

<input type="checkbox"/> Fruits	<input type="checkbox"/> Lemon	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils
<input type="checkbox"/> Acai	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Almond
<input type="checkbox"/> alpha	<input type="checkbox"/> Lemon Rind/Peel	<input type="checkbox"/> Almond, Marcona
<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Lime	<input type="checkbox"/> Almond Butter (Artisana®)
<input type="checkbox"/> Apricot	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Almond Flavor (natural, gluten free)
<input type="checkbox"/> Bilberry	<input type="checkbox"/> Litchi (aka Lychee)	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Blackberry	<input type="checkbox"/> Loganberry	<input type="checkbox"/> Almond Meal (gluten free)
<input type="checkbox"/> Blueberry	<input type="checkbox"/> Loquat	<input type="checkbox"/> Annatto Seed
<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Maqui	<input type="checkbox"/> Avocado Oil
<input type="checkbox"/> bravo	<input type="checkbox"/> Mulberry	<input type="checkbox"/> Brazil Nut
<input type="checkbox"/> charlie	<input type="checkbox"/> Nectarines	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Cherry	<input type="checkbox"/> Noni	<input type="checkbox"/> Cashew Butter
<input type="checkbox"/> Cranberry	<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Cashew Meal
<input type="checkbox"/> Currant	<input type="checkbox"/> Peach	<input type="checkbox"/> Cashews
<input type="checkbox"/> Dragon Fruit (Pitaya)	<input type="checkbox"/> Pear	<input type="checkbox"/> Chestnut
<input type="checkbox"/> Dried Fruit	<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Chia Seed (1/4 cup, max)
<input type="checkbox"/> dummy food	<input type="checkbox"/> Tamarind	<input type="checkbox"/> Coconut, shredded (raw, unsweetened)
<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Coconut Butter
<input type="checkbox"/> Golden Berry	<input type="checkbox"/> Youngberry	<input type="checkbox"/> Coconut Oil
<input type="checkbox"/> Gooseberry		<input type="checkbox"/> Cola Nut (aka Kola Nut)
<input type="checkbox"/> Grapefruit		<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Huckleberry		<input type="checkbox"/> Flax Oil
<input type="checkbox"/> Jack fruit		<input type="checkbox"/> Flax Seed
<input type="checkbox"/> Kiwi		<input type="checkbox"/> Hazelnut/Filbert

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|---|---|---|
| <input type="checkbox"/> Hazelnut Flour | <input type="checkbox"/> Sesame Seeds | <input type="checkbox"/> Crab |
| <input type="checkbox"/> Hemp Meal | <input type="checkbox"/> Sesame Seeds, Black | <input type="checkbox"/> Crayfish |
| <input type="checkbox"/> Hemp Protein (Powder) | <input type="checkbox"/> Sunflower Seed Butter | <input type="checkbox"/> Flounder |
| <input type="checkbox"/> Hemp Seed | <input type="checkbox"/> Sunflower Seed Lecithin | <input type="checkbox"/> Haddock |
| <input type="checkbox"/> Macadamia Nut Oil | <input type="checkbox"/> Sunflower Seed Oil | <input type="checkbox"/> Hake |
| <input type="checkbox"/> Macadamia Nuts | <input type="checkbox"/> Sunflower Seeds | <input type="checkbox"/> Halibut |
| <input type="checkbox"/> Olive Leaf Extract | <input type="checkbox"/> Tahini | <input type="checkbox"/> Herring |
| <input type="checkbox"/> Olive Oil, Virgin | <input type="checkbox"/> Tea, Ramon | <input type="checkbox"/> Lobster |
| <input type="checkbox"/> Palm Kernel Oil | <input type="checkbox"/> Tiger Nuts | <input type="checkbox"/> Mackerel |
| <input type="checkbox"/> Pecan Flour | <input type="checkbox"/> Truffle Oil | <input type="checkbox"/> Mahi Mahi |
| <input type="checkbox"/> Pecans | <input type="checkbox"/> Truffle Oil, Black | <input type="checkbox"/> Mussel |
| <input type="checkbox"/> Pepitas | <input type="checkbox"/> Vegetable Shortening (Spectrum®) | <input type="checkbox"/> Octopus |
| <input type="checkbox"/> Pili Nuts | <input type="checkbox"/> Walnut Oil | <input type="checkbox"/> Orange Roughy |
| <input type="checkbox"/> Pine Nut | <input type="checkbox"/> Walnuts | <input type="checkbox"/> Oyster |
| <input type="checkbox"/> Pistachios | <input type="checkbox"/> Walnuts, Black | <input type="checkbox"/> Perch |
| <input type="checkbox"/> Poppy seeds | <input type="checkbox"/> Fish & Shellfish | <input type="checkbox"/> Red Snapper |
| <input type="checkbox"/> Psyllium Husk | <input type="checkbox"/> Anchovy | <input type="checkbox"/> Salmon, wild (fresh) |
| <input type="checkbox"/> Pumpkin Oil | <input type="checkbox"/> Bass | <input type="checkbox"/> Sardines |
| <input type="checkbox"/> Pumpkin Seed Oil | <input type="checkbox"/> Catfish | <input type="checkbox"/> Scallop |
| <input type="checkbox"/> Pumpkin Seeds | <input type="checkbox"/> Chilean Sea Bass | <input type="checkbox"/> Shrimp |
| <input type="checkbox"/> Ramon Seeds | <input type="checkbox"/> Clam | <input type="checkbox"/> Sole |
| <input type="checkbox"/> Rice, Wild (Lundberg® - not the blend) | <input type="checkbox"/> Cod/ Cod Liver Oil | <input type="checkbox"/> Squid |
| <input type="checkbox"/> Sacha Inchi Seeds | <input type="checkbox"/> Corvina | <input type="checkbox"/> Swai |
| <input type="checkbox"/> Sesame Seed Oil | | <input type="checkbox"/> Swordfish |

