

# Capri Spine Clinic

- SPH, Civil Lines • Karkardooma
- Greater Kailash • Pitampura
- Gurgaon • Noida
- Pune

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## Patient Details

Name:	Rakshita Sharma	Height:	5.2
Age:	25 Years	Weight:	48
Gender:	male	Marital Status:	non_married
Branch:	Gurgaon	Food Habits:	Veg
Id:	100004_GUR_PT		

## History Of

H/Present illness	fgdgdg	H/Recent Infection	
H/Medical	dfgdfgsdsfdf	Any Reg Flags	
H/Surgical	dgdgfd	Any Yellow Flags	
H/Treatment	dgfgdgdgsdfdf	Any Limitations	
H/Smoking	yes	Any Past Surgery	
H/Alcoholic	no	Any Allergy	yes
H/Fever Chill	yes	Osteoporotic	
H/Diabetic		Any Implants	
Blood Pressure		Any Hereditary Disease	
H/Heart Disease		Any Bleeding Disorder	

## Pain History

Date	20-May-2019	Intensity of Pain	4
Since than Pain is	Same	Feel more pain in	Night
Nature of pain	Stabbing	Pain Aggravating Factor	Rest

Onset of Pain	Gradual	Relieving Factor	Lying
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### Physical Examination

Date	24-Apr-2019	Posture	Night
Blood Pressure (Systolic/Diastolic)	4	Gait	Rest
Temperature	Stabbing	Swelling(if any)	asdasd
Heart Rate	Gradual	Tightness/Contracture/De formity(if any)	asdad
Respiratory Rate	Same	Scar Description	Lying

### Motor Examination

#### Combined Movement Assessment of Spine

Cervical Spine	Thoracic Spine	Lumbar Spine
sdsf	sdf	sdff

#### Cervical Spine

Flexion		Extension		Side Flexion		Rotation					
sdsf		sdf		sdff		sdf		sdff		xcx	

#### Thoracic Spine

Flexion	Extension			Side Flexion		Rotation
sdsf	sdf	sdff		sdf	sdff	xcx

#### Lumbar Spine

Flexion	Extension		Side Flexion	Rotation	
sdsf	sdf	sdff	sdf	sdff	xcx

### Sensory Examination

#### Myotome

Nerve Root	Myotome	Value
C1/C2	Neck Flexion/Extension	asdasd
C3	Neck Lateral Flexion	
C4	Shoulder Elevation	
C5	Shoulder Abduction	zasdad
C6	Elbow flexion/wrist flexion	

C7	Elbow extension/wrist flexion	sdd
C8	Thumb extension/Ulnar Deviation	
T1	Abduction/Adduction of intrinsic	
L1/L2	Hip flexion	
L3	Knee extension	
L4	Ankle dorsiflexion	
L5	Toe extension	
S1	Knee flexion, Ankle plantar flexion/eversion, Hip extension	
S2	Knee flexion	
S3	Rectal sphincter tone	

### Co-ordination Test

### Gait and Balance Testings

Gait level Surface	Gait and Pivot Turn		
Change in Gait Speed	dsfjhg	Step Over Obstacle	
Gait with Horizontal Head Turns		Step Around Obstacles	
		Steps	
Gait with Vertical Head Turns		Balance and Movement Analyzer	Left : Left, Right : Right

### Modified Barthel Index-Info

Bowels(Preceding Week)	Transfer (from bed to chair and back)		
Bladder(Preceding Week)		Mobility	
Grooming (Preceding 24-48 hours)	sdf	Dressing	
Toilet Use		Stairs	sdf
Feeding	0	Bathing	

Neurodynamic Test

Ulnar N	Left	dfg
Radial N	fgdfg	err
Media N		
Musculocutaneous	fdg	jk
Sciatic N	asddd	dsfg
Tibial N	ytjj	sfd
Common Peroneal N	werwr	jhk,
Femoral N	sdf	nm,n,jjh
Lat Cutaneous N	nmnm	
Obturator N		
Sural N		
Saphenous N		

Neural Tissue Palpation

Ulnar N	asf	ertertetet
Radial N	ertertret	errrtertr
Media N	rgdfg	erterteterter
Sciatic N	sfczsd	dgth
Tibial N	asdasdaszxc	zxczxc
Peronial N	cbvncnb	
Femoral N	dfgdfgdfgdfgdfgdfgdfg	
Sural N	dfgsdfcvxv	
Saphenous N		xcvxcvvfdgdfgdfg

Special Exam:

Special Test	Description
sfsf	sdfsfsf

**Investigation:**

Type of Investigation	Description
asd	

**Physio/Bio-Mechanical Diagnosis:**

Date	Physiotherapy Diagnosis
21-May-2019	sdsdcf

**Medical Diagnosis:**

Date	Medical Diagnosis
21-May-2019	sdsdfsfsf

**Treatment Goal**

Short Goal	Short Machine	Short Dose	Long Goal	Long Machine	Long Dose
goal1, shortgoal11	CS01202(500), suman	shortdose	longgoal	CS01202(500)	longdose
goal1, shortgoal11	sudha, suman	shortdose	longgoal	CS01202(500)	longdose
goal1, shortgoal11	sudha, CS01202(500), suman	shortdose	longgoal	CS01202(500)	longdose
goal1, shortgoal11	sudha,CS01202(500),suman,kkk	shortdose	longgoal	CS01202(500)	longdose
goal1, shortgoal11,ffffff	sudha,CS01202(500),suman,kkk	shortdose	longgoal	CS01202(500)	longdose
goal1, shortgoal11,ffffff	sudha,CS01202(500),suman,kkk	shortdose	longgoal	CS01202(500)	longdose
goal1, shortgoal11,ffffff	sudha,CS01202(500),suman,kkk	shortdose	longgoal	CS01202(500)	longdose

**Progress Note:**

Date	Progress Notes
27-Apr-2019	sjkadnakd
28-Apr-2019	sjkadnakd