

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Garlic
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Arugula	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Jicama
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Avocado	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Leeks
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Celery	<input type="checkbox"/> Mushrooms
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Chard	<input type="checkbox"/> Mushrooms, Button
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Mushrooms, Cremini/Crimini
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Mushrooms, Maitake
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Mushrooms, Shiitake
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Okra
<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Corn, White	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Burdock	<input type="checkbox"/> Cucumber	<input type="checkbox"/> Parsley
<input type="checkbox"/> Cabbage, Chinese (see also Bok)	<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Pea, Green
<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Pea, Snow
<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Endive	<input type="checkbox"/> Pea, Split
<input type="checkbox"/> Capers	<input type="checkbox"/> Fennel	<input type="checkbox"/> Potato, Fingerling

<input type="checkbox"/> Potato, Purple	<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Clementine
<input type="checkbox"/> Potato, Red	<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Cranberry Juice
<input type="checkbox"/> Potato, Russet	<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Date(s)
<input type="checkbox"/> Potato, Sweet	<input type="checkbox"/> Watercress	<input type="checkbox"/> Elderberry
<input type="checkbox"/> Potato, White	<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Fig
<input type="checkbox"/> Potato, Yukon Gold	<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Golden Berry
<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Yucca	<input type="checkbox"/> Gooseberry
<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Zucchini	<input type="checkbox"/> Grape
<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Grape, Green
<input type="checkbox"/> Radicchio	<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Grape, Purple
<input type="checkbox"/> Radish		<input type="checkbox"/> Grape, Red
<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Fruits	<input type="checkbox"/> Grape, White
<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Acai	<input type="checkbox"/> Grapefruit
<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Spinach	<input type="checkbox"/> Apple Cider	<input type="checkbox"/> Guava
<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Huckleberry
<input type="checkbox"/> Squash, Green	<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Kumquat
<input type="checkbox"/> Squash, Spaghetti	<input type="checkbox"/> Apricot	<input type="checkbox"/> Lemon
<input type="checkbox"/> Squash, Winter	<input type="checkbox"/> Banana	<input type="checkbox"/> Lemon Juice
<input type="checkbox"/> Sugar Beet	<input type="checkbox"/> Bilberry	<input type="checkbox"/> Lemon Rind/Peel
<input type="checkbox"/> Sweet Potato, Red	<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Lime
<input type="checkbox"/> Sweet Potatoes, White	<input type="checkbox"/> Cantaloupe	<input type="checkbox"/> Lime Juice

<input type="checkbox"/> Litchi (aka Lychee)	<input type="checkbox"/> Plum	<input type="checkbox"/> Canola/Rapeseed Oil
<input type="checkbox"/> Loganberry	<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Loquat	<input type="checkbox"/> Pomelo	<input type="checkbox"/> Cashews
<input type="checkbox"/> Mango	<input type="checkbox"/> Prune	<input type="checkbox"/> Cashew Butter
<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Quince	<input type="checkbox"/> Cashew Meal
<input type="checkbox"/> Maqui	<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Chestnut
<input type="checkbox"/> Melon, Honeydew	<input type="checkbox"/> Raspberry	<input type="checkbox"/> Coconut Butter
<input type="checkbox"/> Monk Fruit	<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Coconut Oil
<input type="checkbox"/> Mulberry	<input type="checkbox"/> Strawberry	<input type="checkbox"/> Coconut, shredded (raw,
<input type="checkbox"/> Nectarines	<input type="checkbox"/> Tangelo	<input type="checkbox"/> Corn Oil
<input type="checkbox"/> Noni	<input type="checkbox"/> Tangerine	<input type="checkbox"/> Cottonseed/Cottonseed Oil
<input type="checkbox"/> Orange	<input type="checkbox"/> Watermelon	<input type="checkbox"/> Grapeseed Oil, Organic
<input type="checkbox"/> Orange, Blood		<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Nuts, Seeds, & Oils	<input type="checkbox"/> Hazelnut/Filbert
<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Almond Butter (ArtisanaÂ®)	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Papaya	<input type="checkbox"/> Almond Flavor natural, gluten free)	<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Olive Oil, Virgin
<input type="checkbox"/> Peach	<input type="checkbox"/> Almond Meal (gluten free)	<input type="checkbox"/> Palm Kernel Oil
<input type="checkbox"/> Pear	<input type="checkbox"/> Almond, Marcona	<input type="checkbox"/> Pepitas
<input type="checkbox"/> Persimmons	<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Pine Nut
<input type="checkbox"/> Pineapple	<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Pistachios
<input type="checkbox"/> Plantain	<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Poppy seeds

