

<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> Carob
<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)
<input type="checkbox"/> Beer	<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Horseradish Sauce, Gluten-free (Annie's®)
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Hummus
<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Ketchup (Organicville)
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Tea, Roobios	<input type="checkbox"/> Mayonnaise
<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea, unflavored/caffeine-free only	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Tea, White	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Teechino	<input type="checkbox"/> Ume Plum Vinegar
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Water	<input type="checkbox"/> Veganaise Soy-free (Follow Your Heart®)
<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Wine, Red	<input type="checkbox"/> Vinegar
<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Wine, White (Champagne)	<input type="checkbox"/> Vinegar, Malt
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Vinegar, Red Wine
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Vinegar, Rice
<input type="checkbox"/> Milk, Sheep		<input type="checkbox"/> Vinegar, White
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Condiments	<input type="checkbox"/> Vinegar, White Wine
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Worcestershire Sauce (The Wizard's® GF)
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Balsamic Vinegar MiaBella NoCaramel/WineVinegar	<input type="checkbox"/> Sriracha Sauce Organicville gluten-free
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Balsamic Vinegar (with Red Wine Vinegar)	<input type="checkbox"/> Tabasco Sauce
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Balsamic Vinegar (Caramel/Red W. Vinegar)	<input type="checkbox"/> Dressing, Primal Kitchen Greek Avocado Oil

- ☐ Dressing, Primal Kitchen Honey Mustard
- ☐ Mayonnaise, Primal Kitchen Avocado Oil
- ☐ Mayonnaise, Primal Kitchen Chipotle Avocado Oil
- ☐ BodyPro Almond Mayo Grade B Maple Syrup
- ☐ BodyPro Almond Mayo with Yacon Syrup
- ☐ BodyPro Avocado Oil Mayonnaise

- ☐ GemWraps®, Sandwich Wrap (Carrot)
- ☐ Maltodextrin (Corn-based, non-GMO)
- ☐ Vegetable Oil
- ☐ Xanthan Gum
- ☐ Yogurt (See Xanthan Gum)
- ☐ Sriracha Sauce Organicville gluten-free

- ☐ Lobster
- ☐ Mackerel
- ☐ Mahi Mahi
- ☐ Mussel
- ☐ Orange Roughy
- ☐ Oyster

- ☐ **Corn-Derived Foods**
- ☐ Barbeque Sauce, GF Annie's® Sweet & Spicy
- ☐ Cheese, Cream
- ☐ Cheese, Daiya (Coconut, Tapioca, yeast, & ...)
- ☐ Cheese, Soy (Organic) (see Soy)
- ☐ Chewing Gum (has gluten and corn)
- ☐ Corn (Gluten-free & Non-GMO)
- ☐ Corn, Blue
- ☐ Corn, White
- ☐ Corn Gluten
- ☐ Corn Meal (gluten free)
- ☐ Corn Oil
- ☐ Corn Starch (gluten free)
- ☐ Erythritol (non-GMO)
- ☐ Fructose

- ☐ **Fish & Shellfish**
- ☐ Anchovy
- ☐ Bass
- ☐ Catfish
- ☐ Chilean Sea Bass
- ☐ Clam
- ☐ Cod/ Cod Liver Oil
- ☐ Corvina
- ☐ Crab
- ☐ Crayfish
- ☐ Flounder
- ☐ Haddock
- ☐ Hake
- ☐ Halibut
- ☐ Herring

- ☐ Perch
- ☐ Red Snapper
- ☐ Salmon, wild (fresh)
- ☐ Sardines
- ☐ Scallop
- ☐ Shrimp
- ☐ Sole
- ☐ Squid
- ☐ Swai
- ☐ Swordfish
- ☐ Tilapia (Non-farmed)
- ☐ Trout
- ☐ Tuna
- ☐ Walleye Pike
- ☐ Whitefish/Turbot
- ☐ Crab, Immitation

