

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Collard Greens
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Burdock	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Cabbage, Chinese (see also Bok	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Arugula	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Cucumber
<input type="checkbox"/> Avocado	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Capers	<input type="checkbox"/> Dandelion Greens
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Endive
<input type="checkbox"/> Beet	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Fennel
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Garlic
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Jicama
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Celery	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Chard	<input type="checkbox"/> Kombu
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Chayote	<input type="checkbox"/> Leeks
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Chives	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Nori

<input type="checkbox"/> Okra	<input type="checkbox"/> Potato, Red	<input type="checkbox"/> Squash, Summer
<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Potato, Russet	<input type="checkbox"/> Squash, Winter
<input type="checkbox"/> Parsley	<input type="checkbox"/> Potato, Sweet	<input type="checkbox"/> Squash, Yellow
<input type="checkbox"/> Parsnip	<input type="checkbox"/> Potato, White	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Potato, Yukon Gold	<input type="checkbox"/> Sweet Potato, Red
<input type="checkbox"/> Pea, Green	<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Sweet Potatoes, White
<input type="checkbox"/> Pea, Snap	<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Swiss Chard
<input type="checkbox"/> Pea, Snow	<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Pea, Split	<input type="checkbox"/> Radicchio	<input type="checkbox"/> Tomato Paste (gluten &
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Radish	<input type="checkbox"/> Tomato Sauce (gluten &
<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tomato
<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Tomatoes, Big Beef
<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Tomato, Cherry
<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Tomato, Heirloom
<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Scallions	<input type="checkbox"/> Tomato, Orange
<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Spinach	<input type="checkbox"/> Tomato, Red
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Spirulina	<input type="checkbox"/> Tomato, Roma
<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Squash	<input type="checkbox"/> Tomato, Sun-dried
<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Tomato, Yellow
<input type="checkbox"/> Pimento	<input type="checkbox"/> Squash, Butternut	<input type="checkbox"/> Truffle
<input type="checkbox"/> Potato, Fingerling	<input type="checkbox"/> Squash, Green	<input type="checkbox"/> Turnip Greens
<input type="checkbox"/> Potato, Purple	<input type="checkbox"/> Squash, Spaghetti	<input type="checkbox"/> Turnips

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| <input type="checkbox"/> Water Chestnut | <input type="checkbox"/> Cherry | <input type="checkbox"/> Jack fruit |
| <input type="checkbox"/> Watercress | <input type="checkbox"/> Clementine | <input type="checkbox"/> Kiwi |
| <input type="checkbox"/> Yams, Garnett | <input type="checkbox"/> Cranberry | <input type="checkbox"/> Kumquat |
| <input type="checkbox"/> Yams, Japanese | <input type="checkbox"/> Cranberry Juice | <input type="checkbox"/> Lemon |
| <input type="checkbox"/> Yucca | <input type="checkbox"/> Currant | <input type="checkbox"/> Lemon Juice |
| <input type="checkbox"/> Zucchini | <input type="checkbox"/> Date(s) | <input type="checkbox"/> Lemon Rind/Peel |
| <input type="checkbox"/> Alfalfa Sprouts | <input type="checkbox"/> Dragon Fruit (Pitaya) | <input type="checkbox"/> Lime |
| <input type="checkbox"/> Psyllium Husk | <input type="checkbox"/> Dried Fruit | <input type="checkbox"/> Lime Juice |
| | <input type="checkbox"/> Elderberry | <input type="checkbox"/> Litchi (aka Lychee) |
| <input type="checkbox"/> Fruits | <input type="checkbox"/> Fig | <input type="checkbox"/> Loganberry |
| <input type="checkbox"/> Acai | <input type="checkbox"/> Goji Berry | <input type="checkbox"/> Loquat |
| <input type="checkbox"/> Agar Gum | <input type="checkbox"/> Golden Berry | <input type="checkbox"/> Mango |
| <input type="checkbox"/> Apple (all types) | <input type="checkbox"/> Gooseberry | <input type="checkbox"/> Mangosteen |
| <input type="checkbox"/> Apple Cider | <input type="checkbox"/> Grape | <input type="checkbox"/> Maqui |
| <input type="checkbox"/> Apple Juice | <input type="checkbox"/> Grape, Green | <input type="checkbox"/> Melon, Honeydew |
| <input type="checkbox"/> Apple Sauce | <input type="checkbox"/> Grape, Purple | <input type="checkbox"/> Monk Fruit |
| <input type="checkbox"/> Apricot | <input type="checkbox"/> Grape, Red | <input type="checkbox"/> Mulberry |
| <input type="checkbox"/> Banana | <input type="checkbox"/> Grape, White | <input type="checkbox"/> Nectarines |
| <input type="checkbox"/> Bilberry | <input type="checkbox"/> Grapefruit | <input type="checkbox"/> Noni |
| <input type="checkbox"/> Blackberry | <input type="checkbox"/> Grapefruit Juice | <input type="checkbox"/> Orange |
| <input type="checkbox"/> Blueberry | <input type="checkbox"/> Guava | <input type="checkbox"/> Orange, Blood |
| <input type="checkbox"/> Boysenberry | <input type="checkbox"/> Huckleberry | <input type="checkbox"/> Orange Juice |

