



Asudo Sarah Okhen

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Benin City, Nigeria

[LinkedIn](#)

Profile

A seasoned Nurse with an unwavering commitment to delivering exceptional patient care. My passion for healthcare extends far beyond the hospital walls, as I believe that every individual deserves the highest standard of medical attention and compassion. With a diverse clinical background and a heart full of empathy, I am driven to make a difference in the lives of those I serve.

Experience

Nursing Officer · Modic Medical Centre

May 2023 - Present

While working at Modic Medical Centre, Okhen was involved in the following;

- Provided exceptional bedside care to diverse patient populations, including medical-surgical, pediatric, and geriatric patients.
- Assisted in the development and implementation of patient care plans, collaborating closely with physicians and other healthcare professionals.
- Conducted thorough patient assessments, administered medications, and maintained precise records of treatment and progress.
- Educated patients and families on their conditions and treatment options, ensuring informed decision-making.
- Acted as a mentor to junior nursing staff, contributing to their professional growth and development.

Nursing Intern · University of Benin Teaching Hospital

April 2022 - April 2023

During her year-long mandatory internship at the University of Benin Teaching Hospital, Okhen proved to be one of the most experienced interns, owing to her previous hands-on experience, and was a valuable asset. Her responsibilities included;

- Managing a busy outpatient clinic, overseeing patient triage, scheduling, and coordination of care.
- Assisted in surgical procedures and performed various diagnostic tests and screenings.
- Conducted health education workshops within the community, empowering individuals to take control of their well-being.
- Played a pivotal role in optimizing clinic efficiency and workflow, resulting in enhanced patient satisfaction.

Licenses/Certifications

→ Registered Nurse - 2019

Key Strengths

IVF Therapy
Wound Care
Medication Administration
Cardiopulmonary Resuscitation
Pain Management
Triage
Aseptic Techniques
Patient Empathy

Other Strengths

Collaborative Team Player
Critical Thinker IT-Proficient
Fast Learner

Hobbies

aoke Singing
Traveling
Photography
Creative Writing
Tech Enthusiast
Art & Craft

Nursing Officer · Modic Medical Centre

Feb 2020 - March 2022

In her first stint at Modic Medical Centre, Okhen was responsible for;

- Conducting thorough assessments of pediatric patients, including monitoring vital signs, conducting developmental assessments, and identifying any signs of distress or discomfort.
- Administering medications to pediatric patients, ensuring accurate dosages and routes of administration. This includes oral, intravenous, and intramuscular medications.
- Performing various pediatric-specific medical procedures, such as venipuncture for blood draws, IV insertion, and urinary catheterization, with a gentle and compassionate approach.
- Collaborating closely with the families of pediatric patients, providing education on their child's condition, treatment plan, and ongoing care needs.
- Responding to pediatric emergencies and participating in pediatric resuscitation efforts, demonstrating expertise in pediatric Advanced Life Support (PALS) protocols.

Languages

English (Fluent)

Education

Bachelors of Nursing Science

2014 - 2021 · University of Benin, Benin City

After satisfying the necessary institutional requirements, Okhen was awarded a Bachelors of Nursing Science with honours.

SSCE/WASSCE

2007 - 2013 · Merit Mixed Secondary School, Sapele

After sitting for the West African Senior School Certificate exam, and passing the required number of subjects, Okhen was awarded an SSCE.

Referees

Prof. Dominic Osaghae

Medical Director · Modic Medical Center - +2348037033044

Dr. Ani Chidiebere

Consultant Paediatrician · University of Benin Teaching Hospital - +2348037509688

Mr. Lucky Wasa

Permanent Secretary · Ministry of Environment, Edo State, Nigeria - +2348036304121