

<input type="checkbox"/> <b>Beverages &amp; Protein Powders</b>	<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> Mayonnaise
<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Sriracha Sauce Organicville gluten-free
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Tea, Roobios	<input type="checkbox"/> Tabasco Sauce
<input type="checkbox"/> Coffee	<input type="checkbox"/> Water	<input type="checkbox"/> Ume Plum Vinegar
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Wine, White (Champagne)	<input type="checkbox"/> Veganise Soy-free (Follow Your Heart®)
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Vinegar, Beet
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Zevia Drinks	<input type="checkbox"/> Vinegar, Distilled
<input type="checkbox"/> Green Tea		<input type="checkbox"/> Vinegar, Red Wine
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> <b>Condiments</b>	<input type="checkbox"/> Vinegar, Rice
<input type="checkbox"/> Komboucha Tea	<input type="checkbox"/> Balsamic Vinegar (with Red Wine Vinegar)	<input type="checkbox"/> Vinegar, White Wine
<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Balsamic Vinegar MiaBella NoCaramel/WineVinegar)	<input type="checkbox"/> Worcestershire Sauce (The Wizard's® GF)
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Carob	<input type="checkbox"/> <b>Corn-Derived Foods</b>
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Dressing, Primal Kitchen Greek Avocado Oil	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard	<input type="checkbox"/> Cheese, Daiya (Coconut,Tapioca,yeast,Â....)
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Hummus	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> Ketchup (Organicville)	<input type="checkbox"/> Corn Gluten

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|--|---|--|
| <input type="checkbox"/> Corn Meal (gluten free)                 | <input type="checkbox"/> Crab                 | <input type="checkbox"/> Tilapia (Non-farmed)  |
| <input type="checkbox"/> Corn Oil                                | <input type="checkbox"/> Crab, Immitation     | <input type="checkbox"/> Trout                 |
| <input type="checkbox"/> Corn Starch (gluten free)               | <input type="checkbox"/> Crayfish             | <input type="checkbox"/> Walleye Pike          |
| <input type="checkbox"/> Corn, Blue                              | <input type="checkbox"/> Flounder             | <input type="checkbox"/> Whitefish/Turbot      |
| <input type="checkbox"/> Corn, White                             | <input type="checkbox"/> Hake                 |  |
| <input type="checkbox"/> Erythritol (non-GMO)                    | <input type="checkbox"/> Halibut              | <input type="checkbox"/> <b>Fruits</b>         |
| <input type="checkbox"/> Fructose                                | <input type="checkbox"/> Herring              | <input type="checkbox"/> Acai                  |
| <input type="checkbox"/> GemWraps® Sandwich Wrap (Carrot)        | <input type="checkbox"/> Lobster              | <input type="checkbox"/> Apricot               |
| <input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)      | <input type="checkbox"/> Mackerel             | <input type="checkbox"/> Bilberry              |
| <input type="checkbox"/> Sriracha Sauce Organicville gluten-free | <input type="checkbox"/> Mahi Mahi            | <input type="checkbox"/> Blackberry            |
| <input type="checkbox"/> Swerve® Xylitol                         | <input type="checkbox"/> Mussel               | <input type="checkbox"/> Blueberry             |
| <input type="checkbox"/> Vegetable Oil                           | <input type="checkbox"/> Octopus              | <input type="checkbox"/> Boysenberry           |
| <input type="checkbox"/> Xanthan Gum                             | <input type="checkbox"/> Orange Roughy        | <input type="checkbox"/> Cherry                |
| <input type="checkbox"/> Yogurt (See Xanthan Gum)                | <input type="checkbox"/> Oyster               | <input type="checkbox"/> Clementine            |
|  | <input type="checkbox"/> Perch                | <input type="checkbox"/> Cranberry             |
| <input type="checkbox"/> <b>Fish &amp; Shellfish</b>             | <input type="checkbox"/> Red Snapper          | <input type="checkbox"/> Cranberry Juice       |
| <input type="checkbox"/> Anchovy                                 | <input type="checkbox"/> Salmon, wild (fresh) | <input type="checkbox"/> Currant               |
| <input type="checkbox"/> Bass                                    | <input type="checkbox"/> Sardines             | <input type="checkbox"/> Date(s)               |
| <input type="checkbox"/> Catfish                                 | <input type="checkbox"/> Shrimp               | <input type="checkbox"/> Dragon Fruit (Pitaya) |
| <input type="checkbox"/> Chilean Sea Bass                        | <input type="checkbox"/> Squid                | <input type="checkbox"/> Dried Fruit           |
| <input type="checkbox"/> Clam                                    | <input type="checkbox"/> Swai                 | <input type="checkbox"/> Elderberry            |
| <input type="checkbox"/> Corvina                                 | <input type="checkbox"/> Swordfish            | <input type="checkbox"/> Fig                   |

