Sho	opping List Page 1	All i	ngredients must be organic	
Na	nny Mai			10/06/2017
	Fruits	Grape, Green		Mulberry
	Acai	Grape, Purple		Nectarines
	Apple (all types)	Grape, Red		Noni
	Apricot	Grape, White		Orange
	Banana	Grapefruit		Orange, Blood
	Bilberry	Grapefruit Juice		Orange Juice
	Blackberry	Guava		Orange Peel/Rind
	Blueberry	Huckleberry		Рарауа
	Boysenberry	Jack fruit		Passion Fruit
	Cantaloupe	Kiwi		Peach
	Cherry	Kumquat		Pear
	Clementine	Lemon		Pear, Asian
	Cranberry	Lemon Juice		Persimmons
	Cranberry Juice	Lemon Rind/Peel		Pineapple
	Currant	Lime		Plantain
	Dates	Lime Juice		Plum
	Dragon Fruit (Pitaya)	Litchi (aka Lychee)		Pomegranate
	Dried Fruit	Loganberry		Pomelo
	Elderberry	Loquat		Prune
	Fig	Mango		Quince
	Goji Berry	Mangosteen		Raisin (unsulfured, organic)
	Golden Berry	Maqui		Raspberry
	Gooseberry	Melon, Honeydew		Star Fruit

Monk Fruit (Pure)

Strawberry

Grape

Sho	opping List Page 2	All	ingredients must be organic	
Naı	nny Mai			10/06/2017
	Tamarind	Coconut, shredded (raw, unsweetened)		Pili Nuts
	Tangelo	Coconut Butter		Pine Nut
	Tangerine	Coconut Oil		Pistachios
	Vinegar, Red Wine	Cola Nut (aka Kola Nut)		Poppy seeds
	Watermelon	Corn Oil		Psyllium Husk
	Wolfberry	Cottonseed/Cottonseed Oil		Pumpkin Oil
	Youngberry	Flax Meal		Pumpkin Seed Oil
	Nuts, Seeds, Drupes & Oils	Flax Oil		Pumpkin Seeds
	Almond	Flax Seed		Ramon Seeds
	Almond, Marcona	Grapeseed Oil, Organic		Rice, Wild (Lundberg® - not the blend)
	Almond Butter (Artisana®)	Hazelnut/Filbert		Rice Bran Oil
	Almond Flavor (natural, gluten free)	Hazelnut Flour		Sacha Inchi Seeds
	Almond Flour (gluten free)	Hemp Meal		Safflower/Safflower Seed Oil
	Almond Meal (gluten free)	Hemp Protein (Powder)		Sesame Seed Oil
	Annatto Seed	Hemp Seed		Sesame Seeds
	Avocado Oil	Hydrogenated Oils		Sesame Seeds, Black
	Brazil Nut	Macadamia Nut Oil		Sunflower Seed Butter
	Canola/Rapeseed Oil	Macadamia Nuts		Sunflower Seed Lecithin
	Caraway Seed	Olive Leaf Extract		Sunflower Seed Oil
	Cashew Butter	Olive Oil, Virgin		Sunflower Seeds
	Cashew Meal	Palm Kernel Oil		Tahini
	Cashews	Pecan Flour		Tea, Ramon
	Chestnut	Pecans		Tiger Nuts
		Pepitas		Truffle Oil

