

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Pepper, Tabasco
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Prickly Pear
<input type="checkbox"/> Arugula	<input type="checkbox"/> Eggplant	<input type="checkbox"/> Radicchio
<input type="checkbox"/> Avocado	<input type="checkbox"/> Endive	<input type="checkbox"/> Rainbow Chard
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Fennel	<input type="checkbox"/> Red Pepper Flake
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Ginger	<input type="checkbox"/> Rutabaga
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Scallions
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Horseradish	<input type="checkbox"/> Swede
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Jicama	<input type="checkbox"/> Swiss Chard
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Kohlrabi	<input type="checkbox"/> Tabasco Sauce
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Leeks	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Tomato
<input type="checkbox"/> Bitter Melon	<input type="checkbox"/> Onion, Green	<input type="checkbox"/> Tomato, Cherry
<input type="checkbox"/> Burdock	<input type="checkbox"/> Paprika	<input type="checkbox"/> Tomato, Heirloom
<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Parsley	<input type="checkbox"/> Tomato, Orange
<input type="checkbox"/> Capers	<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Tomato, Red
<input type="checkbox"/> Capsicum	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Tomato, Roma
<input type="checkbox"/> Chard	<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Tomato, Sun-dried
<input type="checkbox"/> Chives	<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Tomato, Yellow
<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Tomatoes, Big Beef
<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
<input type="checkbox"/> Comfrey	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Truffle
<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Turnip Greens

Nanny Mai

11/17/2017

<input type="checkbox"/> Wasabi Root	<input type="checkbox"/> Grapefruit	<input type="checkbox"/> Persimmons
<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Guava	<input type="checkbox"/> Plum
<input type="checkbox"/> Watercress	<input type="checkbox"/> Huckleberry	<input type="checkbox"/> Pomegranate
<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Kiwi	<input type="checkbox"/> Pomelo
<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Kumquat	<input type="checkbox"/> Prune
<input type="checkbox"/> Fruits	<input type="checkbox"/> Lemon	<input type="checkbox"/> Rambutan
<input type="checkbox"/> Acai	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Raspberry
<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Lemon Rind/Peel	<input type="checkbox"/> Star Fruit
<input type="checkbox"/> Apricot	<input type="checkbox"/> Lime	<input type="checkbox"/> Tangerine
<input type="checkbox"/> Bilberry	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Wolfberry
<input type="checkbox"/> Blackberry	<input type="checkbox"/> Loganberry	<input type="checkbox"/> Youngberry
<input type="checkbox"/> Blueberry	<input type="checkbox"/> Longan Fruit	<input type="checkbox"/> Legumes, Pods, & Pulses
<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Loquat	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Carambola	<input type="checkbox"/> Lychee	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils
<input type="checkbox"/> Cherry	<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Almond
<input type="checkbox"/> Clementine	<input type="checkbox"/> Maqui	<input type="checkbox"/> Almond, Marcona
<input type="checkbox"/> Dates	<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Almond Butter (Artisana®)
<input type="checkbox"/> Dragon Fruit (Pitaya)	<input type="checkbox"/> Mulberry	<input type="checkbox"/> Almond Flavor (natural, gluten free)
<input type="checkbox"/> Durian Fruit	<input type="checkbox"/> Nectarines	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Elderberry	<input type="checkbox"/> Noni	<input type="checkbox"/> Almond Meal (gluten free)
<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Almond Oil
<input type="checkbox"/> Golden Berry	<input type="checkbox"/> Peach	<input type="checkbox"/> Annatto Seed
<input type="checkbox"/> Gooseberries	<input type="checkbox"/> Pear	<input type="checkbox"/> Avocado Oil
	<input type="checkbox"/> Pear, Asian	

