

<input type="checkbox"/> Beverages & Protein Powders	<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Condiments
<input type="checkbox"/> Almond Milk, unsweetened (no	<input type="checkbox"/> Mineral Water	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)
<input type="checkbox"/> Apple Juice	<input type="checkbox"/> Orange Juice	<input type="checkbox"/> Balsamic Vinegar MiaBella
<input type="checkbox"/> Beer	<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Balsamic Vinegar (with Red Wine
<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Balsamic Vinegar (Caramel/Red W.
<input type="checkbox"/> Coconut Kefir (No Tapioca,	<input type="checkbox"/> Soy Milk/Soy Cheese (Organic)	<input type="checkbox"/> Barbeque Sauce, GF Annie's®
<input type="checkbox"/> Coconut Milk(Native Forest or	<input type="checkbox"/> Soy Protein (Organic)	<input type="checkbox"/> Carob
<input type="checkbox"/> Coconut Water (low sugar)	<input type="checkbox"/> Sparkling Water, unflavored	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Tea, Black	<input type="checkbox"/> Earth Balance® Coconut Spread
<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea, Chamomile	<input type="checkbox"/> Earth Balance® Avocado Oil Butter
<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Tea, Green	<input type="checkbox"/> Horseradish Sauce, Gluten-free
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Tea, Oolong	<input type="checkbox"/> Ketchup (Organicville)
<input type="checkbox"/> Echinacea Tea	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)
<input type="checkbox"/> Grapefruit Juice	<input type="checkbox"/> Tea, Roobios	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)
<input type="checkbox"/> Green Tea	<input type="checkbox"/> Tea, unflavored/cafeine-free only	<input type="checkbox"/> Ume Plum Vinegar
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Tea, White	<input type="checkbox"/> Veganaise Soy-free (Follow Your
<input type="checkbox"/> Komboucha Tea	<input type="checkbox"/> Water	<input type="checkbox"/> Vinegar
<input type="checkbox"/> Licorice Tea	<input type="checkbox"/> Wine, Red	<input type="checkbox"/> Vinegar, Distilled
<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Wine, White (Champagne)	<input type="checkbox"/> Vinegar, Malt
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Yerba Matte Tea (Organic/Pure)	<input type="checkbox"/> Vinegar, Red Wine
<input type="checkbox"/> Milk, Goat		<input type="checkbox"/> Vinegar, Rice
<input type="checkbox"/> Milk, Sheep		<input type="checkbox"/> Vinegar, White

<input type="checkbox"/> Vinegar, White Wine	<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Halibut
<input type="checkbox"/> Worcestershire Sauce (The	<input type="checkbox"/> Fructose	<input type="checkbox"/> Herring
<input type="checkbox"/> Sriracha Sauce Organicville	<input type="checkbox"/> GemWraps®, Sandwich Wrap	<input type="checkbox"/> Lobster
<input type="checkbox"/> Tabasco Sauce	<input type="checkbox"/> Maltodextrin (Corn-based,	<input type="checkbox"/> Mackerel
<input type="checkbox"/> Dressing, Primal Kitchen Greek	<input type="checkbox"/> Swerve® Xylitol	<input type="checkbox"/> Mahi Mahi
<input type="checkbox"/> Dressing, Primal Kitchen Honey	<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Mussel
<input type="checkbox"/> Mayonnaise, Primal Kitchen	<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> Orange Roughy
<input type="checkbox"/> BodyPro Almond Mayo Grade B	<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> Oyster
<input type="checkbox"/> BodyPro Almond Mayo with Yacon	<input type="checkbox"/> Sriracha Sauce Organicville	<input type="checkbox"/> Perch
		<input type="checkbox"/> Red Snapper
<input type="checkbox"/> Corn-Derived Foods	<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Salmon, wild (fresh)
<input type="checkbox"/> Barbeque Sauce, GF Annie's®	<input type="checkbox"/> Anchovy	<input type="checkbox"/> Sardines
<input type="checkbox"/> Cheese, Cream	<input type="checkbox"/> Bass	<input type="checkbox"/> Scallop
<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Catfish	<input type="checkbox"/> Shrimp
<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Sole
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Cod/ Cod Liver Oil	<input type="checkbox"/> Squid
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Corvina	<input type="checkbox"/> Swai
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Crab	<input type="checkbox"/> Swordfish
<input type="checkbox"/> Corn Gluten	<input type="checkbox"/> Crayfish	<input type="checkbox"/> Tilapia (Non-farmed)
<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Flounder	<input type="checkbox"/> Trout
<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Haddock	<input type="checkbox"/> Tuna
<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Hake	<input type="checkbox"/> Walleye Pike

