

☐ **Beverages & Protein Powders**☐ Almond Milk, unsweetened (no tapioca)☐ Apple Juice☐ Bone Broth Protein, Beef☐ Carrot Juice☐ Coconut Kefir (No Tapioca, Carageenan)☐ Coconut Milk(Native Forest or Natural Value)☐ Coconut Water (low sugar)☐ Coffee☐ Coffee Bean, Organic☐ Collagen Protein (Powder)☐ Echinacea Tea☐ Grapefruit Juice☐ Green Tea☐ Hemp Protein (Powder)☐ Lemon Juice☐ Licorice Tea☐ Lime Juice☐ Milk, Soy (Organic)☐ Mineral Water☐ Orange Juice☐ Pea Protein☐ Soy Milk/Soy Cheese (Organic)☐ Soy Protein (Organic)☐ Sparkling Water, unflavored☐ Tea, Chamomile☐ Tea, Hibiscus☐ Tea, Ramon☐ Tea, Roobios☐ Water☐ Yerba Matte Tea (Organic/Pure)☐ Zevia Drinks☐ **Condiments**☐ Apple Cider Vinegar (Bragg's®)☐ BodyPro Almond Mayo Grade B Maple Syrup☐ BodyPro Almond Mayo with Yacon Syrup☐ BodyPro Avocado Oil Mayonnaise☐ Carob☐ Coconut Vinegar (Coconut Secret)☐ Dressing, Primal Kitchen Honey Mustard☐ Earth Balance® Avocado Oil Butter Spread☐ Earth Balance® Coconut Spread☐ Harissa☐ Hummus☐ Mayonnaise, Primal Kitchen Avocado Oil☐ Mayonnaise, Primal Kitchen Chipotle Avocado Oil☐ Mustard, Brown (Eden® gf mustard)☐ Vinegar, Beet☐ **Corn-Derived Foods**☐ **Fish & Shellfish**☐ Anchovy☐ Bass☐ Catfish☐ Chilean Sea Bass☐ Clam☐ Cod/ Cod Liver Oil☐ Corvina☐ Crab☐ Crayfish☐ Flounder☐ Hake☐ Halibut☐ Herring

<input type="checkbox"/> Lobster	<input type="checkbox"/> Fruits	<input type="checkbox"/> Fig
<input type="checkbox"/> Mackerel	<input type="checkbox"/> Acai	<input type="checkbox"/> Goji Berry
<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Golden Berry
<input type="checkbox"/> Mussel	<input type="checkbox"/> Apple Cider	<input type="checkbox"/> Gooseberry
<input type="checkbox"/> Octopus	<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Grape
<input type="checkbox"/> Orange Roughy	<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Grape, Green
<input type="checkbox"/> Oyster	<input type="checkbox"/> Apricot	<input type="checkbox"/> Grape, Purple
<input type="checkbox"/> Perch	<input type="checkbox"/> Banana	<input type="checkbox"/> Grape, Red
<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Bilberry	<input type="checkbox"/> Grape, White
<input type="checkbox"/> Sardines	<input type="checkbox"/> Blackberry	<input type="checkbox"/> Grapefruit
<input type="checkbox"/> Scallop	<input type="checkbox"/> Blueberry	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Shrimp	<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Guava
<input type="checkbox"/> Squid	<input type="checkbox"/> Cantaloupe	<input type="checkbox"/> Huckleberry
<input type="checkbox"/> Swai	<input type="checkbox"/> Cherry	<input type="checkbox"/> Jack fruit
<input type="checkbox"/> Tilapia (Non-farmed)	<input type="checkbox"/> Clementine	<input type="checkbox"/> Kiwi
<input type="checkbox"/> Trout	<input type="checkbox"/> Cranberry	<input type="checkbox"/> Kumquat
<input type="checkbox"/> Tuna	<input type="checkbox"/> Cranberry Juice	<input type="checkbox"/> Lemon
<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Currant	<input type="checkbox"/> Lemon Juice
<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Date(s)	<input type="checkbox"/> Lemon Rind/Peel
	<input type="checkbox"/> Dragon Fruit (Pitaya)	<input type="checkbox"/> Lime
	<input type="checkbox"/> Dried Fruit	<input type="checkbox"/> Lime Juice
	<input type="checkbox"/> Elderberry	<input type="checkbox"/> Litchi (aka Lychee)