<input type="checkbox"/> Fruits	<input type="checkbox"/> Grape, Green	<input type="checkbox"/> Orange, Blood
<input type="checkbox"/> Acai	<input type="checkbox"/> Grape, Purple	<input type="checkbox"/> Orange Juice
<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Grape, Red	<input type="checkbox"/> Orange Peel/Rind
<input type="checkbox"/> Apple Cider	<input type="checkbox"/> Grape, White	<input type="checkbox"/> Papaya
<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Passion Fruit
<input type="checkbox"/> Bilberry	<input type="checkbox"/> Guava	<input type="checkbox"/> Peach
<input type="checkbox"/> Blackberry	<input type="checkbox"/> Huckleberry	<input type="checkbox"/> Pear
<input type="checkbox"/> Blueberry	<input type="checkbox"/> Jack fruit	<input type="checkbox"/> Pear, Asian
<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Kiwi	<input type="checkbox"/> Pineapple
<input type="checkbox"/> Cantaloupe	<input type="checkbox"/> Lemon	<input type="checkbox"/> Plantain
<input type="checkbox"/> Cherry	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Plum
<input type="checkbox"/> Clementine	<input type="checkbox"/> Lemon Rind/Peel	<input type="checkbox"/> Pomegranate
<input type="checkbox"/> Cranberry	<input type="checkbox"/> Litchi (aka Lychee)	<input type="checkbox"/> Prune
<input type="checkbox"/> Cranberry Juice	<input type="checkbox"/> Loganberry	<input type="checkbox"/> Quince
<input type="checkbox"/> Currant	<input type="checkbox"/> Loquat	<input type="checkbox"/> Raisin (unsulfured, organic)
<input type="checkbox"/> Date(s)	<input type="checkbox"/> Mango	<input type="checkbox"/> Raspberry
<input type="checkbox"/> Dragon Fruit (Pitaya)	<input type="checkbox"/> Maqui	<input type="checkbox"/> Star Fruit
<input type="checkbox"/> Dried Fruit	<input type="checkbox"/> Melon, Honeydew	<input type="checkbox"/> Strawberry
<input type="checkbox"/> Fig	<input type="checkbox"/> Mulberry	<input type="checkbox"/> Tamarind
<input type="checkbox"/> Golden Berry	<input type="checkbox"/> Nectarines	<input type="checkbox"/> Tangelo
<input type="checkbox"/> Gooseberry	<input type="checkbox"/> Noni	<input type="checkbox"/> Tangerine
<input type="checkbox"/> Grape	<input type="checkbox"/> Orange	<input type="checkbox"/> Watermelon

<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Gluten	<input type="checkbox"/> Crab, Imitation
<input type="checkbox"/> Youngberry	<input type="checkbox"/> Graham (wheat)	
<input type="checkbox"/> Banana	<input type="checkbox"/> Kamut	<input type="checkbox"/> Gluten-Free Grains
<input type="checkbox"/> Apricot	<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Malt	<input type="checkbox"/> Basmati Rice (gluten free)
<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Maltodextrin (Can be Wheat-derived)	<input type="checkbox"/> Buckwheat
	<input type="checkbox"/> Oats	<input type="checkbox"/> Buckwheat Flour
<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Orzo	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Barley	<input type="checkbox"/> Panko	<input type="checkbox"/> Coconut Meal (gluten free)
<input type="checkbox"/> Barley Greens (Not for Gluten-Sensitive)	<input type="checkbox"/> Polish Wheat	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Barley Juice (Not for Gluten-Sensitive)	<input type="checkbox"/> Rye	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Beer	<input type="checkbox"/> Semolina	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Bran	<input type="checkbox"/> Soy Sauce	<input type="checkbox"/> Corn Starch (gluten free)
<input type="checkbox"/> Bread	<input type="checkbox"/> Spelt	<input type="checkbox"/> Ener-G Brown Rice Yeast-Free Bread
<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Teechino	<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Teriyaki Sauce	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Cheese, Bleu	<input type="checkbox"/> Triticale	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Vinegar	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Vinegar, Malt	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Couscous	<input type="checkbox"/> Vinegar, White	<input type="checkbox"/> Millet
<input type="checkbox"/> Durum Wheat	<input type="checkbox"/> Wheat (All Types)	<input type="checkbox"/> Oats
<input type="checkbox"/> Farro	<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)

