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|--|--|--|
| <input type="checkbox"/> Fruits                | <input type="checkbox"/> Gooseberry          | <input type="checkbox"/> Mangosteen        |
| <input type="checkbox"/> Acai                  | <input type="checkbox"/> Grape               | <input type="checkbox"/> Maqui             |
| <input type="checkbox"/> Apple (all types)     | <input type="checkbox"/> Grape, Green        | <input type="checkbox"/> Melon, Honeydew   |
| <input type="checkbox"/> Apricot               | <input type="checkbox"/> Grape, Purple       | <input type="checkbox"/> Monk Fruit (Pure) |
| <input type="checkbox"/> Banana                | <input type="checkbox"/> Grape, Red          | <input type="checkbox"/> Mulberry          |
| <input type="checkbox"/> Bilberry              | <input type="checkbox"/> Grape, White        | <input type="checkbox"/> Nectarines        |
| <input type="checkbox"/> Blackberry            | <input type="checkbox"/> Grapefruit          | <input type="checkbox"/> Noni              |
| <input type="checkbox"/> Blueberry             | <input type="checkbox"/> Grapefruit Juice    | <input type="checkbox"/> Orange            |
| <input type="checkbox"/> Boysenberry           | <input type="checkbox"/> Guava               | <input type="checkbox"/> Orange Juice      |
| <input type="checkbox"/> Cantaloupe            | <input type="checkbox"/> Huckleberry         | <input type="checkbox"/> Orange Peel/Rind  |
| <input type="checkbox"/> Cherry                | <input type="checkbox"/> Jack fruit          | <input type="checkbox"/> Orange, Blood     |
| <input type="checkbox"/> Clementine            | <input type="checkbox"/> Kiwi                | <input type="checkbox"/> Papaya            |
| <input type="checkbox"/> Cranberry             | <input type="checkbox"/> Kumquat             | <input type="checkbox"/> Passion Fruit     |
| <input type="checkbox"/> Cranberry Juice       | <input type="checkbox"/> Lemon               | <input type="checkbox"/> Peach             |
| <input type="checkbox"/> Currant               | <input type="checkbox"/> Lemon Juice         | <input type="checkbox"/> Pear              |
| <input type="checkbox"/> Dates                 | <input type="checkbox"/> Lemon Rind/Peel     | <input type="checkbox"/> Pear, Asian       |
| <input type="checkbox"/> Dragon Fruit (Pitaya) | <input type="checkbox"/> Lime                | <input type="checkbox"/> Persimmons        |
| <input type="checkbox"/> Dried Fruit           | <input type="checkbox"/> Lime Juice          | <input type="checkbox"/> Pineapple         |
| <input type="checkbox"/> Elderberry            | <input type="checkbox"/> Litchi (aka Lychee) | <input type="checkbox"/> Plantain          |
| <input type="checkbox"/> Fig                   | <input type="checkbox"/> Loganberry          | <input type="checkbox"/> Plum              |
| <input type="checkbox"/> Goji Berry            | <input type="checkbox"/> Loquat              | <input type="checkbox"/> Pomegranate       |
| <input type="checkbox"/> Golden Berry          | <input type="checkbox"/> Mango               | <input type="checkbox"/> Pomelo            |

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| <input type="checkbox"/> Prune                                 | <input type="checkbox"/> Avocado Oil                          | <input type="checkbox"/> Hemp Protein (Powder)                  |
| <input type="checkbox"/> Quince                                | <input type="checkbox"/> Brazil Nut                           | <input type="checkbox"/> Hemp Seed                              |
| <input type="checkbox"/> Raisin (unsulfured, organic)          | <input type="checkbox"/> Canola/Rapeseed Oil                  | <input type="checkbox"/> Hydrogenated Oils                      |
| <input type="checkbox"/> Raspberry                             | <input type="checkbox"/> Caraway Seed                         | <input type="checkbox"/> Macadamia Nut Oil                      |
| <input type="checkbox"/> Star Fruit                            | <input type="checkbox"/> Cashew Butter                        | <input type="checkbox"/> Macadamia Nuts                         |
| <input type="checkbox"/> Strawberry                            | <input type="checkbox"/> Cashew Meal                          | <input type="checkbox"/> Olive Leaf Extract                     |
| <input type="checkbox"/> Tamarind                              | <input type="checkbox"/> Cashews                              | <input type="checkbox"/> Olive Oil, Virgin                      |
| <input type="checkbox"/> Tangelo                               | <input type="checkbox"/> Chestnut                             | <input type="checkbox"/> Palm Kernel Oil                        |
| <input type="checkbox"/> Tangerine                             | <input type="checkbox"/> Chia Seed (1/4 cup, max)             | <input type="checkbox"/> Pecan Flour                            |
