

☐ **Beverages & Protein Powders**☐ Almond Milk, unsweetened (no tapioca)☐ Apple Juice☐ Coconut Kefir (No Tapioca, Carageenan)☐ Coconut Milk(Native Forest or Natural Value)☐ Coconut Water (low sugar)☐ Coffee☐ Collagen Protein (Powder)☐ Echinacea Tea☐ Lemon Juice☐ Mineral Water☐ Orange Juice☐ Pea Protein☐ Rice Protein Powder (gluten free)☐ Sparkling Water, unflavored☐ Tea, Black☐ Tea, Chamomile☐ Tea, Oolong☐ Tea, Ramon☐ Tea, Roobios☐ Tea, unflavored/caffeine-free only☐ Tea, White☐ Water☐ Yerba Matte Tea (Organic/Pure)☐ Coffee Bean, Organic☐ **Condiments**☐ Apple Cider Vinegar (Bragg's®)☐ Balsamic Vinegar MiaBella NoCaramel/WineVinegar☐ Barbeque Sauce, GF Annie's® Sweet & Spicy☐ Carob☐ Coconut Vinegar (Coconut Secret)☐ Earth Balance® Avocado Oil Butter Spread☐ Horseradish Sauce, Gluten-free (Annie's®)☐ Ketchup (Organicville)☐ Mustard, Brown (Eden® gf mustard)☐ Sauerkraut (Bubbies® Brand only)☐ Veganaise Soy-free (Follow Your Heart®)☐ Sriracha Sauce Organicville gluten-free☐ Tabasco Sauce☐ Dressing, Primal Kitchen Greek Avocado Oil☐ BodyPro Almond Mayo Grade B Maple Syrup☐ BodyPro Almond Mayo with Yacon Syrup☐ **Corn-Derived Foods**☐ Barbeque Sauce, GF Annie's® Sweet & Spicy☐ Corn (Gluten-free & Non-GMO)☐ Corn, Blue☐ Corn, White☐ Corn Gluten☐ Corn Meal (gluten free)☐ Corn Oil☐ Corn Starch (gluten free)☐ Erythritol (non-GMO)☐ Fructose☐ GemWraps®, Sandwich Wrap (Carrot)☐ Maltodextrin (Corn-based, non-GMO)☐ Vegetable Oil☐ Xanthan Gum☐ Sriracha Sauce Organicville gluten-free

☐ Fish & Shellfish

- ☐ Bass
- ☐ Chilean Sea Bass
- ☐ Corvina
- ☐ Flounder
- ☐ Haddock
- ☐ Hake
- ☐ Halibut
- ☐ Herring
- ☐ Mackerel
- ☐ Mahi Mahi
- ☐ Perch
- ☐ Red Snapper
- ☐ Salmon, wild (fresh)
- ☐ Sardines
- ☐ Sole
- ☐ Swai
- ☐ Swordfish
- ☐ Tilapia (Non-farmed)
- ☐ Trout
- ☐ Walleye Pike
- ☐ Whitefish/Turbot

☐ Fruits

- ☐ Acai
- ☐ Apple (all types)
- ☐ Apple Cider
- ☐ Apple Juice
- ☐ Bilberry
- ☐ Blackberry
- ☐ Blueberry
- ☐ Boysenberry
- ☐ Cantaloupe
- ☐ Clementine
- ☐ Cranberry
- ☐ Cranberry Juice
- ☐ Date(s)
- ☐ Dried Fruit
- ☐ Fig
- ☐ Golden Berry
- ☐ Gooseberry
- ☐ Grape
- ☐ Grape, Green
- ☐ Grape, Purple
- ☐ Grape, Red

☐ Grape, White☐ Guava☐ Huckleberry☐ Lemon☐ Lemon Juice☐ Lemon Rind/Peel☐ Litchi (aka Lychee)☐ Loganberry☐ Loquat☐ Maqui☐ Melon, Honeydew☐ Mulberry☐ Nectarines☐ Noni☐ Orange☐ Orange, Blood☐ Orange Juice☐ Orange Peel/Rind☐ Papaya☐ Passion Fruit☐ Peach☐ Pear

<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Rice, Basmati (gluten free)
<input type="checkbox"/> Pineapple	<input type="checkbox"/> Maltodextrin (Can be Wheat-derived)	<input type="checkbox"/> Rice, Black (gluten free)
<input type="checkbox"/> Plantain		<input type="checkbox"/> Rice, Brown (gluten free)
<input type="checkbox"/> Plum	<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Rice, Japonica (gluten free)
<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Rice, Purple (gluten free)
<input type="checkbox"/> Prune	<input type="checkbox"/> Basmati Rice (gluten free)	<input type="checkbox"/> Rice, Red (gluten free)
<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Rice, White (gluten free)
<input type="checkbox"/> Raspberry	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Rice Bran
<input type="checkbox"/> Strawberry	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Rice Flour (gluten free)
<input type="checkbox"/> Tamarind	<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Rice Protein Powder (gluten free)
<input type="checkbox"/> Tangelo	<input type="checkbox"/> Corn, White	<input type="checkbox"/> Sweet Potato Flour (gluten free)
<input type="checkbox"/> Tangerine	<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Tapioca
<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Tapioca Flour (gluten free)
<input type="checkbox"/> Youngberry	<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Tapioca Starch (gluten free)
<input type="checkbox"/> Banana	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Teff
<input type="checkbox"/> Apricot	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta
<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta
<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Millet	<input type="checkbox"/> Tortilla, Siete Almond
	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut
	<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)	<input type="checkbox"/> Corn Meal (gluten free)
	<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Coconut Flour (gluten free)
	<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Arrowroot Flour/powder

