

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Coconut (raw and unsweetened)
<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Broccolini	<input type="checkbox"/> Coconut Concentrate
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Collard Greens
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Burdock	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Arugula	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Cucumber
<input type="checkbox"/> Avocado	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Capers	<input type="checkbox"/> Dandelion Greens
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Endive
<input type="checkbox"/> Beet	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Fennel
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Garlic
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Jicama
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Celery	<input type="checkbox"/> Kelp/Dulse
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Chard	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Chayote	<input type="checkbox"/> Kombu
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Chives	<input type="checkbox"/> Leeks

sundas malik

09/09/2017

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| <input type="checkbox"/> Lettuce, all types | <input type="checkbox"/> Pepper, Habanero | <input type="checkbox"/> Rutabaga |
| <input type="checkbox"/> Mustard Greens | <input type="checkbox"/> Pepper, Jalapeño | <input type="checkbox"/> Sauerkraut (Bubbies® Brand only) |
| <input type="checkbox"/> Nori | <input type="checkbox"/> Pepper, Poblano | <input type="checkbox"/> Scallions |
| <input type="checkbox"/> Oat Grass (Not For Gluten Sensitive) | <input type="checkbox"/> Pepper, Red | <input type="checkbox"/> Sea Vegetables |
| <input type="checkbox"/> Okra | <input type="checkbox"/> Pepper, Serrano | <input type="checkbox"/> Seaweed |
| <input type="checkbox"/> Olives (without vinegar) | <input type="checkbox"/> Pickles, Bubbies® brand only | <input type="checkbox"/> Shallots |
| <input type="checkbox"/> Onion, Green | <input type="checkbox"/> Pimento | <input type="checkbox"/> Spinach |
| <input type="checkbox"/> Onion, Maui | <input type="checkbox"/> Potato, Fingerling | <input type="checkbox"/> Spirulina |
| <input type="checkbox"/> Onion, Red | <input type="checkbox"/> Potato, Purple | <input type="checkbox"/> Squash |
| <input type="checkbox"/> Onion, Sweet | <input type="checkbox"/> Potato, Red | <input type="checkbox"/> Squash, Acorn |
| <input type="checkbox"/> Onion, Yellow | <input type="checkbox"/> Potato, Russet | <input type="checkbox"/> Squash, Butternut |
| <input type="checkbox"/> Parsley | <input type="checkbox"/> Potato, Sweet | <input type="checkbox"/> Squash, Green |
| <input type="checkbox"/> Parsnip | <input type="checkbox"/> Potato, White | <input type="checkbox"/> Squash, Spaghetti |
| <input type="checkbox"/> Pea Protein | <input type="checkbox"/> Potato, Yukon Gold | <input type="checkbox"/> Squash, Summer |
| <input type="checkbox"/> Pea, Black-Eyed | <input type="checkbox"/> Prickly Pear | <input type="checkbox"/> Squash, Winter |
| <input type="checkbox"/> Pea, Green | <input type="checkbox"/> Psyllium Husk | <input type="checkbox"/> Squash, Yellow |
| <input type="checkbox"/> Pea, Snap | <input type="checkbox"/> Pumpkin | <input type="checkbox"/> Sugar Beet |
| <input type="checkbox"/> Pea, Snow | <input type="checkbox"/> Pumpkin Powder | <input type="checkbox"/> Sweet Potato, Red |
| <input type="checkbox"/> Pea, Split | <input type="checkbox"/> Radicchio | <input type="checkbox"/> Sweet Potatoes, White |
| <input type="checkbox"/> Pepper, Anaheim | <input type="checkbox"/> Radish | <input type="checkbox"/> Swiss Chard |
| <input type="checkbox"/> Pepper, Chili | <input type="checkbox"/> Rainbow Chard | <input type="checkbox"/> Tomatillo |
| <input type="checkbox"/> Pepper, Green | <input type="checkbox"/> Rhubarb | <input type="checkbox"/> Tomato |

