

Activity Tracking

Device passively monitors activity levels



a)

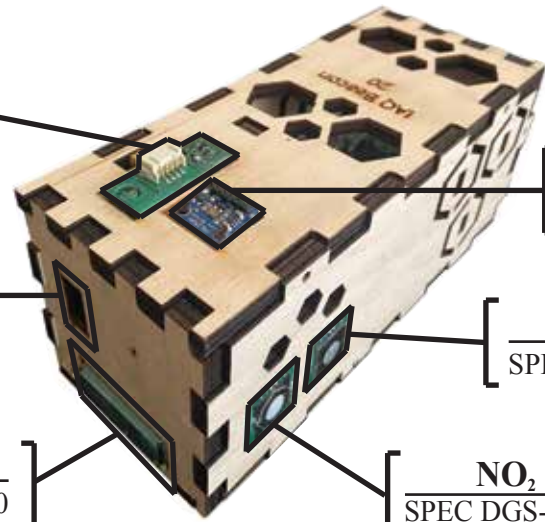
Sleep Tracking

Sleep periods/stages determined by heart rate/movement

TVOC
SGP30 Module

CO₂
Sensirion SCD30

PM
Sensirion SPS30



b)

Light
TSL2591 Module

CO
SPEC DGS-CO

NO₂
SPEC DGS-NO₂



c)

Sleep/Mood

Daily EMAs sent via app

Screen Time

Phone sensors provide use data