

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Comfrey
<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Cucumber
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Burdock	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Dandelion Greens
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Arugula	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Endive
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Capers	<input type="checkbox"/> Fennel
<input type="checkbox"/> Avocado	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Garlic
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Ginger
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Beet	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Jicama
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Kelp/Dulse
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Kombu
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Celery	<input type="checkbox"/> Leeks
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Chard	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Bitter Melon	<input type="checkbox"/> Chayote	<input type="checkbox"/> Mushrooms
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Chives	<input type="checkbox"/> Mushrooms, Button
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Mushrooms, Cremini/Crimini
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Mushrooms, Maitake
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Mushrooms, Shiitake

<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Scallions
<input type="checkbox"/> Nori	<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Sea Vegetables
<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Seaweed
<input type="checkbox"/> Okra	<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Shallots
<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Pepper, Tabasco	<input type="checkbox"/> Spinach
<input type="checkbox"/> Onion, Green	<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Spirulina
<input type="checkbox"/> Onion, Maui	<input type="checkbox"/> Pimento	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Onion, Red	<input type="checkbox"/> Potato, Fingerling	<input type="checkbox"/> Swede
<input type="checkbox"/> Onion, Sweet	<input type="checkbox"/> Potato, Purple	<input type="checkbox"/> Swiss Chard
<input type="checkbox"/> Onion, Yellow	<input type="checkbox"/> Potato, Red	<input type="checkbox"/> Taro
<input type="checkbox"/> Paprika	<input type="checkbox"/> Potato, Russet	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Parsley	<input type="checkbox"/> Potato, White	<input type="checkbox"/> Tomato
<input type="checkbox"/> Parsnip	<input type="checkbox"/> Potato, Yukon Gold	<input type="checkbox"/> Tomato, Cherry
<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Tomato, Heirloom
<input type="checkbox"/> Pea, Green	<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Tomato, Orange
<input type="checkbox"/> Pea, Snap	<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Tomato, Red
<input type="checkbox"/> Pea, Snow	<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Tomato, Roma
<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Radicchio	<input type="checkbox"/> Tomato, Sun-dried
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Radish	<input type="checkbox"/> Tomato, Yellow
<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tomatoes, Big Beef
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Truffle
<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Turnip Greens

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| <input type="checkbox"/> Turnips | <input type="checkbox"/> Gooseberries | <input type="checkbox"/> Pear, Asian |
| <input type="checkbox"/> Wasabi Root | <input type="checkbox"/> Grapefruit | <input type="checkbox"/> Persimmons |
| <input type="checkbox"/> Water Chestnut | <input type="checkbox"/> Grapefruit Juice | <input type="checkbox"/> Plum |
| <input type="checkbox"/> Watercress | <input type="checkbox"/> Huckleberry | <input type="checkbox"/> Pomegranate |
| <input type="checkbox"/> Yucca | <input type="checkbox"/> Jack fruit | <input type="checkbox"/> Pomelo |
| <input type="checkbox"/> Zucchini | <input type="checkbox"/> Kumquat | <input type="checkbox"/> Prune |
| <input type="checkbox"/> Fruits | <input type="checkbox"/> Lemon | <input type="checkbox"/> Quince |
| <input type="checkbox"/> Acai | <input type="checkbox"/> Lemon Juice | <input type="checkbox"/> Rambutan |
| <input type="checkbox"/> Apple (all types) | <input type="checkbox"/> Lemon Rind/Peel | <input type="checkbox"/> Raspberry |
| <input type="checkbox"/> Apricot | <input type="checkbox"/> Lime | <input type="checkbox"/> Star Fruit |
| <input type="checkbox"/> Banana | <input type="checkbox"/> Lime Juice | <input type="checkbox"/> Strawberry |
| <input type="checkbox"/> Bilberry | <input type="checkbox"/> Loganberry | <input type="checkbox"/> Tamarind |
| <input type="checkbox"/> Blackberry | <input type="checkbox"/> Longan Fruit | <input type="checkbox"/> Wolfberry |
| <input type="checkbox"/> Blueberry | <input type="checkbox"/> Loquat | <input type="checkbox"/> Youngberry |
| <input type="checkbox"/> Boysenberry | <input type="checkbox"/> Lychee | <input type="checkbox"/> Legumes, Pods, & Pulses |
| <input type="checkbox"/> Carambola | <input type="checkbox"/> Mangosteen | <input type="checkbox"/> Bean, Azuki |
| <input type="checkbox"/> Cherry | <input type="checkbox"/> Maqui | <input type="checkbox"/> Bean, Black |
| <input type="checkbox"/> Currant | <input type="checkbox"/> Monk Fruit (Pure) | <input type="checkbox"/> Bean, Butter |
| <input type="checkbox"/> Dragon Fruit (Pitaya) | <input type="checkbox"/> Mulberry | <input type="checkbox"/> Bean, Cannellini |
| <input type="checkbox"/> Durian Fruit | <input type="checkbox"/> Nectarines | <input type="checkbox"/> Bean, Chana Dahl |
| <input type="checkbox"/> Elderberry | <input type="checkbox"/> Noni | <input type="checkbox"/> Bean, Chili |
| <input type="checkbox"/> Goji Berry | <input type="checkbox"/> Passion Fruit | <input type="checkbox"/> Bean, Green |
| <input type="checkbox"/> Golden Berry | <input type="checkbox"/> Peach | <input type="checkbox"/> Bean, Haricot |
| | <input type="checkbox"/> Pear | |

