| **Characteristic** | **N** | **Overall** N = 100*1* | **College** N = 8*1* | **Elementary School** N = 15*1* | **Graduate** N = 10*1* | **High School** N = 15*1* | **Kindergarten** N = 14*1* | **Middle School** N = 13*1* | **Post-Grad** N = 12*1* | **Pre School** N = 13*1* |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| id | 100 | 51 (29) | 66 (30) | 47 (30) | 62 (26) | 46 (27) | 51 (28) | 60 (32) | 55 (25) | 28 (25) |
| Age (years) | 100 | 53 (20) | 45 (8) | 64 (20) | 54 (22) | 47 (18) | 52 (20) | 55 (19) | 51 (20) | 49 (22) |
| sex | 100 |  |  |  |  |  |  |  |  |  |
| Female |  | 50 (50%) | 2 (25%) | 9 (60%) | 5 (50%) | 7 (47%) | 8 (57%) | 6 (46%) | 6 (50%) | 7 (54%) |
| Male |  | 50 (50%) | 6 (75%) | 6 (40%) | 5 (50%) | 8 (53%) | 6 (43%) | 7 (54%) | 6 (50%) | 6 (46%) |
| race | 100 |  |  |  |  |  |  |  |  |  |
| Asian |  | 16 (16%) | 0 (0%) | 5 (33%) | 1 (10%) | 2 (13%) | 4 (29%) | 0 (0%) | 2 (17%) | 2 (15%) |
| Black |  | 27 (27%) | 4 (50%) | 4 (27%) | 4 (40%) | 5 (33%) | 0 (0%) | 4 (31%) | 1 (8.3%) | 5 (38%) |
| Hispanic |  | 17 (17%) | 2 (25%) | 2 (13%) | 3 (30%) | 2 (13%) | 0 (0%) | 4 (31%) | 4 (33%) | 0 (0%) |
| White |  | 40 (40%) | 2 (25%) | 4 (27%) | 2 (20%) | 6 (40%) | 10 (71%) | 5 (38%) | 5 (42%) | 6 (46%) |
| BMI | 100 | 26.2 (4.9) | 25.2 (5.2) | 25.7 (4.4) | 28.5 (5.1) | 25.4 (5.3) | 25.8 (4.3) | 26.9 (4.6) | 27.7 (5.6) | 24.6 (5.1) |
| Smoking Status | 100 |  |  |  |  |  |  |  |  |  |
| Current |  | 39 (39%) | 5 (63%) | 6 (40%) | 4 (40%) | 6 (40%) | 3 (21%) | 7 (54%) | 5 (42%) | 3 (23%) |
| Former |  | 37 (37%) | 3 (38%) | 3 (20%) | 3 (30%) | 5 (33%) | 9 (64%) | 3 (23%) | 3 (25%) | 8 (62%) |
| Never |  | 24 (24%) | 0 (0%) | 6 (40%) | 3 (30%) | 4 (27%) | 2 (14%) | 3 (23%) | 4 (33%) | 2 (15%) |
| Diabetes | 100 | 49 (49%) | 6 (75%) | 8 (53%) | 4 (40%) | 6 (40%) | 10 (71%) | 4 (31%) | 8 (67%) | 3 (23%) |
| Hypertension | 100 | 53 (53%) | 2 (25%) | 9 (60%) | 5 (50%) | 7 (47%) | 7 (50%) | 8 (62%) | 8 (67%) | 7 (54%) |
| Heart Disease | 100 | 51 (51%) | 6 (75%) | 11 (73%) | 9 (90%) | 8 (53%) | 3 (21%) | 5 (38%) | 3 (25%) | 6 (46%) |
| Cancer | 100 | 50 (50%) | 2 (25%) | 10 (67%) | 3 (30%) | 8 (53%) | 8 (57%) | 7 (54%) | 5 (42%) | 7 (54%) |
| Cholesterol | 100 |  |  |  |  |  |  |  |  |  |
| High |  | 47 (47%) | 2 (25%) | 8 (53%) | 5 (50%) | 9 (60%) | 7 (50%) | 4 (31%) | 8 (67%) | 4 (31%) |
| Normal |  | 53 (53%) | 6 (75%) | 7 (47%) | 5 (50%) | 6 (40%) | 7 (50%) | 9 (69%) | 4 (33%) | 9 (69%) |
| Exercise Frequency (days/week) | 100 |  |  |  |  |  |  |  |  |  |
| 0 |  | 13 (13%) | 0 (0%) | 4 (27%) | 1 (10%) | 2 (13%) | 2 (14%) | 0 (0%) | 1 (8.3%) | 3 (23%) |
| 1 |  | 8 (8.0%) | 0 (0%) | 1 (6.7%) | 1 (10%) | 3 (20%) | 0 (0%) | 2 (15%) | 1 (8.3%) | 0 (0%) |
| 2 |  | 10 (10%) | 0 (0%) | 1 (6.7%) | 4 (40%) | 1 (6.7%) | 1 (7.1%) | 1 (7.7%) | 2 (17%) | 0 (0%) |
| 3 |  | 13 (13%) | 0 (0%) | 3 (20%) | 0 (0%) | 0 (0%) | 2 (14%) | 4 (31%) | 1 (8.3%) | 3 (23%) |
| 4 |  | 15 (15%) | 3 (38%) | 0 (0%) | 2 (20%) | 1 (6.7%) | 5 (36%) | 1 (7.7%) | 3 (25%) | 0 (0%) |