<input type="checkbox"/> Loganberry	<input type="checkbox"/> Plum	<input type="checkbox"/> <b>Gluten-Free Grains</b>
<input type="checkbox"/> Loquat	<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Mango	<input type="checkbox"/> Pomelo	<input type="checkbox"/> Amaranth
<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Prune	<input type="checkbox"/> Arrowroot Flour/powder
<input type="checkbox"/> Maqui	<input type="checkbox"/> Quince	<input type="checkbox"/> Buckwheat
<input type="checkbox"/> Melon, Honeydew	<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Buckwheat Flour
<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Raspberry	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Mulberry	<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Coconut Flour (gluten free)
<input type="checkbox"/> Nectarines	<input type="checkbox"/> Strawberry	<input type="checkbox"/> Coconut Meal (gluten free)
<input type="checkbox"/> Noni	<input type="checkbox"/> Tamarind	<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Orange	<input type="checkbox"/> Tangelo	<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Tangerine	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Watermelon	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/> Orange, Blood	<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Papaya	<input type="checkbox"/> Youngberry	<input type="checkbox"/> Hemp Meal
<input type="checkbox"/> Passion Fruit		<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Peach	<input type="checkbox"/> <b>Gluten-Containing Foods</b>	<input type="checkbox"/> Hemp Seed
<input type="checkbox"/> Pear		<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Pear, Asian		<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)
<input type="checkbox"/> Persimmons		<input type="checkbox"/> Potato Flour (gluten free)
<input type="checkbox"/> Pineapple		<input type="checkbox"/> Potato Starch (gluten free)
<input type="checkbox"/> Plantain		<input type="checkbox"/> ProGranola (Julian Bakery)

<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> <b>Herbs &amp; Spices</b>	<input type="checkbox"/> Cumin
<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Allspice	<input type="checkbox"/> Curcumin
<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Almond Flavor natural, gluten free)	<input type="checkbox"/> Curry (must be GF)
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Anise	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Simple Mills - Everything Sprouted Seed Cracker	<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Dill
<input type="checkbox"/> Simple Mills Grnd Sea Salt Almond Crackers	<input type="checkbox"/> Astragalus	<input type="checkbox"/> Dong Quai
<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers	<input type="checkbox"/> Basil	<input type="checkbox"/> Echinacea
<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers	<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Fennel
<input type="checkbox"/> Sorghum	<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Ginger
<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Ginkgo Biloba
<input type="checkbox"/> Tapioca	<input type="checkbox"/> Cardamom	<input type="checkbox"/> Ginseng (All Types)
<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Goldenseal
<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Chili Powder	<input type="checkbox"/> Grapefruit Seed Extract
<input type="checkbox"/> Teff	<input type="checkbox"/> Chipotle Seasoning	<input type="checkbox"/> Grapeseed Extract
<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Cilantro/Coriander	<input type="checkbox"/> Guarana
<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Cinnamon	<input type="checkbox"/> Gymnema Silvestre
<input type="checkbox"/> Tortilla, Siete Chia & Cassava	<input type="checkbox"/> Cinnamon, Ceylon	<input type="checkbox"/> Herbs De Provence
	<input type="checkbox"/> Cloves	<input type="checkbox"/> Hickory
	<input type="checkbox"/> Cloves, Madagascar	<input type="checkbox"/> Himalayan Salt
	<input type="checkbox"/> Cloves, Penang	<input type="checkbox"/> Jamaican Jerk
	<input type="checkbox"/> Cramp Bark Extract	<input type="checkbox"/> Juniper Berry
	<input type="checkbox"/> Cream of Tartar	<input type="checkbox"/> Lavender

