Nanny Mai

10/21/2017

	Fruits		Whitefish/Turbot	Herbs & Spices
	Acai		Vegetables	Maca Root
	Alpha		No foods in this Category	Pine Bark Extract
	Apple (all types)		Meat & Poultry	Sumac
	Apricot		Applegate® organic andouille	Wormwood
	Banana		sausage	Milk-Containing Foods
	Bravo		Applegate® organic bacon	No foods in this Category
	Charlie		Bison (see also Buffalo)	Lagurnas & Dulass
	dummy food		Goat, Grass-fed only (organic)	Legumes & Pulses
	Nuts, Seeds, Drupes & Oils		Ostrich	Bean, Mung
			Pheasant	Bean, Navy
	Annatto Seed		Rabbit	Corn-Derived Foods
	Pine Nut		Non-Dairy & Eggs	No foods in this Category
	Pistachios		No foods in this Category	Gluten-Containing Foods
	Ramon Seeds		Condiments, Spreads & Sauces	No foods in this Category
	Fish & Shellfish			140 loods in this Category
	Chilean Sea Bass		Apple Cider Vinegar (Bragg's®)  Balsamic Vinegar (w/ Caramel or	Gluten-Free Grains
	Corvina		Red Wine Vinegar)  Balsamic Vinegar (with Red Wine	No foods in this Category
	Mahi Mahi	Ш	Vinegar)	Beverages & Protein Powders
	Octopus			Apple Cider
	Orange Roughy			Apple Juice
□:.	Sardines			Tea, Hibiscus
	Swai		Sweeteners	
	Tilapia (Wild, Non-farmed)		No foods in this Category	

Nanny Mai 10/21/2017

Miscellaneous
Antimony
Formaldehyde
Latex
Red Food Dye
Snacks
No foods in this Category