Querida yo de 16 años:

Sé que aunque te encanta bailar, no te gusta *salir* a bailar. Moverse como si nada al son de música extranjera parece aburrido para la energía que tienes, en tu cuerpo, en tus caderas, en tu cabello rizado e indomable, en tus labios ruidosos. Te encanta Britney y sus coreografías, pero salir a bailar debería darnos una sensación de libertad, en lugar de imponer más estructura. Sé que odias cuando los chicos miran fijamente y sacan a bailar a tus amigas, pero nunca a ti. Salir a bailar debería conectarte con la alegría de la música, no con el trauma del rechazo.

Esto hará que dejes de bailar. Sin embargo, en algunos años más, tendrás nuevas amigas que te animarán a probarlo de nuevo. Y descubrirás una nueva forma de bailar: el reggaeton. Encontrarás en esta nueva música un estímulo para tus sentidos, una vibra más cercana a tus raíces y una conexión con el instinto básico de mover tus caderas al ritmo del bajo; esas grandes caderas latinas que te esfuerzas tanto por esconder, ahora serán las estrellas del show. Habrá chicos alrededor, pero te va a dar lo mismo. Volverás a disfrutar bailando.

La gente te cuestionará. ¿Cómo puedes apreciar esta música que es tan degradante para las mujeres? ¿Cómo puedes cantar letras de un hombre diciendo, "agárrala, pégala, azótala"? ¿Cómo se puede bailar un estilo donde el movimiento principal es el perreo, literalmente "haciéndolo como perros"? No te enseñaron así. Las monjas del colegio estarían muy avergonzadas. Vas a estar conflictuada, porque bailar esta música de verdad te da alegría, a pesar de todo lo que la gente (y cuando digo la gente, me refiero a los hombres) te dice.

Te convertirás en feminista. Después de todo, buena parte de tu vida ha consistido en tratar de terminar a la opresión que has sufrido a causa del patriarcado. El feminismo le dará un nombre a esta lucha, te dará modelos a seguir, podrá tu lucha en contexto, de las que vinieron antes, y las que están alrededor. Te dará un nuevo lente para ver el mundo; a veces será más doloroso, porque verás todo lo que están mal; pero te dará una comunidad de hermanas, y ellas compensarán el dolor con esperanza y amor.

Es el año 2020, hoy tienes 32 años. Aún te encanta bailar. Quiero decirte que tu gusto por esta música y tu feminismo no son una contradicción. El reggaeton te dará música para bailar y liberar tensiones. Desafiará los estereotipos de los que has sido objeto. Creciste en una sociedad donde era natural que los hombres tuvieran deseo sexual, pero para las mujeres, los haría parecer fáciles y deshonrosas. El reggaeton te dará una forma socialmente aceptable de ser sensual y sexual sin culpa. Te dará un idioma; en palabras y movimientos para hablar lo que estaba vetado para las niñas. Servirá como una forma de protesta. El reggaeton te devolverá la agencia sobre tu propio cuerpo y tu propio placer.

Estas son algunas de las pocas canciones que ilustran las muchas cosas que el reggaeton puede enseñarnos.

Disfruta.

Con amor,

Ingrid del año 2020.

Alive and Perreando

https://bit.ly/AliveAndPerreando

Dancing reggaeton as resistance and liberation in four stages

Stage one: Dancing

Quiero Bailar – Ivy Queen (2005)

Back in the first years of reggaeton, Ivy Queen was the only female representative in the genre, and she was, indeed, representing the female view in her lyrics, spreading to the world her lesson on consent:

Yo quiero bailar, tu quieres sudar I want to dance, you want to sweat Y pegarte a mí, el cuerpo rozar Stick your body to me and rub Y yo te digo sí, tú me puedes And I'm telling you yes, you can provocar seduce me

Eso no quiere decir que pa' la cama That doesn't mean I'm going to bed

with you

In an almost pedagogical way, she explained that dancing reggaeton didn't imply permission to take it further, neither it gave authorization to make assumptions about women's lifestyle ("Bailo reggaeton pero no soy chica fácil"; "I dance reggaeton but I'm no easy girl") making this the hymn of feminist reggaeton.

Yo perreo sola – Bad Bunny (2020)

Fifteen years later, Bad Bunny makes a controversial take on females dancing reggaeton by themselves... while being a man. In the song, a woman sings the female part ("Yo perreo sola") while he describes women's careless attitude towards men:

Te llama si te necesita She'll call you if she needs you

Pero por ahora está solita But for now, she's alone

As the most successful reggaeton performer today, Bad Bunny recognizes the space women have gained in the genre, by joining the movement and taking advantage of it for his own success.

Barre con el pelo – Tomasa del Real (2018)

Chilean singer Tomasa del Real is one of the most relevant voices in the Neoperreo movement, a subgenre of reggaeton created by young people from poor contexts. Far from recording studios, they write, record, produce and broadcast with basic equipment in their own homes. Tomasa del Real also represents a stereotype of women more similar to the Chilean and South American average, with black thick hair, that she calls in this song to use as broom, dancing so close to the floor you can sweep with your ponytail.