<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Nuts, Seeds, & Oils	<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Papaya	<input type="checkbox"/> Almond Butter (Artisana®)	<input type="checkbox"/> Flax Oil
<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Almond Flavor natural, gluten free)	<input type="checkbox"/> Flax Seed
<input type="checkbox"/> Pear	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Grapeseed Oil, Organic
<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Almond Meal (gluten free)	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Persimmons	<input type="checkbox"/> Almond, Marcona	<input type="checkbox"/> Hazelnut/Filbert
<input type="checkbox"/> Plantain	<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Plum	<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Macadamia Nut Oil
<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Macadamia Nuts
<input type="checkbox"/> Pomelo	<input type="checkbox"/> Canola/Rapeseed Oil	<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Prune	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Olive Oil, Virgin
<input type="checkbox"/> Quince	<input type="checkbox"/> Cashews	<input type="checkbox"/> Palm Kernel Oil
<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Pecan
<input type="checkbox"/> Raspberry	<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Pecan Flour
<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Chestnut	<input type="checkbox"/> Pepitas
<input type="checkbox"/> Strawberry	<input type="checkbox"/> Chia Seed (1/4 cup, max)	<input type="checkbox"/> Pili Nuts
<input type="checkbox"/> Tamarind	<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Pine Nut
<input type="checkbox"/> Tangelo	<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Pistachios
<input type="checkbox"/> Tangerine	<input type="checkbox"/> Coconut, shredded (raw,	<input type="checkbox"/> Poppy seeds
<input type="checkbox"/> Watermelon	<input type="checkbox"/> Cola Nut (aka Kola Nut)	<input type="checkbox"/> Pumpkin Oil
<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Pumpkin Seed Oil
<input type="checkbox"/> Youngberry	<input type="checkbox"/> Cottonseed/Cottonseed Oil	<input type="checkbox"/> Pumpkin Seeds

<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Miso
<input type="checkbox"/> Rice, Wild (Lundberg® - not the	<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Pea, Snow
<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Pea, Split
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Peanut (Organic, Valencia)
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> Peanut Butter (Organic,
<input type="checkbox"/> Sunflower Seed Butter	<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Peanut Oil (Organic)
<input type="checkbox"/> Sunflower Seed Lecithin	<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Red Bean Paste
<input type="checkbox"/> Sunflower Seed Oil	<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> Soy Beans (must be organic)
<input type="checkbox"/> Sunflower Seeds	<input type="checkbox"/> Bean, Kidney	<input type="checkbox"/> Soy Beans Oil (must be organic)
<input type="checkbox"/> Tahini	<input type="checkbox"/> Bean, Lima	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Bean, Navy/Ninja	<input type="checkbox"/> White Beans
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Bean, Pinto/Frijole	
<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Bean, Red (see also Bean, Kidney)	<input type="checkbox"/> Fish & Shellfish
<input type="checkbox"/> Walnut (few)	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Anchovy
<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Edamame (must be organic)	<input type="checkbox"/> Bass
<input type="checkbox"/> Walnut, Black (few)	<input type="checkbox"/> Fava Bean	<input type="checkbox"/> Catfish
<input type="checkbox"/> Almond	<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Chilean Sea Bass
<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Garbanzo Bean	<input type="checkbox"/> Clam
	<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Cod/ Cod Liver Oil
	<input type="checkbox"/> Lentil(s)	<input type="checkbox"/> Corvina

