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Lobster	Fruits	Grape
Mackerel	Acai	Grape, Green
Mahi Mahi	Apple (all types)	Grape, Purple
Mussel	Apple Cider	Grape, Red
Orange Roughy	Apple Juice	Grape, White
Oyster	Bilberry	Guava
Perch	Blackberry	Huckleberry
Red Snapper	Blueberry	Jack fruit
Sardines	Boysenberry	Kiwi
Shrimp	Cantaloupe	Kumquat
Sole	Cherry	Lime
Squid	Clementine	Lime Juice
Swai	Cranberry	Litchi (aka Lychee)
Swordfish	Cranberry Juice	Loganberry
Tilapia (Non-farmed)	Currant	Loquat
Trout	Date(s)	Mango
Walleye Pike	Dragon Fruit (Pitaya)	Mangosteen
Whitefish/Turbot	Dried Fruit	Maqui
Crab, Immitation	Elderberry	Melon, Honeydew
Hake	Fig	Monk Fruit
Halibut	Golden Berry	Mulberry
Herring	Gooseberry	Nectarines

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Bean, Chili	Meat & Poultry	Cheese, Machego
Bean, Italian	Applegate® organic bacon	Cheese, Pecorino
Bean, Kidney	Applegate® organic black forest ham	Cheese, Ricotta
Bean, Mung	Applegate® organic ham	Cheese, Sheep
Bean, Navy/Ninja	Bison (see also Buffalo)	Goat Cheese
Bean, Pinto/Frijole	Buffalo (see also Bison)	Goat Kefir
Bean, Red (see also Bean, Kidney)	Deer (see also Venison)	Lactoalbumin
Chickpea (see also Garbanzo Bean)	Duck	Milk, Goat
Fava Bean	Goat, Grass-fed only (organic)	Milk, Sheep
Fava Bean Flour	Lamb (organic)	Whey
Garbanzo Bean	Lard (pork)	Cheese, Feta
Garbanzo Flour	Ostrich	
Lentil(s)	Pheasant	Miscellaneous
Pea, Snap	Pork, (organic)	Antimony
Pea, Snow	Quail	Arabic Gum
Pea, Split	Rabbit	Baking Powder
Red Bean Paste	Venison (see also Deer)	Baking Soda (Arm & Hammer®)
Vanilla Bean		Beef broth (Imagine® low sodium/GE)
Vanilla Powder		Carrageenan Gum
White Beans		Chewing Gum (has gluten and corn)
Coffee Bean, Organic		Chewing Gum, Xylichew®
Bean, Chana Dahl		Chicory Root
	Cheese, Goat	

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Vegetable Oil	Non-Dairy & Eggs	Hydrogenated Oils
Vegetable Shortening (Spectrum®)	Cheese, Daiya (Coconut, Tapioca, yeast, Â)	Macadamia Nut Oil
Vinegar, Red Wine	Egg, Yolks Pasture-raised	Macadamia Nuts
Vinegar, Rice		Olive Leaf Extract
Vinegar, White Wine	Nuts, Seeds, Drupes & Oils	Olive Oil, Virgin
Xanthan Gum	Annatto Seed	Palm Kernel Oil
Yeast, Baker's	Brazil Nut	Pecan
Yeast, Brewer's	Canola/Rapeseed Oil	Pecan Flour
Yeast, Nutritional	Caraway Seed	Pepitas
Latex	Chestnut	Pili Nuts
Formaldehyde	Chia Seed (1/4 cup, max)	Pine Nut
Acacia Gum	Corn Oil	Pistachios
Tragacanth Gum	Cottonseed/Cottonseed Oil	Poppy seeds
Blue Food Dye	Flax Meal	Psyllium Husk
Red Food Dye	Flax Oil	Pumpkin Oil
Cocoa Butter	Flax Seed	Pumpkin Seed Oil
Agar Gum	Grapeseed Oil, Organic	Pumpkin Seeds
Resveratrol	Hazelnut Flour	Ramon Seeds
Sherry Vinegar	Hazelnut/Filbert	Rice, Wild (Lundberg® - not the blend)
Silver	Hemp Meal	Safflower/Safflower Seed Oil
Tomato Paste (gluten & Vinegar-free)	Hemp Protein (Powder)	Sacha Inchi Seeds
Tomato Sauce (gluten & Vinegar-free)	Hemp Seed	Sunflower Seed Butter

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Turnip Greens
Turnips
Water Chestnut
Watercress
Yams, Garnett
Yams, Japanese
Yucca
Zucchini
Alfalfa Sprouts
Psyllium Husk
Onion, Green
Onion, Maui
Onion, Red
Onion, Sweet
Onion, Yellow
Chives
Shallots
Tomato, Red
Tomato, Roma
Tomato, Sun-dried
Tomato, Yellow
Truffle