

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Broccolini	<input type="checkbox"/> Coconut Concentrate
<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Collard Greens
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Comfrey
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Burdock	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Arugula	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Cucumber
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Avocado	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Dandelion Greens
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Capers	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Barley Grass (can have gluten)	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Barley Greens (may contain gluten)	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Endive
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Fennel
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Garlic
<input type="checkbox"/> Beet	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Ginger
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Jicama
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Celery	<input type="checkbox"/> Kelp/Dulse
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Chard	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Bitter Melon	<input type="checkbox"/> Chayote	<input type="checkbox"/> Kombu
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Chives	<input type="checkbox"/> Leeks
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Lettuce, all types

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|---|---|---|
| <input type="checkbox"/> Mushrooms                            | <input type="checkbox"/> Pepper, Anaheim              | <input type="checkbox"/> Radish                           |
| <input type="checkbox"/> Mushrooms, Button                    | <input type="checkbox"/> Pepper, Cayenne              | <input type="checkbox"/> Rainbow Chard                    |
| <input type="checkbox"/> Mushrooms, Cremini/Crimini           | <input type="checkbox"/> Pepper, Chili                | <input type="checkbox"/> Red Pepper Flake                 |
| <input type="checkbox"/> Mushrooms, Maitake                   | <input type="checkbox"/> Pepper, Green                | <input type="checkbox"/> Rhubarb                          |
| <input type="checkbox"/> Mushrooms, Shiitake                  | <input type="checkbox"/> Pepper, Habanero             | <input type="checkbox"/> Rutabaga                         |
| <input type="checkbox"/> Mustard Greens                       | <input type="checkbox"/> Pepper, Jalapeño             | <input type="checkbox"/> Sauerkraut (Bubbies® Brand only) |
| <input type="checkbox"/> Nori                                 | <input type="checkbox"/> Pepper, Poblano              | <input type="checkbox"/> Scallions                        |
| <input type="checkbox"/> Oat Grass (Not For Gluten Sensitive) | <input type="checkbox"/> Pepper, Red                  | <input type="checkbox"/> Sea Vegetables                   |
| <input type="checkbox"/> Okra                                 | <input type="checkbox"/> Pepper, Serrano              | <input type="checkbox"/> Seaweed                          |
| <input type="checkbox"/> Olives (without vinegar)             | <input type="checkbox"/> Pepper, Tabasco              | <input type="checkbox"/> Shallots                         |
| <input type="checkbox"/> Onion, Green                         | <input type="checkbox"/> Pickles, Bubbies® brand only | <input type="checkbox"/> Spinach                          |
| <input type="checkbox"/> Onion, Maui                          | <input type="checkbox"/> Pimento                      | <input type="checkbox"/> Spirulina                        |
| <input type="checkbox"/> Onion, Red                           | <input type="checkbox"/> Potato, Fingerling           | <input type="checkbox"/> Squash                           |
| <input type="checkbox"/> Onion, Sweet                         | <input type="checkbox"/> Potato, Purple               | <input type="checkbox"/> Squash, Acorn                    |
| <input type="checkbox"/> Onion, Yellow                        | <input type="checkbox"/> Potato, Red                  | <input type="checkbox"/> Squash, Butternut                |
| <input type="checkbox"/> Paprika                              | <input type="checkbox"/> Potato, Russet               | <input type="checkbox"/> Squash, Green                    |
| <input type="checkbox"/> Parsley                              | <input type="checkbox"/> Potato, Sweet                | <input type="checkbox"/> Squash, Spaghetti                |
| <input type="checkbox"/> Parsnip                              | <input type="checkbox"/> Potato, White                | <input type="checkbox"/> Squash, Summer                   |
| <input type="checkbox"/> Pea, Black-Eyed                      | <input type="checkbox"/> Potato, Yukon Gold           | <input type="checkbox"/> Squash, Winter                   |
| <input type="checkbox"/> Pea, Green                           | <input type="checkbox"/> Prickly Pear                 | <input type="checkbox"/> Squash, Yellow                   |
| <input type="checkbox"/> Pea, Snap                            | <input type="checkbox"/> Psyllium Husk                | <input type="checkbox"/> Sugar Beet                       |
| <input type="checkbox"/> Pea, Snow                            | <input type="checkbox"/> Pumpkin                      | <input type="checkbox"/> Swede                            |
| <input type="checkbox"/> Pea, Split                           | <input type="checkbox"/> Pumpkin Powder               | <input type="checkbox"/> Sweet Potato, Red                |
| <input type="checkbox"/> Pea Protein                          | <input type="checkbox"/> Radicchio                    | <input type="checkbox"/> Sweet Potatoes, White            |

