

## Capri Spine Clinic

- SPH, Civil Lines Karkardooma
- Greater Kailash Pitampura
- Gurgaon

• Noida

• Pune

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#### **Patient Details**

Name:	Rakshita Sharma	Height:	5.2
Age:	25 Years	Weight:	48
Gender:	male	Marital Status:	non_married
Branch:	Civil Lines	Food Habits:	Veg
Id:	100004_GUR_PT		

#### **History Of**

H/Present illness	fgdgdg	H/Recent Infection	
H/Medical	dfgdfgsdsfdf	Any Reg Flags	
H/Surgical	dgdfgd	Any Yellow Flags	
H/Treatment	dgfgdgdgsdfdf	Any Limitations	
H/Smoking	yes	Any Past Surgery	
H/Alcholic	no	Any Allergy	yes
H/Fever Chill	yes	Osteoporotic	
H/Diabetic		Any Implants	
Blood Pressure		Any Herediatary Disease	
H/Heart Disease		Any Bleeding Disorder	

#### **Pain History**

Date	20-May-2019	Intensity of Pain	4
Since than Pain is	Same	Feel more pain in	Night
Nature of pain	Stabbing	Pain Aggravating Factor	Rest

Onset of Pain		Gradua	.1	Relieving I	Factor		Lying
Physical Examination							
Date	24	4-Apr-2019		Posture			Night
Blood Pressure (Systolic/Diastol	c)	4		Gait			Rest
Temperature		Stabbing	Swe	elling(if any)			asdasd
Heart Rate		Gradual	Tightness/Cor	ess/Contracture/De formity(if any)			asdad
Respiratory Rat	e	Same	Scar	r Description		Lying	
	Com		Motor Exam ovement As		of Spine		
Cervical Spine			Thoracic Spine			Lumba	r Spine
sdsf			sdf			sdf	f
			Cervical S	pine			
Flexion		Extension	on	Side Flex	ion		Rotation
sdsf	sdf		sdff	sdf	sdf	d	хсх
			Thoracic S	Spine			
Flexion		Extension	on	Side Flex	ion	n Rotation	
sdsf		sdf	sdff	sdf	SC	lfd	xcx
			Lumbar S	pine			
Flexion		Extension	on	Side Flex	ion		Rotation
sdsf	•	sdf	sdff	sdf	SC	lfd	xcx
		Se	ensory Exan	nination			
			Myoton	ne			
Nerve Ro	ot	Myotome Val		lue			
C1/C2			Neck Flexion/Extension			asdasd	
C3			Neck Lateral Flexion				
C4			Shoulder Elevation				
C5	C5 Shoulder		Shoulder Abd	uction		zas	dad
C6		El	Elbow flexion/wrist flexion				

C7	Elbow extension/wrist flexionn	sdd
C8	Thumb extension/Ulnar Deviation	
T1	Abduction/Adduction of intrinsic	
L1/L2	Hip flexion	
L3	Knee extension	
L4	Ankle dorsiflexion	
L5	Toe extension	
S1	Knee flexion, Ankle plantar flexion/eversion, Hip extension	
S2	Knee flexion	
S3	Rectal sphincter tone	

# Co-ordination Test Finger to Nose

Time Taken	Speed	Error Made
sdf	sdf	sdf

## **Aternating Supination**

Time Taken	Speed	Error Made
dsff	sdf	dfsd

#### **Heel to Shin**

Time Taken	Speed	Error Made
sdfsdf	sdf	sfsdf

## **Gait and Balance Testings**

Gait level Surface	dfsdfdf	Gait and Pivot Turn	sdfsdfsdf
Change in Gait Speed	dsfjhg	Step Over Obstacle	sdfsdfsdf
Gait with Horizontal HeadTurns	sdfdf	Step Around Obstacles	sdfsdf
Gait with Horizontal Head Luris	Sului	Step Over Obstacle sdfsdfsdf  Step Around Obstacles sdfsdf  Steps sdf	sdf
Gait with Vertical Head Turns	sdfsdf	Balance and Movement Analyzer	Left: Left, Right: Right

#### **Modified Barthel Index-Info**

Bowels(Preceding Week)	dsfsd	Transfer (from bed to chair and back)	sdfsdf
Bladder(Preceding Week)	sdds	Mobility	sdfsdf
Toilet Use	sdfsdf	Stairs	sdf
Feeding	sdfdf	Bathing	sdfsdfsdf

**Neurodynamic Test** 

Ulnar N	Left	dfg
Radial N	fgdfg	err
Media N		
Musculocutaneous	fdg	jk
Sciatic N	asddd	dsfg
Tibial N	ytjj	sfd
Common Peroneal N	werwr	jhk,
Femoral N	sdf	nm,n,jjh
Lat Cutaneous N	nmnm	
Obturator N		
Sural N		
Saphenous N		

**Neural Tissue Palpation** 

Ulnar N	asf	ertertertet
Radial N	ertertret	errrtertr
Media N	rgdfg	erterteterter
Sciatic N	sfczsd	dgth
Tibial N	asdasdaszxc	zxczxc
Peronial N	cbvncnb	
Femoral N	dfgdfgdfgdfgdfgdfg	
Sural N	dfgsdfcvxv	
Saphenous N		xcvxcvvfdgdfgdfg

### **Special Exam:**

Special Test	Description
sfsf	sdfsfsf

#### Investigation:

Type of Investigation	Description
asd	

## **Physio/Bio-Mechanical Diagnosis:**

Date	Physiotherapy Diagnosis
21-May-2019	sdsdcf

## **Medical Diagnosis:**

Date	Medical Diagnosis
21-May-2019	sdsdfsfsf

#### **Treatment Goal**

Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	CS01202(500), suman
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	sudha, suman
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	sudha, CS01202(500), suman
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	sudha,CS01202(500),suman,kkk

Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11,ffffff
Treatment:	sudha,CS01202(500),suman,kkk
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11,ffffff
Treatment:	sudha,CS01202(500),suman,kkk
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11,ffffff
Treatment:	sudha,CS01202(500),suman,kkk
Long Term Goal:	longgoal
Treatment:	CS01202(500)

## **Progress Note:**

Date	Progress Notes
14-Jun-2019	dfgdfgd
14-Jun-2019	dfgdfgd