<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Fruits	<input type="checkbox"/> Grape, Green
<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Acai	<input type="checkbox"/> Grape, Purple
<input type="checkbox"/> Tomato, Cherry	<input type="checkbox"/> Apricot	<input type="checkbox"/> Grape, Red
<input type="checkbox"/> Tomato, Heirloom	<input type="checkbox"/> Bilberry	<input type="checkbox"/> Grape, White
<input type="checkbox"/> Tomato, Orange	<input type="checkbox"/> Blackberry	<input type="checkbox"/> Grapefruit
<input type="checkbox"/> Tomato, Red	<input type="checkbox"/> Blueberry	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Tomato, Roma	<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Guava
<input type="checkbox"/> Tomato, Sun-dried	<input type="checkbox"/> Cantaloupe	<input type="checkbox"/> Huckleberry
<input type="checkbox"/> Tomato, Yellow	<input type="checkbox"/> Cherry	<input type="checkbox"/> Jack fruit
<input type="checkbox"/> Tomatoes, Big Beef	<input type="checkbox"/> Clementine	<input type="checkbox"/> Kiwi
<input type="checkbox"/> Truffle	<input type="checkbox"/> Cranberry	<input type="checkbox"/> Kumquat
<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Cranberry Juice	<input type="checkbox"/> Lemon
<input type="checkbox"/> Turnips	<input type="checkbox"/> Currant	<input type="checkbox"/> Lemon Juice
<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Date(s)	<input type="checkbox"/> Lemon Rind/Peel
<input type="checkbox"/> Watercress	<input type="checkbox"/> Dragon Fruit (Pitaya)	<input type="checkbox"/> Lime
<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Dried Fruit	<input type="checkbox"/> Lime Juice
<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Elderberry	<input type="checkbox"/> Litchi (aka Lychee)
<input type="checkbox"/> Yucca	<input type="checkbox"/> Fig	<input type="checkbox"/> Loganberry
<input type="checkbox"/> Zucchini	<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Loquat
	<input type="checkbox"/> Golden Berry	<input type="checkbox"/> Mangosteen
	<input type="checkbox"/> Gooseberry	<input type="checkbox"/> Maqui
	<input type="checkbox"/> Grape	<input type="checkbox"/> Melon, Honeydew

<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Corn Oil
<input type="checkbox"/> Mulberry	<input type="checkbox"/> Strawberry	<input type="checkbox"/> Cottonseed/Cottonseed Oil
<input type="checkbox"/> Nectarines	<input type="checkbox"/> Tamarind	<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Noni	<input type="checkbox"/> Tangelo	<input type="checkbox"/> Flax Oil
<input type="checkbox"/> Orange	<input type="checkbox"/> Tangerine	<input type="checkbox"/> Flax Seed
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Watermelon	<input type="checkbox"/> Grapeseed Oil, Organic
<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Orange, Blood	<input type="checkbox"/> Youngberry	<input type="checkbox"/> Hazelnut/Filbert
<input type="checkbox"/> Papaya		<input type="checkbox"/> Hemp Meal
<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Peach	<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Hemp Seed
<input type="checkbox"/> Pear	<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Macadamia Nut Oil
<input type="checkbox"/> Persimmons	<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Macadamia Nuts
<input type="checkbox"/> Pineapple	<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Plum	<input type="checkbox"/> Cashews	<input type="checkbox"/> Olive Oil, Virgin
<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Chestnut	<input type="checkbox"/> Palm Kernel Oil
<input type="checkbox"/> Pomelo	<input type="checkbox"/> Chia Seed (1/4 cup, max)	<input type="checkbox"/> Pecan
<input type="checkbox"/> Prune	<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Pecan Flour
<input type="checkbox"/> Quince	<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Pepitas
<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Pili Nuts
<input type="checkbox"/> Raspberry	<input type="checkbox"/> Cola Nut (aka Kola Nut)	<input type="checkbox"/> Pine Nut

<input type="checkbox"/> Pistachios	<input type="checkbox"/> Walnut (few)	<input type="checkbox"/> Mahi Mahi
<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Mussel
<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Walnut, Black (few)	<input type="checkbox"/> Octopus
<input type="checkbox"/> Pumpkin Oil		<input type="checkbox"/> Orange Roughy
<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Oyster
<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Anchovy	<input type="checkbox"/> Perch
<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Bass	<input type="checkbox"/> Red Snapper
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Catfish	<input type="checkbox"/> Salmon, wild (fresh)
<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Sardines
<input type="checkbox"/> Safflower/Safflower Seed Oil	<input type="checkbox"/> Clam	<input type="checkbox"/> Scallop
<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Shrimp
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Corvina	<input type="checkbox"/> Sole
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Crab	<input type="checkbox"/> Squid
<input type="checkbox"/> Sunflower Seed Butter	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Swai
<input type="checkbox"/> Sunflower Seed Lecithin	<input type="checkbox"/> Crayfish	<input type="checkbox"/> Swordfish
<input type="checkbox"/> Sunflower Seed Oil	<input type="checkbox"/> Flounder	<input type="checkbox"/> Tilapia (Non-farmed)
<input type="checkbox"/> Sunflower Seeds	<input type="checkbox"/> Haddock	<input type="checkbox"/> Trout
<input type="checkbox"/> Tahini	<input type="checkbox"/> Hake	<input type="checkbox"/> Tuna
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Halibut	<input type="checkbox"/> Walleye Pike
<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Herring	<input type="checkbox"/> Whitefish/Turbot
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Lobster	
<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Mackerel	

