

Characteristic	N	Overall N = 100 <sup>1</sup>	College N = 8 <sup>1</sup>	Elementary School N = 15 <sup>1</sup>	Graduate N = 10 <sup>1</sup>	High School N = 15 <sup>1</sup>	Kindergarten N = 14 <sup>1</sup>	Middle School N = 13 <sup>1</sup>	Post- Grad N = 12 <sup>1</sup>	Pre School N = 13 <sup>1</sup>
id	100	51 (29)	66 (30)	47 (30)	62 (26)	46 (27)	51 (28)	60 (32)	55 (25)	28 (25)
Age (years)	100	53 (20)	45 (8)	64 (20)	54 (22)	47 (18)	52 (20)	55 (19)	51 (20)	49 (22)
sex	100									
Female		50 (50%)	2 (25%)	9 (60%)	5 (50%)	7 (47%)	8 (57%)	6 (46%)	6 (50%)	7 (54%)
Male		50 (50%)	6 (75%)	6 (40%)	5 (50%)	8 (53%)	6 (43%)	7 (54%)	6 (50%)	6 (46%)
race	100									
Asian		16 (16%)	0 (0%)	5 (33%)	1 (10%)	2 (13%)	4 (29%)	0 (0%)	2 (17%)	2 (15%)
Black		27 (27%)	4 (50%)	4 (27%)	4 (40%)	5 (33%)	0 (0%)	4 (31%)	1 (8.3%)	5 (38%)
Hispanic		17 (17%)	2 (25%)	2 (13%)	3 (30%)	2 (13%)	0 (0%)	4 (31%)	4 (33%)	0 (0%)
White		40 (40%)	2 (25%)	4 (27%)	2 (20%)	6 (40%)	10 (71%)	5 (38%)	5 (42%)	6 (46%)
BMI	100	26.2 (4.9)	25.2 (5.2)	25.7 (4.4)	28.5 (5.1)	25.4 (5.3)	25.8 (4.3)	26.9 (4.6)	27.7 (5.6)	24.6 (5.1)
Smoking Status	100									
Current		39 (39%)	5 (63%)	6 (40%)	4 (40%)	6 (40%)	3 (21%)	7 (54%)	5 (42%)	3 (23%)
Former		37 (37%)	3 (38%)	3 (20%)	3 (30%)	5 (33%)	9 (64%)	3 (23%)	3 (25%)	8 (62%)
Never		24 (24%)	0 (0%)	6 (40%)	3 (30%)	4 (27%)	2 (14%)	3 (23%)	4 (33%)	2 (15%)
Diabetes	100	49 (49%)	6 (75%)	8 (53%)	4 (40%)	6 (40%)	10 (71%)	4 (31%)	8 (67%)	3 (23%)
Hypertension	100	53 (53%)	2 (25%)	9 (60%)	5 (50%)	7 (47%)	7 (50%)	8 (62%)	8 (67%)	7 (54%)
Heart Disease	100	51 (51%)	6 (75%)	11 (73%)	9 (90%)	8 (53%)	3 (21%)	5 (38%)	3 (25%)	6 (46%)
Cancer	100	50 (50%)	2 (25%)	10 (67%)	3 (30%)	8 (53%)	8 (57%)	7 (54%)	5 (42%)	7 (54%)
Cholesterol	100									
High		47 (47%)	2 (25%)	8 (53%)	5 (50%)	9 (60%)	7 (50%)	4 (31%)	8 (67%)	4 (31%)
Normal		53 (53%)	6 (75%)	7 (47%)	5 (50%)	6 (40%)	7 (50%)	9 (69%)	4 (33%)	9 (69%)

