

☐ **Beverages & Protein Powders**☐ Almond Milk, unsweetened (no☐ Apple Juice☐ Coconut Kefir (No Tapioca,☐ Coconut Milk(Native Forest or☐ Coconut Water (low sugar)☐ Collagen Protein (Powder)☐ Echinacea Tea☐ Grapefruit Juice☐ Hemp Protein (Powder)☐ Komboucha Tea☐ Lemon Juice☐ Licorice Tea☐ Lime Juice☐ Milk, Soy (Organic)☐ Mineral Water☐ Orange Juice☐ Pea Protein☐ Soy Milk/Soy Cheese (Organic)☐ Soy Protein (Organic)☐ Sparkling Water, unflavored☐ Tea, Black☐ Tea, Chamomile☐ Tea, Oolong☐ Tea, Ramon☐ Tea, Roobios☐ Tea, unflavored/cafeine-free only☐ Tea, White☐ Water☐ Wine, White (Champagne)☐ Yerba Matte Tea (Organic/Pure)☐ Coffee Bean, Organic☐ **Condiments**☐ Apple Cider Vinegar (Bragg's®)☐ Balsamic Vinegar MiaBella☐ Balsamic Vinegar (with Red Wine☐ Barbeque Sauce, GF Annie's®☐ Coconut Vinegar (Coconut Secret)☐ Earth Balance® Coconut Spread☐ Horseradish Sauce, Gluten-free☐ Hummus☐ Ketchup (Organicville)☐ Mustard, Brown (Eden® gf mustard)☐ Ume Plum Vinegar☐ Vinegar, Distilled☐ Vinegar, Red Wine☐ Vinegar, White Wine☐ Tabasco Sauce☐ Dressing, Primal Kitchen Honey☐ Mayonnaise, Primal Kitchen☐ BodyPro Almond Mayo Grade B☐ BodyPro Almond Mayo with Yacon☐ **Corn-Derived Foods**☐ Barbeque Sauce, GF Annie's®☐ Swerve® Xylitol☐ **Fish & Shellfish**☐ Anchovy☐ Catfish☐ Chilean Sea Bass☐ Corvina☐ Crayfish☐ Hake☐ Herring

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| <input type="checkbox"/> Mahi Mahi             | <input type="checkbox"/> Dried Fruit      | <input type="checkbox"/> Litchi (aka Lychee) |
| <input type="checkbox"/> Orange Roughy         | <input type="checkbox"/> Elderberry       | <input type="checkbox"/> Loganberry          |
| <input type="checkbox"/> Sardines              | <input type="checkbox"/> Fig              | <input type="checkbox"/> Loquat              |
| <input type="checkbox"/> Squid                 | <input type="checkbox"/> Golden Berry     | <input type="checkbox"/> Mango               |
| <input type="checkbox"/> Swai                  | <input type="checkbox"/> Gooseberry       | <input type="checkbox"/> Mangosteen          |
| <input type="checkbox"/> Tilapia (Non-farmed)  | <input type="checkbox"/> Grape            | <input type="checkbox"/> Maqui               |
| <input type="checkbox"/> Whitefish/Turbot      | <input type="checkbox"/> Grape, Green     | <input type="checkbox"/> Melon, Honeydew     |
| <input type="checkbox"/> Crab, Immitation      | <input type="checkbox"/> Grape, Purple    | <input type="checkbox"/> Monk Fruit          |
|  | <input type="checkbox"/> Grape, Red       | <input type="checkbox"/> Mulberry            |
| <input type="checkbox"/> <b>Fruits</b>         | <input type="checkbox"/> Grape, White     | <input type="checkbox"/> Nectarines          |
| <input type="checkbox"/> Acai                  | <input type="checkbox"/> Grapefruit       | <input type="checkbox"/> Noni                |
| <input type="checkbox"/> Apple (all types)     | <input type="checkbox"/> Grapefruit Juice | <input type="checkbox"/> Orange              |
| <input type="checkbox"/> Apple Cider           | <input type="checkbox"/> Guava            | <input type="checkbox"/> Orange, Blood       |
| <input type="checkbox"/> Apple Juice           | <input type="checkbox"/> Huckleberry      | <input type="checkbox"/> Orange Juice        |
| <input type="checkbox"/> Bilberry              | <input type="checkbox"/> Jack fruit       | <input type="checkbox"/> Orange Peel/Rind    |
| <input type="checkbox"/> Boysenberry           | <input type="checkbox"/> Kiwi             | <input type="checkbox"/> Papaya              |
| <input type="checkbox"/> Clementine            | <input type="checkbox"/> Kumquat          | <input type="checkbox"/> Passion Fruit       |
| <input type="checkbox"/> Cranberry             | <input type="checkbox"/> Lemon            | <input type="checkbox"/> Peach               |
| <input type="checkbox"/> Cranberry Juice       | <input type="checkbox"/> Lemon Juice      | <input type="checkbox"/> Pear                |
| <input type="checkbox"/> Currant               | <input type="checkbox"/> Lemon Rind/Peel  | <input type="checkbox"/> Pear, Asian         |
| <input type="checkbox"/> Date(s)               | <input type="checkbox"/> Lime             | <input type="checkbox"/> Persimmons          |
| <input type="checkbox"/> Dragon Fruit (Pitaya) | <input type="checkbox"/> Lime Juice       | <input type="checkbox"/> Pineapple           |

