

# Introduction to R

## Young Researchers Fellowship Program

Laboratorio de Investigación para el Desarrollo del Ecuador

**Instructor:** Daniel Sánchez, MA

**Module length:** 15 hours

**Course level:** Intermediate

**Prerequisite knowledge:** Basic computer skills, Git, shell.

**Corequisite knowledge:** **Introduction to Statistics** module.

**GitHub repository:** <https://github.com/laboratoriolide/intro-to-r>

## 1 Module overview

This module introduces the R programming language basics for data analysis and statistical computing. This is a companion module to the *Introduction to Statistics* module, which provides the foundations of statistics for social science research. The material is designed for those who aim to use R as a tool for quantitative research methods, such as statistics, econometrics, and (to a lesser degree), data science/machine learning.

I assume little prior coding experience: familiarity with basic computer skills, Git and the command line. Further, the course will be relatively fast-paced, combining self-study with the DataCamp platform and live coding. We will cover many important concepts in the language, however, the focus is not on technical programming but rather on understanding the language as a tool for statistical analysis.

## 2 Evaluation

The final grade will be calculated as follows:

| Component            | Percentage |
|----------------------|------------|
| Attendance           | 15%        |
| DataCamp assignments | 50%        |
| Participation        | 5%         |
| Task Completion      | 30%        |

## 2.1 Attendance

I do not have any special requirements for attendance other than the requirements set by the program. Consult the program's regulation handbook for more information.

## 2.2 Assignments

There will be weekly DataCamp assignments that reinforce the material taught in this module as well as that of the companion module *Intro to Statistics* module. These will be either DataCamp courses, projects or exercises, and are graded on a pass/fail basis. Please check the DataCamp platform for the due dates of each assignment.

Apart from the DataCamp assignments, you may need to complete some self-study or autonomous practice work **before** each lecture. This is necessary to make the most of the class time, as programming is a skill that requires practice. Please see above for all tasks to be completed before each lecture.

### 2.2.1 Tasks

Tasks are small exercises or activities that are due before each lecture. They may be small coding exercises, readings or installations that you **must** complete before class. These will be graded on a pass/fail basis. We may discuss these tasks in class or in the Slack channel, so it is important that you complete them on time.

### 2.2.2 Tentative DataCamp assignments

This is a list of the DataCamp courses that will be assigned as part of the module. This list may change, so please check the DataCamp platform for the most up-to-date information.

- Introduction to R for Finance
- Introduction to Importing data in R
- Introduction to the Tidyverse
- Data Manipulation with dplyr
- Introduction to Data Visualization with ggplot2

- Reporting with R Markdown
- Reshaping Data with `tidyr` (select chapters)
- Intermediate R for Finance
- Cleaning Data in R
- Working with Dates and Times in R

### 3 Module contents

The following is a planned outline of the course. This may change depending on the pace of the class. It is sometimes expected that students complete tasks before each lecture to make the most of the class time.

- **Lecture 1:** Intro
  - Introduction to the R language: brief history, advantages and applications
  - The development environment: R, RStudio, IDEs, and packages.
  - The RStudio interface: R scripts, file viewer, console, and environment.
  - Ensuring reproducibility: filepaths, working adirectories, and project organization; using R projects with RStudio.
  - Installing, loading and updating packages, best practices.
  - Basic R syntax: variables, assigners, data types, structures, basic and logical operators.
  - Understanding R output: warnings, errors, and messages; scientific notation.
  - Getting help with R: `?`, `help()`. Using R documentation, CRAN, StackOverflow & other resources.
  - Data frames: definition and basic manipulation with base R syntax: `head()`, `tail()`, `str()`, `summary()`. Basic R graphics.
  - Artificial intelligence tools for R coding: ChatGPT, GitHub Copilot, Microsoft Copilot.
  - **Tasks:** Read the full syllabus, installation of R and RStudio, cloning of the course's GitHub repository and completion of the first DataCamp course, *Introduction to R for Finance*.
- **Lecture 2:** Introduction to the tidyverse and importing data
  - Base R vs the *tidyverse*
  - Introduction to the *tidyverse*: the tidy process, tidy data, the pipe (`%>%`) operator
  - Importing data with base R functions, `readr` & `haven` from different file formats
  - Importing Excel files and preliminary manipulation with `readxl`
  - Downloading data from R packages, GitHub and the web/URLs
  - Tibbles: the tidy data frame; using `glimpse()` to understand data
  - dplyr: Selecting and renaming columns, pipe workflows, `transmute()`.

