

Soul Song

Dancing for Fun
Book 1

With Feeling

Mark L. Greathouse

$\text{♩} = 88$

Piano

lh rh

mf

decresc.

p

cresc

7 8 9 10 11 12

rit

mf

mp

13 14 15 16 17 18

19 20 21 22 23 24

25 26 27 28 29 30

mf

31 32 33 34 35 36

37 38 39 40 41 42

dolce

rit

43 44 45 46 47 48

49 50 51 52 53 54

Dancing for Fun: Group Dancing for All Ages Book 1

55 56 57 58 59 60

rit *mp*

61 62 63 64 65 66

67 68 69 70 71 72

73 74 75 76 77

mf

78 79 80 81 82

rit *p*

Dance 4: Soul Song

Choreography

Link to YouTube:

http://www.youtube.com/watch?v=841IToBWXqw&feature=share&list=PLMXzOm_ewb6lpLvdPcbiGTP-dx0ttjGIJ&index=4

Key Signature: 2/4

Introduction: 8 measures

Measures 1–8: Remain in place. Stand in circle holding hands facing outward from the center of the circle. Spread out to allow space for arms to stretch. After 2 measures of music, start arm movements, arms snaking on sides, elbows leading movement up and down, alternating arms.

Section 1

A. Measures 9–16: Arms snaking on sides, elbows leading movement up and down, alternating arms while doing step together 4 times to R side (2 measures each step) and staying connected.

B. Measures 17–24: Assign each dancer a number between 1 and 4. Release hands and turn 90 degrees to R so that R shoulder of each dancer is toward center of circle. Do a total of 4 windmill arms to R (2 measures each windmill). Dancers perform this movement in a canon toward the center of circle; each dancer in succession performs one windmill arms and holds still when it is not his/her turn to move. Finish in demi-plié, legs together.

C. Measures 9–16 (in music): Turn 90 degrees to R so that each dancer faces the center of circle. Holding hands, repeat A, moving to R.

D. Measures 17–24 (in music): Turn 90 degrees to R and do a total of 4 windmill arms to R in canon away from center of the circle (see B).

E. Measures 25–32: Turn 90 degrees to R to face outward from the center of the circle. Movement is done around large circle.

- Measure 25: Slide R leg to the R along floor into second position demi-plié. Keep torso upright while stretching and gradually raising arms to the front high diagonal, shaking the hands, palms flexed.
- Measure 26: Keep shaking hands while lowering the arms close to the body, straightening legs and closing L leg to R leg in toe stand.
- Measures 27–28: Repeat measures 25–28, traveling to R.
- Measures 29–32: Movement as in measures 25–28 but to opposite side (traveling to L).

F. Measures 33–40: Turn 90 degrees to R so that R shoulder of each dancer is toward center of circle. Movement is done around large circle.

- Measures 33–34: In one action, R lunge forward, head and torso leaning forward, back straight, in one line with L leg, which is stretched backward, toes touching floor. With L elbow leading, stretch L arm through développé in a half circle from behind the body to reach position in line with the torso and the L leg.
- Measures 35–36: As measures 33–34 but L lunge and développé with R arm.
- Measures 37–40: Repeat measures 33–36.

G. Measures 41–56:

- Measures 41–48: Turn 90 degrees to R to face center of circle. Take 4 long steps backward (2 measures for each step) starting on R and alternating legs while doing **one** slow reverse arm sequence (for duration of these measures).
- Measures 49–56: Take 4 long steps forward (2 measures for each step) as follows: Turning out R leg, step R on the diagonal forward in demi-plié and subsequently straighten R knee. Keep weight on R, L toes touching the floor behind the body. Rotating torso to R, impulse forward in L shoulder, L arm follows the impulse until crossing in front of the body in horizontal plane. R arm ends up low and behind the body at the end of rotation, elbow slightly bent. Head moves to R. Repeat 4 times alternating legs (R, L, R, L) (8 measures total, 2 measures per movement). Or as an option (in video), repeat movement of F moving toward center of circle.

H. Measures 57–72 and again 57–72 in music: Repeat section 1, but start doing step together facing into the circle with windmill arms moving into the circle, followed by step together facing out from the circle with windmill arms moving out from the circle.

- Measures 73–82: As a canon, turn 90 degrees to L, and crossing R arm low and close in front of body, reach R arm outward from circle and move R arm in frontal plane up and overhead to center of circle. Quickly meet the other dancers' hands touching in the center of the circle. Then each dancer stretches R arm as high as possible, shaking the hand. On the last note of the music, everyone falls away from the center of the circle to the ground.