

Activity Tracking

Device passively monitors activity levels

Sleep Tracking

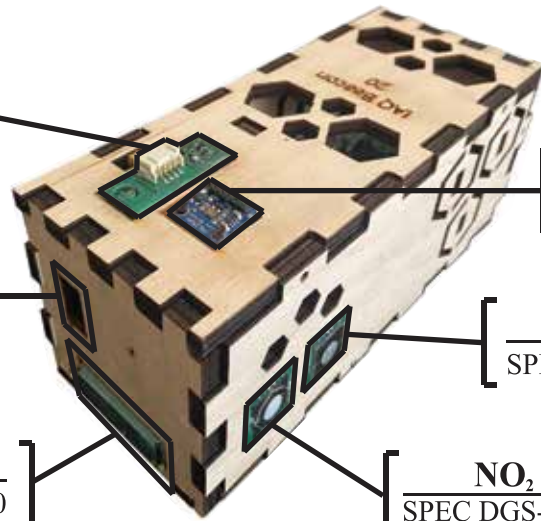
Sleep periods/stages determined by heart rate/movement



TVOC
SGP30 Module

CO₂
Sensirion SCD30

PM
Sensirion SPS30



Light
TSL2591 Module

CO
SPEC DGS-CO

NO₂
SPEC DGS-NO₂



Sleep/Mood

Daily EMAs sent via app

Screen Time

Phone sensors provide use data