

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Pea, Snow
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Endive	<input type="checkbox"/> Pea, Split
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Fennel	<input type="checkbox"/> Pepper, Anaheim
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Pepper, Chili
<input type="checkbox"/> Arugula	<input type="checkbox"/> Horseradish	<input type="checkbox"/> Pepper, Green
<input type="checkbox"/> Avocado	<input type="checkbox"/> Jicama	<input type="checkbox"/> Pepper, Habanero
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Kohlrabi	<input type="checkbox"/> Pepper, Jalapeño
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Kombu	<input type="checkbox"/> Pepper, Poblano
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Leeks	<input type="checkbox"/> Pepper, Red
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Pepper, Serrano
<input type="checkbox"/> Burdock	<input type="checkbox"/> Nori	<input type="checkbox"/> Pimento
<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Onion, Green	<input type="checkbox"/> Potato, Sweet
<input type="checkbox"/> Capers	<input type="checkbox"/> Onion, Maui	<input type="checkbox"/> Prickly Pear
<input type="checkbox"/> Capsicum	<input type="checkbox"/> Onion, Red	<input type="checkbox"/> Psyllium Husk
<input type="checkbox"/> Chard	<input type="checkbox"/> Onion, Sweet	<input type="checkbox"/> Pumpkin
<input type="checkbox"/> Chayote	<input type="checkbox"/> Onion, Yellow	<input type="checkbox"/> Pumpkin Powder
<input type="checkbox"/> Chives	<input type="checkbox"/> Parsley	<input type="checkbox"/> Radicchio
<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Parsnip	<input type="checkbox"/> Radish
<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Rainbow Chard
<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Rhubarb
<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Pea, Green	<input type="checkbox"/> Rutabaga

<input type="checkbox"/> Scallions	<input type="checkbox"/> Tomato, Orange	<input type="checkbox"/> Cantaloupe
<input type="checkbox"/> Shallots	<input type="checkbox"/> Tomato, Red	<input type="checkbox"/> Cherry
<input type="checkbox"/> Spinach	<input type="checkbox"/> Tomato, Roma	<input type="checkbox"/> Clementine
<input type="checkbox"/> Spirulina	<input type="checkbox"/> Tomato, Sun-dried	<input type="checkbox"/> Cranberry
<input type="checkbox"/> Squash	<input type="checkbox"/> Tomato, Yellow	<input type="checkbox"/> Cranberry Juice
<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Tomatoes, Big Beef	<input type="checkbox"/> Currant
<input type="checkbox"/> Squash, Butternut	<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Dates
<input type="checkbox"/> Squash, Green	<input type="checkbox"/> Turnips	<input type="checkbox"/> Dragon Fruit (Pitaya)
<input type="checkbox"/> Squash, Spaghetti	<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Dried Fruit
<input type="checkbox"/> Squash, Summer	<input type="checkbox"/> Watercress	<input type="checkbox"/> Elderberry
<input type="checkbox"/> Squash, Winter	<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Fig
<input type="checkbox"/> Squash, Yellow	<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Goji Berry
<input type="checkbox"/> Sugar Beet	<input type="checkbox"/> Zucchini	<input type="checkbox"/> Golden Berry
<input type="checkbox"/> Sweet Potato, Red		<input type="checkbox"/> Gooseberry
<input type="checkbox"/> Sweet Potatoes, White	<input type="checkbox"/> <b>Fruits</b>	<input type="checkbox"/> Grape
<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Acai	<input type="checkbox"/> Grape, Green
<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Grape, Purple
<input type="checkbox"/> Tomato	<input type="checkbox"/> Apricot	<input type="checkbox"/> Grape, Red
<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Bilberry	<input type="checkbox"/> Grape, White
<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Blackberry	<input type="checkbox"/> Grapefruit
<input type="checkbox"/> Tomato, Cherry	<input type="checkbox"/> Blueberry	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Tomato, Heirloom	<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Guava

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| <input type="checkbox"/> Huckleberry         | <input type="checkbox"/> Orange Peel/Rind             | <input type="checkbox"/> Watermelon                            |
| <input type="checkbox"/> Jack fruit          | <input type="checkbox"/> Orange, Blood                | <input type="checkbox"/> Wolfberry                             |