<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Ketchup (Organicville)
<input type="checkbox"/> Applegate® organic bacon	<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast, A...)	<input type="checkbox"/> Liquid Smoke (can have gluten)
<input type="checkbox"/> Applegate® organic black forest ham	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Liquid Smoke gluten free (natural)
<input type="checkbox"/> Applegate® organic ham	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Mayonnaise
<input type="checkbox"/> Applegate® organic herb roasted turkey	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil
<input type="checkbox"/> Applegate® organic smoked turkey breast	<input type="checkbox"/> Egg, Yolks Pasture-raised	<input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil
<input type="checkbox"/> Applegate® organic turkey	<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)
<input type="checkbox"/> Applegate® organic turkey bacon	<input type="checkbox"/> Modified Food Starch	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Paleo Cheese (Julianbakery.com or	<input type="checkbox"/> Sriracha Sauce Organicville gluten-free
<input type="checkbox"/> Deer (see also Venison)		<input type="checkbox"/> Tabasco Sauce
<input type="checkbox"/> Duck	<input type="checkbox"/> Condiments	<input type="checkbox"/> Veganise Soy-free (Follow Your Heart®)
<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar)	<input type="checkbox"/> Vinegar, Beet
<input type="checkbox"/> Lamb (organic)	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	<input type="checkbox"/> Worcestershire Sauce (The Wizard's® GF)
<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Carob	
<input type="checkbox"/> Ostrich	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)	<input type="checkbox"/> Sweeteners
<input type="checkbox"/> Pheasant	<input type="checkbox"/> Dressing, Primal Kitchen Greek Avocado Oil	<input type="checkbox"/> Agave Nectar
<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard	<input type="checkbox"/> Aspartame
<input type="checkbox"/> Quail	<input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread	<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)
<input type="checkbox"/> Rabbit	<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> Cane Syrup
<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> Harissa	<input type="checkbox"/> Chocolate, Dark
<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Horseradish Sauce, Gluten-free (Annie's®)	<input type="checkbox"/> Coconut Palm Sugar
	<input type="checkbox"/> Hummus	<input type="checkbox"/> Coconut Sugar

<input type="checkbox"/> Date Sugar	<input type="checkbox"/> Sugar Cane	<input type="checkbox"/> Cilantro/Coriander
<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Sweetleaf® Stevia	<input type="checkbox"/> Cinnamon
<input type="checkbox"/> Fructose	<input type="checkbox"/> Swerve® Xylitol	<input type="checkbox"/> Cinnamon, Ceylon
<input type="checkbox"/> Fruit Pectin	<input type="checkbox"/> Tapioca Dextrose	<input type="checkbox"/> Cloves
<input type="checkbox"/> Jerusalem Artichoke Syrup	<input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn source)	<input type="checkbox"/> Cloves, Madagascar
<input type="checkbox"/> Just Like Sugar®	<input type="checkbox"/> Yacon Syrup	<input type="checkbox"/> Cloves, Penang
<input type="checkbox"/> Lo Han		<input type="checkbox"/> Cramp Bark Extract
<input type="checkbox"/> Maltitol	<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Cream of Tartar
<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)	<input type="checkbox"/> Allspice	<input type="checkbox"/> Cumin
<input type="checkbox"/> Maltodextrin (Tapioca-based)	<input type="checkbox"/> Anise	<input type="checkbox"/> Curcumin
<input type="checkbox"/> Maple Sugar	<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Curry (must be GF)
<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)	<input type="checkbox"/> Astragalus	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Molasses	<input type="checkbox"/> Basil	<input type="checkbox"/> Dill
<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Dong Quai
<input type="checkbox"/> Monk Fruit Extract	<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Echinacea
<input type="checkbox"/> Nutrasweet®	<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Fennel
<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Garlic
<input type="checkbox"/> Sorbitol	<input type="checkbox"/> Cardamom	<input type="checkbox"/> Garlic Pepper
<input type="checkbox"/> Splenda	<input type="checkbox"/> Celery Powder	<input type="checkbox"/> Garlic Powder
<input type="checkbox"/> Sucanat	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Garlic Salt
<input type="checkbox"/> Sucralose	<input type="checkbox"/> Chili Powder	<input type="checkbox"/> Ginger
<input type="checkbox"/> Sugar Beet	<input type="checkbox"/> Chipotle Seasoning	<input type="checkbox"/> Ginkgo Biloba

