

<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Horseradish Sauce, Gluten-free (Annie's®)
<input type="checkbox"/> Beer	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Ketchup (Organicville)
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Mayonnaise
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Tea, Roobios	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Teechino	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Water	<input type="checkbox"/> Ume Plum Vinegar
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Wine, Red	<input type="checkbox"/> Veganise Soy-free (Follow Your Heart®)
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Wine, White (Champagne)	<input type="checkbox"/> Vinegar
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Vinegar, Distilled
<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Vinegar, Malt
<input type="checkbox"/> Green Tea	<input type="checkbox"/> Bone Broth Protein, Beef	<input type="checkbox"/> Vinegar, Red Wine
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Tea, Hibiscus	<input type="checkbox"/> Vinegar, Rice
<input type="checkbox"/> Komboucha Tea	<input type="checkbox"/> Zevia Drinks	<input type="checkbox"/> Vinegar, White
<input type="checkbox"/> Lemon Juice		<input type="checkbox"/> Vinegar, White Wine
<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Condiments	<input type="checkbox"/> Worcestershire Sauce (The Wizard's® GF)
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Balsamic Vinegar MiaBella NoCaramel/WineVinegar)	<input type="checkbox"/> Sriracha Sauce Organicville gluten-free
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Balsamic Vinegar (with Red Wine Vinegar)	<input type="checkbox"/> Tabasco Sauce
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Balsamic Vinegar (Caramel/Red W. Vinegar)	<input type="checkbox"/> Dressing, Primal Kitchen Greek Avocado Oil
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	<input type="checkbox"/> Dressing, Primal Kitchen Honey Mustard
<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Carob	<input type="checkbox"/> Mayonnaise, Primal Kitchen Avocado Oil
<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)	<input type="checkbox"/> Harissa
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Earth Balance® Coconut Spread	

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| <input type="checkbox"/> Corn-Derived Foods | <input type="checkbox"/> Fish & Shellfish | <input type="checkbox"/> Tilapia (Non-farmed) |
| <input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy | <input type="checkbox"/> Anchovy | <input type="checkbox"/> Trout |
| <input type="checkbox"/> Cheese, Cream | <input type="checkbox"/> Bass | <input type="checkbox"/> Walleye Pike |
| <input type="checkbox"/> Cheese, Soy (Organic) (see Soy) | <input type="checkbox"/> Catfish | <input type="checkbox"/> Whitefish/Turbot |
| <input type="checkbox"/> Chewing Gum (has gluten and corn) | <input type="checkbox"/> Chilean Sea Bass | <input type="checkbox"/> Crab, Immitation |
| <input type="checkbox"/> Corn (Gluten-free & Non-GMO) | <input type="checkbox"/> Corvina | <input type="checkbox"/> Octopus |
| <input type="checkbox"/> Corn, Blue | <input type="checkbox"/> Crayfish | |
| <input type="checkbox"/> Corn, White | <input type="checkbox"/> Flounder | <input type="checkbox"/> Fruits |
| <input type="checkbox"/> Corn Gluten | <input type="checkbox"/> Hake | <input type="checkbox"/> Acai |
| <input type="checkbox"/> Corn Meal (gluten free) | <input type="checkbox"/> Halibut | <input type="checkbox"/> Bilberry |
| <input type="checkbox"/> Corn Oil | <input type="checkbox"/> Herring | <input type="checkbox"/> Blackberry |
| <input type="checkbox"/> Corn Starch (gluten free) | <input type="checkbox"/> Mackerel | <input type="checkbox"/> Blueberry |
| <input type="checkbox"/> Erythritol (non-GMO) | <input type="checkbox"/> Mahi Mahi | <input type="checkbox"/> Boysenberry |
| <input type="checkbox"/> Fructose | <input type="checkbox"/> Mussel | <input type="checkbox"/> Cantaloupe |
| <input type="checkbox"/> GemWraps® Sandwich Wrap (Carrot) | <input type="checkbox"/> Orange Roughy | <input type="checkbox"/> Cherry |
| <input type="checkbox"/> Maltodextrin (Corn-based, non-GMO) | <input type="checkbox"/> Oyster | <input type="checkbox"/> Clementine |
| <input type="checkbox"/> Vegetable Oil | <input type="checkbox"/> Perch | <input type="checkbox"/> Cranberry |
| <input type="checkbox"/> Xanthan Gum | <input type="checkbox"/> Red Snapper | <input type="checkbox"/> Cranberry Juice |
| <input type="checkbox"/> Yogurt (See Xanthan Gum) | <input type="checkbox"/> Sardines | <input type="checkbox"/> Currant |
| <input type="checkbox"/> Sriracha Sauce Organicville gluten-free | <input type="checkbox"/> Sole | <input type="checkbox"/> Date(s) |
| | <input type="checkbox"/> Squid | <input type="checkbox"/> Dragon Fruit (Pitaya) |
| | <input type="checkbox"/> Swai | <input type="checkbox"/> Dried Fruit |

