

<input type="checkbox"/>	<b>Vegetables</b>	<input type="checkbox"/>	Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/>	Eggplant
<input type="checkbox"/>	Aloe Vera	<input type="checkbox"/>	Cabbage, Green	<input type="checkbox"/>	Endive
<input type="checkbox"/>	Artichoke (not pickled)	<input type="checkbox"/>	Cabbage, Purple	<input type="checkbox"/>	Fennel
<input type="checkbox"/>	Artichoke, Jerusalem (not pickled)	<input type="checkbox"/>	Cactus (Nopales)	<input type="checkbox"/>	Ginger
<input type="checkbox"/>	Arugula	<input type="checkbox"/>	Capers	<input type="checkbox"/>	Hearts of Palm
<input type="checkbox"/>	Asparagus	<input type="checkbox"/>	Capsicum	<input type="checkbox"/>	Horseradish
<input type="checkbox"/>	Avocado	<input type="checkbox"/>	Cauliflower	<input type="checkbox"/>	Jicama
<input type="checkbox"/>	Bamboo Shoot	<input type="checkbox"/>	Cauliflower, Purple	<input type="checkbox"/>	Kale, all types
<input type="checkbox"/>	Bean Sprout	<input type="checkbox"/>	Celery	<input type="checkbox"/>	Kohlrabi
<input type="checkbox"/>	Beet Greens	<input type="checkbox"/>	Chard	<input type="checkbox"/>	Leeks
<input type="checkbox"/>	Bell Pepper	<input type="checkbox"/>	Chayote	<input type="checkbox"/>	Lettuce, all types
<input type="checkbox"/>	Bell Pepper, Green	<input type="checkbox"/>	Chives	<input type="checkbox"/>	Mushrooms
<input type="checkbox"/>	Bell Pepper, Orange	<input type="checkbox"/>	Coconut (raw and unsweetened)	<input type="checkbox"/>	Mushrooms, Button
<input type="checkbox"/>	Bell Pepper, Red	<input type="checkbox"/>	Coconut Concentrate	<input type="checkbox"/>	Mushrooms, Cremini/Crimini
<input type="checkbox"/>	Bell Pepper, Yellow	<input type="checkbox"/>	Collard Greens	<input type="checkbox"/>	Mushrooms, Maitake
<input type="checkbox"/>	Bitter Melon	<input type="checkbox"/>	Comfrey	<input type="checkbox"/>	Mushrooms, Shiitake
<input type="checkbox"/>	Bok Choy	<input type="checkbox"/>	Corn (Gluten-free & Non-GMO)	<input type="checkbox"/>	Mustard Greens
<input type="checkbox"/>	Broccoli	<input type="checkbox"/>	Corn, Blue	<input type="checkbox"/>	Okra
<input type="checkbox"/>	Broccolini	<input type="checkbox"/>	Corn, White	<input type="checkbox"/>	Olives (without vinegar)
<input type="checkbox"/>	Broccoli Rabe	<input type="checkbox"/>	Cucumber	<input type="checkbox"/>	Onion, Green
<input type="checkbox"/>	Broccoli Sprouts	<input type="checkbox"/>	Daikon Radish	<input type="checkbox"/>	Onion, Maui
<input type="checkbox"/>	Brussels Sprout	<input type="checkbox"/>	Dandelion Greens	<input type="checkbox"/>	Onion, Red
<input type="checkbox"/>	Burdock	<input type="checkbox"/>	Dandelion Root	<input type="checkbox"/>	Onion, Sweet