<input type="checkbox"/> Plum	<input type="checkbox"/> <b>Gluten-Containing Foods</b>	<input type="checkbox"/> Rice, Wild (Lundberg® - not the
<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Maltodextrin (Can be	<input type="checkbox"/> Simple Mills Grnd Sea Salt Almond
<input type="checkbox"/> Pomelo	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Sweet Potato Flour (gluten free)
<input type="checkbox"/> Prune		<input type="checkbox"/> Teff
<input type="checkbox"/> Quince	<input type="checkbox"/> <b>Gluten-Free Grains</b>	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta
<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta
<input type="checkbox"/> Raspberry	<input type="checkbox"/> Amaranth	<input type="checkbox"/> Tortilla, Siete Almond
<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Basmati Rice (gluten free)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut
<input type="checkbox"/> Strawberry	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Simple Mills
<input type="checkbox"/> Tamarind	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Coconut Flour (gluten free)
<input type="checkbox"/> Tangelo	<input type="checkbox"/> Fava Bean Flour	
<input type="checkbox"/> Tangerine	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> <b>Herbs &amp; Spices</b>
<input type="checkbox"/> Watermelon	<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Allspice
<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Glucomannon Flour	<input type="checkbox"/> Almond Flavor natural, gluten free)
<input type="checkbox"/> Youngberry	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Anise
<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Ashwaganda
<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Astragalus
	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Basil
	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Black Cohosh
	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free	<input type="checkbox"/> Caraway Seed
	<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Cardamom
	<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Celery Powder

