Fruits	Grape, Purple	Nectarines
Acai	Grape, Red	Noni
Apricot	Grape, White	Orange
Banana	Grapefruit	Orange, Blood
Bilberry	Grapefruit Juice	Orange Juice
Blackberry	Guava	Orange Peel/Rind
Blueberry	Huckleberry	Papaya
Boysenberry	Jack fruit	Passion Fruit
Cantaloupe	Kiwi	Peach
Cherry	Kumquat	Pear
Clementine	Lemon	Pear, Asian
Cranberry	Lemon Juice	Persimmons
Cranberry Juice	Lemon Rind/Peel	Pineapple
Currant	Lime	Plantain
Dates	Lime Juice	Plum
Dragon Fruit (Pitaya)	Litchi (aka Lychee)	Pomegranate
Dried Fruit	Loganberry	Pomelo
Elderberry	Loquat	Prune
Fig	Mango	Quince
Goji Berry	Mangosteen	Raisin (unsulfured, organic)
Golden Berry	Maqui	Raspberry
Gooseberry	Melon, Honeydew	Star Fruit
Grape	Monk Fruit (Pure)	Strawberry
Grape, Green	Mulberry	Tamarind

SI	Shopping List Page 2 All ingredients must be organic							
te	st patient				11/03/2017			
	Tangelo		Coconut, shredded (raw, unsweetened)		Pili Nuts			
	Tangerine		Coconut Butter		Pine Nut			
	Vinegar, Red Wine		Coconut Oil		Pistachios			
	Watermelon		Cola Nut (aka Kola Nut)		Poppy seeds			
	Wolfberry		Corn Oil		Psyllium Husk			
	Youngberry		Cottonseed/Cottonseed Oil		Pumpkin Oil			
	Nuts, Seeds, Drupes & Oils		Flax Meal		Pumpkin Seed Oil			
	Almond		Flax Oil		Pumpkin Seeds			
	Almond, Marcona		Flax Seed		Ramon Seeds			
	Almond Butter (Artisana®)		Grapeseed Oil, Organic		Rice, Wild (Lundberg® - not the blend)			
	Almond Flavor (natural, gluten		Hazelnut/Filbert		Rice Bran Oil			
	free) Almond Flour (gluten free)		Hazelnut Flour		Sacha Inchi Seeds			
	Almond Meal (gluten free)		Hemp Meal		Safflower/Safflower Seed Oil			
	Annatto Seed		Hemp Protein (Powder)		Sesame Seed Oil			
	Avocado Oil		Hemp Seed		Sesame Seeds			
	Brazil Nut		Hydrogenated Oils		Sesame Seeds, Black			
	Canola/Rapeseed Oil		Macadamia Nut Oil		Sunflower Seed Butter			
	Caraway Seed		Macadamia Nuts		Sunflower Seed Lecithin			
	Cashew Butter		Olive Leaf Extract		Sunflower Seed Oil			
	Cashew Meal		Olive Oil, Virgin		Sunflower Seeds			
	Cashews		Palm Kernel Oil		Tahini			
\neg	Chestnut		Pecan Flour		Tea, Ramon			

Tiger Nuts

Truffle Oil

Pecans

Pepitas

Chestnut

Chia Seed (1/4 cup, max)