<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Curry (must be GF)	<input type="checkbox"/> Lemon Pepper
<input type="checkbox"/> Allspice	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Lemongrass
<input type="checkbox"/> Almond Flavor natural, gluten free)	<input type="checkbox"/> Dong Quai	<input type="checkbox"/> Liquid Smoke gluten free (natural)
<input type="checkbox"/> Anise	<input type="checkbox"/> Echinacea	<input type="checkbox"/> Maca Root
<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Fennel	<input type="checkbox"/> Mace Spice
<input type="checkbox"/> Astragalus	<input type="checkbox"/> Garlic	<input type="checkbox"/> Marjoram
<input type="checkbox"/> Basil	<input type="checkbox"/> Garlic Pepper	<input type="checkbox"/> Mesquite
<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Garlic Powder	<input type="checkbox"/> Milk Thistle
<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Garlic Salt	<input type="checkbox"/> Mint
<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Mustard (as a Powder)
<input type="checkbox"/> Cardamom	<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Mustard Seeds (gluten free)
<input type="checkbox"/> Celery Powder	<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Nutmeg
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Grapeseed Extract	<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Chili Powder	<input type="checkbox"/> Guarana	<input type="checkbox"/> Orange Peel/Rind
<input type="checkbox"/> Chipotle Seasoning	<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Orange Salt
<input type="checkbox"/> Cilantro/Coriander	<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Oregano
<input type="checkbox"/> Cinnamon	<input type="checkbox"/> Hickory	<input type="checkbox"/> Parsley
<input type="checkbox"/> Cinnamon, Ceylon	<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)
<input type="checkbox"/> Cramp Bark Extract	<input type="checkbox"/> Jamaican Jerk	<input type="checkbox"/> Pepper, Cayenne
<input type="checkbox"/> Cream of Tartar	<input type="checkbox"/> Juniper Berry	<input type="checkbox"/> Pepper/Peppercorns
<input type="checkbox"/> Cumin	<input type="checkbox"/> Lavender	<input type="checkbox"/> Pepper, Red
<input type="checkbox"/> Curcumin	<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Peppermint

<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Peanut (Organic, Valencia)
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Peanut Butter (Organic, Maranatha®)
<input type="checkbox"/> Rosemary		<input type="checkbox"/> Peanut Oil (Organic)
<input type="checkbox"/> Saffron	<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Sage	<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> White Beans
<input type="checkbox"/> Spearmint	<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Bean, Chana Dahl	
<input type="checkbox"/> Taco Seasoning	<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Meat & Poultry
<input type="checkbox"/> Tarragon	<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> Applegate® organic black forest ham
<input type="checkbox"/> Thyme	<input type="checkbox"/> Bean, Lima	<input type="checkbox"/> Applegate® organic chicken
<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Applegate® organic ham
<input type="checkbox"/> Turmeric	<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> Applegate® organic roast beef
<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Applegate® organic smoked chicken breast
<input type="checkbox"/> Valerian	<input type="checkbox"/> Fava Bean	<input type="checkbox"/> Beef, Grass-fed only (organic)
<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Garbanzo Bean	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Lentil(s)	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Pea, Snap	<input type="checkbox"/> Duck
<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Pea, Snow	<input type="checkbox"/> Goat, Grass-fed only (organic)
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Lamb (organic)

<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Acacia Gum
<input type="checkbox"/> Ostrich	<input type="checkbox"/> GemWraps®®, Sandwich Wrap (Carrot)	<input type="checkbox"/> Tragacanth Gum
<input type="checkbox"/> Pheasant	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Blue Food Dye
<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Red Food Dye
<input type="checkbox"/> Quail	<input type="checkbox"/> Guar Gum	<input type="checkbox"/> Cocoa Butter
<input type="checkbox"/> Rabbit	<input type="checkbox"/> Hops	<input type="checkbox"/> Agar Gum
<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> Konjac Glucomannon Flour	
<input type="checkbox"/> Veal (organic)	<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Non-Dairy & Eggs
<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Locust Bean Gum	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)
	<input type="checkbox"/> Lycopene	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)
<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Maltodextrin (Can be Wheat-derived)	<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)
	<input type="checkbox"/> Palm Wax	
<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Pycnogenol	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils
<input type="checkbox"/> Antimony	<input type="checkbox"/> Red Tomato Paste (gluten free)	<input type="checkbox"/> Almond
<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Resveratrol	<input type="checkbox"/> Almond Butter (Artisana®)
<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Silver	<input type="checkbox"/> Almond Flavor natural, gluten free)
<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Chewing Gum, Xylichew®	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Almond Meal (gluten free)
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Almond, Marcona
<input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)	<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> Annatto Seed
<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Latex	<input type="checkbox"/> Brazil Nut
<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Caraway Seed

