U 010-060-0160

6:00 AM - 10:00 PM (Mon-Fri)

contact@mindcarewellness.com

⊞ealth Center

Home

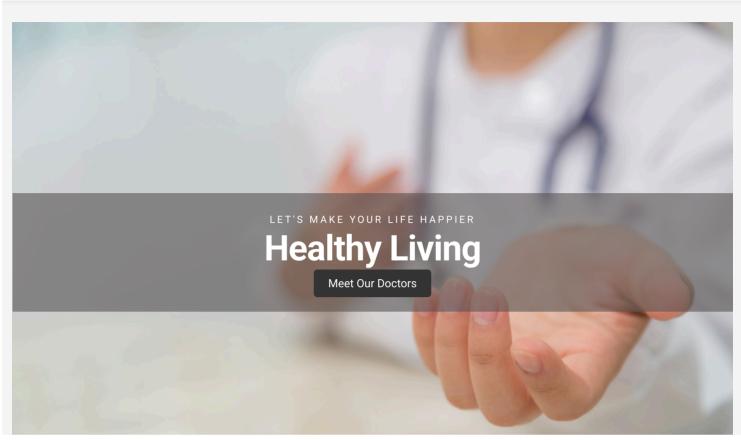
About Us

Doctors

News

Contact

Make an appointment



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MindCare - Mental Health & Wellness Suppo

Welcome to Your **H**ealth Center

At MindCare, we believe that mental well-being is just as important as physical health. Our mission is to provide a safe, compassionate space where individuals can find the support they need to navigate life's challenges. Whether you're dealing with stress, anxiety, depression, or simply seeking personal growth, our dedicated team of mental health professionals is here to guide you.

We are committed to promoting emotional resilience, self-awareness, and a healthier mindset through personalized care and evidence-based practices. Because a healthy mind creates a meaningful life.







Our Doctors

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Nate Baston

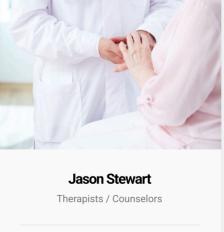
Psychologists

**** 010-020-0120

■ Psychologists@mindcarewellness.com







**** 010-070-0170

■ Therapists@mindcarewellness.com









Miasha Nakahara

Neurologists

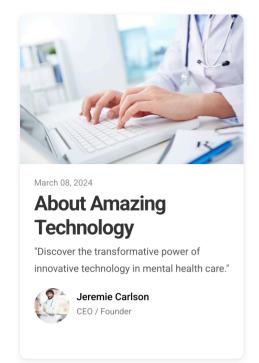
**** 010-040-0140

➤ Neurologists@mindcarewellness.com





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Make an Appointment

Name		Email	
Full Name		Your Email	
Select Date		Select Department	
dd-mm-yyyy		General Health	~
Phone Number			
Phone			
Additional Message			
Message			
			,
			l.
Submit			

Contact Info

MindCare Wellness Center 123 Serenity Avenue, Suite 456 Calm City, CA 90210



010-070-0170



contact@mindcarewellness.com

Latest News



Amazing Technology March 08, 2024



New Healing Process February 20, 2024

Opening Hours

Monday - Friday 06:00 AM - 10:00 PM Saturday 09:00 AM - 08:00 PM Sunday Closed







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