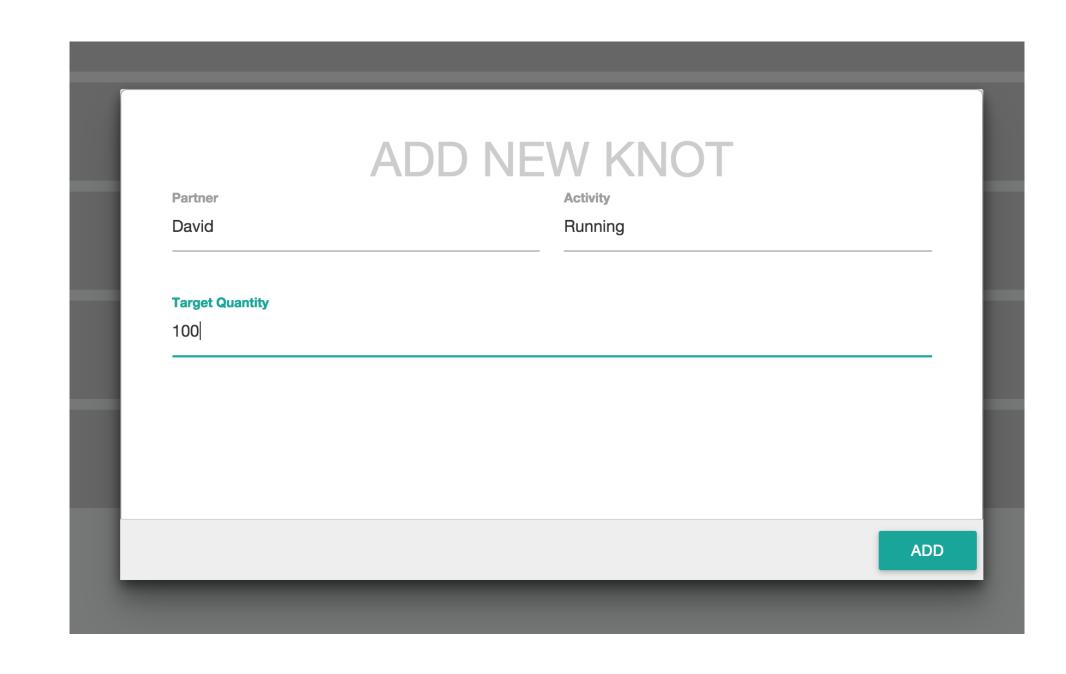
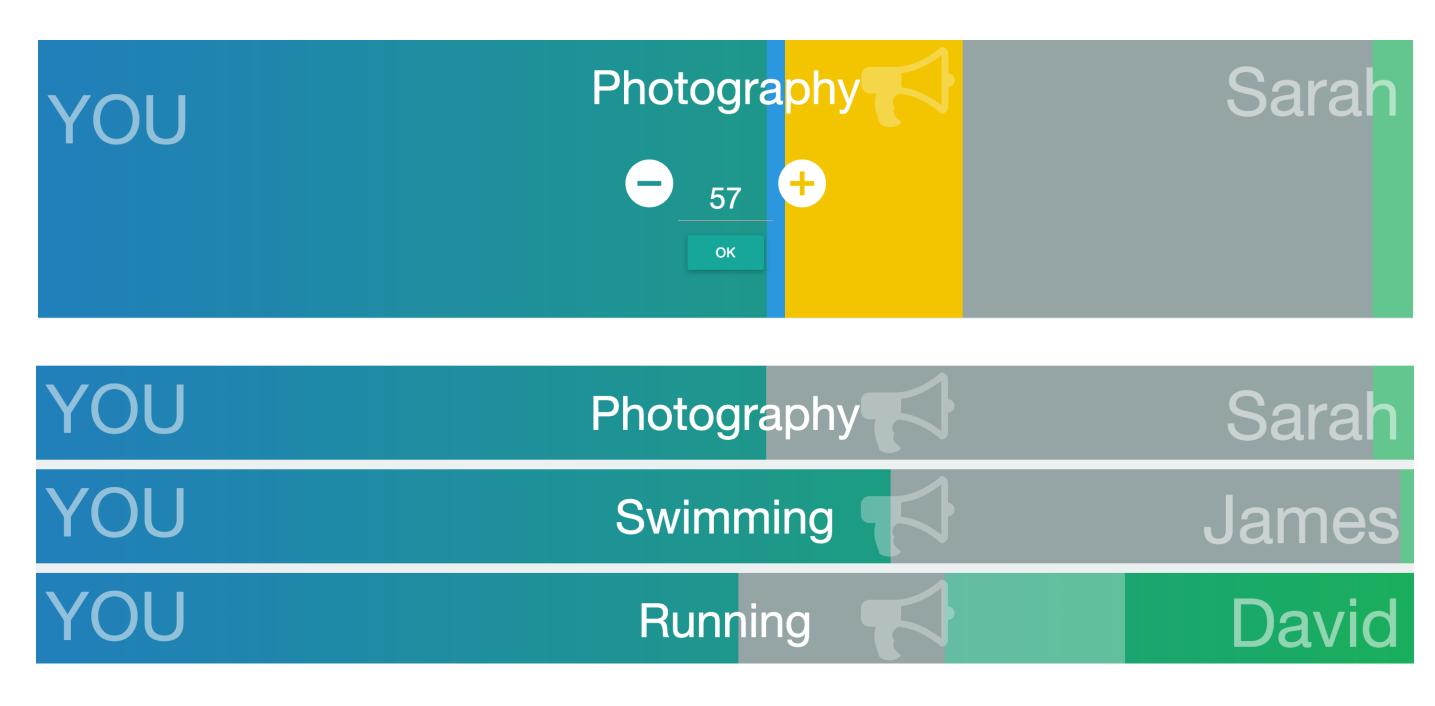


Form a Team

- Create up to 5 partnered knots
- Strive to a common goal together





- Photography
 Send a Motivation Message!
 You can do it Sarah!

 Running
 SEND

 + Add Knot
- Contributions count for less if one partner becomes too far ahead.
- The more successful person can motivate their partner with a simple message

Achieve Goals

- Friends can work towards anything

 quantifiable, such as reading,
 photography, and running.
- Reach difficult personal goals while deepening your social ties.



Collaborate