

The following foods were foods that were removed from your diet and are now ok to have

	Ostrich	Snacks
<b>Fruits</b>	Pheasant	AB
Acai	Rabbit	qwerty
alpha	Non-Dairy & Eggs	
bravo	Condiments, Spreads & Sauces	
charlie	Sweeteners	
<b>Nuts, Seeds, Drupes &amp; Oils</b>	Herbs & Spices	
<b>Fish &amp; Shellfish</b>	Maca Root	
Chilean Sea Bass	Sumac	
Corvina	Milk-Containing Foods	
Mahi Mahi	Legumes & Pulses	
Octopus	Corn-Derived Foods	
Sardines	Gluten-Containing Foods	
Swai	Gluten-Free Grains	
Tilapia (Wild, Non-farmed)	Beverages & Protein Powders	
Whitefish/Turbot	Miscellaneous	
<b>Vegetables</b>	Latex	

Goat, Grass-fed only (organic)