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| <input type="checkbox"/> Bean, Italian | <input type="checkbox"/> Red Bean Paste | <input type="checkbox"/> Chia Seed (1/4 cup, max) |
| <input type="checkbox"/> Bean, Kidney | <input type="checkbox"/> Soybean oil(must be organic) | <input type="checkbox"/> Coconut, shredded (raw, unsweetened) |
| <input type="checkbox"/> Bean, Lima | <input type="checkbox"/> Soy Beans (must be organic) | <input type="checkbox"/> Coconut Butter |
| <input type="checkbox"/> Bean, Mung | <input type="checkbox"/> Vanilla Bean | <input type="checkbox"/> Coconut Oil |
| <input type="checkbox"/> Bean, Navy | <input type="checkbox"/> Nuts, Seeds, Drupes & Oils | <input type="checkbox"/> Cola Nut (aka Kola Nut) |
| <input type="checkbox"/> Bean, Ninja | <input type="checkbox"/> Almond | <input type="checkbox"/> Cottonseed/Cottonseed Oil |
| <input type="checkbox"/> Bean, Pinto/Frijole | <input type="checkbox"/> Almond, Marcona | <input type="checkbox"/> Duck Fat |
| <input type="checkbox"/> Bean, Red | <input type="checkbox"/> Almond Butter (Artisana®) | <input type="checkbox"/> Fenugreek Seed |
| <input type="checkbox"/> Bean, White | <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Flax Meal |
| <input type="checkbox"/> Beans | <input type="checkbox"/> Almond Flour (gluten free) | <input type="checkbox"/> Flax Oil |
| <input type="checkbox"/> Chickpea (see also Garbanzo Bean) | <input type="checkbox"/> Almond Meal (gluten free) | <input type="checkbox"/> Flax Seed |
| <input type="checkbox"/> Coffee Bean, Organic | <input type="checkbox"/> Almond Oil | <input type="checkbox"/> Hazelnut/Filbert |
| <input type="checkbox"/> Edamame (must be organic) | <input type="checkbox"/> Annatto Seed | <input type="checkbox"/> Hazelnut Flour |
| <input type="checkbox"/> Fava Bean | <input type="checkbox"/> Avocado Oil | <input type="checkbox"/> Hemp Meal |
| <input type="checkbox"/> Fava Bean Flour | <input type="checkbox"/> Borage Seed Oil | <input type="checkbox"/> Hemp Protein (Powder) |
| <input type="checkbox"/> Garbanzo Bean | <input type="checkbox"/> Brazil Nut | <input type="checkbox"/> Hemp Seed |
| <input type="checkbox"/> Garbanzo Flour | <input type="checkbox"/> Canola/Rapeseed Oil | <input type="checkbox"/> Krill Oil |
| <input type="checkbox"/> Kidney Bean | <input type="checkbox"/> Canola Oil, Non-GMO | <input type="checkbox"/> Lard/Tallow (pork) |
| <input type="checkbox"/> Lentil(s) | <input type="checkbox"/> Caraway Seed | <input type="checkbox"/> Macadamia Nut Oil |
| <input type="checkbox"/> Pea, Snap | <input type="checkbox"/> Cashew Butter | <input type="checkbox"/> Macadamia Nuts |
| <input type="checkbox"/> Pea, Snow | <input type="checkbox"/> Cashew Meal | <input type="checkbox"/> MCT Oil |
| <input type="checkbox"/> Pea, Split | <input type="checkbox"/> Cashews | <input type="checkbox"/> Olive Leaf Extract |
| <input type="checkbox"/> Peanut (Organic, Valencia) | <input type="checkbox"/> Chestnut | <input type="checkbox"/> Olive Oil, Virgin |
| <input type="checkbox"/> Peanut Butter (Organic, Maranatha®) | | <input type="checkbox"/> Palm Kernel Oil |

