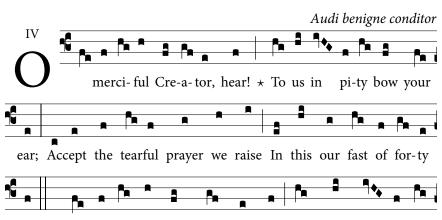
3RD SUNDAY OF LENT (YEAR A) SECOND VESPERS



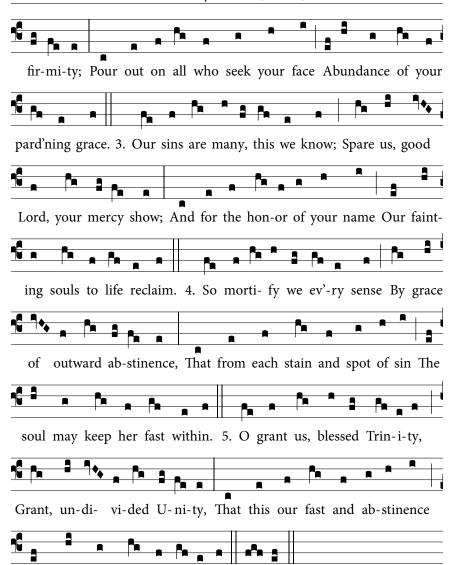
per, et in sécu-la secu-ló-rum. Amen.

God, come to my assistance. R. Lord, make haste to help me. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, unto the age of ages. Amen.

Hymnus



days. 2. The secrets of each heart you see, You know all our in-



May bring the fruits of pen-itence. A-men.

ANTIPHONA

Cf. Ps 78:9; Sap 12:19 [AR]



tu-um et da no-bis lo-cum pæ-ni- ténti-æ.



O Lord, almighty King, free us on account of your name, and give to us a place of penitence.

PSALM 109

The Lord's revelation to my Master: †

"Sit on my right: *

your foes I will put beneath your feet."

The Lord will wield from Zion †

your scepter of power: *

rule in the midst of all your foes.

A prince from the day of your birth †

on the holy mountains; *

from the womb before the dawn I begot you.

The Lord has sworn an oath he will not change. †

"You are a priest for ever, *

a priest like Melchizedek of old."

The Master standing at your right hand *

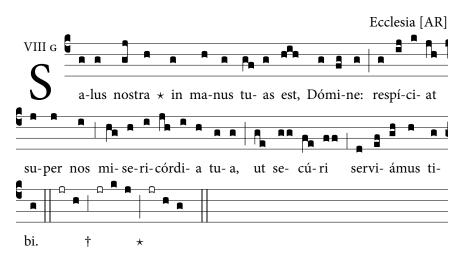
will shatter kings in the day of his great wrath.

He shall drink from the stream by the wayside *

and therefore he shall lift up his head.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

ANTIPHONA



There is one God, whom we worship, who has made the whole world out of nothing: heaven and earth and everything that is in them.

PSALM 110

I will thank the Lord with all my heart ★
in the meeting of the just and their assembly.

Great are the works of the Lord, ★
to be pondered by all who love them.

Majestic and glorious his work, ★
his justice stands firm for ever.

He makes us remember his wonders. ★
The Lord is compassion and love.

He gives food to those who fear him; ★
keeps his covenant ever in mind.

He has shown his might to his people ★

by giving them the lands of the nations.

- His works are justice and truth, \star his precepts are all of them sure,
- standing firm for ever <u>and</u> ever; * they are made in uprightness and truth.
- He has sent deliverance to his <u>people</u> † and established his covenant <u>for</u> ever. * Holy his name, to be feared.
- To fear the Lord is the first stage of wisdom; † all who do so prove themselves wise. *
 His praise shall last for ever!
- Glory to the Father, and to the Son, \star and to the Holy Spirit:
- as it was in the beginning, <u>is</u> now, * and will be for ever. Amen.

Antiphona



God did not spare his only Son, but handed him over for us all.

1 PETR 2:21-24

Christ suffered for you, † and left you an example ★ to have you follow in his footsteps. He did no wrong; ★ no deceit was found in his mouth. When he was insulted, * he returned no insult. When he was made to suffer, * he did not counter with threats. Instead he delivered himself up ★ to the One who judges justly. In his own body ★ he brought your sins to the cross, so that all of us, dead to sin, † could live in accord with God's will. \star By his wounds you were healed. Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

LECTIO BREVIS

1 Cor 9:24-25

hile all the runners in the stadium take part in the race, the award goes to one man. In that case, run so as to win! Athletes deny themselves all sorts of things. They do this to win a crown of leaves that withers, but we a crown that is imperishable.