

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Collard Greens
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Burdock	<input type="checkbox"/> Cucumber
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Cabbage, Chinese (see also Bok	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Arugula	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Dandelion Greens
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Avocado	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Capers	<input type="checkbox"/> Endive
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Fennel
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Garlic
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Beet	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Jicama
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Kelp/Dulse
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Kombu
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Celery	<input type="checkbox"/> Leeks
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Chard	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Chayote	<input type="checkbox"/> Mushrooms
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Chives	<input type="checkbox"/> Mushrooms, Button
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Mushrooms, Cremini/Crimini
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Mushrooms, Maitake

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|---|---|---|
| <input type="checkbox"/> Mushrooms, Shiitake | <input type="checkbox"/> Pepper, Jalapeño | <input type="checkbox"/> Scallions |
| <input type="checkbox"/> Mustard Greens | <input type="checkbox"/> Pepper, Poblano | <input type="checkbox"/> Sea Vegetables |
| <input type="checkbox"/> Nori | <input type="checkbox"/> Pepper, Red | <input type="checkbox"/> Seaweed |
| <input type="checkbox"/> Okra | <input type="checkbox"/> Pepper, Serrano | <input type="checkbox"/> Shallots |
| <input type="checkbox"/> Olives (without vinegar) | <input type="checkbox"/> Pickles, Bubbies® brand only | <input type="checkbox"/> Spinach |
| <input type="checkbox"/> Onion, Green | <input type="checkbox"/> Pimento | <input type="checkbox"/> Spirulina |
| <input type="checkbox"/> Onion, Maui | <input type="checkbox"/> Potato, Fingerling | <input type="checkbox"/> Squash |
| <input type="checkbox"/> Onion, Red | <input type="checkbox"/> Potato, Purple | <input type="checkbox"/> Squash, Acorn |
| <input type="checkbox"/> Onion, Sweet | <input type="checkbox"/> Potato, Red | <input type="checkbox"/> Squash, Butternut |
| <input type="checkbox"/> Onion, Yellow | <input type="checkbox"/> Potato, Russet | <input type="checkbox"/> Squash, Green |
| <input type="checkbox"/> Parsley | <input type="checkbox"/> Potato, Sweet | <input type="checkbox"/> Squash, Spaghetti |
| <input type="checkbox"/> Parsnip | <input type="checkbox"/> Potato, White | <input type="checkbox"/> Squash, Summer |
| <input type="checkbox"/> Pea, Black-Eyed | <input type="checkbox"/> Potato, Yukon Gold | <input type="checkbox"/> Squash, Winter |
| <input type="checkbox"/> Pea, Green | <input type="checkbox"/> Prickly Pear | <input type="checkbox"/> Squash, Yellow |
| <input type="checkbox"/> Pea, Snap | <input type="checkbox"/> Pumpkin | <input type="checkbox"/> Sugar Beet |
| <input type="checkbox"/> Pea, Snow | <input type="checkbox"/> Pumpkin Powder | <input type="checkbox"/> Sweet Potato, Red |
| <input type="checkbox"/> Pea, Split | <input type="checkbox"/> Radicchio | <input type="checkbox"/> Sweet Potatoes, White |
| <input type="checkbox"/> Pea Protein | <input type="checkbox"/> Radish | <input type="checkbox"/> Swiss Chard |
| <input type="checkbox"/> Pepper, Anaheim | <input type="checkbox"/> Rainbow Chard | <input type="checkbox"/> Tomatillo |
| <input type="checkbox"/> Pepper, Chili | <input type="checkbox"/> Rhubarb | <input type="checkbox"/> Tomato Paste (gluten & |
| <input type="checkbox"/> Pepper, Green | <input type="checkbox"/> Rutabaga | <input type="checkbox"/> Tomato Sauce (gluten & |
| <input type="checkbox"/> Pepper, Habanero | <input type="checkbox"/> Sauerkraut (Bubbies® Brand only) | <input type="checkbox"/> Tomato |

