

### Activity Tracking

Device passively monitors activity levels

### Sleep Tracking

Sleep periods/stages determined by heart rate/movement

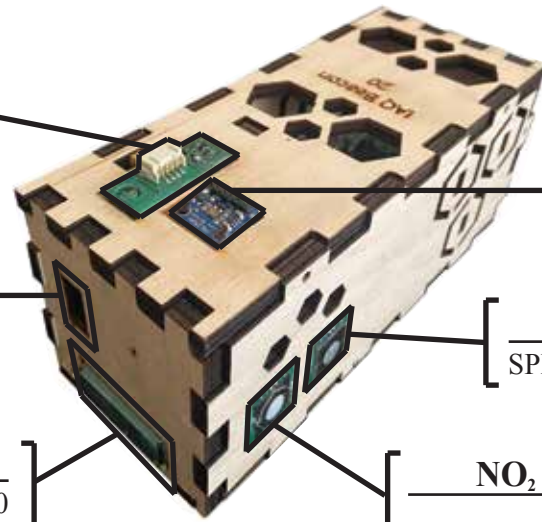


a)

TVOC  
SGP30 Module

CO<sub>2</sub>  
Sensirion SCD30

PM  
Sensirion SPS30



Light  
TSL2591 Module

CO  
SPEC DGS-CO

NO<sub>2</sub>

b)



### Sleep/Mood

Daily EMAs sent via app

### Screen Time

Phone sensors provide use data

c)