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|---|--|---|
| <input type="checkbox"/> Swiss Chard                          | <input type="checkbox"/> Yucca                 | <input type="checkbox"/> Elderberry       |
| <input type="checkbox"/> Tabasco Sauce                        | <input type="checkbox"/> Zucchini              | <input type="checkbox"/> Fig              |
| <input type="checkbox"/> Taro                                 | <input type="checkbox"/> <b>Fruits</b>         | <input type="checkbox"/> Goji Berry       |
| <input type="checkbox"/> Tomatillo                            | <input type="checkbox"/> Acai                  | <input type="checkbox"/> Golden Berry     |
| <input type="checkbox"/> Tomato                               | <input type="checkbox"/> Apple (all types)     | <input type="checkbox"/> Gooseberries     |
| <input type="checkbox"/> Tomato, Cherry                       | <input type="checkbox"/> Apricot               | <input type="checkbox"/> Grape            |
| <input type="checkbox"/> Tomato, Heirloom                     | <input type="checkbox"/> Banana                | <input type="checkbox"/> Grape, Green     |
| <input type="checkbox"/> Tomato, Orange                       | <input type="checkbox"/> Bilberry              | <input type="checkbox"/> Grape, Purple    |
| <input type="checkbox"/> Tomato, Red                          | <input type="checkbox"/> Blackberry            | <input type="checkbox"/> Grape, Red       |
| <input type="checkbox"/> Tomato, Roma                         | <input type="checkbox"/> Blueberry             | <input type="checkbox"/> Grape, White     |
| <input type="checkbox"/> Tomato, Sun-dried                    | <input type="checkbox"/> Boysenberry           | <input type="checkbox"/> Grapefruit       |
| <input type="checkbox"/> Tomato, Yellow                       | <input type="checkbox"/> Cantaloupe            | <input type="checkbox"/> Grapefruit Juice |
| <input type="checkbox"/> Tomatoes, Big Beef                   | <input type="checkbox"/> Cape Gooseberries     | <input type="checkbox"/> Ground Cherries  |
| <input type="checkbox"/> Tomato Paste (gluten & Vinegar-free) | <input type="checkbox"/> Carambola             | <input type="checkbox"/> Guava            |
| <input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free) | <input type="checkbox"/> Cherry                | <input type="checkbox"/> Huckleberry      |
| <input type="checkbox"/> Truffle                              | <input type="checkbox"/> Clementine            | <input type="checkbox"/> Jack fruit       |
| <input type="checkbox"/> Turnip Greens                        | <input type="checkbox"/> Cranberry             | <input type="checkbox"/> Kiwi             |
| <input type="checkbox"/> Turnips                              | <input type="checkbox"/> Cranberry Juice       | <input type="checkbox"/> Kumquat          |
| <input type="checkbox"/> Wasabi Root                          | <input type="checkbox"/> Currant               | <input type="checkbox"/> Lemon            |
| <input type="checkbox"/> Water Chestnut                       | <input type="checkbox"/> Dates                 | <input type="checkbox"/> Lemon Juice      |
| <input type="checkbox"/> Watercress                           | <input type="checkbox"/> Dragon Fruit (Pitaya) | <input type="checkbox"/> Lemon Rind/Peel  |
| <input type="checkbox"/> Wheat Grass (Is Gluten-contaminated) | <input type="checkbox"/> Dried Fruit           | <input type="checkbox"/> Lime             |
| <input type="checkbox"/> Yams, Garnett                        | <input type="checkbox"/> Durian Fruit          | <input type="checkbox"/> Lime Juice       |
| <input type="checkbox"/> Yams, Japanese                       |  | <input type="checkbox"/> Loganberry       |

Nanny Mai

11/14/2017

<input type="checkbox"/> Longan Fruit	<input type="checkbox"/> Plum	<input type="checkbox"/> Bean, Green
<input type="checkbox"/> Loquat	<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Bean, Haricot
<input type="checkbox"/> Lychee	<input type="checkbox"/> Pomelo	<input type="checkbox"/> Bean, Italian
<input type="checkbox"/> Mango	<input type="checkbox"/> Prune	<input type="checkbox"/> Bean, Kidney
<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Quince	<input type="checkbox"/> Bean, Lima
<input type="checkbox"/> Maqui	<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Bean, Mung
<input type="checkbox"/> Melon, Honeydew	<input type="checkbox"/> Rambutan	<input type="checkbox"/> Bean, Navy
<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Raspberry	<input type="checkbox"/> Bean, Ninja
<input type="checkbox"/> Mulberry	<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Bean, Pinto/Frijole
<input type="checkbox"/> Nectarines	<input type="checkbox"/> Strawberry	<input type="checkbox"/> Bean, Red
<input type="checkbox"/> Noni	<input type="checkbox"/> Tamarind	<input type="checkbox"/> Bean, White
<input type="checkbox"/> Orange	<input type="checkbox"/> Tangelo	<input type="checkbox"/> Beans
<input type="checkbox"/> Orange, Blood	<input type="checkbox"/> Tangerine	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Watermelon	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Edamame (must be organic)
<input type="checkbox"/> Oranges, Mandarin	<input type="checkbox"/> Youngberry	<input type="checkbox"/> Fava Bean
<input type="checkbox"/> Papaya	<input type="checkbox"/> <b>Legumes, Pods, &amp; Pulses</b>	<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> Garbanzo Bean
<input type="checkbox"/> Peach	<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Pear	<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Kidney Bean
<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Lentil(s)
<input type="checkbox"/> Persimmons	<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> Miso
<input type="checkbox"/> Pineapple	<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Plantain		<input type="checkbox"/> Pea, Snow