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| <input type="checkbox"/> Chicory Root            | <input type="checkbox"/> Hickory                            | <input type="checkbox"/> Parsley             |
| <input type="checkbox"/> Chili Powder            | <input type="checkbox"/> Himalayan Salt                     | <input type="checkbox"/> Pepper, Cayenne     |
| <input type="checkbox"/> Chipotle Seasoning      | <input type="checkbox"/> Jamaican Jerk                      | <input type="checkbox"/> Pepper, Red         |
| <input type="checkbox"/> Cramp Bark Extract      | <input type="checkbox"/> Juniper Berry                      | <input type="checkbox"/> Peppermint          |
| <input type="checkbox"/> Cream of Tartar         | <input type="checkbox"/> Lavender                           | <input type="checkbox"/> Pine Bark Extract   |
| <input type="checkbox"/> Cumin                   | <input type="checkbox"/> Lemon Balm (Melissa Officinalis)   | <input type="checkbox"/> Red Pepper Flake    |
| <input type="checkbox"/> Curcumin                | <input type="checkbox"/> Lemongrass                         | <input type="checkbox"/> Rosemary            |
| <input type="checkbox"/> Curry (must be GF)      | <input type="checkbox"/> Licorice Root                      | <input type="checkbox"/> Saffron             |
| <input type="checkbox"/> Dandelion Root          | <input type="checkbox"/> Liquid Smoke gluten free (natural) | <input type="checkbox"/> Sage                |
| <input type="checkbox"/> Dong Quai               | <input type="checkbox"/> Maca Root                          | <input type="checkbox"/> Saw Plametto        |
| <input type="checkbox"/> Echinacea               | <input type="checkbox"/> Mace Spice                         | <input type="checkbox"/> Sesame Seeds        |
| <input type="checkbox"/> Garlic                  | <input type="checkbox"/> Marjoram                           | <input type="checkbox"/> Sesame Seeds, Black |
| <input type="checkbox"/> Garlic Powder           | <input type="checkbox"/> Mesquite                           | <input type="checkbox"/> Spearmint           |
| <input type="checkbox"/> Garlic Salt             | <input type="checkbox"/> Milk Thistle                       | <input type="checkbox"/> St. John's Wort     |
| <input type="checkbox"/> Ginger                  | <input type="checkbox"/> Mint                               | <input type="checkbox"/> Taco Seasoning      |
| <input type="checkbox"/> Ginkgo Biloba           | <input type="checkbox"/> Mustard (as a Powder)              | <input type="checkbox"/> Tamari (Wheat Free) |
| <input type="checkbox"/> Ginseng (All Types)     | <input type="checkbox"/> Mustard Seeds (gluten free)        | <input type="checkbox"/> Tarragon            |
| <input type="checkbox"/> Goldenseal              | <input type="checkbox"/> Nutmeg                             | <input type="checkbox"/> Thyme               |
| <input type="checkbox"/> Grapefruit Seed Extract | <input type="checkbox"/> Olive Leaf Extract                 | <input type="checkbox"/> Tomatillo           |
| <input type="checkbox"/> Grapeseed Extract       | <input type="checkbox"/> Orange Peel/Rind                   | <input type="checkbox"/> Turmeric            |
| <input type="checkbox"/> Guarana                 | <input type="checkbox"/> Orange Salt                        | <input type="checkbox"/> Uva Ursi            |
| <input type="checkbox"/> Gymnema Silvestre       | <input type="checkbox"/> Oregano                            | <input type="checkbox"/> Valerian            |

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| <input type="checkbox"/> Vanilla (gluten and corn-free) | <input type="checkbox"/> Bean, Italian                     | <input type="checkbox"/> Soy Beans (must be organic)     |
| <input type="checkbox"/> Vanilla Bean                   | <input type="checkbox"/> Bean, Kidney                      | <input type="checkbox"/> Soy Beans Oil (must be organic) |
| <input type="checkbox"/> Vanilla Powder                 | <input type="checkbox"/> Bean, Lima                        | <input type="checkbox"/> Vanilla Bean                    |
| <input type="checkbox"/> White Willow Bark Extract      | <input type="checkbox"/> Bean, Mung                        | <input type="checkbox"/> Vanilla Powder                  |
| <input type="checkbox"/> Wintergreen                    | <input type="checkbox"/> Bean, Navy/Ninja                  | <input type="checkbox"/> White Beans                     |
| <input type="checkbox"/> Rose Hips                      | <input type="checkbox"/> Bean, Pinto/Frijole               | <input type="checkbox"/> Coffee Bean, Organic            |
| <input type="checkbox"/> Pepper, Sichuan                | <input type="checkbox"/> Bean, Red (see also Bean, Kidney) |  |
| <input type="checkbox"/> Pepper, Szechuan               | <input type="checkbox"/> Chickpea (see also Garbanzo Bean) | <input type="checkbox"/> <b>Meat &amp; Poultry</b>       |
| <input type="checkbox"/> Onion Powder                   | <input type="checkbox"/> Edamame (must be organic)         | <input type="checkbox"/> Applegate® organic hot dogs     |
| <input type="checkbox"/> Onion                          | <input type="checkbox"/> Fava Bean                         | <input type="checkbox"/> Beef, Grass-fed only (organic)  |
| <input type="checkbox"/> Shallots                       | <input type="checkbox"/> Fava Bean Flour                   | <input type="checkbox"/> Bison (see also Buffalo)        |
| <input type="checkbox"/> Paprika (smoked)               | <input type="checkbox"/> Garbanzo Bean                     | <input type="checkbox"/> Goat, Grass-fed only (organic)  |
| <input type="checkbox"/> Paprika                        | <input type="checkbox"/> Garbanzo Flour                    | <input type="checkbox"/> Ostrich                         |
|   | <input type="checkbox"/> Lentil(s)                         | <input type="checkbox"/> Pheasant                        |
| <input type="checkbox"/> <b>Legumes &amp; Pulses</b>    | <input type="checkbox"/> Miso                              | <input type="checkbox"/> Quail                           |
| <input type="checkbox"/> Bean, Azuki                    | <input type="checkbox"/> Pea, Snap                         | <input type="checkbox"/> Rabbit                          |
| <input type="checkbox"/> Bean, Black                    | <input type="checkbox"/> Pea, Snow                         | <input type="checkbox"/> Veal (organic)                  |
| <input type="checkbox"/> Bean, Butter                   | <input type="checkbox"/> Pea, Split                        |  |
| <input type="checkbox"/> Bean, Cannellini               | <input type="checkbox"/> Peanut (Organic, Valencia)        |  |
| <input type="checkbox"/> Bean, Chana Dahl               | <input type="checkbox"/> Peanut Butter (Organic,           |  |
| <input type="checkbox"/> Bean, Chili                    | <input type="checkbox"/> Peanut Oil (Organic)              |  |
| <input type="checkbox"/> Bean, Green                    | <input type="checkbox"/> Red Bean Paste                    |  |

