

<input type="checkbox"/> Fruits	<input type="checkbox"/> Grape, Purple	<input type="checkbox"/> Nectarines
<input type="checkbox"/> Acai	<input type="checkbox"/> Grape, Red	<input type="checkbox"/> Noni
<input type="checkbox"/> Apricot	<input type="checkbox"/> Grape, White	<input type="checkbox"/> Orange
<input type="checkbox"/> Banana	<input type="checkbox"/> Grapefruit	<input type="checkbox"/> Orange, Blood
<input type="checkbox"/> Bilberry	<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Orange Juice
<input type="checkbox"/> Blackberry	<input type="checkbox"/> Guava	<input type="checkbox"/> Orange Peel/Rind
<input type="checkbox"/> Blueberry	<input type="checkbox"/> Huckleberry	<input type="checkbox"/> Papaya
<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Jack fruit	<input type="checkbox"/> Passion Fruit
<input type="checkbox"/> Cantaloupe	<input type="checkbox"/> Kiwi	<input type="checkbox"/> Peach
<input type="checkbox"/> Cherry	<input type="checkbox"/> Kumquat	<input type="checkbox"/> Pear
<input type="checkbox"/> Clementine	<input type="checkbox"/> Lemon	<input type="checkbox"/> Pear, Asian
<input type="checkbox"/> Cranberry	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Persimmons
<input type="checkbox"/> Cranberry Juice	<input type="checkbox"/> Lemon Rind/Peel	<input type="checkbox"/> Pineapple
<input type="checkbox"/> Currant	<input type="checkbox"/> Lime	<input type="checkbox"/> Plantain
<input type="checkbox"/> Dates	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Plum
<input type="checkbox"/> Dragon Fruit (Pitaya)	<input type="checkbox"/> Litchi (aka Lychee)	<input type="checkbox"/> Pomegranate
<input type="checkbox"/> Dried Fruit	<input type="checkbox"/> Loganberry	<input type="checkbox"/> Pomelo
<input type="checkbox"/> Elderberry	<input type="checkbox"/> Loquat	<input type="checkbox"/> Prune
<input type="checkbox"/> Fig	<input type="checkbox"/> Mango	<input type="checkbox"/> Quince
<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Raisin (unsulfured, organic)
<input type="checkbox"/> Golden Berry	<input type="checkbox"/> Maqui	<input type="checkbox"/> Raspberry
<input type="checkbox"/> Gooseberry	<input type="checkbox"/> Melon, Honeydew	<input type="checkbox"/> Star Fruit
<input type="checkbox"/> Grape	<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Strawberry
<input type="checkbox"/> Grape, Green	<input type="checkbox"/> Mulberry	<input type="checkbox"/> Tamarind

<input type="checkbox"/> Tangelo	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Safflower/Safflower Seed Oil
<input type="checkbox"/> Tangerine	<input type="checkbox"/> Flax Oil	<input type="checkbox"/> Sesame Seed Oil
<input type="checkbox"/> Vinegar, Red Wine	<input type="checkbox"/> Flax Seed	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Watermelon	<input type="checkbox"/> Grapeseed Oil, Organic	<input type="checkbox"/> Sesame Seeds, Black
<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Sunflower Seed Butter
<input type="checkbox"/> Youngberry	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Sunflower Seed Lecithin
<input type="checkbox"/> Nuts, Seeds, Drupes & Oils	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Sunflower Seed Oil
<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Sunflower Seeds
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Tahini
<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Tea, Ramon
<input type="checkbox"/> Canola/Rapeseed Oil	<input type="checkbox"/> Macadamia Nut Oil	<input type="checkbox"/> Tiger Nuts
<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Macadamia Nuts	<input type="checkbox"/> Truffle Oil
<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Truffle Oil, Black
<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Pecan Flour	<input type="checkbox"/> Vegetable Oil
<input type="checkbox"/> Cashews	<input type="checkbox"/> Pecans	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> Chestnut	<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Walnut Oil
<input type="checkbox"/> Chia Seed (1/4 cup, max)	<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Walnuts
<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Pistachios	<input type="checkbox"/> Walnuts, Black
<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Poppy seeds	
<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Psyllium Husk	
<input type="checkbox"/> Cola Nut (aka Kola Nut)	<input type="checkbox"/> Ramon Seeds	
<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	
<input type="checkbox"/> Cottonseed/Cottonseed Oil	<input type="checkbox"/> Rice Bran Oil	
	<input type="checkbox"/> Sacha Inchi Seeds	