<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Parsley	<input type="checkbox"/> Taco Seasoning
<input type="checkbox"/> Lemon Pepper	<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Tarragon
<input type="checkbox"/> Licorice Root	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Thyme
<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Maca Root	<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Turmeric
<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Uva Ursi
<input type="checkbox"/> Marjoram	<input type="checkbox"/> Peppermint	<input type="checkbox"/> Valerian
<input type="checkbox"/> Mesquite	<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Vanilla (gluten and corn-free)
<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Mint	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Rose Hips	<input type="checkbox"/> White Willow Bark Extract
<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Rosemary	<input type="checkbox"/> Wintergreen
<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Saffron	<input type="checkbox"/> Wormwood
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Sage	
<input type="checkbox"/> Onion	<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Legumes & Pulses
<input type="checkbox"/> Onion Powder	<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Bean, Azuki
<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Bean, Black
<input type="checkbox"/> Orange Salt	<input type="checkbox"/> Shallots	<input type="checkbox"/> Bean, Butter
<input type="checkbox"/> Oregano	<input type="checkbox"/> Spearmint	<input type="checkbox"/> Bean, Cannellini
<input type="checkbox"/> Paprika	<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Bean, Chana Dahl
<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Sumac	<input type="checkbox"/> Bean, Chili

<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Peanut Oil (Organic)	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Bean, Kidney	<input type="checkbox"/> Soy Beans (must be organic)	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)
<input type="checkbox"/> Bean, Lima	<input type="checkbox"/> Soy Beans Oil (must be organic)	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Duck
<input type="checkbox"/> Bean, Navy/Ninja	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Goat, Grass-fed only (organic)
<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> White Beans	<input type="checkbox"/> Ostrich
<input type="checkbox"/> Bean, Red (see also Bean, Kidney)		<input type="checkbox"/> Pheasant
<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Quail
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Applegate® organic andouille sausage	<input type="checkbox"/> Rabbit
<input type="checkbox"/> Edamame (must be organic)	<input type="checkbox"/> Applegate® organic bacon	<input type="checkbox"/> Venison (see also Deer)
<input type="checkbox"/> Fava Bean	<input type="checkbox"/> Applegate® organic black forest ham	
<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Applegate® organic chicken	<input type="checkbox"/> Milk-Containing Foods
<input type="checkbox"/> Garbanzo Bean	<input type="checkbox"/> Applegate® organic chicken/apple sausage	
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Applegate® organic herb roasted turkey	<input type="checkbox"/> Miscellaneous
<input type="checkbox"/> Lentil(s)	<input type="checkbox"/> Applegate® organic hot dogs	<input type="checkbox"/> Acacia Gum
<input type="checkbox"/> Miso	<input type="checkbox"/> Applegate® organic red pepper sausage	<input type="checkbox"/> Agar Gum
<input type="checkbox"/> Pea, Snap	<input type="checkbox"/> Applegate® organic sausage sweet italian	<input type="checkbox"/> Antimony
<input type="checkbox"/> Pea, Snow	<input type="checkbox"/> Applegate® organic smoked chicken breast	<input type="checkbox"/> Arabic Gum
<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Applegate® organic smoked turkey breast	<input type="checkbox"/> Baking Soda (Arm & Hammer®)
<input type="checkbox"/> Peanut (Organic, Valencia)	<input type="checkbox"/> Applegate® organic turkey	<input type="checkbox"/> Blue Food Dye
<input type="checkbox"/> Peanut Butter (Organic, Maranatha®)	<input type="checkbox"/> Applegate® organic turkey bacon	<input type="checkbox"/> Carrageenan Gum

