

<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Tabasco Sauce
<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Veganaise Soy-free (Follow Your Heart®)
<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Vinegar, Beet
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Tea, Roobios	
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Water	<input type="checkbox"/> Corn-Derived Foods
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Zevia Drinks	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Coffee Bean, Organic		<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast, Å....)
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Condiments	<input type="checkbox"/> Chewing Gum (has gluten and corn)
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	<input type="checkbox"/> Corn Gluten
<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Corn Meal (gluten free)
<input type="checkbox"/> Green Tea	<input type="checkbox"/> Carob	<input type="checkbox"/> Corn Oil
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)	<input type="checkbox"/> Corn Starch (gluten free)
<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Harissa	<input type="checkbox"/> Erythritol (non-GMO)
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Horseradish Sauce, Gluten-free (Annie's®)	<input type="checkbox"/> Fructose
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil	<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)	<input type="checkbox"/> Sriracha Sauce Organicville gluten-free
<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Sriracha Sauce Organicville gluten-free	<input type="checkbox"/> Swerve® Xylitol

<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Oyster	<input type="checkbox"/> Blackberry
<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> Perch	<input type="checkbox"/> Blueberry
<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Boysenberry
	<input type="checkbox"/> Salmon, wild (fresh)	<input type="checkbox"/> Cherry
<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Sardines	<input type="checkbox"/> Clementine
<input type="checkbox"/> Anchovy	<input type="checkbox"/> Shrimp	<input type="checkbox"/> Cranberry
<input type="checkbox"/> Bass	<input type="checkbox"/> Squid	<input type="checkbox"/> Cranberry Juice
<input type="checkbox"/> Catfish	<input type="checkbox"/> Swai	<input type="checkbox"/> Currant
<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Swordfish	<input type="checkbox"/> Date(s)
<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Tilapia (Non-farmed)	<input type="checkbox"/> Dragon Fruit (Pitaya)
<input type="checkbox"/> Corvina	<input type="checkbox"/> Trout	<input type="checkbox"/> Dried Fruit
<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Elderberry
<input type="checkbox"/> Crayfish	<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Fig
<input type="checkbox"/> Flounder		<input type="checkbox"/> Goji Berry
<input type="checkbox"/> Hake	<input type="checkbox"/> Fruits	<input type="checkbox"/> Golden Berry
<input type="checkbox"/> Halibut	<input type="checkbox"/> Acai	<input type="checkbox"/> Gooseberry
<input type="checkbox"/> Herring	<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Grapefruit
<input type="checkbox"/> Mackerel	<input type="checkbox"/> Apple Cider	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Guava
<input type="checkbox"/> Mussel	<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Huckleberry
<input type="checkbox"/> Octopus	<input type="checkbox"/> Apricot	<input type="checkbox"/> Jack fruit
<input type="checkbox"/> Orange Roughy	<input type="checkbox"/> Bilberry	<input type="checkbox"/> Kiwi