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|-------------------------------------------|-----------------------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> Onion, Yellow    | <input type="checkbox"/> Sauerkraut (Bubbies® Brand only) | <input type="checkbox"/> Cherry                |
| <input type="checkbox"/> Paprika          | <input type="checkbox"/> Scallions                        | <input type="checkbox"/> Dragon Fruit (Pitaya) |
| <input type="checkbox"/> Parsley          | <input type="checkbox"/> Shallots                         | <input type="checkbox"/> Elderberry            |
| <input type="checkbox"/> Pepper, Anaheim  | <input type="checkbox"/> Spinach                          | <input type="checkbox"/> food name             |
| <input type="checkbox"/> Pepper, Cayenne  | <input type="checkbox"/> Swede                            | <input type="checkbox"/> Goji Berry            |
| <input type="checkbox"/> Pepper, Chili    | <input type="checkbox"/> Swiss Chard                      | <input type="checkbox"/> Golden Berry          |
| <input type="checkbox"/> Pepper, Green    | <input type="checkbox"/> Taro                             | <input type="checkbox"/> Gooseberries          |
| <input type="checkbox"/> Pepper, Habanero | <input type="checkbox"/> Turnip Greens                    | <input type="checkbox"/> Grapefruit            |
| <input type="checkbox"/> Pepper, Jalapeño | <input type="checkbox"/> Wasabi Root                      | <input type="checkbox"/> Huckleberry           |
| <input type="checkbox"/> Pepper, Poblano  | <input type="checkbox"/> Water Chestnut                   | <input type="checkbox"/> Lemon                 |
| <input type="checkbox"/> Pepper, Red      | <input type="checkbox"/> Watercress                       | <input type="checkbox"/> Lemon Juice           |
| <input type="checkbox"/> Pepper, Serrano  | <input type="checkbox"/> Zucchini                         | <input type="checkbox"/> Lemon Rind/Peel       |
| <input type="checkbox"/> Pepper, Tabasco  | <input type="checkbox"/> Fruits                           | <input type="checkbox"/> Lime                  |
| <input type="checkbox"/> Pimento          | <input type="checkbox"/> Acai                             | <input type="checkbox"/> Lime Juice            |
| <input type="checkbox"/> Prickly Pear     | <input type="checkbox"/> alpha                            | <input type="checkbox"/> Loganberry            |
| <input type="checkbox"/> Pumpkin          | <input type="checkbox"/> Apricot                          | <input type="checkbox"/> Longan Fruit          |
| <input type="checkbox"/> Pumpkin Powder   | <input type="checkbox"/> Bilberry                         | <input type="checkbox"/> Loquat                |
| <input type="checkbox"/> Radicchio        | <input type="checkbox"/> Blackberry                       | <input type="checkbox"/> Lychee                |
| <input type="checkbox"/> Radish           | <input type="checkbox"/> Blueberry                        | <input type="checkbox"/> Maqui                 |
| <input type="checkbox"/> Rainbow Chard    | <input type="checkbox"/> Boysenberry                      | <input type="checkbox"/> Mulberry              |
| <input type="checkbox"/> Red Pepper Flake | <input type="checkbox"/> bravo                            | <input type="checkbox"/> Nectarines            |
| <input type="checkbox"/> Rhubarb          | <input type="checkbox"/> Carambola                        | <input type="checkbox"/> Noni                  |
| <input type="checkbox"/> Rutabaga         | <input type="checkbox"/> charlie                          | <input type="checkbox"/> Passion Fruit         |

<input type="checkbox"/> Pear	<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Pistachios
<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Poppy seeds
<input type="checkbox"/> Plum	<input type="checkbox"/> Cola Nut (aka Kola Nut)	<input type="checkbox"/> Pumpkin Oil
<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Pumpkin Seed Oil
<input type="checkbox"/> Rambutan	<input type="checkbox"/> Duck Fat	<input type="checkbox"/> Pumpkin Seeds
<input type="checkbox"/> Raspberry	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Ramon Seeds
<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Flax Oil	<input type="checkbox"/> Sacha Inchi Seeds
<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Flax Seed	<input type="checkbox"/> Sunflower Seed Butter
<input type="checkbox"/> Youngberry	<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Sunflower Seed Flour
<input type="checkbox"/> Legumes, Pods, & Pulses	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Sunflower Seed Lecithin
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Sunflower Seed Oil
<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Sunflower Seeds
<input type="checkbox"/> Nuts, Seeds, Drupes & Oils	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Tahini
<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Lard/Tallow (pork)	<input type="checkbox"/> Tea, Ramon
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Macadamia Nut Oil	<input type="checkbox"/> Tiger Nuts
<input type="checkbox"/> Borage Seed Oil	<input type="checkbox"/> Macadamia Nuts	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> MCT Oil	<input type="checkbox"/> Walnut Oil
<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Walnuts
<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Walnuts, Black
<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Palm Kernel Oil	
<input type="checkbox"/> Cashews	<input type="checkbox"/> Pepitas	
<input type="checkbox"/> Chestnut	<input type="checkbox"/> Pili Nuts	
<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Pine Nut	