Shopping List Page 3				All i	ngredients must be organic
Na	nny Mai				10/06/2017
	Truffle Oil, Black		Mahi Mahi		Vegetables
	Vegetable Oil		Octopus		Agave Nectar
	Vegetable Shortening (Spectrum®)		Orange Roughy		Alfalfa Grass
	Walnut Oil		Oyster		Alfalfa Sprouts
	Walnuts		Perch		Aloe Vera
	Walnuts, Black		Red Snapper		Artichoke (not pickled)
	Fish & Shellfish		Salmon, wild (fresh)		Artichoke, Jerusalem (not pickled)
	Anchovy		Sardines		Arugula
	Bass		Scallop		Asparagus
	Catfish		Shrimp		Avocado
	Chilean Sea Bass		Sole		Bamboo Shoot
	Clam		Squid		Barley Grass (can have gluten)
	Cod/ Cod Liver Oil		Swai		Barley Greens (may contain gluten)
	Corvina		Swordfish		Bean Sprout
	Crab		Tilapia (Wild, Non-farmed)		Beet
	Crab, Immitation		Trout		Beet Greens
	Crayfish		Tuna		Bell Pepper
	Flounder		Walleye Pike		Bell Pepper, Green
	Haddock		Whitefish/Turbot		Bell Pepper, Orange
	Hake				Bell Pepper, Red
	Halibut				Bell Pepper, Yellow
	Herring				Bok Choy
	Mackerel				Broccoli

Broccolini

Shopping List Page 4					ngredients must be organic
Na	anny Mai				10/06/2017
	Broccoli Rabe		Collard Greens		Mushrooms, Cremeni/Crimini
	Broccoli Sprouts		Corn (Gluten-free & Non-GMO)		Mushrooms, Maitake
	Brussels Sprout		Corn, Blue		Mushrooms, Shiitake
	Burdock		Corn, White		Mustard Greens
	Cabbage, Chinese (see also		Cucumber		Nori
	Bok Choy)  Cabbage, Green		Daikon Radish		Oat Grass (Not For Gluten
					Sensitive)
	Cabbage, Purple		Dandelion Greens		Okra
	Cactus (Nopales)		Dandelion Root		Olives (without vinegar)
	Capers		Eggplant		Onion, Green
	Capsicum		Endive		Onion, Maui
	Carrot, Orange		Fennel		Onion, Red
	Carrot, Purple		Garlic		Onion, Sweet
	Carrot, White		Hearts of Palm		Onion, Yellow
	Carrot, Yellow		Horseradish		Paprika
	Carrot Juice		Hydrogenated Oils		Parsley
	Cassava (see Tapioca and Yucca)		Jicama		Parsnip
	Cauliflower		Kale, all types		Pea, Green
	Cauliflower, Purple		Kelp/Dulse		Pea, Snap
	Celery		Kohlrabi		Pea, Snow
	Chard		Kombu		Pea, Split
	Chayote		Leeks		Pea Protein
	Chives		Lettuce, all types		Pepper, Anaheim
	Coconut (raw and unsweetened)		Mushrooms		Pepper, Cayenne
	Coconut Concentrate		Mushrooms, Button		Pepper, Chili

SI	lopping List Page 5		All	ingredients must be organic
Na	anny Mai			10/06/2017
			_	
	Pepper, Green	Rutabaga		Tomato, Orange
	Pepper, Habanero	Sauerkraut (Bubbies® Brand only)		Tomato, Red
	Pepper, Jalapeño	Scallions		Tomato, Roma
	Pepper, Poblano	Sea Vegetables		Tomato, Sun-dried
	Pepper, Red	Seaweed		Tomato, Yellow
	Pepper, Serrano	Shallots		Tomatoes, Big Beef
	Pickles, Bubbies® brand only	Spinach		Tomato Paste (gluten & Vinegar-free)
	Pimento	Spirulina		Tomato Sauce (gluten & Vinegar-free)
	Potato, Fingerling	Squash		Truffle
	Potato, Purple	Squash, Acorn		Turnip Greens
	Potato, Red	Squash, Butternut		Turnips
	Potato, Russet	Squash, Green		Vegetable Oil
	Potato, Sweet	Squash, Spaghetti		Water Chestnut
	Potato, White	Squash, Summer		Watercress
	Potato, Yukon Gold	Squash, Winter		Wheat Grass (Is Gluten-contaminated)
	Prickly Pear	Squash, Yellow		Yams, Garnett
	Psyllium Husk	Sugar Beet		Yams, Japanese
	Pumpkin	Sweet Potato, Red		Yucca
	Pumpkin Powder	Sweet Potatoes, White		Zucchini
	Radicchio	Swiss Chard		
	Radish	Tomatillo	]	
	Rainbow Chard	Tomato	]	
	Red Pepper Flake	Tomato, Cherry	]	
	Rhubarb	Tomato, Heirloom		

