

harry potter

11/17/2017

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Endive
<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Fennel
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Capers	<input type="checkbox"/> Ginger
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Jicama
<input type="checkbox"/> Arugula	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Kelp/Dulse
<input type="checkbox"/> Avocado	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Kombu
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Leeks
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Celery	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Beet	<input type="checkbox"/> Chard	<input type="checkbox"/> Mushrooms
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Chayote	<input type="checkbox"/> Mushrooms, Button
<input type="checkbox"/> Bitter Melon	<input type="checkbox"/> Chives	<input type="checkbox"/> Mushrooms, Cremini/Crimini
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Mushrooms, Maitake
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Mushrooms, Shiitake
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Comfrey	<input type="checkbox"/> Nori
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Cucumber	<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)
<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Okra
<input type="checkbox"/> Burdock	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Onion, Green
<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Eggplant	<input type="checkbox"/> Onion, Maui

harry potter

11/17/2017

<input type="checkbox"/> Onion, Red	<input type="checkbox"/> Potato, Red	<input type="checkbox"/> Squash, Butternut
<input type="checkbox"/> Onion, Sweet	<input type="checkbox"/> Potato, Russet	<input type="checkbox"/> Squash, Green
<input type="checkbox"/> Onion, Yellow	<input type="checkbox"/> Potato, Sweet	<input type="checkbox"/> Squash, Spaghetti
<input type="checkbox"/> Paprika	<input type="checkbox"/> Potato, White	<input type="checkbox"/> Squash, Summer
<input type="checkbox"/> Parsley	<input type="checkbox"/> Potato, Yukon Gold	<input type="checkbox"/> Squash, Winter
<input type="checkbox"/> Parsnip	<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Squash, Yellow
<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Pea, Green	<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Swede
<input type="checkbox"/> Pea, Snap	<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Sweet Potato, Red
<input type="checkbox"/> Pea, Snow	<input type="checkbox"/> Radicchio	<input type="checkbox"/> Sweet Potatoes, White
<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Radish	<input type="checkbox"/> Swiss Chard
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tabasco Sauce
<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Taro
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Tomato
<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Tomato, Cherry
<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Scallions	<input type="checkbox"/> Tomato, Heirloom
<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Sea Vegetables	<input type="checkbox"/> Tomato, Orange
<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Seaweed	<input type="checkbox"/> Tomato, Red
<input type="checkbox"/> Pepper, Tabasco	<input type="checkbox"/> Shallots	<input type="checkbox"/> Tomato, Roma
<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Spinach	<input type="checkbox"/> Tomato, Sun-dried
<input type="checkbox"/> Pimento	<input type="checkbox"/> Spirulina	<input type="checkbox"/> Tomato, Yellow
<input type="checkbox"/> Potato, Fingerling	<input type="checkbox"/> Squash	<input type="checkbox"/> Tomatoes, Big Beef
<input type="checkbox"/> Potato, Purple	<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)

harry potter

11/17/2017

<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Cherry	<input type="checkbox"/> Jack fruit
<input type="checkbox"/> Truffle	<input type="checkbox"/> Clementine	<input type="checkbox"/> Kiwi
<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Cranberry	<input type="checkbox"/> Kumquat
<input type="checkbox"/> Turnips	<input type="checkbox"/> Cranberry Juice	<input type="checkbox"/> Lemon
<input type="checkbox"/> Wasabi Root	<input type="checkbox"/> Currant	<input type="checkbox"/> Lemon Juice
<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Dates	<input type="checkbox"/> Lemon Rind/Peel
<input type="checkbox"/> Watercress	<input type="checkbox"/> Dragon Fruit (Pitaya)	<input type="checkbox"/> Lime
<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)	<input type="checkbox"/> Dried Fruit	<input type="checkbox"/> Lime Juice
<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Durian Fruit	<input type="checkbox"/> Loganberry
<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Elderberry	<input type="checkbox"/> Longan Fruit
<input type="checkbox"/> Yucca	<input type="checkbox"/> Fig	<input type="checkbox"/> Loquat
<input type="checkbox"/> Zucchini	<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Lychee
<input type="checkbox"/> Fruits	<input type="checkbox"/> Golden Berry	<input type="checkbox"/> Mango
<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Gooseberries	<input type="checkbox"/> Mangosteen
<input type="checkbox"/> Apricot	<input type="checkbox"/> Grape	<input type="checkbox"/> Maqui
<input type="checkbox"/> Banana	<input type="checkbox"/> Grape, Green	<input type="checkbox"/> Melon, Honeydew
<input type="checkbox"/> Bilberry	<input type="checkbox"/> Grape, Purple	<input type="checkbox"/> Monk Fruit (Pure)
<input type="checkbox"/> Blackberry	<input type="checkbox"/> Grape, Red	<input type="checkbox"/> Mulberry
<input type="checkbox"/> Blueberry	<input type="checkbox"/> Grape, White	<input type="checkbox"/> Nectarines
<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Grapefruit	<input type="checkbox"/> Noni
<input type="checkbox"/> Cantaloupe	<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Orange
<input type="checkbox"/> Cape Gooseberries	<input type="checkbox"/> Ground Cherries	<input type="checkbox"/> Orange, Blood
<input type="checkbox"/> Carambola	<input type="checkbox"/> Guava	<input type="checkbox"/> Orange Juice
	<input type="checkbox"/> Huckleberry	<input type="checkbox"/> Orange Peel/Rind

