



Capri Spine Clinic

- SPH, Civil Lines • Karkardooma
- Greater Kailash • Pitampura
- Gurgaon • Noida
- Pune

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Patient Details

Name:	Rakshita Sharma	Height:	5.2
Age:	25 Years	Weight:	48
Gender:	male	Marital Status:	non_married
Branch:	Civil Lines	Food Habits:	Veg
Id:	100004_GUR_PT		

History Of

H/Present illness	fgdgdg	H/Recent Infection	
H/Medical	dfgdfgsdsfdf	Any Reg Flags	
H/Surgical	dgdgfd	Any Yellow Flags	
H/Treatment	dgfgdgdgsdfdf	Any Limitations	
H/Smoking	yes	Any Past Surgery	
H/Alcoholic	no	Any Allergy	yes
H/Fever Chill	yes	Osteoporotic	
H/Diabetic		Any Implants	
Blood Pressure		Any Hereditary Disease	
H/Heart Disease		Any Bleeding Disorder	

Pain History

Date	20-May-2019	Intensity of Pain	4
Since than Pain is	Same	Feel more pain in	Night
Nature of pain	Stabbing	Pain Aggravating Factor	Rest
Onset of Pain	Gradual	Relieving Factor	Lying

Physical Examination

Date	24-Apr-2019	Posture	Night
Blood Pressure (Systolic/Diastolic)	4	Gait	Rest
Temperature	Stabbing	Swelling(if any)	asdasd
Heart Rate	Gradual	Tightness/Contracture/De formity(if any)	asdad
Respiratory Rate	Same	Scar Description	Lying

Motor Examination

Combined Movement Assessment of Spine

Cervical Spine	Thoracic Spine	Lumbar Spine
sdsf	sdf	sdff

Cervical Spine

Flexion		Extension		Side Flexion		Rotation	
sdsf	sdf	sdff	sdf	sdff	xcx		

Thoracic Spine

Flexion		Extension		Side Flexion		Rotation	
sdsf		sdf	sdff	sdf	sdff	xcx	

Lumbar Spine

Flexion		Extension		Side Flexion		Rotation	
sdsf		sdf	sdff		sdf	sdff	xcx

Sensory Examination

Myotome

Nerve Root	Myotome	Value
C1/C2	Neck Flexion/Extension	asdasd
C3	Neck Lateral Flexion	

C4	Shoulder Elevation	
C5	Shoulder Abduction	zasdad
C6	Elbow flexion/wrist flexion	
C7	Elbow extension/wrist flexionn	sdd
C8	Thumb extension/Ulnar Deviation	
T1	Abduction/Adduction of intrinsic	
L1/L2	Hip flexion	
L3	Knee extension	
L4	Ankle dorsiflexion	
L5	Toe extension	
S1	Knee flexion, Ankle plantar flexion/eversion, Hip extension	
S2	Knee flexion	
S3	Rectal sphincter tone	

Co-ordination Test

Finger to Nose

Time Taken	Speed	Error Made
sdf	sdf	sdf

Aternating Supination

Time Taken	Speed	Error Made
dsff	sdf	dfsd

Heel to Shin

Time Taken	Speed	Error Made
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sdfsdf	sdf	sfsdf
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Gait Testings

Month	Savings	Savings for holiday!	Savings for holiday!
January	\$100	\$200	\$300
February	\$80	\$80	\$100
February	February		\$80
January	\$100	\$200	\$300
February	\$80	\$80	
February	February	February	\$100
February		February	February

Gait and Balance Testings

Gait level Surface	dfsdfdf	Gait and Pivot Turn	sdfsdfsdf
Change in Gait Speed	dsfjhg	Step Over Obstacle	sdfsdfsdf
Gait with Horizontal HeadTurns	sdfsdf	Step Around Obstacles	sdfsdf
		Steps	sdf
Gait with Vertical Head Turns	sdfsdf	Balance and Movement Analyzer	Left : Left, Right : Right

Modified Barthel Index-Info

Bowels(Preceding Week)	dsfsd	Transfer (from bed to chair and back)	sdfsdf
Bladder(Preceding Week)	sdds	Mobility	sdfsdf
Grooming (Preceding 24-48 hours)	sdf	Dressing	sdfsddf
Toilet Use	sdfsdf	Stairs	sdf
Feeding	0	Bathing	sdfsdfsdf

Neurodynamic Test

Ulnar N	Left	dfg
Radial N	fgdfg	err
Media N		

Musculocutaneous	fdg	jk
Sciatic N	asddd	dsfg
Tibial N	ytjj	sfd
Common Peroneal N	werwr	jhk,
Femoral N	sdf	nm,n,jjh
Lat Cutaneous N	nmnm	
Obturator N		
Sural N		
Saphenous N		

Neural Tissue Palpation

Ulnar N	asf	ertertetet
Radial N	ertertret	errrtertr
Media N	rgdfg	erterteterter
Sciatic N	sfczsd	dgth
Tibial N	asdasdaszxc	zxczxc
Peronial N	cbvncnb	
Femoral N	dfgdfgdfgdfgdfgdfg	
Sural N	dfgsdfcvxv	
Saphenous N		xcvxcvvfdgdfgdfg

Special Exam:

Special Test	Description
sfsf	sdfsfsf

Investigation:

Type of Investigation	Description
asd	

Physio/Bio-Mechanical Diagnosis:

Date	Physiotherapy Diagnosis
21-May-2019	sdsdcf

Medical Diagnosis:

Date	Medical Diagnosis
21-May-2019	sdsdfsfsf

Treatment Goal

Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	CS01202(500), suman
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	sudha, suman
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	sudha, CS01202(500), suman
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	sudha,CS01202(500),suman,kkk
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019

Short Term Goal:	goal1, shortgoal11,ffffff
Treatment:	sudha,CS01202(500),suman,kkk
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11,ffffff
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Treatment:	CS01202(500)

Progress Note:

Date	Progress Notes
14-Jun-2019	dfgdfgd
14-Jun-2019	dfgdfgd