Meat & Poultry		Lamb	Condiments, Spreads & Sauces
Applegate® organic andouille sausage		Lard (pork)	Apple Cider Vinegar (Bragg's®)
Applegate® organic bacon		Ostrich	Balsamic Vinegar (w/ Caramel or Red Wine Vinegar)
Applegate® organic black forest ham		Pheasant	Balsamic Vinegar (with Red Wine Vinegar)
Applegate® organic chicken		Pork, (organic)	Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar)
Applegate® organic chicken/apple sausage		Quail	Barbeque Sauce, GF Annie's® Sweet & Spicy
Applegate® organic ham		Rabbit	BodyPro Almond Mayo Grade A Maple Syrup
Applegate® organic herb roasted turkey		Turkey (organic)	BodyPro Almond Mayo with Yacon Syrup
Applegate® organic hot dogs		Veal (organic)	Carob
Applegate® organic roast beef		Venison (see also Deer)	Cocoa Butter
Applegate® organic smoked chicken breast		Non-Dairy & Eggs	Coconut Aminos®
Applegate® organic smoked turkey breast		Almond Milk, unsweetened (no tapioca)	Coconut Cream
Applegate® organic turkey		Almond Yogurt, unsweetened	Coconut Vinegar (Coconut Secret)
Applegate® organic turkey bacon		Cheese, Daiya (Coconut,Tapioca,yeast,)	Dressing, Primal Kitchen Honey Mustard
Beef, Grass-fed only (organic)		Cheese, Soy (Organic) (see	Earth Balance® Avocado Oil Butter Spread
Bison (see also Buffalo)		Coconut Kefir (No Tapioca, Carageenan)	Earth Balance® Coconut Spread
Buffalo (see also Bison)		Coconut Milk(Native Forest or Natural Value)	Harissa
Chicken, free range (organic)		Egg, Whites, Pasture-raised	Horseradish Sauce, Gluten-free (Annie's®)
Chicken Broth (Imagine® gf/low sodium)		Egg, Yolks Pasture-raised	Ketchup (Organicville)
Collagen Protein (Powder)		Milk, Soy (Organic)	Liquid Aminos (Braggs®)(has Soy)
Deer (see also Venison)		Paleo Cheese (Julianbakery.com or	Liquid Smoke (can have gluten)
Duck	_	(	Liquid Smoke gluten free (natural)
Goat, Grass-fed only (organic)			Mayonnaise, Primal Kitchen Chipotle Avocado Oil
Great Lake's® Beef Gelatin			Mustard, Brown (Eden® gf