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| <input type="checkbox"/> Whitefish/Turbot | <input type="checkbox"/> Dried Fruit | <input type="checkbox"/> Mangosteen |
| <input type="checkbox"/> Crab, Immitation | <input type="checkbox"/> Elderberry | <input type="checkbox"/> Maqui |
| <input type="checkbox"/> Fruits | <input type="checkbox"/> Golden Berry | <input type="checkbox"/> Melon, Honeydew |
| <input type="checkbox"/> Acai | <input type="checkbox"/> Gooseberry | <input type="checkbox"/> Monk Fruit |
| <input type="checkbox"/> Agar Gum | <input type="checkbox"/> Grape | <input type="checkbox"/> Mulberry |
| <input type="checkbox"/> Apple (all types) | <input type="checkbox"/> Grape, Green | <input type="checkbox"/> Nectarines |
| <input type="checkbox"/> Apple Cider | <input type="checkbox"/> Grape, Purple | <input type="checkbox"/> Noni |
| <input type="checkbox"/> Apple Juice | <input type="checkbox"/> Grape, Red | <input type="checkbox"/> Orange |
| <input type="checkbox"/> Apple Sauce | <input type="checkbox"/> Grape, White | <input type="checkbox"/> Orange, Blood |
| <input type="checkbox"/> Bilberry | <input type="checkbox"/> Grapefruit | <input type="checkbox"/> Orange Juice |
| <input type="checkbox"/> Blackberry | <input type="checkbox"/> Grapefruit Juice | <input type="checkbox"/> Orange Peel/Rind |
| <input type="checkbox"/> Blueberry | <input type="checkbox"/> Guava | <input type="checkbox"/> Papaya |
| <input type="checkbox"/> Boysenberry | <input type="checkbox"/> Huckleberry | <input type="checkbox"/> Passion Fruit |
| <input type="checkbox"/> Cantaloupe | <input type="checkbox"/> Jack fruit | <input type="checkbox"/> Peach |
| <input type="checkbox"/> Cherry | <input type="checkbox"/> Kiwi | <input type="checkbox"/> Pear |
| <input type="checkbox"/> Clementine | <input type="checkbox"/> Kumquat | <input type="checkbox"/> Pear, Asian |
| <input type="checkbox"/> Cranberry | <input type="checkbox"/> Lime | <input type="checkbox"/> Persimmons |
| <input type="checkbox"/> Cranberry Juice | <input type="checkbox"/> Lime Juice | <input type="checkbox"/> Pineapple |
| <input type="checkbox"/> Currant | <input type="checkbox"/> Litchi (aka Lychee) | <input type="checkbox"/> Plantain |
| <input type="checkbox"/> Date(s) | <input type="checkbox"/> Loganberry | <input type="checkbox"/> Plum |
| <input type="checkbox"/> Dragon Fruit (Pitaya) | <input type="checkbox"/> Loquat | <input type="checkbox"/> Pomegranate |
| | <input type="checkbox"/> Mango | <input type="checkbox"/> Pomelo |