<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> <b>Gluten-Containing Foods</b>
<input type="checkbox"/> Golden Berry	<input type="checkbox"/> Peach	<input type="checkbox"/> Crab, Imitation
<input type="checkbox"/> Gooseberry	<input type="checkbox"/> Persimmons	<input type="checkbox"/> Maltodextrin (Barley-derived)
<input type="checkbox"/> Guava	<input type="checkbox"/> Pineapple	
<input type="checkbox"/> Huckleberry	<input type="checkbox"/> Plum	<input type="checkbox"/> <b>Gluten-Free Grains</b>
<input type="checkbox"/> Jack fruit	<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Amaranth
<input type="checkbox"/> Kiwi	<input type="checkbox"/> Pomelo	<input type="checkbox"/> Arrowroot Flour/powder
<input type="checkbox"/> Kumquat	<input type="checkbox"/> Prune	<input type="checkbox"/> Basmati Rice (gluten free)
<input type="checkbox"/> Lime	<input type="checkbox"/> Quince	<input type="checkbox"/> Buckwheat
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Buckwheat Flour
<input type="checkbox"/> Litchi (aka Lychee)	<input type="checkbox"/> Raspberry	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Loganberry	<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Coconut Flour (gluten free)
<input type="checkbox"/> Loquat	<input type="checkbox"/> Strawberry	<input type="checkbox"/> Coconut Meal (gluten free)
<input type="checkbox"/> Mango	<input type="checkbox"/> Tamarind	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Tangerine	<input type="checkbox"/> Corn Meal (gluten free)
<input type="checkbox"/> Maqui	<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Corn Starch (gluten free)
<input type="checkbox"/> Melon, Honeydew	<input type="checkbox"/> Youngberry	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Monk Fruit (Pure)		<input type="checkbox"/> Corn, White
<input type="checkbox"/> Mulberry		<input type="checkbox"/> Ener-G Brown Rice Yeast-Free Bread
<input type="checkbox"/> Nectarines		<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Noni		<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Papaya		<input type="checkbox"/> Garbanzo Flour

<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Celery Powder
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Chili Powder
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Sorghum	<input type="checkbox"/> Chipotle Seasoning
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Tapioca	<input type="checkbox"/> Cilantro/Coriander
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Cloves
<input type="checkbox"/> Millet	<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Cloves, Madagascar
<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)	<input type="checkbox"/> Teff	<input type="checkbox"/> Cloves, Penang
<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Cramp Bark Extract
<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Cream of Tartar
<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tortilla, Siete Almond	<input type="checkbox"/> Cumin
<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut	<input type="checkbox"/> Curcumin
<input type="checkbox"/> Quinoa, Black (gluten free)		<input type="checkbox"/> Curry (must be GF)
<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Allspice	<input type="checkbox"/> Dong Quai
<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Anise	<input type="checkbox"/> Echinacea
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Fennel
<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Astragalus	<input type="checkbox"/> Ginger
<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Basil	<input type="checkbox"/> Ginkgo Biloba
<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Ginseng (All Types)
<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Goldenseal
<input type="checkbox"/> Rice, Purple (gluten free)	<input type="checkbox"/> Cardamom	<input type="checkbox"/> Grapeseed Extract

