

- | | | |
|---|---|---|
| <input type="checkbox"/> Vegetables | <input type="checkbox"/> Broccolini | <input type="checkbox"/> Coconut Concentrate |
| <input type="checkbox"/> Alfalfa Grass | <input type="checkbox"/> Broccoli Rabe | <input type="checkbox"/> Collard Greens |
| <input type="checkbox"/> Alfalfa Sprouts | <input type="checkbox"/> Broccoli Sprouts | <input type="checkbox"/> Comfrey |
| <input type="checkbox"/> Aloe Vera | <input type="checkbox"/> Brussels Sprout | <input type="checkbox"/> Corn (Gluten-free & Non-GMO) |
| <input type="checkbox"/> Artichoke (not pickled) | <input type="checkbox"/> Burdock | <input type="checkbox"/> Corn, Blue |
| <input type="checkbox"/> Artichoke, Jerusalem (not pickled) | <input type="checkbox"/> Cabbage, Chinese (see also Bok Choy) | <input type="checkbox"/> Corn, White |
| <input type="checkbox"/> Arugula | <input type="checkbox"/> Cabbage, Green | <input type="checkbox"/> Cucumber |
| <input type="checkbox"/> Asparagus | <input type="checkbox"/> Cabbage, Purple | <input type="checkbox"/> Daikon Radish |
| <input type="checkbox"/> Avocado | <input type="checkbox"/> Cactus (Nopales) | <input type="checkbox"/> Dandelion Greens |
| <input type="checkbox"/> Bamboo Shoot | <input type="checkbox"/> Capers | <input type="checkbox"/> Dandelion Root |
| <input type="checkbox"/> Barley Grass (can have gluten) | <input type="checkbox"/> Capsicum | <input type="checkbox"/> Eggplant |
| <input type="checkbox"/> Barley Greens (may contain gluten) | <input type="checkbox"/> Carrot, Orange | <input type="checkbox"/> Endive |
| <input type="checkbox"/> Bean, Green | <input type="checkbox"/> Carrot, Purple | <input type="checkbox"/> Fennel |
| <input type="checkbox"/> Bean Sprout | <input type="checkbox"/> Carrot, White | <input type="checkbox"/> Garlic |
| <input type="checkbox"/> Beet | <input type="checkbox"/> Carrot, Yellow | <input type="checkbox"/> Ginger |
| <input type="checkbox"/> Beet Greens | <input type="checkbox"/> Carrot Juice | <input type="checkbox"/> Hearts of Palm |
| <input type="checkbox"/> Bell Pepper | <input type="checkbox"/> Cassava (see Tapioca and Yucca) | <input type="checkbox"/> Horseradish |
| <input type="checkbox"/> Bell Pepper, Green | <input type="checkbox"/> Cauliflower | <input type="checkbox"/> Jicama |
| <input type="checkbox"/> Bell Pepper, Orange | <input type="checkbox"/> Cauliflower, Purple | <input type="checkbox"/> Kale, all types |
| <input type="checkbox"/> Bell Pepper, Red | <input type="checkbox"/> Celery | <input type="checkbox"/> Kelp/Dulse |
| <input type="checkbox"/> Bell Pepper, Yellow | <input type="checkbox"/> Chard | <input type="checkbox"/> Kohlrabi |
| <input type="checkbox"/> Bitter Melon | <input type="checkbox"/> Chayote | <input type="checkbox"/> Kombu |
| <input type="checkbox"/> Bok Choy | <input type="checkbox"/> Chives | <input type="checkbox"/> Leeks |
| <input type="checkbox"/> Broccoli | <input type="checkbox"/> Coconut (raw and unsweetened) | <input type="checkbox"/> Lettuce, all types |

- | | | |
|---|---|---|
| <input type="checkbox"/> Mushrooms | <input type="checkbox"/> Pepper, Anaheim | <input type="checkbox"/> Radish |
| <input type="checkbox"/> Mushrooms, Button | <input type="checkbox"/> Pepper, Cayenne | <input type="checkbox"/> Rainbow Chard |
| <input type="checkbox"/> Mushrooms, Cremini/Crimini | <input type="checkbox"/> Pepper, Chili | <input type="checkbox"/> Red Pepper Flake |
| <input type="checkbox"/> Mushrooms, Maitake | <input type="checkbox"/> Pepper, Green | <input type="checkbox"/> Rhubarb |
| <input type="checkbox"/> Mushrooms, Shiitake | <input type="checkbox"/> Pepper, Habanero | <input type="checkbox"/> Rutabaga |
| <input type="checkbox"/> Mustard Greens | <input type="checkbox"/> Pepper, Jalapeño | <input type="checkbox"/> Sauerkraut (Bubbies® Brand only) |
| <input type="checkbox"/> Nori | <input type="checkbox"/> Pepper, Poblano | <input type="checkbox"/> Scallions |
| <input type="checkbox"/> Oat Grass (Not For Gluten Sensitive) | <input type="checkbox"/> Pepper, Red | <input type="checkbox"/> Sea Vegetables |
| <input type="checkbox"/> Okra | <input type="checkbox"/> Pepper, Serrano | <input type="checkbox"/> Seaweed |
| <input type="checkbox"/> Olives (without vinegar) | <input type="checkbox"/> Pepper, Tabasco | <input type="checkbox"/> Shallots |
| <input type="checkbox"/> Onion, Green | <input type="checkbox"/> Pickles, Bubbies® brand only | <input type="checkbox"/> Spinach |
| <input type="checkbox"/> Onion, Maui | <input type="checkbox"/> Pimento | <input type="checkbox"/> Spirulina |
| <input type="checkbox"/> Onion, Red | <input type="checkbox"/> Potato, Fingerling | <input type="checkbox"/> Squash |
| <input type="checkbox"/> Onion, Sweet | <input type="checkbox"/> Potato, Purple | <input type="checkbox"/> Squash, Acorn |
| <input type="checkbox"/> Onion, Yellow | <input type="checkbox"/> Potato, Red | <input type="checkbox"/> Squash, Butternut |
| <input type="checkbox"/> Paprika | <input type="checkbox"/> Potato, Russet | <input type="checkbox"/> Squash, Green |
| <input type="checkbox"/> Parsley | <input type="checkbox"/> Potato, Sweet | <input type="checkbox"/> Squash, Spaghetti |
| <input type="checkbox"/> Parsnip | <input type="checkbox"/> Potato, White | <input type="checkbox"/> Squash, Summer |
| <input type="checkbox"/> Pea, Black-Eyed | <input type="checkbox"/> Potato, Yukon Gold | <input type="checkbox"/> Squash, Winter |
| <input type="checkbox"/> Pea, Green | <input type="checkbox"/> Prickly Pear | <input type="checkbox"/> Squash, Yellow |
| <input type="checkbox"/> Pea, Snap | <input type="checkbox"/> Psyllium Husk | <input type="checkbox"/> Sugar Beet |
| <input type="checkbox"/> Pea, Snow | <input type="checkbox"/> Pumpkin | <input type="checkbox"/> Swede |
| <input type="checkbox"/> Pea, Split | <input type="checkbox"/> Pumpkin Powder | <input type="checkbox"/> Sweet Potato, Red |
| <input type="checkbox"/> Pea Protein | <input type="checkbox"/> Radicchio | <input type="checkbox"/> Sweet Potatoes, White |