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|---|---|---|
| <input type="checkbox"/> Tilapia (Wild, Non-farmed) | <input type="checkbox"/> Bell Pepper, Yellow | <input type="checkbox"/> Daikon Radish |
| <input type="checkbox"/> Trout | <input type="checkbox"/> Bok Choy | <input type="checkbox"/> Dandelion Greens |
| <input type="checkbox"/> Tuna | <input type="checkbox"/> Broccoli | <input type="checkbox"/> Dandelion Root |
| <input type="checkbox"/> Walleye Pike | <input type="checkbox"/> Broccolini | <input type="checkbox"/> Eggplant |
| <input type="checkbox"/> Whitefish/Turbot | <input type="checkbox"/> Broccoli Rabe | <input type="checkbox"/> Endive |
| <input type="checkbox"/> Vegetables | <input type="checkbox"/> Broccoli Sprouts | <input type="checkbox"/> Fennel |
| <input type="checkbox"/> Alfalfa Grass | <input type="checkbox"/> Brussels Sprout | <input type="checkbox"/> Garlic |
| <input type="checkbox"/> Alfalfa Sprouts | <input type="checkbox"/> Burdock | <input type="checkbox"/> Hearts of Palm |
| <input type="checkbox"/> Aloe Vera | <input type="checkbox"/> Cabbage, Chinese (see also Bok Choy) | <input type="checkbox"/> Horseradish |
| <input type="checkbox"/> Artichoke (not pickled) | <input type="checkbox"/> Cabbage, Green | <input type="checkbox"/> Jicama |
| <input type="checkbox"/> Artichoke, Jerusalem (not pickled) | <input type="checkbox"/> Cabbage, Purple | <input type="checkbox"/> Kale, all types |
| <input type="checkbox"/> Arugula | <input type="checkbox"/> Cactus (Nopales) | <input type="checkbox"/> Kelp/Dulse |
| <input type="checkbox"/> Asparagus | <input type="checkbox"/> Capers | <input type="checkbox"/> Kohlrabi |
| <input type="checkbox"/> Avocado | <input type="checkbox"/> Capsicum | <input type="checkbox"/> Kombu |
| <input type="checkbox"/> Bamboo Shoot | <input type="checkbox"/> Cauliflower | <input type="checkbox"/> Leeks |
| <input type="checkbox"/> Bean, Green | <input type="checkbox"/> Cauliflower, Purple | <input type="checkbox"/> Lettuce, all types |
| <input type="checkbox"/> Bean Sprout | <input type="checkbox"/> Celery | <input type="checkbox"/> Mushrooms |
| <input type="checkbox"/> Beet | <input type="checkbox"/> Chard | <input type="checkbox"/> Mushrooms, Button |
| <input type="checkbox"/> Beet Greens | <input type="checkbox"/> Chayote | <input type="checkbox"/> Mushrooms, Cremini/Crimini |
| <input type="checkbox"/> Bell Pepper | <input type="checkbox"/> Chives | <input type="checkbox"/> Mushrooms, Maitake |
| <input type="checkbox"/> Bell Pepper, Green | <input type="checkbox"/> Coconut (raw and unsweetened) | <input type="checkbox"/> Mushrooms, Shiitake |
| <input type="checkbox"/> Bell Pepper, Orange | <input type="checkbox"/> Coconut Concentrate | <input type="checkbox"/> Mustard Greens |
| <input type="checkbox"/> Bell Pepper, Red | <input type="checkbox"/> Collard Greens | <input type="checkbox"/> Nori |
| | <input type="checkbox"/> Cucumber | <input type="checkbox"/> Okra |