Olives (without vinegar)	Worcestershire Sauce (The Wizard's® GF)		Maltodextrin (Tapioca-based)
Red Bean Paste	Sweeteners		Maple Sugar
Red Chili Paste Thai Kitchen® (gluten free)	Agave Nectar		Maple Syrup (Grade A Dark Amber Organic)
Red Tomato Paste (gluten free)	Aspartame		Molasses
Sauerkraut (Bubbies® Brand only)	BodyPro Almond Mayo Grade A Maple Syrup		Monk Fruit (Pure)
Sherry Vinegar	Brown Rice Syrup (contains MSG/Gluten)		Monk Fruit Extract
Soy Sauce	Cane Syrup		Nutrasweet®
Sriracha Sauce Organicville gluten-free	Chocolate, Dark		Rebiana Leaf (Stevia)
Tabasco Sauce	Coconut Palm Sugar		Sorbitol
Tamari (Wheat Free)	Coconut Sugar		Splenda
Teriyaki Sauce	Date Sugar		Sucanat
Tomato Paste (gluten & Vinegar-free)	Erythritol (non-GMO)		Sucralose
Tomato Sauce (gluten & Vinegar-free)	Fructose		Sugar Beet
Ume Plum Vinegar	Fruit Pectin		Sugar Cane
Vegetable Shortening (Spectrum®)	Honey, (Organic)		Sweetleaf® Stevia
Vinegar	Honey, Manuka		Swerve® Sweetener
Vinegar, Beet	Honey, Wildflower from Mahava®		Tapioca Dextrose
Vinegar, Distilled	Jerusalem Artichoke Syrup		Xyla (Birchwood Xylitol)
Vinegar, Malt	Just Like Sugar®		Xylitol
Vinegar, Red Wine	Lo Han		Yacon Syrup
Vinegar, Rice	Maltitol		
Vinegar, White	Maltodextrin (Barley-derived)		
Vinegar, White Wine	Maltodextrin (Corn-based, non-GMO)		
White/Distilled Vinegar	,	=	

Shopping List rage o					ngredients must be organic
Na	nny Mai				10/06/2017
	Herbs & Spices		Cramp Bark Extract		Hickory
	Allspice		Cream of Tartar		Himalayan Salt
	Almond Flavor (natural, gluten free)		Cumin		Hydrogenated Oils
	Anise		Curcumin		Jamaican Jerk
	Ashwaganda		Curry (must be GF)		Juniper Berry
	Astragalus		Dandelion Root		Lavender
	Basil		Dill		Lemon Balm (Melissa Officinalis)
	Bay Leaf		Dong Quai		Lemongrass
	Bell Pepper, Red		Echinacea		Lemon Pepper
	Black Cohosh		Fennel		Licorice Root
	Capsicum		Garam Masala		Maca Root
	Caramel Coloring		Garlic		Mace Spice
	Caraway Seed		Garlic Pepper		Marjoram
	Cardamom		Garlic Powder		Mesquite
	Celery Powder		Garlic Salt		Milk Thistle
	Chicory Root		Ginger		Mint
	Chili Powder		Ginkgo Biloba		Mustard (as a Powder)
	Chipotle Seasoning		Ginseng (All Types)		Mustard Seeds (gluten free)
	Cilantro/Coriander		Goldenseal		Nutmeg
	Cinnamon		Grapefruit Seed Extract		Olive Leaf Extract
	Cinnamon, Ceylon		Grapeseed Extract		Onion
	Cloves		Guarana		Onion Powder
	Cloves, Madagascar		Gymnema Silvestre		Orange Peel/Rind
	Cloves, Penang		Herbs De Provence		Orange Salt

Shopping List Page 9					All ingredients must be organic		
Na	Nanny Mai 10/06/2017						
	Oregano		Sumac		Bean, Chili		
	Paprika		Taco Seasoning		Bean, Italian		
	Paprika (smoked)		Tamari (Wheat Free)		Bean, Kidney		
	Parsley		Tarragon		Bean, Lima		
	Pepper, Black (see Garlic/Lemon Pepper)		Thyme		Bean, Mung		
	Pepper, Cayenne		Tomatillo		Bean, Navy		
	Pepper, Red		Turmeric		Bean, Ninja		
	Pepper, Sichuan		Uva Ursi		Bean, Pinto/Frijole		
	Pepper, Szechuan		Valerian		Bean, Red		
	Pepper/Peppercorns		Vanilla (gluten and corn-free)		Bean, White		
	Peppermint		Vanilla Bean		Beans		
	Pine Bark Extract		Vanilla Powder		Chickpea (see also Garbanzo Bean)		
	Red Chili Paste Thai Kitchen® (gluten free)		White Willow Bark Extract		Coffee Bean, Organic		
	Red Pepper Flake		Wintergreen		Edamame (must be organic)		
	Rose Hips		Wormwood		Fava Bean		
	Rosemary		Milk-Containing Foods		Fava Bean Flour		
	Saffron		Yogurt (See Xanthan Gum)		Garbanzo Bean		
	Sage		Legumes & Pulses		Garbanzo Flour		
	Saw Plametto		Bean, Azuki		Hydrogenated Oils		
	Sesame Seeds		Bean, Black		Kidney Bean		
	Sesame Seeds, Black		Bean, Butter		Lentil(s)		
	Shallots		Bean, Cannellini		Miso		
	Spearmint		Bean, Chana Dahl		Pea, Snap		
	St. John's Wort	[	, " "		Pea, Snow		