<input type="checkbox"/>	<b>Herbs &amp; Spices</b>	<input type="checkbox"/>	Cloves, Madagascar	<input type="checkbox"/>	Jamaican Jerk
<input type="checkbox"/>	Allspice	<input type="checkbox"/>	Cloves, Penang	<input type="checkbox"/>	Juniper Berry
<input type="checkbox"/>	Anise	<input type="checkbox"/>	Comfrey	<input type="checkbox"/>	Lavender
<input type="checkbox"/>	Ashwaganda	<input type="checkbox"/>	Cramp Bark Extract	<input type="checkbox"/>	Lemon Balm (Melissa Officinalis)
<input type="checkbox"/>	Astragalus	<input type="checkbox"/>	Cream of Tartar	<input type="checkbox"/>	Lemongrass
<input type="checkbox"/>	Basil	<input type="checkbox"/>	Cumin	<input type="checkbox"/>	Lemon Pepper
<input type="checkbox"/>	Bay Leaf	<input type="checkbox"/>	Curcumin	<input type="checkbox"/>	Maca Root
<input type="checkbox"/>	Bell Pepper, Red	<input type="checkbox"/>	Curry (must be GF)	<input type="checkbox"/>	Mace Spice
<input type="checkbox"/>	Black Cohosh	<input type="checkbox"/>	Dandelion Root	<input type="checkbox"/>	Marjoram
<input type="checkbox"/>	Capsicum	<input type="checkbox"/>	Dill	<input type="checkbox"/>	Milk Thistle
<input type="checkbox"/>	Caraway Seed	<input type="checkbox"/>	Dong Quai	<input type="checkbox"/>	Mint
<input type="checkbox"/>	Cardamom	<input type="checkbox"/>	Echinacea	<input type="checkbox"/>	Mustard (as a Powder)
<input type="checkbox"/>	Catnip	<input type="checkbox"/>	Fennel	<input type="checkbox"/>	Mustard Seeds (gluten free)
<input type="checkbox"/>	Celery Powder	<input type="checkbox"/>	Fennel Seed	<input type="checkbox"/>	Nutmeg
<input type="checkbox"/>	Celery Seed	<input type="checkbox"/>	Ginger Powder	<input type="checkbox"/>	Olive Leaf Extract
<input type="checkbox"/>	Chaparral	<input type="checkbox"/>	Ginkgo Biloba	<input type="checkbox"/>	Onion
<input type="checkbox"/>	Chervil	<input type="checkbox"/>	Ginseng (All Types)	<input type="checkbox"/>	Onion Powder
<input type="checkbox"/>	Chili Powder	<input type="checkbox"/>	Goldenseal	<input type="checkbox"/>	Oregano
<input type="checkbox"/>	Chipotle Seasoning	<input type="checkbox"/>	Grapefruit Seed Extract	<input type="checkbox"/>	Paprika
<input type="checkbox"/>	Cilantro/Coriander	<input type="checkbox"/>	Gymnema Silvestre	<input type="checkbox"/>	Paprika (smoked)
<input type="checkbox"/>	Cinnamon	<input type="checkbox"/>	Herbs De Provence	<input type="checkbox"/>	Parsley
<input type="checkbox"/>	Cinnamon, Ceylon	<input type="checkbox"/>	Hickory	<input type="checkbox"/>	Pau D'arco
<input type="checkbox"/>	Clove Powder	<input type="checkbox"/>	Himalayan Salt	<input type="checkbox"/>	Pepper, Black (see Garlic/Lemon Pepper)

