

☐ **Beverages & Protein Powders**

- ☐ Bone Broth Protein, Beef
- ☐ Carrot Juice
- ☐ Coconut Kefir (No Tapioca, Carageenan)
- ☐ Coconut Milk(Native Forest or Natural Value)
- ☐ Coconut Water (low sugar)
- ☐ Coffee
- ☐ Coffee Bean, Organic
- ☐ Collagen Protein (Powder)
- ☐ Echinacea Tea
- ☐ Grapefruit Juice
- ☐ Green Tea
- ☐ Hemp Protein (Powder)
- ☐ Lemon Juice
- ☐ Licorice Tea
- ☐ Lime Juice
- ☐ Milk, Cow
- ☐ Milk, Goat
- ☐ Milk, Sheep
- ☐ Mineral Water
- ☐ Pea Protein
- ☐ Sparkling Water, unflavored

☐ Tea, Chamomile

- ☐ Tea, Hibiscus
- ☐ Tea, Ramon
- ☐ Tea, Roobios
- ☐ Water
- ☐ Yerba Matte Tea (Organic/Pure)
- ☐ Zevia Drinks

☐ **Condiments**

- ☐ Carob
- ☐ Coconut Vinegar (Coconut Secret)
- ☐ Dressing, Primal Kitchen Greek Avocado Oil
- ☐ Dressing, Primal Kitchen Honey Mustard
- ☐ Earth Balance® Coconut Spread
- ☐ Mayonnaise, Primal Kitchen Avocado Oil
- ☐ Tabasco Sauce
- ☐ Vinegar, Beet

☐ **Corn-Derived Foods**

- ☐ Cheese, Cream
- ☐ Corn (Gluten-free & Non-GMO)
- ☐ Corn Gluten
- ☐ Corn Meal (gluten free)
- ☐ Corn Oil
- ☐ Corn Starch (gluten free)
- ☐ Corn, Blue
- ☐ Corn, White
- ☐ Erythritol (non-GMO)
- ☐ Fructose
- ☐ Maltodextrin (Corn-based, non-GMO)
- ☐ Swerve® Xylitol
- ☐ Vegetable Oil
- ☐ Xanthan Gum

☐ **Fish & Shellfish**

- ☐ Anchovy
- ☐ Bass
- ☐ Catfish
- ☐ Chilean Sea Bass
- ☐ Cod/ Cod Liver Oil

<input type="checkbox"/> Corvina	<input type="checkbox"/> Tilapia (Non-farmed)	<input type="checkbox"/> Elderberry
<input type="checkbox"/> Crab	<input type="checkbox"/> Trout	<input type="checkbox"/> Fig
<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Tuna	<input type="checkbox"/> Goji Berry
<input type="checkbox"/> Crayfish	<input type="checkbox"/> Walleye Pike	<input type="checkbox"/> Golden Berry
<input type="checkbox"/> Flounder	<input type="checkbox"/> Whitefish/Turbot	<input type="checkbox"/> Gooseberry
<input type="checkbox"/> Hake		<input type="checkbox"/> Grapefruit
<input type="checkbox"/> Halibut	<input type="checkbox"/> Fruits	<input type="checkbox"/> Grapefruit Juice
<input type="checkbox"/> Herring	<input type="checkbox"/> Acai	<input type="checkbox"/> Guava
<input type="checkbox"/> Mackerel	<input type="checkbox"/> Apricot	<input type="checkbox"/> Huckleberry
<input type="checkbox"/> Mahi Mahi	<input type="checkbox"/> Banana	<input type="checkbox"/> Jack fruit
<input type="checkbox"/> Mussel	<input type="checkbox"/> Bilberry	<input type="checkbox"/> Kiwi
<input type="checkbox"/> Octopus	<input type="checkbox"/> Blackberry	<input type="checkbox"/> Kumquat
<input type="checkbox"/> Orange Roughy	<input type="checkbox"/> Blueberry	<input type="checkbox"/> Lemon
<input type="checkbox"/> Oyster	<input type="checkbox"/> Boysenberry	<input type="checkbox"/> Lemon Juice
<input type="checkbox"/> Perch	<input type="checkbox"/> Cherry	<input type="checkbox"/> Lemon Rind/Peel
<input type="checkbox"/> Red Snapper	<input type="checkbox"/> Clementine	<input type="checkbox"/> Lime
<input type="checkbox"/> Salmon, wild (fresh)	<input type="checkbox"/> Cranberry	<input type="checkbox"/> Lime Juice
<input type="checkbox"/> Sardines	<input type="checkbox"/> Cranberry Juice	<input type="checkbox"/> Litchi (aka Lychee)
<input type="checkbox"/> Scallop	<input type="checkbox"/> Currant	<input type="checkbox"/> Loganberry
<input type="checkbox"/> Sole	<input type="checkbox"/> Date(s)	<input type="checkbox"/> Loquat
<input type="checkbox"/> Squid	<input type="checkbox"/> Dragon Fruit (Pitaya)	<input type="checkbox"/> Mango
<input type="checkbox"/> Swai	<input type="checkbox"/> Dried Fruit	<input type="checkbox"/> Mangosteen