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|--|---|---|
| <input type="checkbox"/> Pea, Split                            | <input type="checkbox"/> Cashew Meal                          | <input type="checkbox"/> Macadamia Nut Oil                      |
| <input type="checkbox"/> Peanut (Organic, Valencia)            | <input type="checkbox"/> Cashews                              | <input type="checkbox"/> Macadamia Nuts                         |
| <input type="checkbox"/> Peanut Butter (Organic, Maranatha®)   | <input type="checkbox"/> Chestnut                             | <input type="checkbox"/> MCT Oil                                |
| <input type="checkbox"/> Red Bean Paste                        | <input type="checkbox"/> Chia Seed (1/4 cup, max)             | <input type="checkbox"/> Olive Leaf Extract                     |
| <input type="checkbox"/> Soybean oil(must be organic)          | <input type="checkbox"/> Coconut, shredded (raw, unsweetened) | <input type="checkbox"/> Olive Oil, Virgin                      |
| <input type="checkbox"/> Soy Beans (must be organic)           | <input type="checkbox"/> Coconut Butter                       | <input type="checkbox"/> Palm Kernel Oil                        |
| <input type="checkbox"/> Vanilla Bean                          | <input type="checkbox"/> Coconut Oil                          | <input type="checkbox"/> Peanut Oil (Organic)                   |
| <input type="checkbox"/> <b>Nuts, Seeds, Drupes &amp; Oils</b> | <input type="checkbox"/> Cola Nut (aka Kola Nut)              | <input type="checkbox"/> Pecan Flour                            |
| <input type="checkbox"/> Almond                                | <input type="checkbox"/> Corn Oil                             | <input type="checkbox"/> Pecans                                 |
| <input type="checkbox"/> Almond, Marcona                       | <input type="checkbox"/> Cottonseed/Cottonseed Oil            | <input type="checkbox"/> Pepitas                                |
| <input type="checkbox"/> Almond Butter (Artisana®)             | <input type="checkbox"/> Duck Fat                             | <input type="checkbox"/> Pili Nuts                              |
| <input type="checkbox"/> Almond Flavor (natural, gluten free)  | <input type="checkbox"/> Fenugreek Seed                       | <input type="checkbox"/> Pine Nut                               |
| <input type="checkbox"/> Almond Flour (gluten free)            | <input type="checkbox"/> Flax Meal                            | <input type="checkbox"/> Pistachios                             |
| <input type="checkbox"/> Almond Meal (gluten free)             | <input type="checkbox"/> Flax Oil                             | <input type="checkbox"/> Poppy seeds                            |
| <input type="checkbox"/> Almond Oil                            | <input type="checkbox"/> Flax Seed                            | <input type="checkbox"/> Psyllium Husk                          |
| <input type="checkbox"/> Annatto Seed                          | <input type="checkbox"/> Grapeseed Oil, Organic               | <input type="checkbox"/> Pumpkin Oil                            |
| <input type="checkbox"/> Avocado Oil                           | <input type="checkbox"/> Hazelnut/Filbert                     | <input type="checkbox"/> Pumpkin Seed Oil                       |
| <input type="checkbox"/> Borage Seed Oil                       | <input type="checkbox"/> Hazelnut Flour                       | <input type="checkbox"/> Pumpkin Seeds                          |
| <input type="checkbox"/> Brazil Nut                            | <input type="checkbox"/> Hemp Meal                            | <input type="checkbox"/> Ramon Seeds                            |
| <input type="checkbox"/> Canola/Rapeseed Oil                   | <input type="checkbox"/> Hemp Protein (Powder)                | <input type="checkbox"/> Rice, Wild (Lundberg® - not the blend) |
| <input type="checkbox"/> Canola Oil, Non-GMO                   | <input type="checkbox"/> Hemp Seed                            | <input type="checkbox"/> Rice Bran Oil                          |
| <input type="checkbox"/> Caraway Seed                          | <input type="checkbox"/> Hydrogenated Oils                    | <input type="checkbox"/> Sacha Inchi Seeds                      |
| <input type="checkbox"/> Cashew Butter                         | <input type="checkbox"/> Krill Oil                            | <input type="checkbox"/> Safflower/Safflower Seed Oil           |
|  | <input type="checkbox"/> Lard/Tallow (pork)                   | <input type="checkbox"/> Sesame Seed Oil                        |