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| <input type="checkbox"/> Kumquat             | <input type="checkbox"/> Pomegranate                       | <input type="checkbox"/> Spelt                               |
| <input type="checkbox"/> Lemon               | <input type="checkbox"/> Pomelo                            | <input type="checkbox"/> Triticale                           |
| <input type="checkbox"/> Lemon Juice         | <input type="checkbox"/> Prune                             |  |
| <input type="checkbox"/> Lemon Rind/Peel     | <input type="checkbox"/> Quince                            | <input type="checkbox"/> <b>Gluten-Free Grains</b>           |
| <input type="checkbox"/> Lime                | <input type="checkbox"/> Raisin (unsulfured, organic)      | <input type="checkbox"/> Amaranth                            |
| <input type="checkbox"/> Lime Juice          | <input type="checkbox"/> Raspberry                         | <input type="checkbox"/> Arrowroot Flour/powder              |
| <input type="checkbox"/> Litchi (aka Lychee) | <input type="checkbox"/> Star Fruit                        | <input type="checkbox"/> Basmati Rice (gluten free)          |
| <input type="checkbox"/> Loganberry          | <input type="checkbox"/> Tamarind                          | <input type="checkbox"/> Buckwheat                           |
| <input type="checkbox"/> Loquat              | <input type="checkbox"/> Tangerine                         | <input type="checkbox"/> Buckwheat Flour                     |
| <input type="checkbox"/> Mango               | <input type="checkbox"/> Watermelon                        | <input type="checkbox"/> Chicory Root                        |
| <input type="checkbox"/> Mangosteen          | <input type="checkbox"/> Wolfberry                         | <input type="checkbox"/> Coconut Flour (gluten free)         |
| <input type="checkbox"/> Maqui               | <input type="checkbox"/> Youngberry                        | <input type="checkbox"/> Coconut Meal (gluten free)          |
| <input type="checkbox"/> Melon, Honeydew     |  | <input type="checkbox"/> Corn (Gluten-free & Non-GMO)        |
| <input type="checkbox"/> Monk Fruit (Pure)   | <input type="checkbox"/> <b>Gluten-Containing Foods</b>    | <input type="checkbox"/> Corn Meal (gluten free)             |
| <input type="checkbox"/> Mulberry            | <input type="checkbox"/> Caramel Coloring                  | <input type="checkbox"/> Corn Starch (gluten free)           |
| <input type="checkbox"/> Nectarines          | <input type="checkbox"/> Chewing Gum (has gluten and corn) | <input type="checkbox"/> Corn, Blue                          |
| <input type="checkbox"/> Noni                | <input type="checkbox"/> Coffee, Instant (has gluten)      | <input type="checkbox"/> Corn, White                         |
| <input type="checkbox"/> Papaya              | <input type="checkbox"/> Crab, Immitation                  | <input type="checkbox"/> Flax Meal                           |
| <input type="checkbox"/> Passion Fruit       | <input type="checkbox"/> Gluten                            | <input type="checkbox"/> Glucomannon Flour (konjacfoods.com) |
| <input type="checkbox"/> Peach               | <input type="checkbox"/> Kamut                             | <input type="checkbox"/> Hazelnut Flour                      |
| <input type="checkbox"/> Persimmons          | <input type="checkbox"/> Liquid Smoke (can have gluten)    | <input type="checkbox"/> Hemp Meal                           |
| <input type="checkbox"/> Plum                | <input type="checkbox"/> Polish Wheat                      | <input type="checkbox"/> Hemp Protein (Powder)               |

<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Cinnamon, Ceylon
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Cloves
<input type="checkbox"/> Millet	<input type="checkbox"/> Teff	<input type="checkbox"/> Cloves, Madagascar
<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Tortilla, Siete Almond	<input type="checkbox"/> Cloves, Penang
<input type="checkbox"/> Oats (Certified GF)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut	<input type="checkbox"/> Cramp Bark Extract
<input type="checkbox"/> Quinoa (gluten free)		<input type="checkbox"/> Cream of Tartar
<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Cumin
<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Allspice	<input type="checkbox"/> Curcumin
<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Anise	<input type="checkbox"/> Curry (must be GF)
<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Astragalus	<input type="checkbox"/> Dong Quai
<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Echinacea
<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Fennel
<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Garlic
<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Garlic Powder
<input type="checkbox"/> Rice, Purple (gluten free)	<input type="checkbox"/> Cardamom	<input type="checkbox"/> Garlic Salt
<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Celery Powder	<input type="checkbox"/> Ginkgo Biloba
<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Ginseng (All Types)
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Chili Powder	<input type="checkbox"/> Goldenseal
<input type="checkbox"/> Sorghum	<input type="checkbox"/> Chipotle Seasoning	<input type="checkbox"/> Grapefruit Seed Extract
<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Cilantro/Coriander	<input type="checkbox"/> Grapeseed Extract
<input type="checkbox"/> Tapioca	<input type="checkbox"/> Cinnamon	<input type="checkbox"/> Guarana

