



Breakout Strategy

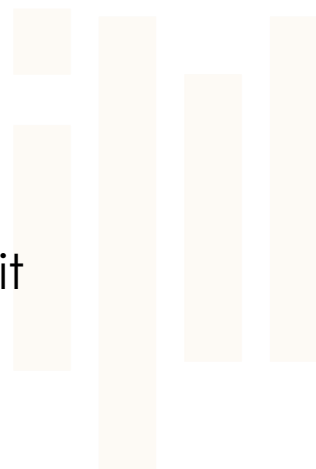
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5 steps of executing the Breakout strategy

1. Find your asset and time-frame
2. Find support and resistance
3. Find pattern and follow trend
4. Set entry, stop loss and take profit
5. Trade Management




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Part 1 – Find Your Asset



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Find your asset

- Indices (US100, US500, US30)
- Commodities (XAU – GOLD, XAG – Silver, XTI – OIL)
- Currencies (GBP, USD, JPY etc.)
- Cryptos (BTC, ETH)
- Stocks (Apple, Netflix)



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Lot Size

- US100, US30, US500, BTC, ETH: 1
- Gold (XAUUSD): 100
- Silver (XAGUSD): 1000
- Oil (XTIUSD): 100
- Etoro: 1



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Lot Size

Long Position  

Inputs Style Visibility

Account size USD

Lot size

Risk % 

Entry price

PROFIT LEVEL

Ticks

Price

STOP LEVEL

Ticks

Price

Template 

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Part 2 – Find Support and Resistance

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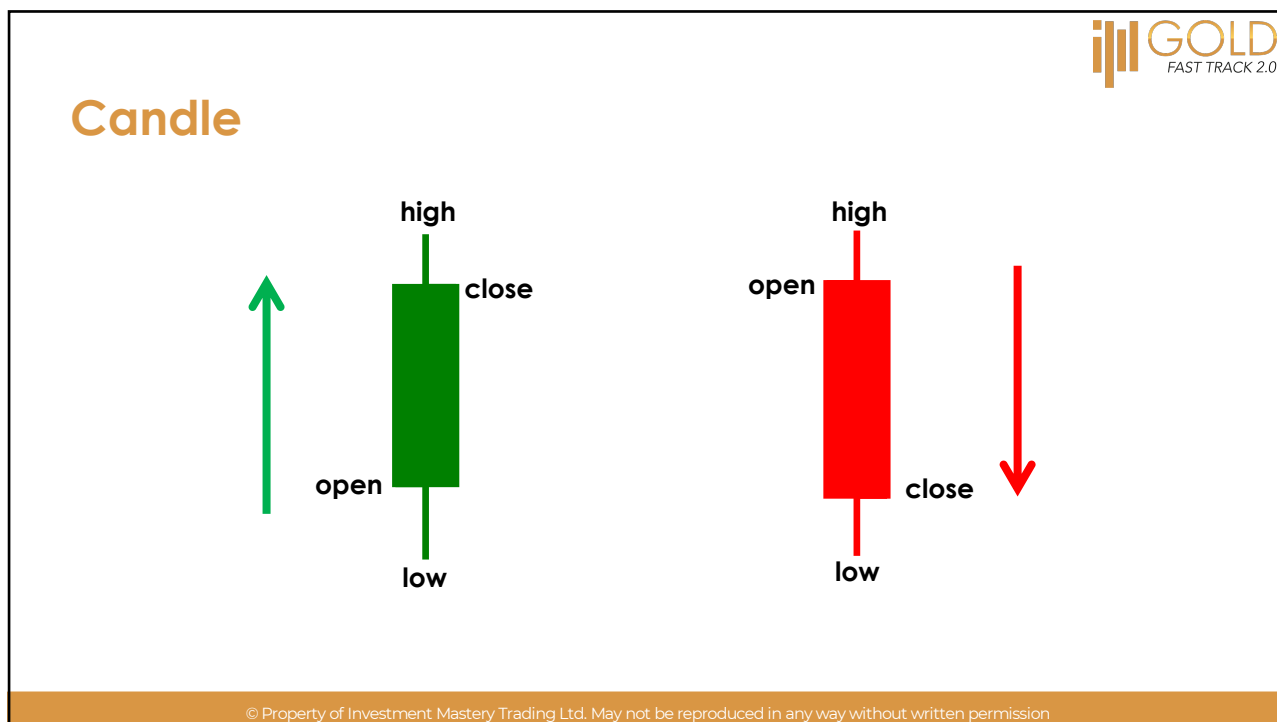
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Mark out support and resistance