| <input type="checkbox"/> Kiwi                | <input type="checkbox"/> Papaya                       | <input type="checkbox"/> Youngberry                            |
| <input type="checkbox"/> Kumquat             | <input type="checkbox"/> Passion Fruit                |  |
| <input type="checkbox"/> Lemon               | <input type="checkbox"/> Peach                        | <input type="checkbox"/> <b>Nuts, Seeds, Drupes &amp; Oils</b> |
| <input type="checkbox"/> Lemon Juice         | <input type="checkbox"/> Pear                         | <input type="checkbox"/> Almond                                |
| <input type="checkbox"/> Lemon Rind/Peel     | <input type="checkbox"/> Pear, Asian                  | <input type="checkbox"/> Almond Butter (Artisana®)             |
| <input type="checkbox"/> Lime                | <input type="checkbox"/> Persimmons                   | <input type="checkbox"/> Almond Flavor (natural, gluten free)  |
| <input type="checkbox"/> Lime Juice          | <input type="checkbox"/> Pineapple                    | <input type="checkbox"/> Almond Flour (gluten free)            |
| <input type="checkbox"/> Litchi (aka Lychee) | <input type="checkbox"/> Plantain                     | <input type="checkbox"/> Almond Meal (gluten free)             |
| <input type="checkbox"/> Loganberry          | <input type="checkbox"/> Plum                         | <input type="checkbox"/> Almond, Marcona                       |
| <input type="checkbox"/> Loquat              | <input type="checkbox"/> Pomegranate                  | <input type="checkbox"/> Annatto Seed                          |
| <input type="checkbox"/> Mango               | <input type="checkbox"/> Pomelo                       | <input type="checkbox"/> Avocado Oil                           |
| <input type="checkbox"/> Mangosteen          | <input type="checkbox"/> Prune                        | <input type="checkbox"/> Brazil Nut                            |
| <input type="checkbox"/> Maqui               | <input type="checkbox"/> Quince                       | <input type="checkbox"/> Canola/Rapeseed Oil                   |
| <input type="checkbox"/> Melon, Honeydew     | <input type="checkbox"/> Raisin (unsulfured, organic) | <input type="checkbox"/> Caraway Seed                          |
| <input type="checkbox"/> Monk Fruit (Pure)   | <input type="checkbox"/> Raspberry                    | <input type="checkbox"/> Cashew Butter                         |
| <input type="checkbox"/> Mulberry            | <input type="checkbox"/> Star Fruit                   | <input type="checkbox"/> Cashew Meal                           |
| <input type="checkbox"/> Nectarines          | <input type="checkbox"/> Strawberry                   | <input type="checkbox"/> Cashews                               |
| <input type="checkbox"/> Noni                | <input type="checkbox"/> Tamarind                     | <input type="checkbox"/> Chestnut                              |
| <input type="checkbox"/> Orange              | <input type="checkbox"/> Tangelo                      | <input type="checkbox"/> Chia Seed (1/4 cup, max)              |
| <input type="checkbox"/> Orange Juice        | <input type="checkbox"/> Tangerine                    | <input type="checkbox"/> Coconut Butter                        |

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|---|---|---|
| <input type="checkbox"/> Coconut Oil                          | <input type="checkbox"/> Pistachios                             | <input type="checkbox"/> Walnuts                    |
| <input type="checkbox"/> Coconut, shredded (raw, unsweetened) | <input type="checkbox"/> Poppy seeds                            | <input type="checkbox"/> Walnuts, Black             |
| <input type="checkbox"/> Cola Nut (aka Kola Nut)              | <input type="checkbox"/> Psyllium Husk                          |   |
| <input type="checkbox"/> Cottonseed/Cottonseed Oil            | <input type="checkbox"/> Pumpkin Oil                            | <input type="checkbox"/> Fish & Shellfish           |
| <input type="checkbox"/> Flax Meal                            | <input type="checkbox"/> Pumpkin Seed Oil                       | <input type="checkbox"/> Catfish                    |
| <input type="checkbox"/> Flax Oil                             | <input type="checkbox"/> Pumpkin Seeds                          | <input type="checkbox"/> Chilean Sea Bass           |
| <input type="checkbox"/> Flax Seed                            | <input type="checkbox"/> Ramon Seeds                            | <input type="checkbox"/> Corvina                    |
