

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Capers	<input type="checkbox"/> Mushrooms, Button
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Mushrooms, Cremini/Crimini
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Mushrooms, Maitake
<input type="checkbox"/> Arugula	<input type="checkbox"/> Celery	<input type="checkbox"/> Mushrooms, Shiitake
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Chard	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Avocado	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Okra
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Parsley
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Prickly Pear
<input type="checkbox"/> Beet	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Radicchio
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Radish
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Endive	<input type="checkbox"/> Rainbow Chard
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Fennel	<input type="checkbox"/> Rutabaga
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Garlic	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Spinach
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Horseradish	<input type="checkbox"/> Swiss Chard
<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Jicama	<input type="checkbox"/> Truffle
<input type="checkbox"/> Burdock	<input type="checkbox"/> Kale, all types	<input type="checkbox"/> Turnip Greens
<input type="checkbox"/> Cabbage, Chinese (see also Bok)	<input type="checkbox"/> Kohlrabi	<input type="checkbox"/> Turnips
<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Leeks	<input type="checkbox"/> Water Chestnut
<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Lettuce, all types	<input type="checkbox"/> Watercress
<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Mushrooms	<input type="checkbox"/> Alfalfa Sprouts

<input type="checkbox"/> Onion, Green	<input type="checkbox"/> Gooseberry	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils
<input type="checkbox"/> <input type="text" value="Onion, Maui"/>	<input type="checkbox"/> Grapefruit	<input type="checkbox"/> Almond
<input type="checkbox"/> <input type="text" value="Onion, Red"/>	<input type="checkbox"/> <input type="text" value="Huckleberry"/>	<input type="checkbox"/> Almond Butter (ArtisanaÂ®)
<input type="checkbox"/> <input type="text" value="Onion, Sweet"/>	<input type="checkbox"/> <input type="text" value="Jack fruit"/>	<input type="checkbox"/> <input type="text" value="Almond Flavor natural, gluten free"/>
<input type="checkbox"/> <input type="text" value="Onion, Yellow"/>	<input type="checkbox"/> <input type="text" value="Kiwi"/>	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> <input type="text" value="Chives"/>	<input type="checkbox"/> Lemon	<input type="checkbox"/> Almond Meal (gluten free)
<input type="checkbox"/> <input type="text" value="Shallots"/>	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Almond, Marcona
	<input type="checkbox"/> Lemon Rind/Peel	<input type="checkbox"/> <input type="text" value="Coconut Butter"/>
<input type="checkbox"/> Fruits	<input type="checkbox"/> Lime	<input type="checkbox"/> <input type="text" value="Coconut Oil"/>
<input type="checkbox"/> Acai	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> <input type="text" value="Coconut, shredded (raw,"/>
<input type="checkbox"/> <input type="text" value="Apple Cider"/>	<input type="checkbox"/> <input type="text" value="Litchi (aka Lychee)"/>	<input type="checkbox"/> <input type="text" value="Pecan"/>
<input type="checkbox"/> <input type="text" value="Apple Juice"/>	<input type="checkbox"/> <input type="text" value="Loganberry"/>	<input type="checkbox"/> <input type="text" value="Pecan Flour"/>
<input type="checkbox"/> <input type="text" value="Bilberry"/>	<input type="checkbox"/> <input type="text" value="Loquat"/>	<input type="checkbox"/> <input type="text" value="Pistachios"/>
<input type="checkbox"/> <input type="text" value="Blackberry"/>	<input type="checkbox"/> <input type="text" value="Maqui"/>	
<input type="checkbox"/> <input type="text" value="Blueberry"/>	<input type="checkbox"/> Mulberry	<input type="checkbox"/> Legumes & Pulses
<input type="checkbox"/> <input type="text" value="Boysenberry"/>	<input type="checkbox"/> <input type="text" value="Nectarines"/>	
<input type="checkbox"/> <input type="text" value="Cherry"/>	<input type="checkbox"/> <input type="text" value="Noni"/>	<input type="checkbox"/> Fish & Shellfish
<input type="checkbox"/> <input type="text" value="Cranberry"/>	<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Corvina
<input type="checkbox"/> <input type="text" value="Currant"/>	<input type="checkbox"/> <input type="text" value="Peach"/>	<input type="checkbox"/> <input type="text" value="Sardines"/>
<input type="checkbox"/> <input type="text" value="Dragon Fruit (Pitaya)"/>	<input type="checkbox"/> <input type="text" value="Pear"/>	
<input type="checkbox"/> <input type="text" value="Dried Fruit"/>	<input type="checkbox"/> <input type="text" value="Pear, Asian"/>	
<input type="checkbox"/> <input type="text" value="Golden Berry"/>	<input type="checkbox"/> Apricot	