<input type="checkbox"/> <b>Milk-Containing Foods</b>	<input type="checkbox"/> Palm Wax	<input type="checkbox"/> Red Food Dye
	<input type="checkbox"/> Pycnogenol	<input type="checkbox"/> Agar Gum
<input type="checkbox"/> <b>Miscellaneous</b>	<input type="checkbox"/> Red Tomato Paste (gluten free)	
<input type="checkbox"/> Antimony	<input type="checkbox"/> Resveratrol	<input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>
<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Sherry Vinegar	<input type="checkbox"/> Almond Milk, unsweetened (no
<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Silver	<input type="checkbox"/> Almond Yogurt, unsweetened
<input type="checkbox"/> Carrageenan Gum	<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Coconut Kefir (No Tapioca,
<input type="checkbox"/> Chewing Gum, Xylichew®	<input type="checkbox"/> Tofu (Organic)	<input type="checkbox"/> Coconut Milk(Native Forest or
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Tomato Paste (gluten &	<input type="checkbox"/> Milk, Soy (Organic)
<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Tomato Sauce (gluten &	
<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> <b>Nuts, Seeds, Drupes &amp; Oils</b>
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Vinegar, Red Wine	<input type="checkbox"/> Almond
<input type="checkbox"/> GemWraps®, Sandwich Wrap	<input type="checkbox"/> Vinegar, White Wine	<input type="checkbox"/> Almond Butter (Artisana®)
<input type="checkbox"/> GemWraps®, Sandwich Wrap	<input type="checkbox"/> Yeast, Baker's	<input type="checkbox"/> Almond Flavor natural, gluten free)
<input type="checkbox"/> Glucomannon Flour	<input type="checkbox"/> Yeast, Brewer's	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Yeast, Nutritional	<input type="checkbox"/> Almond Meal (gluten free)
<input type="checkbox"/> Guar Gum	<input type="checkbox"/> Latex	<input type="checkbox"/> Almond, Marcona
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Annatto Seed
<input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)	<input type="checkbox"/> Acacia Gum	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Locust Bean Gum	<input type="checkbox"/> Tragacanth Gum	<input type="checkbox"/> Coconut Butter
<input type="checkbox"/> Lycopene	<input type="checkbox"/> Blue Food Dye	<input type="checkbox"/> Coconut Oil
<input type="checkbox"/> Maltodextrin (Can be	<input type="checkbox"/> Skinny Crisps®(Plain Jane)	<input type="checkbox"/> Coconut, shredded (raw,

