

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Chives
<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Coconut (raw and unsweetened)
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Broccolini	<input type="checkbox"/> Coconut Concentrate
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Collard Greens
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Burdock	<input type="checkbox"/> Cucumber
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Arugula	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Dandelion Greens
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Avocado	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Capers	<input type="checkbox"/> Endive
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Fennel
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Garlic
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Beet	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Jicama
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Kelp/Dulse
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Kombu
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Celery	<input type="checkbox"/> Leeks
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Chard	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Chayote	<input type="checkbox"/> Mushrooms

<input type="checkbox"/> Mushrooms, Button	<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Sea Vegetables
<input type="checkbox"/> Mushrooms, Cremini/Crimini	<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Seaweed
<input type="checkbox"/> Mushrooms, Maitake	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Shallots
<input type="checkbox"/> Mushrooms, Shiitake	<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Spinach
<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Spirulina
<input type="checkbox"/> Nori	<input type="checkbox"/> Pimento	<input type="checkbox"/> Squash, Acorn
<input type="checkbox"/> Okra	<input type="checkbox"/> Potato, Fingerling	<input type="checkbox"/> Squash, Green
<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Potato, Purple	<input type="checkbox"/> Squash, Spaghetti
<input type="checkbox"/> Onion, Green	<input type="checkbox"/> Potato, Red	<input type="checkbox"/> Squash, Winter
<input type="checkbox"/> Onion, Maui	<input type="checkbox"/> Potato, Russet	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Onion, Red	<input type="checkbox"/> Potato, White	<input type="checkbox"/> Swiss Chard
<input type="checkbox"/> Onion, Sweet	<input type="checkbox"/> Potato, Yukon Gold	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Onion, Yellow	<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Tomato
<input type="checkbox"/> Paprika	<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
<input type="checkbox"/> Parsley	<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
<input type="checkbox"/> Parsnip	<input type="checkbox"/> Radicchio	<input type="checkbox"/> Tomato, Cherry
<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tomato, Heirloom
<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Tomato, Orange
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Tomato, Red
<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Tomato, Roma
<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Tomato, Sun-dried
<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Scallions	<input type="checkbox"/> Tomato, Yellow

☐ Tomatoes, Big Beef☐ Turnip Greens☐ Turnips☐ Water Chestnut☐ Watercress☐ Yams, Japanese☐ Yucca☐ Zucchini☐ **Fruits**☐ Acai☐ Apple (all types)☐ Apricot☐ Bilberry☐ Boysenberry☐ Currant☐ Dragon Fruit (Pitaya)☐ Elderberry☐ Goji Berry☐ Golden Berry☐ Gooseberry☐ Grapefruit☐ Grapefruit Juice☐ Huckleberry☐ Jack fruit☐ Kumquat☐ Lemon☐ Lemon Juice☐ Lemon Rind/Peel☐ Lime☐ Lime Juice☐ Litchi (aka Lychee)☐ Loganberry☐ Loquat☐ Mangosteen☐ Maqui☐ Monk Fruit (Pure)☐ Mulberry☐ Nectarines☐ Noni☐ Passion Fruit☐ Peach☐ Pear☐ Persimmons☐ Pomelo☐ Quince☐ Star Fruit☐ Tamarind☐ Wolfberry☐ Youngberry☐ **Nuts, Seeds, Drupes & Oils**☐ Annatto Seed☐ Avocado Oil☐ Brazil Nut☐ Caraway Seed☐ Chestnut☐ Coconut Butter☐ Coconut Oil☐ Coconut, shredded (raw, unsweetened)☐ Cola Nut (aka Kola Nut)☐ Grapeseed Oil, Organic☐ Hazelnut Flour☐ Hazelnut/Filbert☐ Hydrogenated Oils☐ Olive Leaf Extract

<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Perch
<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Anchovy	<input type="checkbox"/> Red Snapper
<input type="checkbox"/> Pepitas	<input type="checkbox"/> Bass	<input type="checkbox"/> Salmon, wild (fresh)
<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Catfish	<input type="checkbox"/> Sardines
<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Scallop
<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> Clam	<input type="checkbox"/> Shrimp
<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Sole
<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Corvina	<input type="checkbox"/> Squid
<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Crab	<input type="checkbox"/> Swai
<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Crayfish	<input type="checkbox"/> Swordfish
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Flounder	<input type="checkbox"/> Tilapia (Wild, Non-farmed)
<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Haddock	<input type="checkbox"/> Trout
<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Hake	<input type="checkbox"/> Tuna
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Halibut	<input type="checkbox"/> Walleye Pike
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Herring	<input type="checkbox"/> Whitefish/Turbot
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Lobster	
<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Mackerel	<input type="checkbox"/> Meat & Poultry
	<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Applegate® organic andouille sausage
	<input type="checkbox"/> Mussel	<input type="checkbox"/> Applegate® organic bacon
	<input type="checkbox"/> Octopus	<input type="checkbox"/> Applegate® organic chicken/apple sausage
	<input type="checkbox"/> Orange Roughy	<input type="checkbox"/> Applegate® organic ham
	<input type="checkbox"/> Oyster	<input type="checkbox"/> Applegate® organic herb roasted turkey

