

# Keeping Your Family Safe From Mosquitoes

How to avoid mosquito-borne illness



If you think you have a sinus infection, don't worry! Thanks to your health system, you have access to MDLIVE.

**Need care? Speak to a board-certified MDLIVE doctor on average in less than 10 minutes**

There's no need to wait days for an appointment or to struggle in to urgent care – just sign in and talk to a doctor via secure video, phone, or the MDLIVE app from your home, office, or on the go. Most of the time antibiotics aren't needed, but if they are, your MDLIVE doctor can send an e-prescription to your local pharmacy. It's quality virtual care, anywhere.

To activate your benefit and receive convenient care 24/7/365, you'll need to first register. Visit **MDLIVE.com/company** and learn more about all the services MDLIVE provides, and any out-of-pocket cost or co-pay.

## Have a cold that's just not getting better? If

you're experiencing these symptoms, you're might have acute sinusitis – inflammation of the sinuses:

- Bad breath or loss of smell
- Cough, often worse at night
- Fatigue and general feeling of being unwell
- Fever
- Headache
- Pressure-like pain, pain behind the eyes, toothache, or facial tenderness
- Nasal stuffiness and discharge
- Sore throat and postnasal drip

Activate your account online or by phone.

## MDLIVE.com/company

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Download the MDLIVE App



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