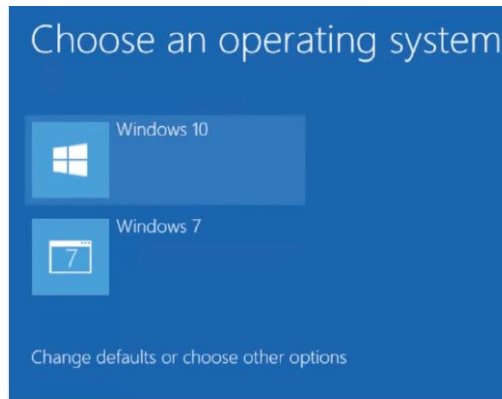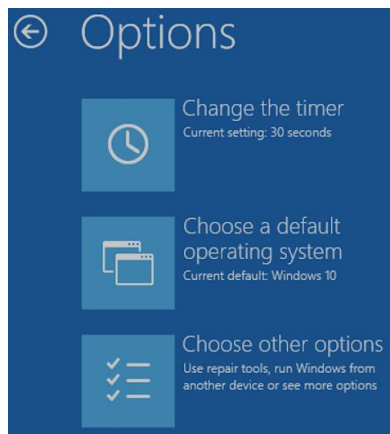I installed both operating systems and after that restarted the virtual machine so it showed
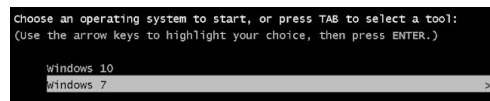

this screen. We choose 'Change defaults or choose other options' this will lead to the computer showing us this screen:
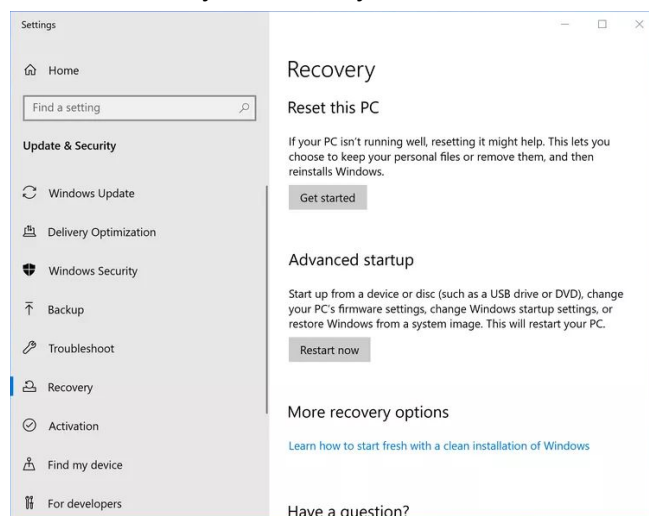

I set the default OS by clicking on 'Choose a default operating system' and once there changing it to Windows 7, this will make the boot change to the default Windows 7 one where we will be met with a screen like this which will make us

choose the OS to start. As we want to restore the UEFI Boot menu we go to 'Settings'>'Update and security'>'Recovery' and in the section

'Advanced startup' we click 'Restart now'.

Finally we can change the default operating system back to Windows 10 once again.