

On the other hand, when a man thinks for himself he follows his own impulse, which either his external surroundings or some kind of recollection has determined at the moment. His visible surroundings do not leave upon his mind _one_ single definite thought as reading does, but merely supply him with material and occasion to think over what is in keeping with his nature and present mood. This is why _much_ reading robs the mind of all elasticity; it is like keeping a spring under a continuous, heavy weight. If a man does not want to think, the safest plan is to take up a book directly he has a spare moment.

This practice accounts for the fact that learning makes most men more stupid and foolish than they are by nature, and prevents their writings from being a success; they remain, as Pope has said,

"For ever reading, never to be read."--_Dunciad_ iii. 194.