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DILG IV-A REGIONAL DIRECTOR IGLESIAS CONGRATULATES LAGUNA PROVINCE

STA. CRUZ, Laguna - Department of the Interior and Local Government (DILG) Region IV-A Regional Director Ariel O. Iglesia congratulated the Provincial Government of Laguna during the flag raising ceremony at the provincial capitol Time Plaza on 06 January 2024.

RD Iglesia, together with DILG-Laguna PD Jay Beltran, presented to Governor Ramil L. Hernandez the awards won by the province in 2024, with the Seal of Good Local Governance as highlight, along with High Functional Anti-Drug Abuse Council (ADAC), High Functional Local Committees on Anti-Trafficking and Violence Against Women and their Children (LCAT-VAWC),



and Ideal Functional Local Council for the Protection of Children (LCPC) awards. With great pride and honor, Gov. Hernandez received the awards and thanked DILG for recognizing the efforts and

accomplishments of the province. He also heartily thanked PGL officials and employees, gratefully sharing with them the awards, since they are highly instrumental in achieving PGL's goals and aspirations.

Hernandez also received Model Local chief Executive Award 2024 from the Association of Local Colleges and Universities Commission on Accreditation (ALCU-COA), presented by officials of Laguna University. (Photo: Jun Sapungan/Laguna PIO)

MURANG BIGASAN NI DON ROBIN

BRGY. LANDAYAN, SAN PEDRO, LAGUNA



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HEBREWS 11:1 (KJV)

“Now faith is the substance of things hoped for, the evidence of things not seen.”



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PRESS RELEASE

PhilHealth benefit for heart disease up by over fifteen-fold

As Filipinos celebrate the holiday season, the Department of Health (DOH) recently called on people to prioritize their well-being by practicing moderation in their food intake and maintaining an active lifestyle. This is particularly important given that cardio-vascular diseases, specifically ischemic heart disease (IHD), remain the leading cause of death in the Philippines.

To provide expanded financial coverage associated with heart disease treatment, the Philippine Health Insurance Corporation (PhilHealth) significantly increased its benefits coverage for Ischemic Heart Disease-Acute Myocardial Infarction (IHD-AMI) or "heart attack" for all inpatient admissions effective December 21, 2024.

PhilHealth Circular No. 2024-0032 published on the same date provides coverage for (1) Percutaneous Coronary Intervention (PCI) at P524,000 from P30,300, an increase of 1,629 percent; (2) Fibrinolysis at P133,500 from P30,290 or a 900% increase; (3) Emergency Medical Services with Coordinated Referral and Interfacility Transfer at P21,900; and (4) Cardiac Rehabilitation after PCI at P66,140.

The expanded PhilHealth benefits packages for heart attack ensure that patients receive timely medical treatment by including emergency medical transport services to a capable health facility and all the medical interventions needed to ensure survival and good patient outcomes.

"We understand the significant financial burden that heart disease can place on families," said PhilHealth President and Chief Executive Officer Emmanuel R. Ledesma, Jr. "We have listened to the patients and their families, and with the cooperation of our partner health facilities, we have been able to determine the prevailing costs that led us to adjust and substantially increase our financial support in these life-saving treatments," he added.

The enhanced heart packages support a comprehensive range of services that include emergency medical services, medicines, laboratory and diagnostic tests, medical supplies, use of equipment, and pertinent administrative fees. In the case of percutaneous coronary intervention, the procedure can be availed of at any of the 70 accredited Cath Labs nationwide.

The PhilHealth Chief reminded the members that there should be no co-payment for inpatient admissions in basic or ward accommodations in both public and private health facilities nationwide.

"But we should not forget, heart ailments can be prevented. To support our members in their journey towards better health especially in the coming new year, we encourage everyone to avail of our primary care benefits under Konsulta," urged Ledesma, specifying consultations with primary care physician, laboratory tests for early detection as well as medicines to support those that already have heart conditions, all for free.