<input type="checkbox"/> Maqui	<input type="checkbox"/> Watermelon	<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Melon, Honeydew	<input type="checkbox"/> Wolfberry	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Monk Fruit (Pure)	<input type="checkbox"/> Youngberry	<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)
<input type="checkbox"/> Mulberry		<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Nectarines	<input type="checkbox"/> Gluten-Containing Foods	<input type="checkbox"/> Hemp Meal
<input type="checkbox"/> Noni	<input type="checkbox"/> Crab, Immitation	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Papaya		<input type="checkbox"/> Hemp Seed
<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Gluten-Free Grains	<input type="checkbox"/> Konjac Glucomannon Flour
<input type="checkbox"/> Pear	<input type="checkbox"/> Amaranth	<input type="checkbox"/> Millet
<input type="checkbox"/> Pear, Asian	<input type="checkbox"/> Arrowroot Flour/powder	<input type="checkbox"/> Oat Grass (Not For Gluten Sensitive)
<input type="checkbox"/> Persimmons	<input type="checkbox"/> Basmati Rice (gluten free)	<input type="checkbox"/> Oats (Bob's Red Mill Gluten Free Version)
<input type="checkbox"/> Plantain	<input type="checkbox"/> Buckwheat	<input type="checkbox"/> Oats (Certified GF)
<input type="checkbox"/> Plum	<input type="checkbox"/> Buckwheat Flour	<input type="checkbox"/> Potato Flour (gluten free)
<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Chicory Root	<input type="checkbox"/> Potato Starch (gluten free)
<input type="checkbox"/> Pomelo	<input type="checkbox"/> Coconut Flour (gluten free)	<input type="checkbox"/> Quinoa (gluten free)
<input type="checkbox"/> Prune	<input type="checkbox"/> Coconut Meal (gluten free)	<input type="checkbox"/> Quinoa, Black (gluten free)
<input type="checkbox"/> Quince	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Quinoa, Red (gluten free)
<input type="checkbox"/> Raisin (unsulfured, organic)	<input type="checkbox"/> Corn Meal (gluten free)	<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)
<input type="checkbox"/> Raspberry	<input type="checkbox"/> Corn Starch (gluten free)	<input type="checkbox"/> Sorghum
<input type="checkbox"/> Star Fruit	<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Tapioca
<input type="checkbox"/> Tamarind	<input type="checkbox"/> Corn, White	<input type="checkbox"/> Tapioca Flour (gluten free)
<input type="checkbox"/> Tangerine	<input type="checkbox"/> Fava Bean Flour	<input type="checkbox"/> Tapioca Starch (gluten free)

