

test patient

11/01/2017

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Fruits              | <input type="checkbox"/> Nectarines                           | <input type="checkbox"/> Chestnut                             |
| <input type="checkbox"/> Acai                | <input type="checkbox"/> Noni                                 | <input type="checkbox"/> Coconut, shredded (raw, unsweetened) |
| <input type="checkbox"/> Apple (all types)   | <input type="checkbox"/> Passion Fruit                        | <input type="checkbox"/> Coconut Butter                       |
| <input type="checkbox"/> Apricot             | <input type="checkbox"/> Peach                                | <input type="checkbox"/> Coconut Oil                          |
| <input type="checkbox"/> Bilberry            | <input type="checkbox"/> Pear                                 | <input type="checkbox"/> Cola Nut (aka Kola Nut)              |
| <input type="checkbox"/> Blackberry          | <input type="checkbox"/> Pear, Asian                          | <input type="checkbox"/> Hazelnut/Filbert                     |
| <input type="checkbox"/> Blueberry           | <input type="checkbox"/> Tamarind                             | <input type="checkbox"/> Hazelnut Flour                       |
| <input type="checkbox"/> Boysenberry         | <input type="checkbox"/> Wolfberry                            | <input type="checkbox"/> Olive Leaf Extract                   |
| <input type="checkbox"/> Goji Berry          | <input type="checkbox"/> Youngberry                           | <input type="checkbox"/> Olive Oil, Virgin                    |
| <input type="checkbox"/> Golden Berry        | <input type="checkbox"/> Nuts, Seeds, Drupes & Oils           | <input type="checkbox"/> Palm Kernel Oil                      |
| <input type="checkbox"/> Gooseberry          | <input type="checkbox"/> Almond                               | <input type="checkbox"/> Pepitas                              |
| <input type="checkbox"/> Grapefruit          | <input type="checkbox"/> Almond, Marcona                      | <input type="checkbox"/> Pili Nuts                            |
| <input type="checkbox"/> Huckleberry         | <input type="checkbox"/> Almond Butter (Artisana®)            | <input type="checkbox"/> Pine Nut                             |
| <input type="checkbox"/> Kiwi                | <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Pistachios                           |
| <input type="checkbox"/> Lemon               | <input type="checkbox"/> Almond Flour (gluten free)           | <input type="checkbox"/> Poppy seeds                          |
| <input type="checkbox"/> Lemon Juice         | <input type="checkbox"/> Almond Meal (gluten free)            | <input type="checkbox"/> Pumpkin Oil                          |
| <input type="checkbox"/> Lemon Rind/Peel     | <input type="checkbox"/> Annatto Seed                         | <input type="checkbox"/> Pumpkin Seed Oil                     |
| <input type="checkbox"/> Lime                | <input type="checkbox"/> Avocado Oil                          | <input type="checkbox"/> Pumpkin Seeds                        |
| <input type="checkbox"/> Lime Juice          | <input type="checkbox"/> Brazil Nut                           | <input type="checkbox"/> Ramon Seeds                          |
| <input type="checkbox"/> Litchi (aka Lychee) | <input type="checkbox"/> Caraway Seed                         | <input type="checkbox"/> Sacha Inchi Seeds                    |
| <input type="checkbox"/> Loganberry          | <input type="checkbox"/> Cashew Butter                        | <input type="checkbox"/> Sesame Seed Oil                      |
| <input type="checkbox"/> Loquat              | <input type="checkbox"/> Cashew Meal                          | <input type="checkbox"/> Sesame Seeds                         |
| <input type="checkbox"/> Maqui               | <input type="checkbox"/> Cashews                              | <input type="checkbox"/> Sesame Seeds, Black                  |
| <input type="checkbox"/> Mulberry            |   | <input type="checkbox"/> Tea, Ramon                           |

