Fitbit Sense

Advanced health wearable fitness device developed by FitbitA pair of headphones

Description automatically generated with medium confidence

# Specifications and Features

## Health

* Stress Score
* Electrodermal Activity (EDA) Scan for Stress
* Self-Report Stress Option
* Electrocardiogram (ECG) – optional
* Oxygen Saturation Monitor – the level of oxygen in the user’s blood
* Temperature Sensor
* Heart Rate Monitoring
* Breathing Rate Monitoring
* Menstrual Health Tracking
* Activity Tracking
* Sleep Staging and Monitoring

## Additional Features

* GPS Monitoring
* Exercise Modes
* Waterproof up to 50 meters
* 6+ Day Battery
* One day’s charge in 12 minutes