<input type="checkbox"/> Crab	<input type="checkbox"/> Swordfish	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Crayfish	<input type="checkbox"/> Tilapia (Non-farmed)	<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> Flounder	<input type="checkbox"/> Trout	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Haddock	<input type="checkbox"/> Tuna	<input type="checkbox"/> Duck
<input type="checkbox"/> Hake	<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Goat, Grass-fed only (organic)
<input type="checkbox"/> Halibut	<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Lamb (organic)
<input type="checkbox"/> Herring	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Lard (pork)
<input type="checkbox"/> Lobster		<input type="checkbox"/> Ostrich
<input type="checkbox"/> Mackerel	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Pheasant
<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Applegate® organic bacon	<input type="checkbox"/> Pork, (organic)
<input type="checkbox"/> Mussel	<input type="checkbox"/> Applegate® organic black forest	<input type="checkbox"/> Quail
<input type="checkbox"/> Orange Roughy	<input type="checkbox"/> Applegate® organic chicken	<input type="checkbox"/> Rabbit
<input type="checkbox"/> Oyster	<input type="checkbox"/> Applegate® organic ham	<input type="checkbox"/> Turkey (organic)
<input type="checkbox"/> Perch	<input type="checkbox"/> Applegate® organic roast beef	<input type="checkbox"/> Veal (organic)
<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Applegate® organic andouille	<input type="checkbox"/> Venison (see also Deer)
<input type="checkbox"/> Salmon, wild (fresh)	<input type="checkbox"/> Applegate® organic chicken/apple	
<input type="checkbox"/> Sardines	<input type="checkbox"/> Applegate® organic red pepper	<input type="checkbox"/> Non-Dairy & Eggs
<input type="checkbox"/> Scallop	<input type="checkbox"/> Applegate® organic spinach & feta	<input type="checkbox"/> Almond Milk, unsweetened (no
<input type="checkbox"/> Shrimp	<input type="checkbox"/> Applegate® organic sausage sweet	<input type="checkbox"/> Almond Yogurt, unsweetened
<input type="checkbox"/> Sole	<input type="checkbox"/> Applegate® organic smoked	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise
<input type="checkbox"/> Squid	<input type="checkbox"/> Beef, Grass-fed only (organic)	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)
<input type="checkbox"/> Swai	<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Coconut Kefir (No Tapioca,

