Shopping List Page 2		All ingredients must be organic
Nanny Mai		11/20/2017
Ginger	Onion, Green	Pepper, Serrano
Hearts of Palm	Onion, Maui	Pepper, Tabasco
	Onion, Rod	Prickly Pear
Jioama	Onion, Sweet	Radicchio
Kale, all types	Onion, Yellow	Radish
Kohlrabi	Paprika	Rainbow Chard
	Parsley	Red Repper Flake
Lettuce, all types	Pepper, Anaheim	Rutabaga
Mushrooms	Pepper, Cayenne	Sauerkraut (Bubbies® Brand only)
Mushrooms, Button	Pepper, Chili	Scallions
Mushrooms, Cremeni/Crimini	Papper, Sreen	Shallets
Mushrooms, Maitake	Pepper, Habanero	Spinach
Mushrooms, Shiitake	Pepper, Jalapeño	Swede
Mustard Greens	Pepper, Poblano	Swiss Chard
Olives (without vineger)	Pepper, Red	Tabasco Sauce
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	Maca Root	Pau D'arco	Savory
	Mace Spice	Pepper, Black (see Garlic/Lemon Pepper)	Saw Plametto
	Marjoram	Pepper, Cayenne	Shallots
_	Milk Thistle	Pepper, Red	Spearmint
	Mint	Pepper, Sichuan	St. John's Wort
	Mustard (as a Powder)	Pepper, Szechuch	Sumac
	Mustard Seeds (gluten free)	Pepper/Peppercorns	Tabasco Sauce
	Nutmeg	Peppermint	Tarragon
	Olive Leaf Extract	Pine Bark Extract	Thyme
	Отнон	Red-Papper Flake	Tomatillo
	Onion Powder	Rose Hips	Turmeric
	Oregano	Rosemary	Uva Ursi
	Paprika	Saffron	Valerian
	Paprika (smoked)	Sage	Vanilla Bean
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11/20/2017

Nanny Mai

	Water		Yeast, Brewer's
	Yerba Matte Tea (Organic/Pure)		Yeast, Nutritional
	Zovia Drinks		Snacks
	Miscellaneous		Dates
	Baking Soda (Arm & Hammer®)		Food Additives
			Amnatte-Celering
	Cacao (Raw, Pure, &		Chicory Root
ш	Unsweetened)		Inulin
	Collagen Protein (Powder)	i İ	
	Great Lake's® Beef Gelatin		Palm Wax
	Latex		Tricalcium Phosphate
			Vegan Enzyme
	Lycopene		Vegan Natural Flavors (no
	Red Terriate Paste (gluten free)		new food cat
	Silver		alpha
	Tobacco		bravo
			charlie
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			food name