| <input type="checkbox"/> Grapeseed Oil, Organic               | <input type="checkbox"/> Rice, Wild (Lundberg® - not the blend) | <input type="checkbox"/> Crayfish                   |
| <input type="checkbox"/> Hazelnut Flour                       | <input type="checkbox"/> Sacha Inchi Seeds                      | <input type="checkbox"/> Hake                       |
| <input type="checkbox"/> Hazelnut/Filbert                     | <input type="checkbox"/> Safflower/Safflower Seed Oil           | <input type="checkbox"/> Mahi Mahi                  |
| <input type="checkbox"/> Hemp Meal                            | <input type="checkbox"/> Sesame Seed Oil                        | <input type="checkbox"/> Octopus                    |
| <input type="checkbox"/> Hemp Protein (Powder)                | <input type="checkbox"/> Sesame Seeds                           | <input type="checkbox"/> Orange Roughy              |
| <input type="checkbox"/> Hemp Seed                            | <input type="checkbox"/> Sesame Seeds, Black                    | <input type="checkbox"/> Sardines                   |
| <input type="checkbox"/> Hydrogenated Oils                    | <input type="checkbox"/> Sunflower Seed Butter                  | <input type="checkbox"/> Swai                       |
| <input type="checkbox"/> Macadamia Nut Oil                    | <input type="checkbox"/> Sunflower Seed Lecithin                | <input type="checkbox"/> Tilapia (Wild, Non-farmed) |
| <input type="checkbox"/> Macadamia Nuts                       | <input type="checkbox"/> Sunflower Seed Oil                     | <input type="checkbox"/> Whitefish/Turbot           |
| <input type="checkbox"/> Palm Kernel Oil                      | <input type="checkbox"/> Sunflower Seeds                        |   |
| <input type="checkbox"/> Pecan Flour                          | <input type="checkbox"/> Tahini                                 |   |
| <input type="checkbox"/> Pecans                               | <input type="checkbox"/> Tea, Ramon                             |   |
| <input type="checkbox"/> Pepitas                              | <input type="checkbox"/> Tiger Nuts                             |   |
| <input type="checkbox"/> Pili Nuts                            | <input type="checkbox"/> Vegetable Shortening (Spectrum®)       |   |
| <input type="checkbox"/> Pine Nut                             | <input type="checkbox"/> Walnut Oil                             |   |

<input type="checkbox"/> <b>Meat &amp; Poultry</b>	<input type="checkbox"/> <b>Condiments</b>	<input type="checkbox"/> Chocolate, Dark
<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Chocolate, Milk
<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar)	<input type="checkbox"/> Chocolate, White
<input type="checkbox"/> Ostrich	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup	<input type="checkbox"/> Coconut Palm Sugar
<input type="checkbox"/> Pheasant	<input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup	<input type="checkbox"/> Coconut Sugar
<input type="checkbox"/> Quail	<input type="checkbox"/> Carob	<input type="checkbox"/> Date Sugar
<input type="checkbox"/> Rabbit	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)	<input type="checkbox"/> Fruit Pectin
	<input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard	<input type="checkbox"/> Honey, (Organic)
<input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>	<input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread	<input type="checkbox"/> Honey, Manuka
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> Honey, Wildflower from Mahava®
<input type="checkbox"/> Almond Yogurt, unsweetened	<input type="checkbox"/> Hummus	<input type="checkbox"/> Jerusalem Artichoke Syrup
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Just Like Sugar®
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil	<input type="checkbox"/> Lo Han
<input type="checkbox"/> Egg, Pasture-raised (from a farmer)	<input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil	<input type="checkbox"/> Maltodextrin (Tapioca-based)
<input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)	<input type="checkbox"/> Maple Sugar
<input type="checkbox"/> Egg, Whites, Pasture-raised	<input type="checkbox"/> Vinegar, Beet	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)
<input type="checkbox"/> Egg, Yolks Pasture-raised		<input type="checkbox"/> Molasses
<input type="checkbox"/> Paleo Cheese (Julianbakery.com or	<input type="checkbox"/> <b>Sweeteners</b>	<input type="checkbox"/> Monk Fruit (Pure)
	<input type="checkbox"/> Agave Nectar	<input type="checkbox"/> Monk Fruit Extract
	<input type="checkbox"/> Aspartame	<input type="checkbox"/> Nutrasweet®
