sundas malik

09/22/2017

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	Fruits	Swai		Non-Dairy & Eggs
	Acai	Swordfish		
	Apricot	Tilapia (Wild, Non-farmed)		Condiments, Spreads & Sauces
	Banana	Tuna		
		Walleye Pike		Sweeteners
	Nuts, Seeds, Drupes & Oils	Whitefish/Turbot		
				Herbs & Spices
	Fish & Shellfish	Vegetables		Maca Root
	Chilean Sea Bass			Sumac
	Cod/ Cod Liver Oil	Meat & Poultry		Wormwood
	Corvina	Bison (see also Buffalo)		
	Haddock	Buffalo (see also Bison)		Milk-Containing Foods
	Halibut	Goat, Grass-fed only (organic)		
	Mackerel	Lamb		Legumes & Pulses
	Mahi Mahi	Ostrich		
	Octopus	Pheasant		Gluten-Free Grains
	Orange Roughy	Rabbit	_	
	Perch	Turkey (organic)		
	Red Snapper			
	Salmon, wild (fresh)			
	Sardines			
	Scallop			

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Corn-Derived Foods
Gluten-Containing Foods
Beverages & Protein Powders
Tea, Hibiscus
Miscellaneous
Formaldehyde
Latex
Red Food Dye