<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)	<input type="checkbox"/> Tapioca	<input type="checkbox"/> Black Cohosh
<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Caramel Coloring
<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Teff	<input type="checkbox"/> Cardamom
<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Celery Powder
<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Tortilla, Siete Almond	<input type="checkbox"/> Chili Powder
<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut	<input type="checkbox"/> Chipotle Seasoning
<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava	<input type="checkbox"/> Cilantro/Coriander
<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Simple Mills Everything Sprouted Seed Cracker	<input type="checkbox"/> Cinnamon
<input type="checkbox"/> Rice, Purple (gluten free)	<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Cinnamon, Ceylon
<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Cramp Bark Extract
<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Cream of Tartar
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)		<input type="checkbox"/> Cumin
<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Curcumin
<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Allspice	<input type="checkbox"/> Curry (must be GF)
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Almond Flavor natural, gluten free)	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Simple Mills Grnd Sea Salt Almond Crackers	<input type="checkbox"/> Anise	<input type="checkbox"/> Dong Quai
<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers	<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Echinacea
<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers	<input type="checkbox"/> Astragalus	<input type="checkbox"/> Fennel
<input type="checkbox"/> Sorghum	<input type="checkbox"/> Basil	<input type="checkbox"/> Garlic
<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Garlic Pepper

<input type="checkbox"/> Garlic Powder	<input type="checkbox"/> Mesquite	<input type="checkbox"/> Saw Plametto
<input type="checkbox"/> Garlic Salt	<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Spearmint
<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Mint	<input type="checkbox"/> St. John's Wort
<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Taco Seasoning
<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Grapeseed Extract	<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Tarragon
<input type="checkbox"/> Guarana	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Thyme
<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Orange Salt	<input type="checkbox"/> Turmeric
<input type="checkbox"/> Hickory	<input type="checkbox"/> Oregano	<input type="checkbox"/> Uva Ursi
<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Parsley	<input type="checkbox"/> Valerian
<input type="checkbox"/> Jamaican Jerk	<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Vanilla (gluten and corn-free)
<input type="checkbox"/> Juniper Berry	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Lavender	<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> White Willow Bark Extract
<input type="checkbox"/> Lemon Pepper	<input type="checkbox"/> Peppermint	<input type="checkbox"/> Wintergreen
<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Rose Hips
<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)	<input type="checkbox"/> Pepper, Sichuan
<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Pepper, Szechuan
<input type="checkbox"/> Maca Root	<input type="checkbox"/> Rosemary	<input type="checkbox"/> Paprika (smoked)
<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Saffron	<input type="checkbox"/> Paprika
<input type="checkbox"/> Marjoram	<input type="checkbox"/> Sage	