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|---|---|--|
| <input type="checkbox"/> Sesame Seeds                         | <input type="checkbox"/> Basil              | <input type="checkbox"/> Cumin                   |
| <input type="checkbox"/> Sesame Seeds, Black                  | <input type="checkbox"/> Bay Leaf           | <input type="checkbox"/> Curcumin                |
| <input type="checkbox"/> Sunflower Seed Butter                | <input type="checkbox"/> Bell Pepper, Red   | <input type="checkbox"/> Curry (must be GF)      |
| <input type="checkbox"/> Sunflower Seed Flour                 | <input type="checkbox"/> Black Cohosh       | <input type="checkbox"/> Dandelion Root          |
| <input type="checkbox"/> Sunflower Seed Lecithin              | <input type="checkbox"/> Capsicum           | <input type="checkbox"/> Dill                    |
| <input type="checkbox"/> Sunflower Seed Oil                   | <input type="checkbox"/> Caramel Coloring   | <input type="checkbox"/> Dong Quai               |
| <input type="checkbox"/> Sunflower Seeds                      | <input type="checkbox"/> Caraway Seed       | <input type="checkbox"/> Echinacea               |
| <input type="checkbox"/> Tahini                               | <input type="checkbox"/> Cardamom           | <input type="checkbox"/> Fennel                  |
| <input type="checkbox"/> Tea, Ramon                           | <input type="checkbox"/> Catnip             | <input type="checkbox"/> Fennel Seed             |
| <input type="checkbox"/> Tiger Nuts                           | <input type="checkbox"/> Celery Powder      | <input type="checkbox"/> Garam Masala            |
| <input type="checkbox"/> Truffle Oil                          | <input type="checkbox"/> Celery Seed        | <input type="checkbox"/> Garlic                  |
| <input type="checkbox"/> Truffle Oil, Black                   | <input type="checkbox"/> Chaparral          | <input type="checkbox"/> Garlic Pepper           |
| <input type="checkbox"/> Vegetable Oil                        | <input type="checkbox"/> Chervil            | <input type="checkbox"/> Garlic Powder           |
| <input type="checkbox"/> Vegetable Shortening (Spectrum®)     | <input type="checkbox"/> Chili Powder       | <input type="checkbox"/> Garlic Salt             |
| <input type="checkbox"/> Walnut Oil                           | <input type="checkbox"/> Chipotle Seasoning | <input type="checkbox"/> Ginger Powder           |
| <input type="checkbox"/> Walnuts                              | <input type="checkbox"/> Cilantro/Coriander | <input type="checkbox"/> Ginkgo Biloba           |
| <input type="checkbox"/> Walnuts, Black                       | <input type="checkbox"/> Cinnamon           | <input type="checkbox"/> Ginseng (All Types)     |
| <input type="checkbox"/> <b>Herbs &amp; Spices</b>            | <input type="checkbox"/> Cinnamon, Ceylon   | <input type="checkbox"/> Goldenseal              |
| <input type="checkbox"/> Allspice                             | <input type="checkbox"/> Clove Powder       | <input type="checkbox"/> Grapefruit Seed Extract |
| <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Cloves, Madagascar | <input type="checkbox"/> Grapeseed Extract       |
| <input type="checkbox"/> Anise                                | <input type="checkbox"/> Cloves, Penang     | <input type="checkbox"/> Guarana                 |
| <input type="checkbox"/> Ashwaganda                           | <input type="checkbox"/> Comfrey            | <input type="checkbox"/> Gymnema Silvestre       |
| <input type="checkbox"/> Astragalus                           | <input type="checkbox"/> Cramp Bark Extract | <input type="checkbox"/> Herbs De Provence       |
|   | <input type="checkbox"/> Cream of Tartar    | <input type="checkbox"/> Hickory                 |

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|--|---|---|
| <input type="checkbox"/> Himalayan Salt                      | <input type="checkbox"/> Paprika (smoked)                               | <input type="checkbox"/> Spearmint                      |
| <input type="checkbox"/> Jamaican Jerk                       | <input type="checkbox"/> Parsley  | <input type="checkbox"/> St. John's Wort                |
| <input type="checkbox"/> Juniper Berry                       | <input type="checkbox"/> Pau D'arco                                     | <input type="checkbox"/> Sumac                          |
| <input type="checkbox"/> Lavender                            | <input type="checkbox"/> Pepper, Black (see<br>Garlic/Lemon Pepper)     | <input type="checkbox"/> Tabasco Sauce                  |
| <input type="checkbox"/> Lemon Balm (Melissa<br>Officinalis) | <input type="checkbox"/> Pepper, Cayenne                                | <input type="checkbox"/> Taco Seasoning                 |
| <input type="checkbox"/> Lemongrass                          | <input type="checkbox"/> Pepper, Red                                    | <input type="checkbox"/> Tamari (Wheat Free)            |
| <input type="checkbox"/> Lemon Pepper                        | <input type="checkbox"/> Pepper, Sichuan                                | <input type="checkbox"/> Tarragon                       |
| <input type="checkbox"/> Licorice Root                       | <input type="checkbox"/> Pepper, Szechuan                               | <input type="checkbox"/> Thyme                          |
| <input type="checkbox"/> Maca Root                           | <input type="checkbox"/> Pepper/Peppercorns                             | <input type="checkbox"/> Tomatillo                      |
| <input type="checkbox"/> Mace Spice                          | <input type="checkbox"/> Peppermint                                     | <input type="checkbox"/> Turmeric                       |
| <input type="checkbox"/> Marjoram                            | <input type="checkbox"/> Pine Bark Extract                              | <input type="checkbox"/> Uva Ursi                       |
| <input type="checkbox"/> Mesquite                            | <input type="checkbox"/> Red Chili Paste Thai Kitchen®<br>(gluten free) | <input type="checkbox"/> Valerian                       |
| <input type="checkbox"/> Milk Thistle                        | <input type="checkbox"/> Red Clover                                     | <input type="checkbox"/> Vanilla (gluten and corn-free) |
| <input type="checkbox"/> Mint                                | <input type="checkbox"/> Red Pepper Flake                               | <input type="checkbox"/> Vanilla Bean                   |
| <input type="checkbox"/> Mustard (as a Powder)               | <input type="checkbox"/> Rose Hips                                      | <input type="checkbox"/> Vanilla Powder                 |
| <input type="checkbox"/> Mustard Seeds (gluten free)         | <input type="checkbox"/> Rosemary                                       | <input type="checkbox"/> White Willow Bark Extract      |
| <input type="checkbox"/> Nutmeg                              | <input type="checkbox"/> Saffron  | <input type="checkbox"/> Wintergreen                    |
| <input type="checkbox"/> Olive Leaf Extract                  | <input type="checkbox"/> Sage   | <input type="checkbox"/> Wormwood                       |
| <input type="checkbox"/> Onion                               | <input type="checkbox"/> Sassafras                                      |   |
| <input type="checkbox"/> Onion Powder                        | <input type="checkbox"/> Savory   |   |
| <input type="checkbox"/> Orange Peel/Rind                    | <input type="checkbox"/> Saw Plametto                                   |   |
| <input type="checkbox"/> Orange Salt                         | <input type="checkbox"/> Sesame Seeds                                   |   |
| <input type="checkbox"/> Oregano                             | <input type="checkbox"/> Sesame Seeds, Black                            |   |
| <input type="checkbox"/> Paprika                             | <input type="checkbox"/> Shallots                                       |   |