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| <input type="checkbox"/> Ginseng (All Types) | <input type="checkbox"/> Mustard (as a Powder) | <input type="checkbox"/> Rose Hips |
| <input type="checkbox"/> Goldenseal | <input type="checkbox"/> Mustard Seeds (gluten free) | <input type="checkbox"/> Rosemary |
| <input type="checkbox"/> Grapefruit Seed Extract | <input type="checkbox"/> Nutmeg | <input type="checkbox"/> Saffron |
| <input type="checkbox"/> Grapeseed Extract | <input type="checkbox"/> Olive Leaf Extract | <input type="checkbox"/> Sage |
| <input type="checkbox"/> Guarana | <input type="checkbox"/> Onion | <input type="checkbox"/> Saw Plametto |
| <input type="checkbox"/> Gymnema Silvestre | <input type="checkbox"/> Onion Powder | <input type="checkbox"/> Sesame Seeds |
| <input type="checkbox"/> Herbs De Provence | <input type="checkbox"/> Orange Peel/Rind | <input type="checkbox"/> Sesame Seeds, Black |
| <input type="checkbox"/> Hickory | <input type="checkbox"/> Orange Salt | <input type="checkbox"/> Shallots |
| <input type="checkbox"/> Himalayan Salt | <input type="checkbox"/> Oregano | <input type="checkbox"/> Spearmint |
| <input type="checkbox"/> Jamaican Jerk | <input type="checkbox"/> Paprika | <input type="checkbox"/> St. John's Wort |
| <input type="checkbox"/> Juniper Berry | <input type="checkbox"/> Paprika (smoked) | <input type="checkbox"/> Sumac |
| <input type="checkbox"/> Lavender | <input type="checkbox"/> Parsley | <input type="checkbox"/> Taco Seasoning |
| <input type="checkbox"/> Lemon Balm (Melissa Officinalis) | <input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper) | <input type="checkbox"/> Tamari (Wheat Free) |
| <input type="checkbox"/> Lemon Pepper | <input type="checkbox"/> Pepper, Cayenne | <input type="checkbox"/> Tarragon |
| <input type="checkbox"/> Lemongrass | <input type="checkbox"/> Pepper, Red | <input type="checkbox"/> Thyme |
| <input type="checkbox"/> Licorice Root | <input type="checkbox"/> Pepper, Sichuan | <input type="checkbox"/> Tomatillo |
| <input type="checkbox"/> Maca Root | <input type="checkbox"/> Pepper, Szechuan | <input type="checkbox"/> Turmeric |
| <input type="checkbox"/> Mace Spice | <input type="checkbox"/> Pepper/Peppercorns | <input type="checkbox"/> Uva Ursi |
| <input type="checkbox"/> Marjoram | <input type="checkbox"/> Peppermint | <input type="checkbox"/> Valerian |
| <input type="checkbox"/> Mesquite | <input type="checkbox"/> Pine Bark Extract | <input type="checkbox"/> Vanilla (gluten and corn-free) |
| <input type="checkbox"/> Milk Thistle | <input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free) | <input type="checkbox"/> Vanilla Bean |
| <input type="checkbox"/> Mint | <input type="checkbox"/> Red Pepper Flake | <input type="checkbox"/> Vanilla Powder |

☐ White Willow Bark Extract☐ Wintergreen☐ Wormwood☐ **Milk-Containing Foods**☐ Cheese, Cream☐ Cheese, Goat☐ Cheese, Ricotta☐ Goat Cheese☐ Goat Kefir☐ Lactalbumin☐ Milk, Goat☐ Whey☐ Yogurt (See Xanthan Gum)☐ **Legumes & Pulses**☐ Bean, Azuki☐ Bean, Black☐ Bean, Butter☐ Bean, Cannellini☐ Bean, Chana Dahl☐ Bean, Chili☐ Bean, Green☐ Bean, Italian☐ Bean, Kidney☐ Bean, Lima☐ Bean, Mung☐ Bean, Navy☐ Bean, Ninja☐ Bean, Pinto/Frijole☐ Bean, Red☐ Bean, White☐ Chickpea (see also Garbanzo Bean)☐ Coffee Bean, Organic☐ Edamame (must be organic)☐ Fava Bean☐ Fava Bean Flour☐ Garbanzo Bean☐ Garbanzo Flour☐ Kidney Bean☐ Lentil(s)☐ Miso☐ Pea, Snap☐ Pea, Snow☐ Pea, Split☐ Peanut (Organic, Valencia)☐ Peanut Butter (Organic, Maranatha®)☐ Peanut Oil (Organic)☐ Red Bean Paste☐ Soy Beans (must be organic)☐ Soy Beans Oil (must be organic)☐ Vanilla Bean☐ Vanilla Powder☐ **Gluten-Free Grains**☐ Amaranth☐ Arrowroot Flour/powder☐ Basmati Rice (gluten free)☐ Buckwheat☐ Buckwheat Flour☐ Chicory Root☐ Coconut Flour (gluten free)☐ Coconut Meal (gluten free)☐ Corn (Gluten-free & Non-GMO)☐ Corn Meal (gluten free)☐ Corn Starch (gluten free)