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| <input type="checkbox"/> Elderberry | <input type="checkbox"/> Loganberry | <input type="checkbox"/> Pomegranate |
| <input type="checkbox"/> Fig | <input type="checkbox"/> Loquat | <input type="checkbox"/> Pomelo |
| <input type="checkbox"/> Golden Berry | <input type="checkbox"/> Mango | <input type="checkbox"/> Prune |
| <input type="checkbox"/> Gooseberry | <input type="checkbox"/> Mangosteen | <input type="checkbox"/> Quince |
| <input type="checkbox"/> Grape | <input type="checkbox"/> Maqui | <input type="checkbox"/> Raisin (unsulfured, organic) |
| <input type="checkbox"/> Grape, Green | <input type="checkbox"/> Melon, Honeydew | <input type="checkbox"/> Raspberry |
| <input type="checkbox"/> Grape, Purple | <input type="checkbox"/> Mulberry | <input type="checkbox"/> Star Fruit |
| <input type="checkbox"/> Grape, Red | <input type="checkbox"/> Nectarines | <input type="checkbox"/> Strawberry |
| <input type="checkbox"/> Grape, White | <input type="checkbox"/> Noni | <input type="checkbox"/> Tamarind |
| <input type="checkbox"/> Grapefruit | <input type="checkbox"/> Orange | <input type="checkbox"/> Tangelo |
| <input type="checkbox"/> Grapefruit Juice | <input type="checkbox"/> Orange, Blood | <input type="checkbox"/> Tangerine |
| <input type="checkbox"/> Guava | <input type="checkbox"/> Orange Juice | <input type="checkbox"/> Watermelon |
| <input type="checkbox"/> Huckleberry | <input type="checkbox"/> Orange Peel/Rind | <input type="checkbox"/> Wolfberry |
| <input type="checkbox"/> Jack fruit | <input type="checkbox"/> Papaya | <input type="checkbox"/> Youngberry |
| <input type="checkbox"/> Kiwi | <input type="checkbox"/> Passion Fruit | <input type="checkbox"/> Banana |
| <input type="checkbox"/> Kumquat | <input type="checkbox"/> Peach | <input type="checkbox"/> Apricot |
| <input type="checkbox"/> Lemon | <input type="checkbox"/> Pear | <input type="checkbox"/> Goji Berry |
| <input type="checkbox"/> Lemon Juice | <input type="checkbox"/> Pear, Asian | <input type="checkbox"/> Monk Fruit (Pure) |
| <input type="checkbox"/> Lemon Rind/Peel | <input type="checkbox"/> Persimmons | |
| <input type="checkbox"/> Lime | <input type="checkbox"/> Pineapple | |
| <input type="checkbox"/> Lime Juice | <input type="checkbox"/> Plantain | |
| <input type="checkbox"/> Litchi (aka Lychee) | <input type="checkbox"/> Plum | |

