

# Stepping Along

*Dancing for Fun*

Book 1

Andante

$\text{♩} = 108$

Mark L. Greathouse

Piano

*mf*

2 3 4

5 6 7 8

9 10 11 12

13 14 15 16

Dancing for Fun: Group Dancing for All Ages Book 1

17 18 19 20

21 22 23 24

25 26 27 28

29 30 31 32

33 34 35 36

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37 38 39 40

Measures 37-40 of a musical score in G major. Measure 37: Treble clef has a quarter note G, eighth note A, quarter note B, eighth note A, quarter note G; Bass clef has a half note G, half note B. Measure 38: Treble clef has a quarter note A, eighth note B, quarter note C, eighth note B, quarter note A; Bass clef has a half note G, half note B. Measure 39: Treble clef has a whole note G; Bass clef has a half note G, half note B. Measure 40: Treble clef has a whole note G; Bass clef has a half note G, half note B. A crescendo hairpin is placed over measures 39 and 40.

41 42 43 44

Measures 41-44 of a musical score in G major. Measure 41: Treble clef has a quarter note G, eighth note A, quarter note B, eighth note A, quarter note G; Bass clef has a half note G, half note B. Measure 42: Treble clef has a quarter note A, eighth note B, quarter note C, eighth note B, quarter note A; Bass clef has a half note G, half note B. Measure 43: Treble clef has a quarter note G, eighth note A, quarter note B, eighth note A, quarter note G; Bass clef has a half note G, half note B. Measure 44: Treble clef has a quarter note A, eighth note B, quarter note C, eighth note B, quarter note A; Bass clef has a half note G, half note B. A forte 'f' dynamic marking is placed at the beginning of measure 41.

45 46 47 48

Measures 45-48 of a musical score in G major. Measure 45: Treble clef has a quarter note G, eighth note A, quarter note B, eighth note A, quarter note G; Bass clef has a half note G, half note B. Measure 46: Treble clef has a quarter note A, eighth note B, quarter note C, eighth note B, quarter note A; Bass clef has a half note G, half note B. Measure 47: Treble clef has a quarter note G, eighth note A, quarter note B, eighth note A, quarter note G; Bass clef has a half note G, half note B. Measure 48: Treble clef has a quarter note A, eighth note B, quarter note C, eighth note B, quarter note A; Bass clef has a half note G, half note B.

49 50 51 52

Measures 49-52 of a musical score in G major. Measure 49: Treble clef has a quarter note G, eighth note A, quarter note B, eighth note A, quarter note G; Bass clef has a half note G, half note B. Measure 50: Treble clef has a quarter note A, eighth note B, quarter note C, eighth note B, quarter note A; Bass clef has a half note G, half note B. Measure 51: Treble clef has a quarter note G, eighth note A, quarter note B, eighth note A, quarter note G; Bass clef has a half note G, half note B. Measure 52: Treble clef has a quarter note A, eighth note B, quarter note C, eighth note B, quarter note A; Bass clef has a half note G, half note B.

53 54 55 56

Measures 53-56 of a musical score in G major. Measure 53: Treble clef has a quarter note G, eighth note A, quarter note B, eighth note A, quarter note G; Bass clef has a half note G, half note B. Measure 54: Treble clef has a quarter note A, eighth note B, quarter note C, eighth note B, quarter note A; Bass clef has a half note G, half note B. Measure 55: Treble clef has a quarter note G, eighth note A, quarter note B, eighth note A, quarter note G; Bass clef has a half note G, half note B. Measure 56: Treble clef has a quarter note A, eighth note B, quarter note C, eighth note B, quarter note A; Bass clef has a half note G, half note B. Accents are placed over the eighth notes in measures 55 and 56.