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|---|--|---|
| <input type="checkbox"/> Guarana                            | <input type="checkbox"/> Oregano                                 | <input type="checkbox"/> St. John's Wort                |
| <input type="checkbox"/> Gymnema Silvestre                  | <input type="checkbox"/> Paprika                                 | <input type="checkbox"/> Sumac                          |
| <input type="checkbox"/> Herbs De Provence                  | <input type="checkbox"/> Paprika (smoked)                        | <input type="checkbox"/> Tamari (Wheat Free)            |
| <input type="checkbox"/> Hickory                            | <input type="checkbox"/> Parsley                                 | <input type="checkbox"/> Thyme                          |
| <input type="checkbox"/> Himalayan Salt                     | <input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper) | <input type="checkbox"/> Turmeric                       |
| <input type="checkbox"/> Jamaican Jerk                      | <input type="checkbox"/> Pepper, Cayenne                         | <input type="checkbox"/> Uva Ursi                       |
| <input type="checkbox"/> Juniper Berry                      | <input type="checkbox"/> Pepper, Red                             | <input type="checkbox"/> Valerian                       |
| <input type="checkbox"/> Lavender                           | <input type="checkbox"/> Pepper, Sichuan                         | <input type="checkbox"/> Vanilla (gluten and corn-free) |
| <input type="checkbox"/> Lemon Balm (Melissa Officinalis)   | <input type="checkbox"/> Pepper, Szechuan                        | <input type="checkbox"/> Vanilla Bean                   |
| <input type="checkbox"/> Lemongrass                         | <input type="checkbox"/> Pepper/Peppercorns                      | <input type="checkbox"/> Vanilla Powder                 |
| <input type="checkbox"/> Licorice Root                      | <input type="checkbox"/> Peppermint                              | <input type="checkbox"/> White Willow Bark Extract      |
| <input type="checkbox"/> Liquid Smoke gluten free (natural) | <input type="checkbox"/> Pine Bark Extract                       | <input type="checkbox"/> Wintergreen                    |
| <input type="checkbox"/> Maca Root                          | <input type="checkbox"/> Red Pepper Flake                        | <input type="checkbox"/> Wormwood                       |
| <input type="checkbox"/> Mace Spice                         | <input type="checkbox"/> Rose Hips                               |   |
| <input type="checkbox"/> Marjoram                           | <input type="checkbox"/> Rosemary                                | <input type="checkbox"/> <b>Legumes &amp; Pulses</b>    |
| <input type="checkbox"/> Mesquite                           | <input type="checkbox"/> Saffron                                 | <input type="checkbox"/> Bean, Azuki                    |
| <input type="checkbox"/> Milk Thistle                       | <input type="checkbox"/> Sage                                    | <input type="checkbox"/> Bean, Black                    |
| <input type="checkbox"/> Mint                               | <input type="checkbox"/> Saw Plametto                            | <input type="checkbox"/> Bean, Butter                   |
| <input type="checkbox"/> Mustard Seeds (gluten free)        | <input type="checkbox"/> Sesame Seeds                            | <input type="checkbox"/> Bean, Cannellini               |
| <input type="checkbox"/> Nutmeg                             | <input type="checkbox"/> Sesame Seeds, Black                     | <input type="checkbox"/> Bean, Chana Dahl               |
| <input type="checkbox"/> Olive Leaf Extract                 | <input type="checkbox"/> Shallots                                | <input type="checkbox"/> Bean, Chili                    |
| <input type="checkbox"/> Orange Salt                        | <input type="checkbox"/> Spearmint                               | <input type="checkbox"/> Bean, Green                    |

