



# Capri Spine Clinic

- SPH, Civil Lines • Karkardooma
- Greater Kailash • Pitampura
- Gurgaon • Noida
- Pune

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## Patient Details

|            |                 |                 |             |
|------------|-----------------|-----------------|-------------|
| Name:      | Rakshita Sharma | Occupation      |             |
| Age:       | 25 Years        | Weight:         | 48          |
| Gender:    | male            | Marital Status: | non_married |
| Branch:    | Civil Lines     | Food Habits:    | Veg         |
| Id:        | 100004_GUR_PT   | Height:         | 5.2         |
| Reference: | Website         |                 |             |

## Physical Examination

|                                     |             |                                         |        |
|-------------------------------------|-------------|-----------------------------------------|--------|
| Date                                | 24-Apr-2019 | Posture                                 | Night  |
| Blood Pressure (Systolic/Diastolic) | 4           | Gait                                    | Rest   |
| Temperature                         | Stabbing    | Swelling(if any)                        | asdasd |
| Heart Rate                          | Gradual     | Tightness/Contracture/Deformity(if any) | asdad  |
| Respiratory Rate                    | Same        | Scar Description                        | Lying  |

## Sensory Examination

### Myotome

| Nerve Root | Myotome                     | Value  |
|------------|-----------------------------|--------|
| C1/C2      | Neck Flexion/Extension      | asdasd |
| C3         | Neck Lateral Flexion        |        |
| C4         | Shoulder Elevation          |        |
| C5         | Shoulder Abduction          | zasdad |
| C6         | Elbow flexion/wrist flexion |        |

|       |                                                             |     |
|-------|-------------------------------------------------------------|-----|
| C7    | Elbow extension/wrist flexion                               | sdd |
| C8    | Thumb extension/Ulnar Deviation                             |     |
| T1    | Abduction/Adduction of intrinsic                            |     |
| L1/L2 | Hip flexion                                                 |     |
| L3    | Knee extension                                              |     |
| L4    | Ankle dorsiflexion                                          |     |
| L5    | Toe extension                                               |     |
| S1    | Knee flexion, Ankle plantar flexion/eversion, Hip extension |     |
| S2    | Knee flexion                                                |     |
| S3    | Rectal sphincter tone                                       |     |

### Special Exam:

| Special Test | Description |
|--------------|-------------|
| sfsf         | sdfsfsf     |

### Treatment Goal

|                  |                     |
|------------------|---------------------|
| Date:            | 07-Jun-2019         |
| Short Term Goal: | goal1, shortgoal11  |
| Treatment:       | CS01202(500), suman |
| Long Term Goal:  | longgoal            |
| Treatment:       | CS01202(500)        |
| Date:            | 07-Jun-2019         |
| Short Term Goal: | goal1, shortgoal11  |
| Treatment:       | sudha, suman        |
| Long Term Goal:  | longgoal            |

|                  |                              |
|------------------|------------------------------|
| Treatment:       | CS01202(500)                 |
| Date:            | 07-Jun-2019                  |
| Short Term Goal: | goal1, shortgoal11           |
| Treatment:       | sudha, CS01202(500), suman   |
| Long Term Goal:  | longgoal                     |
| Treatment:       | CS01202(500)                 |
| Date:            | 07-Jun-2019                  |
| Short Term Goal: | goal1, shortgoal11           |
| Treatment:       | sudha,CS01202(500),suman,kkk |
| Long Term Goal:  | longgoal                     |
| Treatment:       | CS01202(500)                 |
| Date:            | 07-Jun-2019                  |
| Short Term Goal: | goal1, shortgoal11,ffffff    |
| Treatment:       | sudha,CS01202(500),suman,kkk |
| Long Term Goal:  | longgoal                     |
| Treatment:       | CS01202(500)                 |
| Date:            | 07-Jun-2019                  |
| Short Term Goal: | goal1, shortgoal11,ffffff    |
| Treatment:       | sudha,CS01202(500),suman,kkk |
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| Date:            | 07-Jun-2019                  |
| Short Term Goal: | goal1, shortgoal11,ffffff    |

|                 |                              |
|-----------------|------------------------------|
| Treatment:      | sudha,CS01202(500),suman,kkk |
| Long Term Goal: | longgoal                     |
| Treatment:      | CS01202(500)                 |

### Ortho Case

| Date        | In Time | Chest PT | Chest BR | CPM      | ROM Ex | Strengthening Ex | Stretching Ex | Sitting | Standing | Walking | Stairs | Washroom Sitting | Electrotherapy |
|-------------|---------|----------|----------|----------|--------|------------------|---------------|---------|----------|---------|--------|------------------|----------------|
| 06-Aug-2019 | in time | yes      |          | yes , 30 |        |                  |               |         |          | yes ,   | yes ,  | no ,             |                |
| 06-Aug-2019 | in time | yes      |          | yes      |        |                  |               |         |          | yes ,   | yes ,  | no ,             |                |
| 06-Aug-2019 | in time | yes      |          | yes , 80 |        |                  |               |         |          | yes     | yes    | no ,             |                |

### Neuro Case

| Date | In Time | Chest PT | Chest BR | Positioning | Sustained | Weight Bearing | ROM Ex | Strengthening Ex | Balance Ex | Sitting | Standing | Walking | Stairs | Wa S |
|------|---------|----------|----------|-------------|-----------|----------------|--------|------------------|------------|---------|----------|---------|--------|------|
|------|---------|----------|----------|-------------|-----------|----------------|--------|------------------|------------|---------|----------|---------|--------|------|

### Progress Note:

| Date        | Progress Notes |
|-------------|----------------|
| 14-Jun-2019 | dfgdfgd        |
| 14-Jun-2019 | dfgdfgd        |
| 10-Aug-2019 | sjkadnakd      |