<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Sole	<input type="checkbox"/> Bell Pepper
<input type="checkbox"/> Anchovy	<input type="checkbox"/> Squid	<input type="checkbox"/> Bell Pepper, Green
<input type="checkbox"/> Bass	<input type="checkbox"/> Swai	<input type="checkbox"/> Bell Pepper, Orange
<input type="checkbox"/> Catfish	<input type="checkbox"/> Swordfish	<input type="checkbox"/> Bell Pepper, Red
<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Tilapia (Wild, Non-farmed)	<input type="checkbox"/> Bell Pepper, Yellow
<input type="checkbox"/> Clam	<input type="checkbox"/> Trout	<input type="checkbox"/> Burdock
<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Tuna	<input type="checkbox"/> Cactus (Nopales)
<input type="checkbox"/> Corvina	<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Capers
<input type="checkbox"/> Crab	<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Capsicum
<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Vegetables	<input type="checkbox"/> Carrot, Orange
<input type="checkbox"/> Crayfish	<input type="checkbox"/> Agave Nectar	<input type="checkbox"/> Carrot, Purple
<input type="checkbox"/> Hake	<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Carrot, White
<input type="checkbox"/> Lobster	<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Carrot, Yellow
<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Carrot Juice
<input type="checkbox"/> Mussel	<input type="checkbox"/> Arugula	<input type="checkbox"/> Cassava (see Tapioca and Yucca)
<input type="checkbox"/> Octopus	<input type="checkbox"/> Avocado	<input type="checkbox"/> Chard
<input type="checkbox"/> Orange Roughy	<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Chayote
<input type="checkbox"/> Oyster	<input type="checkbox"/> Barley Grass (can have gluten)	<input type="checkbox"/> Chives
<input type="checkbox"/> Perch	<input type="checkbox"/> Barley Greens (may contain gluten)	<input type="checkbox"/> Coconut (raw and unsweetened)
<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Coconut Concentrate
<input type="checkbox"/> Salmon, wild (fresh)	<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Collard Greens
<input type="checkbox"/> Sardines	<input type="checkbox"/> Beet	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Scallop	<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Shrimp		<input type="checkbox"/> Corn, White

<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Red Pepper Flake
<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Rhubarb
<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Rutabaga
<input type="checkbox"/> Eggplant	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Sea Vegetables
<input type="checkbox"/> Endive	<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Seaweed
<input type="checkbox"/> Fennel	<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Spirulina
<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Squash
<input type="checkbox"/> Horseradish	<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Squash, Acorn
<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Squash, Butternut
<input type="checkbox"/> Jicama	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Squash, Green
<input type="checkbox"/> Kelp/Dulse	<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Squash, Spaghetti
<input type="checkbox"/> Kohlrabi	<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Squash, Summer
<input type="checkbox"/> Kombu	<input type="checkbox"/> Pimento	<input type="checkbox"/> Squash, Winter
<input type="checkbox"/> Leeks	<input type="checkbox"/> Potato, Fingerling	<input type="checkbox"/> Squash, Yellow
<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Potato, Purple	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Nori	<input type="checkbox"/> Potato, Red	<input type="checkbox"/> Sweet Potato, Red
<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)	<input type="checkbox"/> Potato, Russet	<input type="checkbox"/> Sweet Potatoes, White
<input type="checkbox"/> Paprika	<input type="checkbox"/> Potato, Sweet	<input type="checkbox"/> Swiss Chard
<input type="checkbox"/> Parsley	<input type="checkbox"/> Potato, White	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Parsnip	<input type="checkbox"/> Potato, Yukon Gold	<input type="checkbox"/> Tomato
<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Tomato, Cherry
<input type="checkbox"/> Pea, Green	<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Tomato, Heirloom
<input type="checkbox"/> Pea, Snap	<input type="checkbox"/> Radicchio	<input type="checkbox"/> Tomato, Orange
<input type="checkbox"/> Pea, Snow	<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tomato, Red

