

## INTRODUCTION

**O** Sacred Banquet, in which Christ becomes our food, the memory of his passion is celebrated, the soul is lled with grace, and the pledge of future glory is given to us.

*℣.* You gave them bread from heaven.

*℟.* Containing every blessing.

**L**et us pray. O God, who in this wonderful sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Through Christ our Lord.

*℟.* Amen.

*Stand*

**O** God, come to my as-sistance. *℟.* O Lord, make haste to

help me. Glory to the Father, and to the Son, and to the Ho-ly Spir-

it: as it was in the beginning, is now, and will be forev-er. Amen.

Al-le-lu-ia.

## EXAMINATION OF CONSCIENCE

*Kneel*

**I** confess to Almighty God, to Blessed Mary ever virgin, to Blessed Dominic, our Father, to all the saints, and to you my brothers (and sisters), that I have sinned through my own fault; in my thoughts and in my words, in what I have done and in what I have failed to do. I beseech you to pray for me.

*℣.* May Almighty God have mercy on us, forgive us our sins, keep us safe and strengthen us in every good work, and bring us to everlasting life.

*℟.* Amen.