<input type="checkbox"/> Tomatoes, Big Beef	<input type="checkbox"/> Fruits	<input type="checkbox"/> Elderberry
<input type="checkbox"/> Tomato, Cherry	<input type="checkbox"/> Acai	<input type="checkbox"/> Fig
<input type="checkbox"/> Tomato, Heirloom	<input type="checkbox"/> Agar Gum	<input type="checkbox"/> Goji Berry
<input type="checkbox"/> Tomato, Orange	<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Golden Berry
<input type="checkbox"/> Tomato, Red	<input type="checkbox"/> Apple Cider	<input type="checkbox"/> Gooseberry
<input type="checkbox"/> Tomato, Roma	<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Grape
<input type="checkbox"/> Tomato, Sun-dried	<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Grape, Green
<input type="checkbox"/> Tomato, Yellow	<input type="checkbox"/> Apricot	<input type="checkbox"/> Grape, Purple
<input type="checkbox"/> Truffle	<input type="checkbox"/> Banana	<input type="checkbox"/> Grape, Red
<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Bilberry	<input type="checkbox"/> Grape, White
<input type="checkbox"/> Turnips	<input type="checkbox"/> Blackberry	<input type="checkbox"/> Grapefruit
<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Blueberry	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Watercress	<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Guava
<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Cantaloupe	<input type="checkbox"/> Huckleberry
<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Cherry	<input type="checkbox"/> Jack fruit
<input type="checkbox"/> Yucca	<input type="checkbox"/> Clementine	<input type="checkbox"/> Kiwi
<input type="checkbox"/> Zucchini	<input type="checkbox"/> Cranberry	<input type="checkbox"/> Kumquat
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Cranberry Juice	<input type="checkbox"/> Lemon
<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Currant	<input type="checkbox"/> Lemon Juice
	<input type="checkbox"/> Date(s)	<input type="checkbox"/> Lemon Rind/Peel
	<input type="checkbox"/> Dragon Fruit (Pitaya)	<input type="checkbox"/> Lime
	<input type="checkbox"/> Dried Fruit	<input type="checkbox"/> Lime Juice

<input type="checkbox"/> Litchi (aka Lychee)	<input type="checkbox"/> Plantain	<input type="checkbox"/> Almond, Marcona
<input type="checkbox"/> Loganberry	<input type="checkbox"/> Plum	<input type="checkbox"/> Annatto Seed
<input type="checkbox"/> Loquat	<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Arrowroot Flour/powder
<input type="checkbox"/> Mango	<input type="checkbox"/> Pomelo	<input type="checkbox"/> Brazil Nut
<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Prune	<input type="checkbox"/> Canola/Rapeseed Oil
<input type="checkbox"/> Maqui	<input type="checkbox"/> Quince	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Melon, Honeydew	<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Cashews
<input type="checkbox"/> Monk Fruit	<input type="checkbox"/> Raspberry	<input type="checkbox"/> Cashew Butter
<input type="checkbox"/> Mulberry	<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Cashew Meal
<input type="checkbox"/> Nectarines	<input type="checkbox"/> Strawberry	<input type="checkbox"/> Chestnut
<input type="checkbox"/> Noni	<input type="checkbox"/> Tamarind	<input type="checkbox"/> Chia Seed (1/4 cup, max)
<input type="checkbox"/> Orange	<input type="checkbox"/> Tangelo	<input type="checkbox"/> Coconut Butter
<input type="checkbox"/> Orange, Blood	<input type="checkbox"/> Tangerine	<input type="checkbox"/> Coconut Oil
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Watermelon	<input type="checkbox"/> Coconut, shredded (raw,
<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Cola Nut (aka Kola Nut)
<input type="checkbox"/> Papaya	<input type="checkbox"/> Youngberry	<input type="checkbox"/> Cottonseed/Cottonseed Oil
<input type="checkbox"/> Passion Fruit		<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Peach	<input type="checkbox"/> Nuts, Seeds, & Oils	<input type="checkbox"/> Flax Oil
<input type="checkbox"/> Pear	<input type="checkbox"/> Almond Butter (Artisana®)	<input type="checkbox"/> Flax Seed
<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Almond Flavor natural, gluten free)	<input type="checkbox"/> Grapeseed Oil, Organic
<input type="checkbox"/> Persimmons	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Hazelnut/Filbert
<input type="checkbox"/> Pineapple	<input type="checkbox"/> Almond Meal (gluten free)	<input type="checkbox"/> Hemp Meal