| <input type="checkbox"/> Vinegar, Red Wine                     | <input type="checkbox"/> Coconut Butter                       | <input type="checkbox"/> Pecans                                 |
| <input type="checkbox"/> Watermelon                            | <input type="checkbox"/> Coconut Oil                          | <input type="checkbox"/> Pepitas                                |
| <input type="checkbox"/> Wolfberry                             | <input type="checkbox"/> Coconut, shredded (raw, unsweetened) | <input type="checkbox"/> Pili Nuts                              |
| <input type="checkbox"/> Youngberry                            | <input type="checkbox"/> Cola Nut (aka Kola Nut)              | <input type="checkbox"/> Pine Nut                               |
|  | <input type="checkbox"/> Corn Oil                             | <input type="checkbox"/> Pistachios                             |
| <input type="checkbox"/> <b>Nuts, Seeds, Drupes &amp; Oils</b> | <input type="checkbox"/> Cottonseed/Cottonseed Oil            | <input type="checkbox"/> Poppy seeds                            |
| <input type="checkbox"/> Almond                                | <input type="checkbox"/> Flax Meal                            | <input type="checkbox"/> Psyllium Husk                          |
| <input type="checkbox"/> Almond Butter (Artisana®)             | <input type="checkbox"/> Flax Oil                             | <input type="checkbox"/> Pumpkin Oil                            |
| <input type="checkbox"/> Almond Flavor (natural, gluten free)  | <input type="checkbox"/> Flax Seed                            | <input type="checkbox"/> Pumpkin Seed Oil                       |
| <input type="checkbox"/> Almond Flour (gluten free)            | <input type="checkbox"/> Grapeseed Oil, Organic               | <input type="checkbox"/> Pumpkin Seeds                          |
| <input type="checkbox"/> Almond Meal (gluten free)             | <input type="checkbox"/> Hazelnut Flour                       | <input type="checkbox"/> Ramon Seeds                            |
| <input type="checkbox"/> Almond, Marcona                       | <input type="checkbox"/> Hazelnut/Filbert                     | <input type="checkbox"/> Rice Bran Oil                          |
| <input type="checkbox"/> Annatto Seed                          | <input type="checkbox"/> Hemp Meal                            | <input type="checkbox"/> Rice, Wild (Lundberg® - not the blend) |

<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Oyster
<input type="checkbox"/> Safflower/Safflower Seed Oil	<input type="checkbox"/> Anchovy	<input type="checkbox"/> Perch
<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Bass	<input type="checkbox"/> Red Snapper
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Catfish	<input type="checkbox"/> Salmon, wild (fresh)
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Sardines
<input type="checkbox"/> Sunflower Seed Butter	<input type="checkbox"/> Clam	<input type="checkbox"/> Scallop
<input type="checkbox"/> Sunflower Seed Lecithin	<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Shrimp
<input type="checkbox"/> Sunflower Seed Oil	<input type="checkbox"/> Corvina	<input type="checkbox"/> Sole
<input type="checkbox"/> Sunflower Seeds	<input type="checkbox"/> Crab	<input type="checkbox"/> Squid
<input type="checkbox"/> Tahini	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Swai
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Crayfish	<input type="checkbox"/> Swordfish
<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Flounder	<input type="checkbox"/> Tilapia (Wild, Non-farmed)
<input type="checkbox"/> Truffle Oil	<input type="checkbox"/> Haddock	<input type="checkbox"/> Trout
<input type="checkbox"/> Truffle Oil, Black	<input type="checkbox"/> Hake	<input type="checkbox"/> Tuna
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Halibut	<input type="checkbox"/> Walleye Pike
<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Herring	<input type="checkbox"/> Whitefish/Turbot
<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Lobster	
<input type="checkbox"/> Walnuts	<input type="checkbox"/> Mackerel	
<input type="checkbox"/> Walnuts, Black	<input type="checkbox"/> Mahi Mahi	
	<input type="checkbox"/> Mussel	
	<input type="checkbox"/> Octopus	
	<input type="checkbox"/> Orange Roughy	

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Chard
<input type="checkbox"/> Agave Nectar	<input type="checkbox"/> Broccoli	<input type="checkbox"/> Chayote
<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Chives
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Coconut (raw and unsweetened)
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Broccolini	<input type="checkbox"/> Coconut Concentrate
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Collard Greens