<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Panko	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Barley	<input type="checkbox"/> Polish Wheat	<input type="checkbox"/> Coconut Meal (gluten free)
<input type="checkbox"/> Barley Greens (Not for Gluten-Sensitive)	<input type="checkbox"/> Rye	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Barley Juice (Not for Gluten-Sensitive)	<input type="checkbox"/> Semolina	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Beer	<input type="checkbox"/> Soy Sauce	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Bran	<input type="checkbox"/> Spelt	<input type="checkbox"/> Corn Starch (gluten free)
<input type="checkbox"/> Bread	<input type="checkbox"/> Teechino	<input type="checkbox"/> Ener-G Brown Rice Yeast-Free Bread
<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Teriyaki Sauce	<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Triticale	<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Cheese, Bleu	<input type="checkbox"/> Vinegar	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Vinegar, Malt	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Vinegar, White	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Couscous	<input type="checkbox"/> Wheat (All Types)	<input type="checkbox"/> Hemp Meal
<input type="checkbox"/> Durum Wheat	<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Farro	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Hemp Seed
<input type="checkbox"/> Gluten	<input type="checkbox"/> Maltodextrin (Can be barley-derived and contain	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Graham (wheat)		<input type="checkbox"/> Millet
<input type="checkbox"/> Kamut	<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Oats
<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Amaranth	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)
<input type="checkbox"/> Malt	<input type="checkbox"/> Basmati Rice (gluten free)	<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)
<input type="checkbox"/> Oats	<input type="checkbox"/> Buckwheat	<input type="checkbox"/> Potato Flour (gluten free)
<input type="checkbox"/> Orzo	<input type="checkbox"/> Buckwheat Flour	<input type="checkbox"/> Potato Starch (gluten free)

<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Tortilla, Siete Almond	<input type="checkbox"/> Cinnamon
<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut	<input type="checkbox"/> Cinnamon, Ceylon
<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Cloves
<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Cloves, Madagascar
<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Cloves, Penang
<input type="checkbox"/> Rice, Brown (gluten free)		<input type="checkbox"/> Cramp Bark Extract
<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Cream of Tartar
<input type="checkbox"/> Rice, Purple (gluten free)	<input type="checkbox"/> Allspice	<input type="checkbox"/> Cumin
<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Anise	<input type="checkbox"/> Curcumin
<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Curry (must be GF)
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Astragalus	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Basil	<input type="checkbox"/> Dill
<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Dong Quai
<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Echinacea
<input type="checkbox"/> Sorghum	<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Fennel
<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Garlic
<input type="checkbox"/> Tapioca	<input type="checkbox"/> Cardamom	<input type="checkbox"/> Garlic Pepper
<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Celery Powder	<input type="checkbox"/> Garlic Powder
<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Garlic Salt
<input type="checkbox"/> Teff	<input type="checkbox"/> Chili Powder	<input type="checkbox"/> Ginger
<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Chipotle Seasoning	<input type="checkbox"/> Ginkgo Biloba
<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Cilantro/Coriander	<input type="checkbox"/> Ginseng (All Types)

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| <input type="checkbox"/> Grapefruit Seed Extract | <input type="checkbox"/> Mustard Seeds (gluten free) | <input type="checkbox"/> Thyme |
| <input type="checkbox"/> Grapeseed Extract | <input type="checkbox"/> Nutmeg | <input type="checkbox"/> Turmeric |
| <input type="checkbox"/> Guarana | <input type="checkbox"/> Olive Leaf Extract | <input type="checkbox"/> Uva Ursi |
| <input type="checkbox"/> Gymnema Silvestre | <input type="checkbox"/> Orange Peel/Rind | <input type="checkbox"/> Valerian |
| <input type="checkbox"/> Herbs De Provence | <input type="checkbox"/> Orange Salt | <input type="checkbox"/> Vanilla (gluten and corn-free) |
| <input type="checkbox"/> Hickory | <input type="checkbox"/> Oregano | <input type="checkbox"/> Vanilla Bean |
| <input type="checkbox"/> Himalayan Salt | <input type="checkbox"/> Parsley | <input type="checkbox"/> Vanilla Powder |
| <input type="checkbox"/> Jamaican Jerk | <input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper) | <input type="checkbox"/> White Willow Bark Extract |
| <input type="checkbox"/> Juniper Berry | <input type="checkbox"/> Pepper, Cayenne | <input type="checkbox"/> Wintergreen |
| <input type="checkbox"/> Lavender | <input type="checkbox"/> Pepper/Peppercorns | <input type="checkbox"/> Rose Hips |
| <input type="checkbox"/> Lemon Balm (Melissa Officinalis) | <input type="checkbox"/> Pepper, Red | <input type="checkbox"/> Pepper, Sichuan |
| <input type="checkbox"/> Lemon Pepper | <input type="checkbox"/> Peppermint | <input type="checkbox"/> Pepper, Szechuan |
| <input type="checkbox"/> Lemongrass | <input type="checkbox"/> Pine Bark Extract | <input type="checkbox"/> Onion Powder |
| <input type="checkbox"/> Licorice Root | <input type="checkbox"/> Red Pepper Flake | <input type="checkbox"/> Onion |
| <input type="checkbox"/> Liquid Smoke (can have gluten) | <input type="checkbox"/> Rosemary | <input type="checkbox"/> Shallots |
| <input type="checkbox"/> Liquid Smoke gluten free (natural) | <input type="checkbox"/> Saffron | <input type="checkbox"/> Paprika (smoked) |
| <input type="checkbox"/> Maca Root | <input type="checkbox"/> Sage | <input type="checkbox"/> Paprika |
| <input type="checkbox"/> Mace Spice | <input type="checkbox"/> Saw Plametto | <input type="checkbox"/> Milk Thistle |
| <input type="checkbox"/> Marjoram | <input type="checkbox"/> Spearmint | <input type="checkbox"/> Goldenseal |
| <input type="checkbox"/> Mesquite | <input type="checkbox"/> St. John's Wort | <input type="checkbox"/> Wormwood |
| <input type="checkbox"/> Mint | <input type="checkbox"/> Taco Seasoning | <input type="checkbox"/> Sumac |
| <input type="checkbox"/> Mustard (as a Powder) | <input type="checkbox"/> Tarragon | |

