

Empty / Full:Lucere Align

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Learning Experience: "Fill It Up!" / "Let It Go!"

A joint-action routine using real containers, water, and active participation to help the student **notice**, **compare**, and **enjoy** the states of empty and full — as dynamic, not fixed.



Materials

- 2–3 containers: **clear**, varied sizes (e.g. large cup, small bowl, wide tub)
 - Water source: small pitcher or scoopable bin
 - Dump zone: a tub or sink for emptying
 - Optional: colored water or bubbles for visibility
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Core Structure (4–6 min loops)

Each loop contains 3 co-regulated parts:

1. Choose + Scoop



Adult says: "Let's fill it up!" 🖐️ 👁️

➤ Student picks a container and pours in water (scoop or pour)


🔄 If it spills or overflows: calmly model noticing ("Too full!" 💧) and offer towel, dump zone


2. Check + Show

Adult offers two clear options with gesture:

- “Is it *empty*  or *full* ?”
- Use exaggerated tone, facial expression, and physical contrast (lift up empty vs. heavy full)
 - Student can **gesture**, **tap**, or **move** toward preferred container




3. Dump + Watch

Adult says: “Let it go!” 

- Student pours out contents into a dumping tub
- Adult mirrors: “Now it’s EMPTY!” (shake container upside-down)
-  Celebrate the visible change and invite next round

Extend the Contrast (When Ready)

To deepen recognition:

-  **Stack order:** Line up containers from empty → full. Let the student knock them down in reverse!
-  **Fill goal:** “Can we fill to the *top*?” Use a hand gesture to show stopping point.
-  **Trap play:** One container has a hole — always becomes empty again! Laugh together at the “mystery.”

Teaching Notes

What to Emphasize:

- **Big gestures**, simple choices
- **Sound + splash + weight** as feedback
- Focus on **contrast**: “This one is full... this one is EMPTY!”

Avoid:

- Explaining halfway states (e.g. “half-full”)

- Using only verbal labels or static photos
- Treating “full” or “empty” as emotional cues

💬 **Adult Language Example:**

- “Wow! Look at it now — it’s SO FULL!”
- “Oh no, it’s empty again! Want to fill it up?”
- “You did that! You made it full!”

🤝 **Co-Regulation & Safety**

- Stay within **predictable, success-first loops**
 - Narrate *without correcting* — especially when spills happen
 - Let the student feel **power and control** over the transformation
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AI Prompt Template (eg. in OpenAI - response results may vary):

I am supporting a student in a special education setting.
They learn best through individualized structure, physical interaction, and relational safety.

I want to introduce or explore a learning idea — not as abstract content, but as something
experienced, noticed, and made meaningful by the student.

The concept I’d like to explore is:

- [x] helping the student experience and identify ***“empty” and “full”** as observable and
changing states — not fixed labels or emotional cues

Student Learning Profile

how_the_student_receives_information:

- [x] learns best with real-world objects and materials — not photos
- [x] responds to visible change in space or movement
- [x] struggles to track gradual change (e.g. filling process)

how_the_student_expresses_understanding:

- [x] gestures or moves objects to indicate preference or confusion
- [x] empties and refills containers repeatedly without clear signaling
- [x] shows preference for one state (e.g. avoids full cups)

movement_and_physical_support:

- [x] prefers large motor tasks — scooping, pouring, dumping
- [x] struggles with precision — may overfill or knock over

abstract_thinking_and_symbols:

- [x] interprets “full” as emotional — not spatial
- [x] confused by partial states (e.g. half-full ≠ half-empty)
- [x] treats “empty” as irrelevant or incomplete
- [x] does not generalize from one set of containers to another

learning_rhythm_and_energy:

- [x] works in 4–6 minute loops with high movement
- [x] needs constant feedback from materials (e.g. pouring → splash → refill)
- [x] escalates if outcome feels unreachable (e.g. overflows)

response_time:

- [x] explores with action first — recognition comes later
- [x] pauses mid-action to reassess only when co-regulated
- [x] repeats known successful actions without variation

emotional_and_social_support:

- [x] reacts strongly to perceived “wrong” (e.g. too full, too empty)
- [x] uses adult cues to feel safe experimenting with overflow or absence
- [x] connects best in joint action, not observation

Language: English

Tone: Supportive, clear, classroom-aware.

Use appropriate Emojis for visual harmony while reading.

