Capri Spine Clinic

- **SPH, Civil Lines**
- **Karkardooma**
- **Greater Kailash**
- **Pitampura**
- **Gurgaon**
- **Noida**
- **Pune**

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E:info@caprispine.com

W:www.caprispine.com

Patient Details

Name:	Rakshita Sharma	Height:	5.2
Age:	25 Years	Weight:	48
Gender:	male	Marital Status:	non_married
Branch:	Gurgaon	Food Habits:	Veg
Id:	100004_GUR_PT		

History Of

H/Present illness	fgdgdg	H/Recent Infection	
H/Medical	dfgdfgsdsfdf	Any Reg Flags	
H/Surgical	dgdfgd	Any Yellow Flags	
H/Treatment	dgfgdgdgsdfdf	Any Limitations	
H/Smoking	yes	Any Past Surgery	
H/Alcholic	no	Any Allergy	yes
H/Fever Chill	yes	Osteoporotic	
H/Diabetic		Any Implants	
Blood Pressure		Any Herediatary Disease	
H/Heart Disease		Any Bleeding Disorder	

Pain History

Date	20-May-2019	Intensity of Pain	4
Since than Pain is	Same	Feel more pain in	Night
Nature of pain	Stabbing	Pain Aggravating Factor	Rest
Onset of Pain	Gradual	Relieving Factor	Lying

Physical Examination

Date	24-Apr-2019	Posture	Night
Blood Pressure (Systolic/Diastolic)	4	Gait	Rest
Temperature	Stabbing	Swelling(if any)	asdasd
Heart Rate	Gradual	Tightness/Contracture/De formity(if any)	asdad
Respiratory Rate	Same	Scar Description	Lying

Motor Examination

Combined Movement Assessment of Spine

Cervical Spine	Thoracic Spine	Lumbar Spine
sdsf	sdf	sdff

Cervical Spine

Flexion	Extension	Side Flexion	Rotation		
sdsf	sdf	sdff	sdf	sdfd	xcx

Thoracic Spine

Flexion	Extension	Side Flexion	Rotation		
sdsf	sdf	sdff	sdf	sdfd	xcx

Lumbar Spine

Flexion	Extension	Side Flexion	Rotation		
sdsf	sdf	sdff	sdf	sdfd	xcx

Sensory Examination

Myotome

Nerve Root	Myotome	Value
C1/C2	Neck Flexion/Extension	asdasd
C3	Neck Lateral Flexion	

C4	Shoulder Elevation	
C5	Shoulder Abduction	zasdad
C6	Elbow flexion/wrist flexion	
C7	Elbow extension/wrist flexionn	sdd
C8	Thumb extension/Ulnar Deviation	
T1	Abduction/Adduction of intrinsic	
L1/L2	Hip flexion	
L3	Knee extension	
L4	Ankle dorsiflexion	
L5	Toe extension	
S1	Knee flexion, Ankle plantar flexion/eversion, Hip extension	
S2	Knee flexion	
S3	Rectal sphincter tone	

Co-ordination Test

Gait and Balance Testings

Gait level Surface	Gait and Pivot Turn		
Change in Gait Speed	dsfjhg	Step Over Obstacle	
Gait with Horizontal HeadTurns		Step Around Obstacles	
		Steps	
Gait with Vertical Head Turns		Balance and Movement Analyzer	Left : Left, Right : Right

Modified Barthel Index-Info

Bowels(Preceding Week)	Transfer (from bed to chair and back)		
Bladder(Preceding Week)		Mobility	
Grooming (Preceding 24-48 hours)	sdf	Dressing	
Toilet Use		Stairs	sdf
Feeding	0	Bathing	

Neurodynamic Test

Ulnar N	Left	dfg
Radial N	fgdfg	err
Media N		
Musculocutaneous	fdg	jk
Sciatic N	asddd	dsfg
Tibial N	ytjj	sfd
Common Peroneal N	werwr	jhk,
Femoral N	sdf	nm,n,jjh
Lat Cutaneous N	nmnm	
Obturator N		
Sural N		
Saphenous N		

Neural Tissue Palpation

Ulnar N	asf	ertertertet
Radial N	ertertret	errrtertr
Media N	rgdfg	erterteterter
Sciatic N	sfczsd	dgth
Tibial N	asdasdaszxc	zxczxc
Peronial N	cbvncnb	
Femoral N	dfgdfgdfgdfgdfgdfg	
Sural N	dfgsdfcvxv	
Saphenous N		xcvxcvvfdgdfgdfg

Special Exam:

Special Test	Description

sfsf	sdfsfsf

Investigation:

Type of Investigation	Description
asd	

Physio/Bio-Mechanical Diagnosis:

Date	Physiotherapy Diagnosis
21-May-2019	sdsdcf

Medical Diagnosis:

Date	Medical Diagnosis
21-May-2019	sdsdfsfsf

Treatment Goal

Short Goal	Short Machine	Long Goal	Long Machine
goal1, shortgoal11	CS01202(500), suman	longgoal	CS01202(500)
goal1, shortgoal11	sudha, suman	longgoal	CS01202(500)
goal1, shortgoal11	sudha, CS01202(500), suman	longgoal	CS01202(500)
goal1, shortgoal11	sudha,CS01202(500),suman,kkk	longgoal	CS01202(500)
goal1, shortgoal11,ffffff	sudha,CS01202(500),suman,kkk	longgoal	CS01202(500)
goal1, shortgoal11,ffffff	sudha,CS01202(500),suman,kkk	longgoal	CS01202(500)
goal1, shortgoal11,ffffff	sudha,CS01202(500),suman,kkk	longgoal	CS01202(500)

Date -:	14/06/2019	Short Goal -:	Short Machine
goal1, shortgoal11 -:	CS01202(500), suman		
goal1, shortgoal11 -:	sudha, suman		
goal1, shortgoal11 -:	sudha, CS01202(500), suman		

goal1, shortgoal11 -:	sudha,CS01202(500),suman,kkk
goal1, shortgoal11,ffffff -:	sudha,CS01202(500),suman,kkk
goal1, shortgoal11,ffffff -:	sudha,CS01202(500),suman,kkk
goal1, shortgoal11,ffffff -:	sudha,CS01202(500),suman,kkk

Progress Note:

Date	Progress Notes
27-Apr-2019	sjkadnakd
28-Apr-2019	sjkadnakd