

College Note Taking

Another Academic Success Key!



[Rules of the Brain – Incoming Information]

- Builds on Prior Knowledge
- Seeks Patterns
- Seeks Meaning
- Seeks to Condense
- Seeks to Order/Organize

**Indicates you must DO (active learning)
something with your notes – NOT just
read over them (passive learning)**

[Note Taking – Why?]

- Promotes Active Listening
- Provides Accurate Record of Info
- Makes You **Restructure** Information
 - Interpret (give meaning)
 - Condense
 - Organize
- Provides Repetition