

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Jicama
<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Capers	<input type="checkbox"/> Kelp/Dulse
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Kombu
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Celery	<input type="checkbox"/> Leeks
<input type="checkbox"/> Arugula	<input type="checkbox"/> Chard	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Avocado	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Nori
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Okra
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Corn, White	<input type="checkbox"/> Onion, Green
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Cucumber	<input type="checkbox"/> Parsley
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Potato, Fingerling
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Potato, Purple
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Potato, Red
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Endive	<input type="checkbox"/> Potato, Russet
<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Fennel	<input type="checkbox"/> Potato, Sweet
<input type="checkbox"/> Burdock	<input type="checkbox"/> Garlic	<input type="checkbox"/> Potato, White
<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Potato, Yukon Gold
<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Horseradish	<input type="checkbox"/> Prickly Pear

<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Fruits	<input type="checkbox"/> Loquat
<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Acai	<input type="checkbox"/> Maqui
<input type="checkbox"/> Radicchio	<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Mulberry
<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Apple Cider	<input type="checkbox"/> Nectarines
<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Noni
<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Apricot	<input type="checkbox"/> Passion Fruit
<input type="checkbox"/> Sea Vegetables	<input type="checkbox"/> Banana	<input type="checkbox"/> Peach
<input type="checkbox"/> Seaweed	<input type="checkbox"/> Bilberry	<input type="checkbox"/> Pear
<input type="checkbox"/> Spinach	<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Strawberry
<input type="checkbox"/> Spirulina	<input type="checkbox"/> Golden Berry	
<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Gooseberry	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils
<input type="checkbox"/> Squash, Green	<input type="checkbox"/> Grapefruit	<input type="checkbox"/> Almond
<input type="checkbox"/> Squash, Spaghetti	<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Almond Butter (Artisana®)
<input type="checkbox"/> Squash, Winter	<input type="checkbox"/> Huckleberry	<input type="checkbox"/> Almond Flavor natural, gluten free)
<input type="checkbox"/> Sweet Potato, Red	<input type="checkbox"/> Kiwi	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Sweet Potatoes, White	<input type="checkbox"/> Lemon	<input type="checkbox"/> Almond Meal (gluten free)
<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Almond, Marcona
<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Lemon Rind/Peel	<input type="checkbox"/> Annatto Seed
<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Lime	<input type="checkbox"/> Brazil Nut
<input type="checkbox"/> Watercress	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Zucchini	<input type="checkbox"/> Litchi (aka Lychee)	<input type="checkbox"/> Cashew Butter
	<input type="checkbox"/> Loganberry	<input type="checkbox"/> Cashew Meal

<input type="checkbox"/> Cashews	<input type="checkbox"/> Pecan	<input type="checkbox"/> Walnut, Black (few)
<input type="checkbox"/> Chestnut	<input type="checkbox"/> Pecan Flour	
<input type="checkbox"/> Chia Seed (1/4 cup, max)	<input type="checkbox"/> Pepitas	<input type="checkbox"/> Fish & Shellfish
<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Anchovy
<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Pistachios	<input type="checkbox"/> Bass
<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> Catfish
<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> Chilean Sea Bass
<input type="checkbox"/> Cottonseed/Cottonseed Oil	<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Clam
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Cod/ Cod Liver Oil
<input type="checkbox"/> Flax Oil	<input type="checkbox"/> Safflower/Safflower Seed Oil	<input type="checkbox"/> Corvina
<input type="checkbox"/> Flax Seed	<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Crab
<input type="checkbox"/> Grapeseed Oil, Organic	<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Crab, Immitation
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Crayfish
<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Sunflower Seed Butter	<input type="checkbox"/> Flounder
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Sunflower Seed Lecithin	<input type="checkbox"/> Haddock
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Sunflower Seed Oil	<input type="checkbox"/> Hake
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Sunflower Seeds	<input type="checkbox"/> Halibut
<input type="checkbox"/> Macadamia Nut Oil	<input type="checkbox"/> Tahini	<input type="checkbox"/> Herring
<input type="checkbox"/> Macadamia Nuts	<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Lobster
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Mackerel
<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Walnut (few)	<input type="checkbox"/> Mahi Mahi
<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Mussel