	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup	<input type="checkbox"/> Rebiana Leaf (Stevia)
	<input type="checkbox"/> Cane Syrup	<input type="checkbox"/> Sorbitol

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| <input type="checkbox"/> Splenda                              | <input type="checkbox"/> Chipotle Seasoning      | <input type="checkbox"/> Grapeseed Extract                |
| <input type="checkbox"/> Sucanat                              | <input type="checkbox"/> Cilantro/Coriander      | <input type="checkbox"/> Guarana                          |
| <input type="checkbox"/> Sucralose                            | <input type="checkbox"/> Cinnamon                | <input type="checkbox"/> Gymnema Silvestre                |
| <input type="checkbox"/> Sugar Beet                           | <input type="checkbox"/> Cinnamon, Ceylon        | <input type="checkbox"/> Herbs De Provence                |
| <input type="checkbox"/> Sugar Cane                           | <input type="checkbox"/> Cloves                  | <input type="checkbox"/> Hickory                          |
| <input type="checkbox"/> Sweetleaf® Stevia                    | <input type="checkbox"/> Cloves, Madagascar      | <input type="checkbox"/> Himalayan Salt                   |
| <input type="checkbox"/> Xyla (Birchwood Xylitol)             | <input type="checkbox"/> Cloves, Penang          | <input type="checkbox"/> Jamaican Jerk                    |
| <input type="checkbox"/> Yacon Syrup                          | <input type="checkbox"/> Cramp Bark Extract      | <input type="checkbox"/> Juniper Berry                    |
|   | <input type="checkbox"/> Cream of Tartar         | <input type="checkbox"/> Lavender                         |
| <input type="checkbox"/> Herbs & Spices                       | <input type="checkbox"/> Cumin                   | <input type="checkbox"/> Lemon Balm (Melissa Officinalis) |
| <input type="checkbox"/> Allspice                             | <input type="checkbox"/> Curcumin                | <input type="checkbox"/> Lemon Pepper                     |
| <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Curry (must be GF)      | <input type="checkbox"/> Lemongrass                       |
| <input type="checkbox"/> Anise                                | <input type="checkbox"/> Dandelion Root          | <input type="checkbox"/> Licorice Root                    |
| <input type="checkbox"/> Ashwaganda                           | <input type="checkbox"/> Dill                    | <input type="checkbox"/> Maca Root                        |
| <input type="checkbox"/> Astragalus                           | <input type="checkbox"/> Dong Quai               | <input type="checkbox"/> Mace Spice                       |
| <input type="checkbox"/> Basil                                | <input type="checkbox"/> Echinacea               | <input type="checkbox"/> Marjoram                         |
| <input type="checkbox"/> Bay Leaf                             | <input type="checkbox"/> Fennel                  | <input type="checkbox"/> Mesquite                         |
| <input type="checkbox"/> Black Cohosh                         | <input type="checkbox"/> Ginger                  | <input type="checkbox"/> Milk Thistle                     |
| <input type="checkbox"/> Caraway Seed                         | <input type="checkbox"/> Ginkgo Biloba           | <input type="checkbox"/> Mint                             |
| <input type="checkbox"/> Cardamom                             | <input type="checkbox"/> Ginseng (All Types)     | <input type="checkbox"/> Mustard (as a Powder)            |
| <input type="checkbox"/> Chicory Root                         | <input type="checkbox"/> Goldenseal              | <input type="checkbox"/> Mustard Seeds (gluten free)      |
| <input type="checkbox"/> Chili Powder                         | <input type="checkbox"/> Grapefruit Seed Extract | <input type="checkbox"/> Nutmeg                           |

<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Shallots	<input type="checkbox"/> Cheese, Asiago
<input type="checkbox"/> Orange Salt	<input type="checkbox"/> Spearmint	<input type="checkbox"/> Cheese, Brie
<input type="checkbox"/> Oregano	<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Cheese, Cheddar (Raw)
<input type="checkbox"/> Paprika	<input type="checkbox"/> Sumac	<input type="checkbox"/> Cheese, Cottage
<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Tarragon	<input type="checkbox"/> Cheese, Feta
<input type="checkbox"/> Parsley	<input type="checkbox"/> Thyme	<input type="checkbox"/> Cheese, Goat
<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Cheese, Gorgonzola
