1. Get the ball rolling
   1. Origin Story:
      1. In the 1840 Presidential Election, William Harrison used what was called "Victory Balls" that were ten feet wide, made of tin and leather and imprinted with the candidates name and pushed from city to city at campaign rallies, sometimes for over 300 miles while the crowd yelled "Keep the ball rolling"
   2. Meaning:
      1. To start something
      2. to start an action
      3. to kickoff an initiative or project
      4. To take action that starts an activity
      5. An action that gets others to take action
   3. Use it in a sentence
2. My dogs are barking
   1. Origin Story
      1. Feet began being referred to dogs in 1913 by T.A. "Tad" Dorgan, who was known for popularizing new slang terms, wrote that he was "waitin' for my sore dog to heal up."
      2. In 1958, the Hush Puppies shoe brand was founded and they were releasing a new shoe in the U.S. Their sales manager had recently taken a trip to the South and was served hush puppies at meal. He asked how they came up with the name and the farmers said they used these fried cornmeal doughballs "to quiet their barking dogs".
      3. Dogs being referred to as feet plus the sales managers reference to quieting barking dogs with hush puppies and the new shoe coming out...and there you have it.
   2. Meaning
      1. My feet hurt
      2. My feet are really tired
   3. Use it in a Sentence
3. Heard it from the grapevine
   1. Origin Story
      1. Theory #1 is came out of the fact that information traveled through slave communities by word-of-mouth rather quickly, this term grapevine telegraph appeared around the 1840s.
      2. Theory #2The Grapevine Tavern in New York City was at one point a popular meeting place for Union officers and Confederate spies during the Civil War. At this meeting spot information and rumors were spread over drinks.
      3. In the 1967, the Gladys Knight and the Pips, an R&B/Soul group, released a song called "I Heard it Through the Grapevine" and later Marvin Gaye's version came out in 1968 on his album "In the Groove"
   2. Meaning
      1. To receive knowledge or information through informal means, typically through gossip.
   3. Use it in a sentence
      1. How'd you find out Sally's boyfriend was cheating on her? I heard it through the grapevine.
4. Look what the cat dragged in
   1. Origin story
      1. The origin story for this phrase is still not clear, but it appears that digitally, this phrase began to show up in the early 1900s. It was known that cats, although domesticated as household pets, still have the instinct to hunt and bring home dead prey animals such as rats. Cat mothers teach their kittens how to hunt by bringing them injured (or sometimes dead) prey animals. It is believed that when cats bring home dead animals, they are treating you as part of their family. In 1986, Poison, an American metal band, released an album called “Look what the cat dragged in” which hit the #3 spot on the US Billboard 200 in 1987.
   2. Meaning
      1. A phrase used when pointing to a person who just walked in the room that is slightly unwelcome or has a slightly messy appearance
   3. Use it in a sentence
      1. Josh walks into the meeting late with hair still not done yet. Boss says, “Well, look what the cat dragged in!”
5. Herding cats
   1. Origin story
      1. Looks like the first appearance of this phrase was in Monty Pythons Life of Brian in 1979, when a group of shepherds were talking about sheep and their conversation got a bit sidetracked and one of them said, “Can you imagine a herds of cats waiting to be sheared” Meow! Meow! Whoo hoo hoo.”
      2. Popularization: Superbowl ad from Electronic Data Systems (Known today as HP Enterprise Services) showed fictional horseback riding cowboys herding cats as a depiction of how they work with their customers and clients. In the 1980s, Thomas and Ruth Roy copyrighted National Car Herders day and it is now recognized as December 15th.
   2. Meaning
      1. A difficult, if not near impossible, attempt to organize or direct entities that are uncontrollable.
   3. Use it in a sentence
      1. Getting our IT team aligned on our project is like herding cats! They never listen.
6. Don't put all your eggs in one basket
   1. Origin story
      1. Often debated, the most common reference to the origin of this quote is from the book Don Quixote by Miguel de Cervantes in which he writes, “...to withdraw is not to run away, and to stay is no wise action when there’s more reason to fear than to hope; this the part of a wise man to keep himself today for tomorrow, and not to venture all his eggs in one basket.”
   2. Meaning
      1. Don’t take a gamble and risk it everything in one project, outcome, or venture
   3. Use it in a sentence
      1. Is that the only plan you’ve got? Don’t put all your eggs in one basket.
7. I've got a bone to pick with you
   1. Origin
      1. Dating back to the 1500s this refers to the observation that dogs would continue to chew at bones long after all the meat has been completely picked off. In 1800s usage seemed to shift to reference two dogs fighting over scrapes of bones.
   2. Meaning
      1. I have an issue between us that I want to surface (and in some cases hopefully resolve)
8. The bees knees
9. Take the bull by the horn
10. It's raining cats and dogs
11. Get off your high horse
12. Threw me under the bus
13. Hair of the dog (that bit you)
14. Throw your hat in the ring
15. Hit the sack
16. Cost an arm and a leg
17. Let's not reinvent the wheel
18. Ruffle my feathers
19. Shooting fish in a barrel
20. Everybody and their mother
21. I've got other fish to fry
22. Tighter than a fleas ass over a rain barrel
23. Half past a freckle
24. Bite the bullet
25. Stuck between a rock and a hard place
26. Bug up your butt
27. Guns a blazin
28. Goat rodeo
29. Kill two birds with one stone
30. Beating a dead horse
31. Throw me a bone
32. I don't have an ax to grind
33. Writing was on the wall
34. A bird in hand (is worth two in the bush)
35. There's more than one way to skin a cat
36. You can tune a piano but you can't tunafish
37. Take it with a grain of salt
38. Straw that broke the camels back
39. Proof is in the pudding
40. Don't look the gift horse in the mouth
41. That horse may have left the barn
42. Till the cows come home
43. Ducks in a row
44. Cut a rug
45. Stealing candy from a baby
46. Wild goose chase
47. I'm in a pickle
48. Gasping at straws
49. Had the tiger by the tail
50. Like water off a ducks back
51. Beat around the bush