Fall Calypso

Dancing For Fun Book 1







Dancing for Fun: Group Dancing for All Ages Book 1

Dance 6: Fall Calypso

Choreography

Link to YouTube:

http://www.youtube.com/watch?v=X2gvyjs0Qqw&list=PLMXzOm_ewb6lpLvdPcbiGTP-dx0ttjGIJ&feature=share&index=6

Key Signature: 2/4

Introduction: 3 chords not in music

Start in 2 staggered lines facing front, dancers' arm's length apart from each other. Arms are down at the sides of body; allow introduction to go by without movement.

Section A:

Measure 1:

- Count 1: Step forward diagonally on R heel, <u>presentational arms</u>.
- Count 2: Step forward diagonally on L heel, maintain <u>presentational arms.</u>
- Count 3: Step back R on toes, keeping feet same distance apart, put hands on hips.
- Count 4: Step back L on toes, maintain hands on hips, keep feet same distance apart.

Measures 2–4: Repeat movement of measure 1 three times.

Measure 5:

- Count 1–2: Cross R foot in front, turn 90 degrees L, R <u>demi-plié</u>, shifting weight to R. Arms <u>port</u> <u>de bras</u> from <u>first position</u>, head slightly down, <u>dorsal bend</u> forward.
- Count 3–4: Jump on R turning 180 degrees to R, L leg in low back <u>attitude</u> (bent leg behind). Arms open to low diagonal, head looking over L shoulder, dorsal bend backward.

Measures 6–8: Repeat movement of measure 5 three times alternating sides.

Measures 9–16: Repeat section A.

Measure 17:

- Counts 1–3: With <u>arms first position</u>, chaîné turns forward to R (step R, L, R), finishing in <u>demiplié</u> on R.
- Count 4: hold in demi-plié on R.

Measure 18: With arms down by sides, hop back 4 times alternating feet (L, R, L, R), finishing with L leg up forward low.

Measures 19–20: Repeat movement of measures 17–18 to opposite side.

Measures 21–24: Repeat movement of measures 17–20.

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Measure 25 (coda step):

- Counts 1–2: Reach backward on diagonal with R foot and shift weight onto the R into <u>demi-plié</u>, <u>dorsal bend</u> backward, arms raise to "V," palms facing out. L leg is in front in <u>attitude</u>.
- Counts 3–4: Step forward L into <u>demi-plié</u>, bending R leg behind L leg, R toes touching floor, arms down at sides of body, head slightly down, <u>dorsal bend</u> forward.

Measure 26:

- Count 1: Turning 135 degrees to R, step on R, arms down at sides of body.
- Count 2: Balance on R with L leg in parallel front <u>attitude</u>, keep arms down.
- Count 3: Hold shape of legs and clap in front.
- Count 4: Hold whole shape of arms and legs and turn head to look over L
- shoulder

Measure 27:

- Counts 1–2: Step L side with L <u>side body wave</u>. Keeping weight on L leg, bend R leg beside L leg, R toes touching floor, arms down at sides of body.
- Counts 3–4: Repeat counts 1–2 to opposite side.

Measures 28–29: Turning 180 degrees to L, repeat measures 26–27 to opposite side.

Measures 30–33: Repeat measures 26–29, moving upstage (away from audience).

Measure 34: Turn to face forward toward audience, legs together, arms down.

Measures 35–50: Repeat movement of section A twice.

Measure 51: Repeat movement of measure 25.