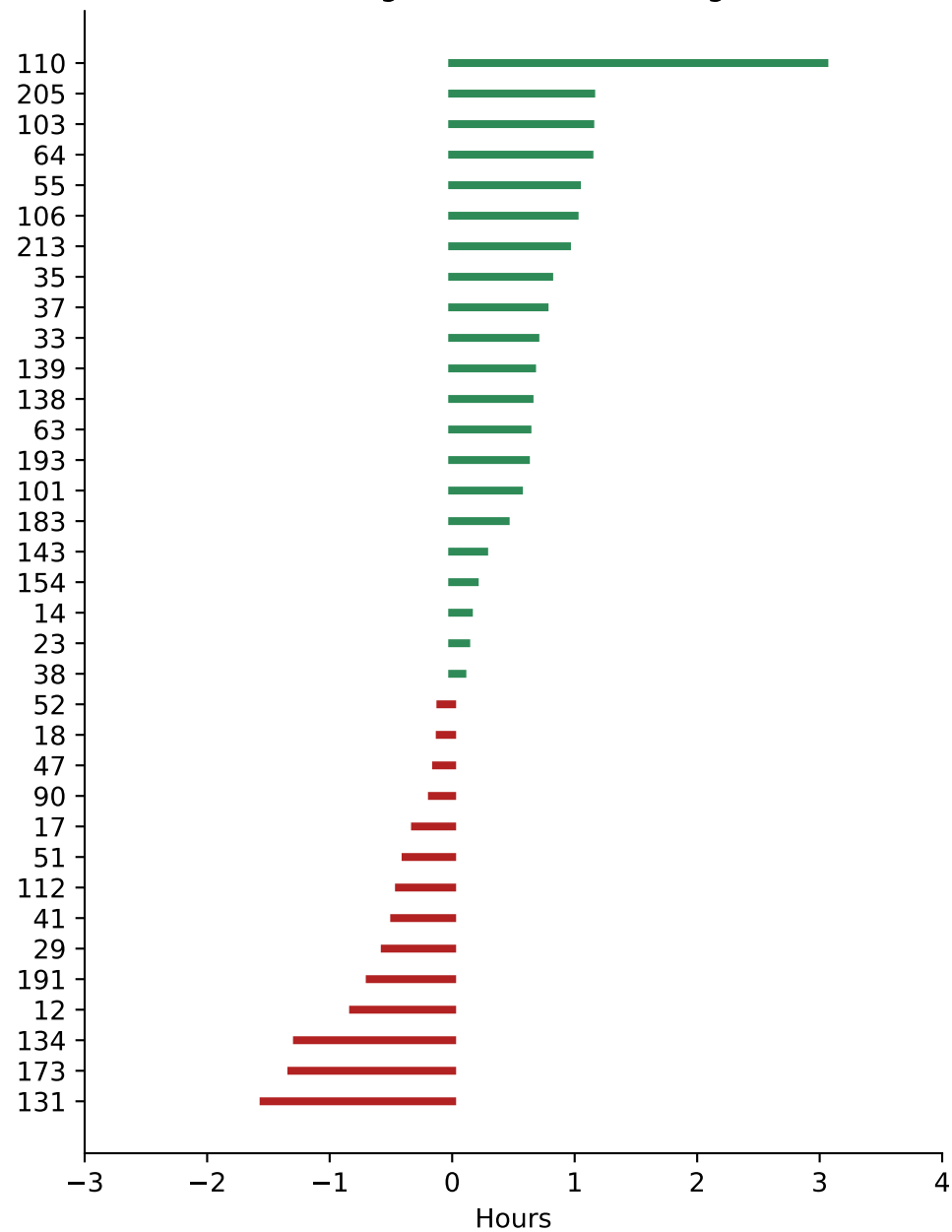


Mean change in bedtime (During - Pre)



Mean change in wake time (During - Pre)

