Hypochondria causes a man to be always searching for and racking his brain about things that either irritate or torment him. The cause of it is an internal morbid depression, combined often with an inward restlessness which is temperamental; when both are developed to their utmost, suicide is the result.

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What makes a man hard-hearted is this, that each man has, or fancies he has, sufficient in his own troubles to bear. This is why people placed in happier circumstances than they have been used to are sympathetic and charitable. But people who have always been placed in happy circumstances are often the reverse; they have become so estranged to suffering that they have no longer any sympathy with it; and hence it happens that the poor sometimes show themselves more benevolent than the rich.