

<input type="checkbox"/> Fruits	<input type="checkbox"/> Noni	<input type="checkbox"/> Chestnut
<input type="checkbox"/> Acai	<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Coconut Butter
<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Peach	<input type="checkbox"/> Coconut Oil
<input type="checkbox"/> Apricot	<input type="checkbox"/> Pear	<input type="checkbox"/> Coconut, shredded (raw, unsweetened)
<input type="checkbox"/> Bilberry	<input type="checkbox"/> Tamarind	<input type="checkbox"/> Cola Nut (aka Kola Nut)
<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Youngberry	<input type="checkbox"/> Hazelnut/Filbert
<input type="checkbox"/> Golden Berry		<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Gooseberry	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils	<input type="checkbox"/> Olive Oil, Virgin
<input type="checkbox"/> Grapefruit	<input type="checkbox"/> Almond	<input type="checkbox"/> Palm Kernel Oil
<input type="checkbox"/> Huckleberry	<input type="checkbox"/> Almond Butter (Artisana®)	<input type="checkbox"/> Pepitas
<input type="checkbox"/> Lemon	<input type="checkbox"/> Almond Flavor (natural, gluten free)	<input type="checkbox"/> Pili Nuts
<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Pine Nut
<input type="checkbox"/> Lemon Rind/Peel	<input type="checkbox"/> Almond Meal (gluten free)	<input type="checkbox"/> Pistachios
<input type="checkbox"/> Lime	<input type="checkbox"/> Almond, Marcona	<input type="checkbox"/> Poppy seeds
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Psyllium Husk
<input type="checkbox"/> Litchi (aka Lychee)	<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Pumpkin Oil
<input type="checkbox"/> Loganberry	<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Pumpkin Seed Oil
<input type="checkbox"/> Loquat	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Pumpkin Seeds
<input type="checkbox"/> Maqui	<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Ramon Seeds
<input type="checkbox"/> Mulberry	<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Sacha Inchi Seeds
<input type="checkbox"/> Nectarines	<input type="checkbox"/> Cashews	<input type="checkbox"/> Tea, Ramon

<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Cucumber
<input type="checkbox"/> Truffle Oil	<input type="checkbox"/> Broccoli	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Truffle Oil, Black	<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Dandelion Greens
	<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Vegetables	<input type="checkbox"/> Broccolini	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Endive
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Burdock	<input type="checkbox"/> Fennel
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Garlic
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Arugula	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Jicama
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Capers	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Avocado	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Leeks
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Beet	<input type="checkbox"/> Celery	<input type="checkbox"/> Mushrooms
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Chard	<input type="checkbox"/> Mushrooms, Button
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Chayote	<input type="checkbox"/> Mushrooms, Cremini/Crimini
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Chives	<input type="checkbox"/> Mushrooms, Maitake
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Mushrooms, Shiitake
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Okra

<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Tomato, Sun-dried
<input type="checkbox"/> Onion, Green	<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Tomato, Yellow
<input type="checkbox"/> Onion, Maui	<input type="checkbox"/> Radicchio	<input type="checkbox"/> Tomatoes, Big Beef
<input type="checkbox"/> Onion, Red	<input type="checkbox"/> Radish	<input type="checkbox"/> Truffle
<input type="checkbox"/> Onion, Sweet	<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Turnip Greens
<input type="checkbox"/> Onion, Yellow	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Turnips
<input type="checkbox"/> Paprika	<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Water Chestnut
<input type="checkbox"/> Parsley	<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Watercress
<input type="checkbox"/> Parsnip	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Zucchini
<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Scallions	
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Shallots	<input type="checkbox"/> Fish & Shellfish
<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Spinach	<input type="checkbox"/> Bass
<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Chilean Sea Bass
<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Corvina
<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Tomato	<input type="checkbox"/> Flounder
<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Haddock
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Hake
<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Tomato, Cherry	<input type="checkbox"/> Halibut
<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Tomato, Heirloom	<input type="checkbox"/> Herring
<input type="checkbox"/> Pimento	<input type="checkbox"/> Tomato, Orange	<input type="checkbox"/> Mackerel
<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Tomato, Red	<input type="checkbox"/> Mahi Mahi
<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Tomato, Roma	<input type="checkbox"/> Octopus

