| **Characteristic** | **N** | **Female** N = 50*1* | **Male** N = 50*1* |
| --- | --- | --- | --- |
| id | 100 | 46 (29) | 55 (29) |
| Age (years) | 100 | 54 (21) | 52 (19) |
| race | 100 |  |  |
| Asian |  | 9 (18%) | 7 (14%) |
| Black |  | 13 (26%) | 14 (28%) |
| Hispanic |  | 9 (18%) | 8 (16%) |
| White |  | 19 (38%) | 21 (42%) |
| BMI | 100 | 25.9 (4.7) | 26.4 (5.1) |
| Smoking Status | 100 |  |  |
| Current |  | 23 (46%) | 16 (32%) |
| Former |  | 15 (30%) | 22 (44%) |
| Never |  | 12 (24%) | 12 (24%) |
| Diabetes | 100 | 26 (52%) | 23 (46%) |
| Hypertension | 100 | 29 (58%) | 24 (48%) |
| Heart Disease | 100 | 20 (40%) | 31 (62%) |
| Cancer | 100 | 32 (64%) | 18 (36%) |
| Cholesterol | 100 |  |  |
| High |  | 21 (42%) | 26 (52%) |
| Normal |  | 29 (58%) | 24 (48%) |
| Exercise Frequency (days/week) | 100 |  |  |
| 0 |  | 9 (18%) | 4 (8.0%) |
| 1 |  | 5 (10%) | 3 (6.0%) |
| 2 |  | 5 (10%) | 5 (10%) |
| 3 |  | 6 (12%) | 7 (14%) |
| 4 |  | 7 (14%) | 8 (16%) |
| 5 |  | 3 (6.0%) | 9 (18%) |
| 6 |  | 5 (10%) | 5 (10%) |
| 7 |  | 10 (20%) | 9 (18%) |
| Alcohol Intake | 100 |  |  |
| High |  | 12 (24%) | 9 (18%) |
| Low |  | 12 (24%) | 17 (34%) |
| Moderate |  | 11 (22%) | 14 (28%) |
| None |  | 15 (30%) | 10 (20%) |
| Family History | 100 | 34 (68%) | 23 (46%) |
| Education Level | 100 |  |  |
| College |  | 17 (34%) | 18 (36%) |
| Graduate |  | 13 (26%) | 17 (34%) |
| High School |  | 20 (40%) | 15 (30%) |
| Marital Status | 100 |  |  |
| Divorced |  | 17 (34%) | 21 (42%) |
| Married |  | 14 (28%) | 16 (32%) |
| Single |  | 19 (38%) | 13 (26%) |
| Employment Status | 100 |  |  |
| Employed |  | 16 (32%) | 18 (36%) |
| Retired |  | 19 (38%) | 14 (28%) |
| Unemployed |  | 15 (30%) | 18 (36%) |
| Region | 100 |  |  |
| East |  | 11 (22%) | 9 (18%) |
| North |  | 12 (24%) | 22 (44%) |
| South |  | 12 (24%) | 12 (24%) |
| West |  | 15 (30%) | 7 (14%) |
| Health Insurance | 100 | 26 (52%) | 25 (50%) |
| On Medication | 100 | 27 (54%) | 24 (48%) |
| Visits Last Year | 100 | 5 (3) | 5 (3) |
| Health Satisfaction (1-5) | 100 |  |  |
| 1 |  | 11 (22%) | 18 (36%) |
| 2 |  | 13 (26%) | 8 (16%) |
| 3 |  | 11 (22%) | 8 (16%) |
| 4 |  | 10 (20%) | 9 (18%) |
| 5 |  | 5 (10%) | 7 (14%) |
| *1*Mean (SD); n (%) | | | |