	Pea, Split	Fructose	Crab, Immitation
	Peanut (Organic, Valencia)	GemWraps®, Sandwich Wrap (Carrot)	Durum Wheat
	Peanut Butter (Organic, Maranatha®)	Hydrogenated Oils	Farro
	Peanut Oil (Organic)	Maltitol	Gluten
	Red Bean Paste	Maltodextrin (Corn-based, non-GMO)	Graham (wheat)
	Soybean oil(must be organic)	Modified Food Starch	Kamut
	Soy Beans (must be organic)	Sriracha Sauce Organicville gluten-free	Liquid Smoke (can have gluten)
	Vanilla Bean	Swerve® Sweetener	Malt
	Vanilla Powder	Vegetable Oil	Maltitol
	Vegetable Oil	Xanthan Gum	Maltodextrin (Barley-derived)
	Corn-Derived Foods	Yogurt (See Xanthan Gum)	Modified Food Starch
	Barbeque Sauce, GF Annie's® Sweet & Spicy	Gluten-Containing Foods	Oat Grass (Not For Gluten Sensitive)
	Cheese, Daiya (Coconut,Tapioca,yeast,)	Barley	Oats
	Cheese, Soy (Organic) (see Soy)	Barley Grass (can have gluten)	Oats, GF (not Certified) can have gluten
	Chewing Gum (has gluten and corn)	Barley Greens (may contain gluten)	Orzo
	Corn (Gluten-free & Non-GMO)	Barley Juice (may contain gluten)	Panko
	Corn, Blue	Beer	Polish Wheat
	Corn, White	Bran	Rye
	Corn Gluten	Brown Rice Syrup (contains MSG/Gluten)	Semolina
	Corn Meal (gluten free)	Caramel Coloring	Soy Sauce
	Corn Oil	Chewing Gum (has gluten and corn)	Spelt
	Corn Starch (gluten free)	Coffee, Instant (has gluten)	Teechino
	Erythritol (non-GMO)	Couscous	Teriyaki Sauce
'			Triticale

