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|-------------------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------|
| <input type="checkbox"/> <b>Vegetables</b>                  | <input type="checkbox"/> Broccoli Rabe                        | <input type="checkbox"/> Coconut (raw and unsweetened) |
| <input type="checkbox"/> Alfalfa Grass                      | <input type="checkbox"/> Broccoli Sprouts                     | <input type="checkbox"/> Coconut Concentrate           |
| <input type="checkbox"/> Alfalfa Sprouts                    | <input type="checkbox"/> Broccolini                           | <input type="checkbox"/> Collard Greens                |
| <input type="checkbox"/> Aloe Vera                          | <input type="checkbox"/> Brussels Sprout                      | <input type="checkbox"/> Cucumber                      |
| <input type="checkbox"/> Artichoke (not pickled)            | <input type="checkbox"/> Burdock                              | <input type="checkbox"/> Daikon Radish                 |
| <input type="checkbox"/> Artichoke, Jerusalem (not pickled) | <input type="checkbox"/> Cabbage, Chinese (see also Bok Choy) | <input type="checkbox"/> Dandelion Greens              |
| <input type="checkbox"/> Arugula                            | <input type="checkbox"/> Cabbage, Green                       | <input type="checkbox"/> Dandelion Root                |
| <input type="checkbox"/> Asparagus                          | <input type="checkbox"/> Cabbage, Purple                      | <input type="checkbox"/> Eggplant                      |
| <input type="checkbox"/> Avocado                            | <input type="checkbox"/> Cactus (Nopales)                     | <input type="checkbox"/> Endive                        |
| <input type="checkbox"/> Avocado Oil                        | <input type="checkbox"/> Capers                               | <input type="checkbox"/> Fennel                        |
| <input type="checkbox"/> Bamboo Shoot                       | <input type="checkbox"/> Capsicum                             | <input type="checkbox"/> Garlic                        |
| <input type="checkbox"/> Bean Sprout                        | <input type="checkbox"/> Carrot, Orange                       | <input type="checkbox"/> Hearts of Palm                |
| <input type="checkbox"/> Bean, Green                        | <input type="checkbox"/> Carrot, Purple                       | <input type="checkbox"/> Horseradish                   |
| <input type="checkbox"/> Beet                               | <input type="checkbox"/> Carrot, White                        | <input type="checkbox"/> Jicama                        |
| <input type="checkbox"/> Beet Greens                        | <input type="checkbox"/> Carrot, Yellow                       | <input type="checkbox"/> Kale, all types               |
| <input type="checkbox"/> Bell Pepper                        | <input type="checkbox"/> Cassava (see Tapioca and Yucca)      | <input type="checkbox"/> Kelp/Dulse                    |
| <input type="checkbox"/> Bell Pepper, Green                 | <input type="checkbox"/> Cauliflower                          | <input type="checkbox"/> Kohlrabi                      |
| <input type="checkbox"/> Bell Pepper, Orange                | <input type="checkbox"/> Cauliflower, Purple                  | <input type="checkbox"/> Kombu                         |
| <input type="checkbox"/> Bell Pepper, Red                   | <input type="checkbox"/> Celery                               | <input type="checkbox"/> Leeks                         |
| <input type="checkbox"/> Bell Pepper, Yellow                | <input type="checkbox"/> Chard                                | <input type="checkbox"/> Lettuce, all types            |
| <input type="checkbox"/> Bok Choy                           | <input type="checkbox"/> Chayote                              | <input type="checkbox"/> Mushrooms                     |
| <input type="checkbox"/> Broccoli                           | <input type="checkbox"/> Chives                               | <input type="checkbox"/> Mushrooms, Button             |

<input type="checkbox"/> Mushrooms, Cremini/Crimini	<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Squash
<input type="checkbox"/> Mushrooms, Maitake	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Squash, Acorn
<input type="checkbox"/> Mushrooms, Shiitake	<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Squash, Butternut
<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Squash, Green
<input type="checkbox"/> Nori	<input type="checkbox"/> Pimento	<input type="checkbox"/> Squash, Spaghetti
<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)	<input type="checkbox"/> Potato, Sweet	<input type="checkbox"/> Squash, Summer
<input type="checkbox"/> Okra	<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Squash, Winter
<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Squash, Yellow
<input type="checkbox"/> Onion, Green	<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Sweet Potato, Red
<input type="checkbox"/> Onion, Maui	<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Sweet Potatoes, White
<input type="checkbox"/> Onion, Red	<input type="checkbox"/> Radicchio	<input type="checkbox"/> Swiss Chard
<input type="checkbox"/> Onion, Sweet	<input type="checkbox"/> Radish	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Onion, Yellow	<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tomato
<input type="checkbox"/> Parsley	<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
<input type="checkbox"/> Parsnip	<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Tomato, Cherry
<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Scallions	<input type="checkbox"/> Tomato, Heirloom
<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Sea Vegetables	<input type="checkbox"/> Tomato, Orange
<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Seaweed	<input type="checkbox"/> Tomato, Red
<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Shallots	<input type="checkbox"/> Tomato, Roma
<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Spinach	<input type="checkbox"/> Tomato, Sun-dried
<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Spirulina	<input type="checkbox"/> Tomato, Yellow