- | | | |
|---|--|---|
| <input type="checkbox"/> Swiss Chard | <input type="checkbox"/> Yucca | <input type="checkbox"/> Elderberry |
| <input type="checkbox"/> Tabasco Sauce | <input type="checkbox"/> Zucchini | <input type="checkbox"/> Fig |
| <input type="checkbox"/> Taro | <input type="checkbox"/> Fruits | <input type="checkbox"/> Goji Berry |
| <input type="checkbox"/> Tomatillo | <input type="checkbox"/> Acai | <input type="checkbox"/> Golden Berry |
| <input type="checkbox"/> Tomato | <input type="checkbox"/> Apple (all types) | <input type="checkbox"/> Gooseberries |
| <input type="checkbox"/> Tomato, Cherry | <input type="checkbox"/> Apricot | <input type="checkbox"/> Grape |
| <input type="checkbox"/> Tomato, Heirloom | <input type="checkbox"/> Banana | <input type="checkbox"/> Grape, Green |
| <input type="checkbox"/> Tomato, Orange | <input type="checkbox"/> Bilberry | <input type="checkbox"/> Grape, Purple |
| <input type="checkbox"/> Tomato, Red | <input type="checkbox"/> Blackberry | <input type="checkbox"/> Grape, Red |
| <input type="checkbox"/> Tomato, Roma | <input type="checkbox"/> Blueberry | <input type="checkbox"/> Grape, White |
| <input type="checkbox"/> Tomato, Sun-dried | <input type="checkbox"/> Boysenberry | <input type="checkbox"/> Grapefruit |
| <input type="checkbox"/> Tomato, Yellow | <input type="checkbox"/> Cantaloupe | <input type="checkbox"/> Grapefruit Juice |
| <input type="checkbox"/> Tomatoes, Big Beef | <input type="checkbox"/> Cape Gooseberries | <input type="checkbox"/> Ground Cherries |
| <input type="checkbox"/> Tomato Paste (gluten & Vinegar-free) | <input type="checkbox"/> Carambola | <input type="checkbox"/> Guava |
| <input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free) | <input type="checkbox"/> Cherry | <input type="checkbox"/> Huckleberry |
| <input type="checkbox"/> Truffle | <input type="checkbox"/> Clementine | <input type="checkbox"/> Jack fruit |
| <input type="checkbox"/> Turnip Greens | <input type="checkbox"/> Cranberry | <input type="checkbox"/> Kiwi |
| <input type="checkbox"/> Turnips | <input type="checkbox"/> Cranberry Juice | <input type="checkbox"/> Kumquat |
| <input type="checkbox"/> Wasabi Root | <input type="checkbox"/> Currant | <input type="checkbox"/> Lemon |
| <input type="checkbox"/> Water Chestnut | <input type="checkbox"/> Dates | <input type="checkbox"/> Lemon Juice |
| <input type="checkbox"/> Watercress | <input type="checkbox"/> Dragon Fruit (Pitaya) | <input type="checkbox"/> Lemon Rind/Peel |
| <input type="checkbox"/> Wheat Grass (Is Gluten-contaminated) | <input type="checkbox"/> Dried Fruit | <input type="checkbox"/> Lime |
| <input type="checkbox"/> Yams, Garnett | <input type="checkbox"/> Durian Fruit | <input type="checkbox"/> Lime Juice |
| <input type="checkbox"/> Yams, Japanese | | <input type="checkbox"/> Loganberry |