<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Oyster	<input type="checkbox"/> Applegate® organic herb roasted turkey
<input type="checkbox"/> Anchovy	<input type="checkbox"/> Perch	<input type="checkbox"/> Applegate® organic hot dogs
<input type="checkbox"/> Bass	<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Applegate® organic red pepper sausage
<input type="checkbox"/> Catfish	<input type="checkbox"/> Salmon, wild (fresh)	<input type="checkbox"/> Applegate® organic roast beef
<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Sardines	<input type="checkbox"/> Applegate® organic sausage sweet italian
<input type="checkbox"/> Clam	<input type="checkbox"/> Scallop	<input type="checkbox"/> Applegate® organic smoked chicken breast
<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Shrimp	<input type="checkbox"/> Applegate® organic smoked turkey breast
<input type="checkbox"/> Corvina	<input type="checkbox"/> Sole	<input type="checkbox"/> Applegate® organic spinach & feta sausage
<input type="checkbox"/> Crab	<input type="checkbox"/> Squid	<input type="checkbox"/> Applegate® organic turkey
<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Swai	<input type="checkbox"/> Applegate® organic turkey bacon
<input type="checkbox"/> Crayfish	<input type="checkbox"/> Swordfish	<input type="checkbox"/> Beef, Grass-fed only (organic)
<input type="checkbox"/> Flounder	<input type="checkbox"/> Tilapia (Wild, Non-farmed)	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Haddock	<input type="checkbox"/> Trout	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Hake	<input type="checkbox"/> Tuna	<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> Halibut	<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)
<input type="checkbox"/> Herring	<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Krill	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Lobster	<input type="checkbox"/> Applegate® organic andouille sausage	<input type="checkbox"/> Duck
<input type="checkbox"/> Lox	<input type="checkbox"/> Applegate® organic bacon	<input type="checkbox"/> Goat, Grass-fed only (organic)
<input type="checkbox"/> Mackerel	<input type="checkbox"/> Applegate® organic black forest ham	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Applegate® organic chicken	<input type="checkbox"/> Lamb
<input type="checkbox"/> Mussel	<input type="checkbox"/> Applegate® organic chicken/apple sausage	<input type="checkbox"/> Ostrich
<input type="checkbox"/> Octopus	<input type="checkbox"/> Applegate® organic ham	<input type="checkbox"/> Pheasant
<input type="checkbox"/> Orange Roughy		<input type="checkbox"/> Pork, (organic)



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|--|---|--|
| <input type="checkbox"/> Quail                                     | <input type="checkbox"/> Cheese, Marscapone             | <input type="checkbox"/> Milk, Sheep                                   |
| <input type="checkbox"/> Rabbit                                    | <input type="checkbox"/> Cheese, Mozzarella (Raw)       | <input type="checkbox"/> Milk Chocolate                                |
| <input type="checkbox"/> Turkey (organic)                          | <input type="checkbox"/> Cheese, Muenster               | <input type="checkbox"/> Mozzarella Cheese                             |
| <input type="checkbox"/> Veal (organic)                            | <input type="checkbox"/> Cheese, Parmesan               | <input type="checkbox"/> Sour Cream, Raw and Unpasteurized             |
| <input type="checkbox"/> Venison (see also Deer)                   | <input type="checkbox"/> Cheese, Pecorino               | <input type="checkbox"/> Whey  |
| <input type="checkbox"/> <b>Milk-Containing Foods</b>              | <input type="checkbox"/> Cheese, Provolone              | <input type="checkbox"/> Yogurt (See Xanthan Gum)                      |
| <input type="checkbox"/> Applegate® organic spinach & feta sausage | <input type="checkbox"/> Cheese, Raw and Pasture-raised | <input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>                   |
| <input type="checkbox"/> Butter, Raw and Pasture-raised            | <input type="checkbox"/> Cheese, Ricotta                | <input type="checkbox"/> Almond Milk, unsweetened (no tapioca)         |
| <input type="checkbox"/> Buttermilk                                | <input type="checkbox"/> Cheese, Romano                 | <input type="checkbox"/> Almond Yogurt, unsweetened                    |
| <input type="checkbox"/> Casein                                    | <input type="checkbox"/> Cheese, Sheep                  | <input type="checkbox"/> BodyPro Avocado Oil Mayonnaise                |
| <input type="checkbox"/> Cheese, American                          | <input type="checkbox"/> Cheese, String (Mozzarella)    | <input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast, ....) |
| <input type="checkbox"/> Cheese, Asiago                            | <input type="checkbox"/> Cheese, Swiss                  | <input type="checkbox"/> Cheese, Soy (Organic) (see Soy)               |
| <input type="checkbox"/> Cheese, Bleu                              | <input type="checkbox"/> Chocolate, Milk                | <input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)        |
| <input type="checkbox"/> Cheese, Brie                              | <input type="checkbox"/> Chocolate, White               | <input type="checkbox"/> Coconut Milk (Native Forest or Natural Value) |
| <input type="checkbox"/> Cheese, Cheddar (Raw)                     | <input type="checkbox"/> Cream, Raw and Unpasteurized   | <input type="checkbox"/> Egg, Pasture-raised (from a farmer)           |
| <input type="checkbox"/> Cheese, Cottage                           | <input type="checkbox"/> Ghee (Pasture-Raised, Organic) | <input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®           |
| <input type="checkbox"/> Cheese, Cream                             | <input type="checkbox"/> Goat Cheese                    | <input type="checkbox"/> Egg Whites, Pasture-raised                    |
| <input type="checkbox"/> Cheese, Feta                              | <input type="checkbox"/> Goat Kefir                     | <input type="checkbox"/> Egg Yolks, Pasture-raised                     |
| <input type="checkbox"/> Cheese, Goat                              | <input type="checkbox"/> Kefir, Raw                     | <input type="checkbox"/> Milk, Soy (Organic)                           |
| <input type="checkbox"/> Cheese, Gorgonzola                        | <input type="checkbox"/> Lactic Acid (milk-derived)     | <input type="checkbox"/> Paleo Cheese (Julianbakery.com or             |
| <input type="checkbox"/> Cheese, Gouda                             | <input type="checkbox"/> Lactoalbumin                   |  |
| <input type="checkbox"/> Cheese, Havarti                           | <input type="checkbox"/> Milk, Buffalo                  |  |
| <input type="checkbox"/> Cheese, Machego                           | <input type="checkbox"/> Milk, Cow                      |  |
|  | <input type="checkbox"/> Milk, Goat                     |  |

