

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Jicama
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Capers	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Arugula	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Leeks
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Avocado	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Mushrooms
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Celery	<input type="checkbox"/> Mushrooms, Button
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Chard	<input type="checkbox"/> Mushrooms, Cremini/Crimini
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Chives	<input type="checkbox"/> Mushrooms, Maitake
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Mushrooms, Shiitake
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Comfrey	<input type="checkbox"/> Onion, Green
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Onion, Maui
<input type="checkbox"/> Bitter Melon	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Onion, Red
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Onion, Sweet
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Eggplant	<input type="checkbox"/> Onion, Yellow
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Endive	<input type="checkbox"/> Paprika
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Fennel	<input type="checkbox"/> Parsley
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Garlic	<input type="checkbox"/> Pepper, Anaheim
<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Ginger	<input type="checkbox"/> Pepper, Cayenne
<input type="checkbox"/> Burdock	<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Pepper, Chili
<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)		

<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Tomato, Heirloom	<input type="checkbox"/> Cherry
<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Tomato, Orange	<input type="checkbox"/> Clementine
<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Tomato, Red	<input type="checkbox"/> Dates
<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Tomato, Roma	<input type="checkbox"/> Dragon Fruit (Pitaya)
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Tomato, Sun-dried	<input type="checkbox"/> Durian Fruit
<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Tomato, Yellow	<input type="checkbox"/> Elderberry
<input type="checkbox"/> Pepper, Tabasco	<input type="checkbox"/> Tomatoes, Big Beef	<input type="checkbox"/> Goji Berry
<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Golden Berry
<input type="checkbox"/> Radicchio	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Gooseberries
<input type="checkbox"/> Radish	<input type="checkbox"/> Truffle	<input type="checkbox"/> Grapefruit
<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Guava
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Wasabi Root	<input type="checkbox"/> Huckleberry
<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Kiwi
<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Watercress	<input type="checkbox"/> Kumquat
<input type="checkbox"/> Scallions	<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Lemon
<input type="checkbox"/> Shallots	<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Lemon Juice
<input type="checkbox"/> Spinach	<input type="checkbox"/> Fruits	<input type="checkbox"/> Lemon Rind/Peel
<input type="checkbox"/> Swede	<input type="checkbox"/> Acai	<input type="checkbox"/> Lime
<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Apricot	<input type="checkbox"/> Lime Juice
<input type="checkbox"/> Tabasco Sauce	<input type="checkbox"/> Bilberry	<input type="checkbox"/> Loganberry
<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Blackberry	<input type="checkbox"/> Longan Fruit
<input type="checkbox"/> Tomato	<input type="checkbox"/> Blueberry	<input type="checkbox"/> Loquat
<input type="checkbox"/> Tomato, Cherry	<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Lychee
	<input type="checkbox"/> Carambola	

<input type="checkbox"/> Mangosteen	<input type="checkbox"/> <b>Legumes, Pods, &amp; Pulses</b>	<input type="checkbox"/> Duck Fat
<input type="checkbox"/> Maqui	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> <b>Nuts, Seeds, Drupes &amp; Oils</b>	<input type="checkbox"/> Flax Oil
<input type="checkbox"/> Mulberry	<input type="checkbox"/> Almond	<input type="checkbox"/> Flax Seed
<input type="checkbox"/> Nectarines	<input type="checkbox"/> Almond, Marcona	<input type="checkbox"/> Hazelnut/Filbert
<input type="checkbox"/> Noni	<input type="checkbox"/> Almond Butter (Artisana®)	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Almond Flavor (natural, gluten free)	<input type="checkbox"/> Hemp Meal
<input type="checkbox"/> Peach	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Pear	<input type="checkbox"/> Almond Meal (gluten free)	<input type="checkbox"/> Hemp Seed
<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Almond Oil	<input type="checkbox"/> Lard/Tallow (pork)
<input type="checkbox"/> Persimmons	<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Macadamia Nut Oil
<input type="checkbox"/> Plum	<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Macadamia Nuts
<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> MCT Oil
<input type="checkbox"/> Pomelo	<input type="checkbox"/> Canola Oil, Non-GMO	<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Prune	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Olive Oil, Virgin
<input type="checkbox"/> Rambutan	<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Palm Kernel Oil
<input type="checkbox"/> Raspberry	<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Pine Nut
<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Cashews	<input type="checkbox"/> Pistachios
<input type="checkbox"/> Tangerine	<input type="checkbox"/> Chestnut	<input type="checkbox"/> Poppy seeds
<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Chia Seed (1/4 cup, max)	<input type="checkbox"/> Sunflower Seed Butter
<input type="checkbox"/> Youngberry	<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Sunflower Seed Flour
	<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Sunflower Seed Lecithin
	<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Sunflower Seed Oil
	<input type="checkbox"/> Cottonseed/Cottonseed Oil	