<input type="checkbox"/> Longan Fruit	<input type="checkbox"/> Plum	<input type="checkbox"/> Bean, Green
<input type="checkbox"/> Loquat	<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Bean, Haricot
<input type="checkbox"/> Lychee	<input type="checkbox"/> Pomelo	<input type="checkbox"/> Bean, Italian
<input type="checkbox"/> Mango	<input type="checkbox"/> Prune	<input type="checkbox"/> Bean, Kidney
<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Quince	<input type="checkbox"/> Bean, Lima
<input type="checkbox"/> Maqui	<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Bean, Mung
<input type="checkbox"/> Melon, Honeydew	<input type="checkbox"/> Rambutan	<input type="checkbox"/> Bean, Navy
<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Raspberry	<input type="checkbox"/> Bean, Ninja
<input type="checkbox"/> Mulberry	<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Bean, Pinto/Frijole
<input type="checkbox"/> Nectarines	<input type="checkbox"/> Strawberry	<input type="checkbox"/> Bean, Red
<input type="checkbox"/> Noni	<input type="checkbox"/> Tamarind	<input type="checkbox"/> Bean, White
<input type="checkbox"/> Orange	<input type="checkbox"/> Tangelo	<input type="checkbox"/> Beans
<input type="checkbox"/> Orange, Blood	<input type="checkbox"/> Tangerine	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Watermelon	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Edamame (must be organic)
<input type="checkbox"/> Oranges, Mandarin	<input type="checkbox"/> Youngberry	<input type="checkbox"/> Fava Bean
<input type="checkbox"/> Papaya	<input type="checkbox"/> Legumes, Pods, & Pulses	<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> Garbanzo Bean
<input type="checkbox"/> Peach	<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Pear	<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Kidney Bean
<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Lentil(s)
<input type="checkbox"/> Persimmons	<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> Miso
<input type="checkbox"/> Pineapple	<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Plantain		<input type="checkbox"/> Pea, Snow

- | | | |
|--|---|---|
| <input type="checkbox"/> Pea, Split | <input type="checkbox"/> Cashew Meal | <input type="checkbox"/> Macadamia Nut Oil |
| <input type="checkbox"/> Peanut (Organic, Valencia) | <input type="checkbox"/> Cashews | <input type="checkbox"/> Macadamia Nuts |
| <input type="checkbox"/> Peanut Butter (Organic, Maranatha®) | <input type="checkbox"/> Chestnut | <input type="checkbox"/> MCT Oil |
| <input type="checkbox"/> Red Bean Paste | <input type="checkbox"/> Chia Seed (1/4 cup, max) | <input type="checkbox"/> Olive Leaf Extract |
| <input type="checkbox"/> Soybean oil(must be organic) | <input type="checkbox"/> Coconut, shredded (raw, unsweetened) | <input type="checkbox"/> Olive Oil, Virgin |
| <input type="checkbox"/> Soy Beans (must be organic) | <input type="checkbox"/> Coconut Butter | <input type="checkbox"/> Palm Kernel Oil |
| <input type="checkbox"/> Vanilla Bean | <input type="checkbox"/> Coconut Oil | <input type="checkbox"/> Peanut Oil (Organic) |
| <input type="checkbox"/> Nuts, Seeds, Drupes & Oils | <input type="checkbox"/> Cola Nut (aka Kola Nut) | <input type="checkbox"/> Pecan Flour |
| <input type="checkbox"/> Almond | <input type="checkbox"/> Corn Oil | <input type="checkbox"/> Pecans |
| <input type="checkbox"/> Almond, Marcona | <input type="checkbox"/> Cottonseed/Cottonseed Oil | <input type="checkbox"/> Pepitas |
| <input type="checkbox"/> Almond Butter (Artisana®) | <input type="checkbox"/> Duck Fat | <input type="checkbox"/> Pili Nuts |
| <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Fenugreek Seed | <input type="checkbox"/> Pine Nut |
| <input type="checkbox"/> Almond Flour (gluten free) | <input type="checkbox"/> Flax Meal | <input type="checkbox"/> Pistachios |
| <input type="checkbox"/> Almond Meal (gluten free) | <input type="checkbox"/> Flax Oil | <input type="checkbox"/> Poppy seeds |
| <input type="checkbox"/> Almond Oil | <input type="checkbox"/> Flax Seed | <input type="checkbox"/> Psyllium Husk |
| <input type="checkbox"/> Annatto Seed | <input type="checkbox"/> Grapeseed Oil, Organic | <input type="checkbox"/> Pumpkin Oil |
| <input type="checkbox"/> Avocado Oil | <input type="checkbox"/> Hazelnut/Filbert | <input type="checkbox"/> Pumpkin Seed Oil |
| <input type="checkbox"/> Borage Seed Oil | <input type="checkbox"/> Hazelnut Flour | <input type="checkbox"/> Pumpkin Seeds |
| <input type="checkbox"/> Brazil Nut | <input type="checkbox"/> Hemp Meal | <input type="checkbox"/> Ramon Seeds |
| <input type="checkbox"/> Canola/Rapeseed Oil | <input type="checkbox"/> Hemp Protein (Powder) | <input type="checkbox"/> Rice, Wild (Lundberg® - not the blend) |
| <input type="checkbox"/> Canola Oil, Non-GMO | <input type="checkbox"/> Hemp Seed | <input type="checkbox"/> Rice Bran Oil |
| <input type="checkbox"/> Caraway Seed | <input type="checkbox"/> Hydrogenated Oils | <input type="checkbox"/> Sacha Inchi Seeds |
| <input type="checkbox"/> Cashew Butter | <input type="checkbox"/> Krill Oil | <input type="checkbox"/> Safflower/Safflower Seed Oil |
| | <input type="checkbox"/> Lard/Tallow (pork) | <input type="checkbox"/> Sesame Seed Oil |