<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Miso	<input type="checkbox"/> Applegate® organic red pepper sausage
<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> Pea, Snap	<input type="checkbox"/> Applegate® organic spinach & feta sausage
<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Pea, Snow	<input type="checkbox"/> Applegate® organic sausage sweet italian
<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Applegate® organic smoked chicken breast
<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Peanut (Organic, Valencia)	<input type="checkbox"/> Applegate® organic smoked turkey breast
<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> Peanut Butter (Organic, Maranatha®)	<input type="checkbox"/> Applegate® organic turkey
<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Peanut Oil (Organic)	<input type="checkbox"/> Applegate® organic turkey bacon
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Beef, Grass-fed only (organic)
<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> Soy Beans (must be organic)	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Bean, Kidney	<input type="checkbox"/> Soy Beans Oil (must be organic)	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Bean, Lima	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Bean, Navy/Ninja	<input type="checkbox"/> White Beans	<input type="checkbox"/> Duck
<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Goat, Grass-fed only (organic)
<input type="checkbox"/> Bean, Red (see also Bean, Kidney)		<input type="checkbox"/> Lamb (organic)
<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Ostrich
<input type="checkbox"/> Edamame (must be organic)	<input type="checkbox"/> Applegate® organic chicken	<input type="checkbox"/> Pheasant
<input type="checkbox"/> Fava Bean	<input type="checkbox"/> Applegate® organic herb roasted turkey	<input type="checkbox"/> Quail
<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Applegate® organic hot dogs	<input type="checkbox"/> Rabbit
<input type="checkbox"/> Garbanzo Bean	<input type="checkbox"/> Applegate® organic roast beef	<input type="checkbox"/> Turkey (organic)
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Applegate® organic andouille sausage	<input type="checkbox"/> Veal (organic)
<input type="checkbox"/> Lentil(s)	<input type="checkbox"/> Applegate® organic chicken/apple sausage	<input type="checkbox"/> Venison (see also Deer)

<input type="checkbox"/>	Milk-Containing Foods	<input type="checkbox"/>	Cheese, Raw and Pasture-raised	<input type="checkbox"/>	Yogurt (See Xanthan Gum)
<input type="checkbox"/>	Applegate® organic spinach & feta sausage	<input type="checkbox"/>	Cheese, Ricotta	<input type="checkbox"/>	Cheese, Feta
<input type="checkbox"/>	Butter, Raw and Pasture-raised	<input type="checkbox"/>	Cheese, Romano		
<input type="checkbox"/>	Buttermilk	<input type="checkbox"/>	Cheese, Provolone	<input type="checkbox"/>	Miscellaneous
<input type="checkbox"/>	Casein	<input type="checkbox"/>	Cheese, Sheep	<input type="checkbox"/>	Antimony
<input type="checkbox"/>	Cheese, American	<input type="checkbox"/>	Cheese, String (Mozzarella)	<input type="checkbox"/>	Arabic Gum
<input type="checkbox"/>	Cheese, Asiago	<input type="checkbox"/>	Cheese, Swiss	<input type="checkbox"/>	Baking Powder
<input type="checkbox"/>	Cheese, Bleu	<input type="checkbox"/>	Chocolate, Milk	<input type="checkbox"/>	Baking Soda (Arm & Hammer®)
<input type="checkbox"/>	Cheese, Brie	<input type="checkbox"/>	Chocolate, White	<input type="checkbox"/>	Carrageenan Gum
<input type="checkbox"/>	Cheese, Cheddar (Raw)	<input type="checkbox"/>	Cream, Raw and Unpasteurized	<input type="checkbox"/>	Chewing Gum (has gluten and gem)
<input type="checkbox"/>	Cheese, Cottage	<input type="checkbox"/>	Ghee (Pasture-Raised, Organic)	<input type="checkbox"/>	Chewing Gum, Xylitechew®
<input type="checkbox"/>	Cheese, Cream	<input type="checkbox"/>	Goat Cheese	<input type="checkbox"/>	Chicory Root
<input type="checkbox"/>	Cheese, Goat	<input type="checkbox"/>	Goat Kefir	<input type="checkbox"/>	Cocoa/Cacao (raw, pure, & unsweetened)
<input type="checkbox"/>	Cheese, Gorgonzola	<input type="checkbox"/>	Kefir, Raw	<input type="checkbox"/>	Coconut Aminos®
<input type="checkbox"/>	Cheese, Gouda	<input type="checkbox"/>	Lactalbumin	<input type="checkbox"/>	Coconut Cream
<input type="checkbox"/>	Cheese, Havarti	<input type="checkbox"/>	Milk Chocolate	<input type="checkbox"/>	Collagen Protein (Powder)
<input type="checkbox"/>	Cheese, Machego	<input type="checkbox"/>	Milk, Cow	<input type="checkbox"/>	GemWraps®, Sandwich Wrap (Carrot)
<input type="checkbox"/>	Cheese, Mascapone	<input type="checkbox"/>	Milk, Goat	<input type="checkbox"/>	GemWraps®, Sandwich Wrap (Kale-Apple)
<input type="checkbox"/>	Cheese, Mozzarella (Raw)	<input type="checkbox"/>	Milk, Sheep	<input type="checkbox"/>	GemWraps®, Sandwich Wrap (Mango/Chl.)
<input type="checkbox"/>	Cheese, Muenster	<input type="checkbox"/>	Mozzarella Cheese	<input type="checkbox"/>	GemWraps®, Sandwich Wrap (Tomato)
<input type="checkbox"/>	Cheese, Parmesan	<input type="checkbox"/>	Sour Cream, Raw and Unpasteurized	<input type="checkbox"/>	Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/>	Cheese, Pecorino	<input type="checkbox"/>	Whey	<input type="checkbox"/>	Great Lake's® Beef Gelatin