<input type="checkbox"/> Orange Roughy	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Rabbit
<input type="checkbox"/> Oyster	<input type="checkbox"/> Applegate® organic chicken	<input type="checkbox"/> Turkey (organic)
<input type="checkbox"/> Perch	<input type="checkbox"/> Applegate® organic ham	<input type="checkbox"/> Veal (organic)
<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Applegate® organic herb roasted turkey	<input type="checkbox"/> Venison (see also Deer)
<input type="checkbox"/> Salmon, wild (fresh)	<input type="checkbox"/> Applegate® organic roast beef	
<input type="checkbox"/> Sardines	<input type="checkbox"/> Applegate® organic smoked chicken breast	<input type="checkbox"/> Non-Dairy & Eggs
<input type="checkbox"/> Scallop	<input type="checkbox"/> Applegate® organic smoked turkey breast	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)
<input type="checkbox"/> Shrimp	<input type="checkbox"/> Applegate® organic spinach & feta sausage	<input type="checkbox"/> Almond Yogurt, unsweetened
<input type="checkbox"/> Sole	<input type="checkbox"/> Applegate® organic turkey	<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise
<input type="checkbox"/> Squid	<input type="checkbox"/> Beef, Grass-fed only (organic)	<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast, Å....)
<input type="checkbox"/> Swai	<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)
<input type="checkbox"/> Swordfish	<input type="checkbox"/> Buffalo (see also Bison)	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)
<input type="checkbox"/> Tilapia (Non-farmed)	<input type="checkbox"/> Chicken, free range (organic)	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)
<input type="checkbox"/> Trout	<input type="checkbox"/> Deer (see also Venison)	<input type="checkbox"/> Egg, Pasture-raised (from a farmer)
<input type="checkbox"/> Tuna	<input type="checkbox"/> Duck	<input type="checkbox"/> Egg, Vital Farms® or Pasture Verde®
<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Egg, Yolks Pasture-raised
<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Lamb (organic)	<input type="checkbox"/> Milk, Soy (Organic)
	<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Modified Food Starch
	<input type="checkbox"/> Ostrich	<input type="checkbox"/> Paleo Cheese (Julianbakery.com or
	<input type="checkbox"/> Pheasant	
	<input type="checkbox"/> Pork, (organic)	
	<input type="checkbox"/> Quail	

<input type="checkbox"/> Condiments	<input type="checkbox"/> Vinegar, Red Wine	<input type="checkbox"/> Herbs & Spices
<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)	<input type="checkbox"/> Vinegar, Rice	<input type="checkbox"/> Allspice
<input type="checkbox"/> Balsamic Vinegar (Caramel/Red W. Vinegar)	<input type="checkbox"/> Vinegar, White	<input type="checkbox"/> Almond Flavor natural, gluten free)
<input type="checkbox"/> Balsamic Vinegar (with Red Wine Vinegar)	<input type="checkbox"/> Vinegar, White Wine	<input type="checkbox"/> Anise
<input type="checkbox"/> BodyPro Avocado Oil Mayonnaise	<input type="checkbox"/> Worcestershire Sauce (The Wizard's® GF)	<input type="checkbox"/> Astragalus
<input type="checkbox"/> Earth Balance® Avocado Oil Butter Spread		<input type="checkbox"/> Basil
<input type="checkbox"/> Earth Balance® Coconut Spread	<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Bay Leaf
<input type="checkbox"/> Horseradish Sauce, Gluten-free (Annie's®)	<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Black Cohosh
<input type="checkbox"/> Hummus	<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Caramel Coloring
<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Cardamom
<input type="checkbox"/> Mayonnaise	<input type="checkbox"/> Fructose	<input type="checkbox"/> Celery Powder
<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil	<input type="checkbox"/> Jerusalem Artichoke Syrup	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Mayonnaise, Primal Kitchen Chipotle Avocado Oil	<input type="checkbox"/> Maltitol	<input type="checkbox"/> Cilantro/Coriander
<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)	<input type="checkbox"/> Maltodextrin (Barley-derived)	<input type="checkbox"/> Cinnamon
<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)	<input type="checkbox"/> Cinnamon, Ceylon
<input type="checkbox"/> Sriracha Sauce Organicville gluten-free	<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Cramp Bark Extract
<input type="checkbox"/> Ume Plum Vinegar	<input type="checkbox"/> Sweetleaf® Stevia	<input type="checkbox"/> Cream of Tartar
<input type="checkbox"/> Veganise Soy-free (Follow Your Heart®)		<input type="checkbox"/> Cumin
<input type="checkbox"/> Vinegar		<input type="checkbox"/> Curcumin
<input type="checkbox"/> Vinegar, Distilled		<input type="checkbox"/> Curry (must be GF)
<input type="checkbox"/> Vinegar, Malt		<input type="checkbox"/> Dandelion Root