- | | | |
|---|---|--|
| <input type="checkbox"/> Sesame Seeds | <input type="checkbox"/> Basil | <input type="checkbox"/> Cumin |
| <input type="checkbox"/> Sesame Seeds, Black | <input type="checkbox"/> Bay Leaf | <input type="checkbox"/> Curcumin |
| <input type="checkbox"/> Sunflower Seed Butter | <input type="checkbox"/> Bell Pepper, Red | <input type="checkbox"/> Curry (must be GF) |
| <input type="checkbox"/> Sunflower Seed Flour | <input type="checkbox"/> Black Cohosh | <input type="checkbox"/> Dandelion Root |
| <input type="checkbox"/> Sunflower Seed Lecithin | <input type="checkbox"/> Capsicum | <input type="checkbox"/> Dill |
| <input type="checkbox"/> Sunflower Seed Oil | <input type="checkbox"/> Caramel Coloring | <input type="checkbox"/> Dong Quai |
| <input type="checkbox"/> Sunflower Seeds | <input type="checkbox"/> Caraway Seed | <input type="checkbox"/> Echinacea |
| <input type="checkbox"/> Tahini | <input type="checkbox"/> Cardamom | <input type="checkbox"/> Fennel |
| <input type="checkbox"/> Tea, Ramon | <input type="checkbox"/> Catnip | <input type="checkbox"/> Fennel Seed |
| <input type="checkbox"/> Tiger Nuts | <input type="checkbox"/> Celery Powder | <input type="checkbox"/> Garam Masala |
| <input type="checkbox"/> Truffle Oil | <input type="checkbox"/> Celery Seed | <input type="checkbox"/> Garlic |
| <input type="checkbox"/> Truffle Oil, Black | <input type="checkbox"/> Chaparral | <input type="checkbox"/> Garlic Pepper |
| <input type="checkbox"/> Vegetable Oil | <input type="checkbox"/> Chervil | <input type="checkbox"/> Garlic Powder |
| <input type="checkbox"/> Vegetable Shortening (Spectrum®) | <input type="checkbox"/> Chili Powder | <input type="checkbox"/> Garlic Salt |
| <input type="checkbox"/> Walnut Oil | <input type="checkbox"/> Chipotle Seasoning | <input type="checkbox"/> Ginger Powder |
| <input type="checkbox"/> Walnuts | <input type="checkbox"/> Cilantro/Coriander | <input type="checkbox"/> Ginkgo Biloba |
| <input type="checkbox"/> Walnuts, Black | <input type="checkbox"/> Cinnamon | <input type="checkbox"/> Ginseng (All Types) |
| <input type="checkbox"/> Herbs & Spices | <input type="checkbox"/> Cinnamon, Ceylon | <input type="checkbox"/> Goldenseal |
| <input type="checkbox"/> Allspice | <input type="checkbox"/> Clove Powder | <input type="checkbox"/> Grapefruit Seed Extract |
| <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Cloves, Madagascar | <input type="checkbox"/> Grapeseed Extract |
| <input type="checkbox"/> Anise | <input type="checkbox"/> Cloves, Penang | <input type="checkbox"/> Guarana |
| <input type="checkbox"/> Ashwaganda | <input type="checkbox"/> Comfrey | <input type="checkbox"/> Gymnema Silvestre |
| <input type="checkbox"/> Astragalus | <input type="checkbox"/> Cramp Bark Extract | <input type="checkbox"/> Herbs De Provence |
| | <input type="checkbox"/> Cream of Tartar | <input type="checkbox"/> Hickory |

- | | | |
|--|---|---|
| <input type="checkbox"/> Himalayan Salt | <input type="checkbox"/> Paprika (smoked) | <input type="checkbox"/> Spearmint |
| <input type="checkbox"/> Jamaican Jerk | <input type="checkbox"/> Parsley | <input type="checkbox"/> St. John's Wort |
| <input type="checkbox"/> Juniper Berry | <input type="checkbox"/> Pau D'arco | <input type="checkbox"/> Sumac |
| <input type="checkbox"/> Lavender | <input type="checkbox"/> Pepper, Black (see
Garlic/Lemon Pepper) | <input type="checkbox"/> Tabasco Sauce |
| <input type="checkbox"/> Lemon Balm (Melissa
Officinalis) | <input type="checkbox"/> Pepper, Cayenne | <input type="checkbox"/> Taco Seasoning |
| <input type="checkbox"/> Lemongrass | <input type="checkbox"/> Pepper, Red | <input type="checkbox"/> Tamari (Wheat Free) |
| <input type="checkbox"/> Lemon Pepper | <input type="checkbox"/> Pepper, Sichuan | <input type="checkbox"/> Tarragon |
| <input type="checkbox"/> Licorice Root | <input type="checkbox"/> Pepper, Szechuan | <input type="checkbox"/> Thyme |
| <input type="checkbox"/> Maca Root | <input type="checkbox"/> Pepper/Peppercorns | <input type="checkbox"/> Tomatillo |
| <input type="checkbox"/> Mace Spice | <input type="checkbox"/> Peppermint | <input type="checkbox"/> Turmeric |
| <input type="checkbox"/> Marjoram | <input type="checkbox"/> Pine Bark Extract | <input type="checkbox"/> Uva Ursi |
| <input type="checkbox"/> Mesquite | <input type="checkbox"/> Red Chili Paste Thai Kitchen®
(gluten free) | <input type="checkbox"/> Valerian |
| <input type="checkbox"/> Milk Thistle | <input type="checkbox"/> Red Clover | <input type="checkbox"/> Vanilla (gluten and corn-free) |
| <input type="checkbox"/> Mint | <input type="checkbox"/> Red Pepper Flake | <input type="checkbox"/> Vanilla Bean |
| <input type="checkbox"/> Mustard (as a Powder) | <input type="checkbox"/> Rose Hips | <input type="checkbox"/> Vanilla Powder |
| <input type="checkbox"/> Mustard Seeds (gluten free) | <input type="checkbox"/> Rosemary | <input type="checkbox"/> White Willow Bark Extract |
| <input type="checkbox"/> Nutmeg | <input type="checkbox"/> Saffron | <input type="checkbox"/> Wintergreen |
| <input type="checkbox"/> Olive Leaf Extract | <input type="checkbox"/> Sage | <input type="checkbox"/> Wormwood |
| <input type="checkbox"/> Onion | <input type="checkbox"/> Sassafras | |
| <input type="checkbox"/> Onion Powder | <input type="checkbox"/> Savory | |
| <input type="checkbox"/> Orange Peel/Rind | <input type="checkbox"/> Saw Plametto | |
| <input type="checkbox"/> Orange Salt | <input type="checkbox"/> Sesame Seeds | |
| <input type="checkbox"/> Oregano | <input type="checkbox"/> Sesame Seeds, Black | |
| <input type="checkbox"/> Paprika | <input type="checkbox"/> Shallots | |

