

## PATIENT TESTING INSTRUCTIONS

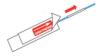
## **TESTING INSTRUCTIONS**



STEP 1: Make sure your patient does NOT eat, drink, smoke, chew gum or kiss for 30 minutes before testing.



STEP 2: Take the small out of bag and place it standing up on a flat surface.



STEP 3: Remove One Swab from its package. Please DO NOT touch the cotton end of the swab.



STEP 4: Insert the cotton end of the swab into your mouth and rub firmly against the inside of your LEFT cheek rolling the swab around with pressure for about 30 seconds.



STEP 5: Now hold the small VIAL steady in one hand and insert the swab, cotton end first, into the vial. You will have to apply some force to Insert it into the bottom liquid part of the vial. Slowly TWIST the swab and MOVE IT UP AND DOWN rapidly inside the vial about 10 TIMES, then throw away the swab only and place the top back on the vial.



STEP 6: Remove the Second Swab from its package. Repeat Step 4 & Step 5 with your second swab on your RIGHT cheek.



STEP 7: Now put the VIAL cap on TIGHTLY and place the VIAL inside the plastic biohazard bag and zip it closed. \*\*\*Now REPEAT steps (2 - 7) one more time and your test is complete.



STEP 8: Have your patient SIGN the Patient Authorization Card and insert it into the biohazard bag with the sample.

STEP 9: Insert the completed PATIENT PROFILE SHEET in the biohazard bag.