<input type="checkbox"/> Applegate® organic hot dogs	<input type="checkbox"/> Quail	<input type="checkbox"/> Liquid Smoke gluten free (natural)
<input type="checkbox"/> Applegate® organic red pepper sausage	<input type="checkbox"/> Rabbit	<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil
<input type="checkbox"/> Applegate® organic roast beef	<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil
<input type="checkbox"/> Applegate® organic sausage sweet italian	<input type="checkbox"/> Veal (organic)	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)
<input type="checkbox"/> Applegate® organic smoked turkey breast	<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Applegate® organic turkey		<input type="checkbox"/> Red Bean Paste
<input type="checkbox"/> Applegate® organic turkey bacon	<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)
<input type="checkbox"/> Beef, Grass-fed only (organic)	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Red Tomato Paste (gluten free)
<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Buffalo (see also Bison)	<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)	<input type="checkbox"/> Condiments, Spreads & Sauces	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
<input type="checkbox"/> Chicken, free range (organic)	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Carob	<input type="checkbox"/> Vinegar, Beet
<input type="checkbox"/> Deer (see also Venison)	<input type="checkbox"/> Cocoa Butter	<input type="checkbox"/> Sweeteners
<input type="checkbox"/> Duck	<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Cane Syrup
<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Chocolate, Dark
<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard	<input type="checkbox"/> Fruit Pectin
<input type="checkbox"/> Lamb	<input type="checkbox"/> Harissa	<input type="checkbox"/> Jerusalem Artichoke Syrup
<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Horseradish Sauce, Gluten-free (Annie's®)	<input type="checkbox"/> Just Like Sugar®
<input type="checkbox"/> Ostrich	<input type="checkbox"/> Hummus	<input type="checkbox"/> Maltodextrin (Tapioca-based)
<input type="checkbox"/> Pheasant	<input type="checkbox"/> Liquid Aminos (Bragg's®)(has Soy)	<input type="checkbox"/> Molasses
<input type="checkbox"/> Pork, (organic)		

- | | | |
|--|--|---|
| <input type="checkbox"/> Monk Fruit (Pure) | <input type="checkbox"/> Celery Powder | <input type="checkbox"/> Garlic Pepper |
| <input type="checkbox"/> Monk Fruit Extract | <input type="checkbox"/> Chicory Root | <input type="checkbox"/> Garlic Powder |
| <input type="checkbox"/> Rebiana Leaf (Stevia) | <input type="checkbox"/> Chili Powder | <input type="checkbox"/> Garlic Salt |
| <input type="checkbox"/> Sucanat | <input type="checkbox"/> Chipotle Seasoning | <input type="checkbox"/> Ginger |
| <input type="checkbox"/> Sugar Beet | <input type="checkbox"/> Cilantro/Coriander | <input type="checkbox"/> Ginkgo Biloba |
| <input type="checkbox"/> Sugar Cane | <input type="checkbox"/> Cinnamon | <input type="checkbox"/> Ginseng (All Types) |
| <input type="checkbox"/> Sweetleaf® Stevia | <input type="checkbox"/> Cinnamon, Ceylon | <input type="checkbox"/> Goldenseal |
| <input type="checkbox"/> Tapioca Dextrose | <input type="checkbox"/> Cloves | <input type="checkbox"/> Grapefruit Seed Extract |
| <input type="checkbox"/> Xyla (Birchwood Xylitol) | <input type="checkbox"/> Cloves, Madagascar | <input type="checkbox"/> Gymnema Silvestre |
| | <input type="checkbox"/> Cloves, Penang | <input type="checkbox"/> Herbs De Provence |
| <input type="checkbox"/> Herbs & Spices | <input type="checkbox"/> Cramp Bark Extract | <input type="checkbox"/> Hickory |
| <input type="checkbox"/> Allspice | <input type="checkbox"/> Cream of Tartar | <input type="checkbox"/> Himalayan Salt |
| <input type="checkbox"/> Anise | <input type="checkbox"/> Cumin | <input type="checkbox"/> Jamaican Jerk |
| <input type="checkbox"/> Ashwaganda | <input type="checkbox"/> Curcumin | <input type="checkbox"/> Juniper Berry |
| <input type="checkbox"/> Astragalus | <input type="checkbox"/> Curry (must be GF) | <input type="checkbox"/> Lavender |
| <input type="checkbox"/> Basil | <input type="checkbox"/> Dandelion Root | <input type="checkbox"/> Lemon Balm (Melissa Officinalis) |
| <input type="checkbox"/> Bay Leaf | <input type="checkbox"/> Dill | <input type="checkbox"/> Lemon Pepper |
| <input type="checkbox"/> Bell Pepper, Red | <input type="checkbox"/> Dong Quai | <input type="checkbox"/> Lemongrass |
| <input type="checkbox"/> Black Cohosh | <input type="checkbox"/> Echinacea | <input type="checkbox"/> Licorice Root |
| <input type="checkbox"/> Capsicum | <input type="checkbox"/> Fennel | <input type="checkbox"/> Maca Root |
| <input type="checkbox"/> Caraway Seed | <input type="checkbox"/> Garam Masala | <input type="checkbox"/> Mace Spice |
| <input type="checkbox"/> Cardamom | <input type="checkbox"/> Garlic | <input type="checkbox"/> Marjoram |

