There is only one mendacious creature in the world--man. Every other is true and genuine, for it shows itself as it is, and expresses itself just as it feels. An emblematical or allegorical expression of this fundamental difference is to be found in the fact that all animals go about in their natural state; this largely accounts for the happy impression they make on us when we look at them; and as far as I myself am concerned, my heart always goes out to them, particularly if they are free animals. Man, on the other hand, by his silly dress becomes a monster; his very appearance is objectionable, enhanced by the unnatural paleness of his complexion,--the nauseating effect of his eating meat, of his drinking alcohol, his smoking, dissoluteness, and ailments. He stands out as a blot on Nature. And it was because the Greeks were conscious of this that they restricted themselves as far as possible in the matter of dress.

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Much that is attributed to _force of habit_ ought rather to be put down to the constancy and immutability of original, innate character, whereby we always do the _same_ thing under the same circumstances; which happens the first as for the hundredth time in consequence of the same necessity. While _force of habit_, in reality, is solely due to _indolence_ seeking to save the intellect and will the work, difficulty, and danger of making a fresh choice; so that we are made to do to-day what we did yesterday and have done a hundred times before, and of which we know that it will gain its end.