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| <input type="checkbox"/> Peanut Oil (Organic) | <input type="checkbox"/> Tahini | <input type="checkbox"/> Celery Powder |
| <input type="checkbox"/> Pecan Flour | <input type="checkbox"/> Tea, Ramon | <input type="checkbox"/> Celery Seed |
| <input type="checkbox"/> Pecans | <input type="checkbox"/> Tiger Nuts | <input type="checkbox"/> Chaparral |
| <input type="checkbox"/> Pepitas | <input type="checkbox"/> Truffle Oil | <input type="checkbox"/> Chervil |
| <input type="checkbox"/> Pili Nuts | <input type="checkbox"/> Truffle Oil, Black | <input type="checkbox"/> Chili Powder |
| <input type="checkbox"/> Pine Nut | <input type="checkbox"/> Vegetable Shortening (Spectrum®) | <input type="checkbox"/> Chipotle Seasoning |
| <input type="checkbox"/> Pistachios | <input type="checkbox"/> Walnut Oil | <input type="checkbox"/> Cilantro/Coriander |
| <input type="checkbox"/> Poppy seeds | <input type="checkbox"/> Walnuts | <input type="checkbox"/> Cinnamon |
| <input type="checkbox"/> Psyllium Husk | <input type="checkbox"/> Walnuts, Black | <input type="checkbox"/> Cinnamon, Ceylon |
| <input type="checkbox"/> Pumpkin Oil | <input type="checkbox"/> Herbs & Spices | <input type="checkbox"/> Clove Powder |
| <input type="checkbox"/> Pumpkin Seed Oil | <input type="checkbox"/> Allspice | <input type="checkbox"/> Cloves, Madagascar |
| <input type="checkbox"/> Pumpkin Seeds | <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Cloves, Penang |
| <input type="checkbox"/> Ramon Seeds | <input type="checkbox"/> Anise | <input type="checkbox"/> Comfrey |
| <input type="checkbox"/> Rice, Wild (Lundberg® - not the blend) | <input type="checkbox"/> Ashwaganda | <input type="checkbox"/> Cramp Bark Extract |
| <input type="checkbox"/> Sacha Inchi Seeds | <input type="checkbox"/> Astragalus | <input type="checkbox"/> Cream of Tartar |
| <input type="checkbox"/> Safflower/Safflower Seed Oil | <input type="checkbox"/> Basil | <input type="checkbox"/> Cumin |
| <input type="checkbox"/> Sesame Seed Oil | <input type="checkbox"/> Bay Leaf | <input type="checkbox"/> Curcumin |
| <input type="checkbox"/> Sesame Seeds | <input type="checkbox"/> Bell Pepper, Red | <input type="checkbox"/> Curry (must be GF) |
| <input type="checkbox"/> Sesame Seeds, Black | <input type="checkbox"/> Black Cohosh | <input type="checkbox"/> Dandelion Root |
| <input type="checkbox"/> Sunflower Seed Butter | <input type="checkbox"/> Capsicum | <input type="checkbox"/> Dill |
| <input type="checkbox"/> Sunflower Seed Flour | <input type="checkbox"/> Caraway Seed | <input type="checkbox"/> Dong Quai |
| <input type="checkbox"/> Sunflower Seed Lecithin | <input type="checkbox"/> Cardamom | <input type="checkbox"/> Echinacea |
| <input type="checkbox"/> Sunflower Seed Oil | <input type="checkbox"/> Catnip | <input type="checkbox"/> Fennel |
| <input type="checkbox"/> Sunflower Seeds | | <input type="checkbox"/> Fennel Seed |

