

<input type="checkbox"/> <b>Fruits</b>	<input type="checkbox"/> <b>Vegetables</b>	<input type="checkbox"/> <b>Herbs &amp; Spices</b>
<input type="checkbox"/> Blackberry	<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Bell Pepper, Red
<input type="checkbox"/> <b>Nuts, Seeds, Drupes &amp; Oils</b>	<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Black Cohosh
No foods in this Category	<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Maca Root
<input type="checkbox"/> <b>Fish &amp; Shellfish</b>	<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Sumac
<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Wormwood
<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Rhubarb	<input type="checkbox"/> <b>Milk-Containing Foods</b>
<input type="checkbox"/> Corvina	<input type="checkbox"/> <b>Meat &amp; Poultry</b>	No foods in this Category
<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> <b>Legumes &amp; Pulses</b>
<input type="checkbox"/> Octopus	<input type="checkbox"/> Goat, Grass-fed only (organic)	No foods in this Category
<input type="checkbox"/> Orange Roughy	<input type="checkbox"/> Ostrich	<input type="checkbox"/> <b>Corn-Derived Foods</b>
<input type="checkbox"/> Sardines	<input type="checkbox"/> Pheasant	No foods in this Category
<input type="checkbox"/> Scallop	<input type="checkbox"/> Rabbit	<input type="checkbox"/> <b>Gluten-Containing Foods</b>
<input type="checkbox"/> Swai	<input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>	No foods in this Category
<input type="checkbox"/> Tilapia (Wild, Non-farmed)	No foods in this Category	<input type="checkbox"/> <b>Gluten-Free Grains</b>
<input type="checkbox"/> Tuna	<input type="checkbox"/> <b>Condiments, Spreads &amp; Sauces</b>	<input type="checkbox"/> Quinoa (gluten free)
<input type="checkbox"/> Whitefish/Turbot	No foods in this Category	<input type="checkbox"/> Quinoa, Black (gluten free)
		<input type="checkbox"/> Quinoa, Red (gluten free)
	<input type="checkbox"/>	
	<input type="checkbox"/> <b>Sweeteners</b>	
	No foods in this Category	

☐ Beverages & Protein Powders☐ Tea, Hibiscus☐ Miscellaneous☐ Blue Food Dye☐ Formaldehyde☐ Latex☐ Pycnogenol☐ Red Food Dye☐ Resveratrol☐ Snacks

No foods in this Category

☐ new category

No foods in this Category