harry potter

11/17/2017

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Oranges, Mandarin            | <input type="checkbox"/> Youngberry                         | <input type="checkbox"/> Fava Bean Flour                       |
| <input type="checkbox"/> Papaya                       | <input type="checkbox"/> <b>Legumes, Pods, &amp; Pulses</b> | <input type="checkbox"/> Garbanzo Bean                         |
| <input type="checkbox"/> Passion Fruit                | <input type="checkbox"/> Bean, Azuki                        | <input type="checkbox"/> Garbanzo Flour                        |
| <input type="checkbox"/> Peach                        | <input type="checkbox"/> Bean, Black                        | <input type="checkbox"/> Kidney Bean                           |
| <input type="checkbox"/> Pear                         | <input type="checkbox"/> Bean, Butter                       | <input type="checkbox"/> Lentil(s)                             |
| <input type="checkbox"/> Pear, Asian                  | <input type="checkbox"/> Bean, Cannellini                   | <input type="checkbox"/> Pea, Snap                             |
| <input type="checkbox"/> Persimmons                   | <input type="checkbox"/> Bean, Chana Dahl                   | <input type="checkbox"/> Pea, Snow                             |
| <input type="checkbox"/> Pineapple                    | <input type="checkbox"/> Bean, Chili                        | <input type="checkbox"/> Pea, Split                            |
| <input type="checkbox"/> Plantain                     | <input type="checkbox"/> Bean, Green                        | <input type="checkbox"/> Peanut (Organic, Valencia)            |
| <input type="checkbox"/> Plum                         | <input type="checkbox"/> Bean, Haricot                      | <input type="checkbox"/> Peanut Butter (Organic, Maranatha®)   |
| <input type="checkbox"/> Pomegranate                  | <input type="checkbox"/> Bean, Italian                      | <input type="checkbox"/> Red Bean Paste                        |
| <input type="checkbox"/> Pomelo                       | <input type="checkbox"/> Bean, Kidney                       | <input type="checkbox"/> Soybean oil(must be organic)          |
| <input type="checkbox"/> Prune                        | <input type="checkbox"/> Bean, Lima                         | <input type="checkbox"/> Soy Beans (must be organic)           |
| <input type="checkbox"/> Quince                       | <input type="checkbox"/> Bean, Mung                         | <input type="checkbox"/> Vanilla Bean                          |
| <input type="checkbox"/> Raisin (unsulfured, organic) | <input type="checkbox"/> Bean, Navy                         | <input type="checkbox"/> <b>Nuts, Seeds, Drupes &amp; Oils</b> |
| <input type="checkbox"/> Rambutan                     | <input type="checkbox"/> Bean, Ninja                        | <input type="checkbox"/> Almond                                |
| <input type="checkbox"/> Raspberry                    | <input type="checkbox"/> Bean, Pinto/Frijole                | <input type="checkbox"/> Almond, Marcona                       |
| <input type="checkbox"/> Star Fruit                   | <input type="checkbox"/> Bean, Red                          | <input type="checkbox"/> Almond Butter (Artisana®)             |
| <input type="checkbox"/> Strawberry                   | <input type="checkbox"/> Bean, White                        | <input type="checkbox"/> Almond Flavor (natural, gluten free)  |
| <input type="checkbox"/> Tamarind                     | <input type="checkbox"/> Beans                              | <input type="checkbox"/> Almond Flour (gluten free)            |
| <input type="checkbox"/> Tangelo                      | <input type="checkbox"/> Chickpea (see also Garbanzo Bean)  | <input type="checkbox"/> Almond Meal (gluten free)             |
| <input type="checkbox"/> Tangerine                    | <input type="checkbox"/> Edamame (must be organic)          | <input type="checkbox"/> Almond Oil                            |
| <input type="checkbox"/> Watermelon                   | <input type="checkbox"/> Fava Bean                          | <input type="checkbox"/> Annatto Seed                          |
| <input type="checkbox"/> Wolfberry                    |   |  |