<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Orange Salt	<input type="checkbox"/> Taco Seasoning
<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Paprika	<input type="checkbox"/> Tarragon
<input type="checkbox"/> Hickory	<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Thyme
<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Parsley	<input type="checkbox"/> Turmeric
<input type="checkbox"/> Jamaican Jerk	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Uva Ursi
<input type="checkbox"/> Juniper Berry	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Valerian
<input type="checkbox"/> Lavender	<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> White Willow Bark Extract
<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Wintergreen
<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Peppermint	<input type="checkbox"/> Wormwood
<input type="checkbox"/> Licorice Root	<input type="checkbox"/> Pine Bark Extract	
<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> <b>Legumes &amp; Pulses</b>
<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Maca Root	<input type="checkbox"/> Rosemary	
<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Saffron	<input type="checkbox"/> <b>Meat &amp; Poultry</b>
<input type="checkbox"/> Marjoram	<input type="checkbox"/> Sage	<input type="checkbox"/> Applegate® organic chicken
<input type="checkbox"/> Mesquite	<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Applegate® organic chicken/apple sausage
<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Applegate® organic smoked chicken breast
<input type="checkbox"/> Mint	<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Shallots	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Spearmint	<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> Nutmeg	<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Sumac	<input type="checkbox"/> Duck

<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> GemWraps®®, Sandwich Wrap (Mango/Chi.)
<input type="checkbox"/> Ostrich		<input type="checkbox"/> GemWraps®®, Sandwich Wrap (Tomato)
<input type="checkbox"/> Pheasant	<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/> Quail	<input type="checkbox"/> Acacia Gum	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Rabbit	<input type="checkbox"/> Agar Gum	<input type="checkbox"/> Guar Gum
<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> Antimony	<input type="checkbox"/> Hops
<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Inulin
	<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Julian Bakery Coconut Bread
<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Cheese, Cream	<input type="checkbox"/> Blue Food Dye	<input type="checkbox"/> Latex
<input type="checkbox"/> Cheese, Feta	<input type="checkbox"/> Carrageenan Gum	<input type="checkbox"/> Locust Bean Gum
<input type="checkbox"/> Cheese, Goat	<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Cheese, Machego	<input type="checkbox"/> Chewing Gum, Xylichew®	<input type="checkbox"/> Modified Food Starch
<input type="checkbox"/> Cheese, Pecorino	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Modified Food Starch (Tapioca-based)
<input type="checkbox"/> Cheese, Ricotta	<input type="checkbox"/> Cocoa Butter	<input type="checkbox"/> Palm Wax
<input type="checkbox"/> Cheese, Sheep	<input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)	<input type="checkbox"/> Pycnogenol
<input type="checkbox"/> Goat Cheese	<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Red Food Dye
<input type="checkbox"/> Goat Kefir	<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Resveratrol
<input type="checkbox"/> Lactoalbumin	<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Rice Starch (if certified gluten free)
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Silver
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> GemWraps®®, Sandwich Wrap (Carmt)	<input type="checkbox"/> Tragacanth Gum
<input type="checkbox"/> Whey	<input type="checkbox"/> GemWraps®®, Sandwich Wrap (Kale-Apple)	<input type="checkbox"/> Vegetable Oil

<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Chestnut	<input type="checkbox"/> Pecan
<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Pecan Flour
<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Pepitas
<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Pili Nuts
<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast, etc.)	<input type="checkbox"/> Cola Nut (aka Kola Nut)	<input type="checkbox"/> Pine Nut
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Pistachios
<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Cottonseed/Cottonseed Oil	<input type="checkbox"/> Poppy seeds
<input type="checkbox"/> Egg, Pasture-raised (from a farmer)	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Psyllium Husk
<input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®	<input type="checkbox"/> Flax Oil	<input type="checkbox"/> Pumpkin Oil
<input type="checkbox"/> Egg, Whites, Pasture-raised	<input type="checkbox"/> Flax Seed	<input type="checkbox"/> Pumpkin Seed Oil
<input type="checkbox"/> Egg, Yolks Pasture-raised	<input type="checkbox"/> Grapeseed Oil, Organic	<input type="checkbox"/> Pumpkin Seeds
<input type="checkbox"/> Modified Food Starch	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Ramon Seeds
<input type="checkbox"/> Nuts, Seeds, Drupes & Oils	<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)
<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Sacha Inchi Seeds
<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Sesame Seed Oil
<input type="checkbox"/> Canola/Rapeseed Oil	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Sesame Seeds, Black
<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Macadamia Nut Oil	<input type="checkbox"/> Tea, Ramon
<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Macadamia Nuts	<input type="checkbox"/> Tiger Nuts
<input type="checkbox"/> Cashews	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Vegetable Oil
	<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
	<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Walnut (few)