<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Bean, Chana Dahl
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Bean, Chili
<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Bean, Green
<input type="checkbox"/> Macadamia Nut Oil	<input type="checkbox"/> Sunflower Seed Butter	<input type="checkbox"/> Bean, Italian
<input type="checkbox"/> Macadamia Nuts	<input type="checkbox"/> Sunflower Seed Lecithin	<input type="checkbox"/> Bean, Kidney
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Sunflower Seed Oil	<input type="checkbox"/> Bean, Lima
<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Sunflower Seeds	<input type="checkbox"/> Bean, Mung
<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Tahini	<input type="checkbox"/> Bean, Navy/Ninja
<input type="checkbox"/> Pecan	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Bean, Pinto/Frijole
<input type="checkbox"/> Pecan Flour	<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Bean, Red (see also Bean, Kidney)
<input type="checkbox"/> Pepitas	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)
<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Walnut (few)	<input type="checkbox"/> Edamame (must be organic)
<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Fava Bean
<input type="checkbox"/> Pistachios	<input type="checkbox"/> Walnut, Black (few)	<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> Almond	<input type="checkbox"/> Garbanzo Bean
<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Pumpkin Seed Oil		<input type="checkbox"/> Lentil(s)
<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Miso
<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Rice, Wild (Lundberg® - not the	<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Pea, Snow
<input type="checkbox"/> Safflower/Safflower Seed Oil	<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Pea, Split
<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Peanut (Organic, Valencia)

<input type="checkbox"/> Peanut Butter (Organic,	<input type="checkbox"/> Condiments	<input type="checkbox"/> Vinegar, Malt
<input type="checkbox"/> Peanut Oil (Organic)	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Vinegar, Red Wine
<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Balsamic Vinegar MiaBella	<input type="checkbox"/> Vinegar, Rice
<input type="checkbox"/> Soy Beans (must be organic)	<input type="checkbox"/> Balsamic Vinegar (with Red Wine	<input type="checkbox"/> Vinegar, White
<input type="checkbox"/> Soy Beans Oil (must be organic)	<input type="checkbox"/> Balsamic Vinegar (Caramel/Red W.	<input type="checkbox"/> Vinegar, White Wine
<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> BodyPro Almond Mayo Grade B	
<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> BodyPro Almond Mayo with Yacon	<input type="checkbox"/> Sweeteners
<input type="checkbox"/> White Beans	<input type="checkbox"/> Carob	<input type="checkbox"/> Agave Nectar
	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)	<input type="checkbox"/> Aspartame/Nutrasweet
<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Dressing, Primal Kitchen Greek	<input type="checkbox"/> BodyPro Almond Mayo Grade B
<input type="checkbox"/> Corvina	<input type="checkbox"/> Dressing, Primal Kitchen Honey	<input type="checkbox"/> BodyPro Almond Mayo with Yacon
<input type="checkbox"/> Sardines	<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> Brown Rice Syrup (contains
	<input type="checkbox"/> Earth Balance® Avocado Oil Butter	<input type="checkbox"/> Chocolate, Dark
<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Horseradish Sauce, Gluten-free	<input type="checkbox"/> Coconut Palm Sugar
<input type="checkbox"/> Ostrich	<input type="checkbox"/> Hummus	<input type="checkbox"/> Date Sugar
	<input type="checkbox"/> Ketchup (Organicville)	<input type="checkbox"/> Fruit Pectin
<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)	<input type="checkbox"/> Honey, (Organic)
<input type="checkbox"/> Almond Milk, unsweetened (no	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Honey, Manuka
<input type="checkbox"/> Almond Yogurt, unsweetened	<input type="checkbox"/> Ume Plum Vinegar	<input type="checkbox"/> Honey, Wildflower from Mahava®
<input type="checkbox"/> Coconut Kefir (No Tapioca,	<input type="checkbox"/> Veganaise Soy-free (Follow Your	<input type="checkbox"/> Just Like Sugar®
<input type="checkbox"/> Coconut Milk(Native Forest or	<input type="checkbox"/> Vinegar	<input type="checkbox"/> Lo Han
	<input type="checkbox"/> Vinegar, Distilled	<input type="checkbox"/> Maple Sugar