<input type="checkbox"/> Cottonseed/Cottonseed Oil	<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> Walnut, Black (few)
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Psyllium Husk	
<input type="checkbox"/> Flax Oil	<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> Snacks
<input type="checkbox"/> Flax Seed	<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Date(s)
<input type="checkbox"/> Grapeseed Oil, Organic	<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Apple Sauce
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Ramon Seeds	
<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Rice, Wild (Lundberg® - not the	<input type="checkbox"/> Sweeteners
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Safflower/Safflower Seed Oil	<input type="checkbox"/> Aspartame/Nutrasweet
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Coconut Palm Sugar
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Date Sugar
<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Fruit Pectin
<input type="checkbox"/> Macadamia Nut Oil	<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Honey, (Organic)
<input type="checkbox"/> Macadamia Nuts	<input type="checkbox"/> Sunflower Seed Butter	<input type="checkbox"/> Honey, Manuka
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Sunflower Seed Lecithin	<input type="checkbox"/> Honey, Wildflower from Mahava®
<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Sunflower Seed Oil	<input type="checkbox"/> Just Like Sugar®
<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Sunflower Seeds	<input type="checkbox"/> Lo Han
<input type="checkbox"/> Pecan	<input type="checkbox"/> Tahini	<input type="checkbox"/> Maltodextrin (Can be
<input type="checkbox"/> Pecan Flour	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Maple Sugar
<input type="checkbox"/> Pepitas	<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber
<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Molasses
<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Walnut (few)	<input type="checkbox"/> Monk Fruit
<input type="checkbox"/> Pistachios	<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Nutrasweet®

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| <input type="checkbox"/> Rebiana Leaf (Stevia)            | <input type="checkbox"/> Beet Greens                   | <input type="checkbox"/> Jicama                     |
| <input type="checkbox"/> Sorbitol                         | <input type="checkbox"/> Burdock                       | <input type="checkbox"/> Kale, all types            |
| <input type="checkbox"/> Splenda                          | <input type="checkbox"/> Cactus (Nopales)              | <input type="checkbox"/> Kelp/Dulse                 |
| <input type="checkbox"/> Sucanat                          | <input type="checkbox"/> Capers                        | <input type="checkbox"/> Kohlrabi                   |
| <input type="checkbox"/> Sugar Beet                       | <input type="checkbox"/> Capsicum                      | <input type="checkbox"/> Kombu                      |
| <input type="checkbox"/> Sugar Cane                       | <input type="checkbox"/> Cauliflower                   | <input type="checkbox"/> Leeks                      |
| <input type="checkbox"/> Sweetleaf® Stevia                | <input type="checkbox"/> Cauliflower, Purple           | <input type="checkbox"/> Lettuce, all types         |
| <input type="checkbox"/> Swerve® Xylitol                  | <input type="checkbox"/> Celery                        | <input type="checkbox"/> Mushrooms                  |
| <input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn | <input type="checkbox"/> Chard                         | <input type="checkbox"/> Mushrooms, Button          |
| <input type="checkbox"/> Yacon Syrup                      | <input type="checkbox"/> Chayote                       | <input type="checkbox"/> Mushrooms, Cremini/Crimini |
| <input type="checkbox"/> BodyPro Almond Mayo Grade B      | <input type="checkbox"/> Coconut (raw and unsweetened) | <input type="checkbox"/> Mushrooms, Maitake         |
| <input type="checkbox"/> Sucralose                        | <input type="checkbox"/> Coconut Concentrate           | <input type="checkbox"/> Mushrooms, Shiitake        |
| <input type="checkbox"/> Agave Nectar                     | <input type="checkbox"/> Collard Greens                | <input type="checkbox"/> Mustard Greens             |
| <input type="checkbox"/> Coconut Sugar                    | <input type="checkbox"/> Cucumber                      | <input type="checkbox"/> Nori                       |
|   | <input type="checkbox"/> Daikon Radish                 | <input type="checkbox"/> Okra                       |
| <input type="checkbox"/> Vegetables                       | <input type="checkbox"/> Dandelion Greens              | <input type="checkbox"/> Olives (without vinegar)   |
| <input type="checkbox"/> Aloe Vera                        | <input type="checkbox"/> Dandelion Root                | <input type="checkbox"/> Parsley                    |
| <input type="checkbox"/> Artichoke (not pickled)          | <input type="checkbox"/> Eggplant                      | <input type="checkbox"/> Parsnip                    |
| <input type="checkbox"/> Arugula                          | <input type="checkbox"/> Endive                        | <input type="checkbox"/> Pea, Black-Eyed            |
| <input type="checkbox"/> Bamboo Shoot                     | <input type="checkbox"/> Garlic                        | <input type="checkbox"/> Pea, Green                 |
| <input type="checkbox"/> Bean, Green                      | <input type="checkbox"/> Hearts of Palm                | <input type="checkbox"/> Pea, Snap                  |
| <input type="checkbox"/> Bean Sprout                      | <input type="checkbox"/> Horseradish                   | <input type="checkbox"/> Pea, Snow                  |



