

Manny Woo

11/18/2017

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|---|---|--|
| <input type="checkbox"/> Vegetables                         | <input type="checkbox"/> Broccolini                           | <input type="checkbox"/> Coconut (raw and unsweetened) |
| <input type="checkbox"/> Alfalfa Grass                      | <input type="checkbox"/> Broccoli Rabe                        | <input type="checkbox"/> Coconut Concentrate           |
| <input type="checkbox"/> Alfalfa Sprouts                    | <input type="checkbox"/> Broccoli Sprouts                     | <input type="checkbox"/> Collard Greens                |
| <input type="checkbox"/> Aloe Vera                          | <input type="checkbox"/> Brussels Sprout                      | <input type="checkbox"/> Comfrey                       |
| <input type="checkbox"/> Artichoke (not pickled)            | <input type="checkbox"/> Burdock                              | <input type="checkbox"/> Cucumber                      |
| <input type="checkbox"/> Artichoke, Jerusalem (not pickled) | <input type="checkbox"/> Cabbage, Chinese (see also Bok Choy) | <input type="checkbox"/> Daikon Radish                 |
| <input type="checkbox"/> Arugula                            | <input type="checkbox"/> Cabbage, Green                       | <input type="checkbox"/> Dandelion Greens              |
| <input type="checkbox"/> Asparagus                          | <input type="checkbox"/> Cabbage, Purple                      | <input type="checkbox"/> Dandelion Root                |
| <input type="checkbox"/> Avocado                            | <input type="checkbox"/> Cactus (Nopales)                     | <input type="checkbox"/> Eggplant                      |
| <input type="checkbox"/> Bamboo Shoot                       | <input type="checkbox"/> Capers                               | <input type="checkbox"/> Endive                        |
| <input type="checkbox"/> Barley Grass (can have gluten)     | <input type="checkbox"/> Capsicum                             | <input type="checkbox"/> Fennel                        |
| <input type="checkbox"/> Barley Greens (may contain gluten) | <input type="checkbox"/> Carrot, Orange                       | <input type="checkbox"/> Garlic                        |
| <input type="checkbox"/> Bean, Green                        | <input type="checkbox"/> Carrot, Purple                       | <input type="checkbox"/> Ginger                        |
| <input type="checkbox"/> Bean Sprout                        | <input type="checkbox"/> Carrot, White                        | <input type="checkbox"/> Hearts of Palm                |
| <input type="checkbox"/> Beet                               | <input type="checkbox"/> Carrot, Yellow                       | <input type="checkbox"/> Horseradish                   |
| <input type="checkbox"/> Beet Greens                        | <input type="checkbox"/> Carrot Juice                         | <input type="checkbox"/> Jicama                        |
| <input type="checkbox"/> Bell Pepper                        | <input type="checkbox"/> Cassava (see Tapioca and Yucca)      | <input type="checkbox"/> Kale, all types               |
| <input type="checkbox"/> Bell Pepper, Green                 | <input type="checkbox"/> Cauliflower                          | <input type="checkbox"/> Kelp/Dulse                    |
| <input type="checkbox"/> Bell Pepper, Orange                | <input type="checkbox"/> Cauliflower, Purple                  | <input type="checkbox"/> Kohlrabi                      |
| <input type="checkbox"/> Bell Pepper, Red                   | <input type="checkbox"/> Celery                               | <input type="checkbox"/> Kombu                         |
| <input type="checkbox"/> Bell Pepper, Yellow                | <input type="checkbox"/> Chard                                | <input type="checkbox"/> Leeks                         |
| <input type="checkbox"/> Bitter Melon                       | <input type="checkbox"/> Chayote                              | <input type="checkbox"/> Lettuce, all types            |
| <input type="checkbox"/> Bok Choy                           | <input type="checkbox"/> Chives                               | <input type="checkbox"/> Mushrooms                     |
| <input type="checkbox"/> Broccoli                           |   |  |

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<input type="checkbox"/> Mushrooms, Button	<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Radicchio
<input type="checkbox"/> Mushrooms, Cremini/Crimini	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Radish
<input type="checkbox"/> Mushrooms, Maitake	<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Rainbow Chard
<input type="checkbox"/> Mushrooms, Shiitake	<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Red Pepper Flake
<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Rhubarb
<input type="checkbox"/> Nori	<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Rutabaga
<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)	<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Okra	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Scallions
<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Sea Vegetables
<input type="checkbox"/> Onion, Green	<input type="checkbox"/> Pepper, Tabasco	<input type="checkbox"/> Seaweed
<input type="checkbox"/> Onion, Maui	<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Shallots
<input type="checkbox"/> Onion, Red	<input type="checkbox"/> Pimento	<input type="checkbox"/> Spinach
<input type="checkbox"/> Onion, Sweet	<input type="checkbox"/> Potato, Fingerling	<input type="checkbox"/> Spirulina
<input type="checkbox"/> Onion, Yellow	<input type="checkbox"/> Potato, Purple	<input type="checkbox"/> Squash
<input type="checkbox"/> Paprika	<input type="checkbox"/> Potato, Red	<input type="checkbox"/> Squash, Acorn
<input type="checkbox"/> Parsley	<input type="checkbox"/> Potato, Russet	<input type="checkbox"/> Squash, Butternut
<input type="checkbox"/> Parsnip	<input type="checkbox"/> Potato, Sweet	<input type="checkbox"/> Squash, Green
<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Potato, White	<input type="checkbox"/> Squash, Spaghetti
<input type="checkbox"/> Pea, Green	<input type="checkbox"/> Potato, Yukon Gold	<input type="checkbox"/> Squash, Summer
<input type="checkbox"/> Pea, Snap	<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Squash, Winter
<input type="checkbox"/> Pea, Snow	<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Squash, Yellow
<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Swede