<input type="checkbox"/> Tomato, Roma	<input type="checkbox"/> Applegate® organic herb roasted turkey	<input type="checkbox"/> Egg, Pasture-raised (from a farmer)
<input type="checkbox"/> Tomato, Sun-dried	<input type="checkbox"/> Applegate® organic hot dogs	<input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®
<input type="checkbox"/> Tomato, Yellow	<input type="checkbox"/> Applegate® organic red pepper sausage	<input type="checkbox"/> Egg, Whites, Pasture-raised
<input type="checkbox"/> Tomatoes, Big Beef	<input type="checkbox"/> Applegate® organic sausage sweet italian	<input type="checkbox"/> Egg, Yolks Pasture-raised
<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Applegate® organic smoked chicken breast	<input type="checkbox"/> Milk, Soy (Organic)
<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Applegate® organic smoked turkey breast	<input type="checkbox"/> Paleo Cheese (Julianbakery.com or
<input type="checkbox"/> Truffle	<input type="checkbox"/> Applegate® organic spinach & feta sausage	<input type="checkbox"/> Condiments, Spreads & Sauces
<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Applegate® organic turkey	<input type="checkbox"/> Balsamic Vinegar (w/ Caramel or Red Wine Vinegar)
<input type="checkbox"/> Turnips	<input type="checkbox"/> Applegate® organic turkey bacon	<input type="checkbox"/> Balsamic Vinegar (with Red Wine Vinegar)
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar)
<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/> Watercress	<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup
<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)	<input type="checkbox"/> Ostrich	<input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup
<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Pheasant	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise
<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Quail	<input type="checkbox"/> Carob
<input type="checkbox"/> Yucca	<input type="checkbox"/> Rabbit	<input type="checkbox"/> Cocoa Butter
<input type="checkbox"/> Zucchini	<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Coconut Aminos®
<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Almond Yogurt, unsweetened	<input type="checkbox"/> Coconut Cream
<input type="checkbox"/> Applegate® organic andouille sausage	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)
<input type="checkbox"/> Applegate® organic bacon	<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast,....)	<input type="checkbox"/> Cream, Raw and Unpasteurized
<input type="checkbox"/> Applegate® organic black forest ham	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Dressing, Primal Kitchen Greek Avocado Oil
<input type="checkbox"/> Applegate® organic chicken	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard
<input type="checkbox"/> Applegate® organic chicken/apple sausage	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread

<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Erythritol (non-GMO)
<input type="checkbox"/> Harissa	<input type="checkbox"/> Vinegar	<input type="checkbox"/> Fructose
<input type="checkbox"/> Hummus	<input type="checkbox"/> Vinegar, Beet	<input type="checkbox"/> Fruit Pectin
<input type="checkbox"/> Ketchup (Organicville)	<input type="checkbox"/> Vinegar, Distilled	<input type="checkbox"/> Honey, (Organic)
<input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)	<input type="checkbox"/> Vinegar, Malt	<input type="checkbox"/> Honey, Manuka
<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Vinegar, Red Wine	<input type="checkbox"/> Honey, Wildflower from Mahava®
<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Vinegar, Rice	<input type="checkbox"/> Just Like Sugar®
<input type="checkbox"/> Mayonnaise	<input type="checkbox"/> Vinegar, White	<input type="checkbox"/> Lo Han
<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil	<input type="checkbox"/> Vinegar, White Wine	<input type="checkbox"/> Maltitol
<input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil	<input type="checkbox"/> White/Distilled Vinegar	<input type="checkbox"/> Maltodextrin (Barley-derived)
<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Worcestershire Sauce (The Wizard's® GF)	<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)
<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)	<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Maltodextrin (Tapioca-based)
<input type="checkbox"/> Red Tomato Paste (gluten free)	<input type="checkbox"/> Agave Nectar	<input type="checkbox"/> Maple Sugar
<input type="checkbox"/> Sherry Vinegar	<input type="checkbox"/> Aspartame	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)
<input type="checkbox"/> Sour Cream, Raw and Unpasteurized	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup	<input type="checkbox"/> Molasses
<input type="checkbox"/> Soy Sauce	<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Monk Fruit (Pure)
<input type="checkbox"/> Sriracha Sauce Organicville gluten-free	<input type="checkbox"/> Cane Syrup	<input type="checkbox"/> Monk Fruit Extract
<input type="checkbox"/> Tabasco Sauce	<input type="checkbox"/> Chocolate, Dark	<input type="checkbox"/> Nutrasweet®
<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Rebiana Leaf (Stevia)
<input type="checkbox"/> Teriyaki Sauce	<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Sorbitol
<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Splenda
<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Coconut Sugar	<input type="checkbox"/> Sucanat
<input type="checkbox"/> Ume Plum Vinegar	<input type="checkbox"/> Date Sugar	<input type="checkbox"/> Sucralose
<input type="checkbox"/> Veganise Soy-free (Follow Your Heart®)		<input type="checkbox"/> Sugar Beet