<input type="checkbox"/> Chewing Gum, Xylichew®	<input type="checkbox"/> Locust Bean Gum	<input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>
<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)	<input type="checkbox"/> Lycopene	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Modified Food Starch (Tapioca-based)	<input type="checkbox"/> Almond Yogurt, unsweetened
<input type="checkbox"/> Cocoa Butter	<input type="checkbox"/> Palm Wax	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise
<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Pycnogenol	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)
<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Red Food Dye	<input type="checkbox"/> Egg, Pasture-raised (from a farmer)
<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Red Tomato Paste (gluten free)	<input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®
<input type="checkbox"/> Garam Masala	<input type="checkbox"/> Resveratrol	<input type="checkbox"/> Egg, Yolks Pasture-raised
<input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple)	<input type="checkbox"/> Silver	<input type="checkbox"/> Milk, Soy (Organic)
<input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chi.)	<input type="checkbox"/> Skinny Crisps® (Plain Jane)	<input type="checkbox"/> Paleo Cheese (Julianbakery.com or
<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> <b>Nuts, Seeds, Drupes &amp; Oils</b>
<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Tofu (Organic)	<input type="checkbox"/> Almond
<input type="checkbox"/> Guar Gum	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Almond Butter (Artisana®)
<input type="checkbox"/> Hops	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Almond Flavor natural, gluten free)
<input type="checkbox"/> Inulin	<input type="checkbox"/> Tragacanth Gum	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Julian Bakery Almond Bread	<input type="checkbox"/> Vegetable broth (Imagine® Low Sodium)	<input type="checkbox"/> Almond Meal (gluten free)
<input type="checkbox"/> Julian Bakery Coconut Bread	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Almond, Marcona
<input type="checkbox"/> Julian Bakery Paleo Wraps		<input type="checkbox"/> Annatto Seed
<input type="checkbox"/> Konjac Glucomannon Flour		<input type="checkbox"/> Brazil Nut
<input type="checkbox"/> Latex		<input type="checkbox"/> Canola/Rapeseed Oil
<input type="checkbox"/> Liquid Aminos (Braggs®) (has Soy)		

<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Tahini
<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Tea, Ramon
<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Pepitas	<input type="checkbox"/> Tiger Nuts
<input type="checkbox"/> Cashews	<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> Chestnut	<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Walnut (few)
<input type="checkbox"/> Chia Seed (1/4 cup, max)	<input type="checkbox"/> Pistachios	<input type="checkbox"/> Walnut Oil
<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> Walnut, Black (few)
<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Psyllium Husk	
<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> <b>Snacks</b>
<input type="checkbox"/> Cola Nut (aka Kola Nut)	<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Apple Sauce
<input type="checkbox"/> Cottonseed/Cottonseed Oil	<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Date(s)
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Simple Mills Chocolate Chip Cookies
<input type="checkbox"/> Flax Oil	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	
<input type="checkbox"/> Flax Seed	<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> <b>Sweeteners</b>
<input type="checkbox"/> Grapeseed Oil, Organic	<input type="checkbox"/> Safflower/Safflower Seed Oil	<input type="checkbox"/> Agave Nectar
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Aspartame/Nutrasweet
<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> BodyPro Almond Mayo Grade B Maple Syrup
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Cane Syrup
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Sunflower Seed Butter	<input type="checkbox"/> Chocolate, Dark
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Sunflower Seed Lecithin	<input type="checkbox"/> Coconut Palm Sugar
<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Sunflower Seed Oil	<input type="checkbox"/> Coconut Sugar
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Sunflower Seeds	<input type="checkbox"/> Date Sugar



<input type="checkbox"/> Fruit Pectin	<input type="checkbox"/> Tapioca Dextrose	<input type="checkbox"/> Burdock
<input type="checkbox"/> Honey, (Organic)	<input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn source)	<input type="checkbox"/> Cactus (Nopales)
<input type="checkbox"/> Honey, Manuka	<input type="checkbox"/> Yacon Syrup	<input type="checkbox"/> Capers
<input type="checkbox"/> Honey, Wildflower from Mahava®		<input type="checkbox"/> Capsicum
<input type="checkbox"/> Jerusalem Artichoke Syrup	<input type="checkbox"/> Vegetables	<input type="checkbox"/> Carrot Juice
<input type="checkbox"/> Just Like Sugar®	<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Carrot, Orange
<input type="checkbox"/> Lo Han	<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Carrot, Purple
<input type="checkbox"/> Maltodextrin (Tapioca-based)	<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Carrot, White
<input type="checkbox"/> Maple Sugar	<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Carrot, Yellow
<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)	<input type="checkbox"/> Arugula	<input type="checkbox"/> Cassava (see Tapioca and Yucca)
<input type="checkbox"/> Molasses	<input type="checkbox"/> Avocado	<input type="checkbox"/> Chard
<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Chayote
<input type="checkbox"/> Monk Fruit Extract	<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Chives
<input type="checkbox"/> Nutrasweet®	<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Coconut (raw and unsweetened)
<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Coconut Concentrate
<input type="checkbox"/> Sorbitol	<input type="checkbox"/> Beet	<input type="checkbox"/> Collard Greens
<input type="checkbox"/> Splenda	<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Cucumber
<input type="checkbox"/> Sucanat	<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Sucralose	<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Dandelion Greens
<input type="checkbox"/> Sugar Beet	<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Sugar Cane	<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Sweetleaf® Stevia	<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Endive