Tusa – Karol G with Nicky Minaj (2019)

The hit song from the Latin summer of 2019, made the Colombian slang "Tusa" famous all over the continent. The song is about a woman that was just broken up with; and is suffering from heartache (or "tusa"). Instead of crying alone, she goes out with her friends to dance and drink to forget about her ex. It goes back to the essence of dancing as a joyous activity, that can cure sadness, and maybe, even heartbreak.

Stage two: Challenging stereotypes

Mala fama – Dana Paola (2019)

Dana Paola grew up in front of an audience, as a child actress in Mexico, playing roles of good girl. She defies traditional roles in this song by mentioning that she has a bad reputation, but really doesn't care.

Fama Fame

Dicen que tengo mala fama

They say I have a bad reputation

Que me enamoro por la noche That I fall in love at night

Y se me pasa por la mañana, ah And forget it in the morning, ah

She also makes demands of the things she wants in a man, instead of waiting for one that chases after her

Yo soy exigente I am demanding

Y los nenes se asustan And the boys get scared

No te enamores de mi – Paloma Mami (2018)

Paloma Mami got eliminated from a Chilean reality show for insisting in singing her own material instead of covers. Less than a year later, she was singing her own songs in the local Lollapalooza. In this song, she claims "Don't fall in love with me" because she is too much too handle:

Dime si son mis cadera' que te Tell me if it's my hips that excite you

ilusionan

Porque yo sé que no perdonan Because I know they don't forgive

Salvaje como amazona Wild as an Amazon

No existe quien me doma

There is no one who can tame me

Mayores – Becky G with Bad Bunny (2017)

In this song, Becky G explains how she likes her partners, making wordplay with older and "larger" (both "grande" in Spanish) making a not-so-subtle reference to liking men with big

penises. The song was prohibited in many radios and channels, also because she explicitly mentioned that she liked being "dirty" in bed.

A mí me gusta que me traten como I like to be treated like a lady

dama Although I forget that when we're in

Aunque de eso se me olvide cuando bed

estamos en la cama I like to be told poetry

A mí me gusta que me digan poesía

In the ear at night when we get

Al oído por la noche cuando kinky

hacemos groserías

She explained in many interviews that men had been singing things like that in reggaeton for years and no one questioned them, but she received considerable backlash for this song. Nevertheless, she opened the door for songs by female reggaeton artists that became more and more explicit.

Stage three: Female pleasure

Duro y suave – Leslie Grace (2018)

Many songs of the old-school reggaeton are deemed as sexist because they present violent sex. For years, it was assumed that it was against women's wishes, without considering that they might have consented to it. In this song, Leslie Grace asks for rough sex, claiming she's not afraid to ask for it, nor receive it.

Dale suave, que me duela Go softly, make it hurt

Cada vez que la boca me muerde Every time you bite my lips

Dale duro, que me gusta Go hard, I like it

Dale sin miedo que a mí no me Go without fear that I'm not scared

asusta

Punto G – Karol G (2019)

Karol G literally explains that she likes to be stimulated in the G-Spot.

Downtown – Anitta with J Balvin (2017)

Less explicit in the lyrics, this song is about oral sex. There are many references to oral sex performed by women in other reggaeton songs, and this is the first one that references a man performing it to a woman, who is demanding it and guiding it, while the male is happy and willing to do it.

Stage four: Protest

Encadená – Denisse Rosenthal (2018)

Denisse Rosenthal honors her Chilean roots by giving the song a title with the local pronunciation of past-tense verbs (skipping the last syllable), and makes this a manifesto of releasing herself from the chains of patriarchy. She grew up as a child actress and has been vocal about her complex relationship with food and her body. She has used her social media platforms to make this struggle visible for her millions of teen fans.

Quiero mi alma liberarI want to free my soulVa mi mente encadenáWith my mind chainedComo en una condenaLike in a sentence

El miedo a mí ya no me va a dominar Fear will no longer dominate me

Mi cuerpo es mío – Krudas Cubensi (2015)

This Cuban band of feminist reggaeton takes some of the slogans from the feminist protests across Latin America and puts them together with music we can dance to, while protesting.

Saquen sus rosarios de nuestros Get your rosaries out of our ovaries

ovarios

Saquen su doctrina de nuestra Get your doctrine out of our vagina

vagina

Tu no eres mi papi – Tremenda Jauría (2016)

Tremenda Jauría is a Spanish creative collective of women who define themselves as "a herd of wild dogs that howl and roar in the heart of Madriz". They sing in anonymity, with masks to cover their faces, about antipatriarchal and anticapitalistic politics. In this song, they take the common words to refer to men and women in reggaeton, "papi" and "mami", claiming ownership over themselves saying "You are not my papi" and "I'm not your mami".

Ni mami, ni chati, ni linda,ni quapa Neither mami, nor chati, nor linda,

No me llamo nena, nor guapa

tus letras de mierda no nos My name is not baby,

representan your shit lyrics don't represent us

a ver si te enteras, see if you find out,

Tú no eres mi papi You are not my daddy

Mujeres rebeldes dando un paso al Rebel women taking a step forward

frente.