

Nanny Mai

10/19/2017

<input type="checkbox"/> Fruits	<input type="checkbox"/> Lime	<input type="checkbox"/> Youngberry
<input type="checkbox"/> Acai	<input type="checkbox"/> Lime Juice	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils
<input type="checkbox"/> Alpha	<input type="checkbox"/> Litchi (aka Lychee)	<input type="checkbox"/> Almond
<input type="checkbox"/> Apple (all types)	<input type="checkbox"/> Loganberry	<input type="checkbox"/> Almond, Marcona
<input type="checkbox"/> Bilberry	<input type="checkbox"/> Loquat	<input type="checkbox"/> Almond Butter (Artisana®)
<input type="checkbox"/> Blackberry	<input type="checkbox"/> Mangosteen	<input type="checkbox"/> Almond Flavor (natural, gluten free)
<input type="checkbox"/> Blueberry	<input type="checkbox"/> Maqui	<input type="checkbox"/> Almond Flour (gluten free)
<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Almond Meal (gluten free)
<input type="checkbox"/> Bravo	<input type="checkbox"/> Mulberry	<input type="checkbox"/> Annatto Seed
<input type="checkbox"/> Charlie	<input type="checkbox"/> Nectarines	<input type="checkbox"/> Avocado Oil
<input type="checkbox"/> Clementine	<input type="checkbox"/> Noni	<input type="checkbox"/> Brazil Nut
<input type="checkbox"/> dummy food	<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Canola/Rapeseed Oil
<input type="checkbox"/> Elderberry	<input type="checkbox"/> Peach	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Goji Berry	<input type="checkbox"/> Pear	<input type="checkbox"/> Cashew Butter
<input type="checkbox"/> Golden Berry	<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Cashew Meal
<input type="checkbox"/> Gooseberry	<input type="checkbox"/> Persimmons	<input type="checkbox"/> Cashews
<input type="checkbox"/> Grapefruit	<input type="checkbox"/> Plum	<input type="checkbox"/> Chestnut
<input type="checkbox"/> Guava	<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Chia Seed (1/4 cup, max)
<input type="checkbox"/> Huckleberry	<input type="checkbox"/> Pomelo	<input type="checkbox"/> Coconut, shredded (raw, unsweetened)
<input type="checkbox"/> Kiwi	<input type="checkbox"/> Prune	<input type="checkbox"/> Coconut Butter
<input type="checkbox"/> Kumquat	<input type="checkbox"/> Raspberry	<input type="checkbox"/> Coconut Oil
<input type="checkbox"/> Lemon	<input type="checkbox"/> Tamarind	<input type="checkbox"/> Cola Nut (aka Kola Nut)
<input type="checkbox"/> Lemon Juice	<input type="checkbox"/> Tangerine	<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Lemon Rind/Peel	<input type="checkbox"/> Wolfberry	