<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Meat & Poultry
<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Bass	<input type="checkbox"/> Applegate® organic bacon
<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Applegate® organic chicken
<input type="checkbox"/> Safflower/Safflower Seed Oil	<input type="checkbox"/> Corvina	<input type="checkbox"/> Applegate® organic ham
<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Flounder	<input type="checkbox"/> Applegate® organic herb roasted
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Haddock	<input type="checkbox"/> Applegate® organic roast beef
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Hake	<input type="checkbox"/> Applegate® organic andouille
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Halibut	<input type="checkbox"/> Applegate® organic spinach & feta
<input type="checkbox"/> Walnut (few)	<input type="checkbox"/> Herring	<input type="checkbox"/> Applegate® organic smoked
<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Mackerel	<input type="checkbox"/> Applegate® organic smoked turkey
<input type="checkbox"/> Walnut, Black (few)	<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Applegate® organic turkey
<input type="checkbox"/> Almond	<input type="checkbox"/> Perch	<input type="checkbox"/> Applegate® organic turkey bacon
<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Beef, Grass-fed only (organic)
	<input type="checkbox"/> Salmon, wild (fresh)	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Sardines	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Bean, Navy/Ninja	<input type="checkbox"/> Sole	<input type="checkbox"/> Chicken Broth (Imagine® gf/low
<input type="checkbox"/> Pea, Snap	<input type="checkbox"/> Swai	<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> Pea, Snow	<input type="checkbox"/> Swordfish	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Tilapia (Non-farmed)	<input type="checkbox"/> Duck
	<input type="checkbox"/> Trout	<input type="checkbox"/> Goat, Grass-fed only (organic)
	<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Lamb (organic)
	<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Lard (pork)

<input type="checkbox"/> Ostrich	<input type="checkbox"/> Balsamic Vinegar (with Red Wine	<input type="checkbox"/> Vinegar, White
<input type="checkbox"/> Pheasant	<input type="checkbox"/> Balsamic Vinegar (Caramel/Red W.	<input type="checkbox"/> Vinegar, White Wine
<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Barbeque Sauce, GF Annie's®	<input type="checkbox"/> Worcestershire Sauce (The
<input type="checkbox"/> Quail	<input type="checkbox"/> BodyPro Almond Mayo Grade B	
<input type="checkbox"/> Rabbit	<input type="checkbox"/> BodyPro Almond Mayo with Yacon	<input type="checkbox"/> Sweeteners
<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Agave Nectar
<input type="checkbox"/> Veal (organic)	<input type="checkbox"/> Dressing, Primal Kitchen Honey	<input type="checkbox"/> Aspartame/Nutrasweet
<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Horseradish Sauce, Gluten-free	<input type="checkbox"/> BodyPro Almond Mayo Grade B
	<input type="checkbox"/> Ketchup (Organicville)	<input type="checkbox"/> BodyPro Almond Mayo with Yacon
<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Mayonnaise	<input type="checkbox"/> Brown Rice Syrup (contains
<input type="checkbox"/> Almond Milk, unsweetened (no	<input type="checkbox"/> Mayonnaise, Primal Kitchen	<input type="checkbox"/> Chocolate, Dark
<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Mayonnaise, Primal Kitchen	<input type="checkbox"/> Chocolate, Milk
<input type="checkbox"/> Cheese, Daiya	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)	<input type="checkbox"/> Chocolate, White
<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Date Sugar
<input type="checkbox"/> Coconut Kefir (No Tapioca,	<input type="checkbox"/> Sriracha Sauce Organicville	<input type="checkbox"/> Erythritol (non-GMO)
<input type="checkbox"/> Coconut Milk(Native Forest or	<input type="checkbox"/> Ume Plum Vinegar	<input type="checkbox"/> Fructose
<input type="checkbox"/> Egg, Whites, Pasture-raised	<input type="checkbox"/> Veganaise Soy-free (Follow Your	<input type="checkbox"/> Fruit Pectin
<input type="checkbox"/> Sriracha Sauce Organicville	<input type="checkbox"/> Vinegar	<input type="checkbox"/> Honey, (Organic)
	<input type="checkbox"/> Vinegar, Distilled	<input type="checkbox"/> Honey, Manuka
<input type="checkbox"/> Condiments	<input type="checkbox"/> Vinegar, Malt	<input type="checkbox"/> Honey, Wildflower from Mahava®
<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Vinegar, Red Wine	<input type="checkbox"/> Maltodextrin (Can be
<input type="checkbox"/> Balsamic Vinegar MiaBella	<input type="checkbox"/> Vinegar, Rice	<input type="checkbox"/> Maltodextrin (Corn-based,