<input type="checkbox"/> Dill	<input type="checkbox"/> Maca Root	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Dong Quai	<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Sesame Seeds, Black
<input type="checkbox"/> Echinacea	<input type="checkbox"/> Marjoram	<input type="checkbox"/> Spearmint
<input type="checkbox"/> Fennel	<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> St. John's Wort
<input type="checkbox"/> Garlic	<input type="checkbox"/> Mint	<input type="checkbox"/> Sumac
<input type="checkbox"/> Garlic Pepper	<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Garlic Powder	<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Tarragon
<input type="checkbox"/> Garlic Salt	<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Thyme
<input type="checkbox"/> Ginger	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Turmeric
<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Orange Salt	<input type="checkbox"/> Uva Ursi
<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Oregano	<input type="checkbox"/> Valerian
<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Parsley	<input type="checkbox"/> White Willow Bark Extract
<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Wintergreen
<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Wormwood
<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Peppermint	
<input type="checkbox"/> Hickory	<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Milk-Containing Foods
<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)	<input type="checkbox"/> Applegate® organic spinach & feta sausage
<input type="checkbox"/> Juniper Berry	<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Butter, Raw and Pasture-raised
<input type="checkbox"/> Lavender	<input type="checkbox"/> Rosemary	<input type="checkbox"/> Buttermilk
<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Saffron	<input type="checkbox"/> Casein
<input type="checkbox"/> Lemon Pepper	<input type="checkbox"/> Sage	<input type="checkbox"/> Cheese, American
<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Cheese, Asiago

<input type="checkbox"/> Cheese, Bleu	<input type="checkbox"/> Cheese, Swiss	<input type="checkbox"/> Legumes & Pulses
<input type="checkbox"/> Cheese, Brie	<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Bean, Azuki
<input type="checkbox"/> Cheese, Cheddar (Raw)	<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Bean, Kidney
<input type="checkbox"/> Cheese, Cottage	<input type="checkbox"/> Cream, Raw and Unpasteurized	<input type="checkbox"/> Bean, Navy/Ninja
<input type="checkbox"/> Cheese, Cream	<input type="checkbox"/> Ghee (Pasture-Raised, Organic)	<input type="checkbox"/> Bean, Red (see also Bean, Kidney)
<input type="checkbox"/> Cheese, Feta	<input type="checkbox"/> Goat Cheese	<input type="checkbox"/> Edamame (must be organic)
<input type="checkbox"/> Cheese, Goat	<input type="checkbox"/> Goat Kefir	<input type="checkbox"/> Miso
<input type="checkbox"/> Cheese, Gorgonzola	<input type="checkbox"/> Kefir, Raw	<input type="checkbox"/> Peanut (Organic, Valencia)
<input type="checkbox"/> Cheese, Gouda	<input type="checkbox"/> Lactalbumin	<input type="checkbox"/> Peanut Butter (Organic, Maranatha®)
<input type="checkbox"/> Cheese, Havarti	<input type="checkbox"/> Milk Chocolate	<input type="checkbox"/> Peanut Oil (Organic)
<input type="checkbox"/> Cheese, Machego	<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Red Bean Paste
<input type="checkbox"/> Cheese, Mascapone	<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Soy Beans (must be organic)
<input type="checkbox"/> Cheese, Mozzarella (Raw)	<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Soy Beans Oil (must be organic)
<input type="checkbox"/> Cheese, Muenster	<input type="checkbox"/> Mozzarella Cheese	
<input type="checkbox"/> Cheese, Parmesan	<input type="checkbox"/> Sour Cream, Raw and Unpasteurized	<input type="checkbox"/> Gluten-Free Grains
<input type="checkbox"/> Cheese, Pecorino	<input type="checkbox"/> Whey	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Cheese, Provolone	<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Amaranth
<input type="checkbox"/> Cheese, Raw and Pasture-raised		<input type="checkbox"/> Arrowroot Flour/powder
<input type="checkbox"/> Cheese, Ricotta		<input type="checkbox"/> Basmati Rice (gluten free)
<input type="checkbox"/> Cheese, Romano		<input type="checkbox"/> Buckwheat
<input type="checkbox"/> Cheese, Sheep		<input type="checkbox"/> Buckwheat Flour
<input type="checkbox"/> Cheese, String (Mozzarella)		<input type="checkbox"/> Chicory Root