<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> <b>Meat &amp; Poultry</b>	<input type="checkbox"/> <b>Milk-Containing Foods</b>
<input type="checkbox"/> Bean, Kidney	<input type="checkbox"/> Applegate® organic bacon	<input type="checkbox"/> Applegate® organic spinach & feta sausage
<input type="checkbox"/> Bean, Lima	<input type="checkbox"/> Applegate® organic black forest ham	<input type="checkbox"/> Butter, Raw and Pasture-raised
<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Applegate® organic ham	<input type="checkbox"/> Buttermilk
<input type="checkbox"/> Bean, Navy/Ninja	<input type="checkbox"/> Applegate® organic spinach & feta sausage	<input type="checkbox"/> Casein
<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Cheese, American
<input type="checkbox"/> Bean, Red (see also Bean, Kidney)	<input type="checkbox"/> Buffalo (see also Bison)	<input type="checkbox"/> Cheese, Asiago
<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Chicken, free range (organic)	<input type="checkbox"/> Cheese, Brie
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Deer (see also Venison)	<input type="checkbox"/> Cheese, Cheddar (Raw)
<input type="checkbox"/> Edamame (must be organic)	<input type="checkbox"/> Duck	<input type="checkbox"/> Cheese, Cottage
<input type="checkbox"/> Fava Bean	<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Cheese, Feta
<input type="checkbox"/> Garbanzo Bean	<input type="checkbox"/> Ostrich	<input type="checkbox"/> Cheese, Goat
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Pheasant	<input type="checkbox"/> Cheese, Gorgonzola
<input type="checkbox"/> Lentil(s)	<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Cheese, Gouda
<input type="checkbox"/> Miso	<input type="checkbox"/> Quail	<input type="checkbox"/> Cheese, Havarti
<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Rabbit	<input type="checkbox"/> Cheese, Machego
<input type="checkbox"/> Soy Beans (must be organic)	<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Cheese, Mascapone
<input type="checkbox"/> Soy Beans Oil (must be organic)		<input type="checkbox"/> Cheese, Mozzarella (Raw)
<input type="checkbox"/> Vanilla Bean		<input type="checkbox"/> Cheese, Muenster
<input type="checkbox"/> Vanilla Powder		<input type="checkbox"/> Cheese, Parmesan
<input type="checkbox"/> White Beans		<input type="checkbox"/> Cheese, Pecorino

<input type="checkbox"/> Cheese, Provolone	<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Guar Gum
<input type="checkbox"/> Cheese, Raw and Pasture-raised		<input type="checkbox"/> Hops
<input type="checkbox"/> Cheese, Ricotta	<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Inulin
<input type="checkbox"/> Cheese, Romano	<input type="checkbox"/> Acacia Gum	<input type="checkbox"/> Julian Bakery Coconut Bread
<input type="checkbox"/> Cheese, Sheep	<input type="checkbox"/> Agar Gum	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Cheese, String (Mozzarella)	<input type="checkbox"/> Antimony	<input type="checkbox"/> Lard (pork)
<input type="checkbox"/> Cheese, Swiss	<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Latex
<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Liquid Aminos (Briggs®)(has Soy)
<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Locust Bean Gum
<input type="checkbox"/> Cream, Raw and Unpasteurized	<input type="checkbox"/> Beef broth (Imagine® low sodium/GF)	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Ghee (Pasture-Raised, Organic)	<input type="checkbox"/> Blue Food Dye	<input type="checkbox"/> Maltodextrin (Barley-derived)
<input type="checkbox"/> Goat Cheese	<input type="checkbox"/> Carrageenan Gum	<input type="checkbox"/> Modified Food Starch
<input type="checkbox"/> Goat Kefir	<input type="checkbox"/> Chewing Gum, Xylite®	<input type="checkbox"/> Modified Food Starch (Tapioca-based)
<input type="checkbox"/> Kefir, Raw	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Palm Wax
<input type="checkbox"/> Lactalbumin	<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Pycnogenol
<input type="checkbox"/> Milk Chocolate	<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Red Food Dye
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Resveratrol
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Rice Starch (if certified gluten free)
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)	<input type="checkbox"/> Sherry Vinegar
<input type="checkbox"/> Mozzarella Cheese	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chi.)	<input type="checkbox"/> Silver
<input type="checkbox"/> Sour Cream, Raw and Unpasteurized	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Whey	<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Tofu (Organic)