harry potter

11/17/2017

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Avocado Oil                          | <input type="checkbox"/> Hemp Protein (Powder)                  | <input type="checkbox"/> Rice Bran Oil                    |
| <input type="checkbox"/> Borage Seed Oil                      | <input type="checkbox"/> Hemp Seed                              | <input type="checkbox"/> Sacha Inchi Seeds                |
| <input type="checkbox"/> Brazil Nut                           | <input type="checkbox"/> Krill Oil                              | <input type="checkbox"/> Safflower/Safflower Seed Oil     |
| <input type="checkbox"/> Canola/Rapeseed Oil                  | <input type="checkbox"/> Lard/Tallow (pork)                     | <input type="checkbox"/> Sesame Seed Oil                  |
| <input type="checkbox"/> Canola Oil, Non-GMO                  | <input type="checkbox"/> Macadamia Nut Oil                      | <input type="checkbox"/> Sesame Seeds                     |
| <input type="checkbox"/> Caraway Seed                         | <input type="checkbox"/> Macadamia Nuts                         | <input type="checkbox"/> Sesame Seeds, Black              |
| <input type="checkbox"/> Cashew Butter                        | <input type="checkbox"/> MCT Oil                                | <input type="checkbox"/> Sunflower Seed Butter            |
| <input type="checkbox"/> Cashew Meal                          | <input type="checkbox"/> Olive Leaf Extract                     | <input type="checkbox"/> Sunflower Seed Flour             |
| <input type="checkbox"/> Cashews                              | <input type="checkbox"/> Olive Oil, Virgin                      | <input type="checkbox"/> Sunflower Seed Lecithin          |
| <input type="checkbox"/> Chestnut                             | <input type="checkbox"/> Palm Kernel Oil                        | <input type="checkbox"/> Sunflower Seed Oil               |
| <input type="checkbox"/> Chia Seed (1/4 cup, max)             | <input type="checkbox"/> Peanut Oil (Organic)                   | <input type="checkbox"/> Sunflower Seeds                  |
| <input type="checkbox"/> Coconut, shredded (raw, unsweetened) | <input type="checkbox"/> Pecan Flour                            | <input type="checkbox"/> Tahini                           |
| <input type="checkbox"/> Coconut Butter                       | <input type="checkbox"/> Pecans                                 | <input type="checkbox"/> Tea, Ramon                       |
| <input type="checkbox"/> Coconut Oil                          | <input type="checkbox"/> Pepitas                                | <input type="checkbox"/> Tiger Nuts                       |
| <input type="checkbox"/> Cottonseed/Cottonseed Oil            | <input type="checkbox"/> Pili Nuts                              | <input type="checkbox"/> Truffle Oil                      |
| <input type="checkbox"/> Duck Fat                             | <input type="checkbox"/> Pine Nut                               | <input type="checkbox"/> Truffle Oil, Black               |
| <input type="checkbox"/> Fenugreek Seed                       | <input type="checkbox"/> Pistachios                             | <input type="checkbox"/> Vegetable Shortening (Spectrum®) |
| <input type="checkbox"/> Flax Meal                            | <input type="checkbox"/> Poppy seeds                            | <input type="checkbox"/> Walnut Oil                       |
| <input type="checkbox"/> Flax Oil                             | <input type="checkbox"/> Psyllium Husk                          | <input type="checkbox"/> Walnuts                          |
| <input type="checkbox"/> Flax Seed                            | <input type="checkbox"/> Pumpkin Oil                            | <input type="checkbox"/> Walnuts, Black                   |
| <input type="checkbox"/> Grapeseed Oil, Organic               | <input type="checkbox"/> Pumpkin Seed Oil                       |   |
| <input type="checkbox"/> Hazelnut/Filbert                     | <input type="checkbox"/> Pumpkin Seeds                          |   |
| <input type="checkbox"/> Hazelnut Flour                       | <input type="checkbox"/> Ramon Seeds                            |   |
| <input type="checkbox"/> Hemp Meal                            | <input type="checkbox"/> Rice, Wild (Lundberg® - not the blend) |   |