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Burdock	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Arugula	<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Avocado	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Cucumber
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Barley Grass (can have gluten)	<input type="checkbox"/> Capers	<input type="checkbox"/> Dandelion Greens
<input type="checkbox"/> Barley Greens (may contain gluten)	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Endive
<input type="checkbox"/> Beet	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Fennel
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Garlic
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Jicama
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Celery	<input type="checkbox"/> Kale, all types

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|---|---|---|
| <input type="checkbox"/> Kelp/Dulse                           | <input type="checkbox"/> Parsnip                      | <input type="checkbox"/> Potato, Sweet                    |
| <input type="checkbox"/> Kohlrabi                             | <input type="checkbox"/> Pea Protein                  | <input type="checkbox"/> Potato, White                    |
| <input type="checkbox"/> Kombu                                | <input type="checkbox"/> Pea, Black-Eyed              | <input type="checkbox"/> Potato, Yukon Gold               |
| <input type="checkbox"/> Leeks                                | <input type="checkbox"/> Pea, Green                   | <input type="checkbox"/> Prickly Pear                     |
| <input type="checkbox"/> Lettuce, all types                   | <input type="checkbox"/> Pea, Snap                    | <input type="checkbox"/> Psyllium Husk                    |
| <input type="checkbox"/> Mushrooms                            | <input type="checkbox"/> Pea, Snow                    | <input type="checkbox"/> Pumpkin                          |
| <input type="checkbox"/> Mushrooms, Button                    | <input type="checkbox"/> Pea, Split                   | <input type="checkbox"/> Pumpkin Powder                   |
| <input type="checkbox"/> Mushrooms, Cremini/Crimini           | <input type="checkbox"/> Pepper, Anaheim              | <input type="checkbox"/> Radicchio                        |
| <input type="checkbox"/> Mushrooms, Maitake                   | <input type="checkbox"/> Pepper, Cayenne              | <input type="checkbox"/> Radish                           |
| <input type="checkbox"/> Mushrooms, Shiitake                  | <input type="checkbox"/> Pepper, Chili                | <input type="checkbox"/> Rainbow Chard                    |
| <input type="checkbox"/> Mustard Greens                       | <input type="checkbox"/> Pepper, Green                | <input type="checkbox"/> Red Pepper Flake                 |
| <input type="checkbox"/> Nori                                 | <input type="checkbox"/> Pepper, Habanero             | <input type="checkbox"/> Rhubarb                          |
| <input type="checkbox"/> Oat Grass (Not For Gluten Sensitive) | <input type="checkbox"/> Pepper, Jalapeño             | <input type="checkbox"/> Rutabaga                         |
| <input type="checkbox"/> Okra                                 | <input type="checkbox"/> Pepper, Poblano              | <input type="checkbox"/> Sauerkraut (Bubbies® Brand only) |
| <input type="checkbox"/> Olives (without vinegar)             | <input type="checkbox"/> Pepper, Red                  | <input type="checkbox"/> Scallions                        |
| <input type="checkbox"/> Onion, Green                         | <input type="checkbox"/> Pepper, Serrano              | <input type="checkbox"/> Sea Vegetables                   |
| <input type="checkbox"/> Onion, Maui                          | <input type="checkbox"/> Pickles, Bubbies® brand only | <input type="checkbox"/> Seaweed                          |
| <input type="checkbox"/> Onion, Red                           | <input type="checkbox"/> Pimento                      | <input type="checkbox"/> Shallots                         |
| <input type="checkbox"/> Onion, Sweet                         | <input type="checkbox"/> Potato, Fingerling           | <input type="checkbox"/> Spinach                          |
| <input type="checkbox"/> Onion, Yellow                        | <input type="checkbox"/> Potato, Purple               | <input type="checkbox"/> Spirulina                        |
| <input type="checkbox"/> Paprika                              | <input type="checkbox"/> Potato, Red                  | <input type="checkbox"/> Squash                           |
| <input type="checkbox"/> Parsley                              | <input type="checkbox"/> Potato, Russet               | <input type="checkbox"/> Squash, Acorn                    |

<input type="checkbox"/> Squash, Butternut	<input type="checkbox"/> Truffle	<input type="checkbox"/> Applegate® organic roast beef
<input type="checkbox"/> Squash, Green	<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Applegate® organic sausage sweet italian
