



Virtual Care, Anywhere.



When should you see a doctor for allergies?

Are you one of the 50 million Americans who struggle with allergy symptoms like sneezing, stuffy or runny nose, red eyes, itching, and swelling in the throat, ear, or eyelids? If so, you might be wondering when it's safe to treat your allergies yourself, and when you should seek professional help. **To avoid mistreating your allergies or even making your symptoms worse, see a doctor when:**

...you're not sure if you have allergies or a cold.

...your symptoms are interfering with day-to-day life.

...over-the-counter medicines aren't helping.

...you have other health problems, like high blood pressure, enlarged prostate, diabetes, heart disease, or kidney disease.

If you're struggling with allergies, don't worry! Thanks to your employer, you have access to MDLIVE.

Need care?

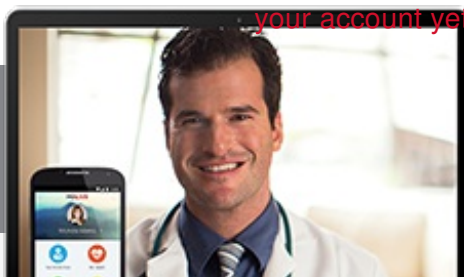
Speak to a board-certified MDLIVE doctor in an average of 10 minutes or less.

There's no need to wait days for an appointment or to struggle in to urgent care. Simply sign in and talk to a doctor via secure video, phone, or the MDLIVE App—from your home, office, or on the go. If your symptoms warrant, your MDLIVE doctor can send an e-prescription to your local pharmacy.

It's quality virtual care, anywhere.

To activate your benefit and receive convenient care, 24/7/365, you'll need to first register. Visit MDLIVE.com/company and learn more about all the services MDLIVE provides, and any out-of-pocket cost or co-pay you may be responsible for.

Have you **ACTIVATED** your account yet?



MDLIVE.com/company

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