<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Gluten-Containing Foods
<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Barley
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Barley Greens (Not for Gluten-Sensitive)
<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Barley Juice (Not for Gluten-Sensitive)
<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Beer
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Bran
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Bread
<input type="checkbox"/> Ener-G Brown Rice Yeast-Free Bread	<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Caramel Coloring
<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Rice, Purple (gluten free)	<input type="checkbox"/> Cheese, Bleu
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Chewing Gum (has gluten and corn)
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Coffee, Instant (has gluten)
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Simple Mills - Everything Sprouted Seed Cracker	<input type="checkbox"/> Couscous
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Simple Mills Grind Sea Salt Almond Crackers	<input type="checkbox"/> Crab, Immitation
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers	<input type="checkbox"/> Durum Wheat
<input type="checkbox"/> Millet	<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers	<input type="checkbox"/> Farro
<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)	<input type="checkbox"/> Sorghum	<input type="checkbox"/> Gluten
<input type="checkbox"/> Oats (Certified GF)	<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Graham (wheat)
<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava	<input type="checkbox"/> Kamut
<input type="checkbox"/> Potato Starch (gluten free)		<input type="checkbox"/> Liquid Smoke (can have gluten)
<input type="checkbox"/> ProGranola (Julian Bakery)		<input type="checkbox"/> Malt
<input type="checkbox"/> Quinoa (gluten free)		<input type="checkbox"/> Maltodextrin (Barley-derived)

