Nanny Mai

09/07/2017

Milk, Soy (Organic)		Malt		Gluten-Free Grains
Mineral Water		Maltodextrin (Can be Wheat-derived)		Almond Flour (gluten free)
Orange Juice		Oats	eVinega	Amaranth
Pea Protein		Orzo)	Basmati Rice (gluten free)
Rice Protein Powder (gluten free)		Panko	r)	Buckwheat
Soy Milk/Soy Cheese (Organic)		Polish Wheat	picy	Buckwheat Flour
Soy Protein (Organic)	e)	Rye	1	Chicory Root
Sparkling Water, unflavored		Semolina		Coconut Meal (gluten free)
Tea, Black		Soy Sauce		Corn (Gluten-free & Non-GMO)
Tea, Chamomile		Spelt	ddo Oil	Corn, Blue
Tea, Green		Teechino)p	Corn, White
Tea, Oolong		Teriyaki Sauce		Corn Starch (gluten free)
Tea, Ramon		Triticale		Ener-G Brown Rice Yeast-Free Bread
Tea, Roobios		Vinegar		Fava Bean Flour
Tea, unflavored/caffeine-free only		Vinegar, Malt		Flax Meal
Tea, White		Vinegar, White	picy	Garbanzo Flour
Teechino		Wheat (All Types)		Glucomannon Flour (konjacfoods.com)
Water		Wheat Grass (Is Gluten-contaminated)	.)	Hazelnut Flour
Wine, Red		Crab, Immitation		Hemp Meal
Wine, White (Champagne)		Graham (wheat)		Hemp Protein (Powder)
Yerba Matte Tea (Organic/Pure)		Kamut		Hemp Seed
Coffee Bean, Organic		Liquid Smoke (can have gluten)		Konjac Glucomannon Flour

Millet	Simple Mills Tomato & Basil Almond Crackers	Astragalus
Oats	Sorghum	Basil
Oats (Bob's Red N	Sweet Potato Flour (gluten free)	Bay Leaf
Oat Grass (Not Fo	Tapioca	Black Cohosh
Potato Flour (g	Tapioca Flour (gluten free)	Caramel Coloring
Potato Starch (Tapioca Starch (gluten free)	Caraway Seed
Quinoa (gluten	Teff	Cardamom
Quinoa, Black	Tolerant Green Lentil & Pea Pasta	Celery Powder
Quinoa, Red (ç	Tolerant Red or Green Lentil Pasta	Chicory Root
Rice, Basmati (Tortilla, Siete Almond	Chili Powder
Rice, Black (glu	Tortilla, Siete Cassava & Coconut	Chipotle Seasoning
Rice, Brown (g	Tortilla, Siete Chia & Cassava	Cilantro/Coriander
Rice, Japonica	Simple Mills EverythingSproutedSeedCracker	Cinnamon
Rice, Purple (g	Corn Meal (gluten free)	Cinnamon, Ceylon
Rice, Red (glut	Coconut Flour (gluten free)	Cloves
Rice, White (gl	Arrowroot Flour/powder	Cloves, Madagascar
Rice, Wild (Lundberg® - not the blend)		Cloves, Penang
Rice Bran	Herbs &	Cramp Bark Extract
Rice Flour (glu	Allspice	Cream of Tartar
Rice Protein Powo	Almond Flavor natural, gluten free)	Cumin
Simple Mills Grnd	Anise	Curcumin
Simple Mills Rose	Ashwaganda	Curry (must be GF)

Dandelion Roo	Lavender	Pepper, Cayenne
Dill	Lemon Balm (Melissa Officinalis)	Pepper/Peppercorns
Dong Quai	Lemon Pepper	Pepper, Red
Echinacea	Lemongrass	Peppermint
Fernel	Licorice Root	Pine Bark Extract
Garlic	Liquid Smoke (can have gluten)	Red Chili Paste Thai Kitchen® (gluten free)
GarlicPepper	Liquid Smoke gluten free (natural)	Red Pepper Flake
Garlic	Maca Root	Rosemary
GarlicSalt	Mace Spice	Saffron
Ginger	Marjoram	Sage
Ginkgo Biloba	Mesquite	Saw Plametto
Ginseng (All Ty	Milk Thistle	Sesame Seeds
Goldenseal	Mint	Sesame Seeds, Black
Grapefruit See	Mustard (as a Powder)	Spearmint
Grapeseed Ext	Mustard Seeds (gluten free)	St. John's Wort
Guarana	Nutmeg	Taco Seasoning
Gyrnnema Silv	Olive Leaf Extract	Tamari (Wheat Free)
Herbs De Prov	Orange Peel/Rind	Tarragon
Hickory	Orange Salt	Thyme
Himalayan Salt	Oregano	Tomatillo
Janaican Jerk	Parsley	Turmeric
Juniper Berry	Pepper, Black (see Garlic/Lemon Pepper)	Uva Ursi

