

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Sweeteners
<input type="checkbox"/> Barley Grass (can have gluten)	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)
<input type="checkbox"/> Barley Greens (may contain gluten)		<input type="checkbox"/> Erythritol (non-GMO)
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Fructose
<input type="checkbox"/> Corn, Blue		<input type="checkbox"/> Maltitol
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Maltodextrin (Barley-derived)
<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast, etc.)	<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)
<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)	<input type="checkbox"/> Swerve® Sweetener
<input type="checkbox"/> Vegetable Oil		<input type="checkbox"/> Xylitol
<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)	<input type="checkbox"/> Condiments, Spreads & Sauces	
	<input type="checkbox"/> Balsamic Vinegar (w/ Caramel or Red Wine Vinegar)	<input type="checkbox"/> Herbs & Spices
<input type="checkbox"/> Fruits	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	<input type="checkbox"/> Caramel Coloring
<input type="checkbox"/> Vinegar, Red Wine	<input type="checkbox"/> Liquid Smoke (can have gluten)	
	<input type="checkbox"/> Mayonnaise	<input type="checkbox"/> Milk-Containing Foods
<input type="checkbox"/> Nuts, Seeds, Drupes & Oils	<input type="checkbox"/> Soy Sauce	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Corn Oil	<input type="checkbox"/> Sriracha Sauce Organicville gluten-free	<input type="checkbox"/> Yogurt (See Xanthan Gum)
<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Teriyaki Sauce	
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Vinegar	
	<input type="checkbox"/> Vinegar, Malt	
	<input type="checkbox"/> Vinegar, Red Wine	
	<input type="checkbox"/> Vinegar, White	
	<input type="checkbox"/> Worcestershire Sauce (The Wizard's® GF)	

<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Bread	<input type="checkbox"/> Polish Wheat
<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Brown Rice Syrup (contains MSG/Gluten)	<input type="checkbox"/> Rye
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Caramel Coloring	<input type="checkbox"/> Semolina
	<input type="checkbox"/> Chewing Gum (has gluten and corn)	<input type="checkbox"/> Soy Sauce
<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Coffee, Instant (has gluten)	<input type="checkbox"/> Spelt
<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Couscous	<input type="checkbox"/> Teechino
<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Teriyaki Sauce
<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Durum Wheat	<input type="checkbox"/> Triticale
<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Farro	<input type="checkbox"/> Vinegar
<input type="checkbox"/> Corn, White	<input type="checkbox"/> Gluten	<input type="checkbox"/> Vinegar, Malt
<input type="checkbox"/> Hydrogenated Oils	<input type="checkbox"/> Graham (wheat)	<input type="checkbox"/> Vinegar, White
<input type="checkbox"/> Tortilla, Siete Almond	<input type="checkbox"/> Kamut	<input type="checkbox"/> Wheat (All Types)
<input type="checkbox"/> Tortilla, Siete Cassava & Coconut	<input type="checkbox"/> Liquid Smoke (can have gluten)	<input type="checkbox"/> Wheat Grass (Is Gluten-contaminated)
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Malt	
	<input type="checkbox"/> Maltitol	<input type="checkbox"/> Corn-Derived Foods
<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Maltodextrin (Barley-derived)	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/> Barley	<input type="checkbox"/> Modified Food Starch	<input type="checkbox"/> Cheese, Cream
<input type="checkbox"/> Barley Grass (can have gluten)	<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)	<input type="checkbox"/> Cheese, Daiya (Coconut, Tapioca, yeast, etc.)
<input type="checkbox"/> Barley Greens (may contain gluten)	<input type="checkbox"/> Oats	<input type="checkbox"/> Cheese, Soy (Organic) (see Soy)
<input type="checkbox"/> Barley Juice (may contain gluten)	<input type="checkbox"/> Oats, GF (not Certified) can have gluten	<input type="checkbox"/> Chewing Gum (has gluten and corn)
<input type="checkbox"/> Beer	<input type="checkbox"/> Orzo	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)
<input type="checkbox"/> Bran	<input type="checkbox"/> Panko	<input type="checkbox"/> Corn Gluten

- ☐ Corn Meal (gluten free)
- ☐ Corn Oil
- ☐ Corn Starch (gluten free)
- ☐ Corn, Blue
- ☐ Corn, White
- ☐ Erythritol (non-GMO)
- ☐ Fructose
- ☐ GemWraps®®, Sandwich Wrap (Carrot)
- ☐ Hydrogenated Oils
- ☐ Maltitol
- ☐ Maltodextrin (Corn-based, non-GMO)
- ☐ Modified Food Starch
- ☐ Sriracha Sauce Organicville gluten-free
- ☐ Swerve® Sweetener
- ☐ Vegetable Oil
- ☐ Xanthan Gum
- ☐ Yogurt (See Xanthan Gum)

- ☐ **Beverages & Protein Powders**
- ☐ Beer
- ☐ Coffee, Instant (has gluten)
- ☐ Teechino
- ☐ Vinegar, Red Wine
- ☐ Wine, Red

- ☐ **Miscellaneous**
- ☐ Baking Powder
- ☐ Chewing Gum (has gluten and corn)
- ☐ GemWraps®®, Sandwich Wrap (Carrot)
- ☐ GemWraps®®, Sandwich Wrap (Tomato)
- ☐ Hydrogenated Oils
- ☐ Malt
- ☐ Maltodextrin (Barley-derived)
- ☐ Modified Food Starch
- ☐ Vegetable Oil
- ☐ Vinegar, Red Wine
- ☐ Xanthan Gum

- ☐ **Snacks**