<input type="checkbox"/>	Sunflower Seeds	<input type="checkbox"/>	Cinnamon	<input type="checkbox"/>	Ginseng (All Types)
<input type="checkbox"/>	Tahini	<input type="checkbox"/>	Cinnamon, Ceylon	<input type="checkbox"/>	Goldenseal
<input type="checkbox"/>	Truffle Oil	<input type="checkbox"/>	Clove Powder	<input type="checkbox"/>	Grapefruit Seed Extract
<input type="checkbox"/>	Truffle Oil, Black	<input type="checkbox"/>	Cloves, Madagascar	<input type="checkbox"/>	Guarana
<input type="checkbox"/>	Vegetable Shortening (Crisco®)	<input type="checkbox"/>	Cloves, Penang	<input type="checkbox"/>	Gymnema Silvestre
<input type="checkbox"/>	Herbs & Spices	<input type="checkbox"/>	Comfrey	<input type="checkbox"/>	Herbs De Provence
<input type="checkbox"/>	Allspice	<input type="checkbox"/>	Cramp Bark Extract	<input type="checkbox"/>	Hickory
<input type="checkbox"/>	Almond Flavor (natural, gluten free)	<input type="checkbox"/>	Cream of Tartar	<input type="checkbox"/>	Himalayan Salt
<input type="checkbox"/>	Anise	<input type="checkbox"/>	Cumin	<input type="checkbox"/>	Juniper Berry
<input type="checkbox"/>	Astragalus	<input type="checkbox"/>	Curcumin	<input type="checkbox"/>	Lavender
<input type="checkbox"/>	Basil	<input type="checkbox"/>	Curry (must be GF)	<input type="checkbox"/>	Lemon Balm (Melissa Officinalis)
<input type="checkbox"/>	Bay Leaf	<input type="checkbox"/>	Dandelion Root	<input type="checkbox"/>	Lemongrass
<input type="checkbox"/>	Bell Pepper, Red	<input type="checkbox"/>	Dill	<input type="checkbox"/>	Lemon Pepper
<input type="checkbox"/>	Black Cohosh	<input type="checkbox"/>	Dong Quai	<input type="checkbox"/>	Maca Root
<input type="checkbox"/>	Capsicum	<input type="checkbox"/>	Echinacea	<input type="checkbox"/>	Mace Spice
<input type="checkbox"/>	Caraway Seed	<input type="checkbox"/>	Fennel	<input type="checkbox"/>	Marjoram
<input type="checkbox"/>	Cardamom	<input type="checkbox"/>	Fennel Seed	<input type="checkbox"/>	Milk Thistle
<input type="checkbox"/>	Catnip	<input type="checkbox"/>	Garlic	<input type="checkbox"/>	Mint
<input type="checkbox"/>	Celery Powder	<input type="checkbox"/>	Garlic Pepper	<input type="checkbox"/>	Mustard (as a Powder)
<input type="checkbox"/>	Celery Seed	<input type="checkbox"/>	Garlic Powder	<input type="checkbox"/>	Mustard Seeds (gluten free)
<input type="checkbox"/>	Chaparral	<input type="checkbox"/>	Garlic Salt	<input type="checkbox"/>	Nutmeg
<input type="checkbox"/>	Chervil	<input type="checkbox"/>	Ginger Powder	<input type="checkbox"/>	Olive Leaf Extract
<input type="checkbox"/>	Chili Powder	<input type="checkbox"/>	Ginkgo Biloba	<input type="checkbox"/>	Onion
<input type="checkbox"/>	Cilantro/Coriander				