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| <input type="checkbox"/> Teff | <input type="checkbox"/> Cinnamon, Ceylon | <input type="checkbox"/> Hickory |
| <input type="checkbox"/> Tolerant Green Lentil & Pea Pasta | <input type="checkbox"/> Cloves | <input type="checkbox"/> Himalayan Salt |
| <input type="checkbox"/> Tolerant Red or Green Lentil Pasta | <input type="checkbox"/> Cloves, Madagascar | <input type="checkbox"/> Jamaican Jerk |
| <input type="checkbox"/> Tortilla, Siete Almond | <input type="checkbox"/> Cloves, Penang | <input type="checkbox"/> Juniper Berry |
| <input type="checkbox"/> Tortilla, Siete Cassava & Coconut | <input type="checkbox"/> Cramp Bark Extract | <input type="checkbox"/> Lavender |
| <input type="checkbox"/> Tortilla, Siete Chia & Cassava | <input type="checkbox"/> Cream of Tartar | <input type="checkbox"/> Lemon Balm (Melissa Officinalis) |
| | <input type="checkbox"/> Cumin | <input type="checkbox"/> Lemongrass |
| <input type="checkbox"/> Herbs & Spices | <input type="checkbox"/> Curcumin | <input type="checkbox"/> Licorice Root |
| <input type="checkbox"/> Allspice | <input type="checkbox"/> Curry (must be GF) | <input type="checkbox"/> Liquid Smoke gluten free (natural) |
| <input type="checkbox"/> Anise | <input type="checkbox"/> Dandelion Root | <input type="checkbox"/> Maca Root |
| <input type="checkbox"/> Ashwaganda | <input type="checkbox"/> Dong Quai | <input type="checkbox"/> Mace Spice |
| <input type="checkbox"/> Astragalus | <input type="checkbox"/> Echinacea | <input type="checkbox"/> Marjoram |
| <input type="checkbox"/> Bay Leaf | <input type="checkbox"/> Fennel | <input type="checkbox"/> Mesquite |
| <input type="checkbox"/> Black Cohosh | <input type="checkbox"/> Ginger | <input type="checkbox"/> Milk Thistle |
| <input type="checkbox"/> Caraway Seed | <input type="checkbox"/> Ginkgo Biloba | <input type="checkbox"/> Mint |
| <input type="checkbox"/> Cardamom | <input type="checkbox"/> Ginseng (All Types) | <input type="checkbox"/> Mustard Seeds (gluten free) |
| <input type="checkbox"/> Celery Powder | <input type="checkbox"/> Goldenseal | <input type="checkbox"/> Nutmeg |
| <input type="checkbox"/> Chicory Root | <input type="checkbox"/> Grapefruit Seed Extract | <input type="checkbox"/> Olive Leaf Extract |
| <input type="checkbox"/> Chili Powder | <input type="checkbox"/> Grapeseed Extract | <input type="checkbox"/> Orange Salt |
| <input type="checkbox"/> Chipotle Seasoning | <input type="checkbox"/> Guarana | <input type="checkbox"/> Oregano |
| <input type="checkbox"/> Cilantro/Coriander | <input type="checkbox"/> Gymnema Silvestre | <input type="checkbox"/> Paprika |
| <input type="checkbox"/> Cinnamon | <input type="checkbox"/> Herbs De Provence | <input type="checkbox"/> Paprika (smoked) |