Shopping List Page 3 All ingredients must be organic					
test patient		11/03/2017			
Twiffle Oil Block	Madienel	Vagetables			
Truffle Oil, Black	Mackerel	Vegetables			
Vegetable Oil	Mahi Mahi	Agave Nectar			
Vegetable Shortening (Spectrum®)	Mussel	Alfalfa Grass			
Walnut Oil	Octopus	Alfalfa Sprouts			
Walnuts	Orange Roughy	Aloe Vera			
Walnuts, Black	Oyster	Artichoke (not pickled)			
Fish & Shellfish	Perch	Artichoke, Jerusalem (not pickled)			
Anchovy	Red Snapper	Arugula			
Bass	Salmon, wild (fresh)	Asparagus			
Catfish	Sardines	Avocado			
Chilean Sea Bass	Scallop	Bamboo Shoot			
Clam	Shrimp	Barley Grass (can have gluten)			
Cod/ Cod Liver Oil	Sole	Barley Greens (may contain gluten)			
Corvina	Squid	Bean, Green			
Crab	Swai	Bean Sprout			
Crab, Immitation	Swordfish	Beet			
Crayfish	Tilapia (Wild, Non-farmed)	Beet Greens			
Flounder	Trout	Bell Pepper			
Haddock	Tuna	Bell Pepper, Green			
Hake	Walleye Pike	Bell Pepper, Orange			
Halibut	Whitefish/Turbot	Bell Pepper, Red			
Horring		Bell Pepper, Yellow			

Bok Choy

Broccoli

Herring

Broccolini	Coconut Concentrate	Mushrooms, Button
Broccoli Rabe	Collard Greens	Mushrooms, Cremeni/Crimini
Broccoli Sprouts	Corn (Gluten-free & Non-GMO)	Mushrooms, Maitake
Brussels Sprout	Corn, Blue	Mushrooms, Shiitake
Burdock	Corn, White	Mustard Greens
Cabbage, Chinese (see also Bok Choy)	Cucumber	Nori
Cabbage, Green	Daikon Radish	Oat Grass (Not For Gluten Sensitive)
Cabbage, Purple	Dandelion Greens	Okra
Cactus (Nopales)	Dandelion Root	Olives (without vinegar)
Capers	Eggplant	Onion, Green
Capsicum	Endive	Onion, Maui
Carrot, Orange	Fennel	Onion, Red
Carrot, Purple	Garlic	Onion, Sweet
Carrot, White	Hearts of Palm	Onion, Yellow
Carrot, Yellow	Horseradish	Paprika
Carrot Juice	Hydrogenated Oils	Parsley
Cassava (see Tapioca and Yucca)	Jicama	Parsnip
Cauliflower	Kale, all types	Pea, Black-Eyed
Cauliflower, Purple	Kelp/Dulse	Pea, Green
Celery	Kohlrabi	Pea, Snap
Chard	Kombu	Pea, Snow
Chayote	Leeks	Pea, Split
Chives	Lettuce, all types	Pea Protein
Coconut (raw and unsweetened)	Mushrooms	Pepper, Anaheim

Pepper, Chili	Rutabaga	Tomato, Orange
Pepper, Green	Sauerkraut (Bubbies® Brand only)	Tomato, Red
Pepper, Habanero	Scallions	Tomato, Roma
Pepper, Jalapeño	Sea Vegetables	Tomato, Sun-dried
Pepper, Poblano	Seaweed	Tomato, Yellow
Pepper, Red	Shallots	Tomatoes, Big Beef
Pepper, Serrano	Spinach	Tomato Paste (gluten & Vinegar-free)
Pimento	Spirulina	Tomato Sauce (gluten & Vinegar-free)
Potato, Fingerling	Squash	Truffle
Potato, Purple	Squash, Acorn	Turnip Greens
Potato, Red	Squash, Butternut	Turnips
Potato, Russet	Squash, Green	Vegetable Oil
Potato, Sweet	Squash, Spaghetti	Water Chestnut
Potato, White	Squash, Summer	Watercress
Potato, Yukon Gold	Squash, Winter	Wheat Grass (Is Gluten-contaminated)
Prickly Pear	Squash, Yellow	Yams, Garnett
Psyllium Husk	Sugar Beet	Yams, Japanese
Pumpkin	Sweet Potato, Red	Yucca
Pumpkin Powder	Sweet Potatoes, White	Zucchini
Radicchio	Swiss Chard	
Radish	Tomatillo	
Rainbow Chard	Tomato	
Rad Panner Flaka	Tomato Cherry	