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<input type="checkbox"/> Sweet Potato, Red	<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)	<input type="checkbox"/> Dried Fruit
<input type="checkbox"/> Sweet Potatoes, White	<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Durian Fruit
<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Elderberry
<input type="checkbox"/> Tabasco Sauce	<input type="checkbox"/> Yucca	<input type="checkbox"/> Fig
<input type="checkbox"/> Taro	<input type="checkbox"/> Zucchini	<input type="checkbox"/> Goji Berry
<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Fruits	<input type="checkbox"/> Golden Berry
<input type="checkbox"/> Tomato	<input type="checkbox"/> Acai	<input type="checkbox"/> Gooseberries
<input type="checkbox"/> Tomato, Cherry	<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Grape
<input type="checkbox"/> Tomato, Heirloom	<input type="checkbox"/> Apricot	<input type="checkbox"/> Grape, Green
<input type="checkbox"/> Tomato, Orange	<input type="checkbox"/> Banana	<input type="checkbox"/> Grape, Purple
<input type="checkbox"/> Tomato, Red	<input type="checkbox"/> Bilberry	<input type="checkbox"/> Grape, Red
<input type="checkbox"/> Tomato, Roma	<input type="checkbox"/> Blackberry	<input type="checkbox"/> Grape, White
<input type="checkbox"/> Tomato, Sun-dried	<input type="checkbox"/> Blueberry	<input type="checkbox"/> Grapefruit
<input type="checkbox"/> Tomato, Yellow	<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Tomatoes, Big Beef	<input type="checkbox"/> Cantaloupe	<input type="checkbox"/> Ground Cherries
<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Cape Gooseberries	<input type="checkbox"/> Guava
<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Carambola	<input type="checkbox"/> Huckleberry
<input type="checkbox"/> Truffle	<input type="checkbox"/> Cherry	<input type="checkbox"/> Jack fruit
<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Clementine	<input type="checkbox"/> Kiwi
<input type="checkbox"/> Turnips	<input type="checkbox"/> Cranberry	<input type="checkbox"/> Kumquat
<input type="checkbox"/> Wasabi Root	<input type="checkbox"/> Cranberry Juice	<input type="checkbox"/> Lemon
<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Currant	<input type="checkbox"/> Lemon Juice
<input type="checkbox"/> Watercress	<input type="checkbox"/> Dates	<input type="checkbox"/> Lemon Rind/Peel
	<input type="checkbox"/> Dragon Fruit (Pitaya)	

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<input type="checkbox"/> Lime	<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Legumes, Pods, & Pulses
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Persimmons	<input type="checkbox"/> Bean, Azuki
<input type="checkbox"/> Loganberry	<input type="checkbox"/> Pineapple	<input type="checkbox"/> Bean, Black
<input type="checkbox"/> Longan Fruit	<input type="checkbox"/> Plantain	<input type="checkbox"/> Bean, Butter
<input type="checkbox"/> Loquat	<input type="checkbox"/> Plum	<input type="checkbox"/> Bean, Cannellini
<input type="checkbox"/> Lychee	<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Bean, Chana Dahl
<input type="checkbox"/> Mango	<input type="checkbox"/> Pomelo	<input type="checkbox"/> Bean, Chili
<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Prune	<input type="checkbox"/> Bean, Green
<input type="checkbox"/> Maqui	<input type="checkbox"/> Quince	<input type="checkbox"/> Bean, Haricot
<input type="checkbox"/> Melon, Honeydew	<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Bean, Italian
<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Rambutan	<input type="checkbox"/> Bean, Kidney
<input type="checkbox"/> Mulberry	<input type="checkbox"/> Raspberry	<input type="checkbox"/> Bean, Lima
<input type="checkbox"/> Nectarines	<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Bean, Mung
<input type="checkbox"/> Noni	<input type="checkbox"/> Strawberry	<input type="checkbox"/> Bean, Navy
<input type="checkbox"/> Orange	<input type="checkbox"/> Tamarind	<input type="checkbox"/> Bean, Ninja
<input type="checkbox"/> Orange, Blood	<input type="checkbox"/> Tangelo	<input type="checkbox"/> Bean, Pinto/Frijole
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Tangerine	<input type="checkbox"/> Bean, Red
<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Watermelon	<input type="checkbox"/> Bean, White
<input type="checkbox"/> Oranges, Mandarin	<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Beans
<input type="checkbox"/> Papaya	<input type="checkbox"/> Youngberry	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)
<input type="checkbox"/> Passion Fruit		<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Peach		<input type="checkbox"/> Edamame (must be organic)
<input type="checkbox"/> Pear		<input type="checkbox"/> Fava Bean
		<input type="checkbox"/> Fava Bean Flour