<input type="checkbox"/> Garam Masala	<input type="checkbox"/> Mesquite	<input type="checkbox"/> Rose Hips
<input type="checkbox"/> Garlic	<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Rosemary
<input type="checkbox"/> Garlic Pepper	<input type="checkbox"/> Mint	<input type="checkbox"/> Saffron
<input type="checkbox"/> Garlic Powder	<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Sage
<input type="checkbox"/> Garlic Salt	<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Sassafras
<input type="checkbox"/> Ginger Powder	<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Savory
<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Saw Plametto
<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Onion	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Onion Powder	<input type="checkbox"/> Sesame Seeds, Black
<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Oregano	<input type="checkbox"/> Shallots
<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Paprika	<input type="checkbox"/> Spearmint
<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> St. John's Wort
<input type="checkbox"/> Hickory	<input type="checkbox"/> Parsley	<input type="checkbox"/> Sumac
<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Pau D'arco	<input type="checkbox"/> Taco Seasoning
<input type="checkbox"/> Jamaican Jerk	<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Juniper Berry	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Tarragon
<input type="checkbox"/> Lavender	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Thyme
<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Turmeric
<input type="checkbox"/> Lemon Pepper	<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Uva Ursi
<input type="checkbox"/> Licorice Root	<input type="checkbox"/> Peppermint	<input type="checkbox"/> Valerian
<input type="checkbox"/> Maca Root	<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Vanilla (gluten and corn-free)
<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Red Clover	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Marjoram	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Vanilla Powder

☐ White Willow Bark Extract☐ Wintergreen☐ Wormwood☐ **Fish & Shellfish**☐ Anchovy☐ Bass☐ Catfish☐ Chilean Sea Bass☐ Clam☐ Cod/ Cod Liver Oil☐ Corvina☐ Crab☐ Crayfish☐ Flounder☐ Haddock☐ Hake☐ **Halibut**☐ Herring☐ Krill☐ Lobster☐ Lox☐ Mackerel☐ Mahi Mahi☐ Mussel☐ Octopus☐ Orange Roughy☐ Oyster☐ Perch☐ Red Snapper☐ Salmon, wild (fresh)☐ Sardines☐ Scallop☐ Shrimp☐ Sole☐ Squid☐ Swai☐ Swordfish☐ Tilapia (Wild, Non-farmed)☐ Trout☐ Tuna☐ Walleye Pike☐ Whitefish/Turbot☐ **Meat & Poultry**☐ Applegate® organic andouille sausage☐ Applegate® organic black forest ham☐ Applegate® organic chicken/apple sausage☐ Applegate® organic ham☐ Applegate® organic herb roasted turkey☐ Applegate® organic hot dogs☐ Applegate® organic red pepper sausage☐ Applegate® organic roast beef☐ Applegate® organic sausage sweet italian☐ Applegate® organic smoked turkey breast☐ Applegate® organic turkey☐ Beef, Grass-fed only (organic)☐ Bison (see also Buffalo)☐ Buffalo (see also Bison)☐ Chicken, free range (organic)☐ Chicken Broth (Imagine® gf/low sodium)☐ Collagen Protein (Powder)☐ Deer (see also Venison)☐ Duck☐ Goat, Grass-fed only (organic)☐ Great Lake's® Beef Gelatin☐ Lamb☐ Ostrich

<input type="checkbox"/> Pheasant	<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Potato Flour (gluten free)
<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Potato Starch (gluten free)
<input type="checkbox"/> Quail	<input type="checkbox"/> Amaranth	<input type="checkbox"/> ProGranola (Julian Bakery)
<input type="checkbox"/> Rabbit	<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Quinoa (gluten free)
<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> Avenin (Gluten-free)	<input type="checkbox"/> Quinoa, Black (gluten free)
<input type="checkbox"/> Veal (organic)	<input type="checkbox"/> Buckwheat	<input type="checkbox"/> Quinoa, Red (gluten free)
<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Buckwheat Flour	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)
<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Simple Mills Ground Sea Salt Almond Crackers
<input type="checkbox"/> No foods in this Category	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers
<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Sorghum
<input type="checkbox"/> Almond Yogurt, unsweetened	<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Sunflower Seed Flour
<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Tapioca
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Tapioca Flour (gluten free)
<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Tapioca Starch (gluten free)
<input type="checkbox"/> Egg, Pasture-raised (from a farmer)	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Teff
<input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Teff Flour
<input type="checkbox"/> Egg Whites, Pasture-raised	<input type="checkbox"/> Julian Bakery Almond Bread	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta
<input type="checkbox"/> Egg Yolks, Pasture-raised	<input type="checkbox"/> Julian Bakery Coconut Bread	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Tortilla, Siete Chia & Cassava
<input type="checkbox"/> Paleo Cheese (Julianbakery.com or	<input type="checkbox"/> Mikey's Original English Muffin	
	<input type="checkbox"/> Mikey's Pizza crust	
	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	
	<input type="checkbox"/> Oats (Certified GF)	