<input type="checkbox"/> Coconut Milk(Native Forest or	<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> Sweeteners
<input type="checkbox"/> Egg, Pasture-raised (from a farmer)	<input type="checkbox"/> Earth Balance® Avocado Oil Butter	<input type="checkbox"/> Agave Nectar
<input type="checkbox"/> Egg, Vital Farms® or Pasture	<input type="checkbox"/> Horseradish Sauce, Gluten-free	<input type="checkbox"/> Aspartame/Nutrasweet
<input type="checkbox"/> Egg, Whites, Pasture-raised	<input type="checkbox"/> Hummus	<input type="checkbox"/> BodyPro Almond Mayo Grade B
<input type="checkbox"/> Egg, Yolks Pasture-raised	<input type="checkbox"/> Ketchup (Organicville)	<input type="checkbox"/> BodyPro Almond Mayo with Yacon
<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Mayonnaise	<input type="checkbox"/> Brown Rice Syrup (contains
<input type="checkbox"/> Sriracha Sauce Organicville	<input type="checkbox"/> Mayonnaise, Primal Kitchen	<input type="checkbox"/> Chocolate, Dark
<input type="checkbox"/> Egg	<input type="checkbox"/> Mayonnaise, Primal Kitchen	<input type="checkbox"/> Chocolate, Milk
	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)	<input type="checkbox"/> Chocolate, White
<input type="checkbox"/> Condiments	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Coconut Palm Sugar
<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Sriracha Sauce Organicville	<input type="checkbox"/> Date Sugar
<input type="checkbox"/> Balsamic Vinegar MiaBella	<input type="checkbox"/> Ume Plum Vinegar	<input type="checkbox"/> Erythritol (non-GMO)
<input type="checkbox"/> Balsamic Vinegar (with Red Wine	<input type="checkbox"/> Veganaise Soy-free (Follow Your	<input type="checkbox"/> Fructose
<input type="checkbox"/> Balsamic Vinegar (Caramel/Red W.	<input type="checkbox"/> Vinegar	<input type="checkbox"/> Fruit Pectin
<input type="checkbox"/> Barbeque Sauce, GF Annie's®	<input type="checkbox"/> Vinegar, Distilled	<input type="checkbox"/> Honey, (Organic)
<input type="checkbox"/> BodyPro Almond Mayo Grade B	<input type="checkbox"/> Vinegar, Malt	<input type="checkbox"/> Honey, Manuka
<input type="checkbox"/> BodyPro Almond Mayo with Yacon	<input type="checkbox"/> Vinegar, Red Wine	<input type="checkbox"/> Honey, Wildflower from Mahava®
<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Vinegar, Rice	<input type="checkbox"/> Just Like Sugar®
<input type="checkbox"/> Carob	<input type="checkbox"/> Vinegar, White	<input type="checkbox"/> Lo Han
<input type="checkbox"/> Coconut Vinegar (Coconut Secret)	<input type="checkbox"/> Vinegar, White Wine	<input type="checkbox"/> Maltodextrin (Can be
<input type="checkbox"/> Dressing, Primal Kitchen Greek		<input type="checkbox"/> Maltodextrin (Corn-based,
<input type="checkbox"/> Dressing, Primal Kitchen Honey		<input type="checkbox"/> Maple Sugar

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| <input type="checkbox"/> Maple Syrup (Grade A Dark Amber | <input type="checkbox"/> Bay Leaf | <input type="checkbox"/> Dong Quai |
| <input type="checkbox"/> Molasses | <input type="checkbox"/> Black Cohosh | <input type="checkbox"/> Echinacea |
| <input type="checkbox"/> Monk Fruit | <input type="checkbox"/> Caramel Coloring | <input type="checkbox"/> Fennel |
| <input type="checkbox"/> Nutrasweet® | <input type="checkbox"/> Caraway Seed | <input type="checkbox"/> Garlic |
| <input type="checkbox"/> Rebiana Leaf (Stevia) | <input type="checkbox"/> Cardamom | <input type="checkbox"/> Garlic Pepper |
| <input type="checkbox"/> Sorbitol | <input type="checkbox"/> Celery Powder | <input type="checkbox"/> Garlic Powder |
| <input type="checkbox"/> Splenda | <input type="checkbox"/> Chicory Root | <input type="checkbox"/> Garlic Salt |
| <input type="checkbox"/> Sucanat | <input type="checkbox"/> Chili Powder | <input type="checkbox"/> Ginger |
| <input type="checkbox"/> Sugar Beet | <input type="checkbox"/> Chipotle Seasoning | <input type="checkbox"/> Ginkgo Biloba |
| <input type="checkbox"/> Sugar Cane | <input type="checkbox"/> Cilantro/Coriander | <input type="checkbox"/> Goldenseal |
| <input type="checkbox"/> Sweetleaf® Stevia | <input type="checkbox"/> Cinnamon | <input type="checkbox"/> Grapefruit Seed Extract |
| <input type="checkbox"/> Swerve® Xylitol | <input type="checkbox"/> Cinnamon, Ceylon | <input type="checkbox"/> Grapeseed Extract |
| <input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn | <input type="checkbox"/> Cloves | <input type="checkbox"/> Guarana |
| <input type="checkbox"/> Yacon Syrup | <input type="checkbox"/> Cloves, Madagascar | <input type="checkbox"/> Gymnema Silvestre |
| | <input type="checkbox"/> Cloves, Penang | <input type="checkbox"/> Herbs De Provence |
| <input type="checkbox"/> Herbs & Spices | <input type="checkbox"/> Cramp Bark Extract | <input type="checkbox"/> Hickory |
| <input type="checkbox"/> Allspice | <input type="checkbox"/> Cream of Tartar | <input type="checkbox"/> Himalayan Salt |
| <input type="checkbox"/> Almond Flavor natural, gluten free) | <input type="checkbox"/> Cumin | <input type="checkbox"/> Jamaican Jerk |
| <input type="checkbox"/> Anise | <input type="checkbox"/> Curcumin | <input type="checkbox"/> Juniper Berry |
| <input type="checkbox"/> Ashwaganda | <input type="checkbox"/> Curry (must be GF) | <input type="checkbox"/> Lavender |
| <input type="checkbox"/> Astragalus | <input type="checkbox"/> Dandelion Root | <input type="checkbox"/> Lemon Balm (Melissa Officinalis) |
| <input type="checkbox"/> Basil | <input type="checkbox"/> Dill | <input type="checkbox"/> Lemon Pepper |

