

Tarot Card Reader

A tarot reading can help you plan your life better

A **Tarot reading** is not just future prediction. It is used as a means for divine understanding and better future insight. It helps us to identify any obstacles that stand in our way and also guides us to know the resources we possess within us. It helps individuals to make decisions which would make their lives better. It gives answers from psychological to spiritual matters. A Tarot reading can make a meaningful statement about our lives, however difficult or challenging things happen to be for us at the time in question.

In other words, a tarot reading guides individuals and helps them to realize their complete potential. The cards deal with a person's 'karma', spiritual growth, rebirth and re-incarnation, a concept not well accepted by the western world as compared to the eastern religions and philosophies.

Tarot cards benevolently warn about the danger or path which lies ahead if you stay on your current course and change nothing. Tarot is supposed to make you think and act.

Tarot cards have existed for hundreds of years, though their exact origin is uncertain. It is believed that sometime in the medieval times, the gypsies introduced tarot into Europe. It is also known to have been in use in Italy in early 14th century.

A tarot deck has 78 or 79 cards in it. There are different varieties of tarot cards with different projections in it. The tarot cards in a deck are divided into two sets. One set of cards are called the Major cards or Major Arcanas and are 22 or 23 in number. It has different symbolic pictures like the sun, devil, the world, the wheel of fortune etc. and deals with a person's karmic cycle. The second set of cards is called the Minor cards or Minor Arcana's and they are 56 in number. These represent daily life, and are further sub divided into financial affairs, emotional bonds, creative ideas, and areas of conflict.

A Reiki Treatment

The method of receiving a Reiki treatment from a practitioner is a very simple process. The recipient simply relaxes. The practitioner gently places their hands non-intrusively in a sequence of positions which cover the whole body. The whole person is treated rather than specific symptoms. A full treatment usually takes 1 to 1½ hours with each position held for several minutes.

Which conditions can Reiki help?

It is possible to heal at any level of being: physical, mental, emotional or spiritual. Acute injuries can be helped to heal quickly but more chronic illness takes longer. In some cases such as terminal illness, there is not enough time for the progress of the disease to be reversed. However, in such cases there is usually great benefit and enhancement of the quality of life giving a sense of peace and acceptance during the time remaining.

Reiki healing can be given anywhere at any time as no special equipment is needed. The practitioner is a channel which the energy is drawn through by the need or imbalance in the recipient. Neither person has to use any effort of will or concentration during this process.

Chakra Energising, Chakra Balancing and Aura Cleansing



I offer Chakra Energising and Aura Cleansing to energise your chakras and cleanse any blemishes within your Aura that might be holding you back in living the type of life you want for yourself. A session with me would eliminate all negatives in the aura, and leave you feeling positive, energized and ready to enjoy the beautiful journey called life!!

Chakra healing and cleansing

What are chakras?

Chakras are the energy centers in our energy bodies that are linked to one another and the seven glands of the endocrine system which they govern. They control our experiences, sensations and feelings. We will normally gain peak performance in body and soul once they are in balance and in sync. When they are not balanced, it can lead to ill health and other emotional and spiritual problems. When one (or more) of the chakra is blocked and the energy does not flow harmoniously through them, or it is wide open, it will result in imbalance that is manifested in all areas of life. Although we have more than 100 minor chakras in our bodies, there are 7 major chakras.

- **Crown Chakra:** A balanced chakra manifests unity, spiritual consciousness, infinity and freedom
- **Third eye Chakra:** A balanced chakra manifests focus, concentration, and inner wisdom.
- **Throat Chakra:** A balanced chakra manifests emotional balance, peace, calm, joy, determination and will for action. An unbalanced one brings about jealousy and low self-esteem.
- **Heart Chakra:** A balanced chakra manifests love, gentleness, adoration and healing while an unbalanced one brings lethargy, laziness and passivity in day to day matters.
- **Solar Plexus Chakra:** A balanced chakra manifests peace and calm under any circumstances. A negative one manifests greed, obesity and fear.
- **Sacral Chakra:** A balanced chakra manifests the appreciation of all things beautiful. An unbalanced one manifests anger, menace, hatred and apathy.
- **Root Chakra:** A balanced chakra manifests the need of the physical body, purity and resurrection. An unbalanced one addresses all survival issues in terms of physical illness as well as economic conditions.

Balancing the Chakras

The most common method of aligning your chakras is meditation. If one cannot do this, the best option is using professional help.

Hypnotherapy/Past Life Regression

Hypnotherapy Covers: Age Regression, Past Life Regression, Dealing with Fears and Phobias

Hypnosis is a state of altered awareness in which access is available to the subconscious mind. Unlike the sleep state, where one is oblivious to what is happening around you, the hypnotic state is one in which the conscious mind is awake and aware of what is going on.

Hypnotherapy can be used for confidence building, self esteem, goal accomplishment, stress reduction. We can handle fears and phobias, deal with emotions like anger and hatred and solve other health issues through hypnosis.

The use of **age regression** and **past life regression** helps solve issues which have been with us since childhood, or even since a previous life.

Crystals and Crystal Healing

Crystals have been on earth long before human civilization and today, quartz crystals are being used in science and technology in various areas. Crystals are a great help in alternate healing. They help change the vibration of a person, or a room or a space where they are placed. They help remove blocks created due to beliefs, or any negative energy. They give protection from psychic attacks. They also help those inclined to connect to the divine energy and are an excellent tool for meditation.