<input type="checkbox"/> Parsley	<input type="checkbox"/> Vanilla Bean	<input type="checkbox"/> Fava Bean
<input type="checkbox"/> Pepper, Cayenne	<input type="checkbox"/> Vanilla Powder	<input type="checkbox"/> Fava Bean Flour
<input type="checkbox"/> Pepper, Red	<input type="checkbox"/> White Willow Bark Extract	<input type="checkbox"/> Garbanzo Bean
<input type="checkbox"/> Pepper, Sichuan	<input type="checkbox"/> Wintergreen	<input type="checkbox"/> Garbanzo Flour
<input type="checkbox"/> Pepper, Szechuan	<input type="checkbox"/> Wormwood	<input type="checkbox"/> Lentil(s)
<input type="checkbox"/> Peppermint		<input type="checkbox"/> Pea, Snap
<input type="checkbox"/> Pine Bark Extract	<input type="checkbox"/> Legumes & Pulses	<input type="checkbox"/> Pea, Snow
<input type="checkbox"/> Red Pepper Flake	<input type="checkbox"/> Bean, Azuki	<input type="checkbox"/> Pea, Split
<input type="checkbox"/> Rose Hips	<input type="checkbox"/> Bean, Black	<input type="checkbox"/> Red Bean Paste
<input type="checkbox"/> Rosemary	<input type="checkbox"/> Bean, Butter	<input type="checkbox"/> Vanilla Bean
<input type="checkbox"/> Saffron	<input type="checkbox"/> Bean, Cannellini	<input type="checkbox"/> Vanilla Powder
<input type="checkbox"/> Sage	<input type="checkbox"/> Bean, Chana Dahl	<input type="checkbox"/> White Beans
<input type="checkbox"/> Saw Plametto	<input type="checkbox"/> Bean, Chili	
<input type="checkbox"/> Shallots	<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Meat & Poultry
<input type="checkbox"/> Spearmint	<input type="checkbox"/> Bean, Italian	<input type="checkbox"/> Applegate® organic bacon
<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Bean, Kidney	<input type="checkbox"/> Applegate® organic black forest ham
<input type="checkbox"/> Sumac	<input type="checkbox"/> Bean, Mung	<input type="checkbox"/> Applegate® organic ham
<input type="checkbox"/> Thyme	<input type="checkbox"/> Bean, Navy/Ninja	<input type="checkbox"/> Bison (see also Buffalo)
<input type="checkbox"/> Turmeric	<input type="checkbox"/> Bean, Pinto/Frijole	<input type="checkbox"/> Buffalo (see also Bison)
<input type="checkbox"/> Uva Ursi	<input type="checkbox"/> Bean, Red (see also Bean, Kidney)	<input type="checkbox"/> Chicken, free range (organic)
<input type="checkbox"/> Valerian	<input type="checkbox"/> Chickpea (see also Garbanzo Bean)	<input type="checkbox"/> Deer (see also Venison)
<input type="checkbox"/> Vanilla (gluten and corn-free)	<input type="checkbox"/> Coffee Bean, Organic	<input type="checkbox"/> Duck

<input type="checkbox"/> Goat, Grass-fed only (organic)	<input type="checkbox"/> Cheese, Havarti	<input type="checkbox"/> Milk Chocolate
<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Cheese, Machego	<input type="checkbox"/> Milk, Cow
<input type="checkbox"/> Ostrich	<input type="checkbox"/> Cheese, Marscapone	<input type="checkbox"/> Milk, Goat
<input type="checkbox"/> Pheasant	<input type="checkbox"/> Cheese, Mozzarella (Raw)	<input type="checkbox"/> Milk, Sheep
<input type="checkbox"/> Pork, (organic)	<input type="checkbox"/> Cheese, Muenster	<input type="checkbox"/> Mozzarella Cheese
<input type="checkbox"/> Quail	<input type="checkbox"/> Cheese, Parmesan	<input type="checkbox"/> Sour Cream, Raw and Unpasteurized
<input type="checkbox"/> Rabbit	<input type="checkbox"/> Cheese, Pecorino	<input type="checkbox"/> Whey
<input type="checkbox"/> Venison (see also Deer)	<input type="checkbox"/> Cheese, Provolone	
	<input type="checkbox"/> Cheese, Raw and Pasture-raised	<input type="checkbox"/> Miscellaneous
<input type="checkbox"/> Milk-Containing Foods	<input type="checkbox"/> Cheese, Ricotta	<input type="checkbox"/> Acacia Gum
<input type="checkbox"/> Butter, Raw and Pasture-raised	<input type="checkbox"/> Cheese, Romano	<input type="checkbox"/> Agar Gum
<input type="checkbox"/> Buttermilk	<input type="checkbox"/> Cheese, Sheep	<input type="checkbox"/> Antimony
<input type="checkbox"/> Casein	<input type="checkbox"/> Cheese, String (Mozzarella)	<input type="checkbox"/> Arabic Gum
<input type="checkbox"/> Cheese, American	<input type="checkbox"/> Cheese, Swiss	<input type="checkbox"/> Baking Powder
<input type="checkbox"/> Cheese, Asiago	<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Baking Soda (Arm & Hammer®)
<input type="checkbox"/> Cheese, Brie	<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Blue Food Dye
<input type="checkbox"/> Cheese, Cottage	<input type="checkbox"/> Cream, Raw and Unpasteurized	<input type="checkbox"/> Carrageenan Gum
<input type="checkbox"/> Cheese, Cream	<input type="checkbox"/> Ghee (Pasture-Raised, Organic)	<input type="checkbox"/> Chewing Gum, Xylichew®
<input type="checkbox"/> Cheese, Feta	<input type="checkbox"/> Goat Cheese	<input type="checkbox"/> Chicory Root
<input type="checkbox"/> Cheese, Goat	<input type="checkbox"/> Goat Kefir	<input type="checkbox"/> Cocoa Butter
<input type="checkbox"/> Cheese, Gorgonzola	<input type="checkbox"/> Kefir, Raw	<input type="checkbox"/> Cocoa/Cacao (raw, pure, & unsweetened)
<input type="checkbox"/> Cheese, Gouda	<input type="checkbox"/> Lactoalbumin	<input type="checkbox"/> Coconut Aminos®

