Meanwhile it surprises one to find, both in the world of human beings and in that of animals, that this great, manifold, and restless motion is sustained and kept going by the medium of two simple impulses--hunger and the instinct of sex, helped perhaps a little by boredom--and that these have the power to form the _primum mobile_ of so complex a machinery, setting in motion the variegated show!

Looking at the matter a little closer, we see at the very outset that the existence of inorganic matter is being constantly attacked by chemical forces which eventually annihilates it. While organic existence is only made possible by continual change of matter, to keep up a perpetual supply of which it must consequently have help from without. Therefore organic life is like balancing a pole on one's hand; it must be kept in continual motion, and have a constant supply of matter of which it is continually and endlessly in need. Nevertheless it is only by means of this organic life that consciousness is possible.