Vinegar		Garbanzo Flour		Rice Bran
Vinegar, Malt		Glucomannon Flour (konjacfoods.com)		Rice Flour (gluten free)
Vinegar, White		Hazelnut Flour		Rice Protein Powder (gluten free)
Wheat (All Types)		Hemp Meal		Simple Mills - Everything Sprouted Seed Cracker
Wheat Grass (Is Gluten-contaminated)		Hemp Protein (Powder)		Simple Mills Ground Sea Salt Almond Crackers
Gluten-Free Grains		Hemp Seed		Simple Mills Rosemary & Sea Salt Crackers
Almond Flour (gluten free)		Hydrogenated Oils		Simple Mills Tomato & Basil Almond Crackers
Amaranth		Konjac Glucomannon Flour		Sorghum
Arrowroot Flour/powder		Millet		Sweet Potato Flour (gluten free)
Basmati Rice (gluten free)		Oats (Bob's Red Mill Gluten Free Version)		Tapioca
Buckwheat		Oats (Certified GF)		Tapioca Flour (gluten free)
Buckwheat Flour		Potato Flour (gluten free)		Tapioca Starch (gluten free)
Chicory Root		Potato Starch (gluten free)		Teff
Coconut Flour (gluten free)		Quinoa (gluten free)		Tolerant Green Lentil & Pea Pasta
Coconut Meal (gluten free)		Quinoa, Black (gluten free)		Tolerant Red or Green Lentil Pasta
Corn (Gluten-free & Non-GMO)		Quinoa, Red (gluten free)		Tortilla, Siete Almond
Corn, Blue		Rice, Basmati (gluten free)		Tortilla, Siete Cassava & Coconut
Corn, White		Rice, Black (gluten free)		Vegetable Oil
Corn Meal (gluten free)		Rice, Brown (gluten free)		
Corn Starch (gluten free)		Rice, Japonica (gluten free)		
Ener-G Brown Rice Yeast-Free Bread		Rice, Purple (gluten free)		
Fava Bean Flour		Rice, Red (gluten free)		
Flax Meal		Rice, White (gluten free)		
		Rice, Wild (Lundberg® - not the blend)		
	Vinegar, Malt  Vinegar, White  Wheat (All Types)  Wheat Grass (Is Gluten-contaminated)  Gluten-Free Grains  Almond Flour (gluten free)  Amaranth  Arrowroot Flour/powder  Basmati Rice (gluten free)  Buckwheat  Buckwheat Flour  Chicory Root  Coconut Flour (gluten free)  Coronut Meal (gluten free)  Corn (Gluten-free & Non-GMO)  Corn, Blue  Corn, White  Corn Meal (gluten free)  Corn Starch (gluten free)  Ener-G Brown Rice Yeast-Free Bread  Fava Bean Flour	Vinegar, Malt  Vinegar, White  Wheat (All Types)  Wheat Grass (Is Gluten-contaminated)  Gluten-Free Grains  Almond Flour (gluten free)  Amaranth  Arrowroot Flour/powder  Basmati Rice (gluten free)  Buckwheat  Buckwheat Flour  Chicory Root  Coconut Flour (gluten free)  Coronut Meal (gluten free)  Corn (Gluten-free & Non-GMO)  Corn, Blue  Corn, White  Corn Meal (gluten free)  Corn Starch (gluten free)  Ener-G Brown Rice Yeast-Free Bread  Fava Bean Flour	Vinegar, Malt  Vinegar, White  Hazelnut Flour  Wheat (All Types)  Hemp Meal  Wheat Grass (Is Gluten-contaminated)  Hemp Protein (Powder)  Hemp Seed  Hemp Seed  Hydrogenated Oils  Konjac Glucomannon Flour  Konjac Glucomannon Flour  Hemp Seed  Hydrogenated Oils  Konjac Glucomannon Flour  Millet  Arrowroot Flour/powder  Basmati Rice (gluten free)  Buckwheat  Dats (Bob's Red Mill Gluten Free Version)  Buckwheat  Dats (Certified GF)  Buckwheat Flour  Chicory Root  Coconut Flour (gluten free)  Coconut Flour (gluten free)  Coconut Meal (gluten free)  Corn (Gluten-free & Non-GMO)  Corn, Blue  Corn, White  Corn Whale  Corn Weal (gluten free)  Corn Starch (gluten free)  Corn Starch (gluten free)  Rice, Basmati (gluten free)  Corn Starch (gluten free)  Rice, Basmati (gluten free)  Rice, Brown (gluten free)  Fava Bean Flour  Flax Meal  Rice, White (gluten free)	Vinegar, Malt  Vinegar, White  Hazelnut Flour  Wheat (All Types)  Hemp Meal  Wheat Grass (Is Gluten-contaminated)  Hemp Protein (Powder)  Hemp Seed  Hemp Seed  Hemp Seed  Hemp Seed  Hemp Seed  Almond Flour (gluten free)  Arrowroot Flour/powder  Arrowroot Flour/powder  Basmati Rice (gluten free)  Buckwheat  Dats (Bob's Red Mill Gluten Free)  Buckwheat  Doats (Bob's Red Mill Gluten Free)  Buckwheat  Doats (Certified GF)  Buckwheat Flour  Cotas (Certified GF)  Potato Flour (gluten free)  Coconut Flour (gluten free)  Coconut Flour (gluten free)  Coconut Meal (gluten free)  Com (Gluten-free & Non-GMO)  Com, Blue  Com, White  Com, White  Com Meal (gluten free)  Corn Starch (gluten free)  Rice, Basmati (gluten free)  Corn Starch (gluten free)  Rice, Japonica (gluten free)  Fava Bean Flour  Fixe, Wild (Lundberg®- not the