<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Cheese, American
<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> White Beans	<input type="checkbox"/> Cheese, Asiago
<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Cheese, Bleu
<input type="checkbox"/> Bean, Butter		<input type="checkbox"/> Cheese, Brie
<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Cheese, Cheddar (Raw)
<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> Applegate® organic spinach & feta sausage	<input type="checkbox"/> Cheese, Cottage
<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Buffalo (see also Bison)	<input type="checkbox"/> Cheese, Goat
<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> Deer (see also Venison)	<input type="checkbox"/> Cheese, Gorgonzola
<input type="checkbox"/> Bean, Kidney	<input type="checkbox"/> Duck	<input type="checkbox"/> Cheese, Gouda
<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Cheese, Havarti
<input type="checkbox"/> Bean, Navy/Ninja	<input type="checkbox"/> Ostrich	<input type="checkbox"/> Cheese, Machego
<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> Pheasant	<input type="checkbox"/> Cheese, Mascapone
<input type="checkbox"/> Bean, Red (see also Bean, Kidney)	<input type="checkbox"/> Quail	<input type="checkbox"/> Cheese, Mozzarella (Raw)
<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Rabbit	<input type="checkbox"/> Cheese, Muenster
<input type="checkbox"/> Fava Bean	<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Cheese, Parmesan
<input type="checkbox"/> Fava Bean Flour		<input type="checkbox"/> Cheese, Pecorino
<input type="checkbox"/> Garbanzo Bean	<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Cheese, Raw and Pasture-raised
<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Applegate® organic spinach & feta sausage	<input type="checkbox"/> Cheese, Ricotta
<input type="checkbox"/> Lentil(s)	<input type="checkbox"/> Butter, Raw and Pasture-raised	<input type="checkbox"/> Cheese, Romano
<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Buttermilk	<input type="checkbox"/> Cheese, Provolone
<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Casein	<input type="checkbox"/> Cheese, Sheep

<input type="checkbox"/> Cheese, String (Mozzarella)	<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Locust Bean Gum
<input type="checkbox"/> Cheese, Swiss	<input type="checkbox"/> Antimony	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Malt
<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Palm Wax
<input type="checkbox"/> Cream, Raw and Unpasteurized	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Pycnogenol
<input type="checkbox"/> Ghee (Pasture-Raised, Organic)	<input type="checkbox"/> Beef broth (Imagine® low sodium/GF)	<input type="checkbox"/> Resveratrol
<input type="checkbox"/> Goat Cheese	<input type="checkbox"/> Carrageenan Gum	<input type="checkbox"/> Sherry Vinegar
<input type="checkbox"/> Goat Kefir	<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Silver
<input type="checkbox"/> Kefir, Raw	<input type="checkbox"/> Chewing Gum, Xylite®	<input type="checkbox"/> Vegetable Oil
<input type="checkbox"/> Lactalbumin	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> Milk Chocolate	<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Vinegar, Red Wine
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Vinegar, Rice
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Vinegar, White Wine
<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Garam Masala	<input type="checkbox"/> Xanthan Gum
<input type="checkbox"/> Mozzarella Cheese	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Carrot)	<input type="checkbox"/> Yeast, Baker's
<input type="checkbox"/> Sour Cream, Raw and Unpasteurized	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chi.)	<input type="checkbox"/> Yeast, Brewer's
<input type="checkbox"/> Whey	<input type="checkbox"/> GemWraps®, Sandwich Wrap (Tomato)	<input type="checkbox"/> Yeast, Nutritional
<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Latex
<input type="checkbox"/> Cheese, Feta	<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Formaldehyde
	<input type="checkbox"/> Guar Gum	<input type="checkbox"/> Acacia Gum
	<input type="checkbox"/> Hops	<input type="checkbox"/> Tragacanth Gum
	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Agar Gum