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|--|---|---|
| <input type="checkbox"/> Maple Syrup (Grade A Dark Amber) | <input type="checkbox"/> Black Cohosh | <input type="checkbox"/> Echinacea |
| <input type="checkbox"/> Molasses | <input type="checkbox"/> Caramel Coloring | <input type="checkbox"/> Fennel |
| <input type="checkbox"/> Monk Fruit | <input type="checkbox"/> Caraway Seed | <input type="checkbox"/> Garlic |
| <input type="checkbox"/> Nutrasweet® | <input type="checkbox"/> Cardamom | <input type="checkbox"/> Garlic Pepper |
| <input type="checkbox"/> Rebiana Leaf (Stevia) | <input type="checkbox"/> Celery Powder | <input type="checkbox"/> Garlic Powder |
| <input type="checkbox"/> Sorbitol | <input type="checkbox"/> Chicory Root | <input type="checkbox"/> Garlic Salt |
| <input type="checkbox"/> Splenda | <input type="checkbox"/> Chili Powder | <input type="checkbox"/> Ginkgo Biloba |
| <input type="checkbox"/> Sucanat | <input type="checkbox"/> Chipotle Seasoning | <input type="checkbox"/> Ginseng (All Types) |
| <input type="checkbox"/> Sugar Beet | <input type="checkbox"/> Cilantro/Coriander | <input type="checkbox"/> Goldenseal |
| <input type="checkbox"/> Sugar Cane | <input type="checkbox"/> Cinnamon | <input type="checkbox"/> Grapefruit Seed Extract |
| <input type="checkbox"/> Sweetleaf® Stevia | <input type="checkbox"/> Cinnamon, Ceylon | <input type="checkbox"/> Grapeseed Extract |
| <input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn) | <input type="checkbox"/> Cloves | <input type="checkbox"/> Guarana |
| <input type="checkbox"/> Yacon Syrup | <input type="checkbox"/> Cloves, Madagascar | <input type="checkbox"/> Gymnema Silvestre |
| | <input type="checkbox"/> Cloves, Penang | <input type="checkbox"/> Herbs De Provence |
| <input type="checkbox"/> Herbs & Spices | <input type="checkbox"/> Cramp Bark Extract | <input type="checkbox"/> Hickory |
| <input type="checkbox"/> Allspice | <input type="checkbox"/> Cream of Tartar | <input type="checkbox"/> Himalayan Salt |
| <input type="checkbox"/> Almond Flavor natural, gluten free) | <input type="checkbox"/> Cumin | <input type="checkbox"/> Jamaican Jerk |
| <input type="checkbox"/> Anise | <input type="checkbox"/> Curcumin | <input type="checkbox"/> Juniper Berry |
| <input type="checkbox"/> Ashwaganda | <input type="checkbox"/> Curry (must be GF) | <input type="checkbox"/> Lavender |
| <input type="checkbox"/> Astragalus | <input type="checkbox"/> Dandelion Root | <input type="checkbox"/> Lemon Balm (Melissa Officinalis) |
| <input type="checkbox"/> Basil | <input type="checkbox"/> Dill | <input type="checkbox"/> Lemon Pepper |
| <input type="checkbox"/> Bay Leaf | <input type="checkbox"/> Dong Quai | <input type="checkbox"/> Lemongrass |

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| <input type="checkbox"/> Licorice Root | <input type="checkbox"/> Pepper, Cayenne | <input type="checkbox"/> Uva Ursi |
| <input type="checkbox"/> Liquid Smoke (can have gluten) | <input type="checkbox"/> Pepper/Peppercorns | <input type="checkbox"/> Valerian |
| <input type="checkbox"/> Liquid Smoke gluten free (natural) | <input type="checkbox"/> Pepper/Peppercorns, Szechuan | <input type="checkbox"/> Vanilla (gluten and corn-free) |
| <input type="checkbox"/> Maca Root | <input type="checkbox"/> Pepper, Red | <input type="checkbox"/> Vanilla Bean |
| <input type="checkbox"/> Mace Spice | <input type="checkbox"/> Peppermint | <input type="checkbox"/> Vanilla Powder |
| <input type="checkbox"/> Marjoram | <input type="checkbox"/> Pine Bark Extract | <input type="checkbox"/> White Willow Bark Extract |
| <input type="checkbox"/> Mesquite | <input type="checkbox"/> Red Pepper Flake | <input type="checkbox"/> Wintergreen |
| <input type="checkbox"/> Milk Thistle | <input type="checkbox"/> Rosemary | <input type="checkbox"/> Rose Hips |
| <input type="checkbox"/> Mint | <input type="checkbox"/> Saffron | |
| <input type="checkbox"/> Mustard (as a Powder) | <input type="checkbox"/> Sage | <input type="checkbox"/> Milk-Containing Foods |
| <input type="checkbox"/> Mustard Seeds (gluten free) | <input type="checkbox"/> Saw Plametto | |
| <input type="checkbox"/> Nutmeg | <input type="checkbox"/> Sesame Seeds | <input type="checkbox"/> Gluten-Free Grains |
| <input type="checkbox"/> Olive Leaf Extract | <input type="checkbox"/> Sesame Seeds, Black | <input type="checkbox"/> Almond Flour (gluten free) |
| <input type="checkbox"/> Onion | <input type="checkbox"/> Shallots | <input type="checkbox"/> Amaranth |
| <input type="checkbox"/> Onion Powder | <input type="checkbox"/> Spearmint | <input type="checkbox"/> Arrowroot Flour/powder |
| <input type="checkbox"/> Orange Peel/Rind | <input type="checkbox"/> St. John's Wort | <input type="checkbox"/> Basmati Rice (gluten free) |
| <input type="checkbox"/> Orange Salt | <input type="checkbox"/> Taco Seasoning | <input type="checkbox"/> Buckwheat |
| <input type="checkbox"/> Oregano | <input type="checkbox"/> Tamari (Wheat Free) | <input type="checkbox"/> Buckwheat Flour |
| <input type="checkbox"/> Paprika | <input type="checkbox"/> Tarragon | <input type="checkbox"/> Chicory Root |
| <input type="checkbox"/> Paprika (smoked) | <input type="checkbox"/> Thyme | <input type="checkbox"/> Coconut Flour (gluten free) |
| <input type="checkbox"/> Parsley | <input type="checkbox"/> Tomatillo | <input type="checkbox"/> Coconut Meal (gluten free) |
| <input type="checkbox"/> Pepper, Black (see Garlic/Lemon | <input type="checkbox"/> Turmeric | <input type="checkbox"/> Ener-G Brown Rice Yeast-Free |