<input type="checkbox"/> Guar Gum	<input type="checkbox"/> Vegetable broth (ImagineÂ® Low Sodium)	<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)
<input type="checkbox"/> Hops	<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Egg, Pasture-raised (from a farmer)
<input type="checkbox"/> Julian Bakery Paleo Wraps	<input type="checkbox"/> Vinegar, Red Wine	<input type="checkbox"/> Egg, Vital FarmsÂ® or Pasture VerdeÂ®
<input type="checkbox"/> Julian Bakery Almond Bread	<input type="checkbox"/> Vinegar, Rice	<input type="checkbox"/> Egg, Yolks Pasture-raised
<input type="checkbox"/> Julian Bakery Coconut Bread	<input type="checkbox"/> Vinegar, White Wine	<input type="checkbox"/> Milk, Soy (Organic)
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise
<input type="checkbox"/> Liquid Aminos (BraggsÂ®)(has Soy)	<input type="checkbox"/> Latex	
<input type="checkbox"/> Locust Bean Gum	<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils
<input type="checkbox"/> Lycopene	<input type="checkbox"/> Acacia Gum	<input type="checkbox"/> Almond
<input type="checkbox"/> Malt	<input type="checkbox"/> Tragacanth Gum	<input type="checkbox"/> Almond Butter (ArtisanaÂ®)
<input type="checkbox"/> Maltodextrin (Can be Wheat-derived)	<input type="checkbox"/> Blue Food Dye	<input type="checkbox"/> Almond Flavor natural, gluten free)
<input type="checkbox"/> Palm Wax	<input type="checkbox"/> Skinny CrispsÂ®(Plain Jane)	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Pycnogenol	<input type="checkbox"/> Red Food Dye	<input type="checkbox"/> Almond Meal (gluten free)
<input type="checkbox"/> Red Chili Paste Thai KitchenÂ® (gluten free)	<input type="checkbox"/> Cocoa Butter	<input type="checkbox"/> Almond, Marcona
<input type="checkbox"/> Red Tomato Paste (gluten free)	<input type="checkbox"/> Agar Gum	<input type="checkbox"/> Annatto Seed
<input type="checkbox"/> Resveratrol		<input type="checkbox"/> Brazil Nut
<input type="checkbox"/> Sherry Vinegar	<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Silver	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Cashews
<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Almond Yogurt, unsweetened	<input type="checkbox"/> Cashew Butter
<input type="checkbox"/> Tofu (Organic)	<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast, Â....)	<input type="checkbox"/> Cashew Meal
<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Chestnut
<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Coconut Butter