Nanny Mai

11/02/2017

<input type="checkbox"/> Sugar Cane	<input type="checkbox"/> Cilantro/Coriander	<input type="checkbox"/> Gymnema Silvestre
<input type="checkbox"/> Sweetleaf® Stevia	<input type="checkbox"/> Cinnamon	<input type="checkbox"/> Herbs De Provence
<input type="checkbox"/> Swerve® Sweetener	<input type="checkbox"/> Cinnamon, Ceylon	<input type="checkbox"/> Hickory
<input type="checkbox"/> Tapioca Dextrose	<input type="checkbox"/> Cloves	<input type="checkbox"/> Himalayan Salt
<input type="checkbox"/> Xyla (Birchwood Xylitol)	<input type="checkbox"/> Cloves, Madagascar	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Xylitol	<input type="checkbox"/> Cloves, Penang	<input type="checkbox"/> Jamaican Jerk
<input type="checkbox"/> Yacon Syrup	<input type="checkbox"/> Cramp Bark Extract	<input type="checkbox"/> Juniper Berry
<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Cream of Tartar	<input type="checkbox"/> Lavender
<input type="checkbox"/> Allspice	<input type="checkbox"/> Cumin	<input type="checkbox"/> Lemon Balm (Melissa Officinalis)
<input type="checkbox"/> Anise	<input type="checkbox"/> Curcumin	<input type="checkbox"/> Lemongrass
<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Curry (must be GF)	<input type="checkbox"/> Lemon Pepper
<input type="checkbox"/> Astragalus	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Licorice Root
<input type="checkbox"/> Basil	<input type="checkbox"/> Dill	<input type="checkbox"/> Maca Root
<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Dong Quai	<input type="checkbox"/> Mace Spice
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Echinacea	<input type="checkbox"/> Marjoram
<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Fennel	<input type="checkbox"/> Mesquite
<input type="checkbox"/> Capsicum	<input type="checkbox"/> Garam Masala	<input type="checkbox"/> Milk Thistle
<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Ginger	<input type="checkbox"/> Mint
<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Mustard (as a Powder)
<input type="checkbox"/> Cardamom	<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Mustard Seeds (gluten free)
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Nutmeg
<input type="checkbox"/> Chili Powder	<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Orange Peel/Rind
<input type="checkbox"/> Chipotle Seasoning	<input type="checkbox"/> Grapeseed Extract	<input type="checkbox"/> Orange Salt
	<input type="checkbox"/> Guarana	<input type="checkbox"/> Oregano