Meat & Poultry	Great Lake's® Beef Gelatin	Milk, Soy (Organic)
Applegate® organic andouille sausage	Lamb	Paleo Cheese (Julianbakery.com or
Applegate® organic bacon	Lard (pork)	Condiments, Spreads & Sauces
Applegate® organic black forest ham	Ostrich	Balsamic Vinegar (w/ Caramel or Red Wine Vinegar)
Applegate® organic chicken	Pheasant	Balsamic Vinegar (with Red Wine Vinegar)
Applegate® organic ham	Pork, (organic)	Balsamic Vinegar MiaBella (No Caramel No Wine Vinegar)
Applegate® organic herb roasted turkey	Quail	Barbeque Sauce, GF Annie's® Sweet & Spicy
Applegate® organic hot dogs	Rabbit	BodyPro Avocado Oil Mayonnaise
Applegate® organic red pepper sausage	Turkey (organic)	Carob
Applegate® organic roast beef	Veal (organic)	Cocoa Butter
Applegate® organic sausage sweet italian	Venison (see also Deer)	Coconut Aminos®
Applegate® organic smoked chicken breast	Non-Dairy & Eggs	Coconut Cream
Applegate® organic smoked turkey breast	Almond Milk, unsweetened (no tapioca)	Coconut Vinegar (Coconut Secret)
Applegate® organic turkey	Almond Yogurt, unsweetened	Earth Balance® Avocado Oil Butter Spread
Applegate® organic turkey bacon	BodyPro Avocado Oil Mayonnaise	Earth Balance® Coconut Spread
Beef, Grass-fed only (organic)	Cheese, Daiya (Coconut,Tapioca,yeast,)	Harissa
Bison (see also Buffalo)	Cheese, Soy (Organic) (see Soy)	Hummus
Buffalo (see also Bison)	Coconut Kefir (No Tapioca, Carageenan)	Ketchup (Organicville)
Chicken, free range (organic)	Coconut Milk(Native Forest or Natural Value)	Liquid Aminos (Braggs®)(has Soy)
Chicken Broth (Imagine® gf/low sodium)	Egg, Pasture-raised (from a farmer)	Liquid Smoke (can have gluten)
Collagen Protein (Powder)	Egg, Vital Farms® or Pasture Verde®	Liquid Smoke gluten free (natural)
Deer (see also Venison)	Egg, Whites, Pasture-raised	Mayonnaise, Primal Kitchen Avocado Oil
Duck	Egg, Yolks Pasture-raised	Mayonnaise, Primal Kitchen Chipotle Avocado Oil
Goat, Grass-fed only (organic)		

Olives (without vinegar)	Sweeteners		Maple Syrup (Grade A Dark Amber Organic)
Red Bean Paste	Agave Nectar		Molasses
Red Chili Paste Thai Kitchen® (gluten free)	Aspartame		Monk Fruit (Pure)
Red Tomato Paste (gluten free)	Brown Rice Syrup (contains MSG/Gluten)		Monk Fruit Extract
Sauerkraut (Bubbies® Brand only)	Cane Syrup		Nutrasweet®
Sherry Vinegar	Chocolate, Dark		Rebiana Leaf (Stevia)
Soy Sauce	Coconut Palm Sugar		Sorbitol
Sriracha Sauce Organicville gluten-free	Coconut Sugar		Splenda
Tabasco Sauce	Date Sugar		Sucanat
Tamari (Wheat Free)	Erythritol (non-GMO)		Sucralose
Teriyaki Sauce	Fructose		Sugar Beet
Tomato Paste (gluten & Vinegar-free)	Fruit Pectin		Sugar Cane
Tomato Sauce (gluten & Vinegar-free)	Honey, (Organic)		Sweetleaf® Stevia
Ume Plum Vinegar	Honey, Manuka		Swerve® Sweetener
Vegetable Shortening (Spectrum®)	Honey, Wildflower from Mahava®		Tapioca Dextrose
Vinegar	Jerusalem Artichoke Syrup		Xyla (Birchwood Xylitol)
Vinegar, Beet	Just Like Sugar®		Xylitol
Vinegar, Distilled	Lo Han		Yacon Syrup
Vinegar, Malt	Maltitol	İ	
Vinegar, Red Wine	Maltodextrin (Barley-derived)	İ	
Vinegar, Rice	Maltodextrin (Corn-based, non-GMO)	ĺ	
Vinegar, White	Maltodextrin (Tapioca-based)	ĺ	
Vinegar, White Wine	Maple Sugar	ĺ	
White/Distilled Vinegar		-	