<input type="checkbox"/> Squash, Spaghetti	<input type="checkbox"/> Turnips	<input type="checkbox"/> Applegate® organic smoked chicken breast
<input type="checkbox"/> Squash, Summer	<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Applegate® organic smoked turkey breast
<input type="checkbox"/> Squash, Winter	<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Applegate® organic spinach & feta sausage
<input type="checkbox"/> Squash, Yellow	<input type="checkbox"/> Watercress	<input type="checkbox"/> Applegate® organic turkey
<input type="checkbox"/> Sugar Beet	<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)	<input type="checkbox"/> Applegate® organic turkey bacon
<input type="checkbox"/> Sweet Potato, Red	<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> Beef, Grass-fed only (organic)
<input type="checkbox"/> Sweet Potatoes, White	<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Yucca	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Zucchini	<input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)
<input type="checkbox"/> Tomato		<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> <b>Meat &amp; Poultry</b>	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Applegate® organic andouille sausage	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Tomato, Cherry	<input type="checkbox"/> Applegate® organic bacon	<input type="checkbox"/> Duck
<input type="checkbox"/> Tomato, Heirloom	<input type="checkbox"/> Applegate® organic black forest ham	<input type="checkbox"/> Goat, Grass-fed only (organic)
<input type="checkbox"/> Tomato, Orange	<input type="checkbox"/> Applegate® organic chicken	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Tomato, Red	<input type="checkbox"/> Applegate® organic chicken/apple sausage	<input type="checkbox"/> Lamb
<input type="checkbox"/> Tomato, Roma	<input type="checkbox"/> Applegate® organic ham	<input type="checkbox"/> Lard (pork)
<input type="checkbox"/> Tomato, Sun-dried	<input type="checkbox"/> Applegate® organic herb roasted turkey	<input type="checkbox"/> Ostrich
<input type="checkbox"/> Tomato, Yellow	<input type="checkbox"/> Applegate® organic hot dogs	<input type="checkbox"/> Pheasant
<input type="checkbox"/> Tomatoes, Big Beef	<input type="checkbox"/> Applegate® organic red pepper sausage	<input type="checkbox"/> Pork, (organic)

<input type="checkbox"/> Quail	<input type="checkbox"/> <b>Condiments, Spreads &amp; Sauces</b>	<input type="checkbox"/> Ketchup (Organicville)
<input type="checkbox"/> Rabbit	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)
<input type="checkbox"/> Turkey (organic)	<input type="checkbox"/> Balsamic Vinegar (w/ Caramel or Red Wine Vinegar)	<input type="checkbox"/> Liquid Smoke (can have gluten)
<input type="checkbox"/> Veal (organic)	<input type="checkbox"/> Balsamic Vinegar (with Red Wine Vinegar)	<input type="checkbox"/> Liquid Smoke gluten free (natural)
<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar)	<input type="checkbox"/> Mayonnaise
	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil
<input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup	<input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)
<input type="checkbox"/> Almond Yogurt, unsweetened	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Carob	<input type="checkbox"/> Red Bean Paste
<input type="checkbox"/> Cheese, Daiya (Coconut,Tapioca,yeast,...)	<input type="checkbox"/> Cocoa Butter	<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)
<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Red Tomato Paste (gluten free)
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)	<input type="checkbox"/> Sherry Vinegar
<input type="checkbox"/> Egg, Pasture-raised (from a farmer)	<input type="checkbox"/> Cream, Raw and Unpasteurized	<input type="checkbox"/> Sour Cream, Raw and Unpasteurized
<input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®	<input type="checkbox"/> Dressing, Primal Kitchen Greek Avocado Oil	<input type="checkbox"/> Soy Sauce
<input type="checkbox"/> Egg, Whites, Pasture-raised	<input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard	<input type="checkbox"/> Sriracha Sauce Organicville gluten-free
<input type="checkbox"/> Egg, Yolks Pasture-raised	<input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread	<input type="checkbox"/> Tabasco Sauce
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Paleo Cheese (Julianbakery.com or	<input type="checkbox"/> Harissa	<input type="checkbox"/> Teriyaki Sauce
	<input type="checkbox"/> Horseradish Sauce, Gluten-free (Annie's®)	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
	<input type="checkbox"/> Hummus	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)

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| <input type="checkbox"/> Ume Plum Vinegar                        | <input type="checkbox"/> Chocolate, White                         | <input type="checkbox"/> Nutrasweet®                          |