Dance 10: Stepping Along

Choreography

Link to YouTube:

[http://www.youtube.com/watch?v=7nCZzdNdVmc&list=PLMXzOm\\_ewb6lpLvdPcbiGTP-dx0ttjGIJ&feature=share&index=10](http://www.youtube.com/watch?v=7nCZzdNdVmc&list=PLMXzOm_ewb6lpLvdPcbiGTP-dx0ttjGIJ&feature=share&index=10)

Key Signature: 4/4

Introduction: 8 measures

Measures 1–8: Introduction. Start in a circle holding hands facing center of circle. During the introduction, stand still.

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Section A (Measures 1–8 of this section use music measures 1–8)

Measure 1:

- Counts 1–2: Turn 90 degrees to R still holding hands and step together with R front.
- Counts 3–4: Step R front.

Measure 2:

- Counts 1–2: Still holding hands, step together with L front.
- Counts 3–4: Step L front.

Measure 3: Turn 90 degrees to L to face center of circle and do modified grapevine step to R (step R, cross behind, step R, cross front).

Measure 4: Stepping forward R to the center of the circle, do half of pivot step on R (step R, turn 180 degrees L to face out of the circle, shift weight to L). During the turn, release the hands and grab them again at the end of the turn.

Measures 5–8: Repeat movement of preceding measures 1–4, now facing out of the circle. Movement is done to the R again.

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Measures 9–16 in music: Repeat section A (again facing in and then facing out).

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Section B

Measure 17:

- Counts 1–3: Three chaîné steps (R front, L with turn of 180 degrees to R, R back), moving toward center of circle, to finish facing out of circle. Hands on hips.
- Count 4: Demi-plié on R with left leg stretched forward, heel touching floor, foot flexed and torso leaning forward slightly.

Measure 18: Repeat measure 17 in opposite direction (turning to L, finish facing into circle).

Measure 19: Stepping on R, lift L leg in front parallel attitude, continue circular movement of L leg, knee leading from front to side in arc, finish lowering L leg to floor so that final stand is in second position.

Measure 20: Repeat measure 19 in opposite direction.

Measures 21–24: Repeat measures 17–20.

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Measures 17–24 in music: Repeat section B sequence.

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Section C (hands on hips throughout measures 25 and 26)

Measure 25:

- Counts 1–2: Turning 90 degrees to R so that L shoulder is facing center of circle, step together with R front.
- Counts 3–4: Step R front.

Measure 26:

- Counts 1–2: Step together with L front.
- Counts 3–4: Step L front.

### *Stepping Along Choreography*

Measure 27:

- Count 1: Turning 90 degrees to L to face center of circle, step on R in demi-plié and lift L leg in turned out front attitude.
- Count 2: Standing on R, hit inside of L ankle with R hand.
- Count 3: Continuing to stand on R, rotate L leg inward and hit the outside of L ankle with L hand.
- Count 4: finish lowering L leg to floor so that final stand is in second position.

Measure 28: Stepping L front, repeat measure 27 (ankle slaps) to the opposite side.

Measures 29–32: Repeat movement of preceding measures 25–28 in opposite direction to L, start with R shoulder toward center of circle.

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Measures 33–40: Repeat section C.

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### Section D

Measure 41:

- Counts 1–2: Turning 90 degrees to R with L shoulder into center of circle, put hands on the shoulders of dancer in front of you. Extending R leg straight low front, foot flexed, chassé on R forward.
- Counts 3–4: Repeat R chassé with flexed foot.

Measure 42:

- Counts 1–2: Repeat R chassé with flexed foot.
- Counts 3–4: Step forward L and hop on L with R leg bent in low passé with R foot touching L ankle.

Measure 43: Repeat measure 41 without initial turn.

Measure 44:

- Counts 1–2: Repeat R chassé with flexed foot.

*Stepping Along Choreography*

- Counts 3–4: Step forward L and do half of pivot step on L (step L, turn 180 degrees R to be with R shoulder into center of circle). Release hands from the shoulders during the turn and put them on the other neighbor's shoulders at the end of the turn.

Measures 45–48: Movement of preceding measures 41–44 to opposite direction. (Repeat to L, start with R shoulder toward center of circle.)

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Measures 49–56: Repeat section D.