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| <input type="checkbox"/> Walnut Oil                          | <input type="checkbox"/> Jerusalem Artichoke Syrup                | <input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn source) |
| <input type="checkbox"/> Walnut, Black (few)                 | <input type="checkbox"/> Just Like Sugar®                         | <input type="checkbox"/> Yacon Syrup                              |
| <input type="checkbox"/> Snacks                              | <input type="checkbox"/> Lo Han                                   |   |
| <input type="checkbox"/> Apple Sauce                         | <input type="checkbox"/> Maltitol                                 | <input type="checkbox"/> Vegetables                               |
| <input type="checkbox"/> Date(s)                             | <input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)       | <input type="checkbox"/> Alfalfa Sprouts                          |
| <input type="checkbox"/> Simple Mills Chocolate Chip Cookies | <input type="checkbox"/> Maltodextrin (Tapioca-based)             | <input type="checkbox"/> Aloe Vera                                |
| <input type="checkbox"/> Sweeteners                          | <input type="checkbox"/> Maple Sugar                              | <input type="checkbox"/> Artichoke (not pickled)                  |
| <input type="checkbox"/> Agave Nectar                        | <input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic) | <input type="checkbox"/> Artichoke, Jerusalem (not pickled)       |
| <input type="checkbox"/> Aspartame/Nutrasweet                | <input type="checkbox"/> Molasses                                 | <input type="checkbox"/> Arugula                                  |
| <input type="checkbox"/> Cane Syrup                          | <input type="checkbox"/> Monk Fruit (Pure)                        | <input type="checkbox"/> Avocado                                  |
| <input type="checkbox"/> Chocolate, Dark                     | <input type="checkbox"/> Monk Fruit Extract                       | <input type="checkbox"/> Avocado Oil                              |
| <input type="checkbox"/> Coconut Palm Sugar                  | <input type="checkbox"/> Nutrasweet®                              | <input type="checkbox"/> Bamboo Shoot                             |
| <input type="checkbox"/> Coconut Sugar                       | <input type="checkbox"/> Rebiana Leaf (Stevia)                    | <input type="checkbox"/> Bean Sprout                              |
| <input type="checkbox"/> Date Sugar                          | <input type="checkbox"/> Sorbitol                                 | <input type="checkbox"/> Beet                                     |
| <input type="checkbox"/> Erythritol (non-GMO)                | <input type="checkbox"/> Splenda                                  | <input type="checkbox"/> Beet Greens                              |
| <input type="checkbox"/> Fructose                            | <input type="checkbox"/> Sucanat                                  | <input type="checkbox"/> Broccoli                                 |
| <input type="checkbox"/> Fruit Pectin                        | <input type="checkbox"/> Sucralose                                | <input type="checkbox"/> Broccoli Rabe                            |
| <input type="checkbox"/> Honey, (Organic)                    | <input type="checkbox"/> Sugar Beet                               | <input type="checkbox"/> Broccoli Sprouts                         |
| <input type="checkbox"/> Honey, Manuka                       | <input type="checkbox"/> Sugar Cane                               | <input type="checkbox"/> Broccolini                               |
| <input type="checkbox"/> Honey, Wildflower from Mahava®      | <input type="checkbox"/> Sweetleaf® Stevia                        | <input type="checkbox"/> Burdock                                  |
|  | <input type="checkbox"/> Swerve® Xylitol                          | <input type="checkbox"/> Cactus (Nopales)                         |
|  | <input type="checkbox"/> Tapioca Dextrose                         | <input type="checkbox"/> Capers                                   |