<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Cramp Bark Extract	<input type="checkbox"/> Juniper Berry
<input type="checkbox"/> Allspice	<input type="checkbox"/> Cream of Tartar	<input type="checkbox"/> Lavender
<input type="checkbox"/> Almond Flavor (natural, gluten free)	<input type="checkbox"/> Cumin	<input type="checkbox"/> Lemon Balm (Melissa Officinalis)
<input type="checkbox"/> Anise	<input type="checkbox"/> Curcumin	<input type="checkbox"/> Lemongrass
<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Curry (must be GF)	<input type="checkbox"/> Lemon Pepper
<input type="checkbox"/> Astragalus	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Licorice Root
<input type="checkbox"/> Basil	<input type="checkbox"/> Dill	<input type="checkbox"/> Maca Root
<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Dong Quai	<input type="checkbox"/> Mace Spice
<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Echinacea	<input type="checkbox"/> Marjoram
<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Fennel	<input type="checkbox"/> Mesquite
<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Fennel Seed	<input type="checkbox"/> Milk Thistle
<input type="checkbox"/> Cardamom	<input type="checkbox"/> Garam Masala	<input type="checkbox"/> Mint
<input type="checkbox"/> Catnip	<input type="checkbox"/> Ginger Powder	<input type="checkbox"/> Mustard (as a Powder)
<input type="checkbox"/> Celery Powder	<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Mustard Seeds (gluten free)
<input type="checkbox"/> Celery Seed	<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Nutmeg
<input type="checkbox"/> Chaparral	<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Chervil	<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Onion
<input type="checkbox"/> Cilantro/Coriander	<input type="checkbox"/> Grapeseed Extract	<input type="checkbox"/> Onion Powder
<input type="checkbox"/> Cinnamon	<input type="checkbox"/> Guarana	<input type="checkbox"/> Orange Peel/Rind
<input type="checkbox"/> Cinnamon, Ceylon	<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Orange Salt
<input type="checkbox"/> Clove Powder	<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Oregano
<input type="checkbox"/> Cloves, Madagascar	<input type="checkbox"/> Hickory	<input type="checkbox"/> Paprika
<input type="checkbox"/> Cloves, Penang	<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Paprika (smoked)
<input type="checkbox"/> Comfrey	<input type="checkbox"/> Jamaican Jerk	<input type="checkbox"/> Parsley

harry potter

11/17/2017

<input type="checkbox"/> Pau D'arco	<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Crayfish
<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Tarragon	<input type="checkbox"/> Flounder
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Thyme	<input type="checkbox"/> Haddock
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Hake
<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Turmeric	<input type="checkbox"/> Halibut
<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Herring
<input type="checkbox"/> Peppermint	<input type="checkbox"/> Valerian	<input type="checkbox"/> Krill
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Lobster
<input type="checkbox"/> Red Clover	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Lox
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Mackerel
<input type="checkbox"/> Rose Hips	<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Mahi Mahi
<input type="checkbox"/> Rosemary	<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Mussel
<input type="checkbox"/> Saffron	<input type="checkbox"/> Wormwood	<input type="checkbox"/> Octopus
<input type="checkbox"/> Sage	<input type="checkbox"/> <b>Fish &amp; Shellfish</b>	<input type="checkbox"/> Orange Roughy
<input type="checkbox"/> Sassafras	<input type="checkbox"/> Anchovy	<input type="checkbox"/> Oyster
<input type="checkbox"/> Savory	<input type="checkbox"/> Bass	<input type="checkbox"/> Perch
<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Catfish	<input type="checkbox"/> Red Snapper
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Salmon, wild (fresh)
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Clam	<input type="checkbox"/> Sardines
<input type="checkbox"/> Shallots	<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Scallop
<input type="checkbox"/> Spearmint	<input type="checkbox"/> Corvina	<input type="checkbox"/> Shrimp
<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Crab	<input type="checkbox"/> Sole
<input type="checkbox"/> Sumac	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Squid
<input type="checkbox"/> Tabasco Sauce		<input type="checkbox"/> Swai