| <input type="checkbox"/> Veganaise Soy-free (Follow Your Heart®) | <input type="checkbox"/> Coconut Palm Sugar                       | <input type="checkbox"/> Rebiana Leaf (Stevia)                |
| <input type="checkbox"/> Vegetable Shortening (Spectrum®)        | <input type="checkbox"/> Coconut Sugar                            | <input type="checkbox"/> Sorbitol                             |
| <input type="checkbox"/> Vinegar                                 | <input type="checkbox"/> Date Sugar                               | <input type="checkbox"/> Splenda                              |
| <input type="checkbox"/> Vinegar, Beet                           | <input type="checkbox"/> Erythritol (non-GMO)                     | <input type="checkbox"/> Sucanat                              |
| <input type="checkbox"/> Vinegar, Distilled                      | <input type="checkbox"/> Fructose                                 | <input type="checkbox"/> Sucralose                            |
| <input type="checkbox"/> Vinegar, Malt                           | <input type="checkbox"/> Fruit Pectin                             | <input type="checkbox"/> Sugar Beet                           |
| <input type="checkbox"/> Vinegar, Red Wine                       | <input type="checkbox"/> Honey, (Organic)                         | <input type="checkbox"/> Sugar Cane                           |
| <input type="checkbox"/> Vinegar, Rice                           | <input type="checkbox"/> Honey, Manuka                            | <input type="checkbox"/> Sweetleaf® Stevia                    |
| <input type="checkbox"/> Vinegar, White                          | <input type="checkbox"/> Honey, Wildflower from Mahava®           | <input type="checkbox"/> Swerve® Sweetener                    |
| <input type="checkbox"/> Vinegar, White Wine                     | <input type="checkbox"/> Jerusalem Artichoke Syrup                | <input type="checkbox"/> Tapioca Dextrose                     |
| <input type="checkbox"/> White/Distilled Vinegar                 | <input type="checkbox"/> Just Like Sugar®                         | <input type="checkbox"/> Xyla (Birchwood Xylitol)             |
| <input type="checkbox"/> Worcestershire Sauce (The Wizard's® GF) | <input type="checkbox"/> Lo Han                                   | <input type="checkbox"/> Xylitol                              |
|  | <input type="checkbox"/> Maltitol                                 | <input type="checkbox"/> Yacon Syrup                          |
| <input type="checkbox"/> <b>Sweeteners</b>                       | <input type="checkbox"/> Maltodextrin (Barley-derived)            |   |
| <input type="checkbox"/> Agave Nectar                            | <input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)       | <input type="checkbox"/> <b>Herbs &amp; Spices</b>            |
| <input type="checkbox"/> Aspartame                               | <input type="checkbox"/> Maltodextrin (Tapioca-based)             | <input type="checkbox"/> Allspice                             |
| <input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup | <input type="checkbox"/> Maple Sugar                              | <input type="checkbox"/> Almond Flavor (natural, gluten free) |
| <input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)  | <input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic) | <input type="checkbox"/> Anise                                |
| <input type="checkbox"/> Cane Syrup                              | <input type="checkbox"/> Molasses                                 | <input type="checkbox"/> Ashwaganda                           |
| <input type="checkbox"/> Chocolate, Dark                         | <input type="checkbox"/> Monk Fruit (Pure)                        | <input type="checkbox"/> Astragalus                           |
| <input type="checkbox"/> Chocolate, Milk                         | <input type="checkbox"/> Monk Fruit Extract                       | <input type="checkbox"/> Basil                                |



<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Jamaican Jerk
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Dill	<input type="checkbox"/> Juniper Berry
<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Dong Quai	<input type="checkbox"/> Lavender
<input type="checkbox"/> Capsicum	<input type="checkbox"/> Echinacea	<input type="checkbox"/> Lemon Balm (Melissa Officinalis)
<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Fennel	<input type="checkbox"/> Lemon Pepper
<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Garam Masala	<input type="checkbox"/> Lemongrass
<input type="checkbox"/> Cardamom	<input type="checkbox"/> Garlic	<input type="checkbox"/> Licorice Root
<input type="checkbox"/> Celery Powder	<input type="checkbox"/> Garlic Pepper	<input type="checkbox"/> Maca Root
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Garlic Powder	<input type="checkbox"/> Mace Spice