<input type="checkbox"/> Maple Sugar	<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Garlic
<input type="checkbox"/> Maple Syrup (Grade A Dark Amber)	<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Garlic Pepper
<input type="checkbox"/> Molasses	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Garlic Powder
<input type="checkbox"/> Monk Fruit	<input type="checkbox"/> Cardamom	<input type="checkbox"/> Garlic Salt
<input type="checkbox"/> Nutrasweet®	<input type="checkbox"/> Celery Powder	<input type="checkbox"/> Ginger
<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Ginkgo Biloba
<input type="checkbox"/> Sorbitol	<input type="checkbox"/> Cilantro/Coriander	<input type="checkbox"/> Ginseng (All Types)
<input type="checkbox"/> Splenda	<input type="checkbox"/> Cinnamon	<input type="checkbox"/> Goldenseal
<input type="checkbox"/> Sucanat	<input type="checkbox"/> Cinnamon, Ceylon	<input type="checkbox"/> Grapefruit Seed Extract
<input type="checkbox"/> Sugar Beet	<input type="checkbox"/> Cloves	<input type="checkbox"/> Grapeseed Extract
<input type="checkbox"/> Sugar Cane	<input type="checkbox"/> Cloves, Madagascar	<input type="checkbox"/> Guarana
<input type="checkbox"/> Sweetleaf® Stevia	<input type="checkbox"/> Cloves, Penang	<input type="checkbox"/> Gymnema Silvestre
<input type="checkbox"/> Swerve® Xylitol	<input type="checkbox"/> Cramp Bark Extract	<input type="checkbox"/> Herbs De Provence
<input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn)	<input type="checkbox"/> Cream of Tartar	<input type="checkbox"/> Hickory
	<input type="checkbox"/> Cumin	<input type="checkbox"/> Himalayan Salt
<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Curcumin	<input type="checkbox"/> Juniper Berry
<input type="checkbox"/> Allspice	<input type="checkbox"/> Curry (must be GF)	<input type="checkbox"/> Lavender
<input type="checkbox"/> Almond Flavor natural, gluten free)	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Lemon Balm (Melissa Officinalis)
<input type="checkbox"/> Anise	<input type="checkbox"/> Dill	<input type="checkbox"/> Lemon Pepper
<input type="checkbox"/> Astragalus	<input type="checkbox"/> Dong Quai	<input type="checkbox"/> Lemongrass
<input type="checkbox"/> Basil	<input type="checkbox"/> Echinacea	<input type="checkbox"/> Licorice Root
<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Fennel	<input type="checkbox"/> Liquid Smoke (can have gluten)

