Characteristic	N	**Female** N = 50[1]	**Male** N = 50[1]
id	100	46 (29)	55 (29)
Age (years)	100	54 (21)	52 (19)
race	100		
Asian		9 (18%)	7 (14%)
Black		13 (26%)	14 (28%)
Hispanic		9 (18%)	8 (16%)
White		19 (38%)	21 (42%)
BMI	100	25.9 (4.7)	26.4 (5.1)
Smoking Status	100		
Current		23 (46%)	16 (32%)
Former		15 (30%)	22 (44%)
Never		12 (24%)	12 (24%)
Diabetes	100	26 (52%)	23 (46%)
Hypertension	100	29 (58%)	24 (48%)
Heart Disease	100	20 (40%)	31 (62%)
Cancer	100	32 (64%)	18 (36%)
Cholesterol	100		
High		21 (42%)	26 (52%)
Normal		29 (58%)	24 (48%)
Exercise Frequency (days/week)	100		
0		9 (18%)	4 (8.0%)
1		5 (10%)	3 (6.0%)
2		5 (10%)	5 (10%)
3		6 (12%)	7 (14%)
4		7 (14%)	8 (16%)
5		3 (6.0%)	9 (18%)
6		5 (10%)	5 (10%)
7		10 (20%)	9 (18%)
Alcohol Intake	100		
High		12 (24%)	9 (18%)
Low		12 (24%)	17 (34%)
Moderate		11 (22%)	14 (28%)
None		15 (30%)	10 (20%)
Family History	100	34 (68%)	23 (46%)
Education Level	100		
College		17 (34%)	18 (36%)
Graduate		13 (26%)	17 (34%)
High School		20 (40%)	15 (30%)
Marital Status	100		
Divorced		17 (34%)	21 (42%)
Married		14 (28%)	16 (32%)
Single		19 (38%)	13 (26%)
Employment Status	100		
Employed		16 (32%)	18 (36%)
Retired		19 (38%)	14 (28%)
Unemployed	1	15 (30%)	18 (36%)
Region	100		
East		11 (22%)	9 (18%)
North		12 (24%)	22 (44%)