<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Oyster	<input type="checkbox"/> Applegate® organic herb roasted turkey
<input type="checkbox"/> Anchovy	<input type="checkbox"/> Perch	<input type="checkbox"/> Applegate® organic hot dogs
<input type="checkbox"/> Bass	<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Applegate® organic red pepper sausage
<input type="checkbox"/> Catfish	<input type="checkbox"/> Salmon, wild (fresh)	<input type="checkbox"/> Applegate® organic roast beef
<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Sardines	<input type="checkbox"/> Applegate® organic sausage sweet italian
<input type="checkbox"/> Clam	<input type="checkbox"/> Scallop	<input type="checkbox"/> Applegate® organic smoked chicken breast
<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Shrimp	<input type="checkbox"/> Applegate® organic smoked turkey breast
<input type="checkbox"/> Corvina	<input type="checkbox"/> Sole	<input type="checkbox"/> Applegate® organic spinach & feta sausage
<input type="checkbox"/> Crab	<input type="checkbox"/> Squid	<input type="checkbox"/> Applegate® organic turkey
<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Swai	<input type="checkbox"/> Applegate® organic turkey bacon
<input type="checkbox"/> Crayfish	<input type="checkbox"/> Swordfish	<input type="checkbox"/> Beef, Grass-fed only (organic)
<input type="checkbox"/> Flounder	<input type="checkbox"/> Tilapia (Wild, Non-farmed)	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Haddock	<input type="checkbox"/> Trout	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Hake	<input type="checkbox"/> Tuna	<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> Halibut	<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)
<input type="checkbox"/> Herring	<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Krill	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Lobster	<input type="checkbox"/> Applegate® organic andouille sausage	<input type="checkbox"/> Duck
<input type="checkbox"/> Lox	<input type="checkbox"/> Applegate® organic bacon	<input type="checkbox"/> Goat, Grass-fed only (organic)
<input type="checkbox"/> Mackerel	<input type="checkbox"/> Applegate® organic black forest ham	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Applegate® organic chicken	<input type="checkbox"/> Lamb
<input type="checkbox"/> Mussel	<input type="checkbox"/> Applegate® organic chicken/apple sausage	<input type="checkbox"/> Ostrich
<input type="checkbox"/> Octopus	<input type="checkbox"/> Applegate® organic ham	<input type="checkbox"/> Pheasant
<input type="checkbox"/> Orange Roughy		<input type="checkbox"/> Pork, (organic)