<input type="checkbox"/> Fennel	<input type="checkbox"/> Onion, Yellow	<input type="checkbox"/> Potato, Russet
<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Parsley	<input type="checkbox"/> Potato, Sweet
<input type="checkbox"/> Horseradish	<input type="checkbox"/> Parsnip	<input type="checkbox"/> Potato, White
<input type="checkbox"/> Jicama	<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Potato, Yukon Gold
<input type="checkbox"/> Kelp/Dulse	<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Prickly Pear
<input type="checkbox"/> Kohlrabi	<input type="checkbox"/> Pea, Green	<input type="checkbox"/> Psyllium Husk
<input type="checkbox"/> Kombu	<input type="checkbox"/> Pea, Snap	<input type="checkbox"/> Pumpkin
<input type="checkbox"/> Leeks	<input type="checkbox"/> Pea, Snow	<input type="checkbox"/> Pumpkin Powder
<input type="checkbox"/> Lettuce, all types	<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Radicchio
<input type="checkbox"/> Mushrooms	<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Radish
<input type="checkbox"/> Mushrooms, Button	<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Rainbow Chard
<input type="checkbox"/> Mushrooms, Cremen/Crimini	<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Rhubarb
<input type="checkbox"/> Mushrooms, Maitake	<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Rutabaga
<input type="checkbox"/> Mushrooms, Shiitake	<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Scallions
<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Sea Vegetables
<input type="checkbox"/> Nori	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Seaweed
<input type="checkbox"/> Okra	<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Shallots
<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Spinach
<input type="checkbox"/> Onion, Green	<input type="checkbox"/> Pimento	<input type="checkbox"/> Spirulina
<input type="checkbox"/> Onion, Maui	<input type="checkbox"/> Potato, Fingerling	<input type="checkbox"/> Squash
<input type="checkbox"/> Onion, Red	<input type="checkbox"/> Potato, Purple	<input type="checkbox"/> Squash, Acorn
<input type="checkbox"/> Onion, Sweet	<input type="checkbox"/> Potato, Red	<input type="checkbox"/> Squash, Butternut

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|---|---|
| <input type="checkbox"/> Squash, Green                        | <input type="checkbox"/> Turnip Greens  |
| <input type="checkbox"/> Squash, Spaghetti                    | <input type="checkbox"/> Turnips        |
| <input type="checkbox"/> Squash, Summer                       | <input type="checkbox"/> Water Chestnut |
| <input type="checkbox"/> Squash, Winter                       | <input type="checkbox"/> Watercress     |
| <input type="checkbox"/> Squash, Yellow                       | <input type="checkbox"/> Yams, Garnett  |
| <input type="checkbox"/> Sugar Beet                           | <input type="checkbox"/> Yams, Japanese |
| <input type="checkbox"/> Sweet Potato, Red                    | <input type="checkbox"/> Yucca          |
| <input type="checkbox"/> Sweet Potatoes, White                | <input type="checkbox"/> Zucchini       |
| <input type="checkbox"/> Swiss Chard                          |   |
| <input type="checkbox"/> Tomatillo                            |   |
| <input type="checkbox"/> Tomato                               |   |
| <input type="checkbox"/> Tomato Paste (gluten & Vinegar-free) |   |
| <input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free) |   |
| <input type="checkbox"/> Tomato, Cherry                       |   |
| <input type="checkbox"/> Tomato, Heirloom                     |   |
| <input type="checkbox"/> Tomato, Orange                       |   |
| <input type="checkbox"/> Tomato, Red                          |   |
| <input type="checkbox"/> Tomato, Roma                         |   |
| <input type="checkbox"/> Tomato, Sun-dried                    |   |
| <input type="checkbox"/> Tomato, Yellow                       |   |
| <input type="checkbox"/> Tomatoes, Big Beef                   |   |
| <input type="checkbox"/> Truffle                              |   |