<input type="checkbox"/> Paprika	<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Cheese, Cottage
<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Tarragon	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Parsley	<input type="checkbox"/> Thyme	<input type="checkbox"/> Cheese, Feta
<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Cheese, Goat
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Turmeric	<input type="checkbox"/> Cheese, Gorgonzola
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Cheese, Gouda
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Valerian	<input type="checkbox"/> Cheese, Havarti
<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Cheese, Machego
<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Cheese, Marscapone
<input type="checkbox"/> Peppermint	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Cheese, Mozzarella (Raw)
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Cheese, Muenster
<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)	<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Cheese, Parmesan
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Wormwood	<input type="checkbox"/> Cheese, Pecorino
<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Cheese, Provolone
<input type="checkbox"/> Rosemary	<input type="checkbox"/> Applegate® organic spinach & feta sausage	<input type="checkbox"/> Cheese, Raw and Pasture-raised
<input type="checkbox"/> Saffron	<input type="checkbox"/> Butter, Raw and Pasture-raised	<input type="checkbox"/> Cheese, Ricotta
<input type="checkbox"/> Sage	<input type="checkbox"/> Buttermilk	<input type="checkbox"/> Cheese, Romano
<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Casein	<input type="checkbox"/> Cheese, Sheep
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Cheese, American	<input type="checkbox"/> Cheese, String (Mozzarella)
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Cheese, Asiago	<input type="checkbox"/> Cheese, Swiss
<input type="checkbox"/> Spearmint	<input type="checkbox"/> Cheese, Bleu	<input type="checkbox"/> Chocolate, Milk
<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Cheese, Brie	<input type="checkbox"/> Chocolate, White
<input type="checkbox"/> Sumac	<input type="checkbox"/> Cheese, Cheddar (Raw)	<input type="checkbox"/> Cream, Raw and Unpasteurized
<input type="checkbox"/> Taco Seasoning		<input type="checkbox"/> Ghee (Pasture-Raised, Organic)

<input type="checkbox"/>	Goat Cheese	<input type="checkbox"/>	Bean, Lima	<input type="checkbox"/>	Peanut Oil (Organic)
<input type="checkbox"/>	Goat Kefir	<input type="checkbox"/>	Bean, Mung	<input type="checkbox"/>	Red Bean Paste
<input type="checkbox"/>	Kefir, Raw	<input type="checkbox"/>	Bean, Navy	<input type="checkbox"/>	Soybean oil(must be organic)
<input type="checkbox"/>	Lactoalbumin	<input type="checkbox"/>	Bean, Ninja	<input type="checkbox"/>	Soy Beans (must be organic)
<input type="checkbox"/>	Milk, Buffalo	<input type="checkbox"/>	Bean, Pinto/Frijole	<input type="checkbox"/>	Vanilla Bean
<input type="checkbox"/>	Milk, Cow	<input type="checkbox"/>	Bean, Red	<input type="checkbox"/>	Vanilla Powder
<input type="checkbox"/>	Milk, Goat	<input type="checkbox"/>	Bean, White	<input type="checkbox"/>	Vegetable Oil
<input type="checkbox"/>	Milk, Sheep	<input type="checkbox"/>	Beans	<input type="checkbox"/>	Corn-Derived Foods
<input type="checkbox"/>	Milk Chocolate	<input type="checkbox"/>	Chickpea (see also Garbanzo Bean)	<input type="checkbox"/>	Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/>	Mozzarella Cheese	<input type="checkbox"/>	Coffee Bean, Organic	<input type="checkbox"/>	Cheese, Cream
<input type="checkbox"/>	Sour Cream, Raw and Unpasteurized	<input type="checkbox"/>	Edamame (must be organic)	<input type="checkbox"/>	Cheese, Daiya (Coconut, Tapioca, yeast, ...)
<input type="checkbox"/>	Whey	<input type="checkbox"/>	Fava Bean	<input type="checkbox"/>	Cheese, Soy (Organic) (see Soy)
<input type="checkbox"/>	Yogurt (See Xanthan Gum)	<input type="checkbox"/>	Fava Bean Flour	<input type="checkbox"/>	Chewing Gum (has gluten and corn)
<input type="checkbox"/>	Legumes & Pulses	<input type="checkbox"/>	Garbanzo Bean	<input type="checkbox"/>	Corn (Gluten-free & Non-GMO)
<input type="checkbox"/>	Bean, Azuki	<input type="checkbox"/>	Garbanzo Flour	<input type="checkbox"/>	Corn, Blue
<input type="checkbox"/>	Bean, Black	<input type="checkbox"/>	Hydrogenated Oils	<input type="checkbox"/>	Corn, White
<input type="checkbox"/>	Bean, Butter	<input type="checkbox"/>	Kidney Bean	<input type="checkbox"/>	Corn Gluten
<input type="checkbox"/>	Bean, Cannellini	<input type="checkbox"/>	Lentil(s)	<input type="checkbox"/>	Corn Meal (gluten free)
<input type="checkbox"/>	Bean, Chana Dahl	<input type="checkbox"/>	Miso	<input type="checkbox"/>	Corn Oil
<input type="checkbox"/>	Bean, Chili	<input type="checkbox"/>	Pea, Snap	<input type="checkbox"/>	Corn Starch (gluten free)
<input type="checkbox"/>	Bean, Green	<input type="checkbox"/>	Pea, Snow	<input type="checkbox"/>	Erythritol (non-GMO)
<input type="checkbox"/>	Bean, Italian	<input type="checkbox"/>	Pea, Split	<input type="checkbox"/>	Fructose
<input type="checkbox"/>	Bean, Kidney	<input type="checkbox"/>	Peanut (Organic, Valencia)	<input type="checkbox"/>	GemWraps®, Sandwich Wrap (Carrot)
		<input type="checkbox"/>	Peanut Butter (Organic, Maranatha®)		