<input type="checkbox"/> Tomatoes, Big Beef	<input type="checkbox"/> Elderberry	<input type="checkbox"/> Noni
<input type="checkbox"/> Truffle	<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Passion Fruit
<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Golden Berry	<input type="checkbox"/> Peach
<input type="checkbox"/> Turnips	<input type="checkbox"/> Gooseberry	<input type="checkbox"/> Pear
<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Grapefruit	<input type="checkbox"/> Pear, Asian
<input type="checkbox"/> Watercress	<input type="checkbox"/> Guava	<input type="checkbox"/> Persimmons
<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Huckleberry	<input type="checkbox"/> Plum
<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Kiwi	<input type="checkbox"/> Pomegranate
<input type="checkbox"/> Yucca	<input type="checkbox"/> Kumquat	<input type="checkbox"/> Pomelo
<input type="checkbox"/> Zucchini	<input type="checkbox"/> Lemon	<input type="checkbox"/> Prune
	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Raspberry
<input type="checkbox"/> Fruits	<input type="checkbox"/> Lemon Rind/Peel	<input type="checkbox"/> Tamarind
<input type="checkbox"/> Acai	<input type="checkbox"/> Lime	<input type="checkbox"/> Tangerine
<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Wolfberry
<input type="checkbox"/> Apricot	<input type="checkbox"/> Litchi (aka Lychee)	<input type="checkbox"/> Youngberry
<input type="checkbox"/> Banana	<input type="checkbox"/> Loganberry	
<input type="checkbox"/> Bilberry	<input type="checkbox"/> Loquat	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils
<input type="checkbox"/> Blackberry	<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Almond
<input type="checkbox"/> Blueberry	<input type="checkbox"/> Maqui	<input type="checkbox"/> Almond Butter (Artisana®)
<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Almond Flavor (natural, gluten free)
<input type="checkbox"/> Clementine	<input type="checkbox"/> Mulberry	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Dates	<input type="checkbox"/> Nectarines	<input type="checkbox"/> Almond Meal (gluten free)

<input type="checkbox"/> Almond, Marcona	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Sesame Seed Oil
<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Sesame Seeds, Black
<input type="checkbox"/> Canola/Rapeseed Oil	<input type="checkbox"/> Macadamia Nut Oil	<input type="checkbox"/> Sunflower Seed Butter
<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Macadamia Nuts	<input type="checkbox"/> Sunflower Seed Lecithin
<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Sunflower Seed Oil
<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Sunflower Seeds
<input type="checkbox"/> Cashews	<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Tahini
<input type="checkbox"/> Chestnut	<input type="checkbox"/> Pecan Flour	<input type="checkbox"/> Tea, Ramon
<input type="checkbox"/> Chia Seed (1/4 cup, max)	<input type="checkbox"/> Pecans	<input type="checkbox"/> Tiger Nuts
<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Pepitas	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Walnut
<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Walnut Oil
<input type="checkbox"/> Cola Nut (aka Kola Nut)	<input type="checkbox"/> Pistachios	<input type="checkbox"/> Walnuts, Black
<input type="checkbox"/> Cottonseed/Cottonseed Oil	<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> Fish & Shellfish
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Anchovy
<input type="checkbox"/> Flax Oil	<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> Catfish
<input type="checkbox"/> Flax Seed	<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Chilean Sea Bass
<input type="checkbox"/> Grapeseed Oil, Organic	<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Clam
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Cod/ Cod Liver Oil
<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Corvina
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Safflower/Safflower Seed Oil	

