

Capri Spine Clinic

- SPH, Civil Lines • Karkardooma
- Greater Kailash • Pitampura
- Gurgaon • Noida
- Pune

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Patient Details

| | | | |
|---------|-----------------|--------------|-------------|
| Name: | Rakshita Sharma | Height: | 5.2 |
| Age: | 25 Years | Weight: | 48 |
| Gender: | male | Marital | non_married |
| | | Status: | |
| Branch: | Civil Lines | Food Habits: | Veg |
| Id: | 100004_GUR_PT | | |

History Of

| | | | |
|-------------------|--------------|------------------------|-----|
| H/Present illness | fgdgdg | H/Recent Infection | |
| H/Medical | dfgdfgdsfdf | Any Reg Flags | |
| H/Surgical | dgdgfd | Any Yellow Flags | |
| H/Treatment | dgfgdgdgsfdf | Any Limitations | |
| H/Smoking | yes | Any Past Surgery | |
| H/Alcoholic | no | Any Allergy | yes |
| H/Fever Chill | yes | Osteoporotic | |
| H/Diabetic | | Any Implants | |
| Blood Pressure | | Any Hereditary Disease | |
| H/Heart Disease | | Any Bleeding Disorder | |

Pain History

| | | | |
|--------------------|-------------|-------------------------|-------|
| Date | 20-May-2019 | Intensity of Pain | 4 |
| Since than Pain is | Same | Feel more pain in | Night |
| Nature of pain | Stabbing | Pain Aggravating Factor | Rest |

| | | | |
|---------------|---------|------------------|-------|
| Onset of Pain | Gradual | Relieving Factor | Lying |
|---------------|---------|------------------|-------|

Physical Examination

| | | | |
|--|-------------|--|--------|
| Date | 24-Apr-2019 | Posture | Night |
| Blood Pressure (Systolic/Diastolic) | 4 | Gait | Rest |
| Temperature | Stabbing | Swelling(if any) | asdasd |
| Heart Rate | Gradual | Tightness/Contracture/De formity(if any) | asdad |
| Respiratory Rate | Same | Scar Description | Lying |

Motor Examination

Combined Movement Assessment of Spine

| | | |
|----------------|----------------|--------------|
| Cervical Spine | Thoracic Spine | Lumbar Spine |
| sdsf | sdf | sdff |

Cervical Spine

| Flexion | | Extension | | Side Flexion | | Rotation | | | | | |
|---------|--|-----------|--|--------------|--|----------|--|------|--|-----|--|
| sdsf | | sdf | | sdff | | sdf | | sdff | | xcx | |

Thoracic Spine

| Flexion | Extension | | | Side Flexion | | Rotation |
|---------|-----------|------|--|--------------|------|----------|
| sdsf | sdf | sdff | | sdf | sdff | xcx |

Lumbar Spine

| Flexion | | Extension | | Side Flexion | | Rotation | |
|---------|--|-----------|------|--------------|-----|----------|-----|
| sdsf | | sdf | sdff | | sdf | sdff | xcx |

Sensory Examination

Myotome

| | | |
|------------|-----------------------------|--------|
| Nerve Root | Myotome | Value |
| C1/C2 | Neck Flexion/Extension | asdasd |
| C3 | Neck Lateral Flexion | |
| C4 | Shoulder Elevation | |
| C5 | Shoulder Abduction | zasdad |
| C6 | Elbow flexion/wrist flexion | |

| | | |
|-------|---|-----|
| C7 | Elbow extension/wrist flexion | sdd |
| C8 | Thumb extension/Ulnar Deviation | |
| T1 | Abduction/Adduction of intrinsic | |
| L1/L2 | Hip flexion | |
| L3 | Knee extension | |
| L4 | Ankle dorsiflexion | |
| L5 | Toe extension | |
| S1 | Knee flexion, Ankle plantar flexion/eversion, Hip extension | |
| S2 | Knee flexion | |
| S3 | Rectal sphincter tone | |

Co-ordination Test

Gait and Balance Testings

| Gait level Surface | Gait and Pivot Turn | | |
|---------------------------------|---------------------|-------------------------------|----------------------------|
| Change in Gait Speed | dsfjhg | Step Over Obstacle | |
| Gait with Horizontal Head Turns | | Step Around Obstacles | |
| | | Steps | |
| Gait with Vertical Head Turns | | Balance and Movement Analyzer | Left : Left, Right : Right |

Modified Barthel Index-Info

| | | | |
|----------------------------------|---|----------|-----|
| Bowels(Preceding Week) | Transfer (from bed to chair and back) | | |
| Bladder(Preceding Week) | | Mobility | |
| Grooming (Preceding 24-48 hours) | sdf | Dressing | |
| Toilet Use | | Stairs | sdf |
| Feeding | 0 | Bathing | |

Neurodynamic Test

| | | |
|-------------------|-------|----------|
| Ulnar N | Left | dfg |
| Radial N | fgdfg | err |
| Media N | | |
| Musculocutaneous | fdg | jk |
| Sciatic N | asddd | dsfg |
| Tibial N | ytjj | sfd |
| Common Peroneal N | werwr | jhk, |
| Femoral N | sdf | nm,n,jjh |
| Lat Cutaneous N | nmnm | |
| Obturator N | | |
| Sural N | | |
| Saphenous N | | |

Neural Tissue Palpation

| | | |
|-------------|-----------------------|------------------|
| Ulnar N | asf | ertertetet |
| Radial N | ertertret | errrtertr |
| Media N | rgdfg | erterteterter |
| Sciatic N | sfczsd | dgth |
| Tibial N | asdasdaszxc | zxczxc |
| Peronial N | cbvncnb | |
| Femoral N | dfgdfgdfgdfgdfgdfgdfg | |
| Sural N | dfgsdfcvxv | |
| Saphenous N | | xcvxcvvfdgdfgdfg |

Special Exam:

| | |
|--------------|-------------|
| Special Test | Description |
| sfsf | sdfsfsf |

Investigation:

| Type of Investigation | Description |
|-----------------------|-------------|
| asd | |

Physio/Bio-Mechanical Diagnosis:

| Date | Physiotherapy Diagnosis |
|-------------|-------------------------|
| 21-May-2019 | sdsdcf |

Medical Diagnosis:

| Date | Medical Diagnosis |
|-------------|-------------------|
| 21-May-2019 | sdsdfsfsf |

Treatment Goal

| | |
|------------------|----------------------------|
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | CS01202(500), suman |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | sudha, suman |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | sudha, CS01202(500), suman |

| | |
|------------------|------------------------------|
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11 |
| Treatment: | sudha,CS01202(500),suman,kkk |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
| Short Term Goal: | goal1, shortgoal11,ffffff |
| Treatment: | sudha,CS01202(500),suman,kkk |
| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |
| Date: | 07-Jun-2019 |
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| Long Term Goal: | longgoal |
| Treatment: | CS01202(500) |

Progress Note:

| Date | Progress Notes |
|-------------|----------------|
| 14-Jun-2019 | dfgdfgd |
| 14-Jun-2019 | dfgdfgd |