<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Gluten-Containing Foods
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Barley
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Rice, Wild (Lundberg® - not the	<input type="checkbox"/> Barley Greens (Not for
<input type="checkbox"/> Glucomannon Flour	<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Barley Juice (Not for
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Beer
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Bran
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Simple Mills Grnd Sea Salt Almond	<input type="checkbox"/> Brown Rice Syrup (contains
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt	<input type="checkbox"/> Caramel Coloring
<input type="checkbox"/> Millet	<input type="checkbox"/> Simple Mills Tomato & Basil Almond	<input type="checkbox"/> Coffee, Instant (has gluten)
<input type="checkbox"/> Oats	<input type="checkbox"/> Sorghum	<input type="checkbox"/> Couscous
<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free	<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Durum Wheat
<input type="checkbox"/> Oat Grass (Not For Gluten	<input type="checkbox"/> Tapioca	<input type="checkbox"/> Farro
<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Gluten
<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Graham (wheat)
<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Teff	<input type="checkbox"/> Kamut
<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Liquid Smoke (can have gluten)
<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Malt
<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava	<input type="checkbox"/> Oats
<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Simple Mills	<input type="checkbox"/> Orzo
<input type="checkbox"/> Rice, Brown (gluten free)		<input type="checkbox"/> Panko
<input type="checkbox"/> Rice, Japonica (gluten free)		<input type="checkbox"/> Polish Wheat
<input type="checkbox"/> Rice, Purple (gluten free)		<input type="checkbox"/> Rye

