Polyrhythms

Aural Skills IV

Practice with a metronome on the beat (lower part). Perform the following rhythms in several ways: 1) say "TAH" for the upper part and clap the lower part; 2) say numbers (for instance, "one, two, three, four, five") for the upper part and clap the lower part; 3) on piano, play the upper part in the right hand and the lower part in the left hand; or 4) slap your knees or hips; using the right hand for the upper part and left hand for the lower part.