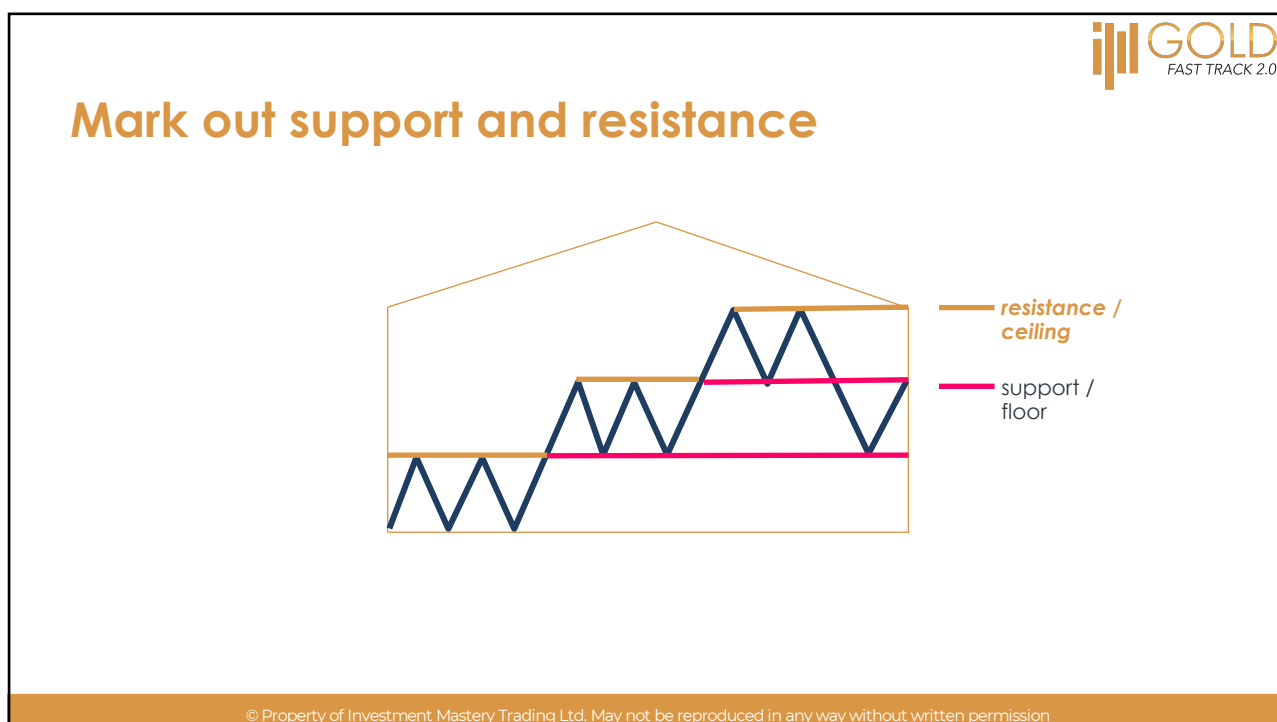
- Most recent on the 4-hour chart
- Last time the price bounced
- Trade on the 1-hour chart

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Mark out support and resistance on 4-hour



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Look at market structure on 1-hour charts



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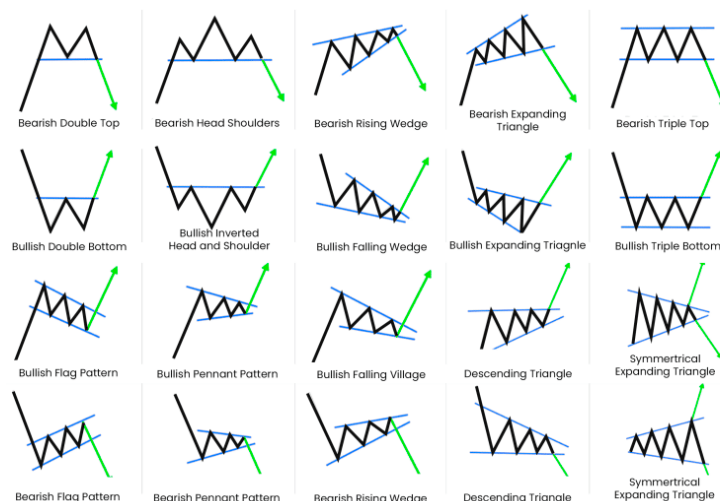
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Part 3 – Find Pattern and Follow the Trend

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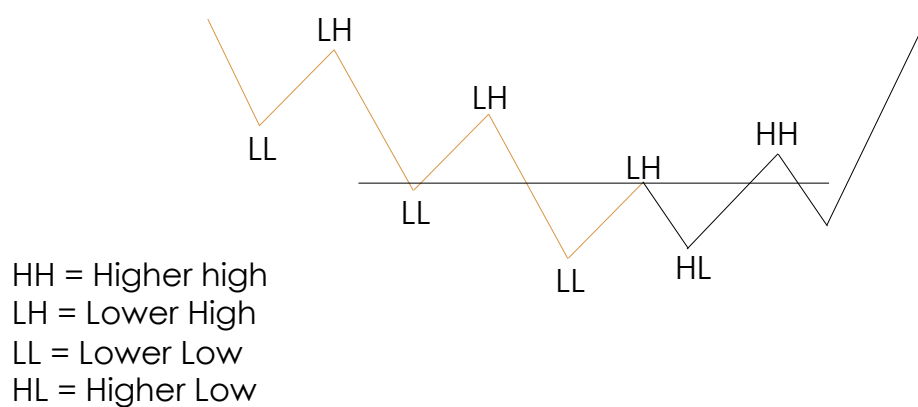
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Find market trend