- **Tasks:** DataCamp course *Introduction to importing data in R* and *Introduction to the Tidyverse*. and make sure you have access to the module’s `data` folder in the GitHub repository.
- **Lecture 3:** More on data manipulation
  - Filtering rows, sorting, grouping, and summarizing data.
    - \* The `filter()` function for subsetting data frames.
    - \* The `group_by()` and `summarize()` functions for grouping and summarizing data.
    - \* Leveraging operators: `==`, `!=`, `%in%`, `&`, `|`, `<`, `>`, `<=`, `>=`, `between()`.
  - Using `mutate()` to create new columns: `if_else()`, `case_when()`, `case_match()`.
  - Others: `pull()`, `glance()`, `slice()`, `distinct()`, `count()`, `top_n()`, `unique()`, `arrange()`.
  - Joins, semijoins and anti joins: applications for researchers.
  - The `bind_rows()` function for appending data frames.
  - **Tasks:** DataCamp course *Data Manipulation with dplyr* and *Joining Data with dplyr*.
- **Lecture 4:** Data visualization with ggplot2
  - Introduction to the `ggplot2` package: the grammar of graphics.
  - The `ggplot()` function: aesthetics, geoms, and layers.
  - Scatter plots, line plots, bar plots, histograms, and box plots.
  - Faceting: `facet_wrap()` and `facet_grid()`.
  - Themes and customization: `theme()`, `labs()`, `scale_x_continuous()`, `scale_fill_manual()`.
  - Saving plots, changing plot size, and exporting to different formats.
  - **Tasks:** DataCamp course *Introduction to Data Visualization with ggplot2*.
- **Lecture 5:** Reshaping data in R
  - Understanding long vs. wide data formats; reshaping data with `tidyr`.
  - The `gather()` and `spread()` equivalents to `pivot_longer()` and `pivot_wider()`.
  - The `separate()` and `unite()` functions for splitting and combining columns.
  - The `separate_rows()` function for splitting rows with multiple values.
  - Using the reshape package.
  - Expanding data: `expand()` and `complete()` functions.
  - **Tasks:** DataCamp course *Reshaping Data with tidyr* (select chapters).
- **Lecture 6:** Reporting and reproducibility
  - The concept of reproducible research.
  - Introduction to R Markdown: the R Markdown document, YAML header, code chunks.
  - Knitting documents: HTML, PDF, Word, and slides.

- Customizing R Markdown documents: themes, templates, and CSS.
  - Quarto: the next generation of R Markdown.
  - Math formulas: incorporating LaTeX into R Markdown.
  - Time-permitting: `.Rnw` files and Knitr/Sweave.
  - **Tasks:** DataCamp course *Reporting with R Markdown*. Making sure you have  $\text{\LaTeX}$  installed in your computer, or TinyTeX as a package in R<sup>1</sup>.
- **Lecture 7:** Select topics in R programming
    - Updating R: finding the R GUI, executing the update, and updating RStudio. Potential issues to look out for after updating, selecting correct versions of the language and packages in RStudio.
    - Control structures, conditional statements, and logical operators; relationships to prepackaged functions.
    - Functions: when to use, how to define functions, arguments, return values.
    - The **apply** family of functions: `apply()`, `lapply()`, `sapply()`, `mapply()`.
    - Loops: while and for loops, the **map** family of functions.
    - **Tasks:** DataCamp course *Intermediate R for Finance*.
  - **Lecture 8:** Further data cleaning topics
    - Handling missing data: base R, **tidyverse** and package approaches.
    - Time and date management: **lubridate**.
    - String manipulation with **stringr**.
    - Fuzzy joins: string distance and the **fuzzyjoin** package.
    - Row-wise and column-wise operations: `rowwise()`, `colwise()`, `across()`.
    - Using shorthands for `mutate()` and `summarize()`, tidy selection syntax: `where()`, `everything()`, `c_across()`, `c_where()`, `starts_with()`, etc.
    - **Tasks:** DataCamp course chapters across **Cleaning Data in R**, **Working with Dates and Times in R**.
  - **Lecture 9:** Survey data management with R
    - Why survey or labelled data might create issues?
    - Using Stata or IBM SPSS data in R: the **haven** package in depth.
    - Developing and using codebooks
    - Applying, removing or changing labels in R: **haven**’s `labelled` class.
    - Working with **forcats** for factor manipulation.
    - **Tasks:** TBD, consult the GitHub repository and DataCamp platform for updates.
  - **Lecture 10:** High-performance computing in R
    - Why high performance? The need for speed in data analysis.
    - Loading very large datasets: `data.table` and `fread()`.