"Through the Konsulta, we can identify potential health risks early on, including family history of heart disease, allowing for timely interventions such as medication for cholesterol management and lifestyle advice, to prevent or mitigate the development of heart disease.". He asked Filipinos to register to their Konsulta provider of choice at any of the local health insurance offices nationwide or through their own account in the PhilHealth Member Portal.



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By embracing a healthy lifestyle and by utilizing the Konsulta, Filipinos can better protect themselves from heart diseases for a healthier and productive future, he added. ###

**WORD SEARCH**

A	N	A	E	E	X	I	S	T	I	N	G	E	T
F	I	R	E	W	O	R	K	S	E	E	K	A	I
C	N	T	N	A	T	I	S	E	H	A	P	Y	S
A	O	C	H	R	E	T	S	E	M	I	R	T	S
M	W	P	C	C	I	T	E	H	T	S	E	A	U
I	Y	E	C	P	R	A	I	S	E	D	M	S	A
N	P	E	E	K	A	B	O	O	E	M	I	E	N
T	I	T	I	C	O	N	V	E	R	T	U	O	C
E	A	G	R	E	E	M	E	N	T	T	M	N	E
N	O	I	S	A	T	I	S	F	Y	I	N	G	P
S	N	N	R	X	N	O	I	T	C	E	S	U	T
E	T	H	G	I	E	W	T	H	G	I	L	F	E
I	E	G	T	I	S	I	D	E	T	R	A	C	K
W	L	N	E	H	C	A	O	R	P	P	A	E	E

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EXISTING	UPKEEP	SECTION
AESTHETIC	TRIMESTER	PEEKABOO
OCHRE	PRAISE	CONVERT
SATISFYING	COLONEL	SIDETRACK
PREMIUM	INTENSE	HESITANT
FIREWORKS	APPROACH	ISSUANCE

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PAUNAWA: Ang pamunuan ng **LAGUNA NEWS PUBLISHING** ay walang kinalaman sa opinyon ng mga kolumnista kaya ang aming patnugutan ay walang pananagutan.

P2M-WORTH OF ILLEGAL FIRE CRACKERS SEIZED IN CALABARZON

CALAMBA CITY, Laguna (PIA) – Around 43,000 assorted illegal fire crackers in the Calabarzon region, with an estimated value of P2 million were seized during the Holiday season, the Police Regional Office-4A reported.

In a statement posted on Facebook, PRO-4A Regional Director, Police Brig. Gen. Paul Kenneth Lucas attributed the confiscation to its anti-firecracker drive and the public's cooperation.

"Our heightened vigilance during this yuletide season, public information campaigns, and strict enforcement of fire cracker regulations contributed to this remarkable achievement, and I thank our personnel and the public for their cooperation," Lucas stated.

Meanwhile, firecracker-related injuries recorded at 271 from December 1, 2023 to January 1,



2024 dropped compared to only 160 injuries during the same period from December 1, 2024 to January 1, 2025.

In Laguna, an executive order was released to support the anti-illegal firecracker campaign and directed police forces to tighten security and ensure public safety. In an interview with the Philippine Information Agency – Laguna, Vice Governor Karen Agapay said they collaborated with the PNP to curb the use of illegal firecrackers to prevent accidents and injuries.

"This is a reiteration on the strict implementation

of prohibition on firecrackers, especially the use of boga here in Laguna," Agapay said.

However, nine cases of illegal discharge of firearms were recorded by PRO-4A covering the period December 18, 2024 to January 1, 2025. Those behind the illegal discharge will face criminal charges under Republic Act No. 10591 or the Comprehensive Firearms and Ammunition Regulations Act.

The PNP said administrative cases will likewise be filed against law enforcement or military personnel involved in the illegal act. (CO/PIA-4A)

WEEKLY LIGHT JESUS FOR BEINGS MINISTRY

By: Jenny Baoan

"With God are wisdom and might; He has counsel and understanding." (Job 12:13)

THE WISDOM OF GOD: TRUSTING IN OUR SAVIOR

In the book of Job, we find a profound statement about the wisdom and understanding of God. Job 12:13 says, "With God are wisdom and might; He has counsel and understanding." This verse reminds us that God is the source of all wisdom and strength. Today, we will explore how trusting in Jesus as our Lord and Savior allows us to tap into this divine wisdom and navigate the challenges of life.