<input type="checkbox"/> Mesquite	<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Mint	<input type="checkbox"/> Rose Hips	<input type="checkbox"/> White Willow Bark Extract
<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Rosemary	<input type="checkbox"/> Wintergreen
<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Saffron	<input type="checkbox"/> Wormwood
<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Sage	
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Milk-Containing Foods
<input type="checkbox"/> Onion	<input type="checkbox"/> Sesame Seeds	
<input type="checkbox"/> Onion Powder	<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Legumes & Pulses
<input type="checkbox"/> Orange Salt	<input type="checkbox"/> Shallots	<input type="checkbox"/> Bean, Azuki
<input type="checkbox"/> Oregano	<input type="checkbox"/> Spearmint	<input type="checkbox"/> Bean, Black
<input type="checkbox"/> Paprika	<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Bean, Butter
<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Sumac	<input type="checkbox"/> Bean, Cannellini
<input type="checkbox"/> Parsley	<input type="checkbox"/> Taco Seasoning	<input type="checkbox"/> Bean, Chana Dahl
<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Bean, Chili
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Tarragon	<input type="checkbox"/> Bean, Green
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Thyme	<input type="checkbox"/> Bean, Italian
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Bean, Kidney
<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Turmeric	<input type="checkbox"/> Bean, Lima
<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Bean, Mung
<input type="checkbox"/> Peppermint	<input type="checkbox"/> Valerian	<input type="checkbox"/> Bean, Pinto/Frijole
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Bean, Red

<input type="checkbox"/> Beans	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Echinacea Tea
<input type="checkbox"/> Edamame (must be organic)	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Garbanzo Bean	<input type="checkbox"/> Tapioca	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Green Tea
<input type="checkbox"/> Kidney Bean	<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Lemon Juice
<input type="checkbox"/> Lentil(s)	<input type="checkbox"/> Teff	<input type="checkbox"/> Licorice Tea
<input type="checkbox"/> Miso	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Lime Juice
<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Milk, Soy (Organic)
<input type="checkbox"/> Soy Beans (must be organic)	<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Mineral Water
<input type="checkbox"/> Soy Beans Oil (must be organic)		<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)
<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Corn-Derived Foods	<input type="checkbox"/> Soy Protein (Organic)
<input type="checkbox"/> Vanilla Powder		<input type="checkbox"/> Sparkling Water, unflavored
<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Tea, Black
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Tea, Chamomile
<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Tea, Green
<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Tea, Hibiscus
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Tea, Oolong
<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Tea, Ramon
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea, Roobios
		<input type="checkbox"/> Tea, White

- | | |
|---|---|
| <input type="checkbox"/> Water | <input type="checkbox"/> Lard (pork) |
| <input type="checkbox"/> Yerba Matte Tea (Organic/Pure) | <input type="checkbox"/> Latex |
| <input type="checkbox"/> Zevia Drinks | <input type="checkbox"/> Locust Bean Gum |
| | <input type="checkbox"/> Lycopene |
| <input type="checkbox"/> Miscellaneous | <input type="checkbox"/> Modified Food Starch (Tapioca-based) |
| <input type="checkbox"/> Acacia Gum | <input type="checkbox"/> Palm Wax |
| <input type="checkbox"/> Agar Gum | <input type="checkbox"/> Pycnogenol |
| <input type="checkbox"/> Arabic Gum | <input type="checkbox"/> Red Tomato Paste (gluten free) |
| <input type="checkbox"/> Baking Soda (Arm & Hammer®) | <input type="checkbox"/> Silver |
| <input type="checkbox"/> Bone Broth, Beef | <input type="checkbox"/> Tofu (Organic) |
| <input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium) | <input type="checkbox"/> Tragacanth Gum |
| <input type="checkbox"/> Chicory Root | |
| <input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened) | <input type="checkbox"/> Snacks |
| <input type="checkbox"/> Collagen Protein (Powder) | |
| <input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple) | |
| <input type="checkbox"/> Glucomannon Flour (konjacfoods.com) | |
| <input type="checkbox"/> Great Lake's® Beef Gelatin | |
| <input type="checkbox"/> Guar Gum | |
| <input type="checkbox"/> Hops | |
| <input type="checkbox"/> Inulin | |
| <input type="checkbox"/> Julian Bakery Coconut Bread | |
| <input type="checkbox"/> Konjac Glucomannon Flour | |