<input type="checkbox"/>	Oats (Can be contaminated with gluten)	<input type="checkbox"/>	Corn (Gluten-free & Non-GMO)	<input type="checkbox"/>	Coconut Milk(Native Forest or Natural Value)
<input type="checkbox"/>	Orzo	<input type="checkbox"/>	Corn Gluten	<input type="checkbox"/>	Coconut Water (low sugar)
<input type="checkbox"/>	Panko	<input type="checkbox"/>	Corn Meal (gluten free)	<input type="checkbox"/>	Coffee, Instant (has gluten)
<input type="checkbox"/>	Polish Wheat	<input type="checkbox"/>	Corn Oil	<input type="checkbox"/>	Collagen Protein (Powder)
<input type="checkbox"/>	Rye	<input type="checkbox"/>	Corn Starch (gluten free)	<input type="checkbox"/>	Echinacea Tea
<input type="checkbox"/>	Semolina	<input type="checkbox"/>	Corn, Blue	<input type="checkbox"/>	Grapefruit Juice
<input type="checkbox"/>	Soy Sauce	<input type="checkbox"/>	Corn, White	<input type="checkbox"/>	Green Tea
<input type="checkbox"/>	Spelt	<input type="checkbox"/>	Erythritol (non-GMO)	<input type="checkbox"/>	Hemp Protein (Powder)
<input type="checkbox"/>	Teechino	<input type="checkbox"/>	Fructose	<input type="checkbox"/>	Komboucha Tea
<input type="checkbox"/>	Teriyaki Sauce	<input type="checkbox"/>	GemWraps®, Sandwich Wrap (Carrot)	<input type="checkbox"/>	Lemon Juice
<input type="checkbox"/>	Triticale	<input type="checkbox"/>	Maltodextrin (Corn-based, non-GMO)	<input type="checkbox"/>	Lime Juice
<input type="checkbox"/>	Vinegar	<input type="checkbox"/>	Sriracha Sauce Organicville gluten-free	<input type="checkbox"/>	Milk, Cow
<input type="checkbox"/>	Vinegar, Malt	<input type="checkbox"/>	Vegetable Oil	<input type="checkbox"/>	Milk, Goat
<input type="checkbox"/>	Vinegar, White	<input type="checkbox"/>	Xanthan Gum	<input type="checkbox"/>	Milk, Sheep
<input type="checkbox"/>	Wheat (All Types)	<input type="checkbox"/>	Yogurt (See Xanthan Gum)	<input type="checkbox"/>	Milk, Soy (Organic)
<input type="checkbox"/>	Wheat Grass (Is Gluten-contaminated)			<input type="checkbox"/>	Mineral Water
<input type="checkbox"/>	Corn-Derived Foods	<input type="checkbox"/>	Beverages & Protein Powders	<input type="checkbox"/>	Rice Protein Powder (gluten free)
<input type="checkbox"/>	Cheese, Cream	<input type="checkbox"/>	Almond Milk, unsweetened (no tapioca)	<input type="checkbox"/>	Soy Milk/Soy Cheese (Organic)
<input type="checkbox"/>	Cheese, Daiya (Coconut, Tapioca, yeast, Å....)	<input type="checkbox"/>	Apple Juice	<input type="checkbox"/>	Soy Protein (Organic)
<input type="checkbox"/>	Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/>	Beer	<input type="checkbox"/>	Sparkling Water, unflavored
<input type="checkbox"/>	Chewing Gum (has gluten and corn)	<input type="checkbox"/>	Bone Broth Protein, Beef	<input type="checkbox"/>	Tea, Black
		<input type="checkbox"/>	Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/>	Tea, Chamomile

<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Chewing Gum, Xylichew®	<input type="checkbox"/> Malt
<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Maltodextrin (Barley-derived)
<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)	<input type="checkbox"/> Modified Food Starch
<input type="checkbox"/> Tea, Roobios	<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Palm Wax
<input type="checkbox"/> Tea, unflavored/caffeine-free only	<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Pycnogenol
<input type="checkbox"/> Tea, White	<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Red Chili Paste Thai Kitchen® (gluten free)
<input type="checkbox"/> Teechino	<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Rice Starch (if certified gluten free)
<input type="checkbox"/> Water	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)	<input type="checkbox"/> Sherry Vinegar
<input type="checkbox"/> Wine, Red	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Kale-Apple)	<input type="checkbox"/> Silver
<input type="checkbox"/> Wine, White (Champagne)	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chi.)	<input type="checkbox"/> Skinny Crisps®(Plain Jane)
<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Tomato)	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Zevia Drinks	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Tofu (Organic)
	<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Vegetable broth (Imagine® Low Sodium)
<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Inulin	<input type="checkbox"/> Vegetable Oil
<input type="checkbox"/> Agar Gum	<input type="checkbox"/> Julian Bakery Almond Bread	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> Antimony	<input type="checkbox"/> Julian Bakery Coconut Bread	<input type="checkbox"/> Vinegar, Red Wine
<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Julian Bakery Paleo Wraps	<input type="checkbox"/> Vinegar, Rice
<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Vinegar, White Wine
<input type="checkbox"/> Beef broth (Imagine® low sodium/GF)	<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Xanthan Gum
<input type="checkbox"/> Bone Broth, Beef	<input type="checkbox"/> Latex	<input type="checkbox"/> Yeast, Baker's
<input type="checkbox"/> Carrageenan Gum	<input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)	<input type="checkbox"/> Yeast, Brewer's
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Lycopene	<input type="checkbox"/> Yeast, Nutritional



Snacks