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<input type="checkbox"/> Flax Oil	<input type="checkbox"/> Sesame Seeds	<input type="checkbox"/> Swai
<input type="checkbox"/> Flax Seed	<input type="checkbox"/> Sesame Seeds, Black	<input type="checkbox"/> Swordfish
<input type="checkbox"/> Hazelnut/Filbert	<input type="checkbox"/> Sunflower Seed Butter	<input type="checkbox"/> Tilapia (Wild, Non-farmed)
<input type="checkbox"/> Hazelnut Flour	<input type="checkbox"/> Sunflower Seed Lecithin	<input type="checkbox"/> Trout
<input type="checkbox"/> Hemp Meal	<input type="checkbox"/> Sunflower Seed Oil	<input type="checkbox"/> Walleye Pike
<input type="checkbox"/> Hemp Protein (Powder)	<input type="checkbox"/> Sunflower Seeds	<input type="checkbox"/> Whitefish/Turbot
<input type="checkbox"/> Hemp Seed	<input type="checkbox"/> Tahini	<input type="checkbox"/> Vegetables
<input type="checkbox"/> Macadamia Nut Oil	<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Agave Nectar
<input type="checkbox"/> Macadamia Nuts	<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Alfalfa Grass
<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Truffle Oil	<input type="checkbox"/> Alfalfa Sprouts
<input type="checkbox"/> Olive Oil, Virgin	<input type="checkbox"/> Truffle Oil, Black	<input type="checkbox"/> Aloe Vera
<input type="checkbox"/> Palm Kernel Oil	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Artichoke (not pickled)
<input type="checkbox"/> Pepitas	<input type="checkbox"/> Walnut Oil	<input type="checkbox"/> Artichoke, Jerusalem (not pickled)
<input type="checkbox"/> Pili Nuts	<input type="checkbox"/> Walnuts	<input type="checkbox"/> Arugula
<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Walnuts, Black	<input type="checkbox"/> Asparagus
<input type="checkbox"/> Pistachios	<input type="checkbox"/> Fish & Shellfish	<input type="checkbox"/> Avocado
<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> Chilean Sea Bass	<input type="checkbox"/> Bamboo Shoot
<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> Corvina	<input type="checkbox"/> Bean, Green
<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Hake	<input type="checkbox"/> Bean Sprout
<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Beet Greens
<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Octopus	<input type="checkbox"/> Bell Pepper
<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Sardines	<input type="checkbox"/> Bell Pepper, Green
<input type="checkbox"/> Safflower/Safflower Seed Oil	<input type="checkbox"/> Sole	<input type="checkbox"/> Bell Pepper, Orange
<input type="checkbox"/> Sesame Seed Oil		

<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Onion, Green
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Cucumber	<input type="checkbox"/> Onion, Maui
<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Onion, Red
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Onion, Sweet
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Onion, Yellow
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Eggplant	<input type="checkbox"/> Paprika
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Endive	<input type="checkbox"/> Parsley
<input type="checkbox"/> Brussels Sprout	<input type="checkbox"/> Fennel	<input type="checkbox"/> Pea, Black-Eyed
<input type="checkbox"/> Burdock	<input type="checkbox"/> Garlic	<input type="checkbox"/> Pepper, Anaheim
<input type="checkbox"/> Cabbage, Chinese (see also Bok Choy)	<input type="checkbox"/> Hearts of Palm	<input type="checkbox"/> Pepper, Cayenne
<input type="checkbox"/> Cabbage, Green	<input type="checkbox"/> Horseradish	<input type="checkbox"/> Pepper, Chili
<input type="checkbox"/> Cabbage, Purple	<input type="checkbox"/> Jicama	<input type="checkbox"/> Pepper, Green
<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Kale, all types	<input type="checkbox"/> Pepper, Habanero
<input type="checkbox"/> Capers	<input type="checkbox"/> Kohlrabi	<input type="checkbox"/> Pepper, Jalapeño
<input type="checkbox"/> Capsicum	<input type="checkbox"/> Leeks	<input type="checkbox"/> Pepper, Poblano
<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Lettuce, all types	<input type="checkbox"/> Pepper, Red
<input type="checkbox"/> Cauliflower	<input type="checkbox"/> Mushrooms	<input type="checkbox"/> Pepper, Serrano
<input type="checkbox"/> Cauliflower, Purple	<input type="checkbox"/> Mushrooms, Button	<input type="checkbox"/> Pickles, Bubbies® brand only
<input type="checkbox"/> Celery	<input type="checkbox"/> Mushrooms, Cremini/Crimini	<input type="checkbox"/> Pimento
<input type="checkbox"/> Chard	<input type="checkbox"/> Mushrooms, Maitake	<input type="checkbox"/> Prickly Pear
<input type="checkbox"/> Chayote	<input type="checkbox"/> Mushrooms, Shiitake	<input type="checkbox"/> Pumpkin
<input type="checkbox"/> Chives	<input type="checkbox"/> Mustard Greens	<input type="checkbox"/> Pumpkin Powder
<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Okra	<input type="checkbox"/> Radicchio
<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Olives (without vinegar)	<input type="checkbox"/> Radish