<input type="checkbox"/> Chili Powder	<input type="checkbox"/> Garlic Salt	<input type="checkbox"/> Marjoram
<input type="checkbox"/> Chipotle Seasoning	<input type="checkbox"/> Ginger	<input type="checkbox"/> Mesquite
<input type="checkbox"/> Cilantro/Coriander	<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Milk Thistle
<input type="checkbox"/> Cinnamon	<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Mint
<input type="checkbox"/> Cinnamon, Ceylon	<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Mustard (as a Powder)
<input type="checkbox"/> Cloves	<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Mustard Seeds (gluten free)
<input type="checkbox"/> Cloves, Madagascar	<input type="checkbox"/> Grapeseed Extract	<input type="checkbox"/> Nutmeg
<input type="checkbox"/> Cloves, Penang	<input type="checkbox"/> Guarana	<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Cramp Bark Extract	<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Onion
<input type="checkbox"/> Cream of Tartar	<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Onion Powder
<input type="checkbox"/> Cumin	<input type="checkbox"/> Hickory	<input type="checkbox"/> Orange Peel/Rind
<input type="checkbox"/> Curcumin	<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Orange Salt
<input type="checkbox"/> Curry (must be GF)	<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Oregano

<input type="checkbox"/> Paprika	<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Cheese, American
<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Sumac	<input type="checkbox"/> Cheese, Asiago
<input type="checkbox"/> Parsley	<input type="checkbox"/> Taco Seasoning	<input type="checkbox"/> Cheese, Bleu
<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Cheese, Brie
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Tarragon	<input type="checkbox"/> Cheese, Cheddar (Raw)
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Thyme	<input type="checkbox"/> Cheese, Cottage
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Turmeric	<input type="checkbox"/> Cheese, Feta
<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Cheese, Goat
<input type="checkbox"/> Peppermint	<input type="checkbox"/> Valerian	<input type="checkbox"/> Cheese, Gorgonzola
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Cheese, Gouda
<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Cheese, Havarti
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Cheese, Machego
<input type="checkbox"/> Rose Hips	<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Cheese, Mascapone
<input type="checkbox"/> Rosemary	<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Cheese, Mozzarella (Raw)
<input type="checkbox"/> Saffron	<input type="checkbox"/> Wormwood	<input type="checkbox"/> Cheese, Muenster
<input type="checkbox"/> Sage		<input type="checkbox"/> Cheese, Parmesan
<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> <b>Milk-Containing Foods</b>	<input type="checkbox"/> Cheese, Pecorino
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Applegate® organic spinach & feta sausage	<input type="checkbox"/> Cheese, Provolone
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Butter, Raw and Pasture-raised	<input type="checkbox"/> Cheese, Raw and Pasture-raised
<input type="checkbox"/> Shallots	<input type="checkbox"/> Buttermilk	<input type="checkbox"/> Cheese, Ricotta
<input type="checkbox"/> Spearmint	<input type="checkbox"/> Casein	<input type="checkbox"/> Cheese, Romano

<input type="checkbox"/> Cheese, Sheep	<input type="checkbox"/> <b>Legumes &amp; Pulses</b>	<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Cheese, String (Mozzarella)	<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> Garbanzo Bean
<input type="checkbox"/> Cheese, Swiss	<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Kidney Bean
<input type="checkbox"/> Cream, Raw and Unpasteurized	<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> Lentil(s)
<input type="checkbox"/> Ghee (Pasture-Raised, Organic)	<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Miso
<input type="checkbox"/> Goat Cheese	<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Goat Kefir	<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> Pea, Snow
<input type="checkbox"/> Kefir, Raw	<input type="checkbox"/> Bean, Kidney	<input type="checkbox"/> Pea, Split
<input type="checkbox"/> Lactalbumin	<input type="checkbox"/> Bean, Lima	<input type="checkbox"/> Peanut (Organic, Valencia)
<input type="checkbox"/> Milk Chocolate	<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Peanut Butter (Organic, Maranatha®)
<input type="checkbox"/> Milk, Buffalo	<input type="checkbox"/> Bean, Navy	<input type="checkbox"/> Peanut Oil (Organic)
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Bean, Ninja	<input type="checkbox"/> Red Bean Paste
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> Soy Beans (must be organic)
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Bean, Red	<input type="checkbox"/> Soybean oil(must be organic)