<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Salmon, wild (fresh)
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Valerian	<input type="checkbox"/> Sardines
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Sole
<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Swai
<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Swordfish
<input type="checkbox"/> Peppermint	<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Tilapia (Wild, Non-farmed)
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Trout
<input type="checkbox"/> Red Clover	<input type="checkbox"/> Wormwood	<input type="checkbox"/> Walleye Pike
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Whitefish/Turbot
<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Bass	<input type="checkbox"/> Meat & Poultry
<input type="checkbox"/> Rosemary	<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Applegate® organic black forest ham
<input type="checkbox"/> Saffron	<input type="checkbox"/> Corvina	<input type="checkbox"/> Applegate® organic ham
<input type="checkbox"/> Sage	<input type="checkbox"/> Flounder	<input type="checkbox"/> Applegate® organic roast beef
<input type="checkbox"/> Sassafras	<input type="checkbox"/> Haddock	<input type="checkbox"/> Beef, Grass-fed only (organic)
<input type="checkbox"/> Savory	<input type="checkbox"/> Hake	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Halibut	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Shallots	<input type="checkbox"/> Herring	<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> Spearmint	<input type="checkbox"/> Lox	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Mackerel	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Sumac	<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Duck
<input type="checkbox"/> Tarragon	<input type="checkbox"/> Octopus	<input type="checkbox"/> Goat, Grass-fed only (organic)
<input type="checkbox"/> Thyme	<input type="checkbox"/> Perch	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Turmeric	<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Lamb

<input type="checkbox"/> Ostrich	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Maize
<input type="checkbox"/> Pheasant	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)
<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Swerve® Sweetener
<input type="checkbox"/> Quail	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Vodka, Corn
<input type="checkbox"/> Rabbit	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Xanthan Gum
<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Condiments, Spreads & Sauces
<input type="checkbox"/> Veal (organic)	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Carob
<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Sunflower Seed Flour	<input type="checkbox"/> Cocoa Butter
<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Coconut Aminos®
<input type="checkbox"/> No foods in this Category	<input type="checkbox"/> No foods in this Category	<input type="checkbox"/> Coconut Cream
<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Corn-Derived Foods	<input type="checkbox"/> Earth Balance® Coconut Spread
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Citric Acid (can be corn-derived)	<input type="checkbox"/> Liquid Smoke gluten free (natural)
<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Egg Whites, Pasture-raised	<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Corn, White	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> Amaranth	<input type="checkbox"/> Corn Gluten	<input type="checkbox"/> Sweeteners
<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Corn Syrup
<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Erythritol (non-GMO)
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Fructose
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Corn Syrup	<input type="checkbox"/> Jerusalem Artichoke Syrup
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Just Like Sugar®
<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Fructose	<input type="checkbox"/> Lo Han
<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Lactic Acid (corn-derived)	<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)

☐ Rebiana Leaf (Stevia)☐ Sweetleaf® Stevia☐ Swerve® Sweetener☐ Xylitol☐ Beverages & Protein Powders☐ Bone Broth Protein, Beef☐ Coconut Kefir (No Tapioca, Carageenan)☐ Coconut Milk (Native Forest or Natural Value)☐ Coconut Water (low sugar)☐ Coffee (Brewed and Not Instant)☐ Coffee Bean, Organic☐ Collagen Protein (Powder)☐ Echinacea Tea☐ Great Lake's® Beef Gelatin☐ Green Tea☐ Hemp Protein (Powder)☐ Lemon Juice☐ Lime Juice☐ Mineral Water☐ Sparkling Water, unflavored☐ Tea, Black☐ Tea, Chamomile☐ Tea, Chicory Root☐ Tea, Green☐ Tea, Hibiscus☐ Tea, Oolong☐ Tea, Ramon☐ Tea, Roobios☐ Tea, White☐ Vodka, Corn☐ Water☐ Yerba Matte Tea (Organic/Pure)☐ Zevia Drinks☐ Miscellaneous☐ Baking Powder☐ Baking Soda (Arm & Hammer®)☐ Bone Broth, Beef☐ Cacao (Raw, Pure, & Unsweetened)☐ Collagen Protein (Powder)☐ Great Lake's® Beef Gelatin☐ Latex☐ Lycopene☐ Silver☐ Tobacco☐ Snacks☐ No foods in this Category☐ Food Additives☐ Annatto Coloring☐ Arabic Gum☐ Asafoetida Powder☐ Chicory Root☐ Citric Acid (can be corn-derived)☐ Inulin☐ Lactic Acid (corn-derived)☐ Palm Wax☐ Tragacanth Gum☐ Tricalcium Phosphate☐ Vegan Enzyme☐ Vegan Natural Flavors (no MSG)☐ Xanthan Gum☐ new food cat☐ alpha☐ bravo☐ charlie☐ food name