	Herbs & Spices		Cramp Bark Extract	Hickory
	Allspice		Cream of Tartar	Himalayan Salt
	Almond Flavor (natural, gluten free)		Cumin	Hydrogenated Oils
	Anise		Curcumin	Jamaican Jerk
	Ashwaganda		Curry (must be GF)	Juniper Berry
	Astragalus		Dandelion Root	Lavender
	Basil		Dill	Lemon Balm (Melissa Officinalis)
	Bay Leaf		Dong Quai	Lemongrass
	Bell Pepper, Red		Echinacea	Lemon Pepper
	Black Cohosh		Fennel	Licorice Root
	Capsicum		Garam Masala	Maca Root
	Caramel Coloring		Garlic	Mace Spice
_		•		
	Caraway Seed		Garlic Pepper	Marjoram
	Caraway Seed Cardamom		Garlic Pepper Garlic Powder	Marjoram Mesquite
	Cardamom		Garlic Powder	Mesquite
	Cardamom Celery Powder		Garlic Powder Garlic Salt	Mesquite Milk Thistle
	Cardamom Celery Powder Chicory Root		Garlic Powder Garlic Salt Ginger	Mesquite Milk Thistle Mint
	Cardamom Celery Powder Chicory Root Chili Powder		Garlic Powder Garlic Salt Ginger Ginkgo Biloba	Mesquite Milk Thistle Mint Mustard (as a Powder)
	Cardamom Celery Powder Chicory Root Chili Powder Chipotle Seasoning		Garlic Powder Garlic Salt Ginger Ginkgo Biloba Ginseng (All Types)	Mesquite Milk Thistle Mint Mustard (as a Powder) Mustard Seeds (gluten free)
	Cardamom Celery Powder Chicory Root Chili Powder Chipotle Seasoning Cilantro/Coriander		Garlic Powder Garlic Salt Ginger Ginkgo Biloba Ginseng (All Types) Goldenseal	Mesquite Milk Thistle Mint Mustard (as a Powder) Mustard Seeds (gluten free) Nutmeg
	Cardamom Celery Powder Chicory Root Chili Powder Chipotle Seasoning Cilantro/Coriander Cinnamon		Garlic Powder Garlic Salt Ginger Ginkgo Biloba Ginseng (All Types) Goldenseal Grapefruit Seed Extract	Mesquite Milk Thistle Mint Mustard (as a Powder) Mustard Seeds (gluten free) Nutmeg Olive Leaf Extract
	Cardamom Celery Powder Chicory Root Chili Powder Chipotle Seasoning Cilantro/Coriander Cinnamon Cinnamon, Ceylon		Garlic Powder Garlic Salt Ginger Ginkgo Biloba Ginseng (All Types) Goldenseal Grapefruit Seed Extract Grapeseed Extract	Mesquite Milk Thistle Mint Mustard (as a Powder) Mustard Seeds (gluten free) Nutmeg Olive Leaf Extract Onion