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<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Chives
<input type="checkbox"/> Truffle Oil	<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Coconut (raw and unsweetened)
<input type="checkbox"/> Truffle Oil, Black	<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Coconut Concentrate
<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Collard Greens
<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Cucumber
<input type="checkbox"/> Corvina	<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Hake	<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Dandelion Greens
<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Broccoli	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Octopus	<input type="checkbox"/> Broccolini	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Sardines	<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Endive
<input type="checkbox"/> Swai	<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Fennel
<input type="checkbox"/> Tilapia (Wild, Non-farmed)	<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Garlic
<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Burdock	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Vegetables	<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Alfalfa Grass	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Jicama
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Arugula	<input type="checkbox"/> Capers	<input type="checkbox"/> Leeks
<input type="checkbox"/> Avocado	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Mushrooms
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Mushrooms, Button
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Celery	<input type="checkbox"/> Mushrooms, Cremini/Crimini
<input type="checkbox"/> Beet	<input type="checkbox"/> Chard	<input type="checkbox"/> Mushrooms, Maitake
	<input type="checkbox"/> Chayote	<input type="checkbox"/> Mushrooms, Shiitake

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<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Tomato, Heirloom
<input type="checkbox"/> Okra	<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Tomato, Orange
<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Radicchio	<input type="checkbox"/> Tomato, Red
<input type="checkbox"/> Onion, Green	<input type="checkbox"/> Radish	<input type="checkbox"/> Tomato, Roma
<input type="checkbox"/> Onion, Maui	<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tomato, Sun-dried
<input type="checkbox"/> Onion, Red	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Tomato, Yellow
<input type="checkbox"/> Onion, Sweet	<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Tomatoes, Big Beef
<input type="checkbox"/> Onion, Yellow	<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)
<input type="checkbox"/> Paprika	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)
<input type="checkbox"/> Parsley	<input type="checkbox"/> Scallions	<input type="checkbox"/> Truffle
<input type="checkbox"/> Parsnip	<input type="checkbox"/> Shallots	<input type="checkbox"/> Turnip Greens
<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Spinach	<input type="checkbox"/> Turnips
<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Squash	<input type="checkbox"/> Water Chestnut
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Watercress
<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Squash, Butternut	<input type="checkbox"/> Zucchini
<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Squash, Green	<input type="checkbox"/> Meat & Poultry
<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Squash, Spaghetti	<input type="checkbox"/> Applegate® organic black forest ham
<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Squash, Summer	<input type="checkbox"/> Applegate® organic chicken/apple sausage
<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Squash, Winter	<input type="checkbox"/> Applegate® organic hot dogs
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Squash, Yellow	<input type="checkbox"/> Applegate® organic red pepper sausage
<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Applegate® organic sausage sweet italian
<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Pimento	<input type="checkbox"/> Tomato	<input type="checkbox"/> Goat, Grass-fed only (organic)
<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Tomato, Cherry	