- | | | |
|--|---|--|
| <input type="checkbox"/> Quail | <input type="checkbox"/> Cheese, Marscapone | <input type="checkbox"/> Milk, Sheep |
| <input type="checkbox"/> Rabbit | <input type="checkbox"/> Cheese, Mozzarella (Raw) | <input type="checkbox"/> Milk Chocolate |
| <input type="checkbox"/> Turkey (organic) | <input type="checkbox"/> Cheese, Muenster | <input type="checkbox"/> Mozzarella Cheese |
| <input type="checkbox"/> Veal (organic) | <input type="checkbox"/> Cheese, Parmesan | <input type="checkbox"/> Sour Cream, Raw and Unpasteurized |
| <input type="checkbox"/> Venison (see also Deer) | <input type="checkbox"/> Cheese, Pecorino | <input type="checkbox"/> Whey |
| <input type="checkbox"/> Milk-Containing Foods | <input type="checkbox"/> Cheese, Provolone | <input type="checkbox"/> Yogurt (See Xanthan Gum) |
| <input type="checkbox"/> Applegate® organic spinach & feta sausage | <input type="checkbox"/> Cheese, Raw and Pasture-raised | <input type="checkbox"/> Non-Dairy & Eggs |
| <input type="checkbox"/> Butter, Raw and Pasture-raised | <input type="checkbox"/> Cheese, Ricotta | <input type="checkbox"/> Almond Milk, unsweetened (no tapioca) |
| <input type="checkbox"/> Buttermilk | <input type="checkbox"/> Cheese, Romano | <input type="checkbox"/> Almond Yogurt, unsweetened |
| <input type="checkbox"/> Casein | <input type="checkbox"/> Cheese, Sheep | <input type="checkbox"/> BodyPro Avocado Oil Mayonnaise |
| <input type="checkbox"/> Cheese, American | <input type="checkbox"/> Cheese, String (Mozzarella) | <input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast,) |
| <input type="checkbox"/> Cheese, Asiago | <input type="checkbox"/> Cheese, Swiss | <input type="checkbox"/> Cheese, Soy (Organic) (see Soy) |
| <input type="checkbox"/> Cheese, Bleu | <input type="checkbox"/> Chocolate, Milk | <input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan) |
| <input type="checkbox"/> Cheese, Brie | <input type="checkbox"/> Chocolate, White | <input type="checkbox"/> Coconut Milk (Native Forest or Natural Value) |
| <input type="checkbox"/> Cheese, Cheddar (Raw) | <input type="checkbox"/> Cream, Raw and Unpasteurized | <input type="checkbox"/> Egg, Pasture-raised (from a farmer) |
| <input type="checkbox"/> Cheese, Cottage | <input type="checkbox"/> Ghee (Pasture-Raised, Organic) | <input type="checkbox"/> Egg, Vital Farms® or Pasture Verde® |
| <input type="checkbox"/> Cheese, Cream | <input type="checkbox"/> Goat Cheese | <input type="checkbox"/> Egg Whites, Pasture-raised |
| <input type="checkbox"/> Cheese, Feta | <input type="checkbox"/> Goat Kefir | <input type="checkbox"/> Egg Yolks, Pasture-raised |
| <input type="checkbox"/> Cheese, Goat | <input type="checkbox"/> Kefir, Raw | <input type="checkbox"/> Milk, Soy (Organic) |
| <input type="checkbox"/> Cheese, Gorgonzola | <input type="checkbox"/> Lactic Acid (milk-derived) | <input type="checkbox"/> Paleo Cheese (Julianbakery.com or |
| <input type="checkbox"/> Cheese, Gouda | <input type="checkbox"/> Lactoalbumin | |
| <input type="checkbox"/> Cheese, Havarti | <input type="checkbox"/> Milk, Buffalo | |
| <input type="checkbox"/> Cheese, Machego | <input type="checkbox"/> Milk, Cow | |
| | <input type="checkbox"/> Milk, Goat | |

<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Rice Bran
<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Julian Bakery Almond Bread	<input type="checkbox"/> Rice Flour (gluten free)
<input type="checkbox"/> Amaranth	<input type="checkbox"/> Julian Bakery Coconut Bread	<input type="checkbox"/> Rice Protein Powder (gluten free)
<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Simple Mills - Everything Sprouted Seed Cracker
<input type="checkbox"/> Avenin (Gluten-free)	<input type="checkbox"/> Mikey's Original English Muffin	<input type="checkbox"/> Simple Mills Cracked Black Pepper Almond Crackers
<input type="checkbox"/> Basmati Rice (gluten free)	<input type="checkbox"/> Mikey's Pizza crust	<input type="checkbox"/> Simple Mills Ground Sea Salt Almond Crackers
<input type="checkbox"/> Brown Rice Flour	<input type="checkbox"/> Mikey's Sliced Bread Loaf	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers
<input type="checkbox"/> Buckwheat	<input type="checkbox"/> Millet	<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers
<input type="checkbox"/> Buckwheat Flour	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Sorghum
<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Oats (Certified GF)	<input type="checkbox"/> Sunflower Seed Flour
<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Sweet Potato Flour (gluten free)
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tapioca
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> ProGranola (Julian Bakery)	<input type="checkbox"/> Tapioca Flour (gluten free)
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Tapioca Starch (gluten free)
<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Teff
<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Teff Flour
<input type="checkbox"/> Ener-G Brown Rice Yeast-Free Bread	<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta
<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Tortilla, Siete Almond
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut
<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Rice, Purple (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Udi's Millet-Chia Bread
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Udi's White Sandwich Bread
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Udi's Whole Grain Bread

<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)
<input type="checkbox"/> Allulose	<input type="checkbox"/> Malt	<input type="checkbox"/> Corn-Derived Foods
<input type="checkbox"/> Avenin	<input type="checkbox"/> Maltitol	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/> Barley	<input type="checkbox"/> Maltodextrin (Barley-derived)	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Barley Grass (can have gluten)	<input type="checkbox"/> Miso	<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast,....)
<input type="checkbox"/> Barley Greens (may contain gluten)	<input type="checkbox"/> Modified Food Starch	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)
<input type="checkbox"/> Barley Juice (may contain gluten)	<input type="checkbox"/> Oats	<input type="checkbox"/> Chewing Gum (has gluten and corn)
<input type="checkbox"/> Beer	<input type="checkbox"/> Oats, GF (not Certified) can have gluten	<input type="checkbox"/> Citric Acid (can be corn-derived)
<input type="checkbox"/> Bran	<input type="checkbox"/> Orzo	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Bread	<input type="checkbox"/> Panko	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Polish Wheat	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Rye	<input type="checkbox"/> Corn Gluten
<input type="checkbox"/> Cheese, Bleu	<input type="checkbox"/> Semolina	<input type="checkbox"/> Corn Meal (gluten free)
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Soy Sauce	<input type="checkbox"/> Corn Oil
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Spelt	<input type="checkbox"/> Corn Starch (gluten free)
<input type="checkbox"/> Couscous	<input type="checkbox"/> Teechino	<input type="checkbox"/> Corn Syrup
<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Teriyaki Sauce	<input type="checkbox"/> Erythritol (non-GMO)
<input type="checkbox"/> Durum Wheat	<input type="checkbox"/> Triticale	<input type="checkbox"/> Fructose
<input type="checkbox"/> Egyptian Wheat	<input type="checkbox"/> Vinegar	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)
<input type="checkbox"/> Farro	<input type="checkbox"/> Vinegar, Malt	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Gliadin	<input type="checkbox"/> Vinegar, White	<input type="checkbox"/> Lactic Acid (corn-derived)
<input type="checkbox"/> Gluten	<input type="checkbox"/> Vodka, Rye or Grain	<input type="checkbox"/> Maize
<input type="checkbox"/> Graham (wheat)	<input type="checkbox"/> Wheat (All Types)	<input type="checkbox"/> Maltitol
<input type="checkbox"/> Kamut	<input type="checkbox"/> Wheat Germ	