<input type="checkbox"/> Prune	<input type="checkbox"/> Bread	<input type="checkbox"/> Spelt
<input type="checkbox"/> Quince	<input type="checkbox"/> Brown Rice Syrup (contains	<input type="checkbox"/> Teriyaki Sauce
<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Triticale
<input type="checkbox"/> Raspberry	<input type="checkbox"/> Cheese, Bleu	<input type="checkbox"/> Vinegar
<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Vinegar, Malt
<input type="checkbox"/> Strawberry	<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Vinegar, White
<input type="checkbox"/> Tamarind	<input type="checkbox"/> Couscous	<input type="checkbox"/> Wheat (All Types)
<input type="checkbox"/> Tangelo	<input type="checkbox"/> Durum Wheat	<input type="checkbox"/> Wheat Grass (Is
<input type="checkbox"/> Tangerine	<input type="checkbox"/> Farro	<input type="checkbox"/> Crab, Immitation
<input type="checkbox"/> Watermelon	<input type="checkbox"/> Gluten	
<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Graham (wheat)	<input type="checkbox"/> Gluten-Free Grains
<input type="checkbox"/> Youngberry	<input type="checkbox"/> Kamut	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Banana	<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Amaranth
<input type="checkbox"/> Apricot	<input type="checkbox"/> Malt	<input type="checkbox"/> Arrowroot Flour/powder
<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Maltodextrin (Can be	<input type="checkbox"/> Basmati Rice (gluten free)
	<input type="checkbox"/> Oats	<input type="checkbox"/> Buckwheat
<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Orzo	<input type="checkbox"/> Buckwheat Flour
<input type="checkbox"/> Barley	<input type="checkbox"/> Panko	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Barley Greens (Not for	<input type="checkbox"/> Polish Wheat	<input type="checkbox"/> Coconut Meal (gluten free)
<input type="checkbox"/> Barley Juice (Not for	<input type="checkbox"/> Rye	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Beer	<input type="checkbox"/> Semolina	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Bran	<input type="checkbox"/> Soy Sauce	<input type="checkbox"/> Corn, White

<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Rice, Red (gluten free)	<input type="checkbox"/> Herbs & Spices
<input type="checkbox"/> Flax Meal	<input type="checkbox"/> Rice, White (gluten free)	<input type="checkbox"/> Allspice
<input type="checkbox"/> Glucomannon Flour	<input type="checkbox"/> Rice, Wild (Lundberg® - not the	<input type="checkbox"/> Almond Flavor natural, gluten free)
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Rice Bran	<input type="checkbox"/> Anise
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Rice Flour (gluten free)	<input type="checkbox"/> Ashwaganda
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Rice Protein Powder (gluten free)	<input type="checkbox"/> Astragalus
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Simple Mills Grnd Sea Salt Almond	<input type="checkbox"/> Basil
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt	<input type="checkbox"/> Bay Leaf
<input type="checkbox"/> Millet	<input type="checkbox"/> Simple Mills Tomato & Basil Almond	<input type="checkbox"/> Black Cohosh
<input type="checkbox"/> Oats	<input type="checkbox"/> Sorghum	<input type="checkbox"/> Caramel Coloring
<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free	<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Oat Grass (Not For Gluten	<input type="checkbox"/> Tapioca	<input type="checkbox"/> Cardamom
<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Celery Powder
<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Quinoa (gluten free)	<input type="checkbox"/> Teff	<input type="checkbox"/> Chili Powder
<input type="checkbox"/> Quinoa, Black (gluten free)	<input type="checkbox"/> Tortilla, Siete Almond	<input type="checkbox"/> Chipotle Seasoning
<input type="checkbox"/> Quinoa, Red (gluten free)	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut	<input type="checkbox"/> Cilantro/Coriander
<input type="checkbox"/> Rice, Basmati (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava	<input type="checkbox"/> Cinnamon
<input type="checkbox"/> Rice, Black (gluten free)	<input type="checkbox"/> Simple Mills	<input type="checkbox"/> Cinnamon, Ceylon
<input type="checkbox"/> Rice, Brown (gluten free)	<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Cloves
<input type="checkbox"/> Rice, Japonica (gluten free)	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Cloves, Madagascar
<input type="checkbox"/> Rice, Purple (gluten free)		<input type="checkbox"/> Cloves, Penang