<input type="checkbox"/> Crab	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Non-Dairy & Eggs
<input type="checkbox"/> Crayfish	<input type="checkbox"/> Applegate® organic black forest ham	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)
<input type="checkbox"/> Hake	<input type="checkbox"/> Applegate® organic chicken/apple sausage	<input type="checkbox"/> Almond Yogurt, unsweetened
<input type="checkbox"/> Lobster	<input type="checkbox"/> Applegate® organic herb roasted turkey	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise
<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Applegate® organic hot dogs	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)
<input type="checkbox"/> Mussel	<input type="checkbox"/> Applegate® organic red pepper sausage	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)
<input type="checkbox"/> Octopus	<input type="checkbox"/> Applegate® organic sausage sweet italian	<input type="checkbox"/> Egg, Pasture-raised (from a farmer)
<input type="checkbox"/> Orange Roughy	<input type="checkbox"/> Applegate® organic smoked turkey breast	<input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®
<input type="checkbox"/> Oyster	<input type="checkbox"/> Applegate® organic spinach & feta sausage	<input type="checkbox"/> Egg, Whites, Pasture-raised
<input type="checkbox"/> Sardines	<input type="checkbox"/> Applegate® organic turkey	<input type="checkbox"/> Egg, Yolks Pasture-raised
<input type="checkbox"/> Scallop	<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Milk, Soy (Organic)
<input type="checkbox"/> Shrimp	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)	<input type="checkbox"/> Paleo Cheese (Julianbakery.com or
<input type="checkbox"/> Squid	<input type="checkbox"/> Goat, Grass-fed only (organic)	
<input type="checkbox"/> Swai	<input type="checkbox"/> Ostrich	<input type="checkbox"/> Condiments
<input type="checkbox"/> Tilapia (Wild, Non-farmed)	<input type="checkbox"/> Pheasant	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)
<input type="checkbox"/> Tuna	<input type="checkbox"/> Quail	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Rabbit	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup
		<input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup
		<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise
		<input type="checkbox"/> Carob
		<input type="checkbox"/> Coconut Vinegar (Coconut Secret)
		<input type="checkbox"/> Dressing, Primal Kitchen Greek Avocado Oil

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|--------------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread  | <input type="checkbox"/> Jerusalem Artichoke Syrup                | <input type="checkbox"/> Astragalus         |
| <input type="checkbox"/> Earth Balance® Coconut Spread             | <input type="checkbox"/> Just Like Sugar®                         | <input type="checkbox"/> Basil              |
| <input type="checkbox"/> Harissa                                   | <input type="checkbox"/> Lo Han                                   | <input type="checkbox"/> Bay Leaf           |
| <input type="checkbox"/> Horseradish Sauce, Gluten-free (Annie's®) | <input type="checkbox"/> Maple Sugar                              | <input type="checkbox"/> Black Cohosh       |
| <input type="checkbox"/> Hummus                                    | <input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic) | <input type="checkbox"/> Caraway Seed       |
| <input type="checkbox"/> Ketchup (Organicville)                    | <input type="checkbox"/> Monk Fruit (Pure)                        | <input type="checkbox"/> Cardamom           |
| <input type="checkbox"/> Liquid Smoke gluten free (natural)        | <input type="checkbox"/> Monk Fruit Extract                       | <input type="checkbox"/> Celery Powder      |
| <input type="checkbox"/> Mustard, Brown (Eden® gf mustard)         | <input type="checkbox"/> Nutrasweet®                              | <input type="checkbox"/> Chicory Root       |
| <input type="checkbox"/> Sauerkraut (Bubbies® Brand only)          | <input type="checkbox"/> Rebiana Leaf (Stevia)                    | <input type="checkbox"/> Chili Powder       |
| <input type="checkbox"/> Tabasco Sauce                             | <input type="checkbox"/> Sorbitol                                 | <input type="checkbox"/> Chipotle Seasoning |
| <input type="checkbox"/> Ume Plum Vinegar                          | <input type="checkbox"/> Splenda                                  | <input type="checkbox"/> Cilantro/Coriander |
| <input type="checkbox"/> Vinegar, Distilled                        | <input type="checkbox"/> Sucralose                                | <input type="checkbox"/> Cinnamon           |
|                                                                    | <input type="checkbox"/> Sweetleaf® Stevia                        | <input type="checkbox"/> Cinnamon, Ceylon   |
| <input type="checkbox"/> <b>Sweeteners</b>                         | <input type="checkbox"/> Tapioca Dextrose                         | <input type="checkbox"/> Cloves             |
| <input type="checkbox"/> Agave Nectar                              | <input type="checkbox"/> Xyla (Birchwood Xylitol)                 | <input type="checkbox"/> Cloves, Madagascar |
| <input type="checkbox"/> Aspartame                                 | <input type="checkbox"/> Yacon Syrup                              | <input type="checkbox"/> Cloves, Penang     |
| <input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup   |                                                                   | <input type="checkbox"/> Cramp Bark Extract |
| <input type="checkbox"/> Coconut Palm Sugar                        | <input type="checkbox"/> <b>Herbs &amp; Spices</b>                | <input type="checkbox"/> Cream of Tartar    |
| <input type="checkbox"/> Coconut Sugar                             | <input type="checkbox"/> Allspice                                 | <input type="checkbox"/> Cumin              |
| <input type="checkbox"/> Honey, (Organic)                          | <input type="checkbox"/> Almond Flavor (natural, gluten free)     | <input type="checkbox"/> Curcumin           |
| <input type="checkbox"/> Honey, Manuka                             | <input type="checkbox"/> Anise                                    | <input type="checkbox"/> Curry (must be GF) |
| <input type="checkbox"/> Honey, Wildflower from Mahava®            | <input type="checkbox"/> Ashwaganda                               | <input type="checkbox"/> Dandelion Root     |