<input type="checkbox"/> Coconut Cream	<input type="checkbox"/> Tragacanth Gum	<input type="checkbox"/> Coconut, shredded (raw, unsweetened)
<input type="checkbox"/> Collagen Protein (Powder)	<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Corn Oil
<input type="checkbox"/> Formaldehyde	<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Cottonseed/Cottonseed Oil
<input type="checkbox"/> GemWraps®, Sandwich Wrap (Mango/Chi.)	<input type="checkbox"/> Xanthan Gum	<input type="checkbox"/> Flax Meal
<input type="checkbox"/> Glucomannon Flour (konjacfoods.com)		<input type="checkbox"/> Flax Oil
<input type="checkbox"/> Great Lake's® Beef Gelatin	<input type="checkbox"/> Non-Dairy & Eggs	<input type="checkbox"/> Flax Seed
<input type="checkbox"/> Guar Gum	<input type="checkbox"/> Coconut Kefir (No Tapioca, Carageenan)	<input type="checkbox"/> Grapeseed Oil, Organic
<input type="checkbox"/> Hops	<input type="checkbox"/> Coconut Milk(Native Forest or Natural Value)	<input type="checkbox"/> Hazelnut Flour
<input type="checkbox"/> Inulin	<input type="checkbox"/> Paleo Cheese (Julianbakery.com or	<input type="checkbox"/> Hazelnut/Filbert
<input type="checkbox"/> Julian Bakery Paleo Wraps		<input type="checkbox"/> Hemp Meal
<input type="checkbox"/> Konjac Glucomannon Flour	<input type="checkbox"/> Nuts, Seeds, Drupes & Oils	<input type="checkbox"/> Hemp Protein (Powder)
<input type="checkbox"/> Lard (pork)	<input type="checkbox"/> Annatto Seed	<input type="checkbox"/> Hemp Seed
<input type="checkbox"/> Latex	<input type="checkbox"/> Brazil Nut	<input type="checkbox"/> Hydrogenated Oils
<input type="checkbox"/> Locust Bean Gum	<input type="checkbox"/> Canola/Rapeseed Oil	<input type="checkbox"/> Macadamia Nut Oil
<input type="checkbox"/> Lycopene	<input type="checkbox"/> Caraway Seed	<input type="checkbox"/> Macadamia Nuts
<input type="checkbox"/> Modified Food Starch (Tapioca-based)	<input type="checkbox"/> Cashew Butter	<input type="checkbox"/> Olive Leaf Extract
<input type="checkbox"/> Palm Wax	<input type="checkbox"/> Cashew Meal	<input type="checkbox"/> Olive Oil, Virgin
<input type="checkbox"/> Pycnogenol	<input type="checkbox"/> Cashews	<input type="checkbox"/> Palm Kernel Oil
<input type="checkbox"/> Red Food Dye	<input type="checkbox"/> Chestnut	<input type="checkbox"/> Pecan
<input type="checkbox"/> Resveratrol	<input type="checkbox"/> Chia Seed (1/4 cup, max)	<input type="checkbox"/> Pecan Flour
<input type="checkbox"/> Rice Starch (if certified gluten free)	<input type="checkbox"/> Coconut Butter	<input type="checkbox"/> Pepitas
<input type="checkbox"/> Silver	<input type="checkbox"/> Coconut Oil	<input type="checkbox"/> Pili Nuts