<input type="checkbox"/> Cramp Bark Extract	<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Orange Salt
<input type="checkbox"/> Cream of Tartar	<input type="checkbox"/> Hickory	<input type="checkbox"/> Oregano
<input type="checkbox"/> Cumin	<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Parsley
<input type="checkbox"/> Curcumin	<input type="checkbox"/> Jamaican Jerk	<input type="checkbox"/> Pepper, Black (see Garlic/Lemon
<input type="checkbox"/> Curry (must be GF)	<input type="checkbox"/> Juniper Berry	<input type="checkbox"/> Pepper, Cayenne
<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Lavender	<input type="checkbox"/> Pepper/Peppercorns
<input type="checkbox"/> Dill	<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Pepper, Red
<input type="checkbox"/> Dong Quai	<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Peppermint
<input type="checkbox"/> Echinacea	<input type="checkbox"/> Licorice Root	<input type="checkbox"/> Pine Bark Extract
<input type="checkbox"/> Fennel	<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Red Chili Paste Thai Kitchen®
<input type="checkbox"/> Garlic	<input type="checkbox"/> Liquid Smoke gluten free (natural)	<input type="checkbox"/> Red Pepper Flake
<input type="checkbox"/> Garlic Pepper	<input type="checkbox"/> Maca Root	<input type="checkbox"/> Rosemary
<input type="checkbox"/> Garlic Powder	<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Saffron
<input type="checkbox"/> Garlic Salt	<input type="checkbox"/> Marjoram	<input type="checkbox"/> Sage
<input type="checkbox"/> Ginger	<input type="checkbox"/> Mesquite	<input type="checkbox"/> Saw Plametto
<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Mint	<input type="checkbox"/> Sesame Seeds, Black
<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Spearmint
<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> St. John's Wort
<input type="checkbox"/> Grapeseed Extract	<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Taco Seasoning
<input type="checkbox"/> Guarana	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Tamari (Wheat Free)
<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Orange Peel/Rind	<input type="checkbox"/> Tarragon

<input type="checkbox"/> Thyme	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Quail
<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Applegate® organic bacon	<input type="checkbox"/> Rabbit
<input type="checkbox"/> Turmeric	<input type="checkbox"/> Applegate® organic black forest	<input type="checkbox"/> Veal (organic)
<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Applegate® organic chicken	<input type="checkbox"/> Venison (see also Deer)
<input type="checkbox"/> Valerian	<input type="checkbox"/> Applegate® organic ham	
<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Applegate® organic hot dogs	<input type="checkbox"/> Milk-Containing Foods
<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Applegate® organic roast beef	<input type="checkbox"/> Butter, Raw and Pasture-raised
<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Applegate® organic chicken/apple	<input type="checkbox"/> Buttermilk
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Applegate® organic smoked	<input type="checkbox"/> Casein
<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Beef, Grass-fed only (organic)	<input type="checkbox"/> Cheese, American
<input type="checkbox"/> Onion Powder	<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Cheese, Asiago
<input type="checkbox"/> Onion	<input type="checkbox"/> Buffalo (see also Bison)	<input type="checkbox"/> Cheese, Bleu
<input type="checkbox"/> Shallots	<input type="checkbox"/> Chicken Broth (Imagine® gf/low	<input type="checkbox"/> Cheese, Brie
<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Chicken, free range (organic)	<input type="checkbox"/> Cheese, Cheddar (Raw)
<input type="checkbox"/> Paprika	<input type="checkbox"/> Deer (see also Venison)	<input type="checkbox"/> Cheese, Cottage
	<input type="checkbox"/> Duck	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Cheese, Goat
<input type="checkbox"/> Edamame (must be organic)	<input type="checkbox"/> Lamb (organic)	<input type="checkbox"/> Cheese, Gorgonzola
<input type="checkbox"/> Miso	<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Cheese, Gouda
<input type="checkbox"/> Soy Beans (must be organic)	<input type="checkbox"/> Ostrich	<input type="checkbox"/> Cheese, Havarti
<input type="checkbox"/> Soy Beans Oil (must be organic)	<input type="checkbox"/> Pheasant	<input type="checkbox"/> Cheese, Machego
	<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Cheese, Marscapone

