# Free-Writing

CONCEPT

Free writing or free association is a writing technique where a person writes continuously for a set period of time without regard to spelling, grammar or topic. It produces writing that is a stream of consciousness: raw, unaltered and authentic. For the next 20 days, I will do 4 2-minute free writing exercises a day and create an archive of these.

The writings will remain unedited. All text will be uploaded despite the content. This will explore the concept of the artist or designer's vulnerability in creating meaningful work.

Introspection is extremely important to me. However, the process of self-exploration is oftentimes a private matter. I hope to create something that publicly showcases this process.

reference page:
http://kellereasterling.com/
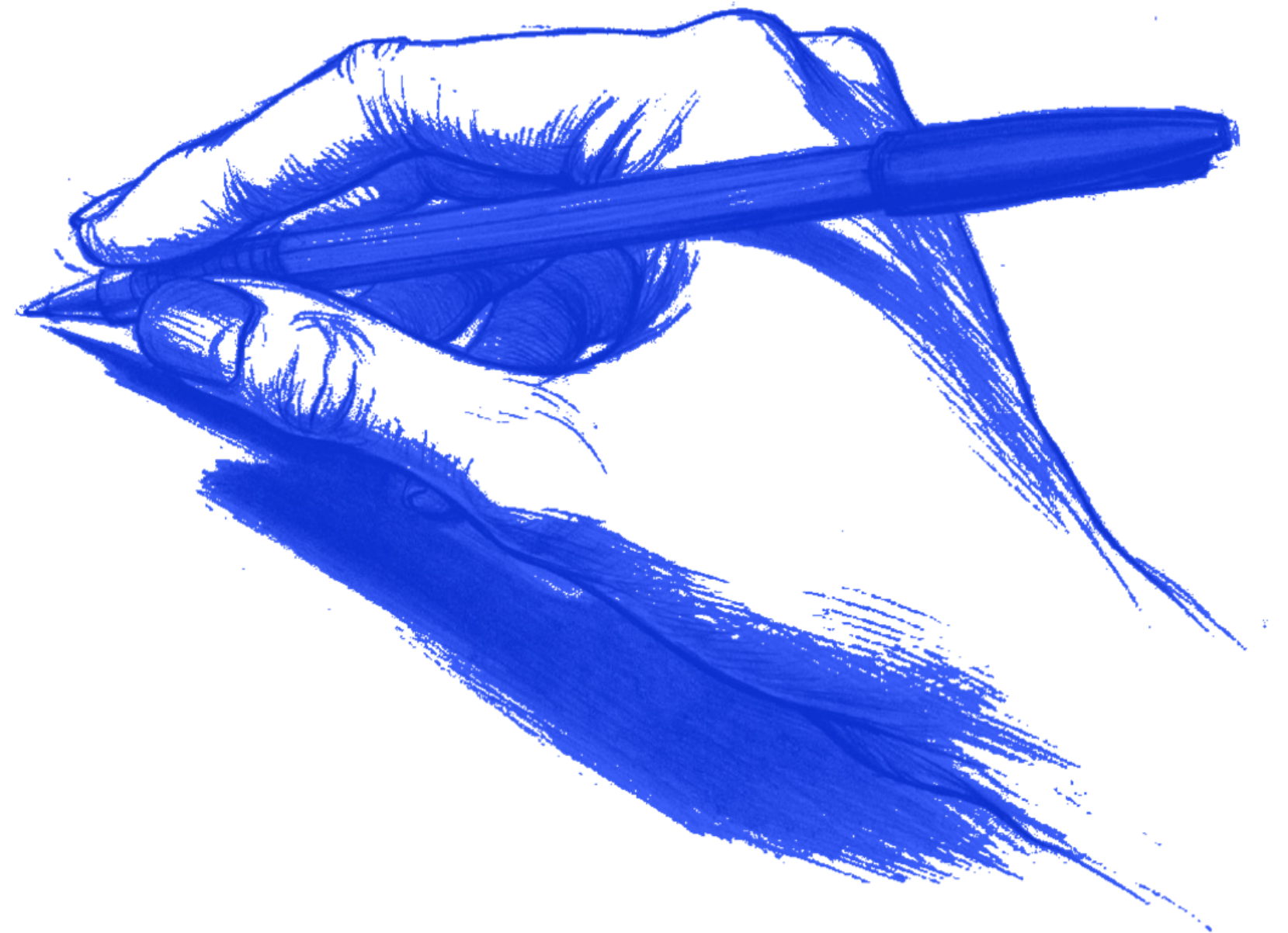
Microphone

CONCEPT

This project will be crowd-sourced. Through an anonymous questionnaire, I will collect responses to one question from at least 70 different people. The responders will have the option of revealing their name or not. The question I will ask will be "If you could say one thing to the whole world, what would it be?"
All responses will be uploaded. This will explore how anonymity or being shielded by a screen allows us to express our opinions. It will also create a forum for those who want to be heard, or an outlet for expression at the very least.

If you could say one thing for the whole world to hear, what would it be?

Fidget

CONCEPT

My anxiety disorder oftentimes manifests in physical reactions. One of the main ways is through fidgeting.

This archive will be a record of all my nervous gestures. This will include videos, photos and audio (when applicable i.e tapping).

High-functioning anxiety allows those who suffer from it to appear calm and collected outwardly, with their anxiety showing through almost unnoticeable nervous tics and behaviors.

Through this, I hope to bring awareness to this mental health condition while attempting to also learn a little more about this disorder in relation to myself.