Sł	nopping List Page 9			All i	ingredients must be organic
te	st patient				11/03/2017
		i			
Ш	Oregano	<u> </u>	Sumac	_	Bean, Chili
	Paprika		Taco Seasoning		Bean, Green
	Paprika (smoked)		Tamari (Wheat Free)		Bean, Italian
	Parsley		Tarragon		Bean, Kidney
	Pepper, Black (see Garlic/Lemon Pepper)		Thyme		Bean, Lima
	Pepper, Cayenne		Tomatillo		Bean, Mung
	Pepper, Red		Turmeric		Bean, Navy
	Pepper, Sichuan		Uva Ursi		Bean, Ninja
	Pepper, Szechuan		Valerian		Bean, Pinto/Frijole
	Pepper/Peppercorns		Vanilla (gluten and corn-free)		Bean, Red
	Peppermint		Vanilla Bean		Bean, White
	Pine Bark Extract		Vanilla Powder		Beans
	Red Chili Paste Thai Kitchen® (gluten free)		White Willow Bark Extract		Chickpea (see also Garbanzo Bean)
	Red Pepper Flake		Wintergreen		Coffee Bean, Organic
	Rose Hips		Wormwood		Edamame (must be organic)
	Rosemary		Milk-Containing Foods		Fava Bean
	Saffron		Yogurt (See Xanthan Gum)		Fava Bean Flour
	Sage	<u> </u>	Legumes & Pulses		Garbanzo Bean
	Saw Plametto	<u> </u>	Bean, Azuki		Garbanzo Flour
	Sesame Seeds		Bean, Black		Hydrogenated Oils
	Sesame Seeds, Black		Bean, Butter	 	Kidney Bean
	Shallots	I	Bean, Cannellini	 	Lentil(s)
		_ 🗀 📗	Doan, Camillini	1 7	

Bean, Chana Dahl

Miso

Pea, Snap

Spearmint

St. John's Wort

ш	rea, Show	Erytilitor (hon-Givio)	Clab, Illillitation
	Pea, Split	Fructose	Durum Wheat
	Peanut (Organic, Valencia)	Hydrogenated Oils	Farro
	Peanut Butter (Organic, Maranatha®)	Maltitol	Gluten
	Peanut Oil (Organic)	Maltodextrin (Corn-based, non-GMO)	Graham (wheat)
	Red Bean Paste	Modified Food Starch	Kamut
	Soybean oil(must be organic)	Sriracha Sauce Organicville gluten-free	Liquid Smoke (can have gluten)
	Soy Beans (must be organic)	Swerve® Sweetener	Malt
	Vanilla Bean	Vegetable Oil	Maltitol
	Vanilla Powder	Xanthan Gum	Maltodextrin (Barley-derived)
	Vegetable Oil	Yogurt (See Xanthan Gum)	Modified Food Starch
	Corn-Derived Foods	Gluten-Containing Foods	Oat Grass (Not For Gluten Sensitive)
	Barbeque Sauce, GF Annie's® Sweet & Spicy	Barley	Oats
	Cheese, Daiya (Coconut,Tapioca,yeast,)	Barley Grass (can have gluten)	Oats, GF (not Certified) can have gluten
	Cheese, Soy (Organic) (see Soy)	Barley Greens (may contain gluten)	Orzo
	Chewing Gum (has gluten and corn)	Barley Juice (may contain gluten)	Panko
	Corn (Gluten-free & Non-GMO)	Beer	Polish Wheat
	Corn, Blue	Bran	Rye
	Corn, White	Brown Rice Syrup (contains MSG/Gluten)	Semolina
	Corn Gluten	Caramel Coloring	Soy Sauce
	Corn Meal (gluten free)	Chewing Gum (has gluten and corn)	Spelt
	Corn Oil	Coffee, Instant (has gluten)	Teechino
	Corn Starch (gluten free)	Couscous	Teriyaki Sauce
!			Triticale