<input type="checkbox"/>	Hydrogenated Oils	<input type="checkbox"/>	Crab, Immitation	<input type="checkbox"/>	Vinegar
<input type="checkbox"/>	Maltitol	<input type="checkbox"/>	Durum Wheat	<input type="checkbox"/>	Vinegar, Malt
<input type="checkbox"/>	Maltodextrin (Corn-based, non-GMO)	<input type="checkbox"/>	Farro	<input type="checkbox"/>	Vinegar, White
<input type="checkbox"/>	Modified Food Starch	<input type="checkbox"/>	Gluten	<input type="checkbox"/>	Wheat (All Types)
<input type="checkbox"/>	Sriracha Sauce Organicville gluten-free	<input type="checkbox"/>	Graham (wheat)	<input type="checkbox"/>	Wheat Grass (Is Gluten-contaminated)
<input type="checkbox"/>	Swerve® Sweetener	<input type="checkbox"/>	Kamut	<input type="checkbox"/>	Gluten-Free Grains
<input type="checkbox"/>	Vegetable Oil	<input type="checkbox"/>	Liquid Smoke (can have gluten)	<input type="checkbox"/>	Amaranth
<input type="checkbox"/>	Xanthan Gum	<input type="checkbox"/>	Malt	<input type="checkbox"/>	Arrowroot Flour/powder
<input type="checkbox"/>	Yogurt (See Xanthan Gum)	<input type="checkbox"/>	Maltitol	<input type="checkbox"/>	Basmati Rice (gluten free)
<input type="checkbox"/>	Gluten-Containing Foods	<input type="checkbox"/>	Maltodextrin (Barley-derived)	<input type="checkbox"/>	Buckwheat
<input type="checkbox"/>	Barley	<input type="checkbox"/>	Modified Food Starch	<input type="checkbox"/>	Buckwheat Flour
<input type="checkbox"/>	Barley Grass (can have gluten)	<input type="checkbox"/>	Oat Grass (Not For Gluten Sensitive)	<input type="checkbox"/>	Chicory Root
<input type="checkbox"/>	Barley Greens (may contain gluten)	<input type="checkbox"/>	Oats	<input type="checkbox"/>	Coconut Flour (gluten free)
<input type="checkbox"/>	Barley Juice (may contain gluten)	<input type="checkbox"/>	Oats, GF (not Certified) can have gluten	<input type="checkbox"/>	Coconut Meal (gluten free)
<input type="checkbox"/>	Beer	<input type="checkbox"/>	Orzo	<input type="checkbox"/>	Corn (Gluten-free & Non-GMO)
<input type="checkbox"/>	Bran	<input type="checkbox"/>	Panko	<input type="checkbox"/>	Corn, Blue
<input type="checkbox"/>	Bread	<input type="checkbox"/>	Polish Wheat	<input type="checkbox"/>	Corn, White
<input type="checkbox"/>	Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/>	Rye	<input type="checkbox"/>	Corn Meal (gluten free)
<input type="checkbox"/>	Caramel Coloring	<input type="checkbox"/>	Semolina	<input type="checkbox"/>	Corn Starch (gluten free)
<input type="checkbox"/>	Cheese, Bleu	<input type="checkbox"/>	Soy Sauce	<input type="checkbox"/>	Ener-G Brown Rice Yeast-Free Bread
<input type="checkbox"/>	Chewing Gum (has gluten and corn)	<input type="checkbox"/>	Spelt	<input type="checkbox"/>	Fava Bean Flour
<input type="checkbox"/>	Coffee, Instant (has gluten)	<input type="checkbox"/>	Teechino	<input type="checkbox"/>	Flax Meal
<input type="checkbox"/>	Couscous	<input type="checkbox"/>	Teriyaki Sauce	<input type="checkbox"/>	Garbanzo Flour
		<input type="checkbox"/>	Triticale		