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- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Ostrich                                      | <input type="checkbox"/> Red Tomato Paste (gluten free)       | <input type="checkbox"/> Cardamom           |
| <input type="checkbox"/> Pheasant                                     | <input type="checkbox"/> Sauerkraut (Bubbies® Brand only)     | <input type="checkbox"/> Celery Powder      |
| <input type="checkbox"/> Quail  | <input type="checkbox"/> Tomato Paste (gluten & Vinegar-free) | <input type="checkbox"/> Chicory Root       |
| <input type="checkbox"/> Rabbit                                       | <input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free) | <input type="checkbox"/> Chili Powder       |
| <input type="checkbox"/> <b>Non-Dairy &amp; Eggs</b>                  | <input type="checkbox"/> <b>Sweeteners</b>                    | <input type="checkbox"/> Chipotle Seasoning |
| <input type="checkbox"/> Almond Milk, unsweetened (no tapioca)        | <input type="checkbox"/> Coconut Palm Sugar                   | <input type="checkbox"/> Cilantro/Coriander |
| <input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)       | <input type="checkbox"/> Just Like Sugar®                     | <input type="checkbox"/> Cinnamon           |
| <input type="checkbox"/> Coconut Milk(Native Forest or Natural Value) | <input type="checkbox"/> Lo Han                               | <input type="checkbox"/> Cinnamon, Ceylon   |
| <input type="checkbox"/> Egg, Whites, Pasture-raised                  | <input type="checkbox"/> Rebiana Leaf (Stevia)                | <input type="checkbox"/> Cloves             |
| <input type="checkbox"/> <b>Condiments, Spreads &amp; Sauces</b>      | <input type="checkbox"/> Sweetleaf® Stevia                    | <input type="checkbox"/> Cloves, Madagascar |
| <input type="checkbox"/> Apple Cider Vinegar (Bragg's®)               | <input type="checkbox"/> Yacon Syrup                          | <input type="checkbox"/> Cloves, Penang     |
| <input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup         | <input type="checkbox"/> <b>Herbs &amp; Spices</b>            | <input type="checkbox"/> Cramp Bark Extract |
| <input type="checkbox"/> Carob  | <input type="checkbox"/> Allspice                             | <input type="checkbox"/> Cream of Tartar    |
| <input type="checkbox"/> Cocoa Butter                                 | <input type="checkbox"/> Almond Flavor (natural, gluten free) | <input type="checkbox"/> Cumin              |
| <input type="checkbox"/> Coconut Aminos®                              | <input type="checkbox"/> Anise                                | <input type="checkbox"/> Curcumin           |
| <input type="checkbox"/> Coconut Cream                                | <input type="checkbox"/> Ashwaganda                           | <input type="checkbox"/> Curry (must be GF) |
| <input type="checkbox"/> Coconut Vinegar (Coconut Secret)             | <input type="checkbox"/> Astragalus                           | <input type="checkbox"/> Dandelion Root     |
| <input type="checkbox"/> Harissa                                      | <input type="checkbox"/> Basil                                | <input type="checkbox"/> Dill               |
| <input type="checkbox"/> Horseradish Sauce, Gluten-free (Annie's®)    | <input type="checkbox"/> Bay Leaf                             | <input type="checkbox"/> Dong Quai          |
| <input type="checkbox"/> Liquid Smoke gluten free (natural)           | <input type="checkbox"/> Bell Pepper, Red                     | <input type="checkbox"/> Echinacea          |
| <input type="checkbox"/> Mustard, Brown (Eden® gf mustard)            | <input type="checkbox"/> Black Cohosh                         | <input type="checkbox"/> Fennel             |
| <input type="checkbox"/> Olives (without vinegar)                     | <input type="checkbox"/> Capsicum                             | <input type="checkbox"/> Garam Masala       |
| <input type="checkbox"/> Red Bean Paste                               | <input type="checkbox"/> Caraway Seed                         | <input type="checkbox"/> Garlic             |
|   |   | <input type="checkbox"/> Garlic Pepper      |

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<input type="checkbox"/> Garlic Powder	<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Garlic Salt	<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Sesame Seeds, Black
<input type="checkbox"/> Ginger	<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Shallots
<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Spearmint
<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Onion	<input type="checkbox"/> St. John's Wort
<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Onion Powder	<input type="checkbox"/> Sumac
<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Oregano	<input type="checkbox"/> Taco Seasoning
<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Paprika	<input type="checkbox"/> Tarragon
<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Thyme
<input type="checkbox"/> Hickory	<input type="checkbox"/> Parsley	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Turmeric
<input type="checkbox"/> Jamaican Jerk	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Uva Ursi
<input type="checkbox"/> Juniper Berry	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Valerian
<input type="checkbox"/> Lavender	<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Vanilla (gluten and corn-free)
<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Lemon Pepper	<input type="checkbox"/> Peppermint	<input type="checkbox"/> White Willow Bark Extract
<input type="checkbox"/> Licorice Root	<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Wintergreen
<input type="checkbox"/> Maca Root	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Wormwood
<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Rose Hips	
<input type="checkbox"/> Marjoram	<input type="checkbox"/> Rosemary	
<input type="checkbox"/> Mesquite	<input type="checkbox"/> Saffron	
<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Sage	
<input type="checkbox"/> Mint	<input type="checkbox"/> Saw Plametto	