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|---|--|---|
| <input type="checkbox"/> Pea, Split                   | <input type="checkbox"/> Radicchio             | <input type="checkbox"/> Tomatillo              |
| <input type="checkbox"/> Pea Protein                  | <input type="checkbox"/> Radish                | <input type="checkbox"/> Tomato Paste (gluten & |
| <input type="checkbox"/> Pepper, Anaheim              | <input type="checkbox"/> Rainbow Chard         | <input type="checkbox"/> Tomato Sauce (gluten & |
| <input type="checkbox"/> Pepper, Chili                | <input type="checkbox"/> Rhubarb               | <input type="checkbox"/> Tomato                 |
| <input type="checkbox"/> Pepper, Green                | <input type="checkbox"/> Rutabaga              | <input type="checkbox"/> Tomatoes, Big Beef     |
| <input type="checkbox"/> Pepper, Habanero             | <input type="checkbox"/> Scallions             | <input type="checkbox"/> Tomato, Cherry         |
| <input type="checkbox"/> Pepper, Jalapeño             | <input type="checkbox"/> Sea Vegetables        | <input type="checkbox"/> Tomato, Heirloom       |
| <input type="checkbox"/> Pepper, Poblano              | <input type="checkbox"/> Seaweed               | <input type="checkbox"/> Tomato, Orange         |
| <input type="checkbox"/> Pepper, Red                  | <input type="checkbox"/> Spinach               | <input type="checkbox"/> Tomato, Red            |
| <input type="checkbox"/> Pepper, Serrano              | <input type="checkbox"/> Spirulina             | <input type="checkbox"/> Tomato, Roma           |
| <input type="checkbox"/> Pickles, Bubbies® brand only | <input type="checkbox"/> Squash                | <input type="checkbox"/> Tomato, Sun-dried      |
| <input type="checkbox"/> Pimento                      | <input type="checkbox"/> Squash, Acorn         | <input type="checkbox"/> Tomato, Yellow         |
| <input type="checkbox"/> Potato, Fingerling           | <input type="checkbox"/> Squash, Butternut     | <input type="checkbox"/> Truffle                |
| <input type="checkbox"/> Potato, Purple               | <input type="checkbox"/> Squash, Green         | <input type="checkbox"/> Turnip Greens          |
| <input type="checkbox"/> Potato, Red                  | <input type="checkbox"/> Squash, Spaghetti     | <input type="checkbox"/> Turnips                |
| <input type="checkbox"/> Potato, Russet               | <input type="checkbox"/> Squash, Summer        | <input type="checkbox"/> Water Chestnut         |
| <input type="checkbox"/> Potato, Sweet                | <input type="checkbox"/> Squash, Winter        | <input type="checkbox"/> Watercress             |
| <input type="checkbox"/> Potato, White                | <input type="checkbox"/> Squash, Yellow        | <input type="checkbox"/> Yams, Garnett          |
| <input type="checkbox"/> Potato, Yukon Gold           | <input type="checkbox"/> Sugar Beet            | <input type="checkbox"/> Yams, Japanese         |
| <input type="checkbox"/> Prickly Pear                 | <input type="checkbox"/> Sweet Potato, Red     | <input type="checkbox"/> Zucchini               |
| <input type="checkbox"/> Pumpkin                      | <input type="checkbox"/> Sweet Potatoes, White | <input type="checkbox"/> Alfalfa Sprouts        |
| <input type="checkbox"/> Pumpkin Powder               | <input type="checkbox"/> Swiss Chard           | <input type="checkbox"/> Psyllium Husk          |

☐ Onion, Green

☐ Onion, Maui

☐ Onion, Red

☐ Onion, Sweet

☐ Onion, Yellow

☐ Chives

☐ Shallots