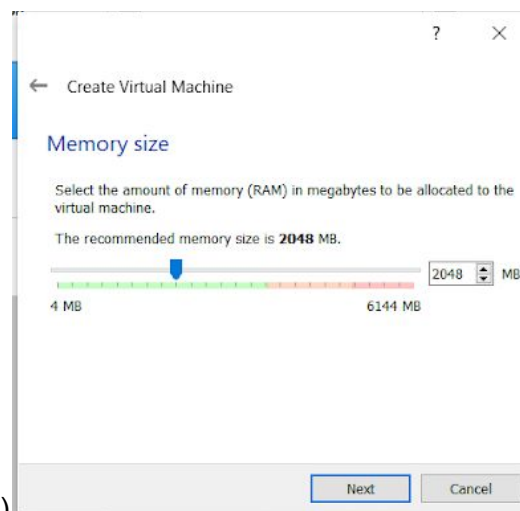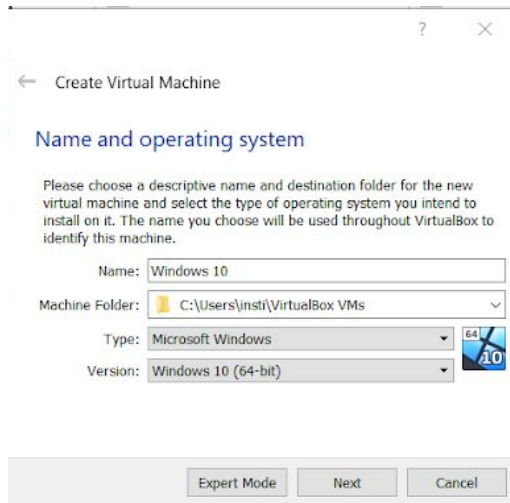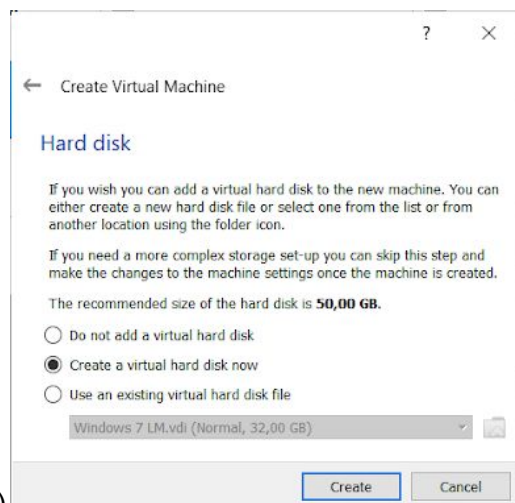On the main menu we click "New"

After that, we insert a name and select the Operating System, in this case Windows 10
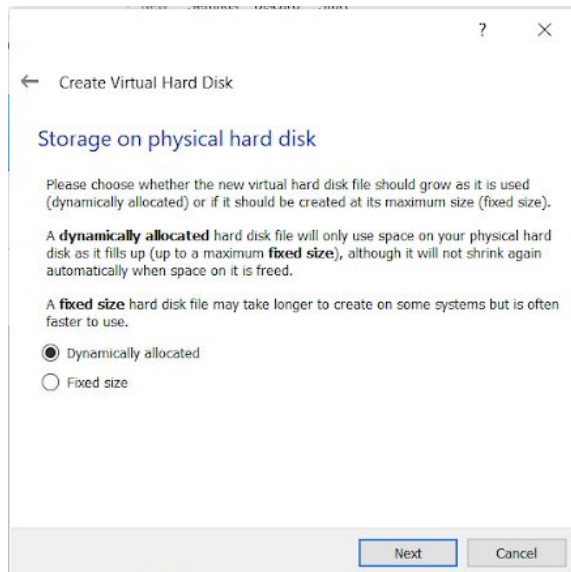

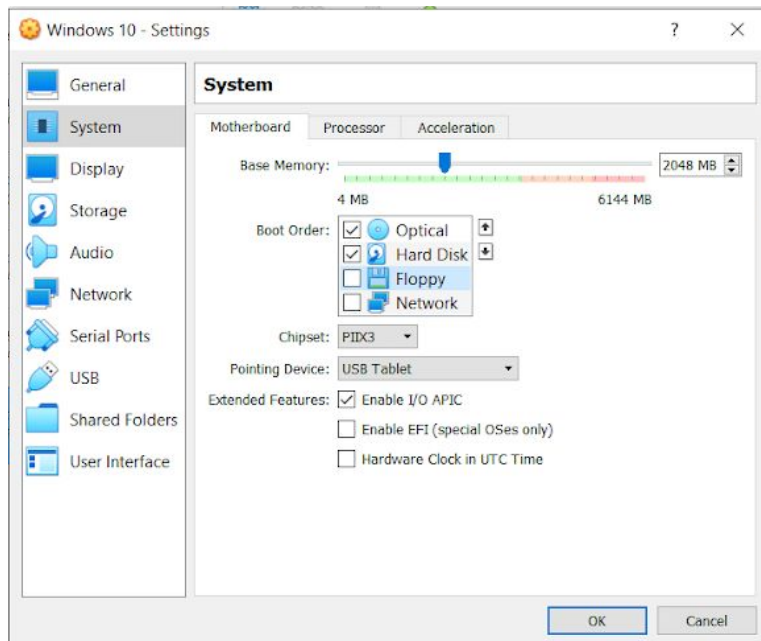
We select our RAM memory (2GB)

Then we create the first disk (VDI)

Dynamically allocated so we don't waste any storage

Then we change the boot order to the required one via "Settings->System"

And we create the 30GB disk on the "Storage"