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<sup>1</sup>TinyTeX is a lightweight, portable, cross-platform, and easy-to-maintain LaTeX distribution. It is available as a package in R, and can be installed with `tinytex::install_tinytex()`

- Reading many files at once: `purrr` and `map()` with `fread()`.
  - Grouping and summarizing large datasets: `dplyr` and `data.table` comparison
  - Other alternatives: `bigmemoryr`, `ff`, and SQL databases.
  - **Tasks:** TBD, consult the GitHub repository and DataCamp platform for updates.
- **Other advanced topics**, time-permitting:
    - Web scraping: the `rvest` package.
    - Accessing twitter data: the `rtweet` package.
    - Accessing financial data: the `quantmod` package.
    - Time-permitting: APIs, applications with open data.
    - Spatial data analysis with `sf` and `sp`.
    - R Setup with VS Code
    - R in the cloud: RStudio Server, RStudio Cloud, and Google Colab.
    - AI chatbot packages: OpenAI tokens, the `chatgpt` and related packages.
    - Using `usethis` for Git version control and R project management.
    - Text analysis.
    - Shiny apps
    - Parallel computing in R

## 4 Course materials

All course materials will be provided in the course’s GitHub repository. This includes lecture slides, readings, datasets, assignments and any other relevant material. The repository will be updated regularly, so please check it often for new material. I recommend using a Git client, such as GitHub Desktop or GitKraken, to keep your local repository up-to-date.

## 5 Reference material

There is no required textbook for this course, as I will provide slides for all lectures. However, I recommend the following books for those who want to delve deeper into the material. These were used as references for the course.

- *R for Data Science*, Wickham, Çetinkaya-Rundel, and Grolemund (2023): Potentially the most famous book on R, it covers the tidyverse and data analysis in R. Available also on the web at <https://r4ds.had.co.nz/>, including a Spanish translation, <https://es.r4ds.hadley.nz/>.
- *R Graphics Cookbook*, Chang (2018): A *cookbook* style book that covers step-by-step guides on almost all types of visualizations you may think of using `ggplot2`. Note: it does not stress on grammar of graphics.

- [The Effect](#), Huntington-Klein (2022): This textbook, while focused on causality, describes much of the modern R development environment for statistics and econometrics. It also contains Stata and Python code.
- [Using R for Introductory Econometrics](#) Heiss (2020): This book is a great resource for learning R for econometrics, but it will be most useful for the Intro to Stats module.
- [Happy Git and GitHub for the useR](#): This book is a great resource for learning Git and GitHub with a focus on its use for R programming.
- [R Markdown: The Definitive Guide](#), Xie, Allaire, and Golemund (2018): This book is a comprehensive guide to R Markdown, and is a great resource for learning how to write reports, papers, and presentations with R Markdown.
- [Dynamic Documents with R and knitr](#), Xie (2017): The ultimate guide to knitr, the package that powers R Markdown. It allows you to understand how to fully leverage the power of R for reproducible reports.
- [Quarto website](#): The Quarto website is a great resource for learning about it, which is the next generation of R Markdown.
- [R for the Rest of Us](#) Keyes (2024): A great resource on learning all those things about R which aren't about statistics or data analysis, like package development, web scraping, accessing data, creating websites, etc.