<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Beverages & Protein Powders
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Apple Cider
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Apple Juice
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Simple Mills - Everything Sprouted Seed Cracker	<input type="checkbox"/> Beer
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Simple Mills Ground Sea Salt Almond Crackers	<input type="checkbox"/> Carrot Juice
<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers	<input type="checkbox"/> Casein
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)
<input type="checkbox"/> Millet	<input type="checkbox"/> Sorghum	<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)
<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Coconut Water (low sugar)
<input type="checkbox"/> Oats (Certified GF)	<input type="checkbox"/> Tapioca	<input type="checkbox"/> Coffee
<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Coffee, Instant (has gluten)
<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> ProGranola (Julian Bakery)	<input type="checkbox"/> Teff	<input type="checkbox"/> Echinacea Tea
<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Green Tea
<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Tortilla, Siete Almond	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut	<input type="checkbox"/> Komboucha Tea
<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava	<input type="checkbox"/> Lactoalbumin
<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Lemon Juice
<input type="checkbox"/> Rice, Japonica (gluten free)		<input type="checkbox"/> Licorice Tea
<input type="checkbox"/> Rice, Purple (gluten free)		<input type="checkbox"/> Lime Juice
<input type="checkbox"/> Rice, Red (gluten free)		<input type="checkbox"/> Milk, Buffalo
<input type="checkbox"/> Rice, White (gluten free)		<input type="checkbox"/> Milk, Cow
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)		<input type="checkbox"/> Milk, Goat

<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Wine, White (Champagne)	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Guar Gum
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Zevia Drinks	<input type="checkbox"/> Hops
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Acacia Gum	<input type="checkbox"/> Julian Bakery Almond Bread
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Agar Gum	<input type="checkbox"/> Julian Bakery Coconut Bread
<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> Antimony	<input type="checkbox"/> Julian Bakery Paleo Wraps
<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Latex
<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Locust Bean Gum
<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Beef broth (Imagine® low sodium/GF)	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Blue Food Dye	<input type="checkbox"/> Malt
<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Carrageenan Gum	<input type="checkbox"/> Maltodextrin (Barley-derived)
<input type="checkbox"/> Tea, Komboucha	<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Modified Food Starch
<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Chewing Gum, Xylichew®	<input type="checkbox"/> Modified Food Starch (Tapioca-based)
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)	<input type="checkbox"/> Palm Wax
<input type="checkbox"/> Tea, Roobios	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Pycnogenol
<input type="checkbox"/> Tea, Unflavored	<input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)	<input type="checkbox"/> Red Food Dye
<input type="checkbox"/> Tea, White	<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Red Tomato Paste (gluten free)
<input type="checkbox"/> Teechino	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)	<input type="checkbox"/> Resveratrol
<input type="checkbox"/> Vinegar, Red Wine	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple)	<input type="checkbox"/> Rice Starch (if certified gluten free)
<input type="checkbox"/> Water	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chipotle)	<input type="checkbox"/> Silver
<input type="checkbox"/> Whey	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Tomato)	<input type="checkbox"/> Skinny Crisps® (Plain Jane)
<input type="checkbox"/> Wine, Red		<input type="checkbox"/> Tofu (Organic)

- ☐ Tragacanth Gum
- ☐ Vegetable broth (Imagine® Low Sodium)
- ☐ Vegetable Oil
- ☐ Vinegar, Red Wine
- ☐ Xanthan Gum
- ☐ Yeast, Baker's
- ☐ Yeast, Brewer's
- ☐ Yeast, Nutritional
- ☐ Snacks
- ☐ Apple Sauce
- ☐ Dates
- ☐ Simple Mills Chocolate Chip Cookies