Valerian	Bean, Green	Red Bean Paste
Vanilla (gluten	Bean, Italian	Soy Beans (must be organic)
Vanilla Bean	Bean, Kidney	Soy Beans Oil (must be organic)
Var <mark>tilla</mark> Powder	Bean, Lima	Vanilla Bean
White Willow B	Bean, Mung	Vanilla Powder
Wintergreen	Bean, Navy/Ninja	White Beans
Rose Hips	Bean, Pinto/Frijole	Coffee Bean, Organic
Pepper, Sichua	Bean, Red (see also Bean, Kidney)	
Pepper, Szech	Chickpea (see also Garbanzo Bean)	Meat & Poultry
Onion Powder	Edamame (must be organic)	Applegate® organic bacon
Onion	Fava Bean	Applegate® organic black forest ham
Shallots	Fava Bean Flour	Applegate® organic chicken
Paprika (smoke	Garbanzo Bean	Applegate® organic ham
Paprika	Garbanzo Flour	Applegate® organic herb roasted turkey
	Lentil(s)	Applegate® organic hot dogs
es & P	Miso	Applegate® organic roast beef
Bean, Azuki	Pea, Snap	Applegate® organic andouille sausage
Bean, Black	Pea, Snow	Applegate® organic chicken/apple sausage
Bean, Butter	Pea, Split	Applegate® organic red pepper sausage
Bean, Cannelli	Peanut (Organic, Valencia)	Applegate® organic spinach & feta sausage
Bean, Chana C	Peanut Butter (Organic, Maranatha®)	Applegate® organic sausage sweet italian
Bean, Chili	Peanut Oil (Organic)	Applegate® organic smoked chicken breast

Applegate® orga	Applegate® organic spinach & feta sausage	Cheese, Ricotta
Applegate® c	Butter, Raw and Pasture-raised	Cheese, Romano
Applegate® orga	Buttermilk	Cheese, Provolone
Beef, Grass-fe	Casein	Cheese, Sheep
Bison (see also	Cheese, American	Cheese, String (Mozzarella)
Buffalo (see als	Cheese, Asiago	Cheese, Swiss
Chicken Broth (Im	Cheese, Bleu	Chocolate, Milk
Chicken, free r	Cheese, Brie	Chocolate, White
Deer (see also	Cheese, Cheddar (Raw)	Cream, Raw and Unpasteurized
Du¢k	Cheese, Cottage	Ghee (Pasture-Raised, Organic)
Goat, Grass-fe	Cheese, Cream	Goat Cheese
Lamb (organic)	Cheese, Goat	Goat Kefir
Lard (pork)	Cheese, Gorgonzola	Kefir, Raw
Ostrich	Cheese, Gouda	Lactoalbumin
Pheasant	Cheese, Havarti	Milk Chocolate
Pork, (organic)	Cheese, Machego	Milk, Cow
Quail	Cheese, Marscapone	Milk, Goat
Rabbit	Cheese, Mozzarella (Raw)	Milk, Sheep
Turkey (organic	Cheese, Muenster	Mozzarella Cheese
Veal_organic)	Cheese, Parmesan	Sour Cream, Raw and Unpasteurized
Venison (see a	Cheese, Pecorino	Whey
	Cheese, Raw and Pasture-raised	Yogurt (See Xanthan Gum)

Cheese, Feta	Glucomannon Flour (konjacfoods.com)	Tofu (Organic)
	Great Lake's® Beef Gelatin	Tomato Paste (gluten & Vinegar-free)
aneou	Guar Gum	Tomato Sauce (gluten & Vinegar-free)
Ant mony	Hops	Vegetable broth (Imagine® Low Sodium)
Arabic Gum	Julian Bakery Paleo Wraps	Vegetable Oil
Baking Powder	Julian Bakery Almond Bread	Vegetable Shortening (Spectrum®)
Baking Soda (<i>l</i>	Julian Bakery Coconut Bread	Vinegar, Red Wine
Bee broth (Imagir	Konjac Glucomannon Flour	Vinegar, Rice
Car <mark>rag</mark> eenan G	Lard (pork)	Vinegar, White Wine
Chewing Gum (ha	Liquid Aminos (Braggs®)(has Soy)	Xanthan Gum
Ch ewi ng Gum,	Locust Bean Gum	Yeast, Baker's
Chicken Broth (Im	Lycopene	Yeast, Brewer's
Chi <mark>cor</mark> y Root	Malt	Yeast, Nutritional
Coc <mark>oa/</mark> Cacao (rav	Maltodextrin (Can be Wheat-derived)	Latex
Coconut Amino	Palm Wax	Formaldehyde
Co ç onut Crean	Pycnogenol	Acacia Gum
Collagen Prote	Red Chili Paste Thai Kitchen® (gluten free)	Tragacanth Gum
Gar <mark>am</mark> Masala	Red Tomato Paste (gluten free)	Blue Food Dye
GentWiaps®, Sa	Resveratrol	Skinny Crisps®(Plain Jane)
GentWiaps®, Sa	Sherry Vinegar	Red Food Dye
GentWiaps®, Sa	Silver	Cocoa Butter
GentWraps®, Sa	Tamari (Wheat Free)	Agar Gum

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	Sesame Seed Oil		Yams, Garnett	
	Sesame Seeds		Yams, Japanese	
	Sesame Seeds, Black		Yucca	
	Sunflower Seed Butter	.)	Zucchini	
	Sunflower Seed Lecithin		Alfalfa Sprouts	
	Sunflower Seed Oil		Psyllium Husk	
	Sunflower Seeds	;)	Onion, Green	
	Tahini		Onion, Maui	
	Tea, Ramon		Onion, Red	
	Tiger Nuts		Onion, Sweet	
	Vegetable Oil		Onion, Yellow	
	Vegetable Shortening (Spectrum®)		Chives	ıр
	Walnut (few)		Shallots	
	Walnut Oil		Bell Pepper	
	Walnut, Black (few)		Bell Pepper, Yellow	
	Pumpkin Oil		Bell Pepper, Orange	
	Snacks		Tomato, Yellow	
	Date(s)		Truffle	
	Simple Mills Chocolate Chip Cookies		Turnip Greens	
	Apple Sauce		Turnips)
	Safflower/Safflower Seed Oil		Water Chestnut	
П	Sacha Inchi Seeds		Watercress	