Point 1: Jesus, Our Source of Wisdom

When we face difficult decisions or confusing situations, it is easy to feel lost. However, Jesus offers us guidance through His Word. The Bible is full of teachings that help us understand God's will for our lives. By studying the Scriptures and praying, we can gain insight and direction. Jesus said in

John 14:6, "I am the way, the truth, and the life." This means that when we seek Jesus, we are seeking the ultimate truth and wisdom.

Point 2: Jesus, Our Strength in Our Trials

Life is never without its trials. Job experienced unimaginable suffering, yet he remained faithful to God. In times of hardship, we can find strength in Jesus, who understands our pain. Hebrews 4:15 tells us that Jesus was tempted in every way, just as we are, yet He did not sin. This means He knows our struggles and is there to comfort us. When we lean on Him, we discover the strength to endure and overcome our challenges.

Point 3: Jesus, Our Ultimate Community

As women, we often

face unique challenges, and it is essential to support one another. In the body of Christ, we are called to bear one another's burdens (Galatians 6:2). Surrounding ourselves with fellow believers can provide encouragement and wisdom. Together, we can pray, share our experiences, and grow in our faith. Jesus emphasized the importance of community in Matthew 18:20, stating, "For where two or three gather in my name, there am I with them."

In conclusion, Job 12:13 reminds us that true wisdom and strength come from God. By trusting in Jesus as our only Lord and Savior, we gain access to His guidance, strength, and the support of our Christian community. Let us commit to seeking Him in all areas of our lives, knowing that He is faithful to lead us.

THE GOOD NEWS

Has anyone introduced you to Jesus so you could have a relationship with Him? May I? John 3:16 declares, "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." This tells of...

1. **God's Love:** "For God so loves you (name)..." God loves you and created you to enjoy a relationship with Him. But, sin prevents you from experiencing this relationship. You cannot be good enough

on your own to overcome this sin barrier and its penalty of death. God's love led to...

2. **God's Gift:** "God gave His one and only Son" Jesus to live as one of us then to take our penalty for sin on Himself when He died on the cross. Our sins could now be forgiven. He was then raised from the dead to be alive again and to give us His life. Because the price for our sin has been paid, the way to God is clear and simple through...

3. **God's Offer:** "Whoever believes in Him shall not perish but have eternal life ..." That

means to trust in God's loving plan, accept what Jesus did on the cross for you, admit your sin and desire a relationship with Him. To perish means to die separated from God and His love for you. Eternal life means you can enjoy a forever-family relationship with God now and after your life on earth ends.

When offered a gift you want, you take it and say thank you. It's forever yours. Would you like to pray now and tell God you are accepting His love gift of salvation in Jesus? Then, you can pray this simple prayer by faith:

Dear God,

I come to the cross by faith and come to the cross by faith in Your word, confessing to You that I'm a sinner. I'm sorry for my sin. I believe Jesus died as Your sacrifice for my sin. I'm willing to turn away from my sin. I ask you to forgive me in His name

and to cleanse me of all of my sins...past, present, and future... with His blood. Take away my shame and my guilt. And I believe He rose from the dead to give me eternal life, opening Heaven for me. I ask You to not only forgive me, but to give me eternal life in His name. I open up my heart and invite

Jesus to come live inside of me in the person of the Holy Spirit. I surrender to Him the control of my life. I choose this day to start living for You.

Thank You for hearing my prayer. Thank You for answering my prayer. Thank you for giving me Jesus!

Amen.

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RDRRMC CALABARZON, NAKAALERTO SA AKTIBIDAD NG BULKANG TAAL

LUNGSOD NG BATANGAS — Nananatiling nakaalerto at handa ang Regional Disaster Risk Reduction and Management Council (RDRRMC) Calabarzon kasunod ng minor phreatomagmatic eruption ng Bulkang Taal noong Lunes ng gabi, Enero 6, 2025.