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Turmeric	<input type="checkbox"/> Cheese, Gouda
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Cheese, Havarti
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Valerian	<input type="checkbox"/> Cheese, Machego
<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Cheese, Marscapone
<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Cheese, Mozzarella (Raw)
<input type="checkbox"/> Peppermint	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Cheese, Muenster
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Cheese, Parmesan
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Cheese, Pecorino
<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Wormwood	<input type="checkbox"/> Cheese, Provolone
<input type="checkbox"/> Rosemary		<input type="checkbox"/> Cheese, Raw and Pasture-raised
<input type="checkbox"/> Saffron	<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Cheese, Ricotta
<input type="checkbox"/> Sage	<input type="checkbox"/> Butter, Raw and Pasture-raised	<input type="checkbox"/> Cheese, Romano
<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Buttermilk	<input type="checkbox"/> Cheese, Sheep
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Casein	<input type="checkbox"/> Cheese, String (Mozzarella)
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Cheese, American	<input type="checkbox"/> Cheese, Swiss

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| <input type="checkbox"/> Chocolate, Milk                   | <input type="checkbox"/> Bean, Chili                       | <input type="checkbox"/> Peanut (Organic, Valencia)                |
| <input type="checkbox"/> Chocolate, White                  | <input type="checkbox"/> Bean, Italian                     | <input type="checkbox"/> Peanut Butter (Organic, Maranatha®)       |
| <input type="checkbox"/> Cream, Raw and Unpasteurized      | <input type="checkbox"/> Bean, Kidney                      | <input type="checkbox"/> Peanut Oil (Organic)                      |
| <input type="checkbox"/> Ghee (Pasture-Raised, Organic)    | <input type="checkbox"/> Bean, Lima                        | <input type="checkbox"/> Red Bean Paste                            |
| <input type="checkbox"/> Goat Cheese                       | <input type="checkbox"/> Bean, Mung                        | <input type="checkbox"/> Vanilla Bean                              |
| <input type="checkbox"/> Goat Kefir                        | <input type="checkbox"/> Bean, Navy                        | <input type="checkbox"/> Vanilla Powder                            |
| <input type="checkbox"/> Kefir, Raw                        | <input type="checkbox"/> Bean, Ninja                       |  |
| <input type="checkbox"/> Lactalbumin                       | <input type="checkbox"/> Bean, Pinto/Frijole               | <input type="checkbox"/> <b>Gluten-Free Grains</b>                 |
| <input type="checkbox"/> Milk Chocolate                    | <input type="checkbox"/> Bean, Red                         | <input type="checkbox"/> Almond Flour (gluten free)                |
| <input type="checkbox"/> Milk, Cow                         | <input type="checkbox"/> Bean, White                       | <input type="checkbox"/> Chicory Root                              |
| <input type="checkbox"/> Milk, Goat                        | <input type="checkbox"/> Beans                             | <input type="checkbox"/> Coconut Flour (gluten free)               |
| <input type="checkbox"/> Milk, Sheep                       | <input type="checkbox"/> Chickpea (see also Garbanzo Bean) | <input type="checkbox"/> Coconut Meal (gluten free)                |
| <input type="checkbox"/> Mozzarella Cheese                 | <input type="checkbox"/> Coffee Bean, Organic              | <input type="checkbox"/> Fava Bean Flour                           |
| <input type="checkbox"/> Sour Cream, Raw and Unpasteurized | <input type="checkbox"/> Fava Bean                         | <input type="checkbox"/> Flax Meal                                 |
| <input type="checkbox"/> Whey                              | <input type="checkbox"/> Fava Bean Flour                   | <input type="checkbox"/> Garbanzo Flour                            |
|  | <input type="checkbox"/> Garbanzo Bean                     | <input type="checkbox"/> Glucomannon Flour (konjacfoods.com)       |
| <input type="checkbox"/> <b>Legumes &amp; Pulses</b>       | <input type="checkbox"/> Garbanzo Flour                    | <input type="checkbox"/> Hazelnut Flour                            |