<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Valerian
<input type="checkbox"/> Licorice Root	<input type="checkbox"/> Pepper/Peppercorns, Szechuan	<input type="checkbox"/> Vanilla (gluten and corn-free)
<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Peppermint	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Maca Root	<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> White Willow Bark Extract
<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Red Chili Paste Thai Kitchen®	<input type="checkbox"/> Wintergreen
<input type="checkbox"/> Marjoram	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Rose Hips
<input type="checkbox"/> Mesquite	<input type="checkbox"/> Rosemary	
<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Saffron	<input type="checkbox"/> Milk-Containing Foods
<input type="checkbox"/> Mint	<input type="checkbox"/> Sage	<input type="checkbox"/> Applegate® organic spinach & feta
<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Butter, Raw and Pasture-raised
<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Buttermilk
<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Casein
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Spearmint	<input type="checkbox"/> Cheese, American
<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Cheese, Asiago
<input type="checkbox"/> Orange Salt	<input type="checkbox"/> Taco Seasoning	<input type="checkbox"/> Cheese, Bleu
<input type="checkbox"/> Oregano	<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Cheese, Brie
<input type="checkbox"/> Paprika	<input type="checkbox"/> Tarragon	<input type="checkbox"/> Cheese, Cheddar (Raw)
<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Thyme	<input type="checkbox"/> Cheese, Cottage
<input type="checkbox"/> Parsley	<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Pepper, Black (see Garlic/Lemon	<input type="checkbox"/> Turmeric	<input type="checkbox"/> Cheese, Goat
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Cheese, Gorgonzola

<input type="checkbox"/> Cheese, Gouda	<input type="checkbox"/> Lactoalbumin	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Cheese, Havarti	<input type="checkbox"/> Milk Chocolate	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Cheese, Machego	<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Corn Starch (gluten free)
<input type="checkbox"/> Cheese, Marscapone	<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Cheese, Mozzarella (Raw)	<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Cheese, Muenster	<input type="checkbox"/> Mozzarella Cheese	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Cheese, Parmesan	<input type="checkbox"/> Sour Cream, Raw and	<input type="checkbox"/> Glucomannon Flour
<input type="checkbox"/> Cheese, Pecorino	<input type="checkbox"/> Whey	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Cheese, Raw and Pasture-raised	<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Cheese, Ricotta	<input type="checkbox"/> Cheese, Feta	<input type="checkbox"/> Millet
<input type="checkbox"/> Cheese, Romano		<input type="checkbox"/> Oats
<input type="checkbox"/> Cheese, Provolone	<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free
<input type="checkbox"/> Cheese, Sheep	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Oat Grass (Not For Gluten
<input type="checkbox"/> Cheese, String (Mozzarella)	<input type="checkbox"/> Amaranth	<input type="checkbox"/> Potato Flour (gluten free)
<input type="checkbox"/> Cheese, Swiss	<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Potato Starch (gluten free)
<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Basmati Rice (gluten free)	<input type="checkbox"/> Quinoa (gluten free)
<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Buckwheat	<input type="checkbox"/> Quinoa, Black (gluten free)
<input type="checkbox"/> Cream, Raw and Unpasteurized	<input type="checkbox"/> Buckwheat Flour	<input type="checkbox"/> Quinoa, Red (gluten free)
<input type="checkbox"/> Ghee (Pasture-Raised, Organic)	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Rice, Basmati (gluten free)
<input type="checkbox"/> Goat Cheese	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Rice, Black (gluten free)
<input type="checkbox"/> Goat Kefir	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Rice, Brown (gluten free)
<input type="checkbox"/> Kefir, Raw	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Rice, Japonica (gluten free)