<input type="checkbox"/> Cheese, Mozzarella (Raw)	<input type="checkbox"/> Milk, Sheep	<input type="checkbox"/> Collagen Protein (Powder)
<input type="checkbox"/> Cheese, Muenster	<input type="checkbox"/> Mozzarella Cheese	<input type="checkbox"/> Garam Masala
<input type="checkbox"/> Cheese, Parmesan	<input type="checkbox"/> Sour Cream, Raw and	<input type="checkbox"/> GemWraps®®, Sandwich Wrap
<input type="checkbox"/> Cheese, Pecorino	<input type="checkbox"/> Whey	<input type="checkbox"/> GemWraps®®, Sandwich Wrap
<input type="checkbox"/> Cheese, Raw and Pasture-raised	<input type="checkbox"/> Yogurt (See Xanthan Gum)	<input type="checkbox"/> GemWraps®®, Sandwich Wrap
<input type="checkbox"/> Cheese, Ricotta	<input type="checkbox"/> Cheese, Feta	<input type="checkbox"/> GemWraps®®, Sandwich Wrap
<input type="checkbox"/> Cheese, Romano		<input type="checkbox"/> Glucomannon Flour
<input type="checkbox"/> Cheese, Provolone	<input type="checkbox"/> Miscellaneous	<input type="checkbox"/> Great Lake's® Beef Gelatin
<input type="checkbox"/> Cheese, Sheep	<input type="checkbox"/> Agar Gum	<input type="checkbox"/> Guar Gum
<input type="checkbox"/> Cheese, String (Mozzarella)	<input type="checkbox"/> Antimony	<input type="checkbox"/> Hops
<input type="checkbox"/> Cheese, Swiss	<input type="checkbox"/> Arabic Gum	<input type="checkbox"/> Julian Bakery Paleo Wraps
<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Baking Powder	<input type="checkbox"/> Julian Bakery Almond Bread
<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Baking Soda (Arm & Hammer®)	<input type="checkbox"/> Julian Bakery Coconut Bread
<input type="checkbox"/> Cream, Raw and Unpasteurized	<input type="checkbox"/> Beef broth (Imagine® low	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Ghee (Pasture-Raised, Organic)	<input type="checkbox"/> Carrageenan Gum	<input type="checkbox"/> Lard (pork)
<input type="checkbox"/> Goat Cheese	<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Liquid Aminos (Braggs®)(has Soy)
<input type="checkbox"/> Goat Kefir	<input type="checkbox"/> Chewing Gum, Xylicew®	<input type="checkbox"/> Locust Bean Gum
<input type="checkbox"/> Kefir, Raw	<input type="checkbox"/> Chicken Broth (Imagine® gf/low	<input type="checkbox"/> Lycopene
<input type="checkbox"/> Lactoalbumin	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Malt
<input type="checkbox"/> Milk Chocolate	<input type="checkbox"/> Cocoa/Cacao (raw, pure, &	<input type="checkbox"/> Maltodextrin (Can be
<input type="checkbox"/> Milk, Cow	<input type="checkbox"/> Coconut Aminos®	<input type="checkbox"/> Palm Wax
<input type="checkbox"/> Milk, Goat	<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Pycnogenol