<input type="checkbox"/> Rice Starch (if certified gluten free)	<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Pumpkin Oil
<input type="checkbox"/> Modified Food Starch	<input type="checkbox"/> Flax Oil	<input type="checkbox"/> Pumpkin Seed Oil
<input type="checkbox"/> Modified Food Starch (Tapioca-based)	<input type="checkbox"/> Flax Seed	<input type="checkbox"/> Pumpkin Seeds
<input type="checkbox"/> Inulin	<input type="checkbox"/> Grapeseed Oil, Organic	<input type="checkbox"/> Ramon Seeds
<input type="checkbox"/> Maltodextrin (Can be barley-derived and contain	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)
	<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Sacha Inchi Seeds
<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Tea, Ramon
<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Tiger Nuts
<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Vegetable Oil
<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Vegetable Shortening (Spectrum®)
<input type="checkbox"/> Modified Food Starch	<input type="checkbox"/> Macadamia Nut Oil	<input type="checkbox"/> Walnut, Black (few)
	<input type="checkbox"/> Macadamia Nuts	
<input type="checkbox"/> Nuts, Seeds, Drupes & Oils	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Snacks
<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Date(s)
<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Palm Kernel Oil	
<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Pecan	<input type="checkbox"/> Sweeteners
<input type="checkbox"/> Chestnut	<input type="checkbox"/> Pecan Flour	<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)
<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Pepitas	<input type="checkbox"/> Chocolate, Milk
<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Chocolate, White
<input type="checkbox"/> Coconut, shredded (raw, unsweetened)	<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Coconut Palm Sugar
<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Pistachios	<input type="checkbox"/> Date Sugar
<input type="checkbox"/> Cottonseed/Cottonseed Oil	<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> Erythritol (non-GMO)

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| <input type="checkbox"/> Fructose | <input type="checkbox"/> Monk Fruit (Pure) | <input type="checkbox"/> Broccoli Rabe |
| <input type="checkbox"/> Fruit Pectin | <input type="checkbox"/> Rebiana Leaf (Stevia) | <input type="checkbox"/> Broccoli Sprouts |
| <input type="checkbox"/> Just Like Sugar® | <input type="checkbox"/> Jerusalem Artichoke Syrup | <input type="checkbox"/> Broccolini |
| <input type="checkbox"/> Lo Han | <input type="checkbox"/> Maltodextrin (Tapioca-based) | <input type="checkbox"/> Brussels Sprout |
| <input type="checkbox"/> Maltodextrin (Corn-based, non-GMO) | <input type="checkbox"/> Maltodextrin (Can be barley-derived and contain | <input type="checkbox"/> Burdock |
| <input type="checkbox"/> Maple Sugar | | <input type="checkbox"/> Cabbage, Chinese (see also Bok Choy) |
| <input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic) | <input type="checkbox"/> Vegetables | <input type="checkbox"/> Cabbage, Green |
| <input type="checkbox"/> Molasses | <input type="checkbox"/> Aloe Vera | <input type="checkbox"/> Cabbage, Purple |
| <input type="checkbox"/> Sorbitol | <input type="checkbox"/> Artichoke (not pickled) | <input type="checkbox"/> Cactus (Nopales) |
| <input type="checkbox"/> Sucanat | <input type="checkbox"/> Arugula | <input type="checkbox"/> Capers |
| <input type="checkbox"/> Sugar Beet | <input type="checkbox"/> Asparagus | <input type="checkbox"/> Capsicum |
| <input type="checkbox"/> Sugar Cane | <input type="checkbox"/> Avocado | <input type="checkbox"/> Carrot Juice |
| <input type="checkbox"/> Sweetleaf® Stevia | <input type="checkbox"/> Avocado Oil | <input type="checkbox"/> Carrot, Orange |
| <input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn source) | <input type="checkbox"/> Bamboo Shoot | <input type="checkbox"/> Carrot, Purple |
| <input type="checkbox"/> Yacon Syrup | <input type="checkbox"/> Bean, Green | <input type="checkbox"/> Carrot, White |
| <input type="checkbox"/> Sucralose | <input type="checkbox"/> Bean Sprout | <input type="checkbox"/> Carrot, Yellow |
| <input type="checkbox"/> Agave Nectar | <input type="checkbox"/> Beet | <input type="checkbox"/> Cassava (see Tapioca and Yucca) |
| <input type="checkbox"/> Coconut Sugar | <input type="checkbox"/> Beet Greens | <input type="checkbox"/> Cauliflower |
| <input type="checkbox"/> Maltitol | <input type="checkbox"/> Bell Pepper, Green | <input type="checkbox"/> Cauliflower, Purple |
| <input type="checkbox"/> Tapioca Dextrose | <input type="checkbox"/> Bell Pepper, Red | <input type="checkbox"/> Celery |
| <input type="checkbox"/> Cane Syrup | <input type="checkbox"/> Bok Choy | <input type="checkbox"/> Chard |
| <input type="checkbox"/> Monk Fruit Extract | <input type="checkbox"/> Broccoli | <input type="checkbox"/> Chayote |