<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Sage	<input type="checkbox"/> Cheese, Bleu
<input type="checkbox"/> Maca Root	<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Cheese, Brie
<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Cheese, Cheddar (Raw)
<input type="checkbox"/> Marjoram	<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Cheese, Cottage
<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Spearmint	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Mint	<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Cheese, Goat
<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Tarragon	<input type="checkbox"/> Cheese, Gorgonzola
<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Thyme	<input type="checkbox"/> Cheese, Gouda
<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Turmeric	<input type="checkbox"/> Cheese, Havarti
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Cheese, Machego
<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Valerian	<input type="checkbox"/> Cheese, Marscapone
<input type="checkbox"/> Orange Salt	<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Cheese, Mozzarella (Raw)
<input type="checkbox"/> Oregano	<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Cheese, Muenster
<input type="checkbox"/> Parsley	<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Cheese, Parmesan
<input type="checkbox"/> Pepper, Black (see Garlic/Lemon		<input type="checkbox"/> Cheese, Pecorino
<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Cheese, Raw and Pasture-raised
<input type="checkbox"/> Pepper/Peppercorns, Szechuan	<input type="checkbox"/> Applegate® organic spinach & feta	<input type="checkbox"/> Cheese, Ricotta
<input type="checkbox"/> Peppermint	<input type="checkbox"/> Butter, Raw and Pasture-raised	<input type="checkbox"/> Cheese, Romano
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Buttermilk	<input type="checkbox"/> Cheese, Provolone
<input type="checkbox"/> Red Chili Paste Thai Kitchen®	<input type="checkbox"/> Casein	<input type="checkbox"/> Cheese, Sheep
<input type="checkbox"/> Rosemary	<input type="checkbox"/> Cheese, American	<input type="checkbox"/> Cheese, String (Mozzarella)
<input type="checkbox"/> Saffron	<input type="checkbox"/> Cheese, Asiago	<input type="checkbox"/> Cheese, Swiss

<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Buckwheat	<input type="checkbox"/> Rice, Basmati (gluten free)
<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Buckwheat Flour	<input type="checkbox"/> Rice, Black (gluten free)
<input type="checkbox"/> Cream, Raw and Unpasteurized	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Rice, Brown (gluten free)
<input type="checkbox"/> Ghee (Pasture-Raised, Organic)	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Rice, Japonica (gluten free)
<input type="checkbox"/> Goat Cheese	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Rice, Purple (gluten free)
<input type="checkbox"/> Goat Kefir	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Rice, Red (gluten free)
<input type="checkbox"/> Kefir, Raw	<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Rice, White (gluten free)
<input type="checkbox"/> Lactalbumin	<input type="checkbox"/> Corn, White	<input type="checkbox"/> Rice Bran
<input type="checkbox"/> Milk Chocolate	<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Rice Flour (gluten free)
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Ener-G Brown Rice Yeast-Free	<input type="checkbox"/> Rice Protein Powder (gluten free)
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Glucomannon Flour	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Simple Mills Tomato & Basil Almond
<input type="checkbox"/> Mozzarella Cheese	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Sorghum
<input type="checkbox"/> Sour Cream, Raw and	<input type="checkbox"/> Millet	<input type="checkbox"/> Sweet Potato Flour (gluten free)
<input type="checkbox"/> Whey	<input type="checkbox"/> Oats	<input type="checkbox"/> Tapioca
<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free)	<input type="checkbox"/> Tapioca Flour (gluten free)
<input type="checkbox"/> Cheese, Feta	<input type="checkbox"/> Oat Grass (Not For Gluten)	<input type="checkbox"/> Tapioca Starch (gluten free)
	<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Teff
<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tortilla, Siete Almond
<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Simple Mills
<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Corn Meal (gluten free)
<input type="checkbox"/> Basmati Rice (gluten free)	<input type="checkbox"/> Quinoa, Red (gluten free)	

