# Untitled

#### Ben Best

#### R Markdown

test

#### sub header

This is an R Markdown document. Markdown is a simple formatting syntax for authoring HTML, PDF, and MS Word documents. For more details on using R Markdown see http://rmarkdown.rstudio.com.

- item a
- another b
- 1. first
- 2. second

When you click the **Knit** button a document will be generated that includes both content as well as the output of any embedded R code chunks within the document. You can embed an R code chunk like this:

## summary(cars)

```
##
        speed
                         dist
           : 4.0
                           : 2.00
##
   Min.
                    Min.
    1st Qu.:12.0
                    1st Qu.: 26.00
                    Median : 36.00
##
    Median:15.0
           :15.4
                   Mean
                           : 42.98
##
    Mean
                    3rd Qu.: 56.00
##
    3rd Qu.:19.0
##
    Max.
           :25.0
                   Max.
                           :120.00
```

### **Including Plots**

You can also embed plots, for example:



Note that the echo = FALSE parameter was added to the code chunk to prevent printing of the R code that generated the plot.