<input type="checkbox"/> Swordfish	<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Milk, Soy (Organic)
<input type="checkbox"/> Tilapia (Wild, Non-farmed)	<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Paleo Cheese (Julianbakery.com or
<input type="checkbox"/> Trout	<input type="checkbox"/> Lamb	<input type="checkbox"/> <b>Gluten-Free Grains</b>
<input type="checkbox"/> Tuna	<input type="checkbox"/> Ostrich	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Pheasant	<input type="checkbox"/> Amaranth
<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Arrowroot Flour/powder
<input type="checkbox"/> <b>Meat &amp; Poultry</b>	<input type="checkbox"/> Quail	<input type="checkbox"/> Avenin (Gluten-free)
<input type="checkbox"/> Applegate® organic black forest ham	<input type="checkbox"/> Rabbit	<input type="checkbox"/> Basmati Rice (gluten free)
<input type="checkbox"/> Applegate® organic chicken	<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> Brown Rice Flour
<input type="checkbox"/> Applegate® organic ham	<input type="checkbox"/> Veal (organic)	<input type="checkbox"/> Buckwheat
<input type="checkbox"/> Applegate® organic herb roasted turkey	<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Buckwheat Flour
<input type="checkbox"/> Applegate® organic roast beef	<input type="checkbox"/> <b>Milk-Containing Foods</b>	<input type="checkbox"/> Coconut Flour (gluten free)
<input type="checkbox"/> Applegate® organic smoked chicken breast	<input type="checkbox"/> No foods in this Category	<input type="checkbox"/> Coconut Meal (gluten free)
<input type="checkbox"/> Applegate® organic smoked turkey breast	<input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>	<input type="checkbox"/> Ener-G Brown Rice Yeast-Free Bread
<input type="checkbox"/> Applegate® organic turkey	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Beef, Grass-fed only (organic)	<input type="checkbox"/> Almond Yogurt, unsweetened	<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Buffalo (see also Bison)	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/> Chicken, free range (organic)	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)	<input type="checkbox"/> Egg, Pasture-raised (from a farmer)	<input type="checkbox"/> Hemp Meal
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Deer (see also Venison)	<input type="checkbox"/> Egg Whites, Pasture-raised	<input type="checkbox"/> Hemp Seed
<input type="checkbox"/> Duck	<input type="checkbox"/> Egg Yolks, Pasture-raised	<input type="checkbox"/> Julian Bakery Almond Bread



<input type="checkbox"/> Julian Bakery Coconut Bread	<input type="checkbox"/> Sunflower Seed Flour	<input type="checkbox"/> Kamut
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Liquid Smoke (can have gluten)
<input type="checkbox"/> Mikey's Original English Muffin	<input type="checkbox"/> Tapioca	<input type="checkbox"/> Oats
<input type="checkbox"/> Millet	<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Oats, GF (not Certified) can have gluten
<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Orzo
<input type="checkbox"/> Oats (Certified GF)	<input type="checkbox"/> Teff	<input type="checkbox"/> Panko
<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Teff Flour	<input type="checkbox"/> Polish Wheat
<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Rye
<input type="checkbox"/> ProGranola (Julian Bakery)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Semolina
<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava	<input type="checkbox"/> Spelt
<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Triticale
<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Allulose	<input type="checkbox"/> Vodka, Rye or Grain
<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Avenin	<input type="checkbox"/> Wheat (All Types)
<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Bran	<input type="checkbox"/> Wheat Germ
<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)
<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Couscous	<input type="checkbox"/> Corn-Derived Foods
<input type="checkbox"/> Rice, Purple (gluten free)	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> No foods in this Category
<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Durum Wheat	
<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Egyptian Wheat	
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Farro	
<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Gliadin	
<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Gluten	
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Graham (wheat)	
<input type="checkbox"/> Sorghum		