<input type="checkbox"/>	Onion Powder	<input type="checkbox"/>	Spearmint	<input type="checkbox"/>	Lox
<input type="checkbox"/>	Oregano	<input type="checkbox"/>	St. John's Wort	<input type="checkbox"/>	Mackerel
<input type="checkbox"/>	Paprika	<input type="checkbox"/>	Sumac	<input type="checkbox"/>	Mahi Mahi
<input type="checkbox"/>	Paprika (smoked)	<input type="checkbox"/>	Tabasco Sauce	<input type="checkbox"/>	Octopus
<input type="checkbox"/>	Parsley	<input type="checkbox"/>	Tarragon	<input type="checkbox"/>	Perch
<input type="checkbox"/>	Pau D'arco	<input type="checkbox"/>	Thyme	<input type="checkbox"/>	Red Snapper
<input type="checkbox"/>	Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/>	Tomatillo	<input type="checkbox"/>	Salmon, wild (fresh)
<input type="checkbox"/>	Pepper, Cayenne	<input type="checkbox"/>	Turmeric	<input type="checkbox"/>	Sardines
<input type="checkbox"/>	Pepper, Red	<input type="checkbox"/>	Uva Ursi	<input type="checkbox"/>	Sole
<input type="checkbox"/>	Pepper, Sichuan	<input type="checkbox"/>	Valerian	<input type="checkbox"/>	Swai
<input type="checkbox"/>	Pepper, Szechuan	<input type="checkbox"/>	Vanilla Bean	<input type="checkbox"/>	Swordfish
<input type="checkbox"/>	Pepper/Peppercorns	<input type="checkbox"/>	Vanilla Powder	<input type="checkbox"/>	Tilapia (Wild, Non-farmed)
<input type="checkbox"/>	Peppermint	<input type="checkbox"/>	White Willow Bark Extract	<input type="checkbox"/>	Trout
<input type="checkbox"/>	Pine Bark Extract	<input type="checkbox"/>	Wintergreen	<input type="checkbox"/>	Walleye Pike
<input type="checkbox"/>	Red Pepper Flake	<input type="checkbox"/>	Wormwood	<input type="checkbox"/>	Whitefish/Turbot
<input type="checkbox"/>	Rose Hips	<input type="checkbox"/>	Fish & Shellfish	<input type="checkbox"/>	Meat & Poultry
<input type="checkbox"/>	Rosemary	<input type="checkbox"/>	Bass	<input type="checkbox"/>	Applegate® organic black forest ham
<input type="checkbox"/>	Saffron	<input type="checkbox"/>	Chilean Sea Bass	<input type="checkbox"/>	Applegate® organic ham
<input type="checkbox"/>	Sage	<input type="checkbox"/>	Corvina	<input type="checkbox"/>	Applegate® organic hot dogs
<input type="checkbox"/>	Sassafras	<input type="checkbox"/>	Flounder	<input type="checkbox"/>	Applegate® organic roast beef
<input type="checkbox"/>	Savory	<input type="checkbox"/>	Haddock	<input type="checkbox"/>	Beef, Grass-fed only (organic)
<input type="checkbox"/>	Saw Plametto	<input type="checkbox"/>	Hake	<input type="checkbox"/>	Bison (see also Buffalo)
<input type="checkbox"/>	Shallots	<input type="checkbox"/>	Halibut	<input type="checkbox"/>	Buffalo (see also Bison)
		<input type="checkbox"/>	Herring	<input type="checkbox"/>	Chicken, free range (organic)

