



Capri Spine Clinic

- SPH, Civil Lines • Karkardooma
- Greater Kailash • Pitampura
- Gurgaon • Noida
- Pune

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Patient Details

| | | | |
|---------|-----------------|-----------------|-------------|
| Name: | Rakshita Sharma | Height: | 5.2 |
| Age: | 25 Years | Weight: | 48 |
| Gender: | male | Marital Status: | non_married |
| Branch: | Civil Lines | Food Habits: | Veg |
| Id: | 100004_GUR_PT | | |

History Of

| | | | |
|-------------------|---------------|------------------------|-----|
| H/Present illness | fgdgdg | H/Recent Infection | |
| H/Medical | dfgdfgsdsfdf | Any Reg Flags | |
| H/Surgical | dgdgfd | Any Yellow Flags | |
| H/Treatment | dgfgdgdgsdfdf | Any Limitations | |
| H/Smoking | yes | Any Past Surgery | |
| H/Alcoholic | no | Any Allergy | yes |
| H/Fever Chill | yes | Osteoporotic | |
| H/Diabetic | | Any Implants | |
| Blood Pressure | | Any Hereditary Disease | |
| H/Heart Disease | | Any Bleeding Disorder | |

Pain History

| | | | |
|--------------------|-------------|-------------------------|-------|
| Date | 20-May-2019 | Intensity of Pain | 4 |
| Since than Pain is | Same | Feel more pain in | Night |
| Nature of pain | Stabbing | Pain Aggravating Factor | Rest |

| | | |
|-------|---|-----|
| C7 | Elbow extension/wrist flexion | sdd |
| C8 | Thumb extension/Ulnar Deviation | |
| T1 | Abduction/Adduction of intrinsic | |
| L1/L2 | Hip flexion | |
| L3 | Knee extension | |
| L4 | Ankle dorsiflexion | |
| L5 | Toe extension | |
| S1 | Knee flexion, Ankle plantar flexion/eversion, Hip extension | |
| S2 | Knee flexion | |
| S3 | Rectal sphincter tone | |

Co-ordination Test

Finger to Nose

| | | |
|------------|-------|------------|
| Time Taken | Speed | Error Made |
| sdf | sdf | sdf |

Aternating Supination

| | | |
|------------|-------|------------|
| Time Taken | Speed | Error Made |
| dsff | sdf | dfsd |

Heel to Shin

| | | |
|------------|-------|------------|
| Time Taken | Speed | Error Made |
| sdfsdf | sdf | sfsdf |

Gait and Balance Testings

| | | | |
|----------------------|----------|---------------------|-----------|
| Gait level Surface | dfsdfdf | Gait and Pivot Turn | sdfsdfsdf |
| Change in Gait Speed | dsfjhg | Step Over Obstacle | sdfsdfsdf |
| Step Over Obstacle | \$80 | \$80 | \$100 |
| | February | | \$80 |
| January | \$100 | \$200 | \$300 |

| | | | |
|----------|----------|----------|----------|
| February | \$80 | \$80 | \$100 |
| February | February | February | |
| February | | February | February |

Gait and Balance Testings

| | | | | |
|--------------------------------------|---------|------------------------------|----------------------------------|----------------------------|
| Gait level Surface | dfsdfdf | Gait and Pivot Turn | sdfsdfsdf | |
| Change in Gait Speed | dsfjhg | | Step Over Obstacle | sdfsdfsdf |
| Gait with Horizontal HeadTurns | sdfdf | | Step Around Obstacles | sdfsdf |
| | | | Steps | sdf |
| Gait with Vertical Head Turns | sdfsdf | | Balance and Movement Analyzer | Left : Left, Right : Right |

Modified Barthel Index-Info

| | | | |
|-------------------------------------|--------|---|-----------|
| Bowels(Preceding Week) | dsfsd | Transfer (from bed to chair and back) | sdfsdf |
| Bladder(Preceding Week) | sdds | Mobility | sdfsdf |
| Grooming (Preceding 24-48 hours) | sdf | Dressing | sdfsddf |
| Toilet Use | sdfsdf | Stairs | sdf |
| Feeding | 0 | Bathing | sdfsdfsdf |

Neurodynamic Test

| | | |
|-------------------|-------|----------|
| Ulnar N | Left | dfg |
| Radial N | fgdfg | err |
| Media N | | |
| Musculocutaneous | fdg | jk |
| Sciatic N | asddd | dsfg |
| Tibial N | ytjj | sfd |
| Common Peroneal N | werwr | jhk, |
| Femoral N | sdf | nm,n,jjh |
| Lat Cutaneous N | nmnm | |
| Obturator N | | |

| | | |
|-------------|--|--|
| Sural N | | |
| Saphenous N | | |

Neural Tissue Palpation

| | | |
|-------------|--------------------|------------------|
| Ulnar N | asf | ertertertet |
| Radial N | ertertret | errrtertr |
| Media N | rgdfg | erterteterter |
| Sciatic N | sfczsd | dgth |
| Tibial N | asdasdaszxc | zxczxc |
| Peronial N | cbvncnb | |
| Femoral N | dfgdfgdfgdfgdfgdfg | |
| Sural N | dfgsdfcvxv | |
| Saphenous N | | xcvxcvvfdgdfgdfg |

Special Exam:

| | |
|--------------|-------------|
| Special Test | Description |
| sfsf | sdfsfsf |

Investigation:

| | |
|-----------------------|-------------|
| Type of Investigation | Description |
| asd | |

Physio/Bio-Mechanical Diagnosis:

| | |
|-------------|-------------------------|
| Date | Physiotherapy Diagnosis |
| 21-May-2019 | sdsdef |

Medical Diagnosis:

| | |
|-------------|-------------------|
| Date | Medical Diagnosis |
| 21-May-2019 | sdsdfsfsf |

Treatment Goal

| | |
|------------------|---------------------|
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | CS01202(500), suman |
| Long Term Goal: | longgoal |

| | |
|------------------|------------------------------|
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | sudha, suman |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | sudha, CS01202(500), suman |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | sudha,CS01202(500),suman,kkk |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11,ffffff |
| Treatment: | sudha,CS01202(500),suman,kkk |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11,ffffff |

| | |
|------------------|------------------------------|
| Treatment: | sudha,CS01202(500),suman,kkk |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11,ffffff |
| Treatment: | sudha,CS01202(500),suman,kkk |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |

Progress Note:

| Date | Progress Notes |
|-------------|----------------|
| 14-Jun-2019 | dfgdfgd |
| 14-Jun-2019 | dfgdfgd |