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|---|---|---|
| <input type="checkbox"/> Olives (without vinegar) | <input type="checkbox"/> Pumpkin Powder | <input type="checkbox"/> Tomato |
| <input type="checkbox"/> Onion, Green | <input type="checkbox"/> Radicchio | <input type="checkbox"/> Tomato, Cherry |
| <input type="checkbox"/> Onion, Maui | <input type="checkbox"/> Radish | <input type="checkbox"/> Tomato, Heirloom |
| <input type="checkbox"/> Onion, Red | <input type="checkbox"/> Rainbow Chard | <input type="checkbox"/> Tomato, Orange |
| <input type="checkbox"/> Onion, Sweet | <input type="checkbox"/> Red Pepper Flake | <input type="checkbox"/> Tomato, Red |
| <input type="checkbox"/> Onion, Yellow | <input type="checkbox"/> Rhubarb | <input type="checkbox"/> Tomato, Roma |
| <input type="checkbox"/> Paprika | <input type="checkbox"/> Rutabaga | <input type="checkbox"/> Tomato, Sun-dried |
| <input type="checkbox"/> Parsley | <input type="checkbox"/> Sauerkraut (Bubbies® Brand only) | <input type="checkbox"/> Tomato, Yellow |
| <input type="checkbox"/> Parsnip | <input type="checkbox"/> Scallions | <input type="checkbox"/> Tomatoes, Big Beef |
| <input type="checkbox"/> Pea, Black-Eyed | <input type="checkbox"/> Sea Vegetables | <input type="checkbox"/> Tomato Paste (gluten & Vinegar-free) |
| <input type="checkbox"/> Pepper, Anaheim | <input type="checkbox"/> Seaweed | <input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free) |
| <input type="checkbox"/> Pepper, Cayenne | <input type="checkbox"/> Shallots | <input type="checkbox"/> Truffle |
| <input type="checkbox"/> Pepper, Chili | <input type="checkbox"/> Spinach | <input type="checkbox"/> Turnip Greens |
| <input type="checkbox"/> Pepper, Green | <input type="checkbox"/> Spirulina | <input type="checkbox"/> Turnips |
| <input type="checkbox"/> Pepper, Habanero | <input type="checkbox"/> Squash | <input type="checkbox"/> Water Chestnut |
| <input type="checkbox"/> Pepper, Jalapeño | <input type="checkbox"/> Squash, Acorn | <input type="checkbox"/> Watercress |
| <input type="checkbox"/> Pepper, Poblano | <input type="checkbox"/> Squash, Butternut | <input type="checkbox"/> Zucchini |
| <input type="checkbox"/> Pepper, Red | <input type="checkbox"/> Squash, Green | <input type="checkbox"/> Meat & Poultry |
| <input type="checkbox"/> Pepper, Serrano | <input type="checkbox"/> Squash, Spaghetti | <input type="checkbox"/> Applegate® organic black forest ham |
| <input type="checkbox"/> Pickles, Bubbies® brand only | <input type="checkbox"/> Squash, Summer | <input type="checkbox"/> Applegate® organic chicken/apple sausage |
| <input type="checkbox"/> Pimento | <input type="checkbox"/> Squash, Winter | <input type="checkbox"/> Applegate® organic ham |
| <input type="checkbox"/> Prickly Pear | <input type="checkbox"/> Squash, Yellow | <input type="checkbox"/> Applegate® organic hot dogs |
| <input type="checkbox"/> Psyllium Husk | <input type="checkbox"/> Swiss Chard | <input type="checkbox"/> Applegate® organic red pepper sausage |
| <input type="checkbox"/> Pumpkin | <input type="checkbox"/> Tomatillo | |