<input type="checkbox"/> Mozzarella Cheese	<input type="checkbox"/> Bean, White	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Sour Cream, Raw and Unpasteurized	<input type="checkbox"/> Beans	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Whey	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Vegetable Oil
<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Coffee Bean, Organic	
	<input type="checkbox"/> Edamame (must be organic)	
	<input type="checkbox"/> Fava Bean	

<input type="checkbox"/> <b>Corn-Derived Foods</b>	<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Graham (wheat)
<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> Kamut
<input type="checkbox"/> Cheese, Cream	<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Liquid Smoke (can have gluten)
<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast,....)		<input type="checkbox"/> Malt
<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> <b>Gluten-Containing Foods</b>	<input type="checkbox"/> Maltitol
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Barley	<input type="checkbox"/> Maltodextrin (Barley-derived)
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Barley Grass (can have gluten)	<input type="checkbox"/> Modified Food Starch
<input type="checkbox"/> Corn Gluten	<input type="checkbox"/> Barley Greens (may contain gluten)	<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)
<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Barley Juice (may contain gluten)	<input type="checkbox"/> Oats
<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Beer	<input type="checkbox"/> Oats, GF (not Certified) can have gluten
<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Bran	<input type="checkbox"/> Orzo
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Bread	<input type="checkbox"/> Panko
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Polish Wheat
<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Rye
<input type="checkbox"/> Fructose	<input type="checkbox"/> Cheese, Bleu	<input type="checkbox"/> Semolina
<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)	<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Soy Sauce
<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Spelt
<input type="checkbox"/> Maltitol	<input type="checkbox"/> Couscous	<input type="checkbox"/> Teechino
<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Teriyaki Sauce
<input type="checkbox"/> Modified Food Starch	<input type="checkbox"/> Durum Wheat	<input type="checkbox"/> Triticale
<input type="checkbox"/> Sriracha Sauce Organicville gluten-free	<input type="checkbox"/> Farro	<input type="checkbox"/> Vinegar
<input type="checkbox"/> Swerve® Sweetener	<input type="checkbox"/> Gluten	<input type="checkbox"/> Vinegar, Malt

<input type="checkbox"/> Vinegar, White	<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Rice, Brown (gluten free)
<input type="checkbox"/> Wheat (All Types)	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Rice, Japonica (gluten free)
<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Rice, Purple (gluten free)
	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Rice, Red (gluten free)
<input type="checkbox"/> <b>Gluten-Free Grains</b>	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Rice, White (gluten free)
<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)
<input type="checkbox"/> Amaranth	<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Simple Mills - Everything Sprouted Seed Cracker
<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Simple Mills Ground Sea Salt Almond Crackers
<input type="checkbox"/> Basmati Rice (gluten free)	<input type="checkbox"/> Millet	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers
<input type="checkbox"/> Buckwheat	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers
<input type="checkbox"/> Buckwheat Flour	<input type="checkbox"/> Oats (Certified GF)	<input type="checkbox"/> Sorghum
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Sweet Potato Flour (gluten free)
<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tapioca
<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> ProGranola (Julian Bakery)	<input type="checkbox"/> Tapioca Flour (gluten free)
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Tapioca Starch (gluten free)
<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Teff
<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Tortilla, Siete Almond
<input type="checkbox"/> Ener-G Brown Rice Yeast-Free Bread	<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut
<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Vegetable Oil

<input type="checkbox"/> <b>Beverages &amp; Protein Powders</b>	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Tea, Roobios
<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Tea, Unflavored
<input type="checkbox"/> Apple Cider	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Tea, White
<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Milk, Buffalo	<input type="checkbox"/> Teechino