	Vinegar		Garbanzo Flour	Rice, Wild (Lundberg® - not the blend)
	Vinegar, Malt		Glucomannon Flour (konjacfoods.com)	Rice Bran
	Vinegar, White		Hazelnut Flour	Rice Flour (gluten free)
	Wheat (All Types)		Hemp Meal	Rice Protein Powder (gluten free)
	Wheat Grass (Is Gluten-contaminated)		Hemp Protein (Powder)	Simple Mills - Everything Sprouted Seed Cracker
	Gluten-Free Grains		Hemp Seed	Simple Mills Ground Sea Salt Almond Crackers
	Almond Flour (gluten free)		Hydrogenated Oils	Simple Mills Rosemary & Sea Salt Crackers
	Amaranth		Konjac Glucomannon Flour	Simple Mills Tomato & Basil Almond Crackers
	Arrowroot Flour/powder		Millet	Sorghum
	Basmati Rice (gluten free)		Oats (Bob's Red Mill Gluten Free Version)	Sweet Potato Flour (gluten free)
	Buckwheat		Oats (Certified GF)	Tapioca
	Buckwheat Flour		Potato Flour (gluten free)	Tapioca Flour (gluten free)
	Chicory Root		Potato Starch (gluten free)	Tapioca Starch (gluten free)
Ш	Chicory Root			
	Coconut Flour (gluten free)		ProGranola (Julian Bakery)	Teff
	•		ProGranola (Julian Bakery) Quinoa (gluten free)	Teff Tolerant Green Lentil & Pea Pasta
	Coconut Flour (gluten free)			Tolerant Green Lentil & Pea
	Coconut Flour (gluten free) Coconut Meal (gluten free)		Quinoa (gluten free)	Tolerant Green Lentil & Pea Pasta Tolerant Red or Green Lentil
	Coconut Flour (gluten free) Coconut Meal (gluten free) Corn (Gluten-free & Non-GMO)		Quinoa (gluten free) Quinoa, Black (gluten free)	Tolerant Green Lentil & Pea Pasta Tolerant Red or Green Lentil Pasta
	Coconut Flour (gluten free) Coconut Meal (gluten free) Corn (Gluten-free & Non-GMO) Corn, Blue		Quinoa (gluten free) Quinoa, Black (gluten free) Quinoa, Red (gluten free)	Tolerant Green Lentil & Pea Pasta Tolerant Red or Green Lentil Pasta Tortilla, Siete Almond Tortilla, Siete Cassava &
	Coconut Flour (gluten free) Coconut Meal (gluten free) Corn (Gluten-free & Non-GMO) Corn, Blue Corn, White		Quinoa (gluten free) Quinoa, Black (gluten free) Quinoa, Red (gluten free) Rice, Basmati (gluten free)	Tolerant Green Lentil & Pea Pasta Tolerant Red or Green Lentil Pasta Tortilla, Siete Almond Tortilla, Siete Cassava & Coconut
	Coconut Flour (gluten free) Coconut Meal (gluten free) Corn (Gluten-free & Non-GMO) Corn, Blue Corn, White Corn Meal (gluten free)		Quinoa (gluten free) Quinoa, Black (gluten free) Quinoa, Red (gluten free) Rice, Basmati (gluten free) Rice, Black (gluten free)	Tolerant Green Lentil & Pea Pasta Tolerant Red or Green Lentil Pasta Tortilla, Siete Almond Tortilla, Siete Cassava & Coconut
	Coconut Flour (gluten free) Coconut Meal (gluten free) Corn (Gluten-free & Non-GMO) Corn, Blue Corn, White Corn Meal (gluten free) Corn Starch (gluten free) Ener-G Brown Rice Yeast-Free		Quinoa (gluten free) Quinoa, Black (gluten free) Quinoa, Red (gluten free) Rice, Basmati (gluten free) Rice, Black (gluten free) Rice, Brown (gluten free)	Tolerant Green Lentil & Pea Pasta Tolerant Red or Green Lentil Pasta Tortilla, Siete Almond Tortilla, Siete Cassava & Coconut
	Coconut Flour (gluten free) Coconut Meal (gluten free) Corn (Gluten-free & Non-GMO) Corn, Blue Corn, White Corn Meal (gluten free) Corn Starch (gluten free) Ener-G Brown Rice Yeast-Free Bread		Quinoa (gluten free) Quinoa, Black (gluten free) Quinoa, Red (gluten free) Rice, Basmati (gluten free) Rice, Black (gluten free) Rice, Brown (gluten free) Rice, Japonica (gluten free)	Tolerant Green Lentil & Pea Pasta Tolerant Red or Green Lentil Pasta Tortilla, Siete Almond Tortilla, Siete Cassava & Coconut