☐ Applegate® organic roast beef☐ Applegate® organic sausage
sweet italian☐ Beef, Grass-fed only (organic)☐ Bison (see also Buffalo)☐ Buffalo (see also Bison)☐ Chicken, free range (organic)☐ Collagen Protein (Powder)☐ Deer (see also Venison)☐ Duck☐ Goat, Grass-fed only (organic)☐ Great Lake's® Beef Gelatin☐ Lamb☐ Lard (pork)☐ Ostrich☐ Pheasant☐ Pork, (organic)☐ Quail☐ Rabbit☐ Turkey (organic)☐ Veal (organic)☐ Venison (see also Deer)☐ **Non-Dairy & Eggs**☐ Almond Milk, unsweetened (no
tapioca)☐ Almond Yogurt, unsweetened☐ Coconut Kefir (No Tapioca,
Carageenan)☐ Coconut Milk(Native Forest or
Natural Value)☐ Egg, Pasture-raised (from a
farmer)☐ Egg, Vital Farms® or Pasture
Verde®☐ Egg, Whites, Pasture-raised☐ Egg, Yolks Pasture-raised☐ Milk, Soy (Organic)☐ **Condiments, Spreads & Sauces**☐ Apple Cider Vinegar (Bragg's®)☐ BodyPro Almond Mayo with
Yacon Syrup☐ Carob☐ Cocoa Butter☐ Coconut Aminos®☐ Coconut Cream☐ Coconut Vinegar (Coconut
Secret)☐ Earth Balance® Coconut
Spread☐ Harissa☐ Horseradish Sauce, Gluten-free
(Annie's®)☐ Hummus☐ Liquid Aminos (Briggs®)(has
Soy)☐ Liquid Smoke gluten free
(natural)☐ Mustard, Brown (Eden® gf
mustard)☐ Olives (without vinegar)☐ Red Bean Paste☐ Red Tomato Paste (gluten free)☐ Sauerkraut (Bubbies® Brand
only)☐ Tamari (Wheat Free)☐ Tomato Paste (gluten &
Vinegar-free)☐ Tomato Sauce (gluten &
Vinegar-free)☐ Vegetable Shortening
(Spectrum®)☐ **Sweeteners**☐ Coconut Palm Sugar☐ Jerusalem Artichoke Syrup☐ Just Like Sugar®☐ Lo Han☐ Rebiana Leaf (Stevia)☐ Sweetleaf® Stevia☐ Yacon Syrup

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|---|--|--|
| <input type="checkbox"/> Herbs & Spices | <input type="checkbox"/> Cream of Tartar | <input type="checkbox"/> Juniper Berry |
| <input type="checkbox"/> Allspice | <input type="checkbox"/> Cumin | <input type="checkbox"/> Lavender |
| <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Curcumin | <input type="checkbox"/> Lemon Balm (Melissa Officinalis) |
| <input type="checkbox"/> Anise | <input type="checkbox"/> Curry (must be GF) | <input type="checkbox"/> Lemongrass |
| <input type="checkbox"/> Ashwaganda | <input type="checkbox"/> Dandelion Root | <input type="checkbox"/> Lemon Pepper |
| <input type="checkbox"/> Astragalus | <input type="checkbox"/> Dill | <input type="checkbox"/> Licorice Root |
| <input type="checkbox"/> Basil | <input type="checkbox"/> Dong Quai | <input type="checkbox"/> Maca Root |
| <input type="checkbox"/> Bay Leaf | <input type="checkbox"/> Echinacea | <input type="checkbox"/> Mace Spice |
| <input type="checkbox"/> Bell Pepper, Red | <input type="checkbox"/> Fennel | <input type="checkbox"/> Marjoram |
| <input type="checkbox"/> Black Cohosh | <input type="checkbox"/> Garam Masala | <input type="checkbox"/> Mesquite |
| <input type="checkbox"/> Capsicum | <input type="checkbox"/> Garlic | <input type="checkbox"/> Milk Thistle |
| <input type="checkbox"/> Caraway Seed | <input type="checkbox"/> Garlic Pepper | <input type="checkbox"/> Mint |
| <input type="checkbox"/> Cardamom | <input type="checkbox"/> Garlic Powder | <input type="checkbox"/> Mustard (as a Powder) |
| <input type="checkbox"/> Celery Powder | <input type="checkbox"/> Garlic Salt | <input type="checkbox"/> Mustard Seeds (gluten free) |
| <input type="checkbox"/> Chicory Root | <input type="checkbox"/> Ginger | <input type="checkbox"/> Nutmeg |
| <input type="checkbox"/> Chili Powder | <input type="checkbox"/> Ginkgo Biloba | <input type="checkbox"/> Olive Leaf Extract |
| <input type="checkbox"/> Chipotle Seasoning | <input type="checkbox"/> Ginseng (All Types) | <input type="checkbox"/> Onion |
| <input type="checkbox"/> Cilantro/Coriander | <input type="checkbox"/> Goldenseal | <input type="checkbox"/> Onion Powder |
| <input type="checkbox"/> Cinnamon | <input type="checkbox"/> Grapefruit Seed Extract | <input type="checkbox"/> Oregano |
| <input type="checkbox"/> Cinnamon, Ceylon | <input type="checkbox"/> Gymnema Silvestre | <input type="checkbox"/> Paprika |
| <input type="checkbox"/> Cloves | <input type="checkbox"/> Herbs De Provence | <input type="checkbox"/> Paprika (smoked) |
| <input type="checkbox"/> Cloves, Madagascar | <input type="checkbox"/> Hickory | <input type="checkbox"/> Parsley |
| <input type="checkbox"/> Cloves, Penang | <input type="checkbox"/> Himalayan Salt | <input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper) |
| <input type="checkbox"/> Cramp Bark Extract | <input type="checkbox"/> Jamaican Jerk | <input type="checkbox"/> Pepper, Cayenne |