<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Yacon Syrup	<input type="checkbox"/> Curcumin
<input type="checkbox"/> Applegate® organic andouille		<input type="checkbox"/> Curry (must be GF)
<input type="checkbox"/> Ostrich	<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Dandelion Root
	<input type="checkbox"/> Allspice	<input type="checkbox"/> Dill
<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Almond Flavor natural, gluten free)	<input type="checkbox"/> Dong Quai
<input type="checkbox"/> Almond Milk, unsweetened (no	<input type="checkbox"/> Anise	<input type="checkbox"/> Echinacea
<input type="checkbox"/> Coconut Kefir (No Tapioca,	<input type="checkbox"/> Astragalus	<input type="checkbox"/> Fennel
<input type="checkbox"/> Coconut Milk(Native Forest or	<input type="checkbox"/> Basil	<input type="checkbox"/> Garlic
	<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Garlic Pepper
<input type="checkbox"/> Condiments	<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Garlic Powder
<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Cardamom	<input type="checkbox"/> Garlic Salt
<input type="checkbox"/> Coconut Vinegar (Coconut Secret)	<input type="checkbox"/> Celery Powder	<input type="checkbox"/> Ginkgo Biloba
<input type="checkbox"/> Horseradish Sauce, Gluten-free	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Ginseng (All Types)
<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)	<input type="checkbox"/> Cilantro/Coriander	<input type="checkbox"/> Goldenseal
<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Cinnamon	<input type="checkbox"/> Grapefruit Seed Extract
	<input type="checkbox"/> Cinnamon, Ceylon	<input type="checkbox"/> Gymnema Silvestre
<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Cloves	<input type="checkbox"/> Herbs De Provence
<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Cloves, Madagascar	<input type="checkbox"/> Hickory
<input type="checkbox"/> Lo Han	<input type="checkbox"/> Cloves, Penang	<input type="checkbox"/> Himalayan Salt
<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Cramp Bark Extract	<input type="checkbox"/> Juniper Berry
<input type="checkbox"/> Sweetleaf® Stevia	<input type="checkbox"/> Cream of Tartar	<input type="checkbox"/> Lavender
<input type="checkbox"/> Swerve® Xylitol	<input type="checkbox"/> Cumin	<input type="checkbox"/> Lemon Balm (Melissa Officinalis)

<input type="checkbox"/> Lemon Pepper	<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Glucomannon Flour
<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Spearmint	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Licorice Root	<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Coconut Flour (gluten free)
<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Tarragon	
<input type="checkbox"/> Maca Root	<input type="checkbox"/> Thyme	<input type="checkbox"/> Gluten-Containing Foods
<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Turmeric	
<input type="checkbox"/> Marjoram	<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Corn-Derived Foods
<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Valerian	<input type="checkbox"/> Swerve® Xylitol
<input type="checkbox"/> Mint	<input type="checkbox"/> White Willow Bark Extract	
<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Beverages & Protein Powders
<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Almond Milk, unsweetened (no
<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Onion Powder	<input type="checkbox"/> Apple Juice
<input type="checkbox"/> Orange Salt	<input type="checkbox"/> Onion	<input type="checkbox"/> Coconut Kefir (No Tapioca,
<input type="checkbox"/> Oregano	<input type="checkbox"/> Shallots	<input type="checkbox"/> Coconut Milk(Native Forest or
<input type="checkbox"/> Parsley		<input type="checkbox"/> Coconut Water (low sugar)
<input type="checkbox"/> Pepper, Black (see Garlic/Lemon	<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Pepper/Peppercorns		<input type="checkbox"/> Echinacea Tea
<input type="checkbox"/> Peppermint	<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Green Tea
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Lemon Juice
<input type="checkbox"/> Rosemary	<input type="checkbox"/> Amaranth	<input type="checkbox"/> Licorice Tea
<input type="checkbox"/> Saffron	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Lime Juice
<input type="checkbox"/> Sage	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Mineral Water

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|---|---------------------------------------|
| <input type="checkbox"/> Sparkling Water, unflavored | <input type="checkbox"/> Palm Wax |
| <input type="checkbox"/> Tea, Black | <input type="checkbox"/> Pycnogenol |
| <input type="checkbox"/> Tea, Chamomile | <input type="checkbox"/> Silver |
| <input type="checkbox"/> Tea, Green | <input type="checkbox"/> Latex |
| <input type="checkbox"/> Tea, Oolong | <input type="checkbox"/> Formaldehyde |
| <input type="checkbox"/> Tea, Roobios | |
| <input type="checkbox"/> Tea, unflavored/caffeine-free only | <input type="checkbox"/> Snacks |
| <input type="checkbox"/> Tea, White | |
| <input type="checkbox"/> Water | |
| <input type="checkbox"/> Yerba Matte Tea (Organic/Pure) | |

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| <input type="checkbox"/> Miscellaneous |
| <input type="checkbox"/> Antimony |
| <input type="checkbox"/> Baking Soda (Arm & Hammer®) |
| <input type="checkbox"/> Chicory Root |
| <input type="checkbox"/> Coconut Aminos® |
| <input type="checkbox"/> Coconut Cream |
| <input type="checkbox"/> Collagen Protein (Powder) |
| <input type="checkbox"/> Garam Masala |
| <input type="checkbox"/> Glucomannon Flour |
| <input type="checkbox"/> Konjac Glucomannon Flour |
| <input type="checkbox"/> Lycopene |