<input type="checkbox"/> Beer	<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Vinegar, Red Wine
<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Water
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Whey
<input type="checkbox"/> Casein	<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Wine, Red
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Wine, White (Champagne)
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Zevia Drinks
<input type="checkbox"/> Coffee	<input type="checkbox"/> Rice Protein Powder (gluten free)	
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> <b>Miscellaneous</b>
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> Acacia Gum
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Agar Gum
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Antimony
<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Arabic Gum
<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Baking Powder
<input type="checkbox"/> Green Tea	<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Baking Soda (Arm & Hammer®)
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Tea, Komboucha	<input type="checkbox"/> Beef broth (Imagine® low sodium/GF)
<input type="checkbox"/> Komboucha Tea	<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Blue Food Dye
<input type="checkbox"/> Lactoalbumin	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Bone Broth, Beef

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|--|---|--|
| <input type="checkbox"/> Carrageenan Gum                           | <input type="checkbox"/> Lard (pork)                            | <input type="checkbox"/> Yeast, Baker's                      |
| <input type="checkbox"/> Chewing Gum (has gluten and corn)         | <input type="checkbox"/> Latex                                  | <input type="checkbox"/> Yeast, Brewer's                     |
| <input type="checkbox"/> Chewing Gum, Xylitech®                    | <input type="checkbox"/> Locust Bean Gum                        | <input type="checkbox"/> Yeast, Nutritional                  |
| <input type="checkbox"/> Chicken Broth (Imagine® gf/low sodium)    | <input type="checkbox"/> Lycopene                               |  |
| <input type="checkbox"/> Chicory Root                              | <input type="checkbox"/> Malt                                   | <input type="checkbox"/> <b>Snacks</b>                       |
| <input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)    | <input type="checkbox"/> Maltodextrin (Barley-derived)          | <input type="checkbox"/> Apple Sauce                         |
| <input type="checkbox"/> Collagen Protein (Powder)                 | <input type="checkbox"/> Modified Food Starch                   | <input type="checkbox"/> Dates                               |
| <input type="checkbox"/> Formaldehyde                              | <input type="checkbox"/> Modified Food Starch (Tapioca-based)   | <input type="checkbox"/> Simple Mills Chocolate Chip Cookies |
| <input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)         | <input type="checkbox"/> Palm Wax                               |  |
| <input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple)     | <input type="checkbox"/> Pycnogenol                             |  |
| <input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chipotle) | <input type="checkbox"/> Red Food Dye                           |  |
| <input type="checkbox"/> GemWraps®, Sandwich Wrap (Tomato)         | <input type="checkbox"/> Red Tomato Paste (gluten free)         |  |
| <input type="checkbox"/> Glucomannon Flour (konjacfoods.com)       | <input type="checkbox"/> Resveratrol                            |  |
| <input type="checkbox"/> Great Lake's® Beef Gelatin                | <input type="checkbox"/> Rice Starch (if certified gluten free) |  |
| <input type="checkbox"/> Guar Gum                                  | <input type="checkbox"/> Silver                                 |  |
| <input type="checkbox"/> Hops                                      | <input type="checkbox"/> Skinny Crisps® (Plain Jane)            |  |
| <input type="checkbox"/> Hydrogenated Oils                         | <input type="checkbox"/> Tofu (Organic)                         |  |
| <input type="checkbox"/> Inulin                                    | <input type="checkbox"/> Tragacanth Gum                         |  |
| <input type="checkbox"/> Julian Bakery Almond Bread                | <input type="checkbox"/> Vegetable broth (Imagine® Low Sodium)  |  |
| <input type="checkbox"/> Julian Bakery Coconut Bread               | <input type="checkbox"/> Vegetable Oil                          |  |
| <input type="checkbox"/> Julian Bakery Paleo Wraps                 | <input type="checkbox"/> Vinegar, Red Wine                      |  |
| <input type="checkbox"/> Konjac Glucomannon Flour                  | <input type="checkbox"/> Xanthan Gum                            |  |