<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> <b>Gluten-Free Grains</b>	<input type="checkbox"/> Earth Balance® Coconut Spread
<input type="checkbox"/> Deer (see also Venison)	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Harissa
<input type="checkbox"/> Duck	<input type="checkbox"/> Amaranth	<input type="checkbox"/> Horseradish Mustard, Gluten-free (Annie's®)
<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Ketchup (Organicville)
<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Liquid Smoke gluten free (natural)
<input type="checkbox"/> Lamb	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)
<input type="checkbox"/> Ostrich	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Pheasant	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Red Tomato Paste (gluten free)
<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Quail	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Tabasco Sauce
<input type="checkbox"/> Rabbit	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
<input type="checkbox"/> Veal (organic)	<input type="checkbox"/> Sunflower Seed Flour	<input type="checkbox"/> Ume Plum Vinegar
<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> <b>Gluten-Containing Foods</b>	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> <b>Milk-Containing Foods</b>	<input type="checkbox"/> <b>No foods in this Category</b>	<input type="checkbox"/> Vinegar, Distilled
<input type="checkbox"/> <b>No foods in this Category</b>	<input type="checkbox"/> <b>Corn-Derived Foods</b>	<input type="checkbox"/> <b>Sweeteners</b>
<input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>	<input type="checkbox"/> <b>No foods in this Category</b>	<input type="checkbox"/> Agave Nectar
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> <b>Condiments, Spreads &amp; Sauces</b>	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Coconut Palm Sugar
<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup	<input type="checkbox"/> Coconut Sugar
<input type="checkbox"/> Egg Whites, Pasture-raised	<input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup	<input type="checkbox"/> Honey, (Organic)
	<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Honey, Manuka
	<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Honey, Wildflower from Mahava®
	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)	<input type="checkbox"/> Jerusalem Artichoke Syrup
	<input type="checkbox"/> Distilled White Vinegar	

<input type="checkbox"/>	Lo Han	<input type="checkbox"/>	Tea, Black	<input type="checkbox"/>	Yeast, Nutritional
<input type="checkbox"/>	Maple Sugar	<input type="checkbox"/>	Tea, Chamomile	<input type="checkbox"/>	Snacks
<input type="checkbox"/>	Maple Syrup (Grade A Dark Amber Organic)	<input type="checkbox"/>	Tea, Chicory Root	<input type="checkbox"/>	Dates
<input type="checkbox"/>	Monk Fruit (Pure)	<input type="checkbox"/>	Tea, Green	<input type="checkbox"/>	Food Additives
<input type="checkbox"/>	Monk Fruit Extract	<input type="checkbox"/>	Tea, Hibiscus	<input type="checkbox"/>	Annatto Coloring
<input type="checkbox"/>	Rebiana Leaf (Stevia)	<input type="checkbox"/>	Tea, Oolong	<input type="checkbox"/>	Chicory Root
<input type="checkbox"/>	Sweetleaf® Stevia	<input type="checkbox"/>	Tea, Rooibos	<input type="checkbox"/>	Inulin
<input type="checkbox"/>	Xyla (Birchwood Xylitol)	<input type="checkbox"/>	Tea, White	<input type="checkbox"/>	Palm Wax
<input type="checkbox"/>	Yacon Syrup	<input type="checkbox"/>	Water	<input type="checkbox"/>	Tricalcium Phosphate
<input type="checkbox"/>	Beverages & Protein Powders	<input type="checkbox"/>	Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/>	Vegan Enzyme
<input type="checkbox"/>	Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/>	Zevia Drinks	<input type="checkbox"/>	Vegan Natural Flavors (no MSG)
<input type="checkbox"/>	Bone Broth Protein, Beef	<input type="checkbox"/>	Miscellaneous		
<input type="checkbox"/>	Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/>	Baking Soda (Arm & Hammer®)		
<input type="checkbox"/>	Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/>	Bone Broth, Beef		
<input type="checkbox"/>	Coconut Water (low sugar)	<input type="checkbox"/>	Cacao (Raw, Pure, & Unsweetened)		
<input type="checkbox"/>	Collagen Protein (Powder)	<input type="checkbox"/>	Collagen Protein (Powder)		
<input type="checkbox"/>	Echinacea Tea	<input type="checkbox"/>	Great Lake's® Beef Gelatin		
<input type="checkbox"/>	Great Lake's® Beef Gelatin	<input type="checkbox"/>	Latex		
<input type="checkbox"/>	Green Tea	<input type="checkbox"/>	Lycopene		
<input type="checkbox"/>	Hemp Protein (Powder)	<input type="checkbox"/>	Red Tomato Paste (gluten free)		
<input type="checkbox"/>	Lemon Juice	<input type="checkbox"/>	Silver		
<input type="checkbox"/>	Lime Juice	<input type="checkbox"/>	Tobacco		
<input type="checkbox"/>	Mineral Water	<input type="checkbox"/>	Yeast, Baker's		
<input type="checkbox"/>	Sparkling Water, unflavored	<input type="checkbox"/>	Yeast, Brewer's		