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| <input type="checkbox"/> Rice, Purple (gluten free) | <input type="checkbox"/> Gluten-Containing Foods | <input type="checkbox"/> Orzo |
| <input type="checkbox"/> Rice, Red (gluten free) | <input type="checkbox"/> Barley | <input type="checkbox"/> Panko |
| <input type="checkbox"/> Rice, White (gluten free) | <input type="checkbox"/> Barley Greens (Not for | <input type="checkbox"/> Polish Wheat |
| <input type="checkbox"/> Rice, Wild (Lundberg® - not the | <input type="checkbox"/> Barley Juice (Not for | <input type="checkbox"/> Rye |
| <input type="checkbox"/> Rice Bran | <input type="checkbox"/> Beer | <input type="checkbox"/> Semolina |
| <input type="checkbox"/> Rice Flour (gluten free) | <input type="checkbox"/> Bran | <input type="checkbox"/> Soy Sauce |
| <input type="checkbox"/> Rice Protein Powder (gluten free) | <input type="checkbox"/> Bread | <input type="checkbox"/> Spelt |
| <input type="checkbox"/> Sorghum | <input type="checkbox"/> Brown Rice Syrup (contains | <input type="checkbox"/> Teechino |
| <input type="checkbox"/> Sweet Potato Flour (gluten free) | <input type="checkbox"/> Caramel Coloring | <input type="checkbox"/> Teriyaki Sauce |
| <input type="checkbox"/> Tapioca | <input type="checkbox"/> Cheese, Bleu | <input type="checkbox"/> Triticale |
| <input type="checkbox"/> Tapioca Flour (gluten free) | <input type="checkbox"/> Chewing Gum (has gluten and corn) | <input type="checkbox"/> Vinegar |
| <input type="checkbox"/> Tapioca Starch (gluten free) | <input type="checkbox"/> Coffee, Instant (has gluten) | <input type="checkbox"/> Vinegar, Malt |
| <input type="checkbox"/> Teff | <input type="checkbox"/> Couscous | <input type="checkbox"/> Vinegar, White |
| <input type="checkbox"/> Tolerant Green Lentil & Pea Pasta | <input type="checkbox"/> Durum Wheat | <input type="checkbox"/> Wheat (All Types) |
| <input type="checkbox"/> Tolerant Red or Green Lentil Pasta | <input type="checkbox"/> Farro | <input type="checkbox"/> Wheat Grass (Is |
| <input type="checkbox"/> Tortilla, Siete Almond | <input type="checkbox"/> Gluten | <input type="checkbox"/> Crab, Immitation |
| <input type="checkbox"/> Tortilla, Siete Cassava & Coconut | <input type="checkbox"/> Graham (wheat) | |
| <input type="checkbox"/> Tortilla, Siete Chia & Cassava | <input type="checkbox"/> Kamut | |
| <input type="checkbox"/> Corn Meal (gluten free) | <input type="checkbox"/> Liquid Smoke (can have gluten) | |
| | <input type="checkbox"/> Malt | |
| | <input type="checkbox"/> Maltodextrin (Can be | |
| | <input type="checkbox"/> Oats | |