<input type="checkbox"/> Tragacanth Gum	<input type="checkbox"/> <b>Nuts, Seeds, Drupes &amp; Oils</b>	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Hemp Seed
<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Vinegar, Red Wine	<input type="checkbox"/> Canola/Rapeseed Oil	<input type="checkbox"/> Macadamia Nut Oil
<input type="checkbox"/> Vinegar, Rice	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Macadamia Nuts
<input type="checkbox"/> Vinegar, White Wine	<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Olive Oil, Virgin
<input type="checkbox"/> Yeast, Baker's	<input type="checkbox"/> Cashews	<input type="checkbox"/> Palm Kernel Oil
<input type="checkbox"/> Yeast, Brewer's	<input type="checkbox"/> Chestnut	<input type="checkbox"/> Pecan
<input type="checkbox"/> Yeast, Nutritional	<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Pecan Flour
	<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Pepitas
<input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>	<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Pili Nuts
<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast, Å....)	<input type="checkbox"/> Cola Nut (aka Kola Nut)	<input type="checkbox"/> Pine Nut
<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Pistachios
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Cottonseed/Cottonseed Oil	<input type="checkbox"/> Poppy seeds
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Psyllium Husk
<input type="checkbox"/> Egg, Pasture-raised (from a farmer)	<input type="checkbox"/> Flax Oil	<input type="checkbox"/> Pumpkin Oil
<input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®	<input type="checkbox"/> Flax Seed	<input type="checkbox"/> Pumpkin Seed Oil
<input type="checkbox"/> Egg, Whites, Pasture-raised	<input type="checkbox"/> Grapeseed Oil, Organic	<input type="checkbox"/> Pumpkin Seeds
<input type="checkbox"/> Egg, Yolks Pasture-raised	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Ramon Seeds
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)
<input type="checkbox"/> Modified Food Starch	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Sacha Inchi Seeds



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|---|---|---|
| <input type="checkbox"/> Sesame Seed Oil                  | <input type="checkbox"/> Date Sugar                               | <input type="checkbox"/> Sugar Beet                               |
| <input type="checkbox"/> Sesame Seeds                     | <input type="checkbox"/> Erythritol (non-GMO)                     | <input type="checkbox"/> Sugar Cane                               |
| <input type="checkbox"/> Sesame Seeds, Black              | <input type="checkbox"/> Fructose                                 | <input type="checkbox"/> Sweetleaf® Stevia                        |
| <input type="checkbox"/> Tea, Ramon                       | <input type="checkbox"/> Fruit Pectin                             | <input type="checkbox"/> Swerve® Xylitol                          |
| <input type="checkbox"/> Tiger Nuts                       | <input type="checkbox"/> Jerusalem Artichoke Syrup                | <input type="checkbox"/> Tapioca Dextrose                         |
| <input type="checkbox"/> Vegetable Oil                    | <input type="checkbox"/> Just Like Sugar®                         | <input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn source) |
| <input type="checkbox"/> Vegetable Shortening (Spectrum®) | <input type="checkbox"/> Lo Han                                   | <input type="checkbox"/> Yacon Syrup                              |
| <input type="checkbox"/> Walnut (few)                     | <input type="checkbox"/> Maltitol                                 |   |
| <input type="checkbox"/> Walnut Oil                       | <input type="checkbox"/> Maltodextrin (Barley-derived)            | <input type="checkbox"/> Vegetables                               |
| <input type="checkbox"/> Walnut, Black (few)              | <input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)       | <input type="checkbox"/> Alfalfa Sprouts                          |
|   | <input type="checkbox"/> Maltodextrin (Tapioca-based)             | <input type="checkbox"/> Aloe Vera                                |
| <input type="checkbox"/> Snacks                           | <input type="checkbox"/> Maple Sugar                              | <input type="checkbox"/> Artichoke (not pickled)                  |
| <input type="checkbox"/> Date(s)                          | <input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic) | <input type="checkbox"/> Artichoke, Jerusalem (not pickled)       |
|   | <input type="checkbox"/> Molasses                                 | <input type="checkbox"/> Arugula                                  |
| <input type="checkbox"/> Sweeteners                       | <input type="checkbox"/> Monk Fruit (Pure)                        | <input type="checkbox"/> Avocado                                  |
| <input type="checkbox"/> Agave Nectar                     | <input type="checkbox"/> Monk Fruit Extract                       | <input type="checkbox"/> Avocado Oil                              |
| <input type="checkbox"/> Aspartame/Nutrasweet             | <input type="checkbox"/> Nutrasweet®                              | <input type="checkbox"/> Bamboo Shoot                             |
| <input type="checkbox"/> Cane Syrup                       | <input type="checkbox"/> Rebiana Leaf (Stevia)                    | <input type="checkbox"/> Bean Sprout                              |
| <input type="checkbox"/> Chocolate, Milk                  | <input type="checkbox"/> Sorbitol                                 | <input type="checkbox"/> Bean, Green                              |
| <input type="checkbox"/> Chocolate, White                 | <input type="checkbox"/> Splenda                                  | <input type="checkbox"/> Beet                                     |
| <input type="checkbox"/> Coconut Palm Sugar               | <input type="checkbox"/> Sucanat                                  | <input type="checkbox"/> Beet Greens                              |
| <input type="checkbox"/> Coconut Sugar                    | <input type="checkbox"/> Sucralose                                | <input type="checkbox"/> Bell Pepper                              |