| 5 |  | 12 (12%) | 3 (38%) | 1 (6.7%) | 1 (10%) | 2 (13%) | 0 (0%) | 0 (0%) | 2 (17%) | 3 (23%) |
| 6 |  | 10 (10%) | 1 (13%) | 2 (13%) | 1 (10%) | 2 (13%) | 0 (0%) | 2 (15%) | 2 (17%) | 0 (0%) |
| 7 |  | 19 (19%) | 1 (13%) | 3 (20%) | 0 (0%) | 4 (27%) | 4 (29%) | 3 (23%) | 0 (0%) | 4 (31%) |
| Alcohol Intake | 100 |  |  |  |  |  |  |  |  |  |
| High |  | 21 (21%) | 2 (25%) | 3 (20%) | 2 (20%) | 1 (6.7%) | 7 (50%) | 4 (31%) | 2 (17%) | 0 (0%) |
| Low |  | 29 (29%) | 3 (38%) | 3 (20%) | 3 (30%) | 6 (40%) | 2 (14%) | 2 (15%) | 5 (42%) | 5 (38%) |
| Moderate |  | 25 (25%) | 2 (25%) | 4 (27%) | 3 (30%) | 5 (33%) | 3 (21%) | 2 (15%) | 2 (17%) | 4 (31%) |
| None |  | 25 (25%) | 1 (13%) | 5 (33%) | 2 (20%) | 3 (20%) | 2 (14%) | 5 (38%) | 3 (25%) | 4 (31%) |
| Family History | 100 | 57 (57%) | 3 (38%) | 10 (67%) | 6 (60%) | 6 (40%) | 7 (50%) | 10 (77%) | 6 (50%) | 9 (69%) |
| Marital Status | 100 |  |  |  |  |  |  |  |  |  |
| Divorced |  | 34 (34%) | 5 (63%) | 3 (20%) | 5 (50%) | 6 (40%) | 2 (14%) | 5 (38%) | 6 (50%) | 2 (15%) |
| Married |  | 38 (38%) | 2 (25%) | 5 (33%) | 3 (30%) | 7 (47%) | 8 (57%) | 3 (23%) | 3 (25%) | 7 (54%) |
| Single |  | 28 (28%) | 1 (13%) | 7 (47%) | 2 (20%) | 2 (13%) | 4 (29%) | 5 (38%) | 3 (25%) | 4 (31%) |
| Employment Status | 100 |  |  |  |  |  |  |  |  |  |
| Employed |  | 37 (37%) | 2 (25%) | 3 (20%) | 2 (20%) | 9 (60%) | 7 (50%) | 6 (46%) | 4 (33%) | 4 (31%) |
| Retired |  | 35 (35%) | 5 (63%) | 3 (20%) | 4 (40%) | 3 (20%) | 5 (36%) | 5 (38%) | 5 (42%) | 5 (38%) |
| Unemployed |  | 28 (28%) | 1 (13%) | 9 (60%) | 4 (40%) | 3 (20%) | 2 (14%) | 2 (15%) | 3 (25%) | 4 (31%) |
| Region | 100 |  |  |  |  |  |  |  |  |  |
| East |  | 20 (20%) | 2 (25%) | 3 (20%) | 1 (10%) | 4 (27%) | 2 (14%) | 2 (15%) | 4 (33%) | 2 (15%) |
| North |  | 29 (29%) | 3 (38%) | 3 (20%) | 3 (30%) | 5 (33%) | 5 (36%) | 4 (31%) | 4 (33%) | 2 (15%) |
| South |  | 23 (23%) | 0 (0%) | 4 (27%) | 2 (20%) | 1 (6.7%) | 4 (29%) | 4 (31%) | 1 (8.3%) | 7 (54%) |
| West |  | 28 (28%) | 3 (38%) | 5 (33%) | 4 (40%) | 5 (33%) | 3 (21%) | 3 (23%) | 3 (25%) | 2 (15%) |
| Health Insurance | 100 | 54 (54%) | 5 (63%) | 9 (60%) | 4 (40%) | 6 (40%) | 7 (50%) | 5 (38%) | 9 (75%) | 9 (69%) |
| On Medication | 100 | 53 (53%) | 5 (63%) | 9 (60%) | 5 (50%) | 7 (47%) | 6 (43%) | 7 (54%) | 7 (58%) | 7 (54%) |
| Visits Last Year | 100 | 5 (3) | 6 (3) | 6 (3) | 6 (4) | 6 (3) | 5 (3) | 6 (3) | 5 (3) | 5 (3) |
| Health Satisfaction (1-5) | 100 |  |  |  |  |  |  |  |  |  |
| 1 |  | 24 (24%) | 3 (38%) | 5 (33%) | 1 (10%) | 3 (20%) | 2 (14%) | 5 (38%) | 3 (25%) | 2 (15%) |
| 2 |  | 21 (21%) | 2 (25%) | 2 (13%) | 3 (30%) | 3 (20%) | 7 (50%) | 2 (15%) | 1 (8.3%) | 1 (7.7%) |
| 3 |  | 19 (19%) | 1 (13%) | 2 (13%) | 2 (20%) | 3 (20%) | 2 (14%) | 2 (15%) | 3 (25%) | 4 (31%) |
| 4 |  | 22 (22%) | 0 (0%) | 2 (13%) | 2 (20%) | 5 (33%) | 2 (14%) | 3 (23%) | 3 (25%) | 5 (38%) |
| 5 |  | 14 (14%) | 2 (25%) | 4 (27%) | 2 (20%) | 1 (6.7%) | 1 (7.1%) | 1 (7.7%) | 2 (17%) | 1 (7.7%) |
| *1*Mean (SD); n (%) | | | | | | | | | | |