<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Lettuce, all types	<input type="checkbox"/> Pimento
<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Mushrooms	<input type="checkbox"/> Potato, Fingerling
<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Mushrooms, Button	<input type="checkbox"/> Potato, Purple
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Mushrooms, Cremini/Crimini	<input type="checkbox"/> Potato, Red
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Mushrooms, Maitake	<input type="checkbox"/> Potato, Russet
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Mushrooms, Shiitake	<input type="checkbox"/> Potato, Sweet
<input type="checkbox"/> Cucumber	<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Potato, White
<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Nori	<input type="checkbox"/> Potato, Yukon Gold
<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Okra	<input type="checkbox"/> Prickly Pear
<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Pumpkin
<input type="checkbox"/> Eggplant	<input type="checkbox"/> Parsley	<input type="checkbox"/> Pumpkin Powder
<input type="checkbox"/> Endive	<input type="checkbox"/> Parsnip	<input type="checkbox"/> Radicchio
<input type="checkbox"/> Fennel	<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Radish
<input type="checkbox"/> Garlic	<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Rainbow Chard
<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Rhubarb
<input type="checkbox"/> Horseradish	<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Rutabaga
<input type="checkbox"/> Jicama	<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Kale, all types	<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Scallions
<input type="checkbox"/> Kelp/Dulse	<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Sea Vegetables
<input type="checkbox"/> Kohlrabi	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Seaweed
<input type="checkbox"/> Kombu	<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Spirulina
<input type="checkbox"/> Leeks	<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Sugar Beet

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| <input type="checkbox"/> Sweet Potato, Red | <input type="checkbox"/> Bell Pepper, Orange |
| <input type="checkbox"/> Sweet Potatoes, White | <input type="checkbox"/> Artichoke, Jerusalem (not pickled) |
| <input type="checkbox"/> Swiss Chard | |
| <input type="checkbox"/> Truffle | |
| <input type="checkbox"/> Turnip Greens | |
| <input type="checkbox"/> Turnips | |
| <input type="checkbox"/> Water Chestnut | |
| <input type="checkbox"/> Watercress | |
| <input type="checkbox"/> Yams, Garnett | |
| <input type="checkbox"/> Yams, Japanese | |
| <input type="checkbox"/> Yucca | |
| <input type="checkbox"/> Zucchini | |
| <input type="checkbox"/> Alfalfa Sprouts | |
| <input type="checkbox"/> Onion, Green | |
| <input type="checkbox"/> Onion, Maui | |
| <input type="checkbox"/> Onion, Red | |
| <input type="checkbox"/> Onion, Sweet | |
| <input type="checkbox"/> Onion, Yellow | |
| <input type="checkbox"/> Chives | |
| <input type="checkbox"/> Shallots | |
| <input type="checkbox"/> Bell Pepper | |
| <input type="checkbox"/> Bell Pepper, Yellow | |