<input type="checkbox"/> Dill	<input type="checkbox"/> Lemon Pepper	<input type="checkbox"/> Pepper, Red
<input type="checkbox"/> Dong Quai	<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Pepper, Sichuan
<input type="checkbox"/> Echinacea	<input type="checkbox"/> Licorice Root	<input type="checkbox"/> Pepper, Szechuan
<input type="checkbox"/> Fennel	<input type="checkbox"/> Maca Root	<input type="checkbox"/> Pepper/Peppercorns
<input type="checkbox"/> Garlic	<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Peppermint
<input type="checkbox"/> Garlic Pepper	<input type="checkbox"/> Marjoram	<input type="checkbox"/> Pine Bark Extract
<input type="checkbox"/> Garlic Powder	<input type="checkbox"/> Mesquite	<input type="checkbox"/> Red Pepper Flake
<input type="checkbox"/> Garlic Salt	<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Rose Hips
<input type="checkbox"/> Ginger	<input type="checkbox"/> Mint	<input type="checkbox"/> Rosemary
<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Saffron
<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Sage
<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Saw Plametto
<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Guarana	<input type="checkbox"/> Onion	<input type="checkbox"/> Sesame Seeds, Black
<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Onion Powder	<input type="checkbox"/> Shallots
<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Orange Salt	<input type="checkbox"/> Spearmint
<input type="checkbox"/> Hickory	<input type="checkbox"/> Oregano	<input type="checkbox"/> St. John's Wort
<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Paprika	<input type="checkbox"/> Sumac
<input type="checkbox"/> Jamaican Jerk	<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Taco Seasoning
<input type="checkbox"/> Juniper Berry	<input type="checkbox"/> Parsley	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Lavender	<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Tarragon
<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Thyme

<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Cheese, Goat	<input type="checkbox"/> Lactoalbumin
<input type="checkbox"/> Turmeric	<input type="checkbox"/> Cheese, Gorgonzola	<input type="checkbox"/> Milk, Cow
<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Cheese, Gouda	<input type="checkbox"/> Milk, Goat
<input type="checkbox"/> Valerian	<input type="checkbox"/> Cheese, Havarti	<input type="checkbox"/> Milk, Sheep
<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Cheese, Machego	<input type="checkbox"/> Mozzarella Cheese
<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Cheese, Mascapone	<input type="checkbox"/> Sour Cream, Raw and Unpasteurized
<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Cheese, Mozzarella (Raw)	<input type="checkbox"/> Whey
<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Cheese, Muenster	
<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Cheese, Parmesan	<input type="checkbox"/> <b>Legumes &amp; Pulses</b>
<input type="checkbox"/> Wormwood	<input type="checkbox"/> Cheese, Pecorino	<input type="checkbox"/> Bean, Azuki
	<input type="checkbox"/> Cheese, Provolone	<input type="checkbox"/> Bean, Black
<input type="checkbox"/> <b>Milk-Containing Foods</b>	<input type="checkbox"/> Cheese, Raw and Pasture-raised	<input type="checkbox"/> Bean, Butter
<input type="checkbox"/> Applegate® organic spinach & feta sausage	<input type="checkbox"/> Cheese, Ricotta	<input type="checkbox"/> Bean, Cannellini
<input type="checkbox"/> Butter, Raw and Pasture-raised	<input type="checkbox"/> Cheese, Romano	<input type="checkbox"/> Bean, Chana Dahl
<input type="checkbox"/> Buttermilk	<input type="checkbox"/> Cheese, Sheep	<input type="checkbox"/> Bean, Chili
<input type="checkbox"/> Casein	<input type="checkbox"/> Cheese, String (Mozzarella)	<input type="checkbox"/> Bean, Green
<input type="checkbox"/> Cheese, American	<input type="checkbox"/> Cheese, Swiss	<input type="checkbox"/> Bean, Italian
<input type="checkbox"/> Cheese, Asiago	<input type="checkbox"/> Cream, Raw and Unpasteurized	<input type="checkbox"/> Bean, Kidney
<input type="checkbox"/> Cheese, Brie	<input type="checkbox"/> Ghee (Pasture-Raised, Organic)	<input type="checkbox"/> Bean, Lima
<input type="checkbox"/> Cheese, Cheddar (Raw)	<input type="checkbox"/> Goat Cheese	<input type="checkbox"/> Bean, Mung
<input type="checkbox"/> Cheese, Cottage	<input type="checkbox"/> Goat Kefir	<input type="checkbox"/> Bean, Navy
<input type="checkbox"/> Cheese, Feta	<input type="checkbox"/> Kefir, Raw	<input type="checkbox"/> Bean, Ninja



