Dying of Aids too early

The HIV/Aids threat is back with a vengeance,

and according to grim statistics provided

by UNAids and the government, the virus is

spreading fastest among the 15-24 age bracket.

According to researchers, one of the reasons is

that naïve youths do not care about infections; they

are more interested in being the stigma associated

with unwanted pregnancies.

Then there is an equally appalling reason.

Commercial sex workers are increasingly being

forced to give in to the demands of their clients for

unprotected sex so long as the clients pay them

more money. They then swallow anti-retrovirals

drugs in the hope the pills will keep HIV at bay.

It is, therefore, time parents, the government,

schools, religious organisations, NGOs, the media

and other well-meaning societal institutions played

a more proactive role in creating awareness and

educating these youths of the dangers they face if

they do not protect themselves.

Elaborate sex education is no longer a choice. If

we don’t do something now, the virus will suck us

all into a vortex in which Kenyans are robbed of

their lives in the flower of their youth.