

# NEWS LETTER

## WHAT IS WRONG WITH PUNDANA?

An honest look into  
the issues affecting  
student life on campus

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### 1. FACILITIES: ARE WE BEING HEARD?

#### DORMS IN DECLINE

Students have raised consistent complaints about basic facilities in their dormitories. From unstable Wi-Fi and inconsistent water supply to broken furniture and slow maintenance of lights or fans — these issues have affected comfort and productivity.

#### FITNESS FRUSTRATIONS

The campus gym is under-equipped and too small to cater to student needs. This makes it difficult for many to maintain a healthy lifestyle or feel motivated to stay active.

#### LIMITED SPORTS FACILITIES

With not enough accessible sports courts, especially during weekends or peak hours, students often miss out on engaging in sports or team activities that are crucial for social and physical development.



Picture 2: View of UiTM cawangan Selangor  
Source: UiTM Puncak Perdana Facebook



Picture 3: View of UiTM graduates  
Source: UiTM

## 2. STUDENT CONDUCT: WHERE DO WE DRAW THE LINE?

### Freedom Misused



While freedom is essential for personal growth, some students have taken it too far, behaving in ways that challenge campus values and norms.

### The Silent Struggle



Ironically, many others face the opposite problem — struggling to make friends, connect with peers, or find a sense of belonging within the campus community.

### Ignoring the SRD



There's a noticeable lack of adherence to the Student Code of Conduct. Issues like improper attire and disrespectful behavior reflect a gap in discipline and campus culture awareness.

### Relationship Woes



While relationships are a part of student life, some become distractions, leading to emotional stress, conflict, and even academic decline.

## 3. TIME MANAGEMENT: THE UNSEEN CRISIS

Balancing studies, social commitments, and personal life is an ongoing battle for many students. Poor time management often results in missed deadlines, burnout, or underachievement — especially during high-pressure weeks.

## 4. Mental Health: Breaking the Silence

### Overwhelmed by Stress

Academic pressure, social expectations, and personal challenges have created a stressful environment that many students feel ill-equipped to manage.

### The Reality of Depression

For some, the stress goes deeper — leading to feelings of isolation, hopelessness, or even depression. Many suffer in silence due to a lack of support, awareness, or access to help.

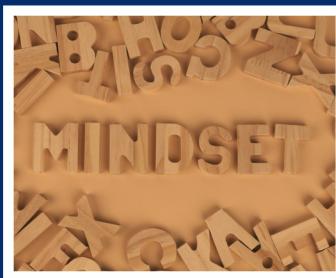
# Discrimination & Sexual Harassment

## Sexual Harassment Cannot Be Ignored

Disturbing reports of inappropriate touching and unwelcome advances signal an urgent need for stronger awareness campaigns, strict enforcement, and support systems to protect everyone.



### The Truth



Picture 3: The picture shows violence taking place.

Picture 3: A picture shows a student being bullied.

### Words That Wound

Casual name-calling, teasing, or jokes based on someone's background, appearance, or beliefs can deeply hurt and alienate students.

### From Arguments to Violence

Personal conflicts sometimes spiral into verbal or even physical altercations, raising serious concerns about safety on campus.

### Bullying & Stalking

Bullying, both online and offline, continues to exist. Some students have also reported cases of stalking, which disrupt their peace of mind and daily life.

Your voice matters. Let's fix Pundana together.

Have feedback? Email us at [pundanavoice@campusmail.edu](mailto:pundanavoice@campusmail.edu)