<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Leeks
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Celery	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Chard	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Chayote	<input type="checkbox"/> Nori
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Chives	<input type="checkbox"/> Okra
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Onion, Green
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Onion, Maui
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Onion, Red
<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Onion, Sweet
<input type="checkbox"/> Burdock	<input type="checkbox"/> Corn, White	<input type="checkbox"/> Onion, Yellow
<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Parsley
<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Parsnip
<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Pea, Black-Eyed
<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Endive	<input type="checkbox"/> Pepper, Anaheim
<input type="checkbox"/> Capers	<input type="checkbox"/> Fennel	<input type="checkbox"/> Pepper, Chili
<input type="checkbox"/> Capsicum	<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Pepper, Green
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Horseradish	<input type="checkbox"/> Pepper, Habanero
<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Jicama	<input type="checkbox"/> Pepper, Jalapeño
<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Kelp/Dulse	<input type="checkbox"/> Pepper, Poblano
<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Kohlrabi	<input type="checkbox"/> Pepper, Red
<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Kombu	<input type="checkbox"/> Pepper, Serrano

sundas malik

09/08/2017

- |   |  |
|---|--|
| <input type="checkbox"/> Pimento                          | <input type="checkbox"/> Squash            |
| <input type="checkbox"/> Potato, Fingerling               | <input type="checkbox"/> Squash, Acorn     |
| <input type="checkbox"/> Potato, Purple                   | <input type="checkbox"/> Squash, Butternut |
| <input type="checkbox"/> Potato, Red                      | <input type="checkbox"/> Squash, Green     |
| <input type="checkbox"/> Potato, Russet                   | <input type="checkbox"/> Squash, Spaghetti |
| <input type="checkbox"/> Potato, White                    | <input type="checkbox"/> Squash, Summer    |
| <input type="checkbox"/> Potato, Yukon Gold               | <input type="checkbox"/> Squash, Winter    |
| <input type="checkbox"/> Prickly Pear                     | <input type="checkbox"/> Squash, Yellow    |
| <input type="checkbox"/> Psyllium Husk                    | <input type="checkbox"/> Sugar Beet        |
| <input type="checkbox"/> Pumpkin                          | <input type="checkbox"/> Swiss Chard       |
| <input type="checkbox"/> Pumpkin Powder                   | <input type="checkbox"/> Truffle           |
| <input type="checkbox"/> Radicchio                        | <input type="checkbox"/> Turnip Greens     |
| <input type="checkbox"/> Radish                           | <input type="checkbox"/> Turnips           |
| <input type="checkbox"/> Rainbow Chard                    | <input type="checkbox"/> Water Chestnut    |
| <input type="checkbox"/> Rhubarb                          | <input type="checkbox"/> Watercress        |
| <input type="checkbox"/> Rutabaga                         | <input type="checkbox"/> Yams, Garnett     |
| <input type="checkbox"/> Sauerkraut (Bubbies® Brand only) | <input type="checkbox"/> Yams, Japanese    |
| <input type="checkbox"/> Scallions                        | <input type="checkbox"/> Yucca             |
| <input type="checkbox"/> Sea Vegetables                   | <input type="checkbox"/> Zucchini          |
| <input type="checkbox"/> Seaweed                          |  |
| <input type="checkbox"/> Shallots                         |  |
| <input type="checkbox"/> Spirulina                        |  |