Beverages & Protein Powders		Pea Protein		Miscellaneous
Almond Milk, unsweetened (no tapioca)		Rice Protein Powder (gluten free)		Acacia Gum
Beer		Soy Milk/Soy Cheese (Organic)		Agar Gum
Bone Broth Protein, Beef		Soy Protein (Organic)		Antimony
Carrot Juice		Sparkling Water, unflavored		Arabic Gum
Coconut Kefir (No Tapioca, Carageenan)		Tea, Black		Baking Powder
Coconut Milk(Native Forest or Natural Value)		Tea, Chamomile		Baking Soda (Arm & Hammer®)
Coconut Water (low sugar)		Tea, Green		Beef broth (Imagine® low sodium/GF)
Coffee		Tea, Hibiscus		Blue Food Dye
Coffee, Instant (has gluten)		Tea, Komboucha		Bone Broth, Beef
Coffee Bean, Organic		Tea, Oolong		Carrageenan Gum
Collagen Protein (Powder)		Tea, Ramon		Chewing Gum (has gluten and corn)
Echinacea Tea		Tea, Roobios		Chewing Gum, Xylichew®
Grapefruit Juice		Tea, Unflavored		Chicken Broth (Imagine® gf/low sodium)
Great Lake's® Beef Gelatin		Tea, White		Chicory Root
Green Tea		Teechino		Cocoa/Cacao (raw, pure, & unsweetened)
Hemp Protein (Powder)		Vinegar, Red Wine		Collagen Protein (Powder)
Komboucha Tea		Water]	Formaldehyde
Lemon Juice		Wine, Red		GemWraps®, Sandwich Wrap (Mango/Chipotle)
Licorice Tea		Wine, White (Champagne)		Glucomannon Flour (konjacfoods.com)
Lime Juice		Yerba Matte Tea (Organic/Pure)		Great Lake's® Beef Gelatin
Milk, Soy (Organic)		Zevia Drinks		Guar Gum
Mineral Water]	Hops
Orange Juice	İ		<u>ן</u>	Hydrogenated Oils

11/03/2017

test patient

Inulin	Yeast, Baker's
Konjac Glucomannon Flour	Yeast, Brewer's
Lard (pork)	Yeast, Nutritional
Latex	Snacks
Locust Bean Gum	Dates
Lycopene	Simple Mills Chocolate Chip Cookies
Malt	Coomico
Maltodextrin (Barley-derived)	
Modified Food Starch	
Modified Food Starch (Tapioca-based)	
Palm Wax	
Pycnogenol	
Red Food Dye	
Red Food Dye Red Tomato Paste (gluten free)	
Red Tomato Paste (gluten free)	
Red Tomato Paste (gluten free) Resveratrol Rice Starch (if certified gluten	
Red Tomato Paste (gluten free) Resveratrol Rice Starch (if certified gluten free)	
Red Tomato Paste (gluten free) Resveratrol Rice Starch (if certified gluten free) Silver	
Red Tomato Paste (gluten free) Resveratrol Rice Starch (if certified gluten free) Silver Skinny Crisps® (Plain Jane)	
Red Tomato Paste (gluten free) Resveratrol Rice Starch (if certified gluten free) Silver Skinny Crisps® (Plain Jane) Tofu (Organic)	
Red Tomato Paste (gluten free) Resveratrol Rice Starch (if certified gluten free) Silver Skinny Crisps® (Plain Jane) Tofu (Organic) Tragacanth Gum Vegetable broth (Imagine® Low	
Red Tomato Paste (gluten free) Resveratrol Rice Starch (if certified gluten free) Silver Skinny Crisps® (Plain Jane) Tofu (Organic) Tragacanth Gum Vegetable broth (Imagine® Low Sodium)	