<input type="checkbox"/> Red Chili Paste Thai Kitchen®	<input type="checkbox"/> Tragacanth Gum	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Red Tomato Paste (gluten free)	<input type="checkbox"/> Cocoa Butter	<input type="checkbox"/> Cashews
<input type="checkbox"/> Resveratrol		<input type="checkbox"/> Cashew Butter
<input type="checkbox"/> Sherry Vinegar	<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Cashew Meal
<input type="checkbox"/> Silver	<input type="checkbox"/> Almond Milk, unsweetened (no	<input type="checkbox"/> Chestnut
<input type="checkbox"/> Tamari (Wheat Free)	<input type="checkbox"/> Almond Yogurt, unsweetened	<input type="checkbox"/> Chia Seed (1/4 cup, max)
<input type="checkbox"/> Tofu (Organic)	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Coconut Butter
<input type="checkbox"/> Tomato Paste (gluten &	<input type="checkbox"/> Coconut Kefir (No Tapioca,	<input type="checkbox"/> Coconut Oil
<input type="checkbox"/> Tomato Sauce (gluten &	<input type="checkbox"/> Coconut Milk(Native Forest or	<input type="checkbox"/> Coconut, shredded (raw,
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Egg, Whites, Pasture-raised	<input type="checkbox"/> Corn Oil
<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Milk, Soy (Organic)	<input type="checkbox"/> Cottonseed/Cottonseed Oil
<input type="checkbox"/> Vinegar, Red Wine		<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Vinegar, Rice	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils	<input type="checkbox"/> Flax Oil
<input type="checkbox"/> Vinegar, White Wine	<input type="checkbox"/> Almond	<input type="checkbox"/> Flax Seed
<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> Almond Butter (Artisana®)	<input type="checkbox"/> Grapeseed Oil, Organic
<input type="checkbox"/> Yeast, Baker's	<input type="checkbox"/> Almond Flavor natural, gluten free)	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Yeast, Brewer's	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Hazelnut/Filbert
<input type="checkbox"/> Yeast, Nutritional	<input type="checkbox"/> Almond Meal (gluten free)	<input type="checkbox"/> Hemp Meal
<input type="checkbox"/> Latex	<input type="checkbox"/> Almond, Marcona	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Hemp Seed
<input type="checkbox"/> Acacia Gum	<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Tragacanth Gum	<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Macadamia Nut Oil

<input type="checkbox"/> Macadamia Nuts	<input type="checkbox"/> Sunflower Seed Oil	<input type="checkbox"/> Erythritol (non-GMO)
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Sunflower Seeds	<input type="checkbox"/> Fructose
<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Tahini	<input type="checkbox"/> Fruit Pectin
<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Honey, (Organic)
<input type="checkbox"/> Pecan	<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Honey, Manuka
<input type="checkbox"/> Pecan Flour	<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Honey, Wildflower from Mahava®
<input type="checkbox"/> Pepitas	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Just Like Sugar®
<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Walnut (few)	<input type="checkbox"/> Lo Han
<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Maltodextrin (Can be
<input type="checkbox"/> Pistachios	<input type="checkbox"/> Walnut, Black (few)	<input type="checkbox"/> Maltodextrin (Corn-based,
<input type="checkbox"/> Poppy seeds		<input type="checkbox"/> Maple Sugar
<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> Snacks	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber
<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Date(s)	<input type="checkbox"/> Molasses
<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Simple Mills Chocolate Chip	<input type="checkbox"/> Monk Fruit
<input type="checkbox"/> Ramon Seeds		<input type="checkbox"/> Rebiana Leaf (Stevia)
<input type="checkbox"/> Rice, Wild (Lundberg® - not the	<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Sorbitol
<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Brown Rice Syrup (contains	<input type="checkbox"/> Sucanat
<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Chocolate, Dark	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Sugar Cane
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Sweetleaf® Stevia
<input type="checkbox"/> Sunflower Seed Butter	<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Swerve® Xylitol
<input type="checkbox"/> Sunflower Seed Lecithin	<input type="checkbox"/> Date Sugar	<input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn

<input type="checkbox"/> Yacon Syrup	<input type="checkbox"/> Broccolini	<input type="checkbox"/> Collard Greens
<input type="checkbox"/> BodyPro Almond Mayo Grade B	<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Sucralose	<input type="checkbox"/> Burdock	<input type="checkbox"/> Corn, Blue
<input type="checkbox"/> Agave Nectar	<input type="checkbox"/> Cabbage, Chinese (see also Bok	<input type="checkbox"/> Corn, White
<input type="checkbox"/> Coconut Sugar	<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Cucumber
	<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Daikon Radish
<input type="checkbox"/> Vegetables	<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Dandelion Greens
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Capers	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Eggplant
<input type="checkbox"/> Arugula	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Endive
<input type="checkbox"/> Avocado	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Fennel
<input type="checkbox"/> Avocado Oil	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Garlic
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Beet	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Jicama
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Kale, all types
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Kelp/Dulse
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Celery	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Chard	<input type="checkbox"/> Kombu
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Chayote	<input type="checkbox"/> Leeks
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Mushrooms

<input type="checkbox"/> Mushrooms, Button	<input type="checkbox"/> Potato, Fingerling	<input type="checkbox"/> Squash, Butternut
<input type="checkbox"/> Mushrooms, Cremini/Crimini	<input type="checkbox"/> Potato, Purple	<input type="checkbox"/> Squash, Green
<input type="checkbox"/> Mushrooms, Maitake	<input type="checkbox"/> Potato, Red	<input type="checkbox"/> Squash, Spaghetti
<input type="checkbox"/> Mushrooms, Shiitake	<input type="checkbox"/> Potato, Russet	<input type="checkbox"/> Squash, Summer
<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Potato, Sweet	<input type="checkbox"/> Squash, Winter
<input type="checkbox"/> Nori	<input type="checkbox"/> Potato, White	<input type="checkbox"/> Squash, Yellow
<input type="checkbox"/> Okra	<input type="checkbox"/> Potato, Yukon Gold	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Prickly Pear	<input type="checkbox"/> Sweet Potato, Red
<input type="checkbox"/> Parsley	<input type="checkbox"/> Pumpkin	<input type="checkbox"/> Sweet Potatoes, White
<input type="checkbox"/> Parsnip	<input type="checkbox"/> Pumpkin Powder	<input type="checkbox"/> Swiss Chard
<input type="checkbox"/> Pea, Black-Eyed	<input type="checkbox"/> Radicchio	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Pea Protein	<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tomato Paste (gluten &
<input type="checkbox"/> Pepper, Anaheim	<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Tomato Sauce (gluten &
<input type="checkbox"/> Pepper, Chili	<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Tomato
<input type="checkbox"/> Pepper, Green	<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Tomatoes, Big Beef
<input type="checkbox"/> Pepper, Habanero	<input type="checkbox"/> Scallions	<input type="checkbox"/> Tomato, Cherry
<input type="checkbox"/> Pepper, Jalapeño	<input type="checkbox"/> Sea Vegetables	<input type="checkbox"/> Tomato, Heirloom
<input type="checkbox"/> Pepper, Poblano	<input type="checkbox"/> Seaweed	<input type="checkbox"/> Tomato, Orange
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Spinach	<input type="checkbox"/> Tomato, Red
<input type="checkbox"/> Pepper, Serrano	<input type="checkbox"/> Spirulina	<input type="checkbox"/> Tomato, Roma
<input type="checkbox"/> Pickles, Bubbies® brand only	<input type="checkbox"/> Squash	<input type="checkbox"/> Tomato, Sun-dried
<input type="checkbox"/> Pimento	<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Tomato, Yellow

- ☐ Truffle
- ☐ Turnip Greens
- ☐ Turnips
- ☐ Water Chestnut
- ☐ Watercress
- ☐ Yams, Garnett
- ☐ Yams, Japanese
- ☐ Yucca
- ☐ Zucchini
- ☐ Alfalfa Sprouts
- ☐ Onion, Green
- ☐ Onion, Maui
- ☐ Onion, Red
- ☐ Onion, Sweet
- ☐ Onion, Yellow
- ☐ Chives
- ☐ Shallots
- ☐ Bell Pepper
- ☐ Bell Pepper, Yellow
- ☐ Bell Pepper, Orange