<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Walnut (few)	<input type="checkbox"/> Just Like Sugar®
<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Lo Han
<input type="checkbox"/> Cola Nut (aka Kola Nut)	<input type="checkbox"/> Walnut, Black (few)	<input type="checkbox"/> Maltodextrin (Can be Wheat-derived)
<input type="checkbox"/> Corn Oil		<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)
<input type="checkbox"/> Grapeseed Oil, Organic	<input type="checkbox"/> Snacks	<input type="checkbox"/> Maple Sugar
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Date(s)	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)
<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Simple Mills Chocolate Chip Cookies	<input type="checkbox"/> Molasses
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Rebiana Leaf (Stevia)
<input type="checkbox"/> Olive Oil, Virgin		<input type="checkbox"/> Sucanat
<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Pepitas	<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Sugar Cane
<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Chocolate, Dark	<input type="checkbox"/> Sweetleaf® Stevia
<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Yacon Syrup
<input type="checkbox"/> Pistachios	<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> BodyPro Almond Mayo Grade B Maple Syrup
<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Sucralose
<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Date Sugar	<input type="checkbox"/> Agave Nectar
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Coconut Sugar
<input type="checkbox"/> Safflower/Safflower Seed Oil	<input type="checkbox"/> Fructose	
<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Fruit Pectin	
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Honey, (Organic)	
<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Honey, Manuka	
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Honey, Wildflower from Mahava®	

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Endive
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Fennel
<input type="checkbox"/> Arugula	<input type="checkbox"/> Capers	<input type="checkbox"/> Garlic
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Avocado	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Jicama
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Kelp/Dulse
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Celery	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Beet	<input type="checkbox"/> Chard	<input type="checkbox"/> Kombu
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Chayote	<input type="checkbox"/> Leeks
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Nori
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Okra
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Parsley
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Corn, White	<input type="checkbox"/> Parsnip
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Cucumber	<input type="checkbox"/> Pea, Black-Eyed
<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Pea, Green
<input type="checkbox"/> Burdock	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Pea, Snow

<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Tomato
<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Tomatoes, Big Beef
<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Scallions	<input type="checkbox"/> Tomato, Cherry
<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Sea Vegetables	<input type="checkbox"/> Tomato, Heirloom
<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Seaweed	<input type="checkbox"/> Tomato, Orange
<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Spinach	<input type="checkbox"/> Tomato, Red
<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Spirulina	<input type="checkbox"/> Tomato, Roma
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Squash	<input type="checkbox"/> Tomato, Sun-dried
<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Tomato, Yellow
<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Squash, Butternut	<input type="checkbox"/> Turnip Greens
<input type="checkbox"/> Pimento	<input type="checkbox"/> Squash, Green	<input type="checkbox"/> Water Chestnut
<input type="checkbox"/> Potato, Fingerling	<input type="checkbox"/> Squash, Spaghetti	<input type="checkbox"/> Watercress
<input type="checkbox"/> Potato, Purple	<input type="checkbox"/> Squash, Summer	<input type="checkbox"/> Yams, Garnett
<input type="checkbox"/> Potato, Red	<input type="checkbox"/> Squash, Winter	<input type="checkbox"/> Yucca
<input type="checkbox"/> Potato, Russet	<input type="checkbox"/> Squash, Yellow	<input type="checkbox"/> Zucchini
<input type="checkbox"/> Potato, Sweet	<input type="checkbox"/> Sugar Beet	<input type="checkbox"/> Alfalfa Sprouts
<input type="checkbox"/> Potato, White	<input type="checkbox"/> Sweet Potato, Red	<input type="checkbox"/> Psyllium Husk
<input type="checkbox"/> Potato, Yukon Gold	<input type="checkbox"/> Sweet Potatoes, White	<input type="checkbox"/> Onion, Green
<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Bell Pepper
<input type="checkbox"/> Radicchio	<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Bell Pepper, Yellow
<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Bell Pepper, Orange