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| <input type="checkbox"/> Garbanzo Bean                         | <input type="checkbox"/> Borage Seed Oil                      | <input type="checkbox"/> Hemp Meal             |
| <input type="checkbox"/> Garbanzo Flour                        | <input type="checkbox"/> Brazil Nut                           | <input type="checkbox"/> Hemp Protein (Powder) |
| <input type="checkbox"/> Kidney Bean                           | <input type="checkbox"/> Canola/Rapeseed Oil                  | <input type="checkbox"/> Hemp Seed             |
| <input type="checkbox"/> Lentil(s)                             | <input type="checkbox"/> Canola Oil, Non-GMO                  | <input type="checkbox"/> Krill Oil             |
| <input type="checkbox"/> Miso                                  | <input type="checkbox"/> Caraway Seed                         | <input type="checkbox"/> Lard/Tallow (pork)    |
| <input type="checkbox"/> Pea, Snap                             | <input type="checkbox"/> Cashew Butter                        | <input type="checkbox"/> Macadamia Nut Oil     |
| <input type="checkbox"/> Pea, Snow                             | <input type="checkbox"/> Cashew Meal                          | <input type="checkbox"/> Macadamia Nuts        |
| <input type="checkbox"/> Pea, Split                            | <input type="checkbox"/> Cashews                              | <input type="checkbox"/> MCT Oil               |
| <input type="checkbox"/> Peanut (Organic, Valencia)            | <input type="checkbox"/> Chestnut                             | <input type="checkbox"/> Olive Leaf Extract    |
| <input type="checkbox"/> Peanut Butter (Organic, Maranatha®)   | <input type="checkbox"/> Chia Seed (1/4 cup, max)             | <input type="checkbox"/> Olive Oil, Virgin     |
| <input type="checkbox"/> Red Bean Paste                        | <input type="checkbox"/> Coconut, shredded (raw, unsweetened) | <input type="checkbox"/> Palm Kernel Oil       |
| <input type="checkbox"/> Soybean oil(must be organic)          | <input type="checkbox"/> Coconut Butter                       | <input type="checkbox"/> Peanut Oil (Organic)  |
| <input type="checkbox"/> Soy Beans (must be organic)           | <input type="checkbox"/> Coconut Oil                          | <input type="checkbox"/> Pecan Flour           |
| <input type="checkbox"/> Vanilla Bean                          | <input type="checkbox"/> Cola Nut (aka Kola Nut)              | <input type="checkbox"/> Pecans                |
| <input type="checkbox"/> <b>Nuts, Seeds, Drupes &amp; Oils</b> | <input type="checkbox"/> Cottonseed/Cottonseed Oil            | <input type="checkbox"/> Pepitas               |
| <input type="checkbox"/> Almond                                | <input type="checkbox"/> Duck Fat                             | <input type="checkbox"/> Pili Nuts             |
| <input type="checkbox"/> Almond, Marcona                       | <input type="checkbox"/> Fenugreek Seed                       | <input type="checkbox"/> Pine Nut              |
| <input type="checkbox"/> Almond Butter (Artisana®)             | <input type="checkbox"/> Flax Meal                            | <input type="checkbox"/> Pistachios            |
| <input type="checkbox"/> Almond Flavor (natural, gluten free)  | <input type="checkbox"/> Flax Oil                             | <input type="checkbox"/> Poppy seeds           |
| <input type="checkbox"/> Almond Flour (gluten free)            | <input type="checkbox"/> Flax Seed                            | <input type="checkbox"/> Psyllium Husk         |
| <input type="checkbox"/> Almond Meal (gluten free)             | <input type="checkbox"/> Grapeseed Oil, Organic               | <input type="checkbox"/> Pumpkin Oil           |
| <input type="checkbox"/> Almond Oil                            | <input type="checkbox"/> Hazelnut/Filbert                     | <input type="checkbox"/> Pumpkin Seed Oil      |
| <input type="checkbox"/> Annatto Seed                          | <input type="checkbox"/> Hazelnut Flour                       | <input type="checkbox"/> Pumpkin Seeds         |
| <input type="checkbox"/> Avocado Oil                           |   |  |

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|---|---|--|
| <input type="checkbox"/> Ramon Seeds                            | <input type="checkbox"/> <b>Herbs &amp; Spices</b>            | <input type="checkbox"/> Clove Powder        |
| <input type="checkbox"/> Rice, Wild (Lundberg® - not the blend) | <input type="checkbox"/> Allspice                             | <input type="checkbox"/> Cloves, Madagascar  |
| <input type="checkbox"/> Rice Bran Oil                          | <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Cloves, Penang      |
| <input type="checkbox"/> Sacha Inchi Seeds                      | <input type="checkbox"/> Anise                                | <input type="checkbox"/> Comfrey             |
| <input type="checkbox"/> Safflower/Safflower Seed Oil           | <input type="checkbox"/> Ashwaganda                           | <input type="checkbox"/> Cramp Bark Extract  |
| <input type="checkbox"/> Sesame Seed Oil                        | <input type="checkbox"/> Astragalus                           | <input type="checkbox"/> Cream of Tartar     |
| <input type="checkbox"/> Sesame Seeds                           | <input type="checkbox"/> Basil                                | <input type="checkbox"/> Cumin               |
| <input type="checkbox"/> Sesame Seeds, Black                    | <input type="checkbox"/> Bay Leaf                             | <input type="checkbox"/> Curcumin            |
| <input type="checkbox"/> Sunflower Seed Butter                  | <input type="checkbox"/> Bell Pepper, Red                     | <input type="checkbox"/> Curry (must be GF)  |
| <input type="checkbox"/> Sunflower Seed Flour                   | <input type="checkbox"/> Black Cohosh                         | <input type="checkbox"/> Dandelion Root      |
| <input type="checkbox"/> Sunflower Seed Lecithin                | <input type="checkbox"/> Capsicum                             | <input type="checkbox"/> Dill                |
| <input type="checkbox"/> Sunflower Seed Oil                     | <input type="checkbox"/> Caramel Coloring                     | <input type="checkbox"/> Dong Quai           |
| <input type="checkbox"/> Sunflower Seeds                        | <input type="checkbox"/> Caraway Seed                         | <input type="checkbox"/> Echinacea           |
| <input type="checkbox"/> Tahini                                 | <input type="checkbox"/> Cardamom                             | <input type="checkbox"/> Fennel              |
| <input type="checkbox"/> Tea, Ramon                             | <input type="checkbox"/> Catnip                               | <input type="checkbox"/> Fennel Seed         |
| <input type="checkbox"/> Tiger Nuts                             | <input type="checkbox"/> Celery Powder                        | <input type="checkbox"/> Garam Masala        |
| <input type="checkbox"/> Truffle Oil                            | <input type="checkbox"/> Celery Seed                          | <input type="checkbox"/> Garlic              |
| <input type="checkbox"/> Truffle Oil, Black                     | <input type="checkbox"/> Chaparral                            | <input type="checkbox"/> Garlic Pepper       |
| <input type="checkbox"/> Vegetable Shortening (Spectrum®)       | <input type="checkbox"/> Chervil                              | <input type="checkbox"/> Garlic Powder       |
| <input type="checkbox"/> Walnut Oil                             | <input type="checkbox"/> Chili Powder                         | <input type="checkbox"/> Garlic Salt         |
| <input type="checkbox"/> Walnuts                                | <input type="checkbox"/> Chipotle Seasoning                   | <input type="checkbox"/> Ginger Powder       |
| <input type="checkbox"/> Walnuts, Black                         | <input type="checkbox"/> Cilantro/Coriander                   | <input type="checkbox"/> Ginkgo Biloba       |
|   | <input type="checkbox"/> Cinnamon                             | <input type="checkbox"/> Ginseng (All Types) |
|   | <input type="checkbox"/> Cinnamon, Ceylon                     |  |

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<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Rosemary
<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Saffron
<input type="checkbox"/> Grapeseed Extract	<input type="checkbox"/> Onion	<input type="checkbox"/> Sage
<input type="checkbox"/> Guarana	<input type="checkbox"/> Onion Powder	<input type="checkbox"/> Sassafras
<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Savory
<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Orange Salt	<input type="checkbox"/> Saw Plametto
<input type="checkbox"/> Hickory	<input type="checkbox"/> Oregano	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Paprika	<input type="checkbox"/> Sesame Seeds, Black
<input type="checkbox"/> Jamaican Jerk	<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Shallots
<input type="checkbox"/> Juniper Berry	<input type="checkbox"/> Parsley	<input type="checkbox"/> Spearmint
<input type="checkbox"/> Lavender	<input type="checkbox"/> Pau D'arco	<input type="checkbox"/> St. John's Wort
<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Sumac
<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Tabasco Sauce
<input type="checkbox"/> Lemon Pepper	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Taco Seasoning
<input type="checkbox"/> Licorice Root	<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Maca Root	<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Tarragon
<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Thyme
<input type="checkbox"/> Marjoram	<input type="checkbox"/> Peppermint	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Mesquite	<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Turmeric
<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)	<input type="checkbox"/> Uva Ursi
<input type="checkbox"/> Mint	<input type="checkbox"/> Red Clover	<input type="checkbox"/> Valerian
<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Vanilla (gluten and corn-free)
<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Vanilla Bean

<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> <b>Meat &amp; Poultry</b>
<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Mussel	<input type="checkbox"/> Applegate® organic andouille sausage
<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Octopus	<input type="checkbox"/> Applegate® organic bacon
<input type="checkbox"/> Wormwood	<input type="checkbox"/> Orange Roughy	<input type="checkbox"/> Applegate® organic black forest ham
<input type="checkbox"/> <b>Fish &amp; Shellfish</b>	<input type="checkbox"/> Oyster	<input type="checkbox"/> Applegate® organic chicken
<input type="checkbox"/> Anchovy	<input type="checkbox"/> Perch	<input type="checkbox"/> Applegate® organic chicken/apple sausage
<input type="checkbox"/> Bass	<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Applegate® organic ham
<input type="checkbox"/> Catfish	<input type="checkbox"/> Salmon, wild (fresh)	<input type="checkbox"/> Applegate® organic herb roasted turkey
<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Sardines	<input type="checkbox"/> Applegate® organic hot dogs
<input type="checkbox"/> Clam	<input type="checkbox"/> Scallop	<input type="checkbox"/> Applegate® organic red pepper sausage
<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Shrimp	<input type="checkbox"/> Applegate® organic roast beef
<input type="checkbox"/> Corvina	<input type="checkbox"/> Sole	<input type="checkbox"/> Applegate® organic sausage sweet italian
<input type="checkbox"/> Crab	<input type="checkbox"/> Squid	<input type="checkbox"/> Applegate® organic smoked chicken breast
<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Swai	<input type="checkbox"/> Applegate® organic smoked turkey breast
<input type="checkbox"/> Crayfish	<input type="checkbox"/> Swordfish	<input type="checkbox"/> Applegate® organic spinach & feta sausage
<input type="checkbox"/> Flounder	<input type="checkbox"/> Tilapia (Wild, Non-farmed)	<input type="checkbox"/> Applegate® organic turkey
<input type="checkbox"/> Haddock	<input type="checkbox"/> Trout	<input type="checkbox"/> Applegate® organic turkey bacon
<input type="checkbox"/> Hake	<input type="checkbox"/> Tuna	<input type="checkbox"/> Beef, Grass-fed only (organic)
<input type="checkbox"/> Halibut	<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Herring	<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Krill		<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> Lobster		<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)
<input type="checkbox"/> Lox		<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Mackerel		<input type="checkbox"/> Deer (see also Venison)



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| <input type="checkbox"/> Duck                                      | <input type="checkbox"/> Cheese, Goat                   | <input type="checkbox"/> Kefir, Raw                                    |
| <input type="checkbox"/> Goat, Grass-fed only (organic)            | <input type="checkbox"/> Cheese, Gorgonzola             | <input type="checkbox"/> Lactic Acid (milk-derived)                    |
| <input type="checkbox"/> Great Lake's® Beef Gelatin                | <input type="checkbox"/> Cheese, Gouda                  | <input type="checkbox"/> Lactoalbumin                                  |
| <input type="checkbox"/> Lamb                                      | <input type="checkbox"/> Cheese, Havarti                | <input type="checkbox"/> Milk, Buffalo                                 |
| <input type="checkbox"/> Ostrich                                   | <input type="checkbox"/> Cheese, Machego                | <input type="checkbox"/> Milk, Cow                                     |
| <input type="checkbox"/> Pheasant                                  | <input type="checkbox"/> Cheese, Marscapone             | <input type="checkbox"/> Milk, Goat                                    |
| <input type="checkbox"/> Pork, (organic)                           | <input type="checkbox"/> Cheese, Mozzarella (Raw)       | <input type="checkbox"/> Milk, Sheep                                   |
| <input type="checkbox"/> Quail                                     | <input type="checkbox"/> Cheese, Muenster               | <input type="checkbox"/> Milk Chocolate                                |
| <input type="checkbox"/> Rabbit                                    | <input type="checkbox"/> Cheese, Parmesan               | <input type="checkbox"/> Mozzarella Cheese                             |
| <input type="checkbox"/> Turkey (organic)                          | <input type="checkbox"/> Cheese, Pecorino               | <input type="checkbox"/> Sour Cream, Raw and Unpasteurized             |
| <input type="checkbox"/> Veal (organic)                            | <input type="checkbox"/> Cheese, Provolone              | <input type="checkbox"/> Whey  |
| <input type="checkbox"/> Venison (see also Deer)                   | <input type="checkbox"/> Cheese, Raw and Pasture-raised | <input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>                   |
| <input type="checkbox"/> <b>Milk-Containing Foods</b>              | <input type="checkbox"/> Cheese, Ricotta                | <input type="checkbox"/> Almond Milk, unsweetened (no tapioca)         |
| <input type="checkbox"/> Applegate® organic spinach & feta sausage | <input type="checkbox"/> Cheese, Romano                 | <input type="checkbox"/> Almond Yogurt, unsweetened                    |
| <input type="checkbox"/> Butter, Raw and Pasture-raised            | <input type="checkbox"/> Cheese, Sheep                  | <input type="checkbox"/> BodyPro Avocado Oil Mayonnaise                |
| <input type="checkbox"/> Buttermilk                                | <input type="checkbox"/> Cheese, String (Mozzarella)    | <input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)        |
| <input type="checkbox"/> Casein                                    | <input type="checkbox"/> Cheese, Swiss                  | <input type="checkbox"/> Coconut Milk (Native Forest or Natural Value) |
| <input type="checkbox"/> Cheese, American                          | <input type="checkbox"/> Chocolate, Milk                | <input type="checkbox"/> Egg, Pasture-raised (from a farmer)           |
| <input type="checkbox"/> Cheese, Asiago                            | <input type="checkbox"/> Chocolate, White               | <input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®           |
| <input type="checkbox"/> Cheese, Bleu                              | <input type="checkbox"/> Cream, Raw and Unpasteurized   | <input type="checkbox"/> Egg Whites, Pasture-raised                    |
| <input type="checkbox"/> Cheese, Brie                              | <input type="checkbox"/> Ghee (Pasture-Raised, Organic) | <input type="checkbox"/> Egg Yolks, Pasture-raised                     |
| <input type="checkbox"/> Cheese, Cheddar (Raw)                     | <input type="checkbox"/> Goat Cheese                    | <input type="checkbox"/> Milk, Soy (Organic)                           |
| <input type="checkbox"/> Cheese, Cottage                           | <input type="checkbox"/> Goat Kefir                     | <input type="checkbox"/> Paleo Cheese (Julianbakery.com or             |
| <input type="checkbox"/> Cheese, Feta                              |   |  |

<input type="checkbox"/> <b>Gluten-Free Grains</b>	<input type="checkbox"/> Mikey's Pizza crust	<input type="checkbox"/> Simple Mills Cracked Black Pepper Almond Crackers
<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Mikey's Sliced Bread Loaf	<input type="checkbox"/> Simple Mills Ground Sea Salt Almond Crackers
<input type="checkbox"/> Amaranth	<input type="checkbox"/> Millet	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers
<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers
<input type="checkbox"/> Avenin (Gluten-free)	<input type="checkbox"/> Oats (Certified GF)	<input type="checkbox"/> Sorghum
<input type="checkbox"/> Basmati Rice (gluten free)	<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Sunflower Seed Flour
<input type="checkbox"/> Brown Rice Flour	<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Sweet Potato Flour (gluten free)
<input type="checkbox"/> Buckwheat	<input type="checkbox"/> ProGranola (Julian Bakery)	<input type="checkbox"/> Tapioca
<input type="checkbox"/> Buckwheat Flour	<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Tapioca Flour (gluten free)
<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Tapioca Starch (gluten free)
<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Teff
<input type="checkbox"/> Ener-G Brown Rice Yeast-Free Bread	<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Teff Flour
<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava
<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Rice, Purple (gluten free)	<input type="checkbox"/> <b>Gluten-Containing Foods</b>
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Allulose
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Avenin
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Barley
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Barley Grass (can have gluten)
<input type="checkbox"/> Julian Bakery Almond Bread	<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Barley Greens (may contain gluten)
<input type="checkbox"/> Julian Bakery Coconut Bread	<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Barley Juice (may contain gluten)
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Simple Mills - Everything Sprouted Seed Cracker	<input type="checkbox"/> Beer
<input type="checkbox"/> Mikey's Original English Muffin		<input type="checkbox"/> Bran

<input type="checkbox"/> Bread	<input type="checkbox"/> Rye	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise
<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Semolina	<input type="checkbox"/> Carob
<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Soy Sauce	<input type="checkbox"/> Cocoa Butter
<input type="checkbox"/> Cheese, Bleu	<input type="checkbox"/> Spelt	<input type="checkbox"/> Coconut Aminos®
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Teechino	<input type="checkbox"/> Coconut Cream
<input type="checkbox"/> Couscous	<input type="checkbox"/> Teriyaki Sauce	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)
<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Triticale	<input type="checkbox"/> Cream, Raw and Unpasteurized
<input type="checkbox"/> Durum Wheat	<input type="checkbox"/> Vinegar	<input type="checkbox"/> Distilled White Vinegar
<input type="checkbox"/> Egyptian Wheat	<input type="checkbox"/> Vinegar, Malt	<input type="checkbox"/> Dressing, Primal Kitchen Greek Avocado Oil
<input type="checkbox"/> Farro	<input type="checkbox"/> Vinegar, White	<input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard
<input type="checkbox"/> Gliadin	<input type="checkbox"/> Vodka, Rye or Grain	<input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread
<input type="checkbox"/> Gluten	<input type="checkbox"/> Wheat (All Types)	<input type="checkbox"/> Earth Balance® Coconut Spread
<input type="checkbox"/> Graham (wheat)	<input type="checkbox"/> Wheat Germ	<input type="checkbox"/> Harissa
<input type="checkbox"/> Kamut	<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)	<input type="checkbox"/> Horseradish Mustard, Gluten-free (Annie's®)
<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> <b>Corn-Derived Foods</b>	<input type="checkbox"/> Hummus
<input type="checkbox"/> Malt	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	<input type="checkbox"/> Ketchup (Organicville)
<input type="checkbox"/> Maltodextrin (Barley-derived)	<input type="checkbox"/> <b>Condiments, Spreads &amp; Sauces</b>	<input type="checkbox"/> Kosher Salt
<input type="checkbox"/> Miso	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)
<input type="checkbox"/> Oats	<input type="checkbox"/> Balsamic Vinegar (w/ Caramel or Red Wine Vinegar)	<input type="checkbox"/> Liquid Smoke (can have gluten)
<input type="checkbox"/> Oats, GF (not Certified) can have gluten	<input type="checkbox"/> Balsamic Vinegar (with Red Wine Vinegar)	<input type="checkbox"/> Liquid Smoke gluten free (natural)
<input type="checkbox"/> Orzo	<input type="checkbox"/> Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar)	<input type="checkbox"/> Mayonnaise
<input type="checkbox"/> Panko	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil
<input type="checkbox"/> Polish Wheat	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup	<input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil
	<input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup	

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| <input type="checkbox"/> Mustard, Brown (Eden® gf mustard)           | <input type="checkbox"/> Vinegar, White                          | <input type="checkbox"/> Maltodextrin (Tapioca-based)             |
| <input type="checkbox"/> Olives (without vinegar)                    | <input type="checkbox"/> Vinegar, White Wine                     | <input type="checkbox"/> Maple Sugar                              |
| <input type="checkbox"/> Red Bean Paste                              | <input type="checkbox"/> <b>Sweeteners</b>                       | <input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic) |
| <input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free) | <input type="checkbox"/> Agave Nectar                            | <input type="checkbox"/> Molasses                                 |
| <input type="checkbox"/> Red Tomato Paste (gluten free)              | <input type="checkbox"/> Aspartame                               | <input type="checkbox"/> Monk Fruit (Pure)                        |
| <input type="checkbox"/> Sauerkraut (Bubbies® Brand only)            | <input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup | <input type="checkbox"/> Monk Fruit Extract                       |
| <input type="checkbox"/> Sherry Vinegar                              | <input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)  | <input type="checkbox"/> Nutrasweet®                              |
| <input type="checkbox"/> Sour Cream, Raw and Unpasteurized           | <input type="checkbox"/> Brown Sugar                             | <input type="checkbox"/> Rebiana Leaf (Stevia)                    |
| <input type="checkbox"/> Soy Sauce                                   | <input type="checkbox"/> Cane Syrup                              | <input type="checkbox"/> Sorbitol                                 |
| <input type="checkbox"/> Tabasco Sauce                               | <input type="checkbox"/> Chocolate, Dark                         | <input type="checkbox"/> Splenda                                  |
| <input type="checkbox"/> Tamari (Wheat Free)                         | <input type="checkbox"/> Chocolate, Milk                         | <input type="checkbox"/> Sucanat                                  |
| <input type="checkbox"/> Teriyaki Sauce                              | <input type="checkbox"/> Chocolate, White                        | <input type="checkbox"/> Sucralose                                |
| <input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)        | <input type="checkbox"/> Coconut Palm Sugar                      | <input type="checkbox"/> Sugar Beet                               |
| <input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)        | <input type="checkbox"/> Coconut Sugar                           | <input type="checkbox"/> Sugar Cane                               |
| <input type="checkbox"/> Ume Plum Vinegar                            | <input type="checkbox"/> Date Sugar                              | <input type="checkbox"/> Sweetleaf® Stevia                        |
| <input type="checkbox"/> Veganaise Soy-free (Follow Your Heart®)     | <input type="checkbox"/> Fruit Pectin                            | <input type="checkbox"/> Tapioca Dextrose                         |
| <input type="checkbox"/> Vegetable Shortening (Spectrum®)            | <input type="checkbox"/> Honey, (Organic)                        | <input type="checkbox"/> Tapioca Syrup                            |
| <input type="checkbox"/> Vinegar                                     | <input type="checkbox"/> Honey, Manuka                           | <input type="checkbox"/> Xyla (Birchwood Xylitol)                 |
| <input type="checkbox"/> Vinegar, Beet                               | <input type="checkbox"/> Honey, Wildflower from Mahava®          | <input type="checkbox"/> Yacon Syrup                              |
| <input type="checkbox"/> Vinegar, Distilled                          | <input type="checkbox"/> Jerusalem Artichoke Syrup               |   |
| <input type="checkbox"/> Vinegar, Malt                               | <input type="checkbox"/> Just Like Sugar®                        |   |
| <input type="checkbox"/> Vinegar, Red Wine                           | <input type="checkbox"/> Lo Han                                  |   |
| <input type="checkbox"/> Vinegar, Rice                               | <input type="checkbox"/> Malt                                    |   |
|  | <input type="checkbox"/> Maltodextrin (Barley-derived)           |   |

<input type="checkbox"/> <b>Beverages &amp; Protein Powders</b>	<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Tea, Roobios
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Tea, Unflavored
<input type="checkbox"/> Apple Cider	<input type="checkbox"/> Milk, Buffalo	<input type="checkbox"/> Tea, White
<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Teechino
<input type="checkbox"/> Beer	<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Vodka, Potato
<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Milk, Rice	<input type="checkbox"/> Vodka, Rye or Grain
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Water
<input type="checkbox"/> Casein	<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Whey
<input type="checkbox"/> Cocoa	<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Wine, Red
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Wine, White (Champagne)
<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Zevia Drinks
<input type="checkbox"/> Coffee (Brewed and Not Instant)	<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> <b>Miscellaneous</b>
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> Antimony
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Baking Soda (Arm & Hammer®)
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Beef broth (Imagine® low sodium/GF)
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Bone Broth, Beef
<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Tea, Chicory Root	<input type="checkbox"/> Cacao (Raw, Pure, & Unsweetened)
<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)
<input type="checkbox"/> Green Tea	<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Cocoa
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Tea, Komboucha	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Komboucha Tea	<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple)
<input type="checkbox"/> Lactoalbumin	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chipotle)
<input type="checkbox"/> Lemon Juice		<input type="checkbox"/> GemWraps®, Sandwich Wrap (Tomato)

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| <input type="checkbox"/> Great Lake's® Beef Gelatin                        | <input type="checkbox"/> <b>Food Additives</b>         | <input type="checkbox"/> Tricalcium Phosphate             |
| <input type="checkbox"/> Hops  | <input type="checkbox"/> Acacia Gum                    | <input type="checkbox"/> Vegan Enzyme                     |
| <input type="checkbox"/> Julian Bakery Paleo Wraps                         | <input type="checkbox"/> Agar Gum                      | <input type="checkbox"/> Vegan Natural Flavors (no MSG)   |
| <input type="checkbox"/> Latex   | <input type="checkbox"/> Annatto Coloring              | <input type="checkbox"/> Vegan Natural Flavors (with MSG) |
| <input type="checkbox"/> Lycopene  | <input type="checkbox"/> Arabic Gum                    |   |
| <input type="checkbox"/> Modified Food Starch (Tapioca-based)              | <input type="checkbox"/> Asafoetida Powder             |   |
| <input type="checkbox"/> Pycnogenol  | <input type="checkbox"/> Blue Food Dye                 |   |
| <input type="checkbox"/> Red Tomato Paste (gluten free)                    | <input type="checkbox"/> Carrageenan Gum               |   |
| <input type="checkbox"/> Resveratrol                                       | <input type="checkbox"/> Chicory Root                  |   |
| <input type="checkbox"/> Rice Starch (if certified gluten free)            | <input type="checkbox"/> Formaldehyde                  |   |
| <input type="checkbox"/> Silver  | <input type="checkbox"/> Guar Gum                      |   |
| <input type="checkbox"/> Tobacco   | <input type="checkbox"/> Inulin                        |   |
| <input type="checkbox"/> Tofu (Organic)                                    | <input type="checkbox"/> Lactic Acid (beet-derived)    |   |
| <input type="checkbox"/> Vegetable broth (Imagine® Low Sodium)             | <input type="checkbox"/> Lactic Acid (milk-derived)    |   |
| <input type="checkbox"/> Yeast, Baker's                                    | <input type="checkbox"/> Locust Bean Gum               |   |
| <input type="checkbox"/> Yeast, Brewer's                                   | <input type="checkbox"/> Maltodextrin (Barley-derived) |   |
| <input type="checkbox"/> Yeast, Nutritional                                | <input type="checkbox"/> MSG/MonosodiumGlutamate       |   |
| <input type="checkbox"/> <b>Snacks</b>                                     | <input type="checkbox"/> Palm Wax                      |   |
| <input type="checkbox"/> Apple Sauce                                       | <input type="checkbox"/> Pea Protein Isolate           |   |
| <input type="checkbox"/> Chewing Gum, Xylicew®                             | <input type="checkbox"/> Pea Starch                    |   |
| <input type="checkbox"/> Dates   | <input type="checkbox"/> Potato Protein                |   |
| <input type="checkbox"/> Simple Mills Chocolate Chip Cookies               | <input type="checkbox"/> Red Food Dye                  |   |
| <input type="checkbox"/> Simple Mills Cracked Black Pepper Almond Crackers | <input type="checkbox"/> Sodium Alginate               |   |
| <input type="checkbox"/> Skinny Crisps® (Plain Jane)                       | <input type="checkbox"/> Tragacanth Gum                |   |