<input type="checkbox"/> Pine Nut	<input type="checkbox"/> Snacks	<input type="checkbox"/> Maltodextrin (Tapioca-based)
<input type="checkbox"/> Pistachios	<input type="checkbox"/> Date(s)	<input type="checkbox"/> Maple Sugar
<input type="checkbox"/> Poppy seeds	<input type="checkbox"/> Simple Mills Chocolate Chip Cookies	<input type="checkbox"/> Maple Syrup (Grade A Dark Amber Organic)
<input type="checkbox"/> Psyllium Husk		<input type="checkbox"/> Molasses
<input type="checkbox"/> Pumpkin Oil	<input type="checkbox"/> Sweeteners	<input type="checkbox"/> Monk Fruit (Pure)
<input type="checkbox"/> Pumpkin Seed Oil	<input type="checkbox"/> Agave Nectar	<input type="checkbox"/> Monk Fruit Extract
<input type="checkbox"/> Pumpkin Seeds	<input type="checkbox"/> Aspartame/Nutrasweet	<input type="checkbox"/> Nutrasweet®
<input type="checkbox"/> Ramon Seeds	<input type="checkbox"/> Cane Syrup	<input type="checkbox"/> Rebiana Leaf (Stevia)
<input type="checkbox"/> Rice, Wild (Lundberg® - not the blend)	<input type="checkbox"/> Chocolate, Dark	<input type="checkbox"/> Sorbitol
<input type="checkbox"/> Sacha Inchi Seeds	<input type="checkbox"/> Chocolate, Milk	<input type="checkbox"/> Splenda
<input type="checkbox"/> Safflower/Safflower Seed Oil	<input type="checkbox"/> Chocolate, White	<input type="checkbox"/> Sucanat
<input type="checkbox"/> Sunflower Seed Butter	<input type="checkbox"/> Coconut Palm Sugar	<input type="checkbox"/> Sucralose
<input type="checkbox"/> Sunflower Seed Lecithin	<input type="checkbox"/> Coconut Sugar	<input type="checkbox"/> Sugar Beet
<input type="checkbox"/> Sunflower Seed Oil	<input type="checkbox"/> Date Sugar	<input type="checkbox"/> Sugar Cane
<input type="checkbox"/> Sunflower Seeds	<input type="checkbox"/> Erythritol (non-GMO)	<input type="checkbox"/> Sweetleaf® Stevia
<input type="checkbox"/> Tahini	<input type="checkbox"/> Fructose	<input type="checkbox"/> Swerve® Xylitol
<input type="checkbox"/> Tea, Ramon	<input type="checkbox"/> Fruit Pectin	<input type="checkbox"/> Tapioca Dextrose
<input type="checkbox"/> Tiger Nuts	<input type="checkbox"/> Jerusalem Artichoke Syrup	<input type="checkbox"/> Xyla (Birchwood Xylitol/non-corn source)
<input type="checkbox"/> Vegetable Oil	<input type="checkbox"/> Just Like Sugar®	<input type="checkbox"/> Yacon Syrup
<input type="checkbox"/> Vegetable Shortening (Spectrum®)	<input type="checkbox"/> Lo Han	
<input type="checkbox"/> Walnut, Black (few)	<input type="checkbox"/> Maltitol	
	<input type="checkbox"/> Maltodextrin (Corn-based, non-GMO)	

