



# Capri Spine Clinic

- SPH, Civil Lines • Karkardooma
- Greater Kailash • Pitampura
- Gurgaon • Noida
- Pune

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## Patient Details

Name:	Rakshita Sharma	Height:	5.2
Age:	25 Years	Weight:	48
Gender:	male	Marital Status:	non_married
Branch:	Civil Lines	Food Habits:	Veg
Id:	100004_GUR_PT		

## History Of

H/Present illness	fgdgdg	H/Recent Infection	
H/Medical	dfgdfgsdsfdf	Any Reg Flags	
H/Surgical	dgdgfd	Any Yellow Flags	
H/Treatment	dgfgdgdgsdfdf	Any Limitations	
H/Smoking	yes	Any Past Surgery	
H/Alcoholic	no	Any Allergy	yes
H/Fever Chill	yes	Osteoporotic	
H/Diabetic		Any Implants	
Blood Pressure		Any Hereditary Disease	
H/Heart Disease		Any Bleeding Disorder	

## Pain History

Date	20-May-2019	Intensity of Pain	4
Since than Pain is	Same	Feel more pain in	Night
Nature of pain	Stabbing	Pain Aggravating Factor	Rest

Onset of Pain	Gradual	Relieving Factor	Lying
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### Physical Examination

Date	24-Apr-2019	Posture	Night
Blood Pressure (Systolic/Diastolic)	4	Gait	Rest
Temperature	Stabbing	Swelling(if any)	asdasd
Heart Rate	Gradual	Tightness/Contracture/De formity(if any)	asdad
Respiratory Rate	Same	Scar Description	Lying

### Motor Examination

#### Combined Movement Assessment of Spine

Cervical Spine	Thoracic Spine	Lumbar Spine
sdsf	sdf	sdff

#### Cervical Spine

Flexion		Extension		Side Flexion		Rotation	
sdsf	sdf	sdff	sdf	sdff	xcx		

#### Thoracic Spine

Flexion	Extension			Side Flexion		Rotation
sdsf	sdf	sdff		sdf	sdff	xcx

#### Lumbar Spine

Flexion		Extension		Side Flexion		Rotation	
sdsf		sdf	sdff	sdf	sdff	xcx	

### Sensory Examination

#### Myotome

Nerve Root	Myotome	Value
C1/C2	Neck Flexion/Extension	asdasd
C3	Neck Lateral Flexion	
C4	Shoulder Elevation	
C5	Shoulder Abduction	zasdad
C6	Elbow flexion/wrist flexion	

C7	Elbow extension/wrist flexion	sdd
C8	Thumb extension/Ulnar Deviation	
T1	Abduction/Adduction of intrinsic	
L1/L2	Hip flexion	
L3	Knee extension	
L4	Ankle dorsiflexion	
L5	Toe extension	
S1	Knee flexion, Ankle plantar flexion/eversion, Hip extension	
S2	Knee flexion	
S3	Rectal sphincter tone	

### Co-ordination Test

#### Finger to Nose

Time Taken	Speed	Error Made
sdf	sdf	sdf

#### Aternating Supination

Time Taken	Speed	Error Made
dsff	sdf	dfsd

#### Heel to Shin

Time Taken	Speed	Error Made
sdfsdf	sdf	sfsdf

### Gait and Balance Testings

<b>Gait level Surface</b>	<b>dfsdfdf</b>	<b>Gait and Pivot Turn</b>	<b>sdfsdfsdf</b>
Change in Gait Speed	dsfjhg	Step Over Obstacle	sdfsdfsdf
Gait with Horizontal Head Turns	sdfdf	Step Around Obstacles	sdfsdf
		Steps	sdf
Gait with Vertical Head Turns	sdfsdf	Balance and Movement Analyzer	Left : Left, Right : Right

### Modified Barthel Index-Info

Bowels(Preceding Week)	dsfsd	Transfer (from bed to chair and back)	sdfsdf
Bladder(Preceding Week)	sdds	Mobility	sdfsdf
Toilet Use	sdfsdf	Stairs	sdf
Feeding	sdfdf	Bathing	sdfsdfsdf

### Neurodynamic Test

Ulnar N	Left	dfg
Radial N	fgdfg	err
Media N		
Musculocutaneous	fdg	jk
Sciatic N	asddd	dsfg
Tibial N	ytjj	sfd
Common Peroneal N	werwr	jhk,
Femoral N	sdf	nm,n,jjh
Lat Cutaneous N	nmnm	
Obturator N		
Sural N		
Saphenous N		

### Neural Tissue Palpation

Ulnar N	asf	ertertert
Radial N	ertertret	errrtertr
Media N	rgdfg	erterteterter
Sciatic N	sfczsd	dgth
Tibial N	asdasdaszxc	zxczxc
Peronial N	cbvncnb	
Femoral N	dfgdfgdfgdfgdfgdfgdfg	
Sural N	dfgsdfcvxv	
Saphenous N		xcvxcvvfdgdfgdfg

### Special Exam:

Special Test	Description
sfsf	sdfsfsf

### Investigation:

Type of Investigation	Description
asd	

### Physio/Bio-Mechanical Diagnosis:

Date	Physiotherapy Diagnosis
21-May-2019	sdsdcf

### Medical Diagnosis:

Date	Medical Diagnosis
21-May-2019	sdsdfsfsf

### Treatment Goal

Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	CS01202(500), suman
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	sudha, suman
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	sudha, CS01202(500), suman
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11
Treatment:	sudha,CS01202(500),suman,kkk

Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
Short Term Goal:	goal1, shortgoal11,ffffff
Treatment:	sudha,CS01202(500),suman,kkk
Long Term Goal:	longgoal
Treatment:	CS01202(500)
Date:	07-Jun-2019
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Short Term Goal:	goal1, shortgoal11,ffffff
Treatment:	sudha,CS01202(500),suman,kkk
Long Term Goal:	longgoal
Treatment:	CS01202(500)

### Progress Note:

Date	Progress Notes
14-Jun-2019	dfgdfgd
14-Jun-2019	dfgdfgd