- | | | |
|---|--|--|
| <input type="checkbox"/> Maltodextrin (Corn-based, non-GMO) | <input type="checkbox"/> Distilled White Vinegar | <input type="checkbox"/> Soy Sauce |
| <input type="checkbox"/> Modified Food Starch | <input type="checkbox"/> Dressing, Primal Kitchen Greek Avocado Oil | <input type="checkbox"/> Sriracha Sauce Organicville gluten-free |
| <input type="checkbox"/> Sriracha Sauce Organicville gluten-free | <input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard | <input type="checkbox"/> Tabasco Sauce |
| <input type="checkbox"/> Swerve® Sweetener | <input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread | <input type="checkbox"/> Tamari (Wheat Free) |
| <input type="checkbox"/> Vodka, Corn | <input type="checkbox"/> Earth Balance® Coconut Spread | <input type="checkbox"/> Teriyaki Sauce |
| <input type="checkbox"/> Xanthan Gum | <input type="checkbox"/> Harissa | <input type="checkbox"/> Tomato Paste (gluten & Vinegar-free) |
| <input type="checkbox"/> Yogurt (See Xanthan Gum) | <input type="checkbox"/> Horseradish Mustard, Gluten-free (Annie's®) | <input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free) |
| <input type="checkbox"/> Condiments, Spreads & Sauces | <input type="checkbox"/> Hummus | <input type="checkbox"/> Ume Plum Vinegar |
| <input type="checkbox"/> Apple Cider Vinegar (Bragg's®) | <input type="checkbox"/> Ketchup (Organicville) | <input type="checkbox"/> Veganise Soy-free (Follow Your Heart®) |
| <input type="checkbox"/> Balsamic Vinegar (w/ Caramel or Red Wine Vinegar) | <input type="checkbox"/> Kosher Salt | <input type="checkbox"/> Vegetable Shortening (Spectrum®) |
| <input type="checkbox"/> Balsamic Vinegar (with Red Wine Vinegar) | <input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy) | <input type="checkbox"/> Vinegar |
| <input type="checkbox"/> Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar) | <input type="checkbox"/> Liquid Smoke (can have gluten) | <input type="checkbox"/> Vinegar, Beet |
| <input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy | <input type="checkbox"/> Liquid Smoke gluten free (natural) | <input type="checkbox"/> Vinegar, Distilled |
| <input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup | <input type="checkbox"/> Mayonnaise | <input type="checkbox"/> Vinegar, Malt |
| <input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup | <input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil | <input type="checkbox"/> Vinegar, Red Wine |
| <input type="checkbox"/> BodyPro Avocado Oil Mayonnaise | <input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil | <input type="checkbox"/> Vinegar, Rice |
| <input type="checkbox"/> Carob | <input type="checkbox"/> Mustard, Brown (Eden® gf mustard) | <input type="checkbox"/> Vinegar, White |
| <input type="checkbox"/> Cocoa Butter | <input type="checkbox"/> Olives (without vinegar) | <input type="checkbox"/> Vinegar, White Wine |
| <input type="checkbox"/> Coconut Aminos® | <input type="checkbox"/> Red Bean Paste | <input type="checkbox"/> Worcestershire Sauce (The Wizard's® GF) |
| <input type="checkbox"/> Coconut Cream | <input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free) | |
| <input type="checkbox"/> Coconut Vinegar (Coconut Secret) | <input type="checkbox"/> Red Tomato Paste (gluten free) | |
| <input type="checkbox"/> Cream, Raw and Unpasteurized | <input type="checkbox"/> Sauerkraut (Bubbies® Brand only) | |
| <input type="checkbox"/> Daiya - Medium Cheddar Block | <input type="checkbox"/> Sherry Vinegar | |
| | <input type="checkbox"/> Sour Cream, Raw and Unpasteurized | |