<input type="checkbox"/> <b>Gluten-Free Grains</b>	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Rice Bran
<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Julian Bakery Almond Bread	<input type="checkbox"/> Rice Flour (gluten free)
<input type="checkbox"/> Amaranth	<input type="checkbox"/> Julian Bakery Coconut Bread	<input type="checkbox"/> Rice Protein Powder (gluten free)
<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Simple Mills - Everything Sprouted Seed Cracker
<input type="checkbox"/> Avenin (Gluten-free)	<input type="checkbox"/> Mikey's Original English Muffin	<input type="checkbox"/> Simple Mills Cracked Black Pepper Almond Crackers
<input type="checkbox"/> Basmati Rice (gluten free)	<input type="checkbox"/> Mikey's Pizza crust	<input type="checkbox"/> Simple Mills Ground Sea Salt Almond Crackers
<input type="checkbox"/> Brown Rice Flour	<input type="checkbox"/> Mikey's Sliced Bread Loaf	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers
<input type="checkbox"/> Buckwheat	<input type="checkbox"/> Millet	<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers
<input type="checkbox"/> Buckwheat Flour	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Sorghum
<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Oats (Certified GF)	<input type="checkbox"/> Sunflower Seed Flour
<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Sweet Potato Flour (gluten free)
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tapioca
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> ProGranola (Julian Bakery)	<input type="checkbox"/> Tapioca Flour (gluten free)
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Tapioca Starch (gluten free)
<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Teff
<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Teff Flour
<input type="checkbox"/> Ener-G Brown Rice Yeast-Free Bread	<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta
<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Tortilla, Siete Almond
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut
<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Rice, Purple (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Udi's Millet-Chia Bread
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Udi's White Sandwich Bread
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Udi's Whole Grain Bread

<input type="checkbox"/> <b>Gluten-Containing Foods</b>	<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)
<input type="checkbox"/> Allulose	<input type="checkbox"/> Malt	<input type="checkbox"/> <b>Corn-Derived Foods</b>
<input type="checkbox"/> Avenin	<input type="checkbox"/> Maltitol	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/> Barley	<input type="checkbox"/> Maltodextrin (Barley-derived)	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Barley Grass (can have gluten)	<input type="checkbox"/> Miso	<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast,....)
<input type="checkbox"/> Barley Greens (may contain gluten)	<input type="checkbox"/> Modified Food Starch	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)
<input type="checkbox"/> Barley Juice (may contain gluten)	<input type="checkbox"/> Oats	<input type="checkbox"/> Chewing Gum (has gluten and corn)
<input type="checkbox"/> Beer	<input type="checkbox"/> Oats, GF (not Certified) can have gluten	<input type="checkbox"/> Citric Acid (can be corn-derived)
<input type="checkbox"/> Bran	<input type="checkbox"/> Orzo	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Bread	<input type="checkbox"/> Panko	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Polish Wheat	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Rye	<input type="checkbox"/> Corn Gluten
<input type="checkbox"/> Cheese, Bleu	<input type="checkbox"/> Semolina	<input type="checkbox"/> Corn Meal (gluten free)
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Soy Sauce	<input type="checkbox"/> Corn Oil
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Spelt	<input type="checkbox"/> Corn Starch (gluten free)
<input type="checkbox"/> Couscous	<input type="checkbox"/> Teechino	<input type="checkbox"/> Corn Syrup
<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Teriyaki Sauce	<input type="checkbox"/> Erythritol (non-GMO)
<input type="checkbox"/> Durum Wheat	<input type="checkbox"/> Triticale	<input type="checkbox"/> Fructose
<input type="checkbox"/> Egyptian Wheat	<input type="checkbox"/> Vinegar	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)
<input type="checkbox"/> Farro	<input type="checkbox"/> Vinegar, Malt	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Gliadin	<input type="checkbox"/> Vinegar, White	<input type="checkbox"/> Lactic Acid (corn-derived)
<input type="checkbox"/> Gluten	<input type="checkbox"/> Vodka, Rye or Grain	<input type="checkbox"/> Maize
<input type="checkbox"/> Graham (wheat)	<input type="checkbox"/> Wheat (All Types)	<input type="checkbox"/> Maltitol
<input type="checkbox"/> Kamut	<input type="checkbox"/> Wheat Germ	

