

<input type="checkbox"/> Pineapple	<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Tortilla, Siete Almond
<input type="checkbox"/> Plantain	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Tortilla, Siete Cassava & Coconut
<input type="checkbox"/> Plum	<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Coconut Flour (gluten free)
<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Herbs & Spices
<input type="checkbox"/> Pomelo	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Allspice
<input type="checkbox"/> Prune	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Almond Flavor natural, gluten free)
<input type="checkbox"/> Quince	<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Anise
<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Ashwaganda
<input type="checkbox"/> Raspberry	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	<input type="checkbox"/> Astragalus
<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Basil
<input type="checkbox"/> Strawberry	<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Bay Leaf
<input type="checkbox"/> Tamarind	<input type="checkbox"/> Potato Flour (gluten free)	<input type="checkbox"/> Black Cohosh
<input type="checkbox"/> Tangelo	<input type="checkbox"/> Potato Starch (gluten free)	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Tangerine	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Cardamom
<input type="checkbox"/> Watermelon	<input type="checkbox"/> Sweet Potato Flour (gluten free)	<input type="checkbox"/> Celery Powder
<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Tapioca	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Youngberry	<input type="checkbox"/> Tapioca Flour (gluten free)	<input type="checkbox"/> Chili Powder
<input type="checkbox"/> Banana	<input type="checkbox"/> Tapioca Starch (gluten free)	<input type="checkbox"/> Chipotle Seasoning
<input type="checkbox"/> Apricot	<input type="checkbox"/> Teff	<input type="checkbox"/> Cilantro/Coriander
<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta	<input type="checkbox"/> Cinnamon
<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta	<input type="checkbox"/> Cinnamon, Ceylon
<input type="checkbox"/> Persimmons		

<input type="checkbox"/> Taco Seasoning	<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Miso
<input type="checkbox"/> Tarragon	<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Thyme	<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Pea, Snow
<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Pea, Split
<input type="checkbox"/> Turmeric	<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Peanut (Organic, Valencia)
<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> Peanut Butter (Organic, Maranatha®)
<input type="checkbox"/> Valerian	<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Peanut Oil (Organic)
<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Red Bean Paste
<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> Soy Beans (must be organic)
<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Bean, Kidney	<input type="checkbox"/> Soy Beans Oil (must be organic)
<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Bean, Lima	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Bean, Navy/Ninja	<input type="checkbox"/> White Beans
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> Coffee Bean, Organic
<input type="checkbox"/> Onion Powder	<input type="checkbox"/> Bean, Red (see also Bean, Kidney)	
<input type="checkbox"/> Onion	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Meat & Poultry
<input type="checkbox"/> Shallots	<input type="checkbox"/> Edamame (must be organic)	<input type="checkbox"/> Applegate® organic bacon
<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Fava Bean	<input type="checkbox"/> Applegate® organic black forest ham
<input type="checkbox"/> Paprika	<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Applegate® organic chicken
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Garbanzo Bean	<input type="checkbox"/> Applegate® organic ham
<input type="checkbox"/> Spearmint	<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Applegate® organic herb roasted turkey
<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Lentil(s)	<input type="checkbox"/> Applegate® organic hot dogs

<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> <b>Sweeteners</b>	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Psyllium Husk	<input type="checkbox"/> Aspartame/Nutrasweet	<input type="checkbox"/> Sugar Cane
<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> Chocolate, Dark	<input type="checkbox"/> Sweetleaf® Stevia
<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Swerve® Xylitol
<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn source)
<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Yacon Syrup
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Date Sugar	<input type="checkbox"/> BodyPro Almond Mayo Grade B Maple Syrup
<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Fruit Pectin	<input type="checkbox"/> Agave Nectar
<input type="checkbox"/> Sesame Seed Oil	<input type="checkbox"/> Honey, (Organic)	<input type="checkbox"/> Coconut Sugar
<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Honey, Manuka	
<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Honey, Wildflower from Mahava®	<input type="checkbox"/> <b>Vegetables</b>
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Just Like Sugar®	<input type="checkbox"/> Aloe Vera
<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Lo Han	<input type="checkbox"/> Artichoke (not pickled)
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Maple Sugar	<input type="checkbox"/> Arugula
<input type="checkbox"/> <b>Snacks</b>	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)	<input type="checkbox"/> Asparagus
<input type="checkbox"/> Date(s)	<input type="checkbox"/> Molasses	<input type="checkbox"/> Avocado
<input type="checkbox"/> Simple Mills Chocolate Chip Cookies	<input type="checkbox"/> Monk Fruit	<input type="checkbox"/> Avocado Oil
<input type="checkbox"/> Apple Sauce	<input type="checkbox"/> Nutrasweet®	<input type="checkbox"/> Bamboo Shoot
<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Bean, Green
<input type="checkbox"/> Pepitas	<input type="checkbox"/> Sorbitol	<input type="checkbox"/> Bean Sprout
<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Splenda	<input type="checkbox"/> Beet
<input type="checkbox"/> Pistachios	<input type="checkbox"/> Sucanat	<input type="checkbox"/> Beet Greens

- ☐ Onion, Sweet
- ☐ Onion, Yellow
- ☐ Chives
- ☐ Shallots
- ☐ Bell Pepper
- ☐ Bell Pepper, Yellow
- ☐ Bell Pepper, Orange
- ☐ Tomato, Yellow
- ☐ Truffle
- ☐ Turnip Greens
- ☐ Turnips
- ☐ Water Chestnut
- ☐ Watercress
- ☐ Yams, Garnett
- ☐ Yams, Japanese
- ☐ Yucca
- ☐ Zucchini
- ☐ Alfalfa Sprouts
- ☐ Psyllium Husk
- ☐ Onion, Green
- ☐ Onion, Maui
- ☐ Onion, Red