<input type="checkbox"/> Rainbow Chard	<input type="checkbox"/> Tomato, Sun-dried	<input type="checkbox"/> Non-Dairy & Eggs
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Tomato, Yellow	<input type="checkbox"/> Almond Milk, unsweetened (no tapioca)
<input type="checkbox"/> Rhubarb	<input type="checkbox"/> Tomatoes, Big Beef	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)
<input type="checkbox"/> Rutabaga	<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Coconut Milk (Native Forest or Natural Value)
<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Egg, Whites, Pasture-raised
<input type="checkbox"/> Scallions	<input type="checkbox"/> Truffle	<input type="checkbox"/> Paleo Cheese (Julianbakery.com or Amazon.com)
<input type="checkbox"/> Shallots	<input type="checkbox"/> Turnip Greens	<input type="checkbox"/> Condiments, Spreads & Sauces
<input type="checkbox"/> Spinach	<input type="checkbox"/> Water Chestnut	<input type="checkbox"/> Apple Cider Vinegar (Bragg's®)
<input type="checkbox"/> Squash	<input type="checkbox"/> Watercress	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy
<input type="checkbox"/> Squash, Acorn	<input type="checkbox"/> Yams, Garnett	<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup
<input type="checkbox"/> Squash, Butternut	<input type="checkbox"/> Yams, Japanese	<input type="checkbox"/> BodyPro Almond Mayo with Yacon Syrup
<input type="checkbox"/> Squash, Green	<input type="checkbox"/> Yucca	<input type="checkbox"/> Cocoa Butter
<input type="checkbox"/> Squash, Spaghetti	<input type="checkbox"/> Zucchini	<input type="checkbox"/> Coconut Aminos®
<input type="checkbox"/> Squash, Summer	<input type="checkbox"/> Meat & Poultry	<input type="checkbox"/> Coconut Cream
<input type="checkbox"/> Squash, Winter	<input type="checkbox"/> Bison (see also Buffalo)	<input type="checkbox"/> Coconut Vinegar (Coconut Secret)
<input type="checkbox"/> Squash, Yellow	<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Earth Balance® Coconut Spread
<input type="checkbox"/> Swiss Chard	<input type="checkbox"/> Ostrich	<input type="checkbox"/> Harissa
<input type="checkbox"/> Tomatillo	<input type="checkbox"/> Pheasant	<input type="checkbox"/> Horseradish Sauce, Gluten-free (Annie's®)
<input type="checkbox"/> Tomato	<input type="checkbox"/> Quail	<input type="checkbox"/> Hummus
<input type="checkbox"/> Tomato, Cherry	<input type="checkbox"/> Rabbit	<input type="checkbox"/> Ketchup (Organicville)
<input type="checkbox"/> Tomato, Heirloom		<input type="checkbox"/> Liquid Smoke gluten free (natural)
<input type="checkbox"/> Tomato, Orange		<input type="checkbox"/> Mustard, Brown (Eden® gf mustard)
<input type="checkbox"/> Tomato, Red		<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Tomato, Roma		