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|---|--|---|
| <input type="checkbox"/> Semolina | <input type="checkbox"/> Coffee Bean, Organic | <input type="checkbox"/> Tea, Oolong |
| <input type="checkbox"/> Soy Sauce | <input type="checkbox"/> Coffee | <input type="checkbox"/> Tea, Ramon |
| <input type="checkbox"/> Spelt | <input type="checkbox"/> Coffee, Instant (has gluten) | <input type="checkbox"/> Tea, Roobios |
| <input type="checkbox"/> Teechino | <input type="checkbox"/> Collagen Protein (Powder) | <input type="checkbox"/> Tea, unflavored/caffeine-free only |
| <input type="checkbox"/> Teriyaki Sauce | <input type="checkbox"/> Echinacea Tea | <input type="checkbox"/> Tea, White |
| <input type="checkbox"/> Triticale | <input type="checkbox"/> Grapefruit Juice | <input type="checkbox"/> Teechino |
| <input type="checkbox"/> Vinegar | <input type="checkbox"/> Green Tea | <input type="checkbox"/> Water |
| <input type="checkbox"/> Vinegar, Malt | <input type="checkbox"/> Hemp Protein (Powder) | <input type="checkbox"/> Wine, Red |
| <input type="checkbox"/> Vinegar, White | <input type="checkbox"/> Komboucha Tea | <input type="checkbox"/> Wine, White (Champagne) |
| <input type="checkbox"/> Wheat (All Types) | <input type="checkbox"/> Lemon Juice | <input type="checkbox"/> Yerba Matte Tea (Organic/Pure) |
| <input type="checkbox"/> Wheat Grass (Is | <input type="checkbox"/> Licorice Tea | |
| | <input type="checkbox"/> Lime Juice | <input type="checkbox"/> Miscellaneous |
| <input type="checkbox"/> Corn-Derived Foods | <input type="checkbox"/> Mineral Water | <input type="checkbox"/> Agar Gum |
| | <input type="checkbox"/> Orange Juice | <input type="checkbox"/> Antimony |
| <input type="checkbox"/> Beverages & Protein Powders | <input type="checkbox"/> Pea Protein | <input type="checkbox"/> Arabic Gum |
| <input type="checkbox"/> Almond Milk, unsweetened (no | <input type="checkbox"/> Rice Protein Powder (gluten free) | <input type="checkbox"/> Baking Soda (Arm & Hammer®) |
| <input type="checkbox"/> Apple Juice | <input type="checkbox"/> Soy Milk/Soy Cheese (Organic) | <input type="checkbox"/> Beef broth (Imagine® low |
| <input type="checkbox"/> Beer | <input type="checkbox"/> Soy Protein (Organic) | <input type="checkbox"/> Carrageenan Gum |
| <input type="checkbox"/> Carrot Juice | <input type="checkbox"/> Sparkling Water, unflavored | <input type="checkbox"/> Chewing Gum, Xylicew® |
| <input type="checkbox"/> Coconut Kefir (No Tapioca, | <input type="checkbox"/> Tea, Black | <input type="checkbox"/> Chicory Root |
| <input type="checkbox"/> Coconut Milk(Native Forest or | <input type="checkbox"/> Tea, Chamomile | <input type="checkbox"/> Cocoa/Cacao (raw, pure, & |
| <input type="checkbox"/> Coconut Water (low sugar) | <input type="checkbox"/> Tea, Green | <input type="checkbox"/> Coconut Aminos® |

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| <input type="checkbox"/> Coconut Cream | <input type="checkbox"/> Tagacanth Gum |
| <input type="checkbox"/> Collagen Protein (Powder) | <input type="checkbox"/> Tamari (Wheat Free) |
| <input type="checkbox"/> Garam Masala | <input type="checkbox"/> Tofu (Organic) |
| <input type="checkbox"/> GemWraps®®, Sandwich Wrap | <input type="checkbox"/> Tomato Paste (gluten & |
| <input type="checkbox"/> GemWraps®®, Sandwich Wrap | <input type="checkbox"/> Tomato Sauce (gluten & |
| <input type="checkbox"/> GemWraps®®, Sandwich Wrap | <input type="checkbox"/> Tagacanth Gum |
| <input type="checkbox"/> Glucomannon Flour | <input type="checkbox"/> Vegetable broth (Imagine®® Low |
| <input type="checkbox"/> Guar Gum | <input type="checkbox"/> Vegetable Shortening (Spectrum®®) |
| <input type="checkbox"/> Hops | <input type="checkbox"/> Vinegar, Red Wine |
| <input type="checkbox"/> Julian Bakery Paleo Wraps | <input type="checkbox"/> Vinegar, Rice |
| <input type="checkbox"/> Konjac Glucomannon Flour | <input type="checkbox"/> Vinegar, White Wine |
| <input type="checkbox"/> Liquid Aminos (Braggs®®)(has Soy) | <input type="checkbox"/> Yeast, Baker's |
| <input type="checkbox"/> Locust Bean Gum | <input type="checkbox"/> Yeast, Brewer's |
| <input type="checkbox"/> Lycopene | <input type="checkbox"/> Yeast, Nutritional |
| <input type="checkbox"/> Malt | <input type="checkbox"/> Latex |
| <input type="checkbox"/> Palm Wax | <input type="checkbox"/> Formaldehyde |
| <input type="checkbox"/> Pycnogenol | <input type="checkbox"/> Red Dye |
| <input type="checkbox"/> Red Tomato Paste (gluten free) | <input type="checkbox"/> Ispaghula/Psyllium |
| <input type="checkbox"/> Resveratrol | <input type="checkbox"/> Acacia Gum |
| <input type="checkbox"/> Sherry Vinegar | |
| <input type="checkbox"/> Silver | |
| <input type="checkbox"/> Skinny Crisps®®(Plain Jane) | |