

SOFREH AGHD

Sogand Talebpour & Thomas Bouldin

Mirror:
The couple's reflection is a symbol of eternity together. It brings light and brightness into their future.

Candles:
The fire and light represent energy & clarity for the newlyweds future.

Sugar Cones:
Ground Grinded over the couple's head; symbolically showering the couple in sweetness.

Honey:
Signifies a sweet union; it's consumed as the ceremony is concluded to ensure a sweet life together.

Hazelnuts, Walnuts, Almonds & Wheat:
Represents fertility & an abundant life together.

Book of significance:
symbolizes knowledge and inspiration; we chose 14th century poems by Hafez expressing love and spirituality.

latbread:
Signifies feasts in the couple's home. It is served with feta cheese & herbs after the ceremony to share the couple's happiness and prosperity with the guests.

Wild Rue:
an herb that is burned in the coal brazier for purification and spiritual protection.

Fruit:
often pomegranates or apples representing a joyous and fruitful future.

Rock candy:
symbolizes a sweetened life for the newlyweds.

Eggs:
Represents fertility and new beginnings.

Sweets & Pastries:
Symbolizes the sweetness of life.