<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)	<input type="checkbox"/> Caraway Seed
<input type="checkbox"/> Red Tomato Paste (gluten free)	<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Cardamom
<input type="checkbox"/> Sauerkraut (Bubbies® Brand only)	<input type="checkbox"/> Monk Fruit Extract	<input type="checkbox"/> Celery Powder
<input type="checkbox"/> Tabasco Sauce	<input type="checkbox"/> Nutrasweet®	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Tomato Paste (gluten & Vinegar-free)	<input type="checkbox"/> Rebiana Leaf (Stevia)	<input type="checkbox"/> Chili Powder
<input type="checkbox"/> Tomato Sauce (gluten & Vinegar-free)	<input type="checkbox"/> Sorbitol	<input type="checkbox"/> Chipotle Seasoning
<input type="checkbox"/> Ume Plum Vinegar	<input type="checkbox"/> Splenda	<input type="checkbox"/> Cilantro/Coriander
<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Sucralose	<input type="checkbox"/> Cinnamon
<input type="checkbox"/> Vinegar, Distilled	<input type="checkbox"/> Sweetleaf® Stevia	<input type="checkbox"/> Cinnamon, Ceylon
<input type="checkbox"/> White/Distilled Vinegar	<input type="checkbox"/> Tapioca Dextrose	<input type="checkbox"/> Cloves
<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Xyla (Birchwood Xylitol)	<input type="checkbox"/> Cloves, Madagascar
<input type="checkbox"/> Agave Nectar	<input type="checkbox"/> Yacon Syrup	<input type="checkbox"/> Cloves, Penang
<input type="checkbox"/> Aspartame	<input type="checkbox"/> Herbs & Spices	<input type="checkbox"/> Cramp Bark Extract
<input type="checkbox"/> BodyPro Almond Mayo Grade A Maple Syrup	<input type="checkbox"/> Allspice	<input type="checkbox"/> Cream of Tartar
<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Almond Flavor (natural, gluten free)	<input type="checkbox"/> Cumin
<input type="checkbox"/> Coconut Sugar	<input type="checkbox"/> Anise	<input type="checkbox"/> Curcumin
<input type="checkbox"/> Honey, (Organic)	<input type="checkbox"/> Ashwaganda	<input type="checkbox"/> Curry (must be GF)
<input type="checkbox"/> Honey, Manuka	<input type="checkbox"/> Astragalus	<input type="checkbox"/> Dandelion Root
<input type="checkbox"/> Honey, Wildflower from Mahava®	<input type="checkbox"/> Basil	<input type="checkbox"/> Dill
<input type="checkbox"/> Jerusalem Artichoke Syrup	<input type="checkbox"/> Bay Leaf	<input type="checkbox"/> Dong Quai
<input type="checkbox"/> Just Like Sugar®	<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Echinacea
<input type="checkbox"/> Lo Han	<input type="checkbox"/> Black Cohosh	<input type="checkbox"/> Fennel
<input type="checkbox"/> Maple Sugar	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Garam Masala
		<input type="checkbox"/> Garlic

<input type="checkbox"/> Garlic Pepper	<input type="checkbox"/> Milk Thistle	<input type="checkbox"/> Sage
<input type="checkbox"/> Garlic Powder	<input type="checkbox"/> Mint	<input type="checkbox"/> Saw Plametto
<input type="checkbox"/> Garlic Salt	<input type="checkbox"/> Mustard (as a Powder)	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Ginger	<input type="checkbox"/> Mustard Seeds (gluten free)	<input type="checkbox"/> Sesame Seeds, Black
<input type="checkbox"/> Ginkgo Biloba	<input type="checkbox"/> Nutmeg	<input type="checkbox"/> Shallots
<input type="checkbox"/> Ginseng (All Types)	<input type="checkbox"/> Olive Leaf Extract	<input type="checkbox"/> Spearmint
<input type="checkbox"/> Goldenseal	<input type="checkbox"/> Onion	<input type="checkbox"/> St. John's Wort
<input type="checkbox"/> Grapefruit Seed Extract	<input type="checkbox"/> Onion Powder	<input type="checkbox"/> Sumac
<input type="checkbox"/> Guarana	<input type="checkbox"/> Oregano	<input type="checkbox"/> Taco Seasoning
<input type="checkbox"/> Gymnema Silvestre	<input type="checkbox"/> Paprika	<input type="checkbox"/> Tarragon
<input type="checkbox"/> Herbs De Provence	<input type="checkbox"/> Paprika (smoked)	<input type="checkbox"/> Thyme
<input type="checkbox"/> Hickory	<input type="checkbox"/> Parsley	<input type="checkbox"/> Tomatillo
<input type="checkbox"/> Himalayan Salt	<input type="checkbox"/> Pepper, Black (see Garlic/Lemon Pepper)	<input type="checkbox"/> Turmeric
<input type="checkbox"/> Jamaican Jerk	<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Uva Ursi
<input type="checkbox"/> Juniper Berry	<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> Valerian
<input type="checkbox"/> Lavender	<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Vanilla (gluten and corn-free)
<input type="checkbox"/> Lemon Balm (Melissa Officinalis)	<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Lemongrass	<input type="checkbox"/> Pepper/Peppercorns	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Lemon Pepper	<input type="checkbox"/> Peppermint	<input type="checkbox"/> White Willow Bark Extract
<input type="checkbox"/> Licorice Root	<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Wintergreen
<input type="checkbox"/> Maca Root	<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Wormwood
<input type="checkbox"/> Mace Spice	<input type="checkbox"/> Rose Hips	
<input type="checkbox"/> Marjoram	<input type="checkbox"/> Rosemary	
<input type="checkbox"/> Mesquite	<input type="checkbox"/> Saffron	