Sa mensahe ni RDRRMC Chairperson at Office of Civil Defense (OCD) IV-A Regional Director Carlos Eduardo Alvarez III, pinaalalahanan niya ang mga lokal na pamahalaan sa paligid ng Bulkang Taal na paigtingin ang kanilang kahandaan kaugnay ng patuloy na aktibidad ng bulkang.

Ayon kay Alvarez, dapat maging alerto ang mga komunidad sa paligid nito at isaayos ang mga kaukulang contingency plans bilang paghahanda na rin sa ibang panganib na dulot ng aktibidad ng Bulkang Taal.

Isang minor phreatomagmatic eruption ang naganap sa main crater ng Bulkang Taal bandang 7:34 ng gabi noong Enero 6, 2025.

Nagdulot ito ng 600-metrong taas ng plume na may kasamang volcanic tremor na tumagal nang tatlong minuto, ayon sa Philippine Institute of Volcanology and



Seismology (Phivolcs). Bago ang naturang pagputok, iniulat ng Phivolcs ang pagtaas ng real-time seismic energy measurement (RSAM) ng Bulkang Taal simula noong Enero 4, 2025. La b i n d a l a w a n g volcanic earthquakes, kabilang ang anim na tremors, ang naitala rin ng ahensiya mula Enero 1, 2025.

Naobserbahan din ang kawalan ng degassing at plume kasabay ng pagtaas ng RSAM, indikasyon ng pagbara ng mga daanan ng volcanic gas sa loob ng bulkang na maaaring mag-trigger ng phreatic o minor phreatomagmatic eruption.

Ayon sa Phivolcs, bagama't nagkaroon ng minor eruption, walang indikasyon

upang itaas ang kung kinakailangan. Sa sektor ng edukasyon, ipinaalala ng Department of Education (DepEd) ang DepEd Order No. 22 na naglalaman ng direktiba ukol sa pagkakanselang klase at trabaho sa mga paaralan sa panahon ng kalamidad at emergencies. Ayon dito, nasa desisyon ng mga local chief executives, sa pakikipag-ugnayan sa kanilang Schools Division Supervisors, ang pagsuspinde ng face-to-face classes.

Samantala, nasa ilalim ng 'code white' ang Department of Health (DOH) Calabarzon at nakahanda ang kanilang ahensiya para sa anumang health-related incidents kaugnay ng aktibidad ng Bulkang Taal.

Nakahanda rin ang Department of Information and Communications Technology (DICT) IV-A na mag-deploy ng mga interconnectivity support at communications box



BUSINESS ONE-STOP SHOP 2025

Pormal nang sinimulan noong Enero 2, 2025 ang taunang Business One-Stop Shop (BOSS) na pinangungunaan ng Business Permit and License Office (BPLO) ng Lungsod ng Santa Rosa.

Layunin ng programang ito na magbigay ng episiente at mabilis na serbisyong para sa mga negosyanteng magpaparehistro o magre-renew ng business permit gamit ang Santa

Rosa E-BOSS o Electronic Business One-Stop Shop. Ang online platform na ito ay maaaring ma-access sa [https://eboss.santarosacity.gov.ph].

Bilang tugon sa pangangailangan para sa mas modernong serbisyong, at upang mas mapabilis na rin ang proseso, maaaring mag-renew ng business permit gamit ang Santa

Rosa E-BOSS o Electronic Business One-Stop Shop. Ang online platform na ito ay maaaring ma-access sa [https://eboss.santarosacity.gov.ph].

Ang BOSS ay patunay ng pagsusumikap ng Lungsod ng Santa Rosa na magbigay ng mas maayos, mabilis, at episienteng serbisyong publiko para sa mga negosyante. (Photo by CIO Erick, Santa Rosa City-CIO)

Para sa bagong YOU na healthy, Commit to be fit ngayong 2025!

Tamang Pagkain

- Sundin ang Pinggang Pinoy!
- Umiwas sa masyadong maalat, matamis, mamantika, at matabang pagkain.

Ehersisy

- Wais magpapawis nang 30 minutes kada araw!

Disiplina sa katawan

- Umiwas sa sigarilyo, vape at alak!

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