what

you say

What we know

about Aids

The world marked the World’s Aids Day yesterday. According to Unicef, HIV and Aids affects children in many ways. Some pupils from Lavington Primary School,

Nairobi, share their views on what they know about Aids. They spoke to MWORIA MUCHINA.

**Hope Nyokabi, 13**

Aids is a disease which can be prevented by avoiding sexual intercourse and drug abuse. People who abuse drugs can get infected when they share syringes to inject themselves with drugs.

As a children’s cabinet secretary, I will take part in Aids awareness campaigns.

**Ruth Nduta,12**

It is a disease feared by many people. However, we have been taught in school that mostly it is young people who engage in bad behaviours that are likely to get infected. Therefore as young people we should abstain, not use drugs because we might end up sharing needles.

**Edwin Momanyi, 12**

It is a disease without cure. The best way is to abstain from early sexual activities. When parents

are infected and die they leave their children suffering. Those

infected can live longer if the eat well and take medicine.

**Linah Karaya, 13**

Aids does not choose age. Teens should not experiment with alcohol, drugs or early sexual experience because it’s risky.

As children we should protect ourselves. We should also always cover our wounds.

**Lamuel Chiteri, 12**

HIV/Aids virus can be transmitted when people share blood or body fluids. Unborn children can also be infected if their mothers do not protect them. I have seen adverts on television that infected people should protect themselves and others.

young nation

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**Sultan Haron, 13**

It’s a bad disease, which causes the body to loose immunity. Infected

people become sick and then die. When infected parentsdie, the orphans suffer and don’t go to school. Children should avoid sharing razor blades or pins.

**Felisha Njeri, 12**

It’s a disease which can be prevented by abstaining from sex.

We should also not share personal items like toothbrush. However,

I learnt in class that HIV/Aids cannot be transmitted my being bitten by mosquitos.