<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)	<input type="checkbox"/> Splenda
<input type="checkbox"/> No foods in this Category	<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Sucanat
<input type="checkbox"/> Corn-Derived Foods	<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Sucralose
<input type="checkbox"/> No foods in this Category	<input type="checkbox"/> Red Tomato Paste (gluten free)	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Condiments, Spreads & Sauces	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Sweetleaf® Stevia
<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Tapioca Dextrose
<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Tapioca Syrup
<input type="checkbox"/> Carob	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Xyla (Birchwood Xylitol)
<input type="checkbox"/> Cocoa Butter	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Beverages & Protein Powders
<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Vinegar, Beet	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)
<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Bone Broth Protein, Beef
<input type="checkbox"/> Distilled White Vinegar	<input type="checkbox"/> Aspartame	<input type="checkbox"/> Carrot Juice
<input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard	<input type="checkbox"/> Chocolate, Dark	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)
<input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread	<input type="checkbox"/> Fruit Pectin	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)
<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> Jerusalem Artichoke Syrup	<input type="checkbox"/> Coconut Water (low sugar)
<input type="checkbox"/> Harissa	<input type="checkbox"/> Just Like Sugar®	<input type="checkbox"/> Coffee (Brewed and Not Instant)
<input type="checkbox"/> Horseradish Mustard, Gluten-free (Annie's®)	<input type="checkbox"/> Lo Han	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Hummus	<input type="checkbox"/> Maltodextrin (Tapioca-based)	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Kosher Salt	<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Echinacea Tea
<input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)	<input type="checkbox"/> Monk Fruit Extract	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Nutrasweet®	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil	<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Green Tea
<input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil	<input type="checkbox"/> Sorbitol	<input type="checkbox"/> Hemp Protein (Powder)

<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Snacks
<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Antimony	<input type="checkbox"/> Chewing Gum, Xylicew®
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Skinny Crisps® (Plain Jane)
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Bone Broth, Beef	<input type="checkbox"/> Food Additives
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Cacao (Raw, Pure, & Unsweetened)	<input type="checkbox"/> Acacia Gum
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)	<input type="checkbox"/> Agar Gum
<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Annatto Coloring
<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple)	<input type="checkbox"/> Arabic Gum
<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Asafoetida Powder
<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Hops	<input type="checkbox"/> Blue Food Dye
<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Julian Bakery Paleo Wraps	<input type="checkbox"/> Carrageenan Gum
<input type="checkbox"/> Tea, Chicory Root	<input type="checkbox"/> Latex	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Lycopene	<input type="checkbox"/> Formaldehyde
<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Modified Food Starch (Tapioca-based)	<input type="checkbox"/> Guar Gum
<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Red Tomato Paste (gluten free)	<input type="checkbox"/> Inulin
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Silver	<input type="checkbox"/> Lactic Acid (beet-derived)
<input type="checkbox"/> Tea, Roobios	<input type="checkbox"/> Tobacco	<input type="checkbox"/> Locust Bean Gum
<input type="checkbox"/> Tea, Unflavored	<input type="checkbox"/> Tofu (Organic)	<input type="checkbox"/> MSG/MonosodiumGlutatmate
<input type="checkbox"/> Tea, White	<input type="checkbox"/> Vegetable broth (Imagine® Low Sodium)	<input type="checkbox"/> Palm Wax
<input type="checkbox"/> Vodka, Potato		<input type="checkbox"/> Pea Protein Isolate
<input type="checkbox"/> Water		<input type="checkbox"/> Pea Starch
<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)		<input type="checkbox"/> Potato Protein
<input type="checkbox"/> Zevia Drinks		<input type="checkbox"/> Red Food Dye

- ☐ Sodium Alginate
- ☐ Tragacanth Gum
- ☐ Tricalcium Phosphate
- ☐ Vegan Enzyme
- ☐ Vegan Natural Flavors (no MSG)
- ☐ Vegan Natural Flavors (with MSG)