

☐ Fruits☐ Acai☐ Apricot☐ Banana☐ Nuts, Seeds, Drupes & Oils☐ Fish & Shellfish☐ Chilean Sea Bass☐ Cod/ Cod Liver Oil☐ Corvina☐ Haddock☐ Halibut☐ Mackerel☐ Mahi Mahi☐ Octopus☐ Orange Roughy☐ Perch☐ Red Snapper☐ Salmon, wild (fresh)☐ Sardines☐ Scallop☐ Swai☐ Swordfish☐ Tilapia (Wild, Non-farmed)☐ Tuna☐ Walleye Pike☐ Whitefish/Turbot☐ Vegetables☐ Meat & Poultry☐ Bison (see also Buffalo)☐ Buffalo (see also Bison)☐ Goat, Grass-fed only (organic)☐ Lamb☐ Ostrich☐ Pheasant☐ Rabbit☐ Turkey (organic)☐ Non-Dairy & Eggs☐ Condiments, Spreads & Sauces☐ Sweeteners☐ Herbs & Spices☐ Maca Root☐ Sumac☐ Wormwood☐ Milk-Containing Foods☐ Legumes & Pulses☐ Gluten-Free Grains

☐ Corn-Derived Foods

☐ Gluten-Containing Foods

☐ Beverages & Protein Powders

☐ Tea, Hibiscus

☐ Miscellaneous

☐ Formaldehyde

☐ Latex

☐ Red Food Dye

☐ Snacks