<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Bean, Red
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Valerian	<input type="checkbox"/> Beans
<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)
<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Peppermint	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Edamame (must be organic)
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Garbanzo Bean
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Wormwood	<input type="checkbox"/> Kidney Bean
<input type="checkbox"/> Rosemary	<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Lentil(s)
<input type="checkbox"/> Saffron	<div>No foods in this Category</div>	<input type="checkbox"/> Miso
<input type="checkbox"/> Sage	<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Peanut (Organic, Valencia)
<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> Peanut Butter (Organic, Maranatha®)
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Peanut Oil (Organic)
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Red Bean Paste
<input type="checkbox"/> Shallots	<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Soybean oil(must be organic)
<input type="checkbox"/> Spearmint	<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> Soy Beans (must be organic)
<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Sumac	<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Taco Seasoning	<input type="checkbox"/> Bean, Italian	
<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Bean, Kidney	
<input type="checkbox"/> Tarragon	<input type="checkbox"/> Bean, Lima	
<input type="checkbox"/> Thyme	<input type="checkbox"/> Bean, Mung	
<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Bean, Pinto/Frijole	
<input type="checkbox"/> Turmeric		

<input type="checkbox"/> Corn-Derived Foods	<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Tea, Hibiscus
<div>No foods in this Category</div>	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Tea, Oolong
<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Tea, Ramon
<div>No foods in this Category</div>	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Tea, Roobios
<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Tea, Unflavored
<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Tea, White
<input type="checkbox"/> Amaranth	<input type="checkbox"/> Coffee	<input type="checkbox"/> Water
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)
<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Zevia Drinks
<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Miscellaneous
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Acacia Gum
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Green Tea	<input type="checkbox"/> Agar Gum
<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Antimony
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Arabic Gum
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Baking Soda (Arm & Hammer®)
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Blue Food Dye
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Bone Broth, Beef
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)
<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Formaldehyde
	<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Great Lake's® Beef Gelatin
	<input type="checkbox"/> Tea, Green	

- ☐ Guar Gum
- ☐ Inulin
- ☐ Julian Bakery Almond Bread
- ☐ Julian Bakery Coconut Bread
- ☐ Konjac Glucomannon Flour
- ☐ Lard (pork)
- ☐ Latex
- ☐ Locust Bean Gum
- ☐ Lycopene
- ☐ Palm Wax
- ☐ Red Food Dye
- ☐ Red Tomato Paste (gluten free)
- ☐ Silver
- ☐ Skinny Crisps® (Plain Jane)
- ☐ Tofu (Organic)
- ☐ Tragacanth Gum

☐ Snacks

No foods in this Category