

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Fruits	<input type="checkbox"/>
<input type="checkbox"/> Beet	<input type="checkbox"/> Banana	<input type="checkbox"/> Kumquat
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Blackberry	<input type="checkbox"/> Mango
<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Blueberry	<input type="checkbox"/> Mangosteen
<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Cantaloupe	<input type="checkbox"/> Melon, Honeydew
<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Cherry	<input type="checkbox"/> Monk Fruit (Pure)
<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Clementine	<input type="checkbox"/> Orange
<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Cranberry	<input type="checkbox"/> Orange Juice
<input type="checkbox"/> Squash	<input type="checkbox"/> Cranberry Juice	<input type="checkbox"/> Orange Peel/Rind
<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Currant	<input type="checkbox"/> Orange, Blood
<input type="checkbox"/> Squash, Butternut	<input type="checkbox"/> Dragon Fruit (Pitaya)	<input type="checkbox"/> Papaya
<input type="checkbox"/> Squash, Green	<input type="checkbox"/> Dried Fruit	<input type="checkbox"/> Pear, Asian
<input type="checkbox"/> Squash, Spaghetti	<input type="checkbox"/> Elderberry	<input type="checkbox"/> Persimmons
<input type="checkbox"/> Squash, Summer	<input type="checkbox"/> Grape	<input type="checkbox"/> Plantain
<input type="checkbox"/> Squash, Winter	<input type="checkbox"/> Grape, Green	<input type="checkbox"/> Plum
<input type="checkbox"/> Squash, Yellow	<input type="checkbox"/> Grape, Purple	<input type="checkbox"/> Pomegranate
<input type="checkbox"/> Sugar Beet	<input type="checkbox"/> Grape, Red	<input type="checkbox"/> Pomelo
<input type="checkbox"/> Truffle	<input type="checkbox"/> Grape, White	<input type="checkbox"/> Prune
<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Quince
<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Guava	<input type="checkbox"/> Raisin (unsulfured, organic)
	<input type="checkbox"/> Jack fruit	<input type="checkbox"/> Raspberry
	<input type="checkbox"/> Kiwi	<input type="checkbox"/> Star Fruit
		<input type="checkbox"/> Tangelo

☐ Tangerine☐ Watermelon☐ **Nuts, Seeds, Drupes & Oils**☐ Canola/Rapeseed Oil☐ Grapeseed Oil, Organic☐ Psyllium Husk☐ Rice, Wild (Lundberg® - not the blend)☐ **Fish & Shellfish**☐ **Meat & Poultry**☐ Applegate® organic bacon☐ Applegate® organic black forest ham☐ **Non-Dairy & Eggs**☐ **Condiments, Spreads & Sauces**☐ Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar)☐ Dressing, Primal Kitchen Honey Mustard☐ Vinegar, Beet☐ **Sweeteners**☐ Aspartame☐ Cane Syrup☐ Chocolate, Dark☐ Fruit Pectin☐ Honey, (Organic)☐ Honey, Manuka☐ Honey, Wildflower from Mahava®☐ Lo Han☐ Maple Sugar☐ Maple Syrup (Grade A Dark Amber Organic)☐ Molasses☐ Monk Fruit (Pure)☐ Monk Fruit Extract☐ Nutrasweet®☐ Sorbitol☐ Splenda☐ Sucanat☐ Sugar Beet☐ Sugar Cane☐ Xyla (Birchwood Xylitol)☐ Yacon Syrup☐ **Herbs & Spices**☐ Grapeseed Extract☐ Guarana☐ Orange Peel/Rind☐ Orange Salt☐ **Milk-Containing Foods**☐ **Legumes & Pulses**☐ **Gluten-Free Grains**☐ Rice, Wild (Lundberg® - not the blend)☐ **Gluten-Containing Foods**☐ **Corn-Derived Foods**

☐ **Beverages & Protein Powders**☐ Apple Cider☐ Apple Juice☐ Carrot Juice☐ Grapefruit Juice☐ Orange Juice☐ **Miscellaneous**☐ Antimony☐ Blue Food Dye☐ Formaldehyde☐ Pycnogenol☐ Red Food Dye☐ Resveratrol☐ Yeast, Baker's☐ Yeast, Nutritional☐ **Snacks**☐ Apple Sauce