<input type="checkbox"/> Vegetables	<input type="checkbox"/> Capers	<input type="checkbox"/> Endive
<input type="checkbox"/> Alfalfa Sprouts	<input type="checkbox"/> Capsicum	<input type="checkbox"/> Fennel
<input type="checkbox"/> Aloe Vera	<input type="checkbox"/> Carrot Juice	<input type="checkbox"/> Hearts of Palm
<input type="checkbox"/> Artichoke (not pickled)	<input type="checkbox"/> Carrot, Orange	<input type="checkbox"/> Horseradish
<input type="checkbox"/> Artichoke, Jerusalem (not pickled)	<input type="checkbox"/> Carrot, Purple	<input type="checkbox"/> Jicama
<input type="checkbox"/> Arugula	<input type="checkbox"/> Carrot, White	<input type="checkbox"/> Kohlrabi
<input type="checkbox"/> Bamboo Shoot	<input type="checkbox"/> Carrot, Yellow	<input type="checkbox"/> Kombu
<input type="checkbox"/> Bean Sprout	<input type="checkbox"/> Cassava (see Tapioca and Yucca)	<input type="checkbox"/> Leeks
<input type="checkbox"/> Bean, Green	<input type="checkbox"/> Celery	<input type="checkbox"/> Lettuce, all types
<input type="checkbox"/> Beet	<input type="checkbox"/> Chard	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Beet Greens	<input type="checkbox"/> Chayote	<input type="checkbox"/> Nori
<input type="checkbox"/> Bell Pepper	<input type="checkbox"/> Chives	<input type="checkbox"/> Okra
<input type="checkbox"/> Bell Pepper, Green	<input type="checkbox"/> Coconut (raw and unsweetened)	<input type="checkbox"/> Olives (without vinegar)
<input type="checkbox"/> Bell Pepper, Orange	<input type="checkbox"/> Coconut Concentrate	<input type="checkbox"/> Onion, Green
<input type="checkbox"/> Bell Pepper, Red	<input type="checkbox"/> Collard Greens	<input type="checkbox"/> Onion, Maui
<input type="checkbox"/> Bell Pepper, Yellow	<input type="checkbox"/> Corn (Gluten-free & Non-GMO)	<input type="checkbox"/> Onion, Red
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Corn, Blue	<input type="checkbox"/> Onion, Sweet
<input type="checkbox"/> Broccoli Rabe	<input type="checkbox"/> Corn, White	<input type="checkbox"/> Onion, Yellow
<input type="checkbox"/> Broccoli Sprouts	<input type="checkbox"/> Daikon Radish	<input type="checkbox"/> Parsley
<input type="checkbox"/> Broccolini	<input type="checkbox"/> Dandelion Greens	<input type="checkbox"/> Parsnip
<input type="checkbox"/> Burdock	<input type="checkbox"/> Dandelion Root	<input type="checkbox"/> Pea Protein
<input type="checkbox"/> Cactus (Nopales)	<input type="checkbox"/> Eggplant	<input type="checkbox"/> Pea, Black-Eyed

sundas malik

09/08/2017

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|---|---|
| <input type="checkbox"/> Pea, Green | <input type="checkbox"/> Pumpkin Powder |
| <input type="checkbox"/> Pea, Snap | <input type="checkbox"/> Radicchio |
| <input type="checkbox"/> Pea, Snow | <input type="checkbox"/> Radish |
| <input type="checkbox"/> Pea, Split | <input type="checkbox"/> Rainbow Chard |
| <input type="checkbox"/> Pepper, Anaheim | <input type="checkbox"/> Rhubarb |
| <input type="checkbox"/> Pepper, Chili | <input type="checkbox"/> Rutabaga |
| <input type="checkbox"/> Pepper, Green | <input type="checkbox"/> Scallions |
| <input type="checkbox"/> Pepper, Habanero | <input type="checkbox"/> Shallots |
| <input type="checkbox"/> Pepper, Jalapeño | <input type="checkbox"/> Spinach |
| <input type="checkbox"/> Pepper, Poblano | <input type="checkbox"/> Spirulina |
| <input type="checkbox"/> Pepper, Red | <input type="checkbox"/> Sugar Beet |
| <input type="checkbox"/> Pepper, Serrano | <input type="checkbox"/> Swiss Chard |
| <input type="checkbox"/> Pimento | <input type="checkbox"/> Truffle |
| <input type="checkbox"/> Potato, Fingerling | <input type="checkbox"/> Turnip Greens |
| <input type="checkbox"/> Potato, Purple | <input type="checkbox"/> Turnips |
| <input type="checkbox"/> Potato, Red | <input type="checkbox"/> Water Chestnut |
| <input type="checkbox"/> Potato, Russet | <input type="checkbox"/> Watercress |
| <input type="checkbox"/> Potato, White | <input type="checkbox"/> Yams, Garnett |
| <input type="checkbox"/> Potato, Yukon Gold | <input type="checkbox"/> Yams, Japanese |
| <input type="checkbox"/> Prickly Pear | <input type="checkbox"/> Yucca |
| <input type="checkbox"/> Psyllium Husk | <input type="checkbox"/> Zucchini |
| <input type="checkbox"/> Pumpkin | |