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| <input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)                     | <input type="checkbox"/> Distilled White Vinegar                         | <input type="checkbox"/> Soy Sauce                               |
| <input type="checkbox"/> Modified Food Starch                                   | <input type="checkbox"/> Dressing, Primal Kitchen Greek Avocado Oil      | <input type="checkbox"/> Sriracha Sauce Organicville gluten-free |
| <input type="checkbox"/> Sriracha Sauce Organicville gluten-free                | <input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard          | <input type="checkbox"/> Tabasco Sauce                           |
| <input type="checkbox"/> Swerve® Sweetener                                      | <input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread        | <input type="checkbox"/> Tamari (Wheat Free)                     |
| <input type="checkbox"/> Vodka, Corn  | <input type="checkbox"/> Earth Balance® Coconut Spread                   | <input type="checkbox"/> Teriyaki Sauce                          |
| <input type="checkbox"/> Xanthan Gum  | <input type="checkbox"/> Harissa   | <input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)    |
| <input type="checkbox"/> Yogurt (See Xanthan Gum)                               | <input type="checkbox"/> Horseradish Mustard, Gluten-free (Annie's®)     | <input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)    |
| <input type="checkbox"/> <b>Condiments, Spreads &amp; Sauces</b>                | <input type="checkbox"/> Hummus  | <input type="checkbox"/> Ume Plum Vinegar                        |
| <input type="checkbox"/> Apple Cider Vinegar (Bragg's®)                         | <input type="checkbox"/> Ketchup (Organicville)                          | <input type="checkbox"/> Veganise Soy-free (Follow Your Heart®)  |
| <input type="checkbox"/> Balsamic Vinegar (w/ Caramel or Red Wine Vinegar)      | <input type="checkbox"/> Kosher Salt                                     | <input type="checkbox"/> Vegetable Shortening (Spectrum®)        |
| <input type="checkbox"/> Balsamic Vinegar (with Red Wine Vinegar)               | <input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)                | <input type="checkbox"/> Vinegar                                 |
| <input type="checkbox"/> Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar) | <input type="checkbox"/> Liquid Smoke (can have gluten)                  | <input type="checkbox"/> Vinegar, Beet                           |
| <input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy              | <input type="checkbox"/> Liquid Smoke gluten free (natural)              | <input type="checkbox"/> Vinegar, Distilled                      |
| <input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup                | <input type="checkbox"/> Mayonnaise                                      | <input type="checkbox"/> Vinegar, Malt                           |
| <input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup                   | <input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil          | <input type="checkbox"/> Vinegar, Red Wine                       |
| <input type="checkbox"/> BodyPro Avocado Oil Mayonnaise                         | <input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil | <input type="checkbox"/> Vinegar, Rice                           |
| <input type="checkbox"/> Carob  | <input type="checkbox"/> Mustard, Brown (Eden® gf mustard)               | <input type="checkbox"/> Vinegar, White                          |
| <input type="checkbox"/> Cocoa Butter   | <input type="checkbox"/> Olives (without vinegar)                        | <input type="checkbox"/> Vinegar, White Wine                     |
| <input type="checkbox"/> Coconut Aminos®  | <input type="checkbox"/> Red Bean Paste                                  | <input type="checkbox"/> Worcestershire Sauce (The Wizard's® GF) |
| <input type="checkbox"/> Coconut Cream  | <input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)     |  |
| <input type="checkbox"/> Coconut Vinegar (Coconut Secret)                       | <input type="checkbox"/> Red Tomato Paste (gluten free)                  |  |
| <input type="checkbox"/> Cream, Raw and Unpasteurized                           | <input type="checkbox"/> Sauerkraut (Bubbies® Brand only)                |  |
| <input type="checkbox"/> Daiya - Medium Cheddar Block                           | <input type="checkbox"/> Sherry Vinegar                                  |  |
|   | <input type="checkbox"/> Sour Cream, Raw and Unpasteurized               |  |

<input type="checkbox"/> <b>Sweeteners</b>	<input type="checkbox"/> Maltitol	<input type="checkbox"/> <b>Beverages &amp; Protein Powders</b>
<input type="checkbox"/> Agave Nectar	<input type="checkbox"/> Maltodextrin (Barley-derived)	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)
<input type="checkbox"/> Aspartame	<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)	<input type="checkbox"/> Apple Cider
<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup	<input type="checkbox"/> Maltodextrin (Tapioca-based)	<input type="checkbox"/> Apple Juice
<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Maple Sugar	<input type="checkbox"/> Beer
<input type="checkbox"/> Brown Sugar	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)	<input type="checkbox"/> Bone Broth Protein, Beef
<input type="checkbox"/> Cane Syrup	<input type="checkbox"/> Molasses	<input type="checkbox"/> Carrot Juice
<input type="checkbox"/> Chocolate, Dark	<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Casein
<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Monk Fruit Extract	<input type="checkbox"/> Cocoa
<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Nutrasweet®	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)
<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)
<input type="checkbox"/> Coconut Sugar	<input type="checkbox"/> Sorbitol	<input type="checkbox"/> Coconut Water (low sugar)
<input type="checkbox"/> Corn Syrup	<input type="checkbox"/> Splenda	<input type="checkbox"/> Coffee (Brewed and Not Instant)
<input type="checkbox"/> Date Sugar	<input type="checkbox"/> Sucanat	<input type="checkbox"/> Coffee, Instant (has gluten)
<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Sucralose	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Fructose	<input type="checkbox"/> Sugar Beet	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Fruit Pectin	<input type="checkbox"/> Sugar Cane	<input type="checkbox"/> Echinacea Tea
<input type="checkbox"/> Honey, (Organic)	<input type="checkbox"/> Sweetleaf® Stevia	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Honey, Manuka	<input type="checkbox"/> Swerve® Sweetener	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Honey, Wildflower from Mahava®	<input type="checkbox"/> Tapioca Dextrose	<input type="checkbox"/> Green Tea
<input type="checkbox"/> Jerusalem Artichoke Syrup	<input type="checkbox"/> Tapioca Syrup	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Just Like Sugar®	<input type="checkbox"/> Xyla (Birchwood Xylitol)	<input type="checkbox"/> Komboucha Tea
<input type="checkbox"/> Lo Han	<input type="checkbox"/> Xylitol	<input type="checkbox"/> Lactoalbumin
<input type="checkbox"/> Malt	<input type="checkbox"/> Yacon Syrup	<input type="checkbox"/> Lemon Juice