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<input type="checkbox"/> <b>Milk-Containing Foods</b> <input type="checkbox"/> No foods in this Category	<input type="checkbox"/> Red Bean Paste <input type="checkbox"/> Vanilla Bean <input type="checkbox"/> Vanilla Powder <input type="checkbox"/> <b>Corn-Derived Foods</b> <input type="checkbox"/> No foods in this Category <input type="checkbox"/> <b>Gluten-Containing Foods</b> <input type="checkbox"/> No foods in this Category <input type="checkbox"/> <b>Gluten-Free Grains</b> <input type="checkbox"/> Almond Flour (gluten free) <input type="checkbox"/> Chicory Root <input type="checkbox"/> Coconut Flour (gluten free) <input type="checkbox"/> Coconut Meal (gluten free) <input type="checkbox"/> Garbanzo Flour <input type="checkbox"/> Glucomannon Flour (konjacfoods.com) <input type="checkbox"/> Hazelnut Flour <input type="checkbox"/> Konjac Glucomannon Flour <input type="checkbox"/> Tolerant Green Lentil & Pea Pasta <input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> <b>Beverages &amp; Protein Powders</b> <input type="checkbox"/> Almond Milk, unsweetened (no tapioca) <input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan) <input type="checkbox"/> Coconut Milk(Native Forest or Natural Value) <input type="checkbox"/> Coconut Water (low sugar) <input type="checkbox"/> Coffee <input type="checkbox"/> Coffee Bean, Organic <input type="checkbox"/> Echinacea Tea <input type="checkbox"/> Green Tea <input type="checkbox"/> Lemon Juice <input type="checkbox"/> Licorice Tea <input type="checkbox"/> Lime Juice <input type="checkbox"/> Mineral Water <input type="checkbox"/> Sparkling Water, unflavored <input type="checkbox"/> Tea, Black <input type="checkbox"/> Tea, Chamomile <input type="checkbox"/> Tea, Green <input type="checkbox"/> Tea, Hibiscus <input type="checkbox"/> Tea, Oolong <input type="checkbox"/> Tea, Ramon <input type="checkbox"/> Tea, Roobios <input type="checkbox"/> Tea, White <input type="checkbox"/> Water <input type="checkbox"/> Yerba Matte Tea (Organic/Pure)
<input type="checkbox"/> <b>Legumes &amp; Pulses</b> <input type="checkbox"/> Bean, Azuki <input type="checkbox"/> Bean, Black <input type="checkbox"/> Bean, Butter <input type="checkbox"/> Bean, Cannellini <input type="checkbox"/> Bean, Chana Dahl <input type="checkbox"/> Bean, Chili <input type="checkbox"/> Bean, Green <input type="checkbox"/> Bean, Italian <input type="checkbox"/> Bean, Kidney <input type="checkbox"/> Bean, Lima <input type="checkbox"/> Bean, Mung <input type="checkbox"/> Bean, Pinto/Frijole <input type="checkbox"/> Bean, Red <input type="checkbox"/> Beans <input type="checkbox"/> Chickpea (see also Garbanzo Bean) <input type="checkbox"/> Coffee Bean, Organic <input type="checkbox"/> Garbanzo Bean <input type="checkbox"/> Garbanzo Flour <input type="checkbox"/> Kidney Bean <input type="checkbox"/> Lentil(s)		

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☐ Zevia Drinks☐ new category☐ Miscellaneous

No foods in this Category

☐ Acacia Gum☐ Arabic Gum☐ Baking Soda (Arm & Hammer®)☐ Chicory Root☐ Cocoa/Cacao (raw, pure, &  
unsweetened)☐ Glucomannon Flour  
(konjacfoods.com)☐ Guar Gum☐ Konjac Glucomannon Flour☐ Latex☐ Locust Bean Gum☐ Lycopene☐ Palm Wax☐ Red Tomato Paste (gluten free)☐ Silver☐ Tragacanth Gum☐ Snacks

No foods in this Category