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| <input type="checkbox"/> Brazil Nut | <input type="checkbox"/> Palm Kernel Oil | <input type="checkbox"/> Caraway Seed |
| <input type="checkbox"/> Canola Oil, Non-GMO | <input type="checkbox"/> Pine Nut | <input type="checkbox"/> Cardamom |
| <input type="checkbox"/> Caraway Seed | <input type="checkbox"/> Pistachios | <input type="checkbox"/> Catnip |
| <input type="checkbox"/> Cashew Butter | <input type="checkbox"/> Poppy seeds | <input type="checkbox"/> Chaparral |
| <input type="checkbox"/> Cashew Meal | <input type="checkbox"/> Sunflower Seed Butter | <input type="checkbox"/> Chervil |
| <input type="checkbox"/> Cashews | <input type="checkbox"/> Sunflower Seed Flour | <input type="checkbox"/> Chili Powder |
| <input type="checkbox"/> Chestnut | <input type="checkbox"/> Sunflower Seed Lecithin | <input type="checkbox"/> Cilantro/Coriander |
| <input type="checkbox"/> Chia Seed (1/4 cup, max) | <input type="checkbox"/> Sunflower Seed Oil | <input type="checkbox"/> Cinnamon |
| <input type="checkbox"/> Coconut, shredded (raw, unsweetened) | <input type="checkbox"/> Sunflower Seeds | <input type="checkbox"/> Cinnamon, Ceylon |
| <input type="checkbox"/> Coconut Butter | <input type="checkbox"/> Tahini | <input type="checkbox"/> Clove Powder |
| <input type="checkbox"/> Coconut Oil | <input type="checkbox"/> Truffle Oil | <input type="checkbox"/> Cloves, Madagascar |
| <input type="checkbox"/> Cottonseed/Cottonseed Oil | <input type="checkbox"/> Truffle Oil, Black | <input type="checkbox"/> Cloves, Penang |
| <input type="checkbox"/> Duck Fat | <input type="checkbox"/> Vegetable Shortening (Spectrum®) | <input type="checkbox"/> Comfrey |
| <input type="checkbox"/> Flax Meal | <input type="checkbox"/> Herbs & Spices | <input type="checkbox"/> Cramp Bark Extract |
| <input type="checkbox"/> Flax Oil | <input type="checkbox"/> Allspice | <input type="checkbox"/> Cream of Tartar |
| <input type="checkbox"/> Flax Seed | <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Cumin |
| <input type="checkbox"/> Hazelnut/Filbert | <input type="checkbox"/> Anise | <input type="checkbox"/> Curcumin |
| <input type="checkbox"/> Hazelnut Flour | <input type="checkbox"/> Astragalus | <input type="checkbox"/> Curry (must be GF) |
| <input type="checkbox"/> Hemp Meal | <input type="checkbox"/> Basil | <input type="checkbox"/> Dandelion Root |
| <input type="checkbox"/> Hemp Protein (Powder) | <input type="checkbox"/> Bay Leaf | <input type="checkbox"/> Dill |
| <input type="checkbox"/> Hemp Seed | <input type="checkbox"/> Bell Pepper, Red | <input type="checkbox"/> Dong Quai |
| <input type="checkbox"/> Macadamia Nut Oil | <input type="checkbox"/> Black Cohosh | <input type="checkbox"/> Echinacea |
| <input type="checkbox"/> Macadamia Nuts | <input type="checkbox"/> Capsicum | <input type="checkbox"/> Fennel |
| <input type="checkbox"/> MCT Oil | | <input type="checkbox"/> Fennel Seed |

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| <input type="checkbox"/> Ginger Powder | <input type="checkbox"/> Paprika | <input type="checkbox"/> Tarragon |
| <input type="checkbox"/> Ginkgo Biloba | <input type="checkbox"/> Paprika (smoked) | <input type="checkbox"/> Thyme |
| <input type="checkbox"/> Ginseng (All Types) | <input type="checkbox"/> Parsley | <input type="checkbox"/> Tomatillo |
| <input type="checkbox"/> Goldenseal | <input type="checkbox"/> Pau D'arco | <input type="checkbox"/> Turmeric |
| <input type="checkbox"/> Grapefruit Seed Extract | <input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper) | <input type="checkbox"/> Uva Ursi |
| <input type="checkbox"/> Guarana | <input type="checkbox"/> Pepper, Cayenne | <input type="checkbox"/> Valerian |
| <input type="checkbox"/> Gymnema Silvestre | <input type="checkbox"/> Pepper, Red | <input type="checkbox"/> Vanilla Bean |
| <input type="checkbox"/> Herbs De Provence | <input type="checkbox"/> Pepper, Sichuan | <input type="checkbox"/> Vanilla Powder |
| <input type="checkbox"/> Hickory | <input type="checkbox"/> Pepper, Szechuan | <input type="checkbox"/> White Willow Bark Extract |
| <input type="checkbox"/> Himalayan Salt | <input type="checkbox"/> Pepper/Peppercorns | <input type="checkbox"/> Wintergreen |
| <input type="checkbox"/> Juniper Berry | <input type="checkbox"/> Peppermint | <input type="checkbox"/> Wormwood |
| <input type="checkbox"/> Lavender | <input type="checkbox"/> Pine Bark Extract | <input type="checkbox"/> Fish & Shellfish |
| <input type="checkbox"/> Lemon Balm (Melissa Officinalis) | <input type="checkbox"/> Red Pepper Flake | <input type="checkbox"/> Chilean Sea Bass |
| <input type="checkbox"/> Lemongrass | <input type="checkbox"/> Rose Hips | <input type="checkbox"/> Corvina |
| <input type="checkbox"/> Lemon Pepper | <input type="checkbox"/> Rosemary | <input type="checkbox"/> Hake |
| <input type="checkbox"/> Maca Root | <input type="checkbox"/> Saffron | <input type="checkbox"/> Lox |
| <input type="checkbox"/> Mace Spice | <input type="checkbox"/> Sage | <input type="checkbox"/> Mackerel |
| <input type="checkbox"/> Marjoram | <input type="checkbox"/> Sassafras | <input type="checkbox"/> Mahi Mahi |
| <input type="checkbox"/> Milk Thistle | <input type="checkbox"/> Savory | <input type="checkbox"/> Octopus |
| <input type="checkbox"/> Mint | <input type="checkbox"/> Saw Plametto | <input type="checkbox"/> Perch |
| <input type="checkbox"/> Mustard (as a Powder) | <input type="checkbox"/> Spearmint | <input type="checkbox"/> Red Snapper |
| <input type="checkbox"/> Mustard Seeds (gluten free) | <input type="checkbox"/> St. John's Wort | <input type="checkbox"/> Salmon, wild (fresh) |
| <input type="checkbox"/> Nutmeg | <input type="checkbox"/> Sumac | <input type="checkbox"/> Sardines |
| <input type="checkbox"/> Oregano | <input type="checkbox"/> Tabasco Sauce | |

