**Adam Last, LMSW, CGP**

25-42 Steinway Street | Astoria, NY 11103 | 303-669-6517 | adamlast926@gmail.com

**EDUCATION**

**Silberman School of Social Work,** New York, New York Conferred: May 2021

*Master of Social Work*

**Queens College,** Queens, New York December 2017

*Bachelor of Arts in Psychology*

* Honors: *cum laude* & Deans List

**RELEVANT EXPERIENCE**

**Valera Health,** New York, New York April 2022- Present

*Psychotherapist* Full time Team Member $60.000/Year

* Composed evidence–based therapeutic treatments to a caseload of 35 clients of multiple ages
* Provided an array of mental health services to promote individualized patient recovery primarily through tele-health video or telephone
* Conducted intakes, mental health assessments, referrals, and intervention services
* Created wellness group therapy curriculum and implemented the group for youth clients aged 17-23

**Samaritan Daytop Village,** New York, New York August 2021-March 2022

*Substance Abuse Counselor* Full Time Team Member $50,000/Year

* Conducted intake and comprehensive assessments for the substance use population from ages ranging 18 and older.
* Developed treatment plans that reflect an understanding of issues as related to the physical, medical, cognitive and psychosocial needs and specific diagnosis.
* Facilitated individual, family, and group counseling sessions using strengths based and client centered techniques through individual and telehealth sessions.
* Organized communication between clients and their family members, doctors, and various members within the court and justice systems.

**The Bridge ACT Team,** New York, New York August 2020- May 2021

*Social Work Intern* Full Time

* Provided counseling services to clients, families, and community partners to assist with achieving treatment and recovery goals
* Contributed to a multi-disciplinary team that provides services consistent with the ACT model
* Used evidence-based therapies and treatments in person and over telehealth to address clients’ needs
* Provided services to help clients with needs such as entitlements, education, health care, community integration, and housing and medication support
* Conducted needs assessments, risk assessments, psychosocial assessments, service plans, and relapse/prevention plans

**Per Scholas,** New York, New York September 2019-June 2020

S*ocial Work Intern* Full Time

* Conducted therapeutic and case management sessions for a college aged population of individuals with various mental, personal, and financial needs
* Facilitated clinical assessments and workshops detailing the various resources within and around the community
* Managed individual check-ins for students using clinical behavioral therapy techniques
* Identified, created, and executed emergency service plans for suicide, domestic violence, and other high-risk cases
* Coached students through researching and applying for proper government benefits

**Orthodox Union,** Teaneck, New JerseySeptember 2018-February 2020

*Direct Support Professional* Full Time Team Member $38,000/Year

* Worked to improve, enrich, and respect the lives of individuals with developmental, mental, and physical disabilities
* Developed and executed plans for individuals to achieve daily goals, community integration, and greater independence
* Recorded and updated daily, weekly, and monthly case management records and reports
* Received training in providing medication to residents

**Auckland Hebrew Congregation**, Auckland, New Zealand February 2018-July 2018

*Youth Educator/Program Coordinator* Full Time Team Member $35,000/Year

* Coordinated multiple academic lesson plans and counseling sessions for 70 school children ages 7-16
* Directed and managed all summer camp activities for school children ages 7-16
* Acted as a liaison between parents, school faculty, administration members, and school children
* Created, scheduled, and supervised religious programs for the Auckland Jewish Community

**SKILLS**

Motivational interviewing Grief and Bereavement Counseling, CBT, Crisis Intervention, Case Management,

*Language*: Hebrew; Fluent: Spanish; Beginner