Prefix appearing below is **Control-b** by default.
Customization on the right of this doc adds **Control-a** as *Prefix* too.

Sessions

tmux # start a new session (default session names are 0,1,2,..)
tmux new -s <name> # specify name ("-s" for "specify")
Prefix d # detach session (from within tmux session)
tmux ls # list sessions
tmux attach -t <name> # attach session ("-t" for "target")
tmux rename -t <oldname> <newname> # rename session
tmux kill-session -t <name>

Windows (Tabs)

Mouse for window selection can be enabled (see the Customization)
Prefix c # create a new window
Prefix lsw # list windows
Prefix <name> # select window (default names are 0,1,2,..)

Panes

Mouse for pane selection can be enabled (see the Customization)
Prefix " # split vertically (default keybind)
Prefix - # split vertically (with the Customization)
Prefix % # split horizontally (default keybind)
Prefix | # split horizontally (with the Customization)
Prefix \ # split horizontally (with the Customization)
Prefix <arrow_key> # move pane focus
Prefix Control-<arrow_key> # resize pane
Prefix z # toggle fullsize window

Misc

Control-l clears the window (like clear command, not tmux's feature)

Customization

This is ~/.tmux.conf which tmux loads upon start.
To manually load this, run [[tmux source-file ~/.tmux.conf]]
To run a tmux command on prompt, do e.g. [[tmux set -g mouse on]]

set -g default-command "exec /usr/bin/fish"

Use mouse to resize panes, click on status bar, etc
set -g mouse on

Use Control-a as prefix (in addition to the default C-b)
set -g prefix C-a
bind C-a send-prefix

Use - for vertical split (in addition to the default ")
bind - split-window -v

Use | for horizontal split (in addition to the default %)
Also use \ to avoid Shift-key (depends on keyboard layout)
bind | split-window -h
bind \ split-window -h

Check key bindings

tmux list-keys | less
less' keybinds: **-S** toggle line-wrap, **/** search (**n** next, **p** prev)
The output should show lines starting with **bind-key** (see below).
"-T copy-mode", "-T prefix", and "-T root" indicate tmux's mode.
For example, the line with "-T prefix" below indicates Control-a is
mapped to send-prefix. The bottom 2 lines indicate that mouse is on.
bind-key -T copy-mode C-space send-keys -X begin-selection
bind-key -T prefix   C-a   send-prefix
bind-key -T root MouseDown1Pane   select-pane -t = ; send-keys -M
bind-key -T root MouseDown1Status select-window -t =