<input type="checkbox"/> Sole	<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Gluten-Containing Foods
<input type="checkbox"/> Swai	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<div>No foods in this Category</div>
<input type="checkbox"/> Swordfish	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Corn-Derived Foods
<input type="checkbox"/> Tilapia (Wild, Non-farmed)	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<div>No foods in this Category</div>
<input type="checkbox"/> Trout	<input type="checkbox"/> Egg Whites, Pasture-raised	<input type="checkbox"/> Condiments, Spreads & Sauces
<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)
<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup
<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Amaranth	<input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup
<input type="checkbox"/> Applegate® organic hot dogs	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Coconut Aminos®
<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Coconut Cream
<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)
<input type="checkbox"/> Ostrich	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Distilled White Vinegar
<input type="checkbox"/> Pheasant	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Earth Balance® Coconut Spread
<input type="checkbox"/> Quail	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Harissa
<input type="checkbox"/> Rabbit	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Ketchup (Organicville)
<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Liquid Smoke gluten free (natural)
<div>No foods in this Category</div>	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)
	<input type="checkbox"/> Sunflower Seed Flour	<input type="checkbox"/> Red Tomato Paste (gluten free)
		<input type="checkbox"/> Tabasco Sauce
		<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
		<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
		<input type="checkbox"/> Ume Plum Vinegar
		<input type="checkbox"/> Vegetable Shortening (Spectrum®)

<input type="checkbox"/> Vinegar, Distilled	<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Miscellaneous
<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Baking Soda (Arm & Hammer®)
<input type="checkbox"/> Agave Nectar	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Cacao (Raw, Pure, & Unsweetened)
<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)	<input type="checkbox"/> Latex
<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Coconut Sugar	<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Red Tomato Paste (gluten free)
<input type="checkbox"/> Honey, (Organic)	<input type="checkbox"/> Green Tea	<input type="checkbox"/> Silver
<input type="checkbox"/> Honey, Manuka	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Tobacco
<input type="checkbox"/> Honey, Wildflower from Mahava®	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Yeast, Baker's
<input type="checkbox"/> Lo Han	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Yeast, Brewer's
<input type="checkbox"/> Maple Sugar	<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Yeast, Nutritional
<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Snacks
<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Dates
<input type="checkbox"/> Monk Fruit Extract	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Food Additives
<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Tea, Chicory Root	<input type="checkbox"/> Annatto Coloring
<input type="checkbox"/> Sweetleaf® Stevia	<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Xyla (Birchwood Xylitol)	<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Palm Wax
<input type="checkbox"/> Yacon Syrup	<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Tricalcium Phosphate
	<input type="checkbox"/> Tea, Roobios	<input type="checkbox"/> Vegan Enzyme
	<input type="checkbox"/> Tea, White	<input type="checkbox"/> Vegan Natural Flavors (no MSG)
	<input type="checkbox"/> Water	
	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	
	<input type="checkbox"/> Zevia Drinks	