<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Gluten-Containing Foods
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Barley
<input type="checkbox"/> Ener-G Brown Rice Yeast-Free Bread	<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Barley Greens (may contain gluten)
<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Barley Juice (may contain gluten)
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Caramel Coloring
<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Rice, Purple (gluten free)	<input type="checkbox"/> Chewing Gum (has gluten and corn)
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Coffee, Instant (has gluten)
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Crab, Immitation
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Gluten
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Kamut
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Tapioca	<input type="checkbox"/> Liquid Smoke (can have gluten)
<input type="checkbox"/> Millet	<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Malt
<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Oats (Can be contaminated with gluten)
<input type="checkbox"/> Oats (Certified GF)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Polish Wheat
<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Rye
<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tortilla, Siete Almond	<input type="checkbox"/> Soy Sauce
<input type="checkbox"/> ProGranola (Julian Bakery)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut	<input type="checkbox"/> Spelt
<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava	<input type="checkbox"/> Teriyaki Sauce
<input type="checkbox"/> Quinoa, Black (gluten free)		<input type="checkbox"/> Triticale
<input type="checkbox"/> Quinoa, Red (gluten free)		
<input type="checkbox"/> Rice Bran		

<input type="checkbox"/> Corn-Derived Foods	<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Rice Protein Powder (gluten free)
<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)
<input type="checkbox"/> Cheese, Cream	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Soy Protein (Organic)
<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast, etc.)	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Sparkling Water, unflavored
<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Tea, Black
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Tea, Chamomile
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea, Green
<input type="checkbox"/> Corn Gluten	<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Tea, Hibiscus
<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Tea, Oolong
<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Tea, Ramon
<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Tea, Roobios
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Tea, unflavored/caffeine-free only
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Green Tea	<input type="checkbox"/> Tea, White
<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Water
<input type="checkbox"/> Fructose	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)
<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)	<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Zevia Drinks
<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)	<input type="checkbox"/> Lime Juice	
<input type="checkbox"/> Sriracha Sauce Organicville gluten-free	<input type="checkbox"/> Milk, Goat	
<input type="checkbox"/> Swerve® Xylitol	<input type="checkbox"/> Milk, Soy (Organic)	
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Mineral Water	
<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> Orange Juice	
<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Pea Protein	

<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Skinny Crisps®(Plain Jane)
<input type="checkbox"/> Acacia Gum	<input type="checkbox"/> Guar Gum	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Agar Gum	<input type="checkbox"/> Hops	<input type="checkbox"/> Tofu (Organic)
<input type="checkbox"/> Antimony	<input type="checkbox"/> Inulin	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Julian Bakery Paleo Wraps	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Tragacanth Gum
<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Vegetable Oil
<input type="checkbox"/> Blue Food Dye	<input type="checkbox"/> Latex	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> Carrageenan Gum	<input type="checkbox"/> Liquid Aminos (Brags®)(has Soy)	<input type="checkbox"/> Xanthan Gum
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Locust Bean Gum	
<input type="checkbox"/> Chewing Gum, Xylicew®	<input type="checkbox"/> Lycopene	<input type="checkbox"/> Snacks
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Malt	<input type="checkbox"/> Date(s)
<input type="checkbox"/> Cocoa Butter	<input type="checkbox"/> Modified Food Starch	<input type="checkbox"/> Simple Mills Chocolate Chip Cookies
<input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)	<input type="checkbox"/> Modified Food Starch (Tapioca-based)	
<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Palm Wax	
<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Pycnogenol	
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)	
<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Red Food Dye	
<input type="checkbox"/> Garam Masala	<input type="checkbox"/> Red Tomato Paste (gluten free)	
<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)	<input type="checkbox"/> Resveratrol	
<input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple)	<input type="checkbox"/> Rice Starch (if certified gluten free)	
<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Silver	