



50 Ways to Pray: Practices from Many Traditions and Times (Paperback)

By Teresa A. Blythe

Abingdon Press, United States, 2006. Paperback. Condition: New. Language: English. Brand new Book. For individual or group use "It is my hope that this book will provide at least fifty ways you may take steps in a lifelong walk with God. It is written for you, the seeker and sojourner, as well as you, the church leader, youth minister, retreat facilitator, or worship planner. It is for all of us who thought we only knew one way to pray." --from the introduction The explosion of interest today in Christian mystics, ancient prayer practices, and guided meditations speaks to a need for more hands-on tools that will help us pray in traditional as well as new and exciting ways. This book is intended to address that need. Each of the exercises includes not only instructions on how to use it as a prayer practice, but also some background, an introduction, a statement of intention, and tips to help you become comfortable with the practice. For those of you wanting to lead these practices in a group, there are special instructions and information in the Leader's Guide at the end of the book. "Rich with wisdom drawn from the wellsprings of Western...

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