| <input type="checkbox"/> Bean, Azuki                       | <input type="checkbox"/> Kidney Bean                       | <input type="checkbox"/> Hemp Meal                                 |
| <input type="checkbox"/> Bean, Black                       | <input type="checkbox"/> Lentil(s)                         | <input type="checkbox"/> Hemp Protein (Powder)                     |
| <input type="checkbox"/> Bean, Butter                      | <input type="checkbox"/> Pea, Snap                         | <input type="checkbox"/> Hemp Seed                                 |
| <input type="checkbox"/> Bean, Cannellini                  | <input type="checkbox"/> Pea, Snow                         | <input type="checkbox"/> Konjac Glucomannon Flour                  |
| <input type="checkbox"/> Bean, Chana Dahl                  | <input type="checkbox"/> Pea, Split                        | <input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version) |



<input type="checkbox"/> Oats (Certified GF)	<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Tea, Roobios
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Tea, Unflavored
<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Tea, White
<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Green Tea	<input type="checkbox"/> Water
<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Whey
<input type="checkbox"/> Tortilla, Siete Almond	<input type="checkbox"/> Lactoalbumin	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)
<input type="checkbox"/> Tortilla, Siete Cassava & Coconut	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Zevia Drinks
<input type="checkbox"/> Tortilla, Siete Chia & Cassava	<input type="checkbox"/> Licorice Tea	
	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> <b>Miscellaneous</b>
<input type="checkbox"/> <b>Gluten-Containing Foods</b>	<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Acacia Gum
	<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Agar Gum
<input type="checkbox"/> <b>Corn-Derived Foods</b>	<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Antimony
	<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Arabic Gum
<input type="checkbox"/> <b>Beverages &amp; Protein Powders</b>	<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Baking Soda (Arm & Hammer®)
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Banana
<input type="checkbox"/> Apple Cider	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Blue Food Dye
<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Carrageenan Gum
<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Chewing Gum, Xylichew®
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Cocoa Butter
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)
<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Coconut Aminos®

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|---|---|
| <input type="checkbox"/> Coconut Cream                          | <input type="checkbox"/> Tragacanth Gum                   |
| <input type="checkbox"/> Formaldehyde                           | <input type="checkbox"/> Vegetable Shortening (Spectrum®) |
| <input type="checkbox"/> Garam Masala                           |   |
| <input type="checkbox"/> Glucomannon Flour (konjacfoods.com)    | <input type="checkbox"/> Snacks                           |
| <input type="checkbox"/> Guar Gum                               | <input type="checkbox"/> Apple Sauce                      |
| <input type="checkbox"/> Julian Bakery Almond Bread             | <input type="checkbox"/> Dates                            |
| <input type="checkbox"/> Julian Bakery Coconut Bread            |   |
| <input type="checkbox"/> Julian Bakery Paleo Wraps              |   |
| <input type="checkbox"/> Konjac Glucomannon Flour               |   |
| <input type="checkbox"/> Latex                                  |   |
| <input type="checkbox"/> Locust Bean Gum                        |   |
| <input type="checkbox"/> Lycopene                               |   |
| <input type="checkbox"/> Palm Wax                               |   |
| <input type="checkbox"/> Pycnogenol                             |   |
| <input type="checkbox"/> Red Food Dye                           |   |
| <input type="checkbox"/> Red Tomato Paste (gluten free)         |   |
| <input type="checkbox"/> Resveratrol                            |   |
| <input type="checkbox"/> Rice Starch (if certified gluten free) |   |
| <input type="checkbox"/> Silver                                 |   |
| <input type="checkbox"/> Skinny Crisps® (Plain Jane)            |   |
| <input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)   |   |
| <input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)   |   |