<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Tea, Unflavored	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple)
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Tea, White	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chipotle)
<input type="checkbox"/> Milk, Buffalo	<input type="checkbox"/> Teechino	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Tomato)
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Vodka, Corn	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Vodka, Potato	<input type="checkbox"/> Hops
<input type="checkbox"/> Milk, Rice	<input type="checkbox"/> Vodka, Rye or Grain	<input type="checkbox"/> Julian Bakery Paleo Wraps
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Water	<input type="checkbox"/> Latex
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Whey	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Wine, Red	<input type="checkbox"/> Modified Food Starch
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Wine, White (Champagne)	<input type="checkbox"/> Modified Food Starch (Tapioca-based)
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Pycnogenol
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Zevia Drinks	<input type="checkbox"/> Red Tomato Paste (gluten free)
<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> <b>Miscellaneous</b>	<input type="checkbox"/> Resveratrol
<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> Antimony	<input type="checkbox"/> Rice Starch (if certified gluten free)
<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Silver
<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Tobacco
<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Beef broth (Imagine® low sodium/GF)	<input type="checkbox"/> Tofu (Organic)
<input type="checkbox"/> Tea, Chicory Root	<input type="checkbox"/> Bone Broth, Beef	<input type="checkbox"/> Vegetable broth (Imagine® Low Sodium)
<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Cacao (Raw, Pure, & Unsweetened)	<input type="checkbox"/> Yeast, Baker's
<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)	<input type="checkbox"/> Yeast, Brewer's
<input type="checkbox"/> Tea, Komboucha	<input type="checkbox"/> Cocoa	<input type="checkbox"/> Yeast, Nutritional
<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Collagen Protein (Powder)	
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)	
<input type="checkbox"/> Tea, Roobios		

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| <input type="checkbox"/> Snacks  | <input type="checkbox"/> Lactic Acid (milk-derived)       |
| <input type="checkbox"/> Apple Sauce                                       | <input type="checkbox"/> Locust Bean Gum                  |
| <input type="checkbox"/> Chewing Gum (has gluten and corn)                 | <input type="checkbox"/> Maltodextrin (Barley-derived)    |
| <input type="checkbox"/> Chewing Gum, Xyl chew®                            | <input type="checkbox"/> MSG/Monosodium Glutamate         |
| <input type="checkbox"/> Dates   | <input type="checkbox"/> Palm Wax                         |
| <input type="checkbox"/> Simple Mills Chocolate Chip Cookies               | <input type="checkbox"/> Pea Protein Isolate              |
| <input type="checkbox"/> Simple Mills Cracked Black Pepper Almond Crackers | <input type="checkbox"/> Pea Starch                       |
| <input type="checkbox"/> Skinny Crisps® (Plain Jane)                       | <input type="checkbox"/> Potato Protein                   |
| <input type="checkbox"/> Food Additives                                    | <input type="checkbox"/> Red Food Dye                     |
| <input type="checkbox"/> Acacia Gum  | <input type="checkbox"/> Sodium Alginate                  |
| <input type="checkbox"/> Agar Gum  | <input type="checkbox"/> Tragacanth Gum                   |
| <input type="checkbox"/> Annatto Coloring                                  | <input type="checkbox"/> Tricalcium Phosphate             |
| <input type="checkbox"/> Arabic Gum  | <input type="checkbox"/> Vegan Enzyme                     |
| <input type="checkbox"/> Asafoetida Powder                                 | <input type="checkbox"/> Vegan Natural Flavors (no MSG)   |
| <input type="checkbox"/> Blue Food Dye                                     | <input type="checkbox"/> Vegan Natural Flavors (with MSG) |
| <input type="checkbox"/> Carrageenan Gum                                   | <input type="checkbox"/> Xanthan Gum                      |
| <input type="checkbox"/> Chicory Root                                      |   |
| <input type="checkbox"/> Citric Acid (can be corn-derived)                 |   |
| <input type="checkbox"/> Formaldehyde                                      |   |
| <input type="checkbox"/> Guar Gum  |   |
| <input type="checkbox"/> Inulin  |   |
| <input type="checkbox"/> Lactic Acid (beet-derived)                        |   |
| <input type="checkbox"/> Lactic Acid (corn-derived)                        |   |