<input type="checkbox"/> Perch	<input type="checkbox"/> Duck	<input type="checkbox"/> <b>Condiments, Spreads &amp; Sauces</b>
<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)
<input type="checkbox"/> Salmon, wild (fresh)	<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Carob
<input type="checkbox"/> Sardines	<input type="checkbox"/> Lamb	<input type="checkbox"/> Cocoa Butter
<input type="checkbox"/> Sole	<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Coconut Aminos®
<input type="checkbox"/> Swai	<input type="checkbox"/> Ostrich	<input type="checkbox"/> Coconut Cream
<input type="checkbox"/> Swordfish	<input type="checkbox"/> Pheasant	<input type="checkbox"/> Harissa
<input type="checkbox"/> Tilapia (Wild, Non-farmed)	<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Liquid Smoke gluten free (natural)
<input type="checkbox"/> Trout	<input type="checkbox"/> Quail	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Rabbit	<input type="checkbox"/> Red Bean Paste
<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> Red Tomato Paste (gluten free)
	<input type="checkbox"/> Veal (organic)	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> <b>Meat &amp; Poultry</b>	<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
<input type="checkbox"/> Applegate® organic chicken/apple sausage		<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
<input type="checkbox"/> Applegate® organic ham	<input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>	
<input type="checkbox"/> Applegate® organic hot dogs	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> <b>Sweeteners</b>
<input type="checkbox"/> Beef, Grass-fed only (organic)	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Jerusalem Artichoke Syrup
<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Just Like Sugar®
<input type="checkbox"/> Buffalo (see also Bison)		<input type="checkbox"/> Rebiana Leaf (Stevia)
<input type="checkbox"/> Chicken, free range (organic)		<input type="checkbox"/> Sweetleaf® Stevia
<input type="checkbox"/> Collagen Protein (Powder)		
<input type="checkbox"/> Deer (see also Venison)		

<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Cloves, Penang	<input type="checkbox"/> Himalayan Salt
<input type="checkbox"/> Allspice	<input type="checkbox"/> Cramp Bark Extract	<input type="checkbox"/> Jamaican Jerk
<input type="checkbox"/> Almond Flavor (natural, gluten free)	<input type="checkbox"/> Cream of Tartar	<input type="checkbox"/> Juniper Berry
<input type="checkbox"/> Anise	<input type="checkbox"/> Cumin	<input type="checkbox"/> Lavender
<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Curcumin	<input type="checkbox"/> Lemon Balm (Melissa Officinalis)
<input type="checkbox"/> Astragalus	<input type="checkbox"/> Curry (must be GF)	<input type="checkbox"/> Lemongrass
<input type="checkbox"/> Basil	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Licorice Root
<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Dill	<input type="checkbox"/> Maca Root
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Dong Quai	<input type="checkbox"/> Mace Spice
<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Echinacea	<input type="checkbox"/> Marjoram
<input type="checkbox"/> Capsicum	<input type="checkbox"/> Fennel	<input type="checkbox"/> Mesquite
<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Garlic	<input type="checkbox"/> Milk Thistle
<input type="checkbox"/> Cardamom	<input type="checkbox"/> Garlic Powder	<input type="checkbox"/> Mint
<input type="checkbox"/> Celery Powder	<input type="checkbox"/> Garlic Salt	<input type="checkbox"/> Mustard Seeds (gluten free)
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Ginger	<input type="checkbox"/> Nutmeg
<input type="checkbox"/> Chili Powder	<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Chipotle Seasoning	<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Onion
<input type="checkbox"/> Cilantro/Coriander	<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Onion Powder
<input type="checkbox"/> Cinnamon	<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Oregano
<input type="checkbox"/> Cinnamon, Ceylon	<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Paprika
<input type="checkbox"/> Cloves	<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Paprika (smoked)
<input type="checkbox"/> Cloves, Madagascar	<input type="checkbox"/> Hickory	<input type="checkbox"/> Parsley

<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Valerian	<input type="checkbox"/> Bean, Red
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Beans
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)
<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Peppermint	<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Garbanzo Bean
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Wormwood	<input type="checkbox"/> Kidney Bean
<input type="checkbox"/> Rose Hips		<input type="checkbox"/> Lentil(s)
<input type="checkbox"/> Rosemary	<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Red Bean Paste
<input type="checkbox"/> Saffron		<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Sage	<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Bean, Azuki	
<input type="checkbox"/> Shallots	<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Gluten-Free Grains
<input type="checkbox"/> Spearmint	<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Sumac	<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> Coconut Flour (gluten free)
<input type="checkbox"/> Taco Seasoning	<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Coconut Meal (gluten free)
<input type="checkbox"/> Tarragon	<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Thyme	<input type="checkbox"/> Bean, Kidney	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Bean, Lima	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Turmeric	<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta

<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Corn-Derived Foods	<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Formaldehyde
<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Guar Gum
<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Inulin
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Tea, Roobios	<input type="checkbox"/> Lard (pork)
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Tea, White	<input type="checkbox"/> Latex
<input type="checkbox"/> Coffee	<input type="checkbox"/> Water	<input type="checkbox"/> Locust Bean Gum
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Zevia Drinks	<input type="checkbox"/> Palm Wax
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Red Food Dye
<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Acacia Gum	<input type="checkbox"/> Red Tomato Paste (gluten free)
<input type="checkbox"/> Green Tea	<input type="checkbox"/> Antimony	<input type="checkbox"/> Silver
<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Tragacanth Gum
<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Blue Food Dye	
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Bone Broth, Beef	
	<input type="checkbox"/> Chicory Root	
	<input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)	



Snacks