



Capri Spine Clinic

- SPH, Civil Lines • Karkardooma
- Greater Kailash • Pitampura
- Gurgaon • Noida
- Pune

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Patient Details

| | | | |
|------------|-----------------|-----------------|-------------|
| Name: | Rakshita Sharma | Occupation | |
| Age: | 25 Years | Weight: | 48 |
| Gender: | male | Marital Status: | non_married |
| Branch: | Civil Lines | Food Habits: | Veg |
| Id: | 100004_GUR_PT | Height: | 5.2 |
| Reference: | Social Media | | |

Physical Examination

| | | | |
|-------------------------------------|-------------|---|--------|
| Date | 24-Apr-2019 | Posture | Night |
| Blood Pressure (Systolic/Diastolic) | 4 | Gait | Rest |
| Temperature | Stabbing | Swelling(if any) | asdasd |
| Heart Rate | Gradual | Tightness/Contracture/Deformity(if any) | asdad |
| Respiratory Rate | Same | Scar Description | Lying |

Sensory Examination

Myotome

| Nerve Root | Myotome | Value |
|------------|-------------------------------|--------|
| C1/C2 | Neck Flexion/Extension | asdasd |
| C3 | Neck Lateral Flexion | |
| C4 | Shoulder Elevation | |
| C5 | Shoulder Abduction | zasdad |
| C6 | Elbow flexion/wrist flexion | |
| C7 | Elbow extension/wrist flexion | sdd |

| | | |
|-------|---|--|
| C8 | Thumb extension/Ulnar Deviation | |
| T1 | Abduction/Adduction of intrinsic | |
| L1/L2 | Hip flexion | |
| L3 | Knee extension | |
| L4 | Ankle dorsiflexion | |
| L5 | Toe extension | |
| S1 | Knee flexion, Ankle plantar flexion/eversion, Hip extension | |
| S2 | Knee flexion | |
| S3 | Rectal sphincter tone | |

Special Exam:

| Special Test | Description |
|--------------|-------------|
| sfsf | sdfsfsf |

Treatment Goal

| | |
|------------------|---------------------|
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | CS01202(500), suman |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | sudha, suman |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |

| | |
|------------------|------------------------------|
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | sudha, CS01202(500), suman |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | sudha,CS01202(500),suman,kkk |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11,ffffff |
| Treatment: | sudha,CS01202(500),suman,kkk |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
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| | |
|-----------------|--------------|
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |

Ortho Case

| Date | Chest PT | Chest BR | CPM | ROM Ex | Strengthening Ex | Stretching Ex | Sitting | Standing | Walking | Stairs | Washroom Sitting | Electrotherapy | Hot/Cold Pack |
|-------------|----------|----------|----------|--------|------------------|---------------|---------|----------|---------|--------|------------------|----------------|---------------|
| 06-Aug-2019 | yes | | yes , 30 | | | | | | yes , | yes , | no , | | |
| 06-Aug-2019 | yes | | yes | | | | | | yes , | yes , | no , | | yes |
| 06-Aug-2019 | yes | | yes , 80 | | | | | | yes | yes | no , | | yes |

Progress Note:

| Date | Progress Notes |
|-------------|----------------|
| 14-Jun-2019 | dfgdfgd |

Progress Note:

| Date | Progress Notes |
|-------------|----------------|
| 14-Jun-2019 | dfgdfgd |

Progress Note:

| Date | Progress Notes |
|-------------|----------------|
| 10-Aug-2019 | sjkadnakd |