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| <input type="checkbox"/> Capsicum                        | <input type="checkbox"/> Fennel                   | <input type="checkbox"/> Pepper, Anaheim              |
| <input type="checkbox"/> Carrot Juice                    | <input type="checkbox"/> Garlic                   | <input type="checkbox"/> Pepper, Chili                |
| <input type="checkbox"/> Carrot, Orange                  | <input type="checkbox"/> Hearts of Palm           | <input type="checkbox"/> Pepper, Green                |
| <input type="checkbox"/> Carrot, Purple                  | <input type="checkbox"/> Horseradish              | <input type="checkbox"/> Pepper, Habanero             |
| <input type="checkbox"/> Carrot, White                   | <input type="checkbox"/> Jicama                   | <input type="checkbox"/> Pepper, Jalapeño             |
| <input type="checkbox"/> Carrot, Yellow                  | <input type="checkbox"/> Kale, all types          | <input type="checkbox"/> Pepper, Poblano              |
| <input type="checkbox"/> Cassava (see Tapioca and Yucca) | <input type="checkbox"/> Kohlrabi                 | <input type="checkbox"/> Pepper, Red                  |
| <input type="checkbox"/> Celery                          | <input type="checkbox"/> Kombu                    | <input type="checkbox"/> Pepper, Serrano              |
| <input type="checkbox"/> Chard                           | <input type="checkbox"/> Leeks                    | <input type="checkbox"/> Pickles, Bubbies® brand only |
| <input type="checkbox"/> Chayote                         | <input type="checkbox"/> Lettuce, all types       | <input type="checkbox"/> Pimento                      |
| <input type="checkbox"/> Chives                          | <input type="checkbox"/> Mustard Greens           | <input type="checkbox"/> Potato, Sweet                |
| <input type="checkbox"/> Coconut (raw and unsweetened)   | <input type="checkbox"/> Nori                     | <input type="checkbox"/> Prickly Pear                 |
| <input type="checkbox"/> Coconut Concentrate             | <input type="checkbox"/> Okra                     | <input type="checkbox"/> Psyllium Husk                |
| <input type="checkbox"/> Collard Greens                  | <input type="checkbox"/> Olives (without vinegar) | <input type="checkbox"/> Pumpkin                      |
| <input type="checkbox"/> Corn (Gluten-free & Non-GMO)    | <input type="checkbox"/> Onion, Green             | <input type="checkbox"/> Pumpkin Powder               |
| <input type="checkbox"/> Corn, Blue                      | <input type="checkbox"/> Onion, Maui              | <input type="checkbox"/> Radicchio                    |
| <input type="checkbox"/> Corn, White                     | <input type="checkbox"/> Onion, Red               | <input type="checkbox"/> Radish                       |
| <input type="checkbox"/> Cucumber                        | <input type="checkbox"/> Onion, Sweet             | <input type="checkbox"/> Rainbow Chard                |
| <input type="checkbox"/> Daikon Radish                   | <input type="checkbox"/> Onion, Yellow            | <input type="checkbox"/> Rhubarb                      |
| <input type="checkbox"/> Dandelion Greens                | <input type="checkbox"/> Parsley                  | <input type="checkbox"/> Rutabaga                     |
| <input type="checkbox"/> Dandelion Root                  | <input type="checkbox"/> Parsnip                  | <input type="checkbox"/> Scallions                    |
| <input type="checkbox"/> Endive                          | <input type="checkbox"/> Pea, Black-Eyed          | <input type="checkbox"/> Shallots                     |

- ☐ Spirulina
- ☐ Squash
- ☐ Squash, Acorn
- ☐ Squash, Butternut
- ☐ Squash, Green
- ☐ Squash, Spaghetti
- ☐ Squash, Summer
- ☐ Squash, Winter
- ☐ Squash, Yellow
- ☐ Sugar Beet
- ☐ Sweet Potato, Red
- ☐ Sweet Potatoes, White
- ☐ Swiss Chard
- ☐ Truffle
- ☐ Turnip Greens
- ☐ Turnips
- ☐ Water Chestnut
- ☐ Watercress
- ☐ Yams, Garnett
- ☐ Yams, Japanese
- ☐ Yucca
- ☐ Zucchini