## 5.1 Field-specific references

The material that I use in this course is general and can be applied to any field, having been compiled from a number of different sources. You may want to consult a field-specific textbook or resource for more information on how to apply R to your field interest. Below, I'm including a very short list of resources for some fields (not in any way exhaustive):

- [The Big Book of R](#): Contains links to resources on R for several fields, topics, and levels of expertise. If you want to learn something with the language that I don't cover, this is a great place to start.
- [Reproducible Statistics for Psychologists with R](#)
- [The Epidemiologist R Handbook](#): A great resource for those interested in epidemiology, public health and related fields.
- [Crime by the Numbers: A Criminologist's Guide to R](#): A great resource for those interested for the use of quantitative methods in criminology, criminal justice and related fields.

- [Lab Guide to Quantitative Research Methods in Political Science, Public Policy & Public Administration](#): Methods applied to political science, public policy and public administration.
- [Data Analysis for Business, Economics, and Policy](#): R implementations with business and public policy/economics applications, with a focus on causal inference, like the Effect.
- [Program Evaluation for Public Service](#): R methods for program evaluation in public service, with a focus on causal inference methods. Recommend looking at all of Andrew Heiss' resources if interested in applying causal inference methods in R.
- [AnalizaR Datos Políticos](#): A political science-oriented book in Spanish. Great resource if looking for datasets and examples for Latin America.

## 6 Software

This course requires the installation of R and RStudio. Both are free and open-source software, and are available for Windows, macOS, and Linux. You will need to install these **before** the first lecture.

- **R**: Download the latest version of R from the Comprehensive R Archive Network (CRAN) at <https://cran.r-project.org/>. Follow the instructions for your operating system.
- **RStudio**: Download the latest version of RStudio Desktop from [here](#). Follow the instructions for your operating system.

If you are having trouble installing, please post your query in the Slack channel.

You will also need Git to be able to access the course's GitHub repository. Follow the instructions from the Git & GitHub short module to make sure this software is configured correctly in your computer. As mentioned, a Git client is recommended to keep your local repository up-to-date and easily accesible to not miss any updates. For Windows users, we may use Git Bash sometimes in the course, so make sure you are familiar with the command line. Mac or Linux users can use the native terminal.

## 7 Keyboard layout

We will routinely need to type symbols like “/”, “<-”, “%>%”, and others. Make sure you are comfortable with your keyboard layout and that you can type these symbols easily. This may seem trivial, but it is important for the course, as we absolutely cannot afford to lose time finding symbols on the keyboard. You may need to change your keyboard layout to the correct language so that the computer follows the physical layout of your keyboard. For



Windows users, this is easily done by pressing `Win + Space` and selecting the correct layout (see [here](#))<sup>2</sup>.

## 8 Communication

All communications to the instructor should be made through the course’s Slack channel. We hope to respond to questions within 72 hours, but please be patient if we take longer. I do not monitor email regularly, so please use Slack for all communications if you need a timely response.

## References

- Chang, Winston. 2018. *R Graphics Cookbook: Practical Recipes for Visualizing Data*. O’Reilly Media. <https://r-graphics.org/>.
- Heiss, Florian. 2020. *Using R for Introductory Econometrics*. Düsseldorf: Independently published. <https://www.urfie.net/>.
- Huntington-Klein, Nick. 2022. *The Effect: An Introduction to Research Design and Causality*. 1st edition. Boca Raton: Chapman and Hall/CRC. <https://theeffectbook.net/>.
- Keyes, David. 2024. *R for the Rest of Us: A Statistics-Free Introduction*. 1st ed. No Starch Press. <https://book.rfortherestofus.com/>.
- Wickham, Hadley, Mine Çetinkaya-Rundel, and Garrett Golemund. 2023. *R for Data Science*. ” O’Reilly Media, Inc.”. <https://r4ds.hadley.nz/>.
- Xie, Yihui. 2017. *Dynamic Documents with R and Knitr*. Chapman and Hall/CRC. <https://duhi23.github.io/Analisis-de-datos/Yihue.pdf>.
- Xie, Yihui, Joseph J Allaire, and Garrett Golemund. 2018. *R Markdown: The Definitive Guide*. Chapman and Hall/CRC. <https://bookdown.org/yihui/rmarkdown/>.

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<sup>2</sup>Mac and Linux Users, sorry, you’re on your own here.