<input type="checkbox"/> Cashews	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Maltodextrin (Can be Wheat-derived)
<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)
<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Maple Sugar
<input type="checkbox"/> Chestnut	<input type="checkbox"/> Walnut (few)	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)
<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Rebiana Leaf (Stevia)
<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Walnut, Black (few)	<input type="checkbox"/> Sweetleaf® Stevia
<input type="checkbox"/> Coconut, shredded (raw, unsweetened)		<input type="checkbox"/> Yacon Syrup
<input type="checkbox"/> Cola Nut (aka Kola Nut)	<input type="checkbox"/> Snacks	<input type="checkbox"/> BodyPro Almond Mayo Grade B Maple Syrup
<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Date(s)	<input type="checkbox"/> Sucralose
<input type="checkbox"/> Grapeseed Oil, Organic	<input type="checkbox"/> Simple Mills Chocolate Chip Cookies	<input type="checkbox"/> Agave Nectar
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Coconut Sugar
<input type="checkbox"/> Hazelnut/Filbert		
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Vegetables
<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Aloe Vera
<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Date Sugar	<input type="checkbox"/> Artichoke (not pickled)
<input type="checkbox"/> Pepitas	<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Arugula
<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Fructose	<input type="checkbox"/> Asparagus
<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Honey, (Organic)	<input type="checkbox"/> Avocado
<input type="checkbox"/> Pistachios	<input type="checkbox"/> Honey, Manuka	<input type="checkbox"/> Avocado Oil
<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Honey, Wildflower from Mahava®	<input type="checkbox"/> Bamboo Shoot
<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Just Like Sugar®	<input type="checkbox"/> Bean Sprout
<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Lo Han	<input type="checkbox"/> Beet Greens

<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Parsley
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Parsnip
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Pea, Black-Eyed
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Pea, Green
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Corn, White	<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Cucumber	<input type="checkbox"/> Pea, Snow
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Pea, Split
<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Pea Protein
<input type="checkbox"/> Burdock	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Pepper, Anaheim
<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Eggplant	<input type="checkbox"/> Pepper, Chili
<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Endive	<input type="checkbox"/> Pepper, Green
<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Fennel	<input type="checkbox"/> Pepper, Habanero
<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Garlic	<input type="checkbox"/> Pepper, Jalapeño
<input type="checkbox"/> Capers	<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Pepper, Poblano
<input type="checkbox"/> Capsicum	<input type="checkbox"/> Horseradish	<input type="checkbox"/> Pepper, Red
<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Jicama	<input type="checkbox"/> Pepper, Serrano
<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Kale, all types	<input type="checkbox"/> Pickles, Bubbies® brand only
<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Kohlrabi	<input type="checkbox"/> Pimento
<input type="checkbox"/> Celery	<input type="checkbox"/> Leeks	<input type="checkbox"/> Potato, Fingerling
<input type="checkbox"/> Chard	<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Potato, Purple
<input type="checkbox"/> Chayote	<input type="checkbox"/> Okra	<input type="checkbox"/> Potato, Red
<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Potato, Russet

<input type="checkbox"/> Potato, Sweet	<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Bell Pepper, Yellow
<input type="checkbox"/> Potato, White	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Bell Pepper, Orange
<input type="checkbox"/> Potato, Yukon Gold	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	
<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Tomato	
<input type="checkbox"/> Radicchio	<input type="checkbox"/> Tomatoes, Big Beef	
<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tomato, Cherry	
<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Tomato, Heirloom	
<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Tomato, Orange	
<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Tomato, Red	
<input type="checkbox"/> Scallions	<input type="checkbox"/> Tomato, Roma	
<input type="checkbox"/> Spinach	<input type="checkbox"/> Tomato, Sun-dried	
<input type="checkbox"/> Squash	<input type="checkbox"/> Tomato, Yellow	
<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Turnip Greens	
<input type="checkbox"/> Squash, Butternut	<input type="checkbox"/> Water Chestnut	
<input type="checkbox"/> Squash, Green	<input type="checkbox"/> Watercress	
<input type="checkbox"/> Squash, Spaghetti	<input type="checkbox"/> Yams, Garnett	
<input type="checkbox"/> Squash, Summer	<input type="checkbox"/> Yucca	
<input type="checkbox"/> Squash, Winter	<input type="checkbox"/> Zucchini	
<input type="checkbox"/> Squash, Yellow	<input type="checkbox"/> Alfalfa Sprouts	
<input type="checkbox"/> Sweet Potato, Red	<input type="checkbox"/> Psyllium Husk	
<input type="checkbox"/> Sweet Potatoes, White	<input type="checkbox"/> Onion, Green	
<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Bell Pepper	