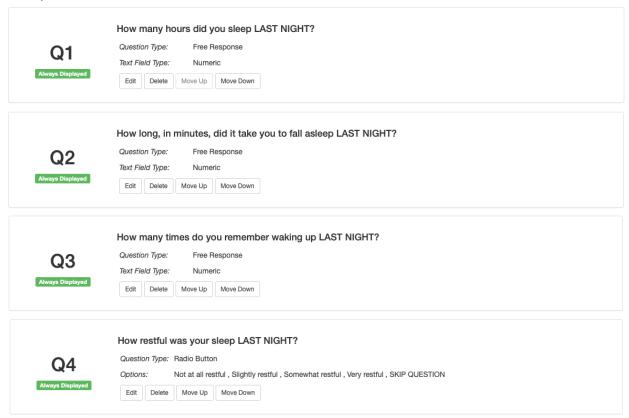
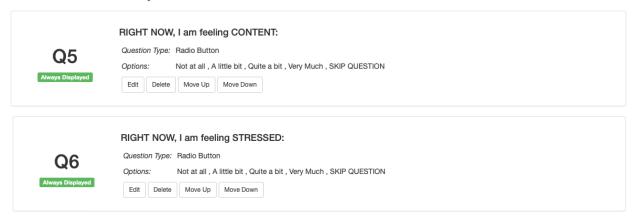
Beiwe Morning EMA

Questions on the EMA to be sent to participants phones in the morning ~9:00 am which include questions about their previous night's sleep and their current mood.

Sleep-Related Question



Mood-Related Questions



RIGHT NOW, I am feeling LONELY: Question Type: Radio Button Options: Not at all , A little bit , Quite a bit , Very Much , SKIP QUESTION Edit Delete Move Up Move Down RIGHT NOW, I am feeling SAD: Question Type: Radio Button Options: Not at all , A little bit , Quite a bit , Very Much , SKIP QUESTION Edit Delete Move Up Move Down

RIGHT NOW, my ENERGY LEVEL is:

Q9
Always Displayed

Question Type: Radio Button

 $\textit{Options:} \qquad \quad \mathsf{Low} \; \mathsf{Energy} \; \mathsf{,} \; \mathsf{Somewhat} \; \mathsf{low} \; \mathsf{energy} \; \mathsf{,} \; \mathsf{Neutral} \; \mathsf{,} \; \mathsf{Somewhat} \; \mathsf{high} \; \mathsf{energy} \; \mathsf{,} \; \mathsf{KIP} \; \mathsf{QUESTION}$

Edit Delete Move Up Move Down