<input type="checkbox"/> Corn-Derived Foods	<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Milk, Soy (Organic)
<input type="checkbox"/> Barbeque Sauce, GF Annie's®	<input type="checkbox"/> Almond Milk, unsweetened (no	<input type="checkbox"/> Mineral Water
<input type="checkbox"/> Cheese, Cream	<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Orange Juice
<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Beer	<input type="checkbox"/> Pea Protein
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Rice Protein Powder (gluten free)
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Coconut Kefir (No Tapioca,	<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Coconut Milk(Native Forest or	<input type="checkbox"/> Soy Protein (Organic)
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Sparkling Water, unflavored
<input type="checkbox"/> Corn Gluten	<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Tea, Black
<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea, Chamomile
<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Tea, Green
<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Tea, Oolong
<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Tea, Ramon
<input type="checkbox"/> Fructose	<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Tea, Roobios
<input type="checkbox"/> GemWraps®, Sandwich Wrap	<input type="checkbox"/> Green Tea	<input type="checkbox"/> Tea, unflavored/caffeine-free only
<input type="checkbox"/> Maltodextrin (Corn-based,	<input type="checkbox"/> Komboucha Tea	<input type="checkbox"/> Tea, White
<input type="checkbox"/> Sriracha Sauce Organicville	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Teechino
<input type="checkbox"/> Swerve® Xylitol	<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Water
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Wine, Red
<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Wine, White (Champagne)
<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)
	<input type="checkbox"/> Milk, Sheep	

<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Guar Gum	<input type="checkbox"/> Tofu (Organic)
<input type="checkbox"/> Agar Gum	<input type="checkbox"/> Hops	<input type="checkbox"/> Tomato Paste (gluten &
<input type="checkbox"/> Antimony	<input type="checkbox"/> Julian Bakery Paleo Wraps	<input type="checkbox"/> Tomato Sauce (gluten &
<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Julian Bakery Almond Bread	<input type="checkbox"/> Tagacanth Gum
<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Julian Bakery Coconut Bread	<input type="checkbox"/> Vegetable Oil
<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> Beef broth (Imagine® low	<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Vinegar, Red Wine
<input type="checkbox"/> Carrageenan Gum	<input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)	<input type="checkbox"/> Vinegar, Rice
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Locust Bean Gum	<input type="checkbox"/> Vinegar, White Wine
<input type="checkbox"/> Chewing Gum, Xylite®	<input type="checkbox"/> Lycopene	<input type="checkbox"/> Xanthan Gum
<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Malt	<input type="checkbox"/> Yeast, Baker's
<input type="checkbox"/> Cocoa/Cacao (raw, pure, &	<input type="checkbox"/> Maltodextrin (Can be	<input type="checkbox"/> Yeast, Brewer's
<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Palm Wax	<input type="checkbox"/> Yeast, Nutritional
<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Pycnogenol	<input type="checkbox"/> Latex
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Red Chili Paste Thai Kitchen®	<input type="checkbox"/> Formaldehyde
<input type="checkbox"/> Garam Masala	<input type="checkbox"/> Red Tomato Paste (gluten free)	<input type="checkbox"/> Red Dye
<input type="checkbox"/> GemWraps®, Sandwich Wrap	<input type="checkbox"/> Resveratrol	<input type="checkbox"/> Ispaghula/Psyllium
<input type="checkbox"/> GemWraps®, Sandwich Wrap	<input type="checkbox"/> Sherry Vinegar	<input type="checkbox"/> Acacia Gum
<input type="checkbox"/> GemWraps®, Sandwich Wrap	<input type="checkbox"/> Silver	
<input type="checkbox"/> GemWraps®, Sandwich Wrap	<input type="checkbox"/> Skinny Crisps®(Plain Jane)	
<input type="checkbox"/> Glucomannon Flour	<input type="checkbox"/> Tagacanth Gum	
<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Tamari (Wheat Free)	