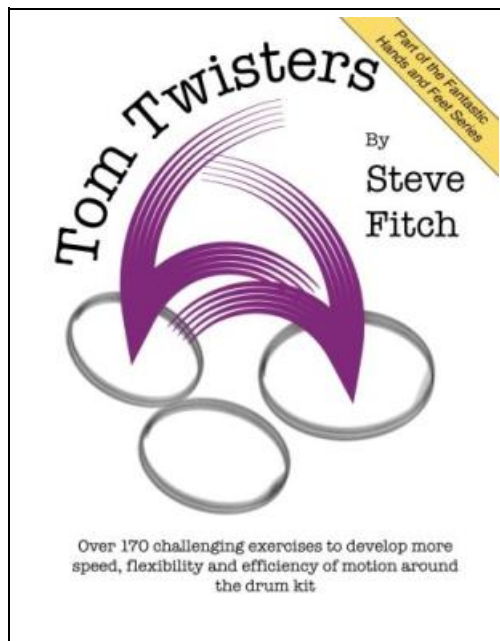


## Tom Twisters (Paperback)



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***(Cathrine Larkin Sr.)***

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Createspace Independent Publishing Platform, United States, 2018. Paperback. Condition: New. Language: English. Brand new Book. Tom Twisters for drum set is a part of Steve Fitch's Fantastic Hands and Feet series which has been endorsed by Peter Erskine, Colin Bailey, Russ Miller, Frank Briggs, Steve Fidyk, Casey Cangelosi, Ted Atkatz, Michael Rosen, John H. Beck, John Tafoya, Markus Rhoten, Kyle Zyrna, Michael McIntosh, Murray Gusseck, Jim Casella, Florian Alexandru-Zorn and John R. Beck. This book addresses speed, flexibility and efficiency of motion when getting around the drum set. Using 172 exercises which start slowly and gradually increase in speed and only three drums (snare, mounted tom and floor tom), your body will teach itself the most natural way to make the motions necessary to accomplish the task at hand. As you increase the speed of these twisters, especially those with asterisks, which indicate the need for crosses or rapid shifts, your arms and wrists will have to find the smoothest, most natural way to execute the pattern. Mastering these twisters will definitely broaden your comfort zone, which in turn, will allow you to expand your drumming vocabulary. Perhaps best of all, achieving the smoother motions necessary to play these patterns will give you a better touch and sound at the drums. The sticking types that are explored here are single strokes, double strokes, puh-duh-duhs, paradiddles, paradiddle-diddles, flam taps, swiss army triplets and consecutive flams. The Appendix of the book gives you many different foot patterns that you can play with the twisters at challenging tempos to enhance your four limb coordination. This book is designed to encourage your body to find logical solutions to difficult movement puzzles. By practicing out of this book, you will train your body to always look for the most natural way of getting around the...



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