self-Confidence
By Unknown

If you think you are beaten, you are;
If you think that you dare not, you don't;
If you'd like to win and you think you can't
It's almost certain that you won't.
If you think you'll lose, you've lost;
For out in the world you'll find
Success begins with a fellows will -
It's all in the state of mind.
If you think that you are out-classed, you are;
You've got to think high to rise;
You've got to be sure of yourself before
You can ever win a prize.
Life's battles don't always go
To the stronger or faster man;
But sooner or later, the man who wins
Is the man who thinks he can.

A Smile

A smile costs nothing, but gives much.
It enriches those who receive,
Without making poorer those who give.
It takes a moment, but the memory of it.
Sometimes lasts forever.

None is so rich or mighty that he can get
Along without it & none is so poor but
That he can be made rich by it.
A smile creates happiness in the home
fosters goodwill in business
And is countersign of friendship.

It brings rest to the weary, cheer to the
discouraged, sunshine to the sad, and it is
Nature's best antidote for trouble.

Yet it cannot be bought, begged, borrowed,
or stolen, for it is something that is of no
Value to anyone until it is given away.

Some people who are too tired
To give you a smile.
Give them one of yours,
as one needs a smile so much as he
Who has no more to give?

Why Worry?

There are only two things to worry about;
Either you are well or you are sick.
If you are well, then there is nothing to
worry about;

But if you are sick there are only two
things to worry about;
Whether you will get well, or
Whether you will die.

If you get well, there is nothing to worry
about;
But if you die, there are only two things to
worry about;
Whether you go to heaven or hell.
If you go to heaven there is nothing to
worry about;
And if you go to hell you'll be so busy
Shaking hands with old friends, you won't
Have time to worry.
So why worry?

Abou Ben Adhem

Abou Ben Adhem (may his tribe increase!)
Awoke one night from a deep dream of peace,
And saw, within the moonlight in his room,
Making it rich, and like a lily in bloom,
An angel writing in a book of gold: & mdash;
Exceeding peace had made Ben Adhem bold,
And to the Presence in the room he said
“What writest thou?” & mdash; The vision raised its head,
And with a look made of all sweet accord,
Answered “The names of those who love the Lord.”
“And is mine one” said Abou. “Nay, not so,
Replied the angel. Abou spoke more low,
But cheerly still, and said “I pray thee, then,
Write me as one that loves his fellow men.”

The angel wrote, and vanished. The next night
It came again with a great wakening light,
And showed the names whom love of God and blessed,
And to! Ben Adhem’s name led all the rest.

- James Henry Leigh Hunt

ALWAYS REMEMBER.....

Always remember to forget
The things that made you sad.
But never forget to remember
The things that made you glad!

Always remember to forget
the friends that proved untrue,
But don't forget to remember
Those that have stuck by you.

Always remember to forget
the trouble that passed away,
But never forget to remember
The blessings that come each day!

The Larger Prayer

At first I prayed for light:
Could I but see the way,
How gladly, swiftly would I walk
To everlasting day!
And next I prayed for strength:
That I might tread the road –
With firm, unfaltering feet, and win
Heaven, that scene abode!
And then I asked for faith;
Could I but trust my God,
I'd live enfolded in His peace,
Though foes were all abroad.
But now I pray for love:
Deep love for God & man,
A living love that will not fail,
However dark His plan.
And light & strength & faith
Are opening everywhere!
God only waited for me, till I prayed the larger prayer.

- Edna D. Cheney

NEVER LOOK BACK

Never look back on the past with regret
for the days that might have been –
nor the promises made that were never kept
And the goals you did not win.
For life cannot always be perfect
and our days don't always shine bright;
and promises are sometimes broken,
And dreams may not turn just right.
But no time has ever been wasted,
nor did idle tears just fall
that the dear Lord was not watching
And understood it all.
For to everything there is a season –
a time to reap and sow,
a time to laugh and a time to cry,
And a time to grow, too.
So let the ghosts of past memories
fade and slip away,
for the promise of another season
Begins with another new day!

• Jean V. Russell

THE PARADOX OF TIME

The paradox of our time in history is
that we have taller buildings,
but short temper,
wider freeways,
but narrower viewpoints;
spend more, but have less;
buy more, but enjoy less.

We have bigger houses and smaller families,
more conveniences, but less time;
more degrees, but less sense;
more knowledge but less judgement;
more experts, but more problems too!
More medicines, but less well being.
We've learned how to make a living,
but not how to live a life –
added years to life,
not life to years.

We've been all the way to the moon and back!
but have trouble crossing the street
to meet a new neighbour
who has first settled in.

We've conquered etheric space,
but not inner space;
cleaned up the air,
but polluted the soul;
split the atom,
but not our prejudice.

• Alfred Samuel

Even This Will Pass Away

Once a Persia reigned a king,
Who upon a signet ring?
Carved a maxim strange & wise,
When held before his eyes,
Gave him counsel at a glance,
Fit for every change & chance:
Solemn words & these were they:
“EVEN THIS WILL PASS AWAY”

Trains of camel through the sand
Brought him gems from Samarcand;
Fleets of galleys over the seas
Brought him pearls to rival these.
But he counted little gain,
Treasurers of the mine or main;
“What is wealth?” the king would say,
“EVEN THIS WILL PASS AWAY”

Mid the pleasures of his court
At the zenith of their sport,
When the palms of al his guests
Burned with clapping at his jests,
Seated midst the figs and wine,
Said the king: “Ah, friends of mine,
Pleasures come but not to stay.
“EVEN THIS WILL PASS AWAY”

Woman, fairest ever seen
Was the bride he crowned as queen,
Pillowed on the marriage bed
“Though no monarch ever pressed
Javier bosom to his breast,
Mortal flesh is only clay!
“EVEN THIS WILL PASS AWAY”
Fighting on the furious field,
Once a javelin pursed his shield,
Soldiers with a loud lament
Bore him bleeding to his tortured side,
“Pain is hard to bear,” he cried,
“But with patience, day by day,
“EVEN THIS WILL PASS AWAY”

In Prayer.....

Spirit of God,
May everything I do begin
With your inspiration
And continue with your help.
So that all that I do may begin in you
And by you be happily ended.
Spirit of wisdom,
Till my mind with those things
that are true,
Noble, beautiful, lovely, pure and honorable.
Spirit of science,
Arouse my sense of wonder
that I may marvel at the technologies
That is integral to my everyday life.
Spirit of mercy,
Grant me the power to forgive.
Save me from the self-righteousness
that prompts me to look down on anyone
Who may have fallen by the way?
Spirit of joy,
Bless me with calm & happiness.
Help me never to forget in sunny weather.
Spirit of healing,
Heal those who are sick or sad.
Ease their pain & comfort the loneliness
Of their heart.
Spirit of change,
Open my mind to accept
the newness of life
That you toss in my daily path.

PROMISE YOURSELF...

To be strong, so that nothing may disturb the peace of your mind.
To talk about health, happiness and prosperity to every person you meet.
To make all your friends feel that there is something worthwhile in them.
To look at the sunny side of everything and make your optimism yield results.
To think only of the best, to work only for the best and to expect nothing but the best!
To be just as enthusiastic about the success of others as you are about your own.
To forget the mistakes about the past and press on to greater achievement in your future!
To spot a cheerful countenance at all times and give every living creature you meet a smile.
To give so much time to the improvement of yourself that you have no time to criticize others.
To be too content to worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble ever!

- Christian D. Larson

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The shortest distance between two persons is a “SMILE.”

THANKS