Beverages & Protein Powders	Mineral Water	Miscellaneous
Almond Milk, unsweetened (no tapioca)	Orange Juice	Acacia Gum
Apple Cider	Pea Protein	Agar Gum
Apple Juice	Rice Protein Powder (gluten free)	Antimony
Beer	Soy Milk/Soy Cheese (Organic)	Arabic Gum
Bone Broth Protein, Beef	Soy Protein (Organic)	Baking Powder
Carrot Juice	Sparkling Water, unflavored	Baking Soda (Arm & Hammer®)
Coconut Kefir (No Tapioca, Carageenan)	Tea, Black	Beef broth (Imagine® low sodium/GF)
Coconut Milk(Native Forest or Natural Value)	Tea, Chamomile	Blue Food Dye
Coconut Water (low sugar)	Tea, Green	Bone Broth, Beef
Coffee	Tea, Hibiscus	Carrageenan Gum
Coffee, Instant (has gluten)	Tea, Komboucha	Chewing Gum (has gluten and corn)
Coffee Bean, Organic	Tea, Oolong	Chewing Gum, Xylichew®
Collagen Protein (Powder)	Tea, Ramon	Chicken Broth (Imagine® gf/low sodium)
Echinacea Tea	Tea, Roobios	Chicory Root
Grapefruit Juice	Tea, Unflavored	Cocoa/Cacao (raw, pure, & unsweetened)
Great Lake's® Beef Gelatin	Tea, White	Collagen Protein (Powder)
Green Tea	Teechino	Formaldehyde
Hemp Protein (Powder)	Vinegar, Red Wine	GemWraps®, Sandwich Wrap (Carrot)
Komboucha Tea	Water	GemWraps®, Sandwich Wrap (Kale-Apple)
Lemon Juice	Wine, Red	GemWraps®, Sandwich Wrap (Mango/Chipotle)
Licorice Tea	Wine, White (Champagne)	GemWraps®, Sandwich Wrap (Tomato)
Lime Juice	Yerba Matte Tea (Organic/Pure)	Glucomannon Flour (konjacfoods.com)
Milk, Soy (Organic)	Zevia Drinks	Great Lake's® Beef Gelatin

Guar Gum		Vegetable Oil
Hops		Vinegar, Red Wine
Hydrogenated Oils		Xanthan Gum
Inulin		Yeast, Baker's
Konjac Glucomannon Flour		Yeast, Brewer's
Lard (pork)		Yeast, Nutritional
Latex		Snacks
Locust Bean Gum		Apple Sauce
Lycopene		Dates
Malt		Simple Mills Chocolate Chip Cookies
Maltodextrin (Barley-derived)	П	AB
Modified Food Starch		Flax Meal
Modified Food Starch (Tapioca-based)		Flax Seed
Palm Wax		Flounder
Pycnogenol		rioundei
Red Food Dye		qwerty
Red Tomato Paste (gluten free)		Zucchini
Resveratrol		
Rice Starch (if certified gluten free)		
Silver		
Skinny Crisps® (Plain Jane)		
Tofu (Organic)		
Tragacanth Gum		
Vegetable broth (Imagine® Low		