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Exercise Frequency (days/week)	100									
0		13 (13%)	0 (0%)	4 (27%)	1 (10%)	2 (13%)	2 (14%)	0 (0%)	1 (8.3%)	3 (23%)
1		8 (8.0%)	0 (0%)	1 (6.7%)	1 (10%)	3 (20%)	0 (0%)	2 (15%)	1 (8.3%)	0 (0%)
2		10 (10%)	0 (0%)	1 (6.7%)	4 (40%)	1 (6.7%)	1 (7.1%)	1 (7.7%)	2 (17%)	0 (0%)
3		13 (13%)	0 (0%)	3 (20%)	0 (0%)	0 (0%)	2 (14%)	4 (31%)	1 (8.3%)	3 (23%)
4		15 (15%)	3 (38%)	0 (0%)	2 (20%)	1 (6.7%)	5 (36%)	1 (7.7%)	3 (25%)	0 (0%)
5		12 (12%)	3 (38%)	1 (6.7%)	1 (10%)	2 (13%)	0 (0%)	0 (0%)	2 (17%)	3 (23%)
6		10 (10%)	1 (13%)	2 (13%)	1 (10%)	2 (13%)	0 (0%)	2 (15%)	2 (17%)	0 (0%)
7		19 (19%)	1 (13%)	3 (20%)	0 (0%)	4 (27%)	4 (29%)	3 (23%)	0 (0%)	4 (31%)
Alcohol Intake	100									
High		21 (21%)	2 (25%)	3 (20%)	2 (20%)	1 (6.7%)	7 (50%)	4 (31%)	2 (17%)	0 (0%)
Low		29 (29%)	3 (38%)	3 (20%)	3 (30%)	6 (40%)	2 (14%)	2 (15%)	5 (42%)	5 (38%)
Moderate		25 (25%)	2 (25%)	4 (27%)	3 (30%)	5 (33%)	3 (21%)	2 (15%)	2 (17%)	4 (31%)
None		25 (25%)	1 (13%)	5 (33%)	2 (20%)	3 (20%)	2 (14%)	5 (38%)	3 (25%)	4 (31%)
Family History	100	57 (57%)	3 (38%)	10 (67%)	6 (60%)	6 (40%)	7 (50%)	10 (77%)	6 (50%)	9 (69%)
Marital Status	100									
Divorced		34 (34%)	5 (63%)	3 (20%)	5 (50%)	6 (40%)	2 (14%)	5 (38%)	6 (50%)	2 (15%)
Married		38 (38%)	2 (25%)	5 (33%)	3 (30%)	7 (47%)	8 (57%)	3 (23%)	3 (25%)	7 (54%)
Single		28 (28%)	1 (13%)	7 (47%)	2 (20%)	2 (13%)	4 (29%)	5 (38%)	3 (25%)	4 (31%)
Employment Status	100									
Employed		37 (37%)	2 (25%)	3 (20%)	2 (20%)	9 (60%)	7 (50%)	6 (46%)	4 (33%)	4 (31%)

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Retired		35 (35%)	5 (63%)	3 (20%)	4 (40%)	3 (20%)	5 (36%)	5 (38%)	5 (42%)	5 (38%)
Unemployed		28 (28%)	1 (13%)	9 (60%)	4 (40%)	3 (20%)	2 (14%)	2 (15%)	3 (25%)	4 (31%)
Region	100									
East		20 (20%)	2 (25%)	3 (20%)	1 (10%)	4 (27%)	2 (14%)	2 (15%)	4 (33%)	2 (15%)
North		29 (29%)	3 (38%)	3 (20%)	3 (30%)	5 (33%)	5 (36%)	4 (31%)	4 (33%)	2 (15%)
South		23 (23%)	0 (0%)	4 (27%)	2 (20%)	1 (6.7%)	4 (29%)	4 (31%)	1 (8.3%)	7 (54%)
West		28 (28%)	3 (38%)	5 (33%)	4 (40%)	5 (33%)	3 (21%)	3 (23%)	3 (25%)	2 (15%)
Health Insurance	100	54 (54%)	5 (63%)	9 (60%)	4 (40%)	6 (40%)	7 (50%)	5 (38%)	9 (75%)	9 (69%)
On Medication	100	53 (53%)	5 (63%)	9 (60%)	5 (50%)	7 (47%)	6 (43%)	7 (54%)	7 (58%)	7 (54%)
Visits Last Year	100	5 (3)	6 (3)	6 (3)	6 (4)	6 (3)	5 (3)	6 (3)	5 (3)	5 (3)
Health Satisfaction (1-5)	100									
1		24 (24%)	3 (38%)	5 (33%)	1 (10%)	3 (20%)	2 (14%)	5 (38%)	3 (25%)	2 (15%)
2		21 (21%)	2 (25%)	2 (13%)	3 (30%)	3 (20%)	7 (50%)	2 (15%)	1 (8.3%)	1 (7.7%)
3		19 (19%)	1 (13%)	2 (13%)	2 (20%)	3 (20%)	2 (14%)	2 (15%)	3 (25%)	4 (31%)
4		22 (22%)	0 (0%)	2 (13%)	2 (20%)	5 (33%)	2 (14%)	3 (23%)	3 (25%)	5 (38%)
5		14 (14%)	2 (25%)	4 (27%)	2 (20%)	1 (6.7%)	1 (7.1%)	1 (7.7%)	2 (17%)	1 (7.7%)

<sup>1</sup>Mean (SD); n (%)