<input type="checkbox"/> <b>Condiments, Spreads &amp; Sauces</b>	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Maltodextrin (Tapioca-based)
<input type="checkbox"/> <b>Apple Cider Vinegar (Bragg's®)</b>	<input type="checkbox"/> <b>Tabasco Sauce</b>	<input type="checkbox"/> <b>Maple Sugar</b>
<input type="checkbox"/> <b>Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar)</b>	<input type="checkbox"/> <b>Tamari (Wheat Free)</b>	<input type="checkbox"/> <b>Maple Syrup (Grade A Dark Amber Organic)</b>
<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> <b>Molasses</b>
<input type="checkbox"/> Carob	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Monk Fruit (Pure)
<input type="checkbox"/> Cocoa Butter	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Monk Fruit Extract
<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Vinegar, Beet	<input type="checkbox"/> Nutrasweet®
<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> <b>Vinegar, Distilled</b>	<input type="checkbox"/> Rebiana Leaf (Stevia)
<input type="checkbox"/> <b>Coconut Vinegar (Coconut Secret)</b>	<input type="checkbox"/> <b>Sweeteners</b>	<input type="checkbox"/> Sorbitol
<input type="checkbox"/> Distilled White Vinegar	<input type="checkbox"/> <b>Agave Nectar</b>	<input type="checkbox"/> Splenda
<input type="checkbox"/> <b>Dressing, Primal Kitchen Honey Mustard</b>	<input type="checkbox"/> Aspartame	<input type="checkbox"/> Sucanat
<input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread	<input type="checkbox"/> <b>Brown Sugar</b>	<input type="checkbox"/> Sucralose
<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> <b>Cane Syrup</b>	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Hummus	<input type="checkbox"/> <b>Coconut Palm Sugar</b>	<input type="checkbox"/> <b>Sugar Cane</b>
<input type="checkbox"/> <b>Ketchup (Organicville)</b>	<input type="checkbox"/> <b>Coconut Sugar</b>	<input type="checkbox"/> Sweetleaf® Stevia
<input type="checkbox"/> Kosher Salt	<input type="checkbox"/> <b>Date Sugar</b>	<input type="checkbox"/> Tapioca Dextrose
<input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)	<input type="checkbox"/> Fruit Pectin	<input type="checkbox"/> Tapioca Syrup
<input type="checkbox"/> <b>Liquid Smoke (can have gluten)</b>	<input type="checkbox"/> <b>Honey, (Organic)</b>	<input type="checkbox"/> Xyla (Birchwood Xylitol)
<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> <b>Honey, Manuka</b>	<input type="checkbox"/> <b>Yacon Syrup</b>
<input type="checkbox"/> <b>Mayonnaise, Primal Kitchen Avocado Oil</b>	<input type="checkbox"/> <b>Honey, Wildflower from Mahava®</b>	
<input type="checkbox"/> <b>Mustard, Brown (Eden® gf mustard)</b>	<input type="checkbox"/> Jerusalem Artichoke Syrup	
<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Just Like Sugar®	
<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Lo Han	
<input type="checkbox"/> Red Tomato Paste (gluten free)		

<input type="checkbox"/> <b>Beverages &amp; Protein Powders</b>	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Tea, Chicory Root	<input type="checkbox"/> Modified Food Starch (Tapioca-based)
<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Pycnogenol
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Red Tomato Paste (gluten free)
<input type="checkbox"/> Cocoa	<input type="checkbox"/> Tea, Roobios	<input type="checkbox"/> Resveratrol
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Vodka, Potato	<input type="checkbox"/> Rice Starch (if certified gluten free)
<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Vodka, Rye or Grain	<input type="checkbox"/> Silver
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Water	<input type="checkbox"/> Tobacco
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Zevia Drinks	<input type="checkbox"/> Tofu (Organic)
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> <b>Miscellaneous</b>	<input type="checkbox"/> <b>Snacks</b>
<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Antimony	<input type="checkbox"/> Chewing Gum, Xylicew®
<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Dates
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Bone Broth, Beef	<input type="checkbox"/> Skinny Crisps® (Plain Jane)
<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Cacao (Raw, Pure, & Unsweetened)	<input type="checkbox"/> <b>Food Additives</b>
<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)	<input type="checkbox"/> Acacia Gum
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Cocoa	<input type="checkbox"/> Agar Gum
<input type="checkbox"/> Milk, Rice	<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Annatto Coloring
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple)	<input type="checkbox"/> Arabic Gum
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chipotle)	<input type="checkbox"/> Asafoetida Powder
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Blue Food Dye
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Hops	<input type="checkbox"/> Carrageenan Gum
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Julian Bakery Paleo Wraps	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> Latex	<input type="checkbox"/> Formaldehyde
<input type="checkbox"/> Soy Protein (Organic)		

harry potter

11/17/2017

- ☐ Guar Gum
- ☐ Inulin
- ☐ Lactic Acid (beet-derived)
- ☐ Locust Bean Gum
- ☐ MSG/MonosodiumGlutamate
- ☐ Palm Wax
- ☐ Pea Protein Isolate
- ☐ Pea Starch
- ☐ Potato Protein
- ☐ Red Food Dye
- ☐ Sodium Alginate
- ☐ Tragacanth Gum
- ☐ Tricalcium Phosphate
- ☐ Vegan Enzyme
- ☐ Vegan Natural Flavors (no MSG)
- ☐ Vegan Natural Flavors (with MSG)