<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> No foods in this Category	<input type="checkbox"/> Garbanzo Bean	<input type="checkbox"/> Hemp Meal
<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Garbanzo Flour	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> Kidney Bean	<input type="checkbox"/> Hemp Seed
<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Lentil(s)	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Red Bean Paste	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)
<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Oats (Certified GF)
<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> ProGranola (Julian Bakery)
<input type="checkbox"/> Bean, Chili	<input type="checkbox"/> Corn-Derived Foods	<input type="checkbox"/> Simple Mills - Everything Sprouted Seed Cracker
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Barbeque Sauce, GF Annie's® Sweet & Spicy	<input type="checkbox"/> Simple Mills Ground Sea Salt Almond Crackers
<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Simple Mills Rosemary & Sea Salt Crackers
<input type="checkbox"/> Bean, Kidney	<input type="checkbox"/> No foods in this Category	<input type="checkbox"/> Simple Mills Tomato & Basil Almond Crackers
<input type="checkbox"/> Bean, Lima	<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Tapioca
<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Almond Flour (gluten free)	<input type="checkbox"/> Tapioca Flour (gluten free)
<input type="checkbox"/> Bean, Navy	<input type="checkbox"/> Amaranth	<input type="checkbox"/> Tapioca Starch (gluten free)
<input type="checkbox"/> Bean, Ninja	<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Teff
<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Tolerant Green Lentil & Pea Pasta
<input type="checkbox"/> Bean, Red	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Tolerant Red or Green Lentil Pasta
<input type="checkbox"/> Bean, White	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Tortilla, Siete Chia & Cassava
<input type="checkbox"/> Beans	<input type="checkbox"/> Fava Bean Flour	
<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Flax Meal	
<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Garbanzo Flour	
<input type="checkbox"/> Fava Bean	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)	

☐ Beverages & Protein Powders

- ☐ Almond Milk, unsweetened (no tapioca)
- ☐ Coconut Kefir (No Tapioca, Carageenan)
- ☐ Coconut Milk(Native Forest or Natural Value)
- ☐ Coconut Water (low sugar)
- ☐ Coffee
- ☐ Coffee Bean, Organic
- ☐ Echinacea Tea
- ☐ Green Tea
- ☐ Hemp Protein (Powder)
- ☐ Lemon Juice
- ☐ Licorice Tea
- ☐ Lime Juice
- ☐ Mineral Water
- ☐ Sparkling Water, unflavored
- ☐ Tea, Black
- ☐ Tea, Chamomile
- ☐ Tea, Green
- ☐ Tea, Hibiscus
- ☐ Tea, Oolong
- ☐ Tea, Ramon
- ☐ Tea, Roobios
- ☐ Tea, White
- ☐ Water

☐ Yerba Matte Tea (Organic/Pure)☐ Zevia Drinks☐ Miscellaneous

- ☐ Acacia Gum
- ☐ Antimony
- ☐ Baking Soda (Arm & Hammer®)
- ☐ Chewing Gum, Xylicew®
- ☐ Chicory Root
- ☐ Cocoa/Cacao (raw, pure, & unsweetened)
- ☐ Glucomannon Flour (konjacfoods.com)
- ☐ Inulin
- ☐ Konjac Glucomannon Flour
- ☐ Locust Bean Gum
- ☐ Lycopene
- ☐ Modified Food Starch (Tapioca-based)
- ☐ Palm Wax
- ☐ Red Tomato Paste (gluten free)
- ☐ Silver
- ☐ Yeast, Baker's
- ☐ Yeast, Brewer's
- ☐ Yeast, Nutritional

☐ Snacks

No foods in this Category