<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Orzo	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Barley	<input type="checkbox"/> Panko	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Barley Greens (Not for	<input type="checkbox"/> Polish Wheat	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Barley Juice (Not for	<input type="checkbox"/> Rye	<input type="checkbox"/> Corn Gluten
<input type="checkbox"/> Beer	<input type="checkbox"/> Semolina	<input type="checkbox"/> Corn Meal (gluten free)
<input type="checkbox"/> Bran	<input type="checkbox"/> Soy Sauce	<input type="checkbox"/> Corn Oil
<input type="checkbox"/> Bread	<input type="checkbox"/> Spelt	<input type="checkbox"/> Corn Starch (gluten free)
<input type="checkbox"/> Brown Rice Syrup (contains	<input type="checkbox"/> Teechino	<input type="checkbox"/> Erythritol (non-GMO)
<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Teriyaki Sauce	<input type="checkbox"/> Fructose
<input type="checkbox"/> Cheese, Bleu	<input type="checkbox"/> Triticale	<input type="checkbox"/> GemWraps®®, Sandwich Wrap
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Vinegar	<input type="checkbox"/> Maltodextrin (Corn-based,
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Vinegar, Malt	<input type="checkbox"/> Sriracha Sauce Organicville
<input type="checkbox"/> Couscous	<input type="checkbox"/> Vinegar, White	<input type="checkbox"/> Swerve® Xylitol
<input type="checkbox"/> Durum Wheat	<input type="checkbox"/> Wheat (All Types)	<input type="checkbox"/> Vegetable Oil
<input type="checkbox"/> Farro	<input type="checkbox"/> Wheat Grass (Is	<input type="checkbox"/> Xanthan Gum
<input type="checkbox"/> Gluten		<input type="checkbox"/> Yogurt (See Xanthan Gum)
<input type="checkbox"/> Graham (wheat)	<input type="checkbox"/> Corn-Derived Foods	
<input type="checkbox"/> Kamut	<input type="checkbox"/> Barbeque Sauce, GF Annie's®	
<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Cheese, Cream	
<input type="checkbox"/> Malt	<input type="checkbox"/> Cheese, Daiya	
<input type="checkbox"/> Maltodextrin (Can be	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	
<input type="checkbox"/> Oats	<input type="checkbox"/> Chewing Gum (has gluten and corn)	

<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Chewing Gum, Xylichew®
<input type="checkbox"/> Almond Milk, unsweetened (no	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Chicken Broth (Imagine® gf/low
<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Beer	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Cocoa/Cacao (raw, pure, &
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Coconut Aminos®
<input type="checkbox"/> Coconut Kefir (No Tapioca,	<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Coconut Cream
<input type="checkbox"/> Coconut Milk(Native Forest or	<input type="checkbox"/> Tea, Rooibos	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Tea, unflavored/caffeine-free only	<input type="checkbox"/> Garam Masala
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Tea, White	<input type="checkbox"/> GemWraps®, Sandwich Wrap
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Teechino	<input type="checkbox"/> GemWraps®, Sandwich Wrap
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Water	<input type="checkbox"/> GemWraps®, Sandwich Wrap
<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Wine, Red	<input type="checkbox"/> GemWraps®, Sandwich Wrap
<input type="checkbox"/> Green Tea	<input type="checkbox"/> Wine, White (Champagne)	<input type="checkbox"/> Glucomannon Flour
<input type="checkbox"/> Komboucha Tea	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Hops
<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Antimony	<input type="checkbox"/> Julian Bakery Paleo Wraps
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Lard (pork)
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Beef broth (Imagine® low	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Carrageenan Gum	<input type="checkbox"/> Malt
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Maltodextrin (Can be
<input type="checkbox"/> Orange Juice		<input type="checkbox"/> Palm Wax

- ☐ Pycnogenol
- ☐ Red Chili Paste Thai Kitchen®
- ☐ Resveratrol
- ☐ Sherry Vinegar
- ☐ Silver
- ☐ Vegetable broth (Imagine® Low
- ☐ Vegetable Oil
- ☐ Vinegar, Red Wine
- ☐ Vinegar, Rice
- ☐ Vinegar, White Wine
- ☐ Xanthan Gum
- ☐ Yeast, Baker's
- ☐ Yeast, Brewer's
- ☐ Yeast, Nutritional
- ☐ Latex
- ☐ Formaldehyde
- ☐ Red Dye
- ☐ Ispaghula/Psyllium