<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Maltitol	<input type="checkbox"/> Beverages & Protein Powders
<input type="checkbox"/> Agave Nectar	<input type="checkbox"/> Maltodextrin (Barley-derived)	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)
<input type="checkbox"/> Aspartame	<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)	<input type="checkbox"/> Apple Cider
<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup	<input type="checkbox"/> Maltodextrin (Tapioca-based)	<input type="checkbox"/> Apple Juice
<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Maple Sugar	<input type="checkbox"/> Beer
<input type="checkbox"/> Brown Sugar	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)	<input type="checkbox"/> Bone Broth Protein, Beef
<input type="checkbox"/> Cane Syrup	<input type="checkbox"/> Molasses	<input type="checkbox"/> Carrot Juice
<input type="checkbox"/> Chocolate, Dark	<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Casein
<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Monk Fruit Extract	<input type="checkbox"/> Cocoa
<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Nutrasweet®	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)
<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)
<input type="checkbox"/> Coconut Sugar	<input type="checkbox"/> Sorbitol	<input type="checkbox"/> Coconut Water (low sugar)
<input type="checkbox"/> Corn Syrup	<input type="checkbox"/> Splenda	<input type="checkbox"/> Coffee (Brewed and Not Instant)
<input type="checkbox"/> Date Sugar	<input type="checkbox"/> Sucanat	<input type="checkbox"/> Coffee, Instant (has gluten)
<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Sucralose	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Fructose	<input type="checkbox"/> Sugar Beet	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Fruit Pectin	<input type="checkbox"/> Sugar Cane	<input type="checkbox"/> Echinacea Tea
<input type="checkbox"/> Honey, (Organic)	<input type="checkbox"/> Sweetleaf® Stevia	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Honey, Manuka	<input type="checkbox"/> Swerve® Sweetener	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Honey, Wildflower from Mahava®	<input type="checkbox"/> Tapioca Dextrose	<input type="checkbox"/> Green Tea
<input type="checkbox"/> Jerusalem Artichoke Syrup	<input type="checkbox"/> Tapioca Syrup	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Just Like Sugar®	<input type="checkbox"/> Xyla (Birchwood Xylitol)	<input type="checkbox"/> Komboucha Tea
<input type="checkbox"/> Lo Han	<input type="checkbox"/> Xylitol	<input type="checkbox"/> Lactoalbumin
<input type="checkbox"/> Malt	<input type="checkbox"/> Yacon Syrup	<input type="checkbox"/> Lemon Juice

<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Tea, Unflavored	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple)
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Tea, White	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chipotle)
<input type="checkbox"/> Milk, Buffalo	<input type="checkbox"/> Teechino	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Tomato)
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Vodka, Corn	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Vodka, Potato	<input type="checkbox"/> Hops
<input type="checkbox"/> Milk, Rice	<input type="checkbox"/> Vodka, Rye or Grain	<input type="checkbox"/> Julian Bakery Paleo Wraps
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Water	<input type="checkbox"/> Latex
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Whey	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Wine, Red	<input type="checkbox"/> Modified Food Starch
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Wine, White (Champagne)	<input type="checkbox"/> Modified Food Starch (Tapioca-based)
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Pycnogenol
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Zevia Drinks	<input type="checkbox"/> Red Tomato Paste (gluten free)
<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Resveratrol
<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> Antimony	<input type="checkbox"/> Rice Starch (if certified gluten free)
<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Silver
<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Tobacco
<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Beef broth (Imagine® low sodium/GF)	<input type="checkbox"/> Tofu (Organic)
<input type="checkbox"/> Tea, Chicory Root	<input type="checkbox"/> Bone Broth, Beef	<input type="checkbox"/> Vegetable broth (Imagine® Low Sodium)
<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Cacao (Raw, Pure, & Unsweetened)	<input type="checkbox"/> Yeast, Baker's
<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)	<input type="checkbox"/> Yeast, Brewer's
<input type="checkbox"/> Tea, Komboucha	<input type="checkbox"/> Cocoa	<input type="checkbox"/> Yeast, Nutritional
<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Collagen Protein (Powder)	
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)	
<input type="checkbox"/> Tea, Roobios		

- | | |
|--|---|
| <input type="checkbox"/> Snacks | <input type="checkbox"/> Lactic Acid (milk-derived) |
| <input type="checkbox"/> Apple Sauce | <input type="checkbox"/> Locust Bean Gum |
| <input type="checkbox"/> Chewing Gum (has gluten and corn) | <input type="checkbox"/> Maltodextrin (Barley-derived) |
| <input type="checkbox"/> Chewing Gum, Xyl chew® | <input type="checkbox"/> MSG/Monosodium Glutamate |
| <input type="checkbox"/> Dates | <input type="checkbox"/> Palm Wax |
| <input type="checkbox"/> Simple Mills Chocolate Chip Cookies | <input type="checkbox"/> Pea Protein Isolate |
| <input type="checkbox"/> Simple Mills Cracked Black Pepper Almond Crackers | <input type="checkbox"/> Pea Starch |
| <input type="checkbox"/> Skinny Crisps® (Plain Jane) | <input type="checkbox"/> Potato Protein |
| <input type="checkbox"/> Food Additives | <input type="checkbox"/> Red Food Dye |
| <input type="checkbox"/> Acacia Gum | <input type="checkbox"/> Sodium Alginate |
| <input type="checkbox"/> Agar Gum | <input type="checkbox"/> Tragacanth Gum |
| <input type="checkbox"/> Annatto Coloring | <input type="checkbox"/> Tricalcium Phosphate |
| <input type="checkbox"/> Arabic Gum | <input type="checkbox"/> Vegan Enzyme |
| <input type="checkbox"/> Asafoetida Powder | <input type="checkbox"/> Vegan Natural Flavors (no MSG) |
| <input type="checkbox"/> Blue Food Dye | <input type="checkbox"/> Vegan Natural Flavors (with MSG) |
| <input type="checkbox"/> Carrageenan Gum | <input type="checkbox"/> Xanthan Gum |
| <input type="checkbox"/> Chicory Root | |
| <input type="checkbox"/> Citric Acid (can be corn-derived) | |
| <input type="checkbox"/> Formaldehyde | |
| <input type="checkbox"/> Guar Gum | |
| <input type="checkbox"/> Inulin | |
| <input type="checkbox"/> Lactic Acid (beet-derived) | |
| <input type="checkbox"/> Lactic Acid (corn-derived) | |