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Reversal



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Inverse head and shoulder



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Descending triangle



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Follow the trend

"Trend is your friend
until it bends at the end"



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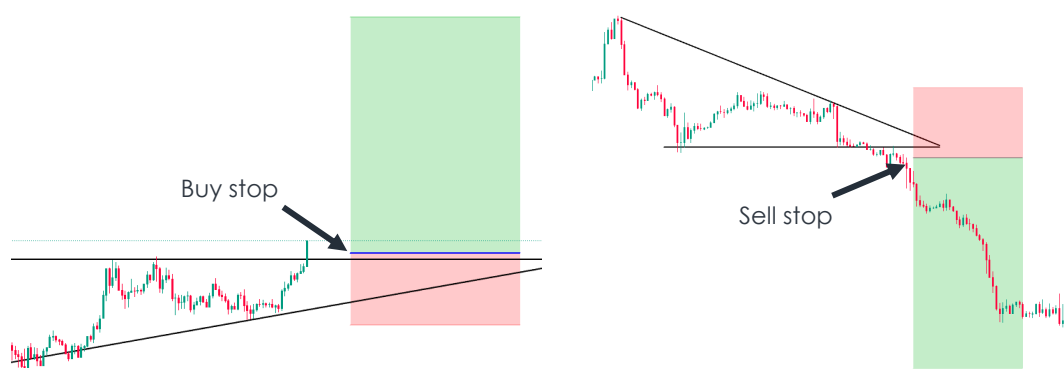


Part 4 – Set Entry, Stop Loss and Take Profit

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Use a stop order



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Find your entry, stop loss and take profit

Entry:

- A bit over the consolidation
- A bit under the consolidation



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Find your entry, stop loss and take profit

Stop loss:

- A bit over last level of resistance
- A bit under the support



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Find your entry, stop loss and take profit

Take profit:

- Aim for a 3:1 since we do not know



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Part 5 – Trade Management

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Manage your trade

- The structural approach (if more time)
- The systemic approach (if less time)



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Structural approach



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Systemic approach



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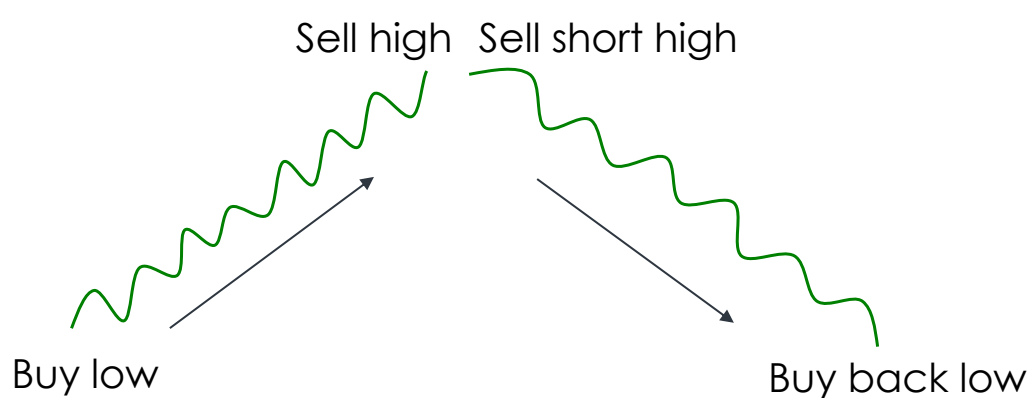
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Part 6 – How To Short The Market

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GOLD FAST TRACK 2.0

Part 6 – Backtesting

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Backtesting

- 1-day on free accounts
- Close your eyes when going back
- Backtest one session a week

GOLD FAST TRACK 2.0

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Part 7 – You Are The Casino

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The casino method

1. Create your rules
2. Back-test/place 20 trades
3. Adjust rules
4. Do another 20 trades
5. Go live

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Part 7 – Probability

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Heads or Tails?

- Head = 3%
- Tail = -1%
- 7 losses = -7%
- 3 wins = 9%
- Result = +2%



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Part 8 – Calculations behind a trade

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Calculations

- Entry (E): 10
- Stop Loss (SL): 8
- Take Profit (TP): 16
- Trade risk: $10 (E) - 8 (SL) = 2$
- Potential profit: $16 (TP) - 10 (E) = 6$
- Reward / risk = $6/2 = 3$
- Account risk: 1% of 100.000 = 1 000
- Quantity: Account risk / trade risk = $1\ 000 / 2 = 500$

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Calculations



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Part 9 – Summary of the Breakout Strategy

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5 steps of executing the Breakout strategy

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2. Analysis: Find support and resistance
3. Find pattern and follow trend
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Homeplay

- Create a playbook for Breakout and keep it simple
- Backtest for 1 hour
- Place as many trades as you can

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