<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> <b>Gluten-Free Grains</b>	<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers
<input type="checkbox"/> Bean, Red	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Sweet Potato Flour (gluten free)
<input type="checkbox"/> Bean, White	<input type="checkbox"/> Amaranth	<input type="checkbox"/> Tapioca
<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Tapioca Flour (gluten free)
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Tapioca Starch (gluten free)
<input type="checkbox"/> Edamame (must be organic)	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Teff
<input type="checkbox"/> Fava Bean	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta
<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta
<input type="checkbox"/> Garbanzo Bean	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Tortilla, Siete Almond
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut
<input type="checkbox"/> Kidney Bean	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava
<input type="checkbox"/> Lentil(s)	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> <b>Gluten-Containing Foods</b>
<input type="checkbox"/> Miso	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> <b>Corn-Derived Foods</b>
<input type="checkbox"/> Peanut (Organic, Valencia)	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/> Peanut Butter (Organic, Maranatha®)	<input type="checkbox"/> Hemp Seed	
<input type="checkbox"/> Peanut Oil (Organic)	<input type="checkbox"/> Konjac Glucomannon Flour	
<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	
<input type="checkbox"/> Soy Beans (must be organic)	<input type="checkbox"/> Oats (Certified GF)	
<input type="checkbox"/> Soy Beans Oil (must be organic)	<input type="checkbox"/> ProGranola (Julian Bakery)	
<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Simple Mills - Everything Sprouted Seed Cracker	
<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Simple Mills Ground Sea Salt Almond Crackers	
	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers	

<input type="checkbox"/> <b>Beverages &amp; Protein Powders</b>	<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> Blue Food Dye
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Carrageenan Gum
<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Chewing Gum, Xylichew®
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Cocoa Butter
<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Coconut Aminos®
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Tea, Rooibos	<input type="checkbox"/> Coconut Cream
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Tea, Unflavored	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Green Tea	<input type="checkbox"/> Tea, White	<input type="checkbox"/> Formaldehyde
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Water	<input type="checkbox"/> Garam Masala
<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Zevia Drinks	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Lime Juice		<input type="checkbox"/> Guar Gum
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> <b>Miscellaneous</b>	<input type="checkbox"/> Inulin
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Acacia Gum	<input type="checkbox"/> Julian Bakery Almond Bread
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Agar Gum	<input type="checkbox"/> Julian Bakery Coconut Bread
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Antimony	<input type="checkbox"/> Julian Bakery Paleo Wraps
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Latex
<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> Beef broth (Imagine® low sodium/GF)	<input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)

<input type="checkbox"/> Locust Bean Gum	<input type="checkbox"/> Snacks
<input type="checkbox"/> Lycopene	<input type="checkbox"/> Dates
<input type="checkbox"/> Modified Food Starch (Tapioca-based)	
<input type="checkbox"/> Palm Wax	
<input type="checkbox"/> Pycnogenol	
<input type="checkbox"/> Red Food Dye	
<input type="checkbox"/> Red Tomato Paste (gluten free)	
<input type="checkbox"/> Silver	
<input type="checkbox"/> Skinny Crisps® (Plain Jane)	
<input type="checkbox"/> Tamari (Wheat Free)	
<input type="checkbox"/> Tofu (Organic)	
<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	
<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	
<input type="checkbox"/> Tragacanth Gum	
<input type="checkbox"/> Vegetable broth (Imagine® Low Sodium)	
<input type="checkbox"/> Vegetable Shortening (Spectrum®)	
<input